

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|-------------------|---|------|------|---------|----|---|---------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1 | 46 | Adam | Nowicki | Gostyń | Asics Fronrunner Polska / Mkl Szczecin | 1990 | M25 | 1 | 1 | | 00:14:51 (1) | 00:30:07 | 00:30:07 |
| 2 | 13 | Arkadiusz | Gardzielewski | Wrocław | wks śląsk Wrocław | 1986 | M30 | 1 | 2 | | 00:14:55 (2) | 00:30:44 | 00:30:44 |
| 3 | 3861 | Mykhaylo | Iveruk | Rivne | LKB Rudnik | 1975 | M40 | 1 | 3 | | 00:15:24 (3) | 00:31:38 | 00:31:38 |
| 4 | 40 | Marcin | Fehlau | Poznań | Świat Biegacza Fehlau Run Team | 1978 | M35 | 1 | 4 | | 00:15:45 (4) | 00:32:15 | 00:32:15 |
| 5 | 2906 | Krzysztof | Hadas | Poznań | TriNegu | 1996 | M20 | 1 | 5 | | 00:15:45 (5) | 00:32:24 | 00:32:24 |
| 6 | 3152 | Bartosz | Majorczyk | Karczewo | GRODZISKI KLUB BIEGACZA | 1992 | M20 | 2 | 6 | | 00:15:55 (6) | 00:32:45 | 00:32:44 |
| 7 | 3135 | Paweł | Matner | Nysa | MATNER RUNNING TEAM | 1991 | M25 | 2 | 7 | | 00:15:57 (7) | 00:33:13 | 00:33:13 |
| 8 | 45 | Michał | Hulewicz | Gorzów Wlkp. | | 1988 | M25 | 3 | 8 | | 00:16:17 (8) | 00:33:16 | 00:33:16 |
| 9 | 407 | Łukasz | Wróbel | WIRY | KMP POZNAŃ | 1978 | M35 | 2 | 9 | | 00:16:25 (9) | 00:33:57 | 00:33:54 |
| 10 | 2362 | Piotr | Tomczyk | Poznań | Piotrek - za linia mety | 1987 | M25 | 4 | 10 | | 00:16:52 (10) | 00:34:10 | 00:34:09 |
| 11 | 25 | Agnieszka | Mierzejewska | Wolbórz | | 1985 | K30 | 1 | | 1 | 00:16:53 (11) | 00:34:13 | 00:34:13 |
| 12 | 1454 | Dawid | Jagła | Jarocin | Jarocin | 1990 | M25 | 5 | 11 | | 00:17:11 (18) | 00:34:35 | 00:34:33 |
| 13 | 506 | Sebastian | Boncler | Poznań | KB Maniac Poznań | 1973 | M40 | 2 | 12 | | 00:16:53 (12) | 00:34:37 | 00:34:37 |
| 14 | 2800 | Sylwester | Szymański | Szczecinek | TEAM BIEGOWY SZCZECINEK-ULKS Barwice | 1973 | M40 | 3 | 13 | | 00:17:20 (24) | 00:34:37 | 00:34:35 |
| 15 | 1375 | Andrzej | Gromadziński | Gniezno | KPP Gniezno | 1973 | M40 | 4 | 14 | | 00:17:16 (21) | 00:34:38 | 00:34:37 |
| 16 | 3306 | Mateusz | Rodewald | Wronki | MKS Juwenia Puszczykowo | 1993 | M20 | 3 | 15 | | 00:16:53 (13) | 00:34:39 | 00:34:37 |
| 17 | 1475 | Przemysław | Fornalik | Lwówek | KM Lwówek Wielkopolski | 1975 | M40 | 5 | 16 | | 00:17:15 (20) | 00:34:42 | 00:34:40 |
| 18 | 3202 | Klaudiusz | Kozłowski | Gniezno | Altom Gniezno | 1971 | M45 | 1 | 17 | | 00:17:13 (19) | 00:34:53 | 00:34:53 |
| 19 | 4045 | Bartosz | Feifer | Perkowo | Wolsztyńska Akademia Biegowa/ Asics Fronrunner Polska | 1988 | M25 | 6 | 18 | | 00:17:16 (22) | 00:34:54 | 00:34:53 |
| 20 | 1239 | Dawid | Cieślak | Komorniki | KP Poznań-Grunwald | 1985 | M30 | 2 | 19 | | 00:17:18 (23) | 00:34:56 | 00:34:55 |
| 21 | 341 | Jacek | Dziechciowski | Śrem | Runners Power | 1976 | M40 | 6 | 20 | | 00:17:27 (27) | 00:34:57 | 00:34:55 |
| 22 | 1041 | Piotr | Mięsiak | Poznań | | 1991 | M25 | 7 | 21 | | 00:17:26 (26) | 00:35:19 | 00:35:15 |
| 23 | 1831 | Piotr | Kazmierczak | Witkowo | Witkowo Biega | 1981 | M35 | 3 | 22 | | 00:17:27 (28) | 00:35:19 | 00:35:16 |
| 24 | 3448 | Bartosz | Kwieciński | Wschowa | LLKS Osowa Sierń | 1997 | M16 | 1 | 23 | | 00:17:22 (25) | 00:35:21 | 00:35:21 |
| 25 | 1879 | Łukasz | Jurek | Janikowo | świat biegacza | 1989 | M25 | 8 | 24 | | 00:17:03 (16) | 00:35:29 | 00:35:25 |
| 26 | 3492 | Fabian | Florek | Julianów | Team Kopec | 1985 | M30 | 3 | 25 | | 00:16:58 (14) | 00:35:33 | 00:35:32 |
| 27 | 203 | Piotr | Karasiewicz | Gniezno | Altom Gniezno | 1962 | M50 | 1 | 26 | | 00:17:35 (31) | 00:35:34 | 00:35:31 |
| 28 | 365 | Radostaw | Pluciński | Swarzędz | KB Maniac Nie Ma Lipy Swarzędz Team | 1989 | M25 | 9 | 27 | | 00:17:07 (17) | 00:35:43 | 00:35:43 |
| 29 | 3812 | Witold | Nowacki | Suchy Las | KB Maniac Poznań | 1973 | M40 | 7 | 28 | | 00:17:31 (29) | 00:35:51 | 00:35:51 |
| 30 | 2959 | Dawid | Kulterman | Zieliniec | KB Kosynier Września | 1990 | M25 | 10 | 29 | | 00:17:36 (32) | 00:35:52 | 00:35:50 |
| 31 | 3640 | Adrian | Graczyk | Czarnków | CYBINA TEAM | 1988 | M25 | 11 | 30 | | 00:17:31 (30) | 00:35:56 | 00:35:52 |
| 32 | 1546 | Grzegorz | Brzozowski | Dąbrówka | IMAGSAVINGS.COM | 1982 | M30 | 4 | 31 | | 00:17:39 (34) | 00:36:08 | 00:36:08 |
| 33 | 1869 | Tomasz | Kramski | Nekla | Active Nekla | 1974 | M40 | 8 | 32 | | 00:17:37 (33) | 00:36:10 | 00:36:08 |
| 34 | 2958 | Błażej | Pawlak | Chwalibogowo | CLIP Logistics | 1981 | M35 | 4 | 33 | | 00:17:46 (38) | 00:36:14 | 00:36:12 |
| 35 | 1710 | Paweł | Wojciechowski | Zimin | TFP Sport Team | 1971 | M45 | 2 | 34 | | 00:17:46 (39) | 00:36:14 | 00:36:12 |
| 36 | 1672 | Robert | Antczak | Poznań | | 1962 | M50 | 2 | 35 | | 00:18:02 (52) | 00:36:15 | 00:36:13 |
| 37 | 2031 | Artur | Ostoja | Lubon | KB Maniac Poznań | 1965 | M50 | 3 | 36 | | 00:17:46 (40) | 00:36:21 | 00:36:19 |
| 38 | 4047 | Ryszard | Płochocki | Nowe Skalmierzyce | SUPERMARATON KALISZ | 1961 | M55 | 1 | 37 | | 00:17:58 (42) | 00:36:27 | 00:36:25 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|----------------|---------------------|-------------------------------------|------|------|---------|----|---|---------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 39 | 37 | Patrycja | Talar | Pobiedziska | KB UE Poznań | 1986 | K30 | 2 | | 2 | 00:17:58 (43) | 00:36:29 | 00:36:27 |
| 40 | 4028 | Sławomir | Naskręt | grzebienisko | sklep biegacza Polonez | 1974 | M40 | 9 | 38 | | 00:17:45 (35) | 00:36:30 | 00:36:28 |
| 41 | 745 | Ryszard | Szymański | Mogilno | Sport i Rekreacja Mogilno | 1970 | M45 | 3 | 39 | | 00:17:46 (41) | 00:36:41 | 00:36:39 |
| 42 | 2670 | Damian | Kaczmarek | Poznań | | 1980 | M35 | 5 | 40 | | 00:18:00 (45) | 00:36:42 | 00:36:40 |
| 43 | 2886 | Marcin | Krasoń | Warszawa | Smashing Pąpkins / NBR Team | 1981 | M35 | 6 | 41 | | 00:18:20 (64) | 00:36:42 | 00:36:40 |
| 44 | 1363 | Dariusz | Kowalski | Złotów | SZBZ Złotów | 1968 | M45 | 4 | 42 | | 00:17:45 (36) | 00:36:43 | 00:36:43 |
| 45 | 226 | Dariusz | Filipowski | Szczecin | Świat Biegacza Fehlau Run Team | 1972 | M40 | 10 | 43 | | 00:18:06 (54) | 00:36:45 | 00:36:41 |
| 46 | 1738 | Grzegorz | Jezierski | Koziegłowy | Unilever Poznań | 1964 | M50 | 4 | 44 | | 00:18:00 (46) | 00:36:45 | 00:36:43 |
| 47 | 1873 | Jarosław | Wawrzynkiewicz | Śrem | Runner' s Power Śrem | 1977 | M35 | 7 | 45 | | 00:18:01 (51) | 00:36:55 | 00:36:53 |
| 48 | 1207 | Tomasz | Koebisch | Koziegłowy | Maratończyk Poznań | 1978 | M35 | 8 | 46 | | 00:18:14 (56) | 00:36:59 | 00:36:55 |
| 49 | 3940 | Mateusz | Rybczyński | Poznań | Duda-Cars TP-LINK Rybczyński-Bikes | 1981 | M35 | 9 | 47 | | 00:18:04 (53) | 00:37:00 | 00:36:56 |
| 50 | 252 | Bartosz | Stasikowski | Poznań | Świat Biegacza Fehlau Run Team | 1983 | M30 | 5 | 48 | | 00:17:45 (37) | 00:37:02 | 00:36:58 |
| 51 | 195 | Jakub | Michalak | ŚREM | Night Runners | 1993 | M20 | 4 | 49 | | 00:18:00 (47) | 00:37:04 | 00:37:02 |
| 52 | 368 | Dariusz | Ruta | Nowy Tomyśl | BMW-Pawelec Motorsport | 1971 | M45 | 5 | 50 | | 00:17:59 (44) | 00:37:06 | 00:37:03 |
| 53 | 209 | Gilles | Greiveldinger | Kornik | Świat Biegacza Fehlau Run Team | 1971 | M45 | 6 | 51 | | 00:18:14 (57) | 00:37:07 | 00:37:03 |
| 54 | 974 | Tomasz | Ostajewski | LWÓWEK | OSIEDLE ROZALIN W LUSÓWKU | 1975 | M40 | 11 | 52 | | 00:18:00 (48) | 00:37:08 | 00:37:06 |
| 55 | 1984 | Hubert | Borwiński | Poznań | | 1997 | M16 | 2 | 53 | | 00:18:18 (61) | 00:37:11 | 00:37:10 |
| 56 | 1278 | Tomasz | Zagórski | poznań | autozagorski.pl | 1980 | M35 | 10 | 54 | | 00:18:25 (68) | 00:37:14 | 00:37:12 |
| 57 | 1795 | Paweł | Walaszczyk | powidz | 33 BLT | 1982 | M30 | 6 | 55 | | 00:18:09 (55) | 00:37:18 | 00:37:14 |
| 58 | 3387 | Piotr | Majzlik | DREZDENKO | SALON FRYZJERSKI STYL DREZDENKO | 1982 | M30 | 7 | 56 | | 00:18:22 (65) | 00:37:18 | 00:37:13 |
| 59 | 1190 | Justyna | Papież | Jarocin | poprostubiec.pl | 1991 | K25 | 1 | | 3 | 00:18:00 (49) | 00:37:21 | 00:37:17 |
| 60 | 3427 | Norbert | Holderny | witkowo | Altom Gniezno | 1980 | M35 | 11 | 57 | | 00:18:16 (60) | 00:37:27 | 00:37:24 |
| 61 | 2995 | Jakub | Goiński | Plewiska | Sodexo Run | 1983 | M30 | 8 | 58 | | 00:18:14 (58) | 00:37:32 | 00:37:26 |
| 62 | 2767 | Andrzej | Kędziński | SZCZECINEK | | 1980 | M35 | 12 | 59 | | 00:18:00 (50) | 00:37:38 | 00:37:35 |
| 63 | 3750 | Marcin | Długosz | Września | Night Runners Września | 1985 | M30 | 9 | 60 | | 00:18:34 (74) | 00:37:38 | 00:37:35 |
| 64 | 1237 | Mieczysław | Lisek | Lwówek | KM LWÓWEK WLKP | 1959 | M55 | 2 | 61 | | 00:18:19 (62) | 00:37:42 | 00:37:40 |
| 65 | 228 | Witold | Mierzwa | Darłowo | Darłowo | 1974 | M40 | 12 | 62 | | 00:18:24 (66) | 00:37:53 | 00:37:51 |
| 66 | 3767 | Bartosz | Brust | Rogoźno | Rogoziński Klub Biegacza | 1991 | M25 | 12 | 63 | | 00:18:29 (70) | 00:37:54 | 00:37:47 |
| 67 | 1976 | Paweł | Dembski | Skórzewo | wybiegaj.to | 1982 | M30 | 10 | 64 | | 00:18:44 (79) | 00:37:56 | 00:37:51 |
| 68 | 3675 | Gracjan | Urban | OSTRÓW WIELKOPOLSKI | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI | 1996 | M20 | 5 | 65 | | 00:19:05 (94) | 00:38:04 | 00:38:00 |
| 69 | 794 | Magdalena | Lewandowska | Zberki | Orkan Września | 1994 | K20 | 1 | | 4 | 00:18:24 (67) | 00:38:05 | 00:38:04 |
| 70 | 3990 | Krzysztof | Matuszewski | Poznań | Splawie | 1991 | M25 | 13 | 66 | | 00:18:31 (72) | 00:38:08 | 00:38:03 |
| 71 | 1499 | Grzegorz | Kujawa | Nekla | Active Nekla | 1976 | M40 | 13 | 67 | | 00:18:41 (77) | 00:38:09 | 00:38:06 |
| 72 | 691 | Jacek | Skodkowski | POZNAŃ | SPWL Poznań | 1973 | M40 | 14 | 68 | | 00:18:32 (73) | 00:38:15 | 00:37:59 |
| 73 | 255 | Robert | Sikora | Poznań | Wolny Strzelec | 1980 | M35 | 13 | 69 | | 00:18:57 (84) | 00:38:16 | 00:38:09 |
| 74 | 973 | Kazimierz | Chwirot | LWÓWEK | KM LWÓWEK WLKP | 1971 | M45 | 7 | 70 | | 00:18:35 (75) | 00:38:18 | 00:38:16 |
| 75 | 3512 | Kamil | Jeremicz | Środa Wielkopolska | Polonia Środa | 1998 | M16 | 3 | 71 | | 00:18:30 (71) | 00:38:18 | 00:38:09 |
| 76 | 1692 | Paweł | Rezulak | Orchowo | BOLT Trzemeszno | 1988 | M25 | 14 | 72 | | 00:19:01 (86) | 00:38:20 | 00:38:05 |
| 77 | 1492 | Wiesław | Garbarek | Jarocin | TKKF Trucht Jarocin | 1954 | M60 | 1 | 73 | | 00:19:03 (93) | 00:38:22 | 00:38:19 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-------------|-----------------------|-------------------------------------|------|------|---------|-----|---|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 78 | 3516 | Arkadiusz | Wielgus | rościslawice | KS Rościslawice | 1998 | M16 | 4 | 74 | | 00:18:15 (59) | 00:38:23 | 00:38:21 |
| 79 | 3449 | Sławomir | Miszta | Poznań | | 1960 | M55 | 3 | 75 | | 00:19:01 (87) | 00:38:24 | 00:38:22 |
| 80 | 24 | Roman | Kuster | Komorniki | KGB Grzmot Komorniki | 1970 | M45 | 8 | 76 | | 00:18:54 (82) | 00:38:31 | 00:38:29 |
| 81 | 799 | Grzegorz | Michalak | Łubnica | | 1997 | M16 | 5 | 77 | | 00:19:08 (97) | 00:38:37 | 00:38:29 |
| 82 | 647 | Tomasz | Włodarczyk | WITKOWO | Witkowo Biega | 1977 | M35 | 14 | 78 | | 00:18:54 (83) | 00:38:38 | 00:38:35 |
| 83 | 1951 | Paweł | Melonek | Grodzisk Wielkopolski | GRODZISKI KLUB BIEGACZA | 1966 | M50 | 5 | 79 | | 00:19:12 (103) | 00:38:41 | 00:38:36 |
| 84 | 1489 | Wioletta | Paduszyńska | Gorzow Wielkopolski | Pretorian Gorzów | 1985 | K30 | 3 | | 5 | 00:18:49 (81) | 00:38:42 | 00:38:42 |
| 85 | 2735 | Jarosław | Sajnaj | Lubon | szaszner.com | 1979 | M35 | 15 | 80 | | 00:18:27 (69) | 00:38:45 | 00:38:39 |
| 86 | 1152 | Jerzy | Wawrzyński | Śrem | Drużyna Szpiku | 1975 | M40 | 15 | 81 | | 00:19:02 (90) | 00:38:49 | 00:38:44 |
| 87 | 1893 | Kamil | Siepa | Kotowo | Kusociński Biega | 1989 | M25 | 15 | 82 | | 00:18:59 (85) | 00:38:52 | 00:38:49 |
| 88 | 5 | Michał | Arentowski | Swarzędz | CYBINA TEAM | 1987 | M25 | 16 | 83 | | 00:18:46 (80) | 00:38:55 | 00:38:52 |
| 89 | 3529 | Przemek | Klein | Poznań | CSWŁad Poznań | 1987 | M25 | 17 | 84 | | 00:19:06 (95) | 00:39:05 | 00:39:00 |
| 90 | 929 | Zbigniew | Baraniecki | Poznań | Brylant Kórnik | 1958 | M55 | 4 | 85 | | 00:19:11 (100) | 00:39:10 | 00:39:05 |
| 91 | 2509 | Jacek | Jajeńska | Poznań | | 1975 | M40 | 16 | 86 | | 00:19:11 (101) | 00:39:12 | 00:38:58 |
| 92 | 371 | Adam | Matysiak | Tarnowo Podgórne | Pięć minut dystansu | 1988 | M25 | 18 | 87 | | 00:19:22 (109) | 00:39:14 | 00:39:08 |
| 93 | 1896 | Monika | Brzozowska | Krzepice | Unilever Poznań | 1984 | K30 | 4 | | 6 | 00:19:02 (91) | 00:39:17 | 00:39:13 |
| 94 | 2119 | Lech | Stabrowski | Poznań | | 1979 | M35 | 16 | 88 | | 00:19:07 (96) | 00:39:17 | 00:39:09 |
| 95 | 2850 | Rafał | Widerak | poznań | Świat Biegacza Fehlau Run Team | 1975 | M40 | 17 | 89 | | 00:19:08 (98) | 00:39:18 | 00:39:13 |
| 96 | 3283 | Karol | Głowacki | Poznań | LOGOSTRADA.pl | 1975 | M40 | 18 | 90 | | 00:19:43 (135) | 00:39:20 | 00:39:14 |
| 97 | 2500 | Michał | Włodarczyk | Koźmin Wlkp | Koźmin Biega | 1996 | M20 | 6 | 91 | | 00:19:38 (127) | 00:39:20 | 00:39:15 |
| 98 | 1637 | Przemysław | Stęclik | Poznań | MNP | 1979 | M35 | 17 | 92 | | 00:19:36 (124) | 00:39:20 | 00:39:12 |
| 99 | 3678 | Adam | Młynarz | Biadki | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI | 1996 | M20 | 7 | 93 | | 00:19:17 (106) | 00:39:21 | 00:39:17 |
| 100 | 2522 | Marek | Ratajczak | Swarzędz | | 1975 | M40 | 19 | 94 | | 00:18:19 (63) | 00:39:23 | 00:39:18 |
| 101 | 2212 | Paweł | Błażutycz | Cieszków | KS KROTOSZ KROTOSZYN | 1973 | M40 | 20 | 95 | | 00:19:39 (128) | 00:39:25 | 00:39:21 |
| 102 | 1514 | Marek | Skąpski | Przeźmierowo | club de course M i H | 1974 | M40 | 21 | 96 | | 00:19:41 (133) | 00:39:27 | 00:39:23 |
| 103 | 2503 | Bartosz | Witczak | Pniewy | PULSSTORY | 1973 | M40 | 22 | 97 | | 00:19:08 (99) | 00:39:27 | 00:39:19 |
| 104 | 1163 | Przemysław | Musik | Zalasewo | KB-Maniac Poznań | 1970 | M45 | 9 | 98 | | 00:19:14 (104) | 00:39:29 | 00:39:24 |
| 105 | 3347 | Tomasz | Rzeźnik | POZNAŃ | POSNANIA INVESTMENT S.A. | 1976 | M40 | 23 | 99 | | 00:20:02 (182) | 00:39:30 | 00:39:27 |
| 106 | 1040 | Jacek | Szymańczuk | Poznań | Team ASA - Bieganiem po Zdrowie | 1986 | M30 | 11 | 100 | | 00:19:29 (117) | 00:39:31 | 00:39:27 |
| 107 | 196 | Bartosz | Bieleń | Luboń | | 1980 | M35 | 18 | 101 | | 00:19:21 (107) | 00:39:32 | 00:39:28 |
| 108 | 2189 | Stanisław | Lis | Puszczykowo | | 1967 | M45 | 10 | 102 | | 00:19:31 (118) | 00:39:33 | 00:39:30 |
| 109 | 2918 | Tomasz | Poplawski | CZAPURY | | 1982 | M30 | 12 | 103 | | 00:19:01 (88) | 00:39:33 | 00:39:25 |
| 110 | 3886 | Andrzej | Biedrzycki | Koło Brzeg | osp stary borek | 1957 | M55 | 5 | 104 | | 00:19:11 (102) | 00:39:37 | 00:39:33 |
| 111 | 3048 | Maciej | Żmuda | Swarzędz | ŻU & ROJ | 1976 | M40 | 24 | 105 | | 00:19:39 (129) | 00:39:39 | 00:39:36 |
| 112 | 264 | Michał | Noculak | Luboń | angloprojekt.pl | 1979 | M35 | 19 | 106 | | 00:19:36 (125) | 00:39:41 | 00:39:35 |
| 113 | 1181 | Mirosław | Filip | swarzedz | | 1975 | M40 | 25 | 107 | | 00:19:41 (134) | 00:39:43 | 00:39:39 |
| 114 | 2852 | Krzysztof | Pawłowski | Chwalibogowo | | 1980 | M35 | 20 | 108 | | 00:19:50 (151) | 00:39:46 | 00:39:37 |
| 115 | 2910 | Paweł | Krokosz | Poznań | | 1991 | M25 | 19 | 109 | | 00:19:23 (112) | 00:39:48 | 00:39:33 |
| 116 | 1408 | Robert | Matusiewicz | GRUSZCZYN | DRUŻYNA Z GRUSZCZYNA | 1973 | M40 | 26 | 110 | | 00:19:49 (149) | 00:39:48 | 00:39:48 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|--------------|------------------------|--|------|------|---------|-----|---|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 117 | 632 | Mateusz | Miska | Poznań | | 1993 | M20 | 8 | 111 | | 00:19:25 (116) | 00:39:50 | 00:39:32 |
| 118 | 1092 | Dawid | Michalak | Drzymałowo | Niagara fitness club | 1983 | M30 | 13 | 112 | | 00:19:57 (167) | 00:39:54 | 00:39:45 |
| 119 | 2048 | Stefan | Wojtkowiak | Poznań | Piątkowo na Biegowo | 1974 | M40 | 27 | 113 | | 00:19:39 (130) | 00:39:55 | 00:39:50 |
| 120 | 903 | Janusz | Stańczak | Poznań | KB Kosynier Września | 1960 | M55 | 6 | 114 | | 00:18:42 (78) | 00:39:55 | 00:39:53 |
| 121 | 1920 | Adam | Wędrychowicz | Dopiewiec | Fabryka Triathlonu | 1976 | M40 | 28 | 115 | | 00:19:22 (110) | 00:39:57 | 00:39:53 |
| 122 | 1129 | Artur | Tretyn | Poznań | Stubice/Poznań | 1987 | M25 | 20 | 116 | | 00:19:49 (150) | 00:39:59 | 00:39:52 |
| 123 | 2851 | Robert | Rawecki | Poznań | BeOne | 1977 | M35 | 21 | 117 | | 00:19:46 (144) | 00:40:00 | 00:39:43 |
| 124 | 1863 | Czesław | Sienkiewicz | Krotoszyn | KS KROTOSZ KROTOSZYN | 1958 | M55 | 7 | 118 | | 00:19:23 (113) | 00:40:00 | 00:39:56 |
| 125 | 4013 | Tomasz | Chełkowski | Sieraków | OSIEDLE ROZALIN W LUSÓWKU | 1964 | M50 | 6 | 119 | | 00:19:50 (152) | 00:40:01 | 00:39:54 |
| 126 | 3790 | Jacek | Wojda | Gniezno | gniezno | 1969 | M45 | 11 | 120 | | 00:19:32 (120) | 00:40:02 | 00:39:57 |
| 127 | 3289 | Krzystian | Świtalski | Poznań | GRUPA BIEGOWA RUNNERSCLUB.PL POZNAŃ | 1976 | M40 | 29 | 121 | | 00:19:39 (131) | 00:40:06 | 00:39:56 |
| 128 | 1696 | Zbigniew | Matysik | OSTRÓW WIELKOPOLSKI | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI | 1974 | M40 | 30 | 122 | | 00:19:45 (141) | 00:40:07 | 00:40:03 |
| 129 | 4032 | Maciej | Muślewski | Poznań | sklepbiegacza.pl | 1987 | M25 | 21 | 123 | | 00:20:03 (186) | 00:40:08 | 00:40:02 |
| 130 | 1814 | Jarosław | Troszczyński | Oborniki Wielkopolskie | Bracia Troszczyńscy | 1976 | M40 | 31 | 124 | | 00:20:22 (221) | 00:40:10 | 00:40:01 |
| 131 | 870 | Maciej | Zandrecki | Swarzędz | Nie ma lipy Swarzędz Team | 1971 | M45 | 12 | 125 | | 00:19:22 (111) | 00:40:11 | 00:40:06 |
| 132 | 1999 | Robert | Górny | Poznan | Trenertriathlonu.pl | 1972 | M40 | 32 | 126 | | 00:19:46 (145) | 00:40:12 | 00:40:04 |
| 133 | 3562 | Krzysztof | Panowicz | Ostrów Wielkopolski | | 1975 | M40 | 33 | 127 | | 00:19:55 (162) | 00:40:13 | 00:40:01 |
| 134 | 641 | Antoni | Grzanka | Koziegłowy | | 1956 | M60 | 2 | 128 | | 00:20:03 (187) | 00:40:18 | 00:40:13 |
| 135 | 767 | Michał | Andruch | Poznań | BOBRÓWKO CITY | 1982 | M30 | 14 | 129 | | 00:19:37 (126) | 00:40:18 | 00:40:15 |
| 136 | 1640 | Artur | Sznek | Jerzykowo | CityZen Poznań | 1972 | M40 | 34 | 130 | | 00:19:44 (137) | 00:40:19 | 00:40:08 |
| 137 | 2741 | Szymon | Kukuła | Oborniki | | 1994 | M20 | 9 | 131 | | 00:19:51 (156) | 00:40:20 | 00:40:09 |
| 138 | 1757 | Daniel | Marek | Swarzędz | CYBINA TEAM | 1974 | M40 | 35 | 132 | | 00:19:48 (147) | 00:40:21 | 00:40:13 |
| 139 | 3803 | Anna | Wiese | poznan | Wimatri | 1984 | K30 | 5 | | 7 | 00:19:50 (153) | 00:40:21 | 00:40:17 |
| 140 | 1897 | Mateusz | Skalski | włościewice | skalik biega | 1990 | M25 | 22 | 133 | | 00:19:58 (169) | 00:40:22 | 00:40:19 |
| 141 | 1072 | Edward | Królikowski | Plewiska | KB Maniac Poznań | 1970 | M45 | 13 | 134 | | 00:19:31 (119) | 00:40:23 | 00:40:16 |
| 142 | 3323 | Michał | Woźniak | Czapury | KP Poznań Grunwald | 1979 | M35 | 22 | 135 | | 00:19:51 (157) | 00:40:24 | 00:40:11 |
| 143 | 1332 | Konrad | Leśniak | Swarzędz | | 1978 | M35 | 23 | 136 | | 00:17:00 (15) | 00:40:24 | 00:37:17 |
| 144 | 682 | Artur | Kumiszczko | wschowa | | 1978 | M35 | 24 | 137 | | 00:19:23 (114) | 00:40:27 | 00:40:22 |
| 145 | 2717 | Leszek | Ceglewski | Węglew-Kolonia | | 1964 | M50 | 7 | 138 | | 00:20:19 (214) | 00:40:28 | 00:40:22 |
| 146 | 1113 | Kacper | Śmichurski | Zalasewo | CYBINA TEAM | 1998 | M16 | 6 | 139 | | 00:20:27 (236) | 00:40:31 | 00:40:24 |
| 147 | 2368 | Adrian | Szałata | Krotoszyn | 16 jarociński batalion remontu lotnisk | 1989 | M25 | 23 | 140 | | 00:19:23 (115) | 00:40:34 | 00:40:31 |
| 148 | 1668 | Artur | Potasznik | Szczecin | Maratonczyk Team Szczecin | 1972 | M40 | 36 | 141 | | 00:19:56 (164) | 00:40:35 | 00:40:30 |
| 149 | 2689 | Mariusz | Janik | Kraków | Straż Miejska Kraków/Lacho Team | 1972 | M40 | 37 | 142 | | 00:19:21 (108) | 00:40:36 | 00:40:31 |
| 150 | 3597 | Maciej | Stęplowski | Swarzędz | Parkrun Poznań | 1997 | M16 | 7 | 143 | | 00:20:14 (202) | 00:40:37 | 00:40:29 |
| 151 | 7 | Antoni | Cichończuk | Gdynia | Akademia Marynarki Wojennej | 1949 | M65 | 1 | 144 | | 00:19:50 (154) | 00:40:37 | 00:40:34 |
| 152 | 2656 | Łukasz | Basiński | Poznań | | 1977 | M35 | 25 | 145 | | 00:20:23 (222) | 00:40:41 | 00:40:34 |
| 153 | 3406 | Robert | Roszak | Pysząca | OSP ŚREM | 1978 | M35 | 26 | 146 | | 00:19:44 (138) | 00:40:41 | 00:40:39 |
| 154 | 3277 | Janusz | Wiśniewski | Luboń | Siedmiomilowe Buty | 1973 | M40 | 38 | 147 | | 00:20:01 (179) | 00:40:41 | 00:40:34 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|---------------------|--------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 155 | 1275 | Cezary | Bokun | Września | | 1984 | M30 | 15 | 148 | | 00:19:44 (139) | 00:40:43 | 00:40:37 |
| 156 | 446 | Piotr | Waligóra | Luboń | | 1976 | M40 | 39 | 149 | | 00:19:45 (142) | 00:40:43 | 00:40:20 |
| 157 | 4031 | Małgorzata | Kołaccka | Śrem | sklebiegacza.pl | 1993 | K20 | 2 | | 8 | 00:19:44 (140) | 00:40:44 | 00:40:40 |
| 158 | 1455 | Łukasz | Becmer | Poznań | | 1988 | M25 | 24 | 150 | | 00:19:45 (143) | 00:40:45 | 00:40:26 |
| 159 | 1908 | Marek | Wolski | Kaczory | | 1975 | M40 | 40 | 151 | | 00:19:59 (172) | 00:40:45 | 00:40:41 |
| 160 | 89 | Artur | Lorkowski | Hanover | Polonia Hanover | 1966 | M50 | 8 | 152 | | 00:20:19 (215) | 00:40:47 | 00:40:46 |
| 161 | 1380 | Piotr | Majewski | KÓRNIK | Brylant Kórnik | 1961 | M55 | 8 | 153 | | 00:19:35 (123) | 00:40:48 | 00:40:48 |
| 162 | 1098 | Mirosław | Gil | Bolechowo Osiedle | ZPC TEAM | 1977 | M35 | 27 | 154 | | 00:19:02 (92) | 00:40:49 | 00:40:43 |
| 163 | 3893 | Krzysztof | Biedrzycki | Kołobrzeg | CW Fanza | 1971 | M45 | 14 | 155 | | 00:20:15 (204) | 00:40:50 | 00:40:45 |
| 164 | 197 | Michał | Majewski | Bierzglinek | SPIN FORCE RUNNERS | 1984 | M30 | 16 | 156 | | 00:20:07 (192) | 00:40:51 | 00:40:37 |
| 165 | 2393 | Bartosz | Wiśniewski | Murwana Goślina | GEPARD Murwana Goślina | 1992 | M20 | 10 | 157 | | 00:18:38 (76) | 00:40:53 | 00:40:51 |
| 166 | 3077 | Rafał | Kaczmarek | Środa Wlkp | kb Aktywni Środa Wlkp | 1974 | M40 | 41 | 158 | | 00:19:48 (148) | 00:40:54 | 00:40:50 |
| 167 | 3633 | Zbigniew | Magdziak | Poznań | Extreme Team Oborniki | 1969 | M45 | 15 | 159 | | 00:20:12 (200) | 00:40:56 | 00:40:55 |
| 168 | 426 | Dawid | Spychalski | Września | Night Runners Września | 1990 | M25 | 25 | 160 | | 00:20:09 (196) | 00:40:58 | 00:40:45 |
| 169 | 1872 | Urszula | Kafarska | Poznań | Trenertriathlonu.pl | 1993 | K20 | 3 | | 9 | 00:19:58 (170) | 00:41:01 | 00:40:53 |
| 170 | 2016 | Sebastian | Dąbrowski | Poznań | | 1977 | M35 | 28 | 161 | | 00:20:20 (217) | 00:41:03 | 00:40:52 |
| 171 | 575 | Piotr | Załuski | Pecna | Mosina Biega | 1973 | M40 | 42 | 162 | | 00:19:33 (121) | 00:41:03 | 00:41:00 |
| 172 | 284 | Grzegorz | Gumienny | Kobylnica | I'm a Runner | 1978 | M35 | 29 | 163 | | 00:20:26 (231) | 00:41:04 | 00:40:57 |
| 173 | 2481 | Wojciech | Kurzawski | OSTRÓW WLKP | | 1962 | M50 | 9 | 164 | | 00:19:58 (171) | 00:41:04 | 00:40:55 |
| 174 | 3278 | Robert | Galiccki | Poznań | Maratończyk Poznań | 1972 | M40 | 43 | 165 | | 00:20:01 (180) | 00:41:04 | 00:40:56 |
| 175 | 2268 | Bartosz | Pawlicki | Śrem | | 1991 | M25 | 26 | 166 | | 00:19:43 (136) | 00:41:04 | 00:40:55 |
| 176 | 4043 | Maciej | Śliwiński | Dąbrówka | CYBINA TEAM | 1976 | M40 | 44 | 167 | | 00:20:15 (205) | 00:41:07 | 00:40:45 |
| 177 | 3749 | Mirosław | Marszałkowski | Piotrowice | Pasjonaci Słupca | 1978 | M35 | 30 | 168 | | 00:19:59 (173) | 00:41:09 | 00:40:48 |
| 178 | 3526 | Mirosław | Kupka | RAKONIEWICE | | 1982 | M30 | 17 | 169 | | 00:20:56 (296) | 00:41:12 | 00:41:04 |
| 179 | 1957 | Adrian | Szukała | Wronki | Wroniecki Klub Biegacza | 1990 | M25 | 27 | 170 | | 00:20:33 (247) | 00:41:12 | 00:41:12 |
| 180 | 838 | Magdalena | Kita | Poznań | | 1982 | K30 | 6 | | 10 | 00:20:00 (176) | 00:41:15 | 00:41:11 |
| 181 | 476 | Tomasz | Narozny | Poznań | EFAR TEAM | 1989 | M25 | 28 | 171 | | 00:20:26 (232) | 00:41:16 | 00:41:04 |
| 182 | 2729 | Oskar | Krawczak | STARGARD | | 1998 | M16 | 8 | 172 | | 00:19:14 (105) | 00:41:19 | 00:41:13 |
| 183 | 1944 | Daniel | Przybylak | Swarzędz | | 1999 | M16 | 9 | 173 | | 00:19:01 (89) | 00:41:20 | 00:41:14 |
| 184 | 2080 | Maciej | Woźniczka | Leszno | Świat Biegacza Fehlau Run Team | 1971 | M45 | 16 | 174 | | 00:20:42 (266) | 00:41:21 | 00:41:09 |
| 185 | 1717 | Janusz | Martyna | Tanowo | | 1969 | M45 | 17 | 175 | | 00:19:59 (174) | 00:41:23 | 00:41:19 |
| 186 | 4044 | Tomasz | Kubiak | Inowrocław | T.G. Sokół Gniewkowo | 1975 | M40 | 45 | 176 | | 00:20:38 (256) | 00:41:23 | 00:41:07 |
| 187 | 4033 | Adam | Kierzek | Swarzędz | sklebiegacza.pl Poznań | 1989 | M25 | 29 | 177 | | 00:20:04 (188) | 00:41:24 | 00:41:18 |
| 188 | 1242 | Tomasz | Kanikowski | Gruszczyn | | 1979 | M35 | 31 | 178 | | 00:20:43 (267) | 00:41:25 | 00:41:25 |
| 189 | 812 | Robert | Breliński | Gniezno | | 1987 | M25 | 30 | 179 | | 00:20:02 (183) | 00:41:26 | 00:41:20 |
| 190 | 445 | Andrzej | Strzyżewski | Gniezno | Altom Gniezno | 1969 | M45 | 18 | 180 | | 00:20:21 (220) | 00:41:27 | 00:41:21 |
| 191 | 1709 | Mateusz | Lis | Koźmin Wielkopolski | Koźmin Biega | 1990 | M25 | 31 | 181 | | 00:20:24 (226) | 00:41:28 | 00:41:12 |
| 192 | 2989 | Witold | Marciniak | Poznań | | 1971 | M45 | 19 | 182 | | 00:20:04 (189) | 00:41:29 | 00:41:22 |
| 193 | 3022 | Adrian | Listowski | Świebodzin | | 1987 | M25 | 32 | 183 | | 00:19:56 (165) | 00:41:30 | 00:41:12 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto | |
|---------|-------|-----------|---------------|---------------------|--|-------------|------|---------|----|-----|------|----------------|------------|----------|
| | | | | | | | | kat. | M | K | | | | |
| 194 | 385 | Grzegorz | Paweł | Nowak | Ponętów Górny | CYBINA TEAM | 1989 | M25 | 33 | 184 | | 00:19:40 (132) | 00:41:30 | 00:41:29 |
| 195 | 3910 | Sławek | Sibiński | Buk | | | 1972 | M40 | 46 | 185 | | 00:20:18 (211) | 00:41:32 | 00:41:15 |
| 196 | 1559 | Tomasz | Właszczyk | Swarzędz | Swarzędz | | 1966 | M50 | 10 | 186 | | 00:19:47 (146) | 00:41:33 | 00:41:26 |
| 197 | 2625 | Tomasz | Kubica | Ostrów Wielkopolski | Amatorski Klub Biegacza NIEZALEŻNI PL | | 1981 | M35 | 32 | 187 | | 00:20:17 (208) | 00:41:33 | 00:41:24 |
| 198 | 3079 | Karol | Kubiś | Poznań | | | 1975 | M40 | 47 | 188 | | 00:20:00 (177) | 00:41:36 | 00:41:29 |
| 199 | 759 | Marek | Matuszewski | Śrem | Runner's Power | | 1972 | M40 | 48 | 189 | | 00:20:23 (223) | 00:41:37 | 00:41:26 |
| 200 | 3453 | Jakub | Molik | Poznań | STR Poznań | | 1989 | M25 | 34 | 190 | | 00:19:59 (175) | 00:41:37 | 00:41:26 |
| 201 | 1496 | Zbigniew | Hornik | Kozięgłowy | OrienteeringTeam Kompas | | 1956 | M60 | 3 | 191 | | 00:19:57 (168) | 00:41:37 | 00:41:33 |
| 202 | 3123 | Jarosław | Machiński | Gniezno | Biegaj z Czają | | 1998 | M16 | 10 | 192 | | 00:20:20 (218) | 00:41:37 | 00:41:30 |
| 203 | 3704 | Tomasz | Bemowicz | Koło Brzeg | KB Wygan | | 1970 | M45 | 20 | 193 | | 00:19:54 (161) | 00:41:38 | 00:41:30 |
| 204 | 1998 | Andrzej | Baran | Poznań | Night Runners | | 1973 | M40 | 49 | 194 | | 00:20:09 (197) | 00:41:38 | 00:41:28 |
| 205 | 309 | Adam | Szuda | Plewiska | | | 1986 | M30 | 18 | 195 | | 00:20:39 (259) | 00:41:38 | 00:41:24 |
| 206 | 1855 | Piotr | Rulewicz | Kamionki | | | 1983 | M30 | 19 | 196 | | 00:20:17 (209) | 00:41:39 | 00:41:20 |
| 207 | 2913 | Paweł | Kocjan | Poznań | Night Runners | | 1979 | M35 | 33 | 197 | | 00:20:07 (193) | 00:41:41 | 00:41:32 |
| 208 | 2296 | Tomasz | Sangowski | Poznań | AMATOR | | 1973 | M40 | 50 | 198 | | 00:19:50 (155) | 00:41:42 | 00:41:36 |
| 209 | 3799 | Tomasz | Olszewski | Mosina | Chemadex | | 1979 | M35 | 34 | 199 | | 00:20:16 (206) | 00:41:43 | 00:41:34 |
| 210 | 492 | Błażej | Szary | Poznań | blazej-biega.pl | | 1989 | M25 | 35 | 200 | | 00:19:52 (159) | 00:41:44 | 00:41:34 |
| 211 | 3789 | Paweł | Skornowicz | Kaźmierz | Brygada Rumcajsa Rojbera | | 1971 | M45 | 21 | 201 | | 00:20:08 (194) | 00:41:46 | 00:41:29 |
| 212 | 957 | Sławomir | Dęboczyński | Dębogóra | enduhub.com | | 1974 | M40 | 51 | 202 | | 00:20:06 (190) | 00:41:47 | 00:41:41 |
| 213 | 550 | Krzysztof | Nawrocik | Strzałkowo | Strzałkowska Grupa Biegowa Sokół | | 1977 | M35 | 35 | 203 | | 00:20:38 (257) | 00:41:49 | 00:41:41 |
| 214 | 3343 | Andrzej | Czechorowski | Posada | Marathon Team Konin | | 1975 | M40 | 52 | 204 | | 00:20:30 (242) | 00:41:52 | 00:41:40 |
| 215 | 437 | Piotr | Nowicki | poznań | | | 1978 | M35 | 36 | 205 | | 00:19:51 (158) | 00:41:52 | 00:41:32 |
| 216 | 2402 | Michał | Krzyżek | Mosina | San Filippo Team | | 1983 | M30 | 20 | 206 | | 00:20:17 (210) | 00:41:53 | 00:41:45 |
| 217 | 3165 | Maksym | Rupieta | Poznań | WUEF Tri Team | | 1978 | M35 | 37 | 207 | | 00:21:24 (356) | 00:41:54 | 00:41:46 |
| 218 | 3514 | Jan | Wielgus | rościślawice | ks roscislawice | | 1961 | M55 | 9 | 208 | | 00:20:52 (287) | 00:41:54 | 00:41:54 |
| 219 | 1099 | Tomasz | Zieliński | Środa Wlkp | Polonia Środa | | 1970 | M45 | 22 | 209 | | 00:20:24 (227) | 00:41:55 | 00:41:38 |
| 220 | 505 | Grzegorz | Pawłowski | Poznań | eSBe Team | | 1981 | M35 | 38 | 210 | | 00:20:38 (258) | 00:41:56 | 00:41:49 |
| 221 | 3569 | Władysław | Wieczorkowski | Poznań | | | 1956 | M60 | 4 | 211 | | 00:20:09 (198) | 00:41:57 | 00:41:52 |
| 222 | 3625 | Damian | Musielak | kamionki | | | 1975 | M40 | 53 | 212 | | 00:20:02 (184) | 00:41:57 | 00:41:43 |
| 223 | 3293 | Mariusz | Kamiński | GNIEZNO | | | 1971 | M45 | 23 | 213 | | 00:20:51 (284) | 00:41:57 | 00:41:46 |
| 224 | 2359 | Krzysztof | Rzepa | poznań | | | 1979 | M35 | 39 | 214 | | 00:20:36 (253) | 00:41:59 | 00:41:28 |
| 225 | 1035 | Piotr | Wałkowiak | Poznań | CYBINA TEAM | | 1994 | M20 | 11 | 215 | | 00:19:33 (122) | 00:42:00 | 00:41:59 |
| 226 | 3581 | Marcin | Łukasz | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | | 1989 | M25 | 36 | 216 | | 00:21:14 (323) | 00:42:00 | 00:41:49 |
| 227 | 23 | Agnieszka | Kuster | Komorniki | KGB Grzmot Komorniki | | 1973 | K40 | 1 | | 11 | 00:20:25 (229) | 00:42:01 | 00:41:56 |
| 228 | 2712 | Paweł | Nowicki | Poznań | | | 1976 | M40 | 54 | 217 | | 00:20:06 (191) | 00:42:02 | 00:41:53 |
| 229 | 1068 | Cezary | Najderek | ZALASEWO | | | 1971 | M45 | 24 | 218 | | 00:21:16 (330) | 00:42:02 | 00:41:40 |
| 230 | 777 | Piotr | Wzięch | Wągrowiec | | | 1984 | M30 | 21 | 219 | | 00:20:29 (240) | 00:42:03 | 00:41:45 |
| 231 | 2599 | Rafał | Olichwer | Poznań | UKL Ósemka POLICE | | 1991 | M25 | 37 | 220 | | 00:20:08 (195) | 00:42:04 | 00:41:55 |
| 232 | 2245 | Michał | Zygmunt | środa wielkopolska | aktywni środa wlkp | | 1977 | M35 | 40 | 221 | | 00:20:37 (255) | 00:42:04 | 00:41:52 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|--------------|---------------------|--|------|------|---------|-----|---|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 233 | 2055 | Maciej | Półczyński | Poznań | | 1981 | M35 | 41 | 222 | | 00:21:19 (338) | 00:42:05 | 00:42:05 |
| 234 | 1194 | Adam | Szczerbal | Kościan | KOŚCIAN TEAM | 1961 | M55 | 10 | 223 | | 00:20:55 (294) | 00:42:05 | 00:41:53 |
| 235 | 2469 | Sławomir | Kasperski | Poznań | | 1965 | M50 | 11 | 224 | | 00:20:39 (260) | 00:42:06 | 00:42:04 |
| 236 | 3549 | Dominik | łowiecki | Poznań | Night Runners Natural Born Runners | 1979 | M35 | 42 | 225 | | 00:20:34 (250) | 00:42:07 | 00:41:57 |
| 237 | 2566 | Krzysztof | Zeidler | Gniezno | | 1957 | M55 | 11 | 226 | | 00:20:49 (280) | 00:42:08 | 00:41:59 |
| 238 | 1755 | Maciej | Błajek | Plewiska | CYBINA TEAM | 1982 | M30 | 22 | 227 | | 00:20:54 (291) | 00:42:08 | 00:41:51 |
| 239 | 2639 | Tomasz | Fellenberg | Poznań | | 1980 | M35 | 43 | 228 | | 00:21:36 (392) | 00:42:09 | 00:42:09 |
| 240 | 1642 | Janusz | Występski | Gniezno | DRUŻYNA SZPIKU / KB Maniac Poznań | 1972 | M40 | 55 | 229 | | 00:20:40 (262) | 00:42:09 | 00:41:54 |
| 241 | 1942 | Grzegorz | Przepióra | Zalasewo / Swarzędz | | 1978 | M35 | 44 | 230 | | 00:20:25 (230) | 00:42:10 | 00:42:01 |
| 242 | 2234 | Mateusz | Meliński | Złotniki | BTL Group | 1973 | M40 | 56 | 231 | | 00:20:33 (248) | 00:42:10 | 00:41:59 |
| 243 | 1479 | Wojciech | Niklaus | Swarzędz | | 1987 | M25 | 38 | 232 | | 00:20:55 (295) | 00:42:12 | 00:41:29 |
| 244 | 1881 | Tomasz | Fliegner | Buk | | 1996 | M20 | 12 | 233 | | 00:20:24 (228) | 00:42:13 | 00:41:54 |
| 245 | 2403 | Zbigniew | Walczak | Środa Wielkopolska | Polonia Środa | 1987 | M25 | 39 | 234 | | 00:20:20 (219) | 00:42:13 | 00:42:03 |
| 246 | 10 | Andrzej | Czub | Konstancin jeziorna | Aviva running team | 1967 | M45 | 25 | 235 | | 00:20:29 (241) | 00:42:13 | 00:42:09 |
| 247 | 2813 | Patryk | Albert | Dopiewo | | 1992 | M20 | 13 | 236 | | 00:20:33 (249) | 00:42:14 | 00:41:30 |
| 248 | 2934 | Mikołaj | Krygier | Czerniejewo | CZERNIEJEWO BIEGA | 1988 | M25 | 40 | 237 | | 00:21:06 (309) | 00:42:14 | 00:42:14 |
| 249 | 1414 | Adrian | Stasiak | Obrzycko | | 1988 | M25 | 41 | 238 | | 00:20:52 (288) | 00:42:15 | 00:42:07 |
| 250 | 3115 | Michał | Zakrzewski | Poznań | | 1977 | M35 | 45 | 239 | | 00:20:16 (207) | 00:42:15 | 00:41:57 |
| 251 | 3895 | Paweł | Bednarczyk | Poznań | | 1988 | M25 | 42 | 240 | | 00:20:10 (199) | 00:42:15 | 00:41:58 |
| 252 | 1049 | Robert | Szymański | Poznań | Maratończyk Poznań | 1974 | M40 | 57 | 241 | | 00:20:36 (254) | 00:42:16 | 00:41:43 |
| 253 | 4009 | Adam | Kulesza | Oborniki | cswl Poznan | 1983 | M30 | 23 | 242 | | 00:20:14 (203) | 00:42:16 | 00:42:00 |
| 254 | 803 | Tomasz | Ratajczak | Swarzędz | Swarzędz | 1980 | M35 | 46 | 243 | | 00:20:31 (244) | 00:42:16 | 00:42:08 |
| 255 | 1350 | Janusz | Szymański | POZNAŃ | | 1951 | M65 | 2 | 244 | | 00:20:46 (275) | 00:42:17 | 00:42:05 |
| 256 | 3155 | Stefan | Sikora | Bielsko Biąta | | 1949 | M65 | 3 | 245 | | 00:21:10 (316) | 00:42:18 | 00:42:13 |
| 257 | 2941 | Mariusz | Kowalczyk | Poznań | gRUNwald Team Poznań | 1975 | M40 | 58 | 246 | | 00:20:26 (233) | 00:42:21 | 00:42:13 |
| 258 | 3946 | Dorota | Przybysz | Grodzisk Wilk | GRODZISKI KLUB BIEGACZA | 1966 | K50 | 1 | 12 | | 00:21:35 (390) | 00:42:21 | 00:42:17 |
| 259 | 3572 | Piotr | Drożdż | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | 1970 | M45 | 26 | 247 | | 00:21:15 (327) | 00:42:22 | 00:42:11 |
| 260 | 2515 | Damian | Krotecki | Ludomy | | 1990 | M25 | 43 | 248 | | 00:20:26 (234) | 00:42:23 | 00:41:24 |
| 261 | 151 | Konrad | Król | Poznań | | 1974 | M40 | 59 | 249 | | 00:20:32 (246) | 00:42:24 | 00:42:07 |
| 262 | 2130 | Adam | Powiertowski | Czerwonak | Biegacze Juniora Runners Team | 1976 | M40 | 60 | 250 | | 00:20:49 (281) | 00:42:27 | 00:42:14 |
| 263 | 117 | Dawid | Dąbrowski | Murwana Goślina | KB Katorznik Murwana Goślina | 1990 | M25 | 44 | 251 | | 00:21:00 (300) | 00:42:28 | 00:42:12 |
| 264 | 3064 | Sebastian | Kowalczyk | Stęszew | | 1984 | M30 | 24 | 252 | | 00:21:05 (307) | 00:42:30 | 00:42:23 |
| 265 | 2260 | Emil | Gościński | Konin | Wicher Siekierki | 1990 | M25 | 45 | 253 | | 00:20:23 (224) | 00:42:31 | 00:42:21 |
| 266 | 192 | Dominik | Deptuła | Zalasewo | Fabryka Triathlonu | 1987 | M25 | 46 | 254 | | 00:21:08 (311) | 00:42:31 | 00:42:31 |
| 267 | 316 | Arkadiusz | Kruszona | Czerwonak | Altom Gniezno | 1985 | M30 | 25 | 255 | | 00:20:18 (212) | 00:42:32 | 00:42:25 |
| 268 | 672 | Emil | Skitek | POZNAŃ | CASTORAMA SWARZĘDZ - One Team | 1988 | M25 | 47 | 256 | | 00:19:55 (163) | 00:42:33 | 00:41:35 |
| 269 | 1916 | Tomasz | Grzęda | Szydłowiec | SIL33 / LENIWCE TEAM | 1978 | M35 | 47 | 257 | | 00:20:43 (268) | 00:42:33 | 00:42:23 |
| 270 | 1382 | Wojciech | Melinski | Zielona Góra | Bractwo Biegaczy Zielona Gora | 1954 | M60 | 5 | 258 | | 00:20:26 (235) | 00:42:33 | 00:42:28 |
| 271 | 657 | Robert | Dymarski | Mosina | Mosina Biega | 1980 | M35 | 48 | 259 | | 00:20:19 (216) | 00:42:34 | 00:42:22 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------------|----------------|-----------------------|------------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 272 | 2746 | Michał | Wiśniewski | CZERNIEJEWO | CZERNIEJEWO BIEGA | 1978 | M35 | 49 | 260 | | 00:20:54 (292) | 00:42:35 | 00:42:24 |
| 273 | 2602 | Marcin | Nowak | Poznań | Fc Dolina | 1992 | M20 | 14 | 261 | | 00:20:28 (238) | 00:42:36 | 00:42:36 |
| 274 | 2831 | Natalia | Gracz | Poznań | ZTL POZNAŃ AWF / PIJANI FOLKLOREM | 1993 | K20 | 4 | | 13 | 00:20:47 (276) | 00:42:37 | 00:42:29 |
| 275 | 3269 | Piotr | Hierowski | STRZAŁKOWO | MaratonyPolskie.PL TEAM | 1968 | M45 | 27 | 262 | | 00:20:50 (282) | 00:42:40 | 00:42:36 |
| 276 | 3899 | Adam | Turowiec | Poznań | UAM Triathlon Poznań | 1975 | M40 | 61 | 263 | | 00:20:40 (263) | 00:42:40 | 00:42:24 |
| 277 | 683 | Przemek | Roszyk | Koziegłowy | | 1974 | M40 | 62 | 264 | | 00:20:41 (265) | 00:42:40 | 00:42:24 |
| 278 | 2180 | Karol | Kazikowski | Poznań | Constravia/ASICS Fronrunner Polska | 1988 | M25 | 48 | 265 | | 00:21:54 (454) | 00:42:42 | 00:42:09 |
| 279 | 2654 | Adam | Byczkowski | Poznań | Constravia | 1989 | M25 | 49 | 266 | | 00:21:54 (455) | 00:42:42 | 00:42:09 |
| 280 | 206 | Tadeusz | Rutkowski | Stęszewko | | 1946 | M70 | 1 | 267 | | 00:21:26 (363) | 00:42:44 | 00:42:39 |
| 281 | 3972 | Adam | Biedrzycki | Stary Borek | osp stary borek | 1984 | M30 | 26 | 268 | | 00:19:52 (160) | 00:42:46 | 00:42:41 |
| 282 | 3400 | Grzegorz | Kowalczyk | Tuczno | Zespół Szkół w Tucznie | 1967 | M45 | 28 | 269 | | 00:21:25 (360) | 00:42:47 | 00:42:40 |
| 283 | 1707 | Tomasz | Grobely | strzelno | | 1971 | M45 | 29 | 270 | | 00:21:39 (410) | 00:42:48 | 00:42:26 |
| 284 | 2110 | Paweł | Waśniowski | Dąbrówka | Trenertriathlonu.pl | 1975 | M40 | 63 | 271 | | 00:20:27 (237) | 00:42:52 | 00:42:45 |
| 285 | 3626 | Marek | Pawłowski | Poznań | | 1964 | M50 | 12 | 272 | | 00:21:27 (369) | 00:42:54 | 00:42:41 |
| 286 | 3267 | Tadeusz | Budynek | Koło | | 1982 | M30 | 27 | 273 | | 00:21:41 (420) | 00:42:56 | 00:42:56 |
| 287 | 1682 | Jan | Łuc | Swarzędz | Mercedes-Benz STS | 1954 | M60 | 6 | 274 | | 00:20:23 (225) | 00:42:56 | 00:42:53 |
| 288 | 2593 | Tomasz | Frąckowiak | Dolsk | | 1975 | M40 | 64 | 275 | | 00:21:38 (406) | 00:42:57 | 00:42:57 |
| 289 | 3462 | Damian | Lecyk | Poznań | | 1978 | M35 | 50 | 276 | | 00:20:56 (297) | 00:42:59 | 00:42:47 |
| 290 | 3851 | Marcin | Nowak | Piła | | 1978 | M35 | 51 | 277 | | 00:21:28 (373) | 00:43:00 | 00:42:39 |
| 291 | 3542 | Tomasz | Szternel | Pyzdry | Wiadomości Wrzesińskie | 1977 | M35 | 52 | 278 | | 00:21:16 (331) | 00:43:01 | 00:42:43 |
| 292 | 800 | Krzysztof | Cierniak | Zalasewo | Red Fitness | 1968 | M45 | 30 | 279 | | 00:20:50 (283) | 00:43:02 | 00:42:55 |
| 293 | 1069 | Kamil | Najderek | ZALASEWO | | 2000 | M16 | 11 | 280 | | 00:21:04 (305) | 00:43:04 | 00:42:42 |
| 294 | 2981 | Tomasz | Antowski | Poznań | Hernik Team | 1966 | M50 | 13 | 281 | | 00:20:31 (245) | 00:43:05 | 00:42:55 |
| 295 | 3627 | Maciej | Piechowiak | Dąbrówka | HSHG | 1979 | M35 | 53 | 282 | | 00:21:18 (336) | 00:43:06 | 00:42:51 |
| 296 | 35 | Janusz | Sobczak | Poznań | Malta Poznań | 1960 | M55 | 12 | 283 | | 00:21:01 (301) | 00:43:06 | 00:43:06 |
| 297 | 1320 | Marek | Lis | Swarzędz | | 1987 | M25 | 50 | 284 | | 00:21:16 (332) | 00:43:07 | 00:43:07 |
| 298 | 400 | Andrzej | Muller | Puszczkowo | | 1958 | M55 | 13 | 285 | | 00:20:48 (277) | 00:43:08 | 00:43:00 |
| 299 | 422 | Fabian | Pawłowski | PODSTOLICE | Active Nekla | 1982 | M30 | 28 | 286 | | 00:20:48 (278) | 00:43:09 | 00:43:00 |
| 300 | 3924 | Sylwester | Ceniuch | Szczecin | Wieczne bieganie w Szczecinie | 1969 | M45 | 31 | 287 | | 00:21:19 (339) | 00:43:09 | 00:42:49 |
| 301 | 2374 | Paweł | Bogusz | Poznań | CYBINA TEAM | 1982 | M30 | 29 | 288 | | 00:20:51 (285) | 00:43:09 | 00:42:52 |
| 302 | 370 | Dariusz | Burkowski | Nowy Tomyśl | BMW-Pawelec Motorsport | 1975 | M40 | 65 | 289 | | 00:21:23 (351) | 00:43:09 | 00:42:59 |
| 303 | 3649 | Wojciech | Mądry | Swarzędz | CYBINA TEAM | 1988 | M25 | 51 | 290 | | 00:21:13 (320) | 00:43:11 | 00:43:00 |
| 304 | 3314 | Karol | Pabisia | Poznań | | 1979 | M35 | 54 | 291 | | 00:21:08 (312) | 00:43:11 | 00:42:26 |
| 305 | 748 | Krzysztof | Aleksandrowicz | Poznań | Unilever Poznań | 1983 | M30 | 30 | 292 | | 00:21:54 (456) | 00:43:12 | 00:43:12 |
| 306 | 2978 | Krzysztof | Śmichurski | Poznań | Fizjoterapia Biegacza | 1989 | M25 | 52 | 293 | | 00:21:08 (313) | 00:43:12 | 00:43:01 |
| 307 | 3303 | Lech | Wojciechowski | Grodzisk Wielkopolski | GRODZISKI KLUB BIEGACZA | 1953 | M60 | 7 | 294 | | 00:20:34 (251) | 00:43:13 | 00:42:55 |
| 308 | 892 | Artur | Chmielewski | Swarzędz | | 1969 | M45 | 32 | 295 | | 00:21:05 (308) | 00:43:13 | 00:42:58 |
| 309 | 2954 | Gabriela Maryka | Trzepacz | Milejów | LKS Maraton Turek, | 1993 | K20 | 5 | | 14 | 00:21:28 (374) | 00:43:14 | 00:43:09 |
| 310 | 2859 | Jacek | Tracz | Karłowice | | 1976 | M40 | 66 | 296 | | 00:21:14 (324) | 00:43:15 | 00:43:15 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|--------------------|---------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 311 | 245 | Sławomir | Sąsiadek | Poznań | Świat Biegacza Fehlau Run Team | 1965 | M50 | 14 | 297 | | 00:20:44 (274) | 00:43:16 | 00:43:05 |
| 312 | 1090 | Paweł | Różak | Poznań | | 1979 | M35 | 55 | 298 | | 00:21:19 (340) | 00:43:17 | 00:43:04 |
| 313 | 2799 | Grzegorz | Monczak | Daszewice | rownowaznia.pl | 1973 | M40 | 67 | 299 | | 00:22:31 (579) | 00:43:18 | 00:43:18 |
| 314 | 1336 | Mateusz | Jaworski | Poznań | Charty z Chartowa | 1988 | M25 | 53 | 300 | | 00:21:13 (321) | 00:43:18 | 00:42:58 |
| 315 | 1923 | Maciek | Piotrowski | Swarzędz | Polonez team | 1992 | M20 | 15 | 301 | | 00:20:43 (269) | 00:43:18 | 00:42:27 |
| 316 | 305 | Piotr | Bijas | Swarzędz | KB Maniac Poznań | 1975 | M40 | 68 | 302 | | 00:21:39 (411) | 00:43:18 | 00:42:51 |
| 317 | 628 | Krzysztof | Szaj | Poznań | | 1970 | M45 | 33 | 303 | | 00:20:43 (270) | 00:43:19 | 00:43:06 |
| 318 | 2772 | Łukasz | Jędrzejewski | Strzałkowo | | 1987 | M25 | 54 | 304 | | 00:22:21 (549) | 00:43:19 | 00:43:19 |
| 319 | 4030 | Andrzej | Wróbel | Poznań | Sklepiegacza | 1965 | M50 | 15 | 305 | | 00:21:03 (304) | 00:43:19 | 00:43:13 |
| 320 | 3774 | Damian | Nowicki | Krzyszkowo | Rokietnica Biega | 1976 | M40 | 69 | 306 | | 00:21:07 (310) | 00:43:19 | 00:43:06 |
| 321 | 3151 | Robert | Mieczynski | Poznań | | 1969 | M45 | 34 | 307 | | 00:21:12 (318) | 00:43:20 | 00:43:09 |
| 322 | 1251 | Michał | Antkowski | Poznan | 778-13-66-135 | 1971 | M45 | 35 | 308 | | 00:21:14 (325) | 00:43:20 | 00:43:02 |
| 323 | 709 | Marcin | Majchrzak | Swarzędz | Deloitte Adventure Team | 1978 | M35 | 56 | 309 | | 00:20:13 (201) | 00:43:21 | 00:43:00 |
| 324 | 33 | Aleksandra | Dzierzkowska | Koziegłowy | Malta Poznań | 1962 | K50 | 2 | | 15 | 00:21:24 (357) | 00:43:21 | 00:43:18 |
| 325 | 97 | Patryk | Jankowski | Szczytniki | | 1978 | M35 | 57 | 310 | | 00:19:56 (166) | 00:43:21 | 00:43:11 |
| 326 | 254 | Sławomir | Żak | Gniezno | Night Runners Gniezno | 1984 | M30 | 31 | 311 | | 00:21:37 (401) | 00:43:23 | 00:43:23 |
| 327 | 3551 | Miłosz | Klewenhagen | Oborniki | | 1987 | M25 | 55 | 312 | | 00:21:51 (449) | 00:43:25 | 00:43:25 |
| 328 | 978 | Agnieszka | Ślebioda | Środa Wielkopolska | KB Aktywni Środa Wielkopolska | 1985 | K30 | 7 | | 16 | 00:21:16 (333) | 00:43:25 | 00:42:54 |
| 329 | 1556 | Krzysztof | Ratajczak | Poznań | | 1980 | M35 | 58 | 313 | | 00:21:02 (302) | 00:43:26 | 00:43:08 |
| 330 | 1459 | Michał | Wachocki | Konin | | 1984 | M30 | 32 | 314 | | 00:21:29 (376) | 00:43:26 | 00:43:05 |
| 331 | 897 | Agnieszka | Załuska-Lipa | Mosina | Mosina Biega | 1979 | K35 | 1 | | 17 | 00:21:26 (364) | 00:43:28 | 00:43:07 |
| 332 | 335 | Piotr | Lewandowski | Jelenia Góra | | 1991 | M25 | 56 | 315 | | 00:20:39 (261) | 00:43:28 | 00:43:16 |
| 333 | 3754 | Łukasz | Szarzyński | Środa Wlkp. | Polonia Środa | 1982 | M30 | 33 | 316 | | 00:21:14 (326) | 00:43:29 | 00:42:52 |
| 334 | 3650 | Norbert | Patalas | Sulechów | CYBINA TEAM / Bez napinki :D | 1985 | M30 | 34 | 317 | | 00:22:53 (662) | 00:43:29 | 00:43:29 |
| 335 | 144 | Kevin | Gziel | Poznań | All Blacks | 1996 | M20 | 16 | 318 | | 00:20:18 (213) | 00:43:31 | 00:43:23 |
| 336 | 2199 | Jacek | Kasprzak | Krotoszyn | KS KROTOSZ KROTOSZYN | 1981 | M35 | 59 | 319 | | 00:21:04 (306) | 00:43:32 | 00:43:25 |
| 337 | 2641 | Krzysztof | Kliszczak | poznań | | 1980 | M35 | 60 | 320 | | 00:20:53 (289) | 00:43:33 | 00:43:26 |
| 338 | 2622 | Bartłomiej | Niechciał | Poznań | MUD GOATS | 1984 | M30 | 35 | 321 | | 00:22:33 (586) | 00:43:33 | 00:43:33 |
| 339 | 2704 | Krzysztof | Kubalewski | Działyń | | 1988 | M25 | 57 | 322 | | 00:22:29 (571) | 00:43:34 | 00:43:34 |
| 340 | 3576 | Bartosz | Sarbak | Wolsztyn | Wolsztyńska Akademia Biegowa | 1996 | M20 | 17 | 323 | | 00:20:28 (239) | 00:43:35 | 00:43:26 |
| 341 | 2824 | Ewa | Pachurka | Jarocin | | 1991 | K25 | 2 | | 18 | 00:21:41 (421) | 00:43:37 | 00:43:37 |
| 342 | 614 | Przemysław | Osiewicz | Swarzędz | | 1979 | M35 | 61 | 324 | | 00:21:28 (375) | 00:43:38 | 00:43:14 |
| 343 | 4000 | Przemysław | Kaczkowski | Poznań | ZP SZPIKI DRUŻYNA SZPIKU | 1997 | M16 | 12 | 325 | | 00:21:21 (347) | 00:43:41 | 00:43:41 |
| 344 | 3775 | Krzysztof | Jakrzewski | Siekierki Wielkie | MJDOP | 1973 | M40 | 70 | 326 | | 00:22:15 (522) | 00:43:41 | 00:43:41 |
| 345 | 4029 | Karolina | Chabros | POZNAŃ | sklepiegacza.pl | 1982 | K30 | 8 | | 19 | 00:21:40 (416) | 00:43:42 | 00:43:38 |
| 346 | 1549 | Jacek | Więckowski | Gniezno | VELUX-GNIEZNO | 1973 | M40 | 71 | 327 | | 00:21:18 (337) | 00:43:43 | 00:43:22 |
| 347 | 3956 | Jarosław | Andrychiewicz | MIĘKOWO | BIEGOLUBY.PL | 1964 | M50 | 16 | 328 | | 00:21:19 (341) | 00:43:44 | 00:43:22 |
| 348 | 2350 | Grzegorz | Czwojdrak | Środa Wlkp | Polonia Środa | 1973 | M40 | 72 | 329 | | 00:20:54 (293) | 00:43:46 | 00:43:12 |
| 349 | 3390 | Dariusz | Zatorski | DREZDENKO | SALON FRYZJERSKI STYL DREZDENKO | 1970 | M45 | 36 | 330 | | 00:20:30 (243) | 00:43:46 | 00:43:41 |

V Bieg 10km Szpot Swarzędz

Organizator: Szpot Sp. z o.o. i Ewa Szpot Sp. z o.o.

Dystans: 10km

Swarzędz, 2016-05-08



Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|---------------|-----------------------|--|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 350 | 757 | Jacek | Frąszczak | Poznań | | 1972 | M40 | 73 | 331 | | 00:21:39 (412) | 00:43:46 | 00:43:32 |
| 351 | 518 | Robert | Kosmecki | Poznań | Night Runners | 1966 | M50 | 17 | 332 | | 00:21:45 (430) | 00:43:47 | 00:43:30 |
| 352 | 595 | Iwona | Żukowska | ŚRODA WIELKOPOLSKA | KB Kosynier Września | 1986 | K30 | 9 | | 20 | 00:21:19 (342) | 00:43:48 | 00:43:29 |
| 353 | 855 | Radosław | Misiorny | Poznań | | 1973 | M40 | 74 | 333 | | 00:21:17 (334) | 00:43:48 | 00:43:37 |
| 354 | 207 | Rafał | Wysocki | Poznań | gRUNwald Team Poznań | 1989 | M25 | 58 | 334 | | 00:21:13 (322) | 00:43:50 | 00:43:33 |
| 355 | 1634 | Dawid | Sworek | poznan | | 1988 | M25 | 59 | 335 | | 00:21:38 (407) | 00:43:51 | 00:43:30 |
| 356 | 1867 | Szymon | Strzyżewski | Gniezno | GTT Maciejka Diament Gniezno | 1998 | M16 | 13 | 336 | | 00:20:48 (279) | 00:43:51 | 00:43:44 |
| 357 | 3879 | Maciej | Kasprzak | Nowe Miasto nad Wartą | Polonia Środa | 1989 | M25 | 60 | 337 | | 00:21:41 (422) | 00:43:51 | 00:43:14 |
| 358 | 1328 | Dariusz | Cichy | Psarskie | Psarskie też biega | 1989 | M25 | 61 | 338 | | 00:21:30 (381) | 00:43:52 | 00:43:17 |
| 359 | 2468 | Marcin | Nowak | Poznań | Night Runners | 1976 | M40 | 75 | 339 | | 00:21:36 (393) | 00:43:52 | 00:43:42 |
| 360 | 2849 | Anna | Jawień | Olkusz | Straż Miejska Kraków/ Eskadra Kraków | 1986 | K30 | 10 | | 21 | 00:21:29 (377) | 00:43:52 | 00:43:46 |
| 361 | 3147 | Mariusz | Becelowski | Stupca | | 1973 | M40 | 76 | 340 | | 00:21:22 (349) | 00:43:53 | 00:43:44 |
| 362 | 2462 | Paweł | Stępnik | Szadek | VICTORIA SZADEK | 1990 | M25 | 62 | 341 | | 00:22:43 (616) | 00:43:53 | 00:43:53 |
| 363 | 3302 | Dorota | Lutomska | OBORNIKI | | 1982 | K30 | 11 | | 22 | 00:20:43 (271) | 00:43:53 | 00:43:33 |
| 364 | 606 | Adam | Stawicki | Oborniki | | 1966 | M50 | 18 | 342 | | 00:20:43 (272) | 00:43:54 | 00:43:34 |
| 365 | 1900 | Zenon | Radziejewski | Września | KB Kosynier Września | 1961 | M55 | 14 | 343 | | 00:21:23 (352) | 00:43:54 | 00:43:40 |
| 366 | 1476 | Sławomir | Rodziewicz | Poznań | | 1985 | M30 | 36 | 344 | | 00:21:46 (432) | 00:43:55 | 00:43:21 |
| 367 | 2952 | Marzena | Wojtczak | Poznań | | 1969 | K45 | 1 | | 23 | 00:21:31 (385) | 00:43:55 | 00:43:44 |
| 368 | 2341 | Jacek | Goroński | Ceradz Kościelny | Democo | 1977 | M35 | 62 | 345 | | 00:21:46 (433) | 00:43:57 | 00:43:37 |
| 369 | 273 | Krzysztof | Ignaszewski | Śrem | | 1979 | M35 | 63 | 346 | | 00:20:00 (178) | 00:43:58 | 00:43:52 |
| 370 | 3897 | Tomasz | Ewert | Przedecz | KP Kłodawa | 1978 | M35 | 64 | 347 | | 00:21:48 (438) | 00:43:59 | 00:43:51 |
| 371 | 994 | Łukasz | Ślęzak | Swarzędz | | 1988 | M25 | 63 | 348 | | 00:21:11 (317) | 00:44:00 | 00:41:50 |
| 372 | 1162 | Marcin | Gurdek | Śrem | REHAU | 1978 | M35 | 65 | 349 | | 00:21:26 (365) | 00:44:00 | 00:43:40 |
| 373 | 1258 | Maciej | Dziechciowski | Śrem | WHISKY SHOP TEAM | 1980 | M35 | 65 | 349 | | 00:21:25 (361) | 00:44:00 | 00:43:39 |
| 374 | 1137 | Mariusz | Widok | Kobylnica | | 1995 | M20 | 18 | 351 | | 00:21:23 (353) | 00:44:01 | 00:43:03 |
| 375 | 504 | Dariusz | Walczak | Daszewice | Night Runners | 1986 | M30 | 37 | 352 | | 00:21:29 (378) | 00:44:02 | 00:43:53 |
| 376 | 1843 | Wojciech | Bressa | Poznań | | 1989 | M25 | 64 | 353 | | 00:21:57 (468) | 00:44:03 | 00:43:42 |
| 377 | 1361 | Łukasz | Wódkowski | Poznań | | 1981 | M35 | 67 | 354 | | 00:21:38 (408) | 00:44:04 | 00:43:56 |
| 378 | 1221 | Marcin | Bultrowicz | Poznań | Beiersdorf Sport Team | 1977 | M35 | 68 | 355 | | 00:22:07 (496) | 00:44:04 | 00:44:04 |
| 379 | 1583 | Łukasz | Michalak | ŚREM | | 1982 | M30 | 38 | 356 | | 00:20:57 (298) | 00:44:05 | 00:43:48 |
| 380 | 102 | Andrzej | Frankowski | Poznań | | 1959 | M55 | 15 | 357 | | 00:21:56 (463) | 00:44:05 | 00:43:43 |
| 381 | 3291 | Adam | Dziurla | Poznań | | 1958 | M55 | 16 | 358 | | 00:21:48 (439) | 00:44:05 | 00:44:05 |
| 382 | 3583 | Ryszard | Majtyka | Szydłowo | Stowarzyszenie Biegaczy Gminy Szydłowo | 1969 | M45 | 37 | 359 | | 00:22:05 (491) | 00:44:05 | 00:43:38 |
| 383 | 2451 | Monika | Grabarczyk | Marki | Markowi Biegacze / BBL | 1981 | K35 | 2 | | 24 | 00:21:33 (386) | 00:44:06 | 00:43:53 |
| 384 | 1772 | Marcin | Lis | Swarzędz | CYBINA TEAM | 1977 | M35 | 69 | 360 | | 00:21:19 (343) | 00:44:07 | 00:44:01 |
| 385 | 191 | Grzegorz | Sideł | Poznań | Malta klub | 2000 | M16 | 14 | 361 | | 00:21:36 (394) | 00:44:09 | 00:43:59 |
| 386 | 1524 | Hubert | Głódz | Grodzisk Wlkp. | | 1993 | M20 | 19 | 362 | | 00:22:17 (531) | 00:44:10 | 00:44:10 |
| 387 | 382 | Robert | Walczak | Zielona Góra | parkrun Poznań + CITY TRAIL Team | 1980 | M35 | 70 | 363 | | 00:21:02 (303) | 00:44:11 | 00:43:54 |
| 388 | 577 | Tomasz | Kaczmarek | Zalasewo | Deszczowa Team | 1979 | M35 | 71 | 364 | | 00:21:17 (335) | 00:44:11 | 00:43:56 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|---------------|-------------|--------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 389 | 1728 | Krzysztof | Popławski | Swarzędz | | 1980 | M35 | 72 | 365 | | 00:21:30 (382) | 00:44:12 | 00:43:56 |
| 390 | 1803 | Robert | Miecznik | Tulce | KB Kompanii Piwowskiej | 1970 | M45 | 38 | 366 | | 00:22:12 (513) | 00:44:12 | 00:44:12 |
| 391 | 3973 | Piotr | Krupa | Chodzież | CYBINA TEAM | 1973 | M40 | 77 | 367 | | 00:21:36 (395) | 00:44:13 | 00:44:10 |
| 392 | 2974 | Piotr | Staniewski | Swarzędz | | 1993 | M20 | 20 | 368 | | 00:21:41 (423) | 00:44:13 | 00:44:13 |
| 393 | 3580 | Marcin | Antczak | Szczytniki | | 1978 | M35 | 73 | 369 | | 00:22:15 (523) | 00:44:14 | 00:43:58 |
| 394 | 256 | Bartosz | Spychała | Września | Spychała Team | 1981 | M35 | 74 | 370 | | 00:21:54 (457) | 00:44:14 | 00:43:56 |
| 395 | 230 | Dagmara | Kukła | Poznań | Świat Biegacza Fehlau Run Team | 1990 | K25 | 3 | | 25 | 00:21:41 (424) | 00:44:15 | 00:43:59 |
| 396 | 3484 | Krzysztof | Deniusz | Poznań | | 1982 | M30 | 39 | 371 | | 00:21:37 (402) | 00:44:15 | 00:44:15 |
| 397 | 2265 | Dariusz | Szambelańczyk | Września | | 1985 | M30 | 40 | 372 | | 00:21:54 (458) | 00:44:15 | 00:44:15 |
| 398 | 2453 | Rajmund | Ratajczak | Poznań | | 1962 | M50 | 19 | 373 | | 00:21:29 (379) | 00:44:16 | 00:43:50 |
| 399 | 3309 | Jacek | Żmuda | Poznań | | 1979 | M35 | 75 | 374 | | 00:21:34 (388) | 00:44:17 | 00:43:59 |
| 400 | 2530 | Mateusz | Krasicki | Poznań | | 1991 | M25 | 65 | 375 | | 00:21:50 (447) | 00:44:18 | 00:44:18 |
| 401 | 642 | Marianna | Trzeciak | Poznań | Piątkowo na Biegowo | 1993 | K20 | 6 | | 26 | 00:21:29 (380) | 00:44:19 | 00:44:02 |
| 402 | 1086 | Kamil | Liberek | Poznań | | 1984 | M30 | 41 | 376 | | 00:21:41 (425) | 00:44:20 | 00:43:25 |
| 403 | 2148 | Dariusz | Manthei | Gruszczyn | uks zalew | 1985 | M30 | 42 | 377 | | 00:20:57 (299) | 00:44:20 | 00:44:20 |
| 404 | 2506 | Rafał | Paluszak | Sieraków | | 1980 | M35 | 76 | 378 | | 00:23:12 (729) | 00:44:21 | 00:44:21 |
| 405 | 3229 | Michał | Dembiński | Poznań | | 1980 | M35 | 77 | 379 | | 00:21:19 (344) | 00:44:22 | 00:44:05 |
| 406 | 2725 | Dariusz | Graczyk | Daszewice | | 1978 | M35 | 78 | 380 | | 00:20:02 (185) | 00:44:23 | 00:44:12 |
| 407 | 2054 | Piotr | Swornowski | Poznań | | 1986 | M30 | 43 | 381 | | 00:21:48 (440) | 00:44:25 | 00:44:25 |
| 408 | 727 | Jacek | Mruczyk | Poznań | PierdołaTeam | 1992 | M20 | 21 | 382 | | 00:22:09 (500) | 00:44:25 | 00:44:25 |
| 409 | 468 | Marek | Winckiewicz | Poznań | | 1976 | M40 | 78 | 383 | | 00:21:12 (319) | 00:44:26 | 00:44:07 |
| 410 | 357 | Zbyszek | Łuczak | Nowy Tomyśl | BMW-Pawelec Motorsport | 1972 | M40 | 79 | 384 | | 00:21:41 (426) | 00:44:26 | 00:44:16 |
| 411 | 1800 | Tomasz | Rzyha | Książ Wlkp | | 1979 | M35 | 79 | 385 | | 00:20:53 (290) | 00:44:26 | 00:44:08 |
| 412 | 2214 | Robert | Radtke | Nowiny | | 1969 | M45 | 39 | 386 | | 00:20:40 (264) | 00:44:27 | 00:44:14 |
| 413 | 477 | Michał | Ptaszkiewicz | Luboń | | 1985 | M30 | 44 | 387 | | 00:22:11 (511) | 00:44:28 | 00:44:28 |
| 414 | 3426 | Michał | Ziuko | Kutno | Decathlon Komorniki | 1989 | M25 | 66 | 388 | | 00:21:59 (478) | 00:44:30 | 00:44:01 |
| 415 | 1233 | Marcin | Michalik | Poznań | KP Poznań-Grunwald | 1987 | M25 | 67 | 389 | | 00:20:51 (286) | 00:44:30 | 00:44:14 |
| 416 | 1664 | Tomasz | Maćkowski | Swarzędz | | 1982 | M30 | 45 | 390 | | 00:21:08 (314) | 00:44:31 | 00:44:31 |
| 417 | 1818 | Sławomir | Dratwa | Poznań | | 1972 | M40 | 80 | 391 | | 00:21:58 (472) | 00:44:31 | 00:44:31 |
| 418 | 1307 | Mariusz | Stokowski | Pobiedziska | Złotniczki | 1976 | M40 | 81 | 392 | | 00:21:09 (315) | 00:44:32 | 00:44:19 |
| 419 | 3146 | Beata | Becelewska | Stupca | | 1978 | K35 | 3 | | 27 | 00:21:48 (441) | 00:44:33 | 00:44:24 |
| 420 | 107 | Marcin | Woźniak | Poznań | Parkrun Poznań | 1980 | M35 | 80 | 393 | | 00:21:30 (383) | 00:44:33 | 00:44:23 |
| 421 | 1193 | Krzysztof | Hertmanowski | Kościan | KOŚCIAN TEAM | 1972 | M40 | 82 | 394 | | 00:22:19 (540) | 00:44:36 | 00:44:11 |
| 422 | 217 | Maciej | Sznajder | Komorniki | KGB Grzmot Komorniki | 1972 | M40 | 83 | 395 | | 00:21:56 (464) | 00:44:36 | 00:44:06 |
| 423 | 2246 | Paweł | Piwowski | Turek | KB Maraton Turek | 1980 | M35 | 81 | 396 | | 00:21:46 (434) | 00:44:36 | 00:43:52 |
| 424 | 1366 | Tomasz | Kowalski | Komorniki | KGB Grzmot Komorniki | 1988 | M25 | 68 | 397 | | 00:20:01 (181) | 00:44:36 | 00:44:33 |
| 425 | 333 | Piotr | Szcześniak | Poznań | | 1983 | M30 | 46 | 398 | | 00:21:20 (346) | 00:44:38 | 00:44:13 |
| 426 | 1142 | Andrzej | Ślebioda | Kleczew | endinio team | 1975 | M40 | 84 | 399 | | 00:21:34 (389) | 00:44:40 | 00:44:12 |
| 427 | 1687 | Radosław | Wojtkowiak | Poznań | Norson/Kęsy team | 1981 | M35 | 82 | 400 | | 00:22:10 (507) | 00:44:41 | 00:43:47 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|----------------|--|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 428 | 2682 | Ryszard | Gerszendorf | środa wlkp | | 1974 | M40 | 85 | 401 | | 00:21:40 (417) | 00:44:42 | 00:42:07 |
| 429 | 1927 | Tomasz | Witkowski | Kamionki | ALTO Kamionki | 1972 | M40 | 86 | 402 | | 00:21:56 (465) | 00:44:42 | 00:44:32 |
| 430 | 3787 | Mateusz | Korcz | Zalasewo | | 1995 | M20 | 22 | 403 | | 00:22:14 (521) | 00:44:43 | 00:43:58 |
| 431 | 2090 | Grzegorz | Golański | Swarzędz | | 1984 | M30 | 47 | 404 | | 00:22:23 (555) | 00:44:44 | 00:44:44 |
| 432 | 2452 | Piotr | Gałgan | Poznań | TFP Sport Team | 1986 | M30 | 48 | 405 | | 00:22:09 (501) | 00:44:45 | 00:44:08 |
| 433 | 3577 | Piotr | Podkowa | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | 1976 | M40 | 87 | 405 | | 00:21:15 (328) | 00:44:45 | 00:44:34 |
| 434 | 110 | Marek | Narozny | ZALASEWO | ZALASEWO | 1976 | M40 | 88 | 407 | | 00:21:36 (396) | 00:44:45 | 00:44:25 |
| 435 | 2703 | Łukasz | Fryska | Poznań | | 1985 | M30 | 49 | 408 | | 00:22:51 (657) | 00:44:46 | 00:44:46 |
| 436 | 3392 | Andrzej | Lisek | Poznań | | 1986 | M30 | 50 | 409 | | 00:22:29 (572) | 00:44:47 | 00:44:47 |
| 437 | 432 | Paweł | Jazikowski | Poznań | strzeszyn | 1972 | M40 | 89 | 410 | | 00:22:17 (532) | 00:44:48 | 00:44:48 |
| 438 | 843 | Tomasz | Leśniewski | Poznań | | 1962 | M50 | 20 | 411 | | 00:22:45 (631) | 00:44:49 | 00:44:49 |
| 439 | 2264 | Grzegorz | Garczyk | Kostrzyn | Walka Kostrzyn | 1993 | M20 | 23 | 412 | | 00:22:16 (529) | 00:44:49 | 00:44:22 |
| 440 | 250 | Bartłomiej | Przymusiński | Jarocin | | 1976 | M40 | 90 | 413 | | 00:21:35 (391) | 00:44:50 | 00:44:32 |
| 441 | 2208 | Grzegorz | Różewicz | Poznań | | 1986 | M30 | 51 | 414 | | 00:21:26 (366) | 00:44:50 | 00:44:18 |
| 442 | 914 | Marcin | Foltyński | Gruszczyn | ILiM Run Team | 1977 | M35 | 83 | 415 | | 00:22:06 (493) | 00:44:50 | 00:44:32 |
| 443 | 946 | Patryk | Dąbrowski | Poznań | | 1981 | M35 | 84 | 416 | | 00:22:02 (485) | 00:44:50 | 00:44:50 |
| 444 | 3103 | Karol | Wachowiak | Poznań | | 1977 | M35 | 85 | 417 | | 00:23:45 (855) | 00:44:50 | 00:44:50 |
| 445 | 1812 | Przemysław | Mieszkowski | Paczkowo | | 1963 | M50 | 21 | 418 | | 00:21:24 (358) | 00:44:50 | 00:44:44 |
| 446 | 450 | Dariusz | Sitek | Puszczkowo | KP Puszczkowo | 1973 | M40 | 91 | 419 | | 00:21:58 (473) | 00:44:51 | 00:44:51 |
| 447 | 1254 | Jarosław | Brodowicz | Lubon | | 1977 | M35 | 86 | 420 | | 00:21:40 (418) | 00:44:51 | 00:44:34 |
| 448 | 3318 | Tomasz | Szczepeński | Nekla | UKS Szybki Lopes Nekla | 1994 | M20 | 24 | 421 | | 00:21:59 (479) | 00:44:51 | 00:44:36 |
| 449 | 1368 | Maciej | Marciniak | Poznań | | 1964 | M50 | 22 | 422 | | 00:21:47 (435) | 00:44:51 | 00:44:27 |
| 450 | 2507 | Patrycja | Kolecka | Poznań | Blue Sky Travel | 1977 | K35 | 4 | | 28 | 00:21:59 (480) | 00:44:52 | 00:44:40 |
| 451 | 949 | Magdalena | Jałowska | Poznań | Maratończyk Poznań | 1977 | K35 | 5 | | 29 | 00:21:30 (384) | 00:44:52 | 00:44:34 |
| 452 | 869 | Przemysław | Pankowski | Zaniemyśl | Polonia Środa | 1975 | M40 | 92 | 423 | | 00:21:37 (403) | 00:44:52 | 00:44:18 |
| 453 | 823 | Rafał | Kulas | Krotoszyn | KS KROTOSZ KROTOSZYN | 1970 | M45 | 40 | 424 | | 00:21:33 (387) | 00:44:52 | 00:44:35 |
| 454 | 893 | Andrzej | Leśniowski | Poznań | BLUE MUSTANG | 1981 | M35 | 87 | 425 | | 00:22:23 (556) | 00:44:53 | 00:44:53 |
| 455 | 1671 | Dariusz | Toboła | Gniezno | Altom Gniezno | 1973 | M40 | 93 | 426 | | 00:22:22 (550) | 00:44:54 | 00:44:54 |
| 456 | 3828 | Edyta | Marciniak | Kalisz | Supermaraton Kalisz, KMP Kalisz | 1981 | K35 | 6 | | 30 | 00:22:11 (512) | 00:44:55 | 00:44:55 |
| 457 | 1081 | Kusik | Zbigniew | Poznań | Gira się kręci ILiM | 1982 | M30 | 52 | 427 | | 00:22:01 (482) | 00:44:55 | 00:44:08 |
| 458 | 971 | Paweł | Wawrzyniak | Śrem | Mamy-Biegamy | 1981 | M35 | 88 | 428 | | 00:22:45 (632) | 00:44:56 | 00:44:56 |
| 459 | 1622 | Bogusz | Morawski | Zalasewo | | 1981 | M35 | 89 | 429 | | 00:21:36 (397) | 00:44:56 | 00:43:30 |
| 460 | 2373 | Bartłomiej | Majewski | Mrowino | Rokietnica Biega | 1974 | M40 | 94 | 430 | | 00:21:55 (461) | 00:44:57 | 00:44:18 |
| 461 | 1393 | Tomasz | Zajączkowski | Babki | | 1985 | M30 | 53 | 431 | | 00:22:44 (625) | 00:44:57 | 00:44:57 |
| 462 | 3211 | Tomasz | Wachowiak | Poznań | | 1989 | M25 | 69 | 432 | | 00:22:35 (594) | 00:44:58 | 00:44:25 |
| 463 | 3871 | Krzysztof | Chrzyszowski | Chojny | bud-rem koło | 1957 | M55 | 17 | 433 | | 00:22:19 (541) | 00:44:58 | 00:44:33 |
| 464 | 2821 | Bartosz | Wieczorek | Poznań | KB Maniac Poznań | 1975 | M40 | 95 | 434 | | 00:21:44 (428) | 00:44:58 | 00:44:41 |
| 465 | 1022 | Michał | Rojewski | Poznań | NARAMOWICE BIEGAJA | 1983 | M30 | 54 | 435 | | 00:22:18 (535) | 00:44:59 | 00:44:45 |
| 466 | 735 | Kamil | Niewiadomy | Łódź | | 1983 | M30 | 55 | 436 | | 00:22:15 (524) | 00:45:00 | 00:44:43 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|--------------|----------------|----------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 467 | 3809 | Marek | Stachorski | Września | KB Kosynier Września | 1961 | M55 | 18 | 437 | | 00:22:12 (514) | 00:45:00 | 00:45:00 |
| 468 | 3714 | Andrzej | Kandulski | Borówiec | Malta Poznań | 1953 | M60 | 8 | 438 | | 00:21:57 (469) | 00:45:00 | 00:44:51 |
| 469 | 243 | Mieczysław | Mikołajczak | Września | KB Kosynier Września | 1967 | M45 | 41 | 439 | | 00:22:19 (542) | 00:45:00 | 00:45:00 |
| 470 | 260 | Seweryn | Lipoński | Poznań | | 1990 | M25 | 70 | 440 | | 00:21:45 (431) | 00:45:01 | 00:44:39 |
| 471 | 2391 | Daniel | Labrzycki | Grodzisk Wlkp. | DANFLOR TEAM | 1985 | M30 | 56 | 441 | | 00:22:43 (617) | 00:45:02 | 00:45:02 |
| 472 | 1161 | Wojciech | Malinowski | Poznań | 31 Baza Lotnictwa Taktycznego | 1978 | M35 | 90 | 442 | | 00:22:30 (575) | 00:45:03 | 00:44:44 |
| 473 | 3662 | Włodzimierz | Jessa | Śrem | Runner's Power | 1965 | M50 | 23 | 443 | | 00:22:45 (633) | 00:45:04 | 00:45:04 |
| 474 | 281 | Sebastian | Pietrzak | Poznań | | 1979 | M35 | 91 | 444 | | 00:20:43 (273) | 00:45:04 | 00:44:54 |
| 475 | 3136 | Maciej | Olek | Konin | Aluminium Konin | 1989 | M25 | 71 | 445 | | 00:21:26 (367) | 00:45:04 | 00:44:43 |
| 476 | 1921 | Kamil | Bełdzikowski | Swarzędz | Polonez team | 1992 | M20 | 25 | 446 | | 00:21:39 (413) | 00:45:05 | 00:44:14 |
| 477 | 3519 | Robert | Kowalski | Chocicza | | 1987 | M25 | 72 | 447 | | 00:21:27 (370) | 00:45:07 | 00:44:50 |
| 478 | 3068 | Mirosław | Grajzer | Poznań | | 1956 | M60 | 9 | 448 | | 00:21:37 (404) | 00:45:07 | 00:44:55 |
| 479 | 2056 | Marcin | Żurowski | Kicin | | 1969 | M45 | 42 | 449 | | 00:21:22 (350) | 00:45:07 | 00:44:55 |
| 480 | 3687 | Fryderyk | Wróbel | Jarocin | MUKS Białe Tygrysy Jarocin | 1979 | M35 | 92 | 450 | | 00:22:45 (634) | 00:45:08 | 00:45:08 |
| 481 | 544 | Bartosz | Boiński | Dobieżyn | Klub Biegacza Euro | 1992 | M20 | 26 | 451 | | 00:22:58 (684) | 00:45:08 | 00:45:08 |
| 482 | 2774 | Marlena | Strzelczyk | Kostrzyn | | 1989 | K25 | 4 | | 31 | 00:22:15 (525) | 00:45:08 | 00:45:08 |
| 483 | 1833 | Grzegorz | Kaftan | Poznań | | 1982 | M30 | 57 | 452 | | 00:22:38 (600) | 00:45:10 | 00:45:10 |
| 484 | 3129 | Maciej | Bigosiński | Poznań | Biegnę dla Bartka | 1990 | M25 | 73 | 453 | | 00:21:37 (405) | 00:45:11 | 00:44:51 |
| 485 | 2076 | Radosław | Buchowski | Poznań | | 1982 | M30 | 58 | 454 | | 00:22:44 (626) | 00:45:12 | 00:45:12 |
| 486 | 3352 | Jarek | Świątek | Chyby | ERGO-BHP TEAM | 1983 | M30 | 59 | 455 | | 00:21:36 (398) | 00:45:12 | 00:44:53 |
| 487 | 1186 | Krzysztof | Szymkowski | Oborniki | | 1988 | M25 | 74 | 456 | | 00:22:10 (508) | 00:45:12 | 00:45:12 |
| 488 | 719 | Artur | Klecha | Kostrzyn Wlkp. | | 1975 | M40 | 96 | 457 | | 00:21:26 (368) | 00:45:13 | 00:45:01 |
| 489 | 3832 | Jarosław | Marciniak | KOŹMIN WLKP | KS KROTOSZ KROTOSZYN | 1976 | M40 | 97 | 458 | | 00:22:24 (560) | 00:45:13 | 00:45:08 |
| 490 | 650 | Marek | Marzol | Śrem | | 1981 | M35 | 93 | 459 | | 00:21:36 (399) | 00:45:14 | 00:43:43 |
| 491 | 4035 | Tomasz | Peisert | Poznań | Biegologia.pl | 1984 | M30 | 60 | 460 | | 00:22:45 (635) | 00:45:14 | 00:45:14 |
| 492 | 3856 | Robert | Czajka | ZDUNY | KS Krotosz | 1970 | M45 | 43 | 461 | | 00:22:16 (530) | 00:45:14 | 00:45:02 |
| 493 | 2062 | Tomasz | Dąbek | Strzałkowo | Strzałkowska Grupa Biegowa Sokół | 1994 | M20 | 27 | 462 | | 00:22:40 (607) | 00:45:15 | 00:45:15 |
| 494 | 4034 | Aleksandra | Peisert | Poznań | Biegologia.pl | 1986 | K30 | 12 | | 32 | 00:22:44 (627) | 00:45:15 | 00:45:15 |
| 495 | 2493 | Mirosław | Marciniak | Zalasewo | | 1983 | M30 | 61 | 463 | | 00:22:48 (646) | 00:45:16 | 00:45:16 |
| 496 | 1799 | Daniel | Maćkowski | Zagościniac | | 1980 | M35 | 94 | 464 | | 00:21:58 (474) | 00:45:16 | 00:44:47 |
| 497 | 532 | Tomasz | Baczyński | Dąbrówka | | 1975 | M40 | 98 | 465 | | 00:22:22 (551) | 00:45:20 | 00:44:58 |
| 498 | 1007 | Bartosz | Piasecki | Poznań | Night Runners | 1986 | M30 | 62 | 466 | | 00:21:48 (442) | 00:45:21 | 00:45:10 |
| 499 | 3710 | Adam | Walendowski | Poznań | Dachowa Team | 1990 | M25 | 75 | 467 | | 00:22:50 (655) | 00:45:22 | 00:45:22 |
| 500 | 2871 | Dariusz | Lipa | Mosina | | 1979 | M35 | 95 | 468 | | 00:21:56 (466) | 00:45:23 | 00:45:02 |
| 501 | 2632 | Łukasz | Szajerka | Poznan | | 1973 | M40 | 99 | 469 | | 00:22:57 (680) | 00:45:23 | 00:45:23 |
| 502 | 2152 | Grzegorz | Raszewski | Gostyń | Gostyń | 1966 | M50 | 24 | 470 | | 00:22:12 (515) | 00:45:23 | 00:44:53 |
| 503 | 782 | Jarosław | Szygenda | Poznań | Maratończyk Poznań | 1972 | M40 | 100 | 471 | | 00:22:27 (567) | 00:45:24 | 00:44:44 |
| 504 | 1158 | Mateusz | Mańczak | Poznań | KOKA | 1982 | M30 | 63 | 472 | | 00:21:36 (400) | 00:45:24 | 00:45:05 |
| 505 | 2375 | Adam | Kaczmarek | Obrzycko | PRORUNNER | 1984 | M30 | 64 | 473 | | 00:22:51 (658) | 00:45:24 | 00:45:11 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|------------------|------------------|-------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 506 | 3270 | Grzegorz | Tomaszewski | Poznań | Parkrun Poznań | 1978 | M35 | 96 | 474 | | 00:21:21 (348) | 00:45:24 | 00:45:04 |
| 507 | 3169 | Mateusz | Szklanny | Dolsk | | 1993 | M20 | 28 | 475 | | 00:22:44 (628) | 00:45:25 | 00:45:25 |
| 508 | 3501 | Krzysztof | Jagiełka | Leszno | REAL 64-sto | 1968 | M45 | 44 | 476 | | 00:21:54 (459) | 00:45:25 | 00:44:27 |
| 509 | 772 | Krzysztof | Mrugała | Poznań | Fresh Pizza Team | 1989 | M25 | 76 | 477 | | 00:21:58 (475) | 00:45:25 | 00:45:25 |
| 510 | 3813 | Cedric | Streng | POZNAŃ | | 1987 | M25 | 77 | 478 | | 00:22:09 (502) | 00:45:26 | 00:44:54 |
| 511 | 3455 | Patryk | Kulczyński | poznań | WKS Grunwald Poznań | 1990 | M25 | 78 | 479 | | 00:23:45 (856) | 00:45:28 | 00:45:28 |
| 512 | 3896 | Artur | Jędrzejczak | SOLEC WLKP | SOLEC WLKP | 1985 | M30 | 65 | 480 | | 00:21:15 (329) | 00:45:29 | 00:45:29 |
| 513 | 610 | Maciej | Stachowiak | Poznań | Pakieciarze Team | 1977 | M35 | 97 | 481 | | 00:22:18 (536) | 00:45:30 | 00:45:30 |
| 514 | 3412 | Patryk | Deneka | Gniezno | | 1997 | M16 | 15 | 482 | | 00:20:35 (252) | 00:45:31 | 00:42:57 |
| 515 | 3877 | Hanna | Michalik-Tomczak | Poznań | Malta Poznań | 1976 | K40 | 2 | | 33 | 00:21:52 (451) | 00:45:32 | 00:45:28 |
| 516 | 2841 | Robert | Błaszak | Gniezno | | 1978 | M35 | 98 | 483 | | 00:21:38 (409) | 00:45:32 | 00:45:18 |
| 517 | 895 | Mateusz | Jaśniewicz | Swarzędz | Maratończyk Poznań | 1987 | M25 | 79 | 484 | | 00:21:27 (371) | 00:45:32 | 00:45:24 |
| 518 | 473 | Marek | Siuda | Luboń | Luboński Klub Biegacza | 1968 | M45 | 45 | 485 | | 00:22:12 (516) | 00:45:33 | 00:45:11 |
| 519 | 2881 | Krzysztof | Stechlicki | Czerniejewo | CZERNIEJEWO BIEGA | 1978 | M35 | 99 | 486 | | 00:21:52 (452) | 00:45:33 | 00:45:33 |
| 520 | 673 | Wojciech | Jaśniewicz | Swarzędz | | 1979 | M35 | 100 | 487 | | 00:21:27 (372) | 00:45:33 | 00:45:25 |
| 521 | 2117 | Wiesław | Wierzbicki | Murowana Goślina | GEPARD Murowana Goślina | 1973 | M40 | 101 | 488 | | 00:23:16 (748) | 00:45:33 | 00:45:33 |
| 522 | 937 | Paweł | Kuźma | Poznań | | 1959 | M55 | 19 | 489 | | 00:21:50 (448) | 00:45:33 | 00:45:16 |
| 523 | 2892 | Aleksander | Adamiak | Swarzędz | 1 RWT SP | 1974 | M40 | 102 | 490 | | 00:22:18 (537) | 00:45:36 | 00:45:17 |
| 524 | 703 | Maciej | Echaupt | Lusówko | CFP | 1972 | M40 | 103 | 491 | | 00:22:09 (503) | 00:45:36 | 00:45:15 |
| 525 | 3659 | Jarosław | Baranowski | Poznań | Malta Poznań | 1955 | M60 | 10 | 492 | | 00:22:10 (509) | 00:45:38 | 00:45:26 |
| 526 | 2371 | Waldemar | Jankowski | Żerków | Bliźniacy | 1989 | M25 | 80 | 493 | | 00:21:54 (460) | 00:45:38 | 00:45:03 |
| 527 | 3252 | Rafał | Sulicki | Gniezno | huurre | 1974 | M40 | 104 | 494 | | 00:22:03 (487) | 00:45:38 | 00:44:13 |
| 528 | 1461 | Wiesław | Chojniak | Poznań | CYBINA TEAM | 1973 | M40 | 105 | 495 | | 00:22:53 (663) | 00:45:39 | 00:45:28 |
| 529 | 1383 | Robert | Waleriańczyk | Strumiany | Morsy Swarzędz | 1980 | M35 | 101 | 496 | | 00:23:12 (730) | 00:45:41 | 00:45:41 |
| 530 | 3648 | Dawid | Tritt | Poznań | CYBINA TEAM | 1984 | M30 | 66 | 497 | | 00:21:57 (470) | 00:45:41 | 00:45:41 |
| 531 | 2865 | Marek | Markiewicz | Poznań | | 1969 | M45 | 46 | 498 | | 00:22:13 (519) | 00:45:41 | 00:45:09 |
| 532 | 3107 | Marian | Poczta | Krotoszyn | KS KROTOSZ KROTOSZYN | 1965 | M50 | 25 | 499 | | 00:22:33 (587) | 00:45:42 | 00:45:42 |
| 533 | 1003 | Maciej | Galewski | Psarskie | | 1978 | M35 | 102 | 500 | | 00:22:15 (526) | 00:45:42 | 00:45:24 |
| 534 | 1727 | Witold | Martynowski | Rogozino | Sokół Bodzanów | 1969 | M45 | 47 | 501 | | 00:22:20 (546) | 00:45:43 | 00:45:26 |
| 535 | 4025 | Maciej | Jarosz | Poznań | Torq Polska | 1986 | M30 | 67 | 502 | | 00:21:23 (354) | 00:45:44 | 00:45:30 |
| 536 | 2798 | Renata | Kasica | Daszewice | rownowaznia.pl | 1978 | K35 | 7 | | 34 | 00:21:58 (476) | 00:45:44 | 00:45:32 |
| 537 | 514 | Sebastian | Golczak | Komorniki | KGB Grzmot Komorniki | 1976 | M40 | 106 | 503 | | 00:22:06 (494) | 00:45:45 | 00:45:15 |
| 538 | 686 | Damian | Osmański | Poznań | Jeżyce biegają | 1978 | M35 | 103 | 504 | | 00:21:49 (444) | 00:45:45 | 00:45:14 |
| 539 | 2108 | Agnieszka | Czeraniak | Poznań | Piątkowo na Biegowo | 1976 | K40 | 3 | | 35 | 00:22:46 (639) | 00:45:45 | 00:45:45 |
| 540 | 2121 | Daniel | Myszkowski | Wieleń | Tarzań Wrzeszczyna | 1990 | M25 | 81 | 505 | | 00:21:47 (436) | 00:45:47 | 00:45:13 |
| 541 | 491 | Grzegorz | Kuzyszczko | Głogów | niezrzeszony-emeryt | 1950 | M65 | 4 | 506 | | 00:22:48 (647) | 00:45:49 | 00:45:49 |
| 542 | 1416 | Grzegorz | Foć | Zalasewo | Volkswagen Poznań | 1976 | M40 | 107 | 506 | | 00:21:24 (359) | 00:45:49 | 00:45:17 |
| 543 | 1775 | Marcin | Filipiak | Zalasewo | CYBINA TEAM | 1984 | M30 | 68 | 508 | | 00:21:57 (471) | 00:45:49 | 00:45:49 |
| 544 | 246 | Tomasz | Stelmach | Swarzędz | | 1973 | M40 | 108 | 509 | | 00:21:40 (419) | 00:45:51 | 00:45:20 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|-----------------|---------------------|-----------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 545 | 3498 | Grzegorz | Grabowski | Trzemeszno | Fundacja Aktywne Trzemeszno | 1965 | M50 | 26 | 510 | | 00:22:32 (582) | 00:45:51 | 00:45:25 |
| 546 | 3639 | Michał | Rzepecki | Poznań | | 1977 | M35 | 104 | 511 | | 00:21:56 (467) | 00:45:52 | 00:45:48 |
| 547 | 2093 | Tomasz | Grykiel | Poznan | KS Julian | 1980 | M35 | 105 | 512 | | 00:23:09 (720) | 00:45:53 | 00:45:53 |
| 548 | 2400 | Zdzisław | Urbańczyk | Poznań | SZS WIELKOPOLSKA | 1957 | M55 | 20 | 513 | | 00:22:35 (595) | 00:45:54 | 00:45:30 |
| 549 | 3035 | Piotr | Piwecki | Kopanica | | 1991 | M25 | 82 | 514 | | 00:22:47 (643) | 00:45:54 | 00:45:54 |
| 550 | 2967 | Błażej | Drobnik | Opalenica | Promień Opalenica | 1987 | M25 | 83 | 515 | | 00:22:12 (517) | 00:45:55 | 00:45:33 |
| 551 | 182 | Krzysztof | Żukiewicz | Poznań | Wilda Biega | 1973 | M40 | 109 | 516 | | 00:21:51 (450) | 00:45:56 | 00:45:03 |
| 552 | 3276 | Dariusz | Kęsy | Swarzędz | | 1983 | M30 | 69 | 517 | | 00:22:33 (588) | 00:45:56 | 00:45:56 |
| 553 | 1293 | Jarosław | Rosa | Poznań | Maratończyk Poznań | 1976 | M40 | 110 | 518 | | 00:21:55 (462) | 00:45:57 | 00:45:25 |
| 554 | 131 | Przemko | Karpiński | Suchy Las | Suchy Las | 1980 | M35 | 106 | 519 | | 00:21:49 (445) | 00:45:57 | 00:45:41 |
| 555 | 1165 | Andrzej | Rogaczewski | ŚREM | | 1973 | M40 | 111 | 520 | | 00:22:15 (527) | 00:45:57 | 00:45:26 |
| 556 | 2751 | Jędrzej | Neumann | Poznań | CYBINA TEAM | 1984 | M30 | 70 | 521 | | 00:22:34 (591) | 00:45:58 | 00:45:37 |
| 557 | 3087 | Jacek | Więcek | Poznań | | 1960 | M55 | 21 | 522 | | 00:22:12 (518) | 00:45:58 | 00:45:39 |
| 558 | 2366 | Marek | Wozniak | kolo | florian chojnice | 1961 | M55 | 22 | 523 | | 00:22:26 (564) | 00:45:59 | 00:45:34 |
| 559 | 1246 | Andrzej | Narloch | Poznań | Charty z Chartowa | 1969 | M45 | 48 | 524 | | 00:22:02 (486) | 00:45:59 | 00:45:39 |
| 560 | 405 | Tomasz | Machiński | Gniezno | | 1988 | M25 | 84 | 525 | | 00:21:43 (427) | 00:46:00 | 00:45:52 |
| 561 | 101 | Łukasz | Frankowski | Poznań | | 1982 | M30 | 71 | 526 | | 00:22:09 (504) | 00:46:00 | 00:45:39 |
| 562 | 904 | Piotr | Ostrowicki | Poznań | OBUWIE SWARZĘDZ RYNEK 12 | 1971 | M45 | 49 | 527 | | 00:22:52 (660) | 00:46:00 | 00:45:05 |
| 563 | 3531 | Zbigniew | Zugehoer | Poznań | Goggle Pro Active Eyewear | 1974 | M40 | 112 | 528 | | 00:23:06 (709) | 00:46:01 | 00:46:01 |
| 564 | 3348 | Piotr | Hudowicz | Poznań | | 1992 | M20 | 29 | 529 | | 00:22:33 (589) | 00:46:02 | 00:46:02 |
| 565 | 952 | Stanisław | Mielczarek | Kalisz | | 1957 | M55 | 23 | 530 | | 00:22:35 (596) | 00:46:04 | 00:46:04 |
| 566 | 1627 | Artur | Fliszkiewicz | Swarzędz | MJDOP | 1981 | M35 | 107 | 531 | | 00:23:13 (736) | 00:46:05 | 00:46:05 |
| 567 | 3785 | Miłosz | Willer | Poznań | Elektro-Tech Miłosz Willer | 1981 | M35 | 108 | 532 | | 00:23:29 (794) | 00:46:07 | 00:46:07 |
| 568 | 3878 | Michał | Zabizak | Miłosław | Miłosław Biega | 1988 | M25 | 85 | 533 | | 00:22:50 (656) | 00:46:08 | 00:45:28 |
| 569 | 2351 | Marek | Stachowiak | Rokietnica | Rokietnica Biega | 1978 | M35 | 109 | 534 | | 00:22:54 (666) | 00:46:09 | 00:45:30 |
| 570 | 439 | Joanna | Woźniak-Cieślar | Żary | KPP Żary | 1975 | K40 | 4 | | 36 | 00:22:45 (636) | 00:46:09 | 00:45:47 |
| 571 | 2649 | Jacek | Strabel | Komorniki | | 1980 | M35 | 110 | 535 | | 00:23:05 (705) | 00:46:10 | 00:46:10 |
| 572 | 592 | Piotr | Woźniak | Luboń | | 1981 | M35 | 111 | 536 | | 00:23:21 (768) | 00:46:10 | 00:46:10 |
| 573 | 1319 | Maciej | Namysł | Koźmin wielkopolski | Koźmin Biega | 1979 | M35 | 112 | 537 | | 00:22:41 (610) | 00:46:10 | 00:45:40 |
| 574 | 3713 | Władysław | Przybył | Środa Wielkopolska | Aktywni Środa Wielkopolska | 1962 | M50 | 27 | 538 | | 00:22:18 (538) | 00:46:11 | 00:46:06 |
| 575 | 2512 | Tomasz | Grzelka | Śrem | Runners Power | 1978 | M35 | 113 | 539 | | 00:22:27 (568) | 00:46:12 | 00:45:45 |
| 576 | 662 | Łukasz | Szczepaniak | Pobiedziska | .pobiedziska running team | 1981 | M35 | 114 | 540 | | 00:22:48 (648) | 00:46:12 | 00:45:42 |
| 577 | 716 | Tadeusz | Koroński | Poznań | | 1970 | M45 | 50 | 541 | | 00:23:06 (710) | 00:46:12 | 00:46:12 |
| 578 | 3552 | Paweł | Duda | Poznań | Rokietnica Biega | 1983 | M30 | 72 | 542 | | 00:22:46 (640) | 00:46:13 | 00:45:35 |
| 579 | 3378 | Przemek | Pawłowski | Siekierki Wielkie | | 1977 | M35 | 115 | 543 | | 00:21:39 (414) | 00:46:14 | 00:46:03 |
| 580 | 3447 | Krzysztof | Szelejewski | Strzalkowo | Pasjonaci słupca | 1992 | M20 | 30 | 544 | | 00:21:19 (345) | 00:46:16 | 00:46:07 |
| 581 | 2837 | Marcin | Wojtkowiak | koźmin wielkopolski | Koźmin Biega | 1978 | M35 | 116 | 545 | | 00:22:20 (547) | 00:46:17 | 00:45:48 |
| 582 | 2023 | Wojciech | Oczkoś | Poznań | CityZen Poznań | 1982 | M30 | 73 | 546 | | 00:22:03 (488) | 00:46:17 | 00:46:04 |
| 583 | 1240 | Maciej | Kiciński | Poznań | | 1980 | M35 | 117 | 547 | | 00:22:30 (576) | 00:46:17 | 00:45:57 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|--------------|--|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 584 | 278 | Łukasz | Nowacki | Poznań | T-Mobile Running Team | 1984 | M30 | 74 | 548 | | 00:22:48 (649) | 00:46:18 | 00:46:18 |
| 585 | 2353 | Wojciech | Podlecki | Rokietnica | Rokietnica Biega | 1983 | M30 | 75 | 549 | | 00:21:48 (443) | 00:46:24 | 00:44:10 |
| 586 | 2326 | Tomasz | Wozniak | Pępowo | | 1989 | M25 | 86 | 550 | | 00:22:20 (548) | 00:46:24 | 00:45:31 |
| 587 | 2562 | Oskar | Gałka | Poznań | Sii | 1984 | M30 | 76 | 551 | | 00:24:09 (966) | 00:46:24 | 00:46:24 |
| 588 | 2397 | Michał | Karolczak | Poznań | | 1976 | M40 | 113 | 552 | | 00:23:08 (717) | 00:46:25 | 00:46:25 |
| 589 | 771 | Marcin | Walkowski | Gniezno | NO EXCUSES TEAM | 1991 | M25 | 87 | 553 | | 00:21:59 (481) | 00:46:26 | 00:46:05 |
| 590 | 2965 | Radostaw | Tomczykowski | Września | | 1972 | M40 | 114 | 554 | | 00:22:34 (592) | 00:46:27 | 00:46:08 |
| 591 | 19 | Andrzej | Juskowiak | Poznań | PZU Sport Team | 1976 | M40 | 115 | 555 | | 00:22:01 (483) | 00:46:29 | 00:46:25 |
| 592 | 3607 | Piotr | Grześ | Kostrzyn | goggle | 1988 | M25 | 88 | 556 | | 00:21:23 (355) | 00:46:30 | 00:46:23 |
| 593 | 1212 | Wojciech | Mroszyński | Poznań | Night Runners | 1989 | M25 | 89 | 557 | | 00:23:29 (795) | 00:46:30 | 00:46:30 |
| 594 | 292 | Jarosław | Dominiak | Zalasewo | | 1985 | M30 | 77 | 558 | | 00:22:43 (618) | 00:46:31 | 00:46:07 |
| 595 | 1860 | Krzysztof | Deleka | Pleszew | | 1982 | M30 | 78 | 559 | | 00:22:06 (495) | 00:46:31 | 00:45:47 |
| 596 | 3613 | Piotr | Kapciński | Poznań | OLB | 1984 | M30 | 79 | 560 | | 00:22:25 (562) | 00:46:33 | 00:46:33 |
| 597 | 3570 | Grzegorz | Lewandowski | Szydłowo | Stowarzyszenie Biegaczy Gminy Szydłowo | 1976 | M40 | 116 | 561 | | 00:22:19 (543) | 00:46:34 | 00:46:22 |
| 598 | 2854 | Adam | Nowak | Poznań | | 1980 | M35 | 118 | 562 | | 00:22:34 (593) | 00:46:34 | 00:46:09 |
| 599 | 1147 | Wojtek | Hrab | Poznań | CYBINA TEAM | 1982 | M30 | 80 | 563 | | 00:23:27 (783) | 00:46:34 | 00:46:34 |
| 600 | 2057 | Jakub | Ginter | Śrem | | 1987 | M25 | 90 | 564 | | 00:22:07 (497) | 00:46:35 | 00:46:18 |
| 601 | 3391 | Adam | Bosy | Poznań | checktheairport.com | 1988 | M25 | 91 | 565 | | 00:22:58 (685) | 00:46:35 | 00:46:24 |
| 602 | 1776 | Mateusz | Zawodny | Luboń | CYBINA TEAM | 1986 | M30 | 81 | 566 | | 00:22:54 (667) | 00:46:36 | 00:46:17 |
| 603 | 535 | Zbigniew | Pelczar | Przeźmierowo | | 1973 | M40 | 117 | 567 | | 00:22:23 (557) | 00:46:36 | 00:46:15 |
| 604 | 1584 | Piotr | Nowaczyk | Środa Wlkp. | Polonia Środa | 1977 | M35 | 119 | 568 | | 00:22:08 (498) | 00:46:36 | 00:46:02 |
| 605 | 2141 | Paweł | Kafarski | poznań | kafarteam | 1960 | M55 | 24 | 569 | | 00:22:53 (664) | 00:46:37 | 00:46:37 |
| 606 | 369 | Paweł | Pawelec | Nowy Tomyśl | BMW-Pawelec Motorsport | 1977 | M35 | 120 | 570 | | 00:22:36 (598) | 00:46:39 | 00:46:29 |
| 607 | 600 | Marian | Sadowski | Złotów | | 1970 | M45 | 51 | 571 | | 00:23:10 (723) | 00:46:39 | 00:45:58 |
| 608 | 2475 | Łukasz | Kołodziej | Ludomy | Biegaj z WSL | 1993 | M20 | 31 | 572 | | 00:22:58 (686) | 00:46:41 | 00:45:27 |
| 609 | 2209 | Krzysztof | Bruss | Zalasewo | Drużyna Szpiku | 1971 | M45 | 52 | 573 | | 00:22:28 (569) | 00:46:42 | 00:46:15 |
| 610 | 2138 | Jacek | Rejniak | Poznań | | 1988 | M25 | 92 | 574 | | 00:21:53 (453) | 00:46:42 | 00:46:24 |
| 611 | 802 | Marcin | Radczak | Poznań | Maratończyk Poznań | 1982 | M30 | 82 | 575 | | 00:23:35 (816) | 00:46:43 | 00:46:43 |
| 612 | 3987 | Mikołaj | Pietz | Poznań | Parkrun Poznań | 1979 | M35 | 121 | 576 | | 00:21:47 (437) | 00:46:44 | 00:46:29 |
| 613 | 2525 | Marcin | Tajchert | Wolsztyn | | 1978 | M35 | 122 | 577 | | 00:22:30 (577) | 00:46:44 | 00:46:19 |
| 614 | 3437 | Jerzy | Herbert | Poznań | | 1949 | M65 | 5 | 578 | | 00:22:44 (629) | 00:46:45 | 00:46:32 |
| 615 | 1025 | Przemysław | Twardowski | Koziegłowy | | 1977 | M35 | 123 | 579 | | 00:22:48 (650) | 00:46:46 | 00:46:07 |
| 616 | 2968 | Błażej | Nowak | Witkowo | 33BLTr | 1987 | M25 | 93 | 580 | | 00:22:48 (651) | 00:46:47 | 00:45:46 |
| 617 | 2820 | Arkadiusz | Zmyślony | KOŹMIN WLKP. | AGK Koźmin Wlkp. | 1968 | M45 | 53 | 581 | | 00:23:08 (718) | 00:46:47 | 00:45:45 |
| 618 | 1093 | Hubert | Michalak | Drzymałowo | Niagara fitness club | 1997 | M16 | 16 | 582 | | 00:22:45 (637) | 00:46:49 | 00:46:30 |
| 619 | 3205 | Agata | Oszmałek | Wronki | agatosz.blog.pl | 1986 | K30 | 13 | | 37 | 00:22:36 (599) | 00:46:50 | 00:46:45 |
| 620 | 911 | Dominik | Pempera | Poznań | | 1987 | M25 | 94 | 583 | | 00:23:55 (894) | 00:46:51 | 00:46:51 |
| 621 | 2893 | Jarosław | Frankowski | Zagórów | | 1970 | M45 | 54 | 584 | | 00:22:55 (672) | 00:46:54 | 00:46:19 |
| 622 | 3901 | Daniel | Hildebrand | Zalasewo | Jak muszę to biegnę :) | 1979 | M35 | 124 | 585 | | 00:23:01 (693) | 00:46:55 | 00:46:55 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|------------------|------------------------|--------------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 623 | 2815 | Jarosław | Giel | Nowy Tomyśl | | 1986 | M30 | 83 | 586 | | 00:22:43 (619) | 00:46:55 | 00:46:35 |
| 624 | 3968 | Sebastian | Reszela | Pleszew | | 1981 | M35 | 125 | 587 | | 00:22:13 (520) | 00:46:55 | 00:46:50 |
| 625 | 780 | Artur | Pietrzak | Swarzędz | CYBINA TEAM | 1973 | M40 | 118 | 588 | | 00:23:03 (699) | 00:46:55 | 00:46:55 |
| 626 | 1013 | Edward | Gołębiwski | Pobiedziska | TKKF Płomień Pobiedziska | 1950 | M65 | 6 | 589 | | 00:22:41 (611) | 00:46:56 | 00:46:34 |
| 627 | 384 | Rafał | Przysiek | Swarzędz | CYBINA TEAM | 1981 | M35 | 126 | 590 | | 00:22:41 (612) | 00:46:57 | 00:46:29 |
| 628 | 95 | Olaf | Kowalski | Poznań | F5 Konsulting | 1985 | M30 | 84 | 591 | | 00:22:40 (608) | 00:46:57 | 00:46:48 |
| 629 | 2643 | Łukasz | Kasperczak | Poznań | QUAY POZNAŃ | 1990 | M25 | 95 | 592 | | 00:22:56 (677) | 00:46:58 | 00:46:58 |
| 630 | 3541 | Jarosław | Nikodemiak | Swarzędz | MJDOP | 1976 | M40 | 119 | 593 | | 00:24:19 (1006) | 00:46:58 | 00:46:58 |
| 631 | 3782 | Wojciech | Ochenduszk | Zalasewo | | 1974 | M40 | 120 | 594 | | 00:22:48 (652) | 00:46:58 | 00:46:58 |
| 632 | 3900 | Grzegorz | Pempera | Luboń | CYBINA TEAM | 1986 | M30 | 85 | 595 | | 00:22:23 (558) | 00:46:59 | 00:46:39 |
| 633 | 104 | Przemysław | Hoffmann | Złotkowo | | 1976 | M40 | 121 | 596 | | 00:23:05 (706) | 00:46:59 | 00:46:59 |
| 634 | 3056 | Dawid | Kaczmarek | Koziegłowy | | 1984 | M30 | 86 | 597 | | 00:22:35 (597) | 00:47:00 | 00:46:24 |
| 635 | 525 | Paweł | Stachecki | Swarzędz | | 1981 | M35 | 127 | 598 | | 00:23:39 (833) | 00:47:00 | 00:47:00 |
| 636 | 3360 | Szymon | Pankowski | ROKIETNICA | F5 Konsulting | 1983 | M30 | 87 | 599 | | 00:22:59 (687) | 00:47:00 | 00:46:50 |
| 637 | 1443 | Wojciech | Sterczewski | Poznań | New Qrde Balance | 1949 | M65 | 7 | 600 | | 00:23:12 (731) | 00:47:01 | 00:46:55 |
| 638 | 1804 | Marek | Sypniewski | Bydgoszcz | RodzinaPL | 1972 | M40 | 122 | 601 | | 00:23:29 (796) | 00:47:02 | 00:47:02 |
| 639 | 547 | Piotr | Pawlak | Poznań | PKO Bank Polski | 1975 | M40 | 123 | 602 | | 00:22:40 (609) | 00:47:02 | 00:46:18 |
| 640 | 90 | Rafał | Zamaro | Hanover | Polonia Hanover | 1977 | M35 | 128 | 603 | | 00:23:19 (760) | 00:47:02 | 00:46:59 |
| 641 | 1566 | Hubert | Sypniewski | Janowiec Wielkopolski | RodzinaPL | 1994 | M20 | 32 | 604 | | 00:23:30 (798) | 00:47:02 | 00:47:02 |
| 642 | 2857 | Zbigniew | Kosiński | Poznań | gRUNwald Team Poznań | 1975 | M40 | 124 | 605 | | 00:23:48 (869) | 00:47:03 | 00:47:03 |
| 643 | 1394 | Adrian | Krzyżaniak | Swarzędz | | 1984 | M30 | 88 | 606 | | 00:22:43 (620) | 00:47:04 | 00:46:31 |
| 644 | 3888 | Janusz | Morawski | Kołoźbrzeg | | 1969 | M45 | 55 | 607 | | 00:22:57 (681) | 00:47:05 | 00:44:03 |
| 645 | 3509 | Tomasz | Waraczewski | Gniezno | Harpagan Gniezno | 1990 | M25 | 96 | 608 | | 00:24:04 (939) | 00:47:05 | 00:47:05 |
| 646 | 3697 | Agnieszka | Andrzejewska | Puszczycow | Puszczyc | 1992 | K20 | 7 | | 38 | 00:24:23 (1021) | 00:47:05 | 00:47:05 |
| 647 | 3732 | Wojciech | Komorowski | Poznań | FALUBAZforthwin | 1988 | M25 | 97 | 609 | | 00:23:02 (696) | 00:47:06 | 00:46:09 |
| 648 | 397 | Piotr | Pawlik | Poznań | ENEA Serwis | 1987 | M25 | 98 | 610 | | 00:23:23 (772) | 00:47:06 | 00:46:12 |
| 649 | 2408 | Szymon | Szklarski | Kościan | | 1987 | M25 | 99 | 611 | | 00:22:28 (570) | 00:47:06 | 00:46:28 |
| 650 | 3340 | Mateusz | Tamas | Poznań | LFC Spółdzielnia Poznań | 1990 | M25 | 100 | 612 | | 00:22:01 (484) | 00:47:07 | 00:47:07 |
| 651 | 3265 | Piotr | Pacyński | Września | Maxcess Team Europe | 1988 | M25 | 101 | 613 | | 00:24:03 (934) | 00:47:08 | 00:47:08 |
| 652 | 1686 | Katarzyna | Golda Wojtkowiak | Sokolniki Gwiazdowskie | Norson/Kęsy team | 1982 | K30 | 14 | | 39 | 00:22:53 (665) | 00:47:08 | 00:46:15 |
| 653 | 2398 | Maciej | Kobyliński | Kobylnica | | 1990 | M25 | 102 | 614 | | 00:23:27 (784) | 00:47:09 | 00:46:49 |
| 654 | 1759 | Szymon | Brzozowski | Zalasewo | CYBINA TEAM | 1972 | M40 | 125 | 615 | | 00:23:03 (700) | 00:47:11 | 00:47:01 |
| 655 | 2330 | Michał | Janas | Gruszczyn | | 1998 | M16 | 17 | 616 | | 00:22:15 (528) | 00:47:12 | 00:44:52 |
| 656 | 2083 | Rafał | Peta | Luboń | | 1977 | M35 | 129 | 617 | | 00:21:25 (362) | 00:47:12 | 00:46:59 |
| 657 | 2230 | Dominik | Łastowski | Poznań | Lubuszanie Drezdenko | 1974 | M40 | 126 | 618 | | 00:22:43 (621) | 00:47:13 | 00:47:13 |
| 658 | 924 | Sebastian | Ciesielski | Poznań | Kibole w biegu | 1979 | M35 | 130 | 619 | | 00:22:09 (505) | 00:47:13 | 00:46:33 |
| 659 | 886 | Marcin | Wódkowski | Bydgoszcz | | 1994 | M20 | 33 | 620 | | 00:21:49 (446) | 00:47:14 | 00:47:06 |
| 660 | 631 | Tomek | Kaszyński | Luboń | | 1978 | M35 | 131 | 621 | | 00:23:19 (761) | 00:47:14 | 00:47:14 |
| 661 | 635 | Tomasz | Piątkowski | Plewiska | | 1974 | M40 | 127 | 622 | | 00:22:22 (552) | 00:47:15 | 00:46:50 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|--------------|--------------------|-----------------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 662 | 2047 | Krzysztof | Gorynia | Poznań | | 1974 | M40 | 128 | 623 | | 00:22:39 (604) | 00:47:15 | 00:46:40 |
| 663 | 27 | Andrzej | Szews | Jasin | PKO Bank Polski Tri | 1974 | M40 | 129 | 624 | | 00:23:53 (889) | 00:47:16 | 00:47:16 |
| 664 | 1179 | Grzegorz | Szydłowski | SWARZĘDZ | | 1958 | M55 | 25 | 625 | | 00:22:47 (644) | 00:47:16 | 00:46:36 |
| 665 | 2975 | Michał | Szmagalski | Turkowice | klub Biegacza Maraton Turek | 1991 | M25 | 103 | 626 | | 00:22:54 (668) | 00:47:18 | 00:45:40 |
| 666 | 2504 | Michał | Ogórkiewicz | Łęczycza | Comarch Poznań | 1974 | M40 | 130 | 627 | | 00:23:58 (904) | 00:47:18 | 00:47:18 |
| 667 | 2007 | Robert | Lampka | Tulce | | 1968 | M45 | 56 | 628 | | 00:22:39 (605) | 00:47:18 | 00:46:53 |
| 668 | 112 | Sebastian | Ryś | Tulce | | 1975 | M40 | 131 | 629 | | 00:22:54 (669) | 00:47:18 | 00:46:55 |
| 669 | 3822 | Bartosz | Gawarecki | Kostrzyn | | 1983 | M30 | 89 | 630 | | 00:23:22 (770) | 00:47:19 | 00:47:19 |
| 670 | 355 | Michał | Augustyniak | Poznań | | 1973 | M40 | 132 | 631 | | 00:22:26 (565) | 00:47:20 | 00:46:50 |
| 671 | 710 | Tomasz | Rybarczyk | Poznań | | 1974 | M40 | 133 | 632 | | 00:22:55 (673) | 00:47:20 | 00:47:08 |
| 672 | 1160 | Tomasz | Czaplicki | Poznań | | 1965 | M50 | 28 | 633 | | 00:22:41 (613) | 00:47:21 | 00:46:54 |
| 673 | 2198 | Dariusz | Skwaryło | Kórnik | Stoczniovec Poznań | 1982 | M30 | 90 | 634 | | 00:23:44 (849) | 00:47:22 | 00:47:22 |
| 674 | 1653 | Tomasz | Jaroni | Poznań | HANDEX POZNAŃ | 1977 | M35 | 132 | 635 | | 00:23:38 (827) | 00:47:22 | 00:47:22 |
| 675 | 713 | Maciej | Wojtkowiak | Poznań | | 1974 | M40 | 134 | 636 | | 00:23:30 (799) | 00:47:23 | 00:47:23 |
| 676 | 2942 | Leszek | Rajch | Września | | 1982 | M30 | 91 | 637 | | 00:22:31 (580) | 00:47:23 | 00:47:04 |
| 677 | 3676 | Szymon | Michalek | Cerekwica | | 1994 | M20 | 34 | 638 | | 00:23:14 (741) | 00:47:23 | 00:46:32 |
| 678 | 2361 | Łukasz | Siepielski | Poznań | | 1983 | M30 | 92 | 639 | | 00:23:38 (828) | 00:47:25 | 00:47:25 |
| 679 | 3768 | Tomasz | Wujec | Opalenica | OSP OPALENICA | 1999 | M16 | 18 | 640 | | 00:23:02 (697) | 00:47:25 | 00:47:25 |
| 680 | 1698 | Paweł | Szczepaniak | Wiórek | RBW Sp. z o. o. | 1970 | M45 | 57 | 641 | | 00:22:57 (682) | 00:47:25 | 00:47:15 |
| 681 | 842 | Hieronim | Wolniak | Swarzędz | | 1973 | M40 | 135 | 642 | | 00:22:23 (559) | 00:47:26 | 00:47:10 |
| 682 | 3275 | Zbigniew | Kłapa | Grodzisk Wlkp. | | 1952 | M60 | 11 | 643 | | 00:22:59 (688) | 00:47:27 | 00:46:48 |
| 683 | 3825 | Maciej | Karolewski | Zduny | Dziady Borowe | 1983 | M30 | 93 | 644 | | 00:24:34 (1074) | 00:47:27 | 00:47:27 |
| 684 | 3898 | Paweł | Schmidt | Poznan | | 1979 | M35 | 133 | 645 | | 00:23:15 (745) | 00:47:28 | 00:47:17 |
| 685 | 645 | Piotr | Kleiber | Lusówko | WUEF Tri Team | 1977 | M35 | 134 | 646 | | 00:22:51 (659) | 00:47:28 | 00:47:07 |
| 686 | 3436 | Łukasz | Szkuclarek | Poznań | | 1988 | M25 | 104 | 647 | | 00:22:24 (561) | 00:47:29 | 00:47:04 |
| 687 | 960 | Marcin | Jaworski | Poznań | | 1979 | M35 | 135 | 648 | | 00:22:32 (583) | 00:47:29 | 00:46:49 |
| 688 | 3982 | Zbyszko | Siekierczak | Poznań | | 1993 | M20 | 35 | 649 | | 00:23:17 (753) | 00:47:29 | 00:46:34 |
| 689 | 484 | Izabela | Budna | Głuchowo | KGB Grzmot Komorniki | 1973 | K40 | 5 | | 40 | 00:23:00 (690) | 00:47:30 | 00:47:21 |
| 690 | 1219 | Dariusz | Bulczak | Poznań | | 1975 | M40 | 136 | 650 | | 00:24:00 (911) | 00:47:31 | 00:47:31 |
| 691 | 3763 | Wojciech | Stalec | Środa Wlkp. | Polonia Środa | 1982 | M30 | 94 | 651 | | 00:22:29 (573) | 00:47:32 | 00:46:55 |
| 692 | 3709 | Grzegorz | Wujkowski | Rokietnica | Rokietnickie Skrzaty | 1982 | M30 | 95 | 652 | | 00:22:03 (489) | 00:47:33 | 00:46:54 |
| 693 | 3266 | Aron | Przybył | Chocz | KKB Finisz Kalisz | 1984 | M30 | 96 | 653 | | 00:23:03 (701) | 00:47:33 | 00:47:27 |
| 694 | 279 | Mateusz | Wieruszewski | Gniezno | UKS GNIEZNO BIEGA | 1980 | M35 | 136 | 654 | | 00:21:39 (415) | 00:47:33 | 00:46:41 |
| 695 | 2344 | Leszek | Wierzbicki | Środa Wlkp. | Polonia Środa | 1975 | M40 | 137 | 655 | | 00:22:29 (574) | 00:47:34 | 00:46:57 |
| 696 | 3586 | Jarosław | Krobski | Biskupice WLKP | | 1981 | M35 | 137 | 656 | | 00:22:56 (678) | 00:47:34 | 00:47:21 |
| 697 | 674 | Łukasz | Plewa | Swarzędz | | 1978 | M35 | 138 | 657 | | 00:23:47 (862) | 00:47:34 | 00:47:34 |
| 698 | 2720 | Maciej | Necel | Kraków | Straż Miejska Kraków | 1976 | M40 | 138 | 658 | | 00:21:58 (477) | 00:47:34 | 00:47:19 |
| 699 | 1023 | Piotr | Duląt | KOMORNIKI | KGB Grzmot Komorniki | 1967 | M45 | 58 | 659 | | 00:23:33 (808) | 00:47:35 | 00:46:30 |
| 700 | 3122 | Józef | Nowak | Czerlejko Kostrzyn | | 1969 | M45 | 58 | 659 | | 00:23:30 (800) | 00:47:35 | 00:46:47 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|--------------------|----------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 701 | 1033 | Jakub | Pawlaczyk | Poznań | DWL BANDA! | 1989 | M25 | 105 | 661 | | 00:23:57 (900) | 00:47:35 | 00:44:38 |
| 702 | 423 | Marek | Ptak | gniezno | | 1977 | M35 | 139 | 662 | | 00:23:07 (715) | 00:47:36 | 00:47:36 |
| 703 | 1053 | Rafał | Sosna | Gortatowo | | 1972 | M40 | 139 | 663 | | 00:23:04 (703) | 00:47:37 | 00:47:37 |
| 704 | 140 | Krzysztof | Orzechowski | Dąbrówka | Dzikie Wieprze | 1983 | M30 | 97 | 664 | | 00:22:41 (614) | 00:47:38 | 00:47:16 |
| 705 | 646 | Karol | Tomczak | Poznań | Naramowice Biegają | 1983 | M30 | 98 | 665 | | 00:22:19 (544) | 00:47:38 | 00:47:25 |
| 706 | 2213 | Arkadiusz | Radtko | Nowiny | | 1996 | M20 | 36 | 666 | | 00:23:00 (691) | 00:47:39 | 00:47:13 |
| 707 | 3331 | Szymon | Wach | poznań | | 1983 | M30 | 99 | 667 | | 00:23:34 (812) | 00:47:39 | 00:47:39 |
| 708 | 134 | Mateusz | Matuszak | Swarzędz | BOLS Swarzędz | 1991 | M25 | 106 | 668 | | 00:22:57 (683) | 00:47:39 | 00:47:03 |
| 709 | 2563 | Krzystian | Nowicki | Gniezno | | 1979 | M35 | 140 | 669 | | 00:23:11 (726) | 00:47:39 | 00:46:37 |
| 710 | 2324 | Aleksander | Majłowski | Gorzów Wlkp. | | 1950 | M65 | 8 | 670 | | 00:23:11 (727) | 00:47:40 | 00:47:09 |
| 711 | 797 | Zbigniew | Zajączkowski | Komorniki | Mamy Biegamy | 1981 | M35 | 141 | 671 | | 00:23:28 (789) | 00:47:40 | 00:47:40 |
| 712 | 3769 | Michał | Szarzyński | Środa Wielkopolska | Maratona do Rio 2017 | 1991 | M25 | 107 | 672 | | 00:22:19 (545) | 00:47:40 | 00:47:14 |
| 713 | 3038 | Henryk | Moczulski | Gniezno | VELUX | 1978 | M35 | 142 | 673 | | 00:24:02 (924) | 00:47:41 | 00:47:41 |
| 714 | 2764 | Ewa | Kaczmarek | Poznań | | 1989 | K25 | 5 | | 41 | 00:22:10 (510) | 00:47:42 | 00:47:37 |
| 715 | 3417 | Kamil | Kacprzak | Śrem | | 1993 | M20 | 37 | 674 | | 00:23:18 (758) | 00:47:43 | 00:47:12 |
| 716 | 34 | Krzysztof | Jakubiak | Poznań | Malta Poznań | 1954 | M60 | 12 | 675 | | 00:23:23 (773) | 00:47:43 | 00:47:40 |
| 717 | 1296 | Bartosz | Wesoły | Poznań | FitLine POWER Team | 1985 | M30 | 100 | 676 | | 00:22:05 (492) | 00:47:43 | 00:47:10 |
| 718 | 3193 | Łukasz | Wasilewski | Poznań | | 1992 | M20 | 38 | 677 | | 00:22:33 (590) | 00:47:43 | 00:47:43 |
| 719 | 1862 | Zbigniew | Naparty | Oborniki | | 1966 | M50 | 29 | 678 | | 00:23:08 (719) | 00:47:44 | 00:47:44 |
| 720 | 163 | Jarosław | Sowiński | Tulce | Tulce | 1963 | M50 | 30 | 679 | | 00:23:27 (785) | 00:47:44 | 00:47:44 |
| 721 | 3091 | Łukasz | Gmurowski | Otorowo | | 1982 | M30 | 101 | 680 | | 00:23:42 (845) | 00:47:45 | 00:47:45 |
| 722 | 2966 | Karol | Dziel | Trzemeszno | | 1980 | M35 | 143 | 681 | | 00:22:44 (630) | 00:47:46 | 00:47:18 |
| 723 | 2789 | Krzysztof | Wojciechowski | Czerwonak | | 1971 | M45 | 60 | 682 | | 00:23:23 (774) | 00:47:48 | 00:47:00 |
| 724 | 602 | Robert | Pieczynski | Poznań | | 1970 | M45 | 61 | 683 | | 00:23:12 (732) | 00:47:48 | 00:47:30 |
| 725 | 653 | Tomasz | Szczepaniak | Strzelno | | 1966 | M50 | 31 | 684 | | 00:23:27 (786) | 00:47:49 | 00:47:28 |
| 726 | 3986 | Maja | Wierzbicka | Zielona Góra | ZLKL Zielona Góra | 1999 | K16 | 1 | | 42 | 00:22:45 (638) | 00:47:50 | 00:47:20 |
| 727 | 3546 | Tadeusz | Filipów | Lębork | | 1949 | M65 | 9 | 685 | | 00:23:11 (728) | 00:47:51 | 00:47:51 |
| 728 | 344 | Sebatian | Brodowski | Swarzędz | | 1989 | M25 | 108 | 686 | | 00:23:48 (870) | 00:47:51 | 00:45:47 |
| 729 | 2896 | Łukasz | Białach | Zalasewo | Antares Zalasewo | 1988 | M25 | 109 | 687 | | 00:22:17 (533) | 00:47:51 | 00:45:24 |
| 730 | 1824 | Paweł | Śmiglak | Borówiec | | 1976 | M40 | 140 | 688 | | 00:22:22 (553) | 00:47:52 | 00:47:35 |
| 731 | 1751 | Marek | Prusinowski | Zalasewo | CYBINA TEAM | 1976 | M40 | 141 | 689 | | 00:23:15 (746) | 00:47:52 | 00:47:09 |
| 732 | 972 | Waldemar | Taranowski | Poznań | DEFRA | 1981 | M35 | 144 | 690 | | 00:23:14 (742) | 00:47:54 | 00:46:59 |
| 733 | 2657 | Agnieszka | Kijak | Robakowo | Parkrun Poznań | 1987 | K25 | 6 | | 43 | 00:23:07 (716) | 00:47:54 | 00:47:54 |
| 734 | 677 | Andrzej | Kraszkiewicz | Poznań | Sześciopak Poznań | 1982 | M30 | 102 | 691 | | 00:23:22 (771) | 00:47:55 | 00:47:55 |
| 735 | 1419 | Marcin | Borowczyk | Koźmin Wlkp. | Koźmin Biega | 1978 | M35 | 145 | 692 | | 00:22:48 (653) | 00:47:59 | 00:47:29 |
| 736 | 3976 | Mariusz | Nowak | Gniezno | | 1982 | M30 | 103 | 693 | | 00:23:24 (776) | 00:47:59 | 00:47:59 |
| 737 | 846 | Janusz | Marciniak | Kostrzyn | NKB Chyży | 1952 | M60 | 13 | 694 | | 00:23:46 (860) | 00:48:00 | 00:48:00 |
| 738 | 1571 | Olga | Wawrzaszek | Swarzędz | Krysiewicz | 1994 | K20 | 8 | | 44 | 00:23:31 (802) | 00:48:00 | 00:47:43 |
| 739 | 3250 | Radosław | Głowacki | Poznań | WSB Poznań | 1994 | M20 | 39 | 695 | | 00:22:55 (674) | 00:48:00 | 00:47:40 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-------------|------------------|----------------------|------|------|---------|-----|---|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 740 | 2786 | Janusz | Kupczak | Września | KB Kosynier Września | 1965 | M50 | 32 | 696 | | 00:22:46 (641) | 00:48:01 | 00:46:45 |
| 741 | 3606 | Mariusz | Dzija | Poznań | Naramowice Biegają | 1982 | M30 | 104 | 697 | | 00:24:28 (1040) | 00:48:02 | 00:48:02 |
| 742 | 3681 | Mikołaj | Kamiński | POZNAŃ | WALECZNE PSY | 1979 | M35 | 146 | 698 | | 00:22:26 (566) | 00:48:04 | 00:47:20 |
| 743 | 1169 | Mariusz | Stróżyńska | Paczkowo | UTAL | 1988 | M25 | 110 | 699 | | 00:26:10 (1588) | 00:48:05 | 00:48:05 |
| 744 | 1720 | Dariusz | Obuchowicz | Poznań | For Run Team | 1973 | M40 | 142 | 700 | | 00:23:12 (733) | 00:48:06 | 00:47:38 |
| 745 | 1846 | Sebastian | Kolibabka | Poznań | | 1977 | M35 | 147 | 701 | | 00:22:38 (601) | 00:48:06 | 00:48:06 |
| 746 | 1205 | Przemysław | Siebert | Luboń | KB Maniac Poznań | 1981 | M35 | 148 | 702 | | 00:24:23 (1022) | 00:48:07 | 00:47:51 |
| 747 | 1280 | Krzysztof | Siebert | Poznań | KB Maniac Poznań | 1955 | M60 | 14 | 703 | | 00:24:24 (1027) | 00:48:07 | 00:47:52 |
| 748 | 306 | Michał | Michalski | Swarzędz | | 1985 | M30 | 105 | 704 | | 00:23:16 (749) | 00:48:08 | 00:46:58 |
| 749 | 970 | Dawid | Lewandowski | Swarzędz | | 1987 | M25 | 111 | 705 | | 00:23:37 (819) | 00:48:09 | 00:47:35 |
| 750 | 3206 | Maciej | Tyran | Bolechówko | MSICS Poznań | 1970 | M45 | 62 | 706 | | 00:23:05 (707) | 00:48:09 | 00:47:54 |
| 751 | 655 | Maciej | Witkowiak | Luboń | | 1978 | M35 | 149 | 707 | | 00:23:34 (813) | 00:48:10 | 00:48:10 |
| 752 | 326 | Krzysztof | Koralewski | Poznań | | 1986 | M30 | 106 | 708 | | 00:24:05 (948) | 00:48:10 | 00:48:10 |
| 753 | 2928 | Sławomir | Nowicki | Swarzędz | | 1972 | M40 | 143 | 709 | | 00:22:54 (670) | 00:48:12 | 00:48:12 |
| 754 | 3299 | Miłosz | Gładych | Ujście | | 1989 | M25 | 112 | 710 | | 00:23:32 (806) | 00:48:12 | 00:47:19 |
| 755 | 2447 | Mateusz | Grajewski | Kostrzyn | | 1995 | M20 | 40 | 711 | | 00:26:03 (1553) | 00:48:13 | 00:48:13 |
| 756 | 1265 | Krzysztof | Walczak | Poznań | Night Runners | 1977 | M35 | 150 | 712 | | 00:22:38 (602) | 00:48:13 | 00:47:32 |
| 757 | 1587 | Mateusz | Jonak | środa wlkp | | 1987 | M25 | 113 | 713 | | 00:23:13 (737) | 00:48:14 | 00:48:14 |
| 758 | 2996 | Krzysztof | Grabowski | Poznań | | 1989 | M25 | 114 | 714 | | 00:23:20 (766) | 00:48:14 | 00:48:14 |
| 759 | 2903 | Adrian | Dukarski | Kostrzyn | Maratończyk Brzeźno | 1989 | M25 | 115 | 715 | | 00:26:04 (1559) | 00:48:14 | 00:48:14 |
| 760 | 308 | Mateusz | Nienadowski | Koziegłowy | | 1978 | M35 | 151 | 716 | | 00:23:27 (787) | 00:48:15 | 00:47:02 |
| 761 | 2844 | Tomasz | Nowak | Witkowo | Witkowo Biega | 1980 | M35 | 152 | 717 | | 00:23:47 (863) | 00:48:16 | 00:48:16 |
| 762 | 1756 | Damian | Schwanke | Swarzedz | CYBINA TEAM | 1992 | M20 | 41 | 718 | | 00:23:13 (738) | 00:48:16 | 00:47:19 |
| 763 | 2698 | Roman | Eichstaedt | Gniezno | | 1987 | M25 | 116 | 719 | | 00:24:02 (925) | 00:48:17 | 00:46:40 |
| 764 | 2620 | Tomasz | Sokołowski | Kraków | | 1976 | M40 | 144 | 720 | | 00:25:04 (1251) | 00:48:17 | 00:48:17 |
| 765 | 1096 | Bartosz | Przybysz | Swarzędz | | 1990 | M25 | 117 | 721 | | 00:24:26 (1035) | 00:48:18 | 00:48:18 |
| 766 | 443 | Zbyszek | Buszewski | Rakoniewice | | 1987 | M25 | 118 | 722 | | 00:22:47 (645) | 00:48:19 | 00:48:01 |
| 767 | 2113 | Dominik | Jędrzejko | Jasin | | 1984 | M30 | 107 | 723 | | 00:22:25 (563) | 00:48:19 | 00:45:41 |
| 768 | 3052 | Wojtek | Matuszyński | Swarzędz | Unia Swarzędz Zapasy | 1994 | M20 | 42 | 724 | | 00:22:08 (499) | 00:48:19 | 00:46:47 |
| 769 | 3127 | Bartosz | Nojmann | Wieleń | | 1989 | M25 | 119 | 725 | | 00:24:06 (956) | 00:48:20 | 00:47:39 |
| 770 | 2489 | Bartosz | Nowicki | Pleszew | | 1981 | M35 | 153 | 726 | | 00:22:43 (622) | 00:48:20 | 00:47:36 |
| 771 | 1715 | Paweł | Paszczak | Poznań | Hernik Team | 1981 | M35 | 154 | 727 | | 00:24:22 (1019) | 00:48:20 | 00:48:20 |
| 772 | 497 | Andrzej | Grupa | Poznań | Wilda Biega | 1977 | M35 | 155 | 728 | | 00:24:24 (1028) | 00:48:21 | 00:48:21 |
| 773 | 2780 | Przemysław | Sobkowiak | Poznań | | 1977 | M35 | 156 | 729 | | 00:23:16 (750) | 00:48:21 | 00:48:21 |
| 774 | 1963 | Przemysław | Marciniak | PLESZEW | Team pleszew | 1976 | M40 | 145 | 730 | | 00:23:44 (850) | 00:48:21 | 00:46:45 |
| 775 | 2539 | Dominik | Wegner | Swarzędz | | 1983 | M30 | 108 | 731 | | 00:23:03 (702) | 00:48:22 | 00:47:08 |
| 776 | 2104 | Tomasz | Staby | Poznań | Goggle PAE Team | 1969 | M45 | 63 | 732 | | 00:23:18 (759) | 00:48:24 | 00:47:43 |
| 777 | 758 | Michał | Suchacki | Tarnowo Podgórne | | 1989 | M25 | 120 | 733 | | 00:24:06 (957) | 00:48:24 | 00:48:24 |
| 778 | 3110 | Michał | Czajka | Poznań | | 1981 | M35 | 157 | 734 | | 00:23:37 (820) | 00:48:25 | 00:47:42 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|---------------|--------------------|--------------------|----------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 779 | 2594 | Andrzej | Wyganowski | Kołobrzeg | KB Wygan | 1945 | M70 | 2 | 735 | | 00:23:47 (864) | 00:48:25 | 00:47:44 |
| 780 | 2716 | Kevin | Davidson | Poznan | | 1995 | M20 | 43 | 736 | | 00:24:20 (1013) | 00:48:25 | 00:48:25 |
| 781 | 689 | Krystian | Leżała | Środa Wielkopolska | | 1981 | M35 | 158 | 737 | | 00:22:39 (606) | 00:48:26 | 00:47:45 |
| 782 | 3354 | Robert | Polaczek | Swarzędz | Parkrun Poznań | 1973 | M40 | 146 | 738 | | 00:24:04 (940) | 00:48:26 | 00:48:11 |
| 783 | 2617 | Marcin | Zduniewicz | oborniki wlkp | | 1978 | M35 | 159 | 739 | | 00:23:05 (708) | 00:48:27 | 00:47:54 |
| 784 | 2346 | Grzegorz | Mikołajewicz | Poznań | | 1978 | M35 | 160 | 740 | | 00:23:28 (790) | 00:48:28 | 00:47:58 |
| 785 | 2528 | Adam | Perła | Poznań | Naramowice Biegają | 1977 | M35 | 161 | 741 | | 00:24:28 (1041) | 00:48:28 | 00:48:28 |
| 786 | 3220 | Piotr | Mrowicki | Kościelna Wieś | SUPERMARATON KALISZ | 1967 | M45 | 64 | 742 | | 00:23:27 (788) | 00:48:28 | 00:48:03 |
| 787 | 2680 | Michał | Judkowiak | Poznań | | 1979 | M35 | 162 | 743 | | 00:22:46 (642) | 00:48:29 | 00:46:37 |
| 788 | 3316 | Alicja | Bogalecka-Pabisiak | Poznań | | 1988 | K25 | 7 | | 45 | 00:23:15 (747) | 00:48:30 | 00:47:46 |
| 789 | 1886 | Bartosz | Jędrzejczak | Siekierki Wielkie | Kompania Piwowarska | 1977 | M35 | 163 | 744 | | 00:22:41 (615) | 00:48:30 | 00:47:59 |
| 790 | 1255 | Bartosz | Myszkiewicz | Miłostaw | 2plus2 Września Team | 1972 | M40 | 147 | 745 | | 00:23:26 (781) | 00:48:30 | 00:47:49 |
| 791 | 3166 | Michał | Jankowski | Zalasewo | | 1986 | M30 | 109 | 746 | | 00:23:28 (791) | 00:48:32 | 00:47:44 |
| 792 | 3059 | Dariusz | Witkowski | Gniezno | Prymus Healthy Team | 1981 | M35 | 164 | 747 | | 00:22:49 (654) | 00:48:32 | 00:47:56 |
| 793 | 1595 | Maciej | Antkowiak | Oborniki | OSP USCİKOWO | 1979 | M35 | 165 | 748 | | 00:23:39 (834) | 00:48:32 | 00:47:49 |
| 794 | 2034 | Radosław | Kozanecki | Jankowo Dolne | VELUX | 1976 | M40 | 148 | 749 | | 00:25:25 (1350) | 00:48:33 | 00:48:33 |
| 795 | 1735 | Bartłomiej | Pluta | Poznań | | 1986 | M30 | 110 | 750 | | 00:22:17 (534) | 00:48:34 | 00:48:21 |
| 796 | 3553 | Przemysław | Kolański | Poznań | | 1986 | M30 | 111 | 751 | | 00:23:39 (835) | 00:48:34 | 00:47:15 |
| 797 | 878 | Michał | Nowacki | Poznań | | 1979 | M35 | 166 | 752 | | 00:23:42 (846) | 00:48:36 | 00:48:36 |
| 798 | 752 | Piotr | Nawrot | Poznań | | 1976 | M40 | 149 | 753 | | 00:23:20 (767) | 00:48:37 | 00:47:57 |
| 799 | 1597 | Janusz | Marciniak | Poznań | Night Runners | 1975 | M40 | 150 | 754 | | 00:23:16 (751) | 00:48:37 | 00:48:01 |
| 800 | 2287 | Robert | Stołowski | Wieleń | Amica | 1976 | M40 | 151 | 755 | | 00:23:32 (807) | 00:48:37 | 00:48:08 |
| 801 | 2410 | Michał | Durzyński | Poznań | Night Runners | 1983 | M30 | 112 | 756 | | 00:24:29 (1047) | 00:48:39 | 00:48:39 |
| 802 | 478 | Grzegorz | Serek | Poznań | enduhub-running-team | 1975 | M40 | 152 | 757 | | 00:22:32 (584) | 00:48:39 | 00:48:16 |
| 803 | 3361 | Szymon Rudolf | Galiński | ROKIETNICA | F5 Konsulting | 1987 | M25 | 121 | 758 | | 00:23:02 (698) | 00:48:39 | 00:48:30 |
| 804 | 2342 | Paulina | Andrzejewska | Poznań | MUD GOATS | 1988 | K25 | 8 | | 46 | 00:24:29 (1048) | 00:48:39 | 00:48:39 |
| 805 | 1248 | Filip | Dworczak | Poznań | | 1982 | M30 | 113 | 759 | | 00:23:25 (778) | 00:48:40 | 00:46:54 |
| 806 | 1134 | Paweł | Wojciechowski | Swarzedz | KĘSY TEAM | 1977 | M35 | 167 | 760 | | 00:23:33 (809) | 00:48:40 | 00:47:46 |
| 807 | 3875 | Damian | Zachmyc | Poznań | | 1984 | M30 | 114 | 761 | | 00:22:18 (539) | 00:48:40 | 00:46:04 |
| 808 | 3757 | Adam | Łuczak | Zalasewo | DIAGNOSIS team | 1976 | M40 | 153 | 762 | | 00:23:37 (821) | 00:48:41 | 00:47:59 |
| 809 | 1118 | Robert | Szcześniak | Potasze | | 1965 | M50 | 33 | 763 | | 00:23:40 (837) | 00:48:41 | 00:48:41 |
| 810 | 499 | Marek | Michałowicz | Swarzędz | | 1987 | M25 | 122 | 764 | | 00:23:38 (829) | 00:48:42 | 00:48:09 |
| 811 | 1542 | Szymon | Szmyt | LWÓWEK | | 1967 | M45 | 65 | 765 | | 00:23:13 (739) | 00:48:44 | 00:47:58 |
| 812 | 262 | Tomasz | Piechota | Jasin | | 1973 | M40 | 154 | 766 | | 00:23:10 (724) | 00:48:45 | 00:48:24 |
| 813 | 789 | Krzysztof | Witkowski | poznań | fabryka formy | 1983 | M30 | 115 | 767 | | 00:25:03 (1245) | 00:48:45 | 00:48:45 |
| 814 | 3287 | Dariusz | Witczak | Poznań | Poznań | 1969 | M45 | 66 | 768 | | 00:24:08 (963) | 00:48:47 | 00:48:47 |
| 815 | 3554 | Wiesław | Nowak | Skoki | UKS SKOCZEK Skoki | 1962 | M50 | 34 | 769 | | 00:24:02 (926) | 00:48:47 | 00:48:35 |
| 816 | 121 | Jarosław | Jóźwiak | Kobylnica | | 1976 | M40 | 155 | 770 | | 00:23:25 (779) | 00:48:48 | 00:47:01 |
| 817 | 486 | Tomasz | Pluciński | Poznań | | 1980 | M35 | 168 | 771 | | 00:24:27 (1037) | 00:48:49 | 00:48:49 |

V Bieg 10km Szpot Swarzędz

Organizator: Szpot Sp. z o.o. i Ewa Szpot Sp. z o.o.

Dystans: 10km

Swarzędz, 2016-05-08



Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|---------------------|--------------------|--------------------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 818 | 3776 | Andrzej | Kuźma | Poznań | FAR Kuba Team | 1961 | M55 | 26 | 772 | | 00:23:26 (782) | 00:48:49 | 00:48:17 |
| 819 | 3257 | Piotr | Kloskowski | Poznań | Budimex | 1991 | M25 | 123 | 773 | | 00:24:04 (941) | 00:48:49 | 00:48:18 |
| 820 | 122 | Maciej | Węglowski | ŚRODA WLKP | | 1971 | M45 | 67 | 774 | | 00:22:31 (581) | 00:48:50 | 00:48:50 |
| 821 | 3958 | Daniel | Piętka | Poznań | Zgrupka Team | 1977 | M35 | 169 | 775 | | 00:24:09 (967) | 00:48:50 | 00:47:58 |
| 822 | 459 | Łukasz | Wiza | Luboń | | 1981 | M35 | 170 | 776 | | 00:23:58 (905) | 00:48:51 | 00:47:55 |
| 823 | 3199 | Marcin | Guszczyński | Żydowo | | 1985 | M30 | 116 | 777 | | 00:22:38 (603) | 00:48:51 | 00:47:49 |
| 824 | 3089 | Anna | Budner | Gruszczyn | KB UE Poznań | 1996 | K20 | 9 | | 47 | 00:24:09 (968) | 00:48:51 | 00:47:57 |
| 825 | 2163 | Jarosław | Bodnar | Swarzędz | | 1975 | M40 | 156 | 778 | | 00:24:03 (935) | 00:48:51 | 00:48:51 |
| 826 | 2078 | Kacper | Szadziński | Złotów | | 1998 | M16 | 19 | 779 | | 00:23:00 (692) | 00:48:53 | 00:48:27 |
| 827 | 2014 | Tomasz | Nejman | Swarzędz | | 1974 | M40 | 157 | 780 | | 00:23:14 (743) | 00:48:54 | 00:47:47 |
| 828 | 2547 | Krzysztof | Brzeziński | Kostrzyn Wlkp. | KM PSP Poznań | 1984 | M30 | 117 | 781 | | 00:22:43 (623) | 00:48:55 | 00:48:33 |
| 829 | 2313 | Daniel | Wojtalak | Buk | Bukowski Klub Biegacza | 1990 | M25 | 124 | 782 | | 00:25:32 (1393) | 00:48:56 | 00:48:56 |
| 830 | 1286 | Krzysztof | Krawczyk | MALANÓW | KB Maraton Turek | 1974 | M40 | 158 | 783 | | 00:23:06 (711) | 00:48:56 | 00:47:56 |
| 831 | 410 | Patrycja | Grzeszczyk | Dąbrówka | Świat Biegacza Fehlau Run Team | 1988 | K25 | 9 | | 48 | 00:23:12 (734) | 00:48:57 | 00:48:57 |
| 832 | 3112 | Wojciech | Kośniewski | Gruszczyn | | 1969 | M45 | 68 | 784 | | 00:24:07 (960) | 00:48:57 | 00:48:16 |
| 833 | 776 | Paweł | Podsiadło | Poznań | | 1989 | M25 | 125 | 785 | | 00:23:54 (892) | 00:48:57 | 00:47:03 |
| 834 | 361 | Jacek | Koralowski | Zalasewo | ZALASEWO | 1977 | M35 | 171 | 786 | | 00:23:37 (822) | 00:48:57 | 00:48:15 |
| 835 | 2354 | Agnieszka | Zakrzewicz-Podelcka | Rokietnica | Rokietnica Biega | 1986 | K30 | 15 | | 49 | 00:22:55 (675) | 00:48:58 | 00:46:22 |
| 836 | 3386 | Damian | Jerzyński | środa wlkp | środa wlkp | 1973 | M40 | 159 | 787 | | 00:23:33 (810) | 00:48:58 | 00:48:19 |
| 837 | 3598 | Marcin | Kozłowski | Poznań | copymaster.pl | 1976 | M40 | 160 | 788 | | 00:22:56 (679) | 00:48:58 | 00:48:25 |
| 838 | 2418 | Jacek | Piecyk | Szadek | VICTORIA SZADEK | 1973 | M40 | 161 | 789 | | 00:23:17 (754) | 00:48:58 | 00:48:58 |
| 839 | 2835 | Adam | Zawada | Gruszczyn | wilk | 1972 | M40 | 162 | 790 | | 00:23:34 (814) | 00:48:59 | 00:48:24 |
| 840 | 2715 | Bartosz | Tabat | Murwana Goślina | KB Katorznik Murwana Goślina | 1984 | M30 | 118 | 791 | | 00:23:50 (880) | 00:49:00 | 00:47:14 |
| 841 | 1101 | Paweł | Pawlak | Swarzędz | | 1975 | M40 | 163 | 792 | | 00:25:46 (1463) | 00:49:00 | 00:49:00 |
| 842 | 2771 | Tomasz | Gumienny | Gniezno | | 1975 | M40 | 164 | 793 | | 00:24:34 (1075) | 00:49:01 | 00:49:01 |
| 843 | 1553 | Krzysztof | Biedaluk | Swarzędz | | 1984 | M30 | 119 | 794 | | 00:23:31 (803) | 00:49:01 | 00:48:09 |
| 844 | 1183 | Leszek | Jędrzejczak | Poznań | | 1959 | M55 | 27 | 795 | | 00:23:50 (881) | 00:49:01 | 00:48:04 |
| 845 | 2901 | Marcin | Konieczka | Czemiejewo | | 1977 | M35 | 172 | 796 | | 00:24:01 (919) | 00:49:02 | 00:49:02 |
| 846 | 2694 | Hubert | Rzeszutko | Mosina | | 1977 | M35 | 173 | 797 | | 00:24:04 (942) | 00:49:02 | 00:49:02 |
| 847 | 166 | Józef | Mika | Poznań | Brylant Kórnik | 1960 | M55 | 28 | 798 | | 00:23:37 (823) | 00:49:02 | 00:48:09 |
| 848 | 2486 | Anna | Szcześniak | Poznań | Świat Biegacza Fehlau Run Team | 1989 | K25 | 10 | | 50 | 00:23:51 (884) | 00:49:02 | 00:49:02 |
| 849 | 430 | Michał | Klonowski | Kórnik | Brylant Kórnik | 1973 | M40 | 165 | 799 | | 00:24:01 (920) | 00:49:02 | 00:48:23 |
| 850 | 2233 | Andrzej | Góralczyk | Koziegłowy | | 1960 | M55 | 29 | 800 | | 00:24:06 (958) | 00:49:03 | 00:48:19 |
| 851 | 1931 | Janusz | Dybkowski | Turek | | 1974 | M40 | 166 | 801 | | 00:25:07 (1262) | 00:49:03 | 00:49:03 |
| 852 | 3439 | Piotr | Płaczek | poznan | Malta Poznań | 1962 | M50 | 35 | 802 | | 00:23:49 (873) | 00:49:04 | 00:48:58 |
| 853 | 2125 | Roman | Szymanowski | Środa Wielkopolska | Polonia Środa | 1970 | M45 | 69 | 803 | | 00:23:04 (704) | 00:49:04 | 00:48:27 |
| 854 | 604 | Damian | Brauze | Poznań | | 1955 | M60 | 15 | 804 | | 00:23:19 (762) | 00:49:04 | 00:48:30 |
| 855 | 1523 | Adam | Hutek | Gąsawa | ZADYSZKA | 1976 | M40 | 167 | 805 | | 00:23:38 (830) | 00:49:05 | 00:49:05 |
| 856 | 501 | Witold | Krysiński | Gniezno | | 1978 | M35 | 174 | 806 | | 00:23:10 (725) | 00:49:05 | 00:48:46 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|------------------|-------------------|---------------------------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 857 | 3661 | Beata | Lewicka-Płaczek | poznan | Malta Poznań | 1964 | K50 | 3 | | 51 | 00:23:49 (874) | 00:49:05 | 00:48:59 |
| 858 | 1901 | Arkadiusz | Mazalon | Janowiec Wlkp | RodzinaPL | 1992 | M20 | 44 | 807 | | 00:24:16 (991) | 00:49:05 | 00:49:05 |
| 859 | 1429 | Mariusz | Matuszewski | Błońsko | Błońsko | 1974 | M40 | 168 | 808 | | 00:25:18 (1315) | 00:49:05 | 00:49:05 |
| 860 | 3743 | Łukasz | Miadziołko | Poznań | Poznań Marathon Team | 1980 | M35 | 175 | 809 | | 00:23:19 (763) | 00:49:06 | 00:48:42 |
| 861 | 105 | Katarzyna | Burdajewicz | Dolsk | UKS KUSY DOLSK | 1971 | K45 | 2 | | 52 | 00:24:05 (949) | 00:49:08 | 00:49:08 |
| 862 | 1982 | Wojciech | Straszewski | Kostrzyn Wlkp | KB/Kostro | 1963 | M50 | 36 | 810 | | 00:25:04 (1252) | 00:49:08 | 00:49:08 |
| 863 | 2231 | Joanna | Liberkowska | Ruchocinek | BBL Gorzów | 1989 | K25 | 11 | | 53 | 00:24:53 (1197) | 00:49:09 | 00:49:09 |
| 864 | 3256 | Maciej | Marciniak | Szreniawa | | 1973 | M40 | 169 | 811 | | 00:24:00 (912) | 00:49:09 | 00:48:11 |
| 865 | 1997 | Tomasz | Zawadzki | Gruszczyn | MUD GOATS | 1986 | M30 | 120 | 812 | | 00:24:27 (1038) | 00:49:09 | 00:49:09 |
| 866 | 2478 | Łukasz | Kujawa | Ludomy | Ludomy | 1989 | M25 | 126 | 813 | | 00:23:53 (890) | 00:49:10 | 00:47:56 |
| 867 | 3164 | Jarosław | Ptak | Luboń | | 1973 | M40 | 170 | 814 | | 00:23:41 (842) | 00:49:11 | 00:47:48 |
| 868 | 2843 | Paweł | Pawelec | Poznań | | 1989 | M25 | 127 | 815 | | 00:23:17 (755) | 00:49:12 | 00:48:55 |
| 869 | 3948 | Patryk | Pietrzak | Gniezno | | 1988 | M25 | 128 | 816 | | 00:23:06 (712) | 00:49:13 | 00:48:46 |
| 870 | 3965 | Maciej | Katarzyniak | Swarzędz | Unia Swarzędz - zapasy | 1997 | M16 | 20 | 817 | | 00:22:09 (506) | 00:49:13 | 00:47:42 |
| 871 | 995 | Bartosz | Piekarski | kostrzyn wlkp | | 1977 | M35 | 176 | 818 | | 00:24:11 (974) | 00:49:13 | 00:49:01 |
| 872 | 3334 | Grzegorz | Furmańczyk | Dąbrowa | Bambooco Club | 1973 | M40 | 171 | 819 | | 00:25:04 (1253) | 00:49:14 | 00:49:14 |
| 873 | 1095 | Adam | Woźniak | Poznań | Kibole w biegu | 1983 | M30 | 121 | 820 | | 00:23:37 (824) | 00:49:14 | 00:49:14 |
| 874 | 1781 | Mateusz | Jerzyński | Garby | | 1994 | M20 | 45 | 821 | | 00:25:30 (1381) | 00:49:14 | 00:49:14 |
| 875 | 2784 | Tomasz | Dzionek | gniezno | KS Tęcza | 1985 | M30 | 122 | 822 | | 00:23:09 (721) | 00:49:14 | 00:48:17 |
| 876 | 556 | Dawid | Niedziela | Siekierki Wielkie | | 1977 | M35 | 177 | 823 | | 00:23:39 (836) | 00:49:15 | 00:49:15 |
| 877 | 1457 | Błażej | Bębel | Poznań | Rataye | 1984 | M30 | 123 | 824 | | 00:22:54 (671) | 00:49:15 | 00:48:53 |
| 878 | 1586 | Renata | Wojtkowiak | Poznań | Piątkowo na Biegowo | 1974 | K40 | 6 | | 54 | 00:24:44 (1148) | 00:49:15 | 00:49:15 |
| 879 | 3736 | Tomasz | Miadziołko | Wieleń | | 1981 | M35 | 178 | 825 | | 00:23:28 (792) | 00:49:16 | 00:48:52 |
| 880 | 762 | Kacper | Andrzejczak | Wilkowyja | Jarocin | 1984 | M30 | 124 | 826 | | 00:23:23 (775) | 00:49:16 | 00:46:24 |
| 881 | 3490 | Daniel | Pempera | Poznan | | 1991 | M25 | 129 | 827 | | 00:23:57 (901) | 00:49:16 | 00:49:16 |
| 882 | 1654 | Łukasz | Wiśniewski | Poznań | | 1995 | M20 | 46 | 828 | | 00:25:38 (1424) | 00:49:17 | 00:49:17 |
| 883 | 649 | Arkadiusz | Lizik | GOWARZEWO | | 1979 | M35 | 179 | 829 | | 00:23:57 (902) | 00:49:17 | 00:49:17 |
| 884 | 417 | Michał | Tomaszewski | Poznań | Arda Team | 1989 | M25 | 130 | 830 | | 00:23:54 (893) | 00:49:17 | 00:48:49 |
| 885 | 749 | Darek | Zieliński-Wronka | Swarzędz | | 1970 | M45 | 70 | 831 | | 00:23:19 (764) | 00:49:17 | 00:48:22 |
| 886 | 2018 | Przemysław | Woźniak | Poznań | Szakał Jeżyce | 1975 | M40 | 172 | 832 | | 00:23:09 (722) | 00:49:18 | 00:48:32 |
| 887 | 3641 | Agnieszka | Tyll | Poznań | CYBINA TEAM | 1990 | K25 | 12 | | 55 | 00:24:14 (982) | 00:49:19 | 00:49:04 |
| 888 | 2190 | Marcin | Bielawny | ZDUNY | | 1990 | M25 | 131 | 833 | | 00:23:06 (713) | 00:49:19 | 00:48:42 |
| 889 | 3224 | Małgorzata | Król | Poznań | Cityzen Poznań - Rowing BKW Bydgoszcz | 1993 | K20 | 10 | | 56 | 00:23:49 (875) | 00:49:19 | 00:48:53 |
| 890 | 962 | Ewelina | Kasprzak | Gruszczyn | | 1981 | K35 | 8 | | 57 | 00:23:01 (694) | 00:49:20 | 00:48:17 |
| 891 | 1067 | Marian | Zdanowski | POZNAŃ | | 1956 | M60 | 16 | 834 | | 00:24:00 (913) | 00:49:20 | 00:48:49 |
| 892 | 111 | Ireneusz | Fechner | Borówiec | Biegaj z WSL | 1952 | M60 | 17 | 835 | | 00:23:34 (815) | 00:49:21 | 00:48:04 |
| 893 | 3450 | Przemysław | Urbaniak | Września | | 1975 | M40 | 173 | 836 | | 00:23:31 (804) | 00:49:21 | 00:48:51 |
| 894 | 2207 | Sławomir | Szadziul | Swarzędz | | 1974 | M40 | 174 | 837 | | 00:23:40 (838) | 00:49:22 | 00:48:45 |
| 895 | 3321 | Przemysław | Grypczyński | Leszno | Leszno | 1972 | M40 | 175 | 838 | | 00:24:00 (914) | 00:49:22 | 00:48:40 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|---------------|--------------------|-------------------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 896 | 1260 | Tomasz | Kasprzak | Tulce | | 1980 | M35 | 180 | 839 | | 00:23:44 (851) | 00:49:23 | 00:47:51 |
| 897 | 2575 | Krzysztof | Kaczmarek | Swarzędz | Beagle Triathlon Team | 1970 | M45 | 71 | 840 | | 00:23:52 (885) | 00:49:23 | 00:48:54 |
| 898 | 3717 | Mariusz | Krupa | Poznań | 6-pak Poznań | 1982 | M30 | 125 | 841 | | 00:23:52 (886) | 00:49:23 | 00:49:23 |
| 899 | 2638 | Norbert | Naparty | Oborniki | Husaria Bogdanowo | 1994 | M20 | 47 | 842 | | 00:23:57 (903) | 00:49:23 | 00:49:23 |
| 900 | 1733 | Michał | Wesołowski | Swarzędz | Maniutki Swarzędz | 1982 | M30 | 126 | 843 | | 00:23:17 (756) | 00:49:24 | 00:48:46 |
| 901 | 2150 | Kuba | Wojtyś | Swarzędz | | 1999 | M16 | 21 | 844 | | 00:23:43 (848) | 00:49:24 | 00:48:41 |
| 902 | 696 | Tomasz | Będzikowski | Swarzędz | | 1967 | M45 | 72 | 845 | | 00:25:10 (1278) | 00:49:24 | 00:49:24 |
| 903 | 3669 | Marcin | Stronka | Kiekrz | | 1991 | M25 | 132 | 846 | | 00:24:01 (921) | 00:49:27 | 00:49:27 |
| 904 | 3465 | Magdalena | Stachowska | Śrem | OSP ŚREM | 1988 | K25 | 13 | | 58 | 00:23:49 (876) | 00:49:27 | 00:48:47 |
| 905 | 934 | Bartosz | Ludwiczuk | Poznań | | 1989 | M25 | 133 | 847 | | 00:25:46 (1464) | 00:49:28 | 00:49:28 |
| 906 | 1405 | Krzystian | Waleriańczyk | Gułtowy | Stowarzyszenie Morsy Swarzędz | 1978 | M35 | 181 | 848 | | 00:24:57 (1214) | 00:49:28 | 00:49:28 |
| 907 | 941 | Michał | Schmidt | Komorniki | KGB Grzmot Komorniki | 1980 | M35 | 182 | 849 | | 00:24:12 (978) | 00:49:28 | 00:48:25 |
| 908 | 888 | Hanna | Skrzypczak | Miłosław | | 1967 | K45 | 3 | | 59 | 00:24:31 (1058) | 00:49:29 | 00:49:29 |
| 909 | 3725 | Kacper | Barański | Poznań | | 1994 | M20 | 48 | 850 | | 00:24:59 (1224) | 00:49:29 | 00:48:50 |
| 910 | 3599 | Mikołaj | Pakuła | Turek | KB Maraton Turek | 1982 | M30 | 127 | 851 | | 00:24:15 (987) | 00:49:30 | 00:48:31 |
| 911 | 2254 | Marcin | Kubiak | WROCLAW | STRAŻ MIEJSKA WROCLAW | 1976 | M40 | 176 | 852 | | 00:24:11 (975) | 00:49:30 | 00:48:36 |
| 912 | 3499 | Miłosz | Śmiłowicz | Ostrów Wilkp | GPO | 1988 | M25 | 134 | 853 | | 00:23:46 (861) | 00:49:31 | 00:49:04 |
| 913 | 1306 | Ireneusz | Kijak | Poznań | AlleSport | 1985 | M30 | 128 | 854 | | 00:25:19 (1320) | 00:49:32 | 00:49:32 |
| 914 | 2033 | Maciej | Podzerek | Gniezno | Wake Team Gniezno | 1981 | M35 | 183 | 855 | | 00:25:25 (1351) | 00:49:32 | 00:49:32 |
| 915 | 3423 | Marcin | Nowakowski | Poznań | | 1977 | M35 | 184 | 856 | | 00:24:04 (943) | 00:49:32 | 00:49:32 |
| 916 | 2232 | Marcin | Mytnik | Poznań | Stoczniowiec Poznań | 1977 | M35 | 185 | 857 | | 00:23:48 (871) | 00:49:32 | 00:49:32 |
| 917 | 3923 | Zbysław | Kaczmarek | Poznań | | 1966 | M50 | 37 | 858 | | 00:25:59 (1538) | 00:49:33 | 00:49:33 |
| 918 | 1292 | Tomasz | Skąpski | Stupca | | 1973 | M40 | 177 | 859 | | 00:23:33 (811) | 00:49:34 | 00:48:12 |
| 919 | 3383 | Tadeusz | Kieszek | Leszno k/ Warszawy | K.S. Ożarowianka | 1956 | M60 | 18 | 860 | | 00:24:34 (1076) | 00:49:34 | 00:48:34 |
| 920 | 1933 | Maciej | Laskowski | Poznań | KREATYVNIE | 1984 | M30 | 129 | 861 | | 00:24:13 (979) | 00:49:34 | 00:48:47 |
| 921 | 266 | Karolina | Borysiak | Poznań | | 1988 | K25 | 14 | | 60 | 00:24:41 (1132) | 00:49:34 | 00:49:34 |
| 922 | 940 | Sławomir | Gruszczynski | Gniezno | | 1982 | M30 | 130 | 862 | | 00:23:31 (805) | 00:49:35 | 00:48:40 |
| 923 | 2633 | Karol | Wachowiak | Pniewy | Kibole w biegu | 1984 | M30 | 131 | 863 | | 00:25:46 (1465) | 00:49:35 | 00:49:35 |
| 924 | 487 | Monika | Paczyńska | Zalasewo | | 1979 | K35 | 9 | | 61 | 00:23:56 (897) | 00:49:35 | 00:48:41 |
| 925 | 3848 | Sławomir | Spychała | SAPOWICE | | 1966 | M50 | 38 | 864 | | 00:24:03 (936) | 00:49:36 | 00:49:36 |
| 926 | 2567 | Dariusz | Włodkowski | Poznań | Coraz bliżej mety | 1984 | M30 | 132 | 865 | | 00:23:12 (735) | 00:49:37 | 00:49:26 |
| 927 | 3762 | Mateusz | Kostowicz | Poznan | Saint-Gobain Sqlad | 1989 | M25 | 135 | 866 | | 00:22:52 (661) | 00:49:37 | 00:49:18 |
| 928 | 598 | Mariusz | Mielcarzewicz | Swarzędz | AMMIGO | 1981 | M35 | 186 | 867 | | 00:23:45 (857) | 00:49:38 | 00:49:11 |
| 929 | 3137 | Włodzimierz | Frąckowiak | Wronki | Wroniecki Klub Biegacza | 1966 | M50 | 39 | 868 | | 00:24:39 (1119) | 00:49:38 | 00:48:46 |
| 930 | 3756 | Damian | Nowak | Poznań | | 1982 | M30 | 133 | 869 | | 00:25:06 (1259) | 00:49:38 | 00:49:38 |
| 931 | 387 | Krzysztof | Stefaniak | Luboń | Zgrupka Team | 1983 | M30 | 134 | 870 | | 00:24:08 (964) | 00:49:38 | 00:48:47 |
| 932 | 3638 | Maciej | Ryfa | Borówiec | Borówiec | 1993 | M20 | 49 | 871 | | 00:25:39 (1431) | 00:49:39 | 00:49:39 |
| 933 | 2949 | Marta | Mikolajczyk | warka | | 1948 | K65 | 1 | | 62 | 00:24:28 (1042) | 00:49:40 | 00:49:11 |
| 934 | 764 | Paweł | Grabowicz | Siekierki Wielkie | | 1973 | M40 | 178 | 872 | | 00:23:40 (839) | 00:49:40 | 00:47:24 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|-----------------------------|----------------------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 935 | 1651 | Ksawery | Urbańczyk | Zimin | For Run Team | 1959 | M55 | 30 | 873 | | 00:23:40 (840) | 00:49:41 | 00:49:13 |
| 936 | 286 | Robert | Jarzabek | Strzałkowo | Strzałkowska Grupa Biegowa Sokół | 1973 | M40 | 179 | 874 | | 00:22:55 (676) | 00:49:41 | 00:49:35 |
| 937 | 3374 | Jarosław | Mendel | Poznań | Malta Poznań | 1965 | M50 | 40 | 875 | | 00:23:50 (882) | 00:49:42 | 00:48:51 |
| 938 | 1783 | Maciej | Haremza | Daszewice | | 1984 | M30 | 135 | 876 | | 00:23:59 (909) | 00:49:42 | 00:48:34 |
| 939 | 2160 | Karol | Adamski | Dolsk | Zawisza Dolsk | 1971 | M45 | 73 | 877 | | 00:24:04 (944) | 00:49:42 | 00:49:42 |
| 940 | 538 | Wiktor | May | Poznań | | 1957 | M55 | 31 | 878 | | 00:25:10 (1279) | 00:49:42 | 00:49:42 |
| 941 | 3328 | Maciej | Echaust | Swarzędz | | 1998 | M16 | 22 | 879 | | 00:24:20 (1014) | 00:49:43 | 00:48:12 |
| 942 | 3418 | Zdzisław | Zataj | Poznań | | 1956 | M60 | 19 | 880 | | 00:23:49 (877) | 00:49:43 | 00:49:33 |
| 943 | 1924 | Robert | Derda | Swarzedz | | 1978 | M35 | 187 | 881 | | 00:24:36 (1092) | 00:49:43 | 00:49:43 |
| 944 | 41 | Sebastian | Sumisławski | Poznań | Asics | 1976 | M40 | 180 | 882 | | 00:24:24 (1029) | 00:49:44 | 00:48:57 |
| 945 | 2497 | Waldemar | Sadowski | Poznań | | 1977 | M35 | 188 | 883 | | 00:23:28 (793) | 00:49:45 | 00:49:15 |
| 946 | 3156 | Alicja | Sikora | Bielsko Biąta | | 1952 | K60 | 1 | | 63 | 00:24:32 (1061) | 00:49:45 | 00:49:15 |
| 947 | 3073 | Krzysztof | Ciechanowicz | Poznań | | 1984 | M30 | 136 | 884 | | 00:23:41 (843) | 00:49:45 | 00:48:38 |
| 948 | 670 | Paweł | Orpel | Golina | | 1966 | M50 | 41 | 885 | | 00:24:43 (1140) | 00:49:45 | 00:48:15 |
| 949 | 119 | Dominik | Tomaszewski | Kórnik | Dendrorunners | 1972 | M40 | 181 | 886 | | 00:24:17 (997) | 00:49:46 | 00:47:17 |
| 950 | 2868 | Mikołaj | Małaczyński | Poznań | Stowarzyszenie Leśny Wąż | 1986 | M30 | 137 | 887 | | 00:23:14 (744) | 00:49:46 | 00:47:35 |
| 951 | 3213 | Dawid | Michałowski | Jerzykowo | CYBINA TEAM | 1996 | M20 | 50 | 888 | | 00:22:32 (585) | 00:49:46 | 00:49:31 |
| 952 | 2690 | Piotr | Stolarski | Poznań | | 1980 | M35 | 189 | 889 | | 00:23:59 (910) | 00:49:47 | 00:48:53 |
| 953 | 2470 | Arkadiusz | Marchwicki | Poznań | | 1981 | M35 | 190 | 890 | | 00:24:45 (1154) | 00:49:48 | 00:49:48 |
| 954 | 768 | Mariusz | Barczak | SWARZĘDZ | | 1975 | M40 | 182 | 891 | | 00:24:44 (1149) | 00:49:48 | 00:49:48 |
| 955 | 1629 | Bartosz | Horowski | Poznań | Poznań | 1977 | M35 | 191 | 892 | | 00:24:53 (1198) | 00:49:49 | 00:49:33 |
| 956 | 2276 | Daniel | Bucholz | Poznań | | 1981 | M35 | 192 | 893 | | 00:25:29 (1374) | 00:49:50 | 00:49:50 |
| 957 | 2302 | Maciej | Posanow | Błażejowo | | 1980 | M35 | 193 | 894 | | 00:24:02 (927) | 00:49:51 | 00:47:35 |
| 958 | 244 | Mieczysław | Przyborowski | Poznań | REMET TEAM | 1959 | M55 | 32 | 895 | | 00:24:01 (922) | 00:49:52 | 00:49:23 |
| 959 | 3221 | Adrian | Wardęga | Poznań | WARDĘGA TEAM | 1986 | M30 | 138 | 896 | | 00:25:33 (1402) | 00:49:52 | 00:49:52 |
| 960 | 3282 | Katarzyna | Pawlak | Poznań | WARDĘGA TEAM | 1987 | K25 | 15 | | 64 | 00:24:07 (961) | 00:49:52 | 00:48:26 |
| 961 | 881 | Paweł | Koczewski | Poznań | Maltańska Grupa Biegowa | 1965 | M50 | 42 | 897 | | 00:24:38 (1105) | 00:49:53 | 00:49:53 |
| 962 | 1466 | Jacek | Urbanowski | Poznań | Maltańska Grupa Biegowa | 1980 | M35 | 194 | 898 | | 00:22:30 (578) | 00:49:53 | 00:49:34 |
| 963 | 3992 | Tobiasz | Żalik | Gostyń | | 1994 | M20 | 51 | 899 | | 00:24:15 (988) | 00:49:54 | 00:49:49 |
| 964 | 2448 | Michał | Szymaniak | Swarzędz woj. wielkopolskie | | 1993 | M20 | 52 | 900 | | 00:25:27 (1364) | 00:49:54 | 00:47:35 |
| 965 | 2440 | Katarzyna | Sammler | Poznań | Drużyna Szpiku | 1982 | K30 | 16 | | 65 | 00:24:15 (989) | 00:49:54 | 00:49:07 |
| 966 | 2436 | Henryk | Czerniak | Borzykowo | KB Kosynier Września | 1948 | M65 | 10 | 901 | | 00:23:58 (906) | 00:49:54 | 00:49:54 |
| 967 | 3502 | Jarosław | Ostrowicki | Poznań | | 1970 | M45 | 74 | 902 | | 00:25:12 (1291) | 00:49:55 | 00:49:55 |
| 968 | 3082 | Krzysztof | Reśliński | Kalisz | SMK | 1979 | M35 | 195 | 903 | | 00:23:29 (797) | 00:49:56 | 00:49:37 |
| 969 | 3225 | Kamil | Wojciński | Rogalinek | | 1993 | M20 | 53 | 904 | | 00:26:29 (1671) | 00:49:57 | 00:49:57 |
| 970 | 2370 | Michał | Smętek | OSTRÓW WIELKOPOLSKI | | 1973 | M40 | 183 | 905 | | 00:24:17 (998) | 00:49:57 | 00:49:57 |
| 971 | 1037 | Andrzej | Dembina | suchy las/złotniki | | 1962 | M50 | 43 | 906 | | 00:24:43 (1141) | 00:49:58 | 00:49:58 |
| 972 | 2993 | Piotr | Żuberek | Poznań | KB Maniac Poznań | 1971 | M45 | 75 | 906 | | 00:24:19 (1007) | 00:49:58 | 00:49:58 |
| 973 | 1645 | Katarzyna | Łatuszew | Murowana Goślina | GB Wielkopolscy Biegacze | 1974 | K40 | 7 | | 66 | 00:24:25 (1030) | 00:49:58 | 00:49:58 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|-------------------|-----------------------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 974 | 2651 | Łukasz | Szał | Kostrzyn | Walka Kostrzyn | 1991 | M25 | 136 | 908 | | 00:24:16 (992) | 00:49:59 | 00:49:33 |
| 975 | 3297 | Mariusz | Piotrowski | Poznań | BioSpace | 1985 | M30 | 139 | 909 | | 00:23:47 (865) | 00:49:59 | 00:49:31 |
| 976 | 1684 | Marek | Ratajczak | Zalasewo | Biały Kenijczyk | 1976 | M40 | 184 | 910 | | 00:24:18 (1004) | 00:49:59 | 00:48:58 |
| 977 | 1355 | Tomasz | Grzegorek | Września | | 1975 | M40 | 185 | 911 | | 00:24:19 (1008) | 00:50:00 | 00:49:27 |
| 978 | 84 | Tomasz | Framski | Poznań | | 1976 | M40 | 186 | 912 | | 00:24:38 (1106) | 00:50:00 | 00:49:44 |
| 979 | 3394 | Przemysław | Hok | Poznań | | 1976 | M40 | 187 | 913 | | 00:24:38 (1107) | 00:50:01 | 00:50:01 |
| 980 | 3807 | Piotr | Zaborny | Swarzędz | | 1984 | M30 | 140 | 914 | | 00:23:06 (714) | 00:50:02 | 00:50:02 |
| 981 | 717 | Waldemar | Gabrielski | Mosina | | 1977 | M35 | 196 | 915 | | 00:23:21 (769) | 00:50:03 | 00:49:38 |
| 982 | 3507 | Maria | Swornowska | Poznań | | 1994 | K20 | 11 | | 67 | 00:23:55 (895) | 00:50:03 | 00:49:36 |
| 983 | 1423 | Piotr | Niżnik | Poznań | | 1992 | M20 | 54 | 916 | | 00:24:31 (1059) | 00:50:03 | 00:49:07 |
| 984 | 2467 | Grzegorz | Król | poznan | | 1969 | M45 | 76 | 917 | | 00:24:16 (993) | 00:50:03 | 00:48:04 |
| 985 | 778 | Jacek | Nalewajko | Leszno | | 1977 | M35 | 197 | 918 | | 00:24:37 (1099) | 00:50:06 | 00:50:06 |
| 986 | 1073 | Dariusz | Paluszak | Czempiń | | 1975 | M40 | 188 | 919 | | 00:24:52 (1193) | 00:50:06 | 00:50:06 |
| 987 | 1057 | Marek | Świerczyński | Biedrusko | | 1979 | M35 | 198 | 920 | | 00:25:25 (1352) | 00:50:06 | 00:50:06 |
| 988 | 1882 | Tomasz | Wasielewski | Poznań | | 1978 | M35 | 199 | 921 | | 00:25:39 (1432) | 00:50:06 | 00:50:06 |
| 989 | 379 | Robert | Popek | Warszwa | Miedzeszynyaki | 1984 | M30 | 141 | 922 | | 00:24:19 (1009) | 00:50:07 | 00:47:40 |
| 990 | 1599 | Marcin | Witkowski | Murowana Goślina | | 1990 | M25 | 137 | 923 | | 00:24:40 (1127) | 00:50:08 | 00:49:08 |
| 991 | 1005 | Rafał | Grześkowiak | Polwica | Sekcja Bokserska KŁOS Zaniemyśl | 1993 | M20 | 55 | 924 | | 00:25:05 (1257) | 00:50:08 | 00:49:30 |
| 992 | 1596 | Bartosz | Kita | Poznań | | 1979 | M35 | 200 | 925 | | 00:23:19 (765) | 00:50:08 | 00:50:08 |
| 993 | 2890 | Daniel | Maciejewski | Falkowo | www.pegaz.nieruchomosci.pl | 1976 | M40 | 189 | 926 | | 00:24:28 (1043) | 00:50:09 | 00:49:51 |
| 994 | 1345 | Adam | Ciupiński | Poznań | | 1985 | M30 | 142 | 927 | | 00:25:38 (1425) | 00:50:09 | 00:50:09 |
| 995 | 2237 | Andrzej | Chudy | Suchy Las | Kocham każdy kilometr | 1962 | M50 | 44 | 928 | | 00:24:32 (1062) | 00:50:09 | 00:48:55 |
| 996 | 388 | Robert | Itkowiak | Czempiń | Hernik Team | 1969 | M45 | 77 | 929 | | 00:25:10 (1280) | 00:50:10 | 00:50:10 |
| 997 | 2705 | Michał | Klapczyński | Siekierki Wielkie | Redneck Runners | 1982 | M30 | 143 | 930 | | 00:23:35 (817) | 00:50:10 | 00:49:48 |
| 998 | 4014 | Robert | Machura | Suchy Las | RED FITNESS (www.red-fitness.pl) | 1979 | M35 | 201 | 931 | | 00:24:25 (1031) | 00:50:10 | 00:49:19 |
| 999 | 115 | Marek | Licznierski | Plewiska | gRUNwald Team Poznań | 1984 | M30 | 144 | 932 | | 00:23:25 (780) | 00:50:11 | 00:50:11 |
| 1000 | 3826 | Łukasz | Jakubów | Nowa Sól | TAKISE | 1980 | M35 | 202 | 933 | | 00:24:17 (999) | 00:50:12 | 00:48:38 |
| 1001 | 2407 | Aneta | Głowacka | Bodzanów | Sokół Bodzanów | 1986 | K30 | 17 | | 68 | 00:24:11 (976) | 00:50:13 | 00:49:56 |
| 1002 | 3654 | Marcin | Wysocki | Poznań | Malta Poznań/WSZYSTKOOBIEGANIU.PL | 1978 | M35 | 203 | 934 | | 00:24:13 (980) | 00:50:13 | 00:49:25 |
| 1003 | 2012 | Piotr | Chwiałkowski | Poznań | | 1988 | M25 | 138 | 935 | | 00:24:47 (1170) | 00:50:13 | 00:50:13 |
| 1004 | 2381 | Krzysztof | Robaszyński | Pogorzela | | 1985 | M30 | 145 | 936 | | 00:24:36 (1093) | 00:50:14 | 00:49:18 |
| 1005 | 2929 | Michał | Strużyński | Swarzędz | Antares Zalasewo | 1987 | M25 | 139 | 937 | | 00:26:01 (1546) | 00:50:14 | 00:50:14 |
| 1006 | 611 | Michał | Jaškowiak | Swarzędz | Kuzi-Sport | 1978 | M35 | 204 | 938 | | 00:24:40 (1128) | 00:50:14 | 00:48:29 |
| 1007 | 2533 | Krzysztof | Kotz | Mościenica | | 1980 | M35 | 204 | 938 | | 00:24:02 (928) | 00:50:14 | 00:50:14 |
| 1008 | 821 | Artur | Bronk | Poznan | | 1977 | M35 | 206 | 940 | | 00:24:52 (1194) | 00:50:14 | 00:50:14 |
| 1009 | 3345 | Łukasz | Woźniak | Poznań | | 1980 | M35 | 207 | 941 | | 00:25:30 (1382) | 00:50:15 | 00:50:15 |
| 1010 | 398 | Bartosz | Szczęch | Poznań | | 1981 | M35 | 208 | 942 | | 00:24:57 (1215) | 00:50:15 | 00:50:15 |
| 1011 | 2734 | Cezary | Skowroński | Skórzewo | | 1980 | M35 | 209 | 943 | | 00:24:32 (1063) | 00:50:15 | 00:50:15 |
| 1012 | 1473 | Agnieszka | Konik | Poznań | Vege Runners | 1993 | K20 | 12 | | 69 | 00:24:02 (929) | 00:50:15 | 00:49:56 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-------------------------|---------------------|---------------------------------|------|------|---------|-----|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1013 | 935 | Ilona | Baranowska | Poznań | | 1989 | K25 | 16 | | 70 | 00:25:47 (1472) | 00:50:15 | 00:50:15 |
| 1014 | 2049 | Andrzej | Dudek | Ostrów wielkopolski | | 1961 | M55 | 33 | 944 | | 00:24:45 (1155) | 00:50:16 | 00:49:34 |
| 1015 | 2420 | Krystian | Tarajkowski | Poznań | KB Maniac Poznań | 1975 | M40 | 190 | 945 | | 00:24:35 (1084) | 00:50:16 | 00:48:53 |
| 1016 | 3999 | Daniel | Dziedziczak | Poznań | ZP SZPIKI DRUŻYNA SZPIKU | 1996 | M20 | 56 | 946 | | 00:24:10 (973) | 00:50:16 | 00:50:16 |
| 1017 | 1750 | Jakub | Szmania | SWARZĘDZ | CYBINA TEAM | 1981 | M35 | 210 | 947 | | 00:24:00 (915) | 00:50:17 | 00:49:11 |
| 1018 | 1267 | Izabela | Marciniak | Suchy Las | Kobiety biegają | 1990 | K25 | 17 | | 71 | 00:23:48 (872) | 00:50:17 | 00:50:17 |
| 1019 | 932 | Karol | Skrzypczak | Poznań | | 1972 | M40 | 191 | 948 | | 00:24:34 (1077) | 00:50:17 | 00:49:04 |
| 1020 | 212 | Ilona | Walczak | POZNAN | | 1973 | K40 | 8 | | 72 | 00:24:59 (1225) | 00:50:18 | 00:50:18 |
| 1021 | 565 | Bartosz | Węglarski | Poznań | Volkswagen Poznań | 1989 | M25 | 140 | 949 | | 00:24:28 (1044) | 00:50:19 | 00:49:15 |
| 1022 | 1960 | Krystian | Skolasiński | powidz | | 1981 | M35 | 211 | 950 | | 00:24:05 (950) | 00:50:19 | 00:49:17 |
| 1023 | 135 | Mateusz | Witke | Swarzędz | | 1990 | M25 | 141 | 951 | | 00:25:20 (1325) | 00:50:20 | 00:50:20 |
| 1024 | 3928 | Bartosz | Teresiak | Tarnowo Podgórne | Tarnowo Podgórne | 1988 | M25 | 142 | 952 | | 00:24:03 (937) | 00:50:20 | 00:48:45 |
| 1025 | 1012 | Kamil | Siemiaszko | Poznań | Team SERE | 1984 | M30 | 146 | 953 | | 00:23:44 (852) | 00:50:20 | 00:48:36 |
| 1026 | 2510 | Marcin | Sroka | Poznań | | 1983 | M30 | 147 | 954 | | 00:25:04 (1254) | 00:50:21 | 00:50:21 |
| 1027 | 3350 | Marlena | Rzeźnik | POZNAŃ | eposnania.pl | 1978 | K35 | 10 | | 73 | 00:25:20 (1326) | 00:50:22 | 00:50:22 |
| 1028 | 1994 | Marcin | Nowicki | Swarzędz | | 1997 | M16 | 23 | 955 | | 00:23:44 (853) | 00:50:22 | 00:47:39 |
| 1029 | 176 | Bartosz | Marciniak | Gortatowo | Bemarc | 1980 | M35 | 212 | 956 | | 00:25:43 (1448) | 00:50:22 | 00:50:22 |
| 1030 | 2980 | Dariusz | Ratajczak | Dolsk | night runners Dolsk | 1972 | M40 | 192 | 957 | | 00:23:40 (841) | 00:50:22 | 00:50:08 |
| 1031 | 2576 | Piotr | Duda | Swarzędz | 33BLTr | 1988 | M25 | 143 | 958 | | 00:23:56 (898) | 00:50:23 | 00:49:22 |
| 1032 | 1089 | Paweł | Nagórski | Swarzędz | | 1977 | M35 | 213 | 959 | | 00:23:37 (825) | 00:50:23 | 00:50:23 |
| 1033 | 708 | Cezary | Chałupniczak | Borzykowo | | 1990 | M25 | 144 | 960 | | 00:22:43 (624) | 00:50:24 | 00:50:11 |
| 1034 | 2263 | Mirosław | Kubiak | Swarzędz | | 1962 | M50 | 45 | 961 | | 00:24:43 (1142) | 00:50:25 | 00:50:09 |
| 1035 | 3566 | Bartłomiej | Klaudiel | Stęszew | | 1981 | M35 | 214 | 962 | | 00:25:47 (1473) | 00:50:25 | 00:50:25 |
| 1036 | 2739 | Janusz | Naftyński | Gniezno | | 1967 | M45 | 78 | 963 | | 00:24:14 (983) | 00:50:25 | 00:49:36 |
| 1037 | 276 | Adrian | Lehmann | swarzędz | fogtbikes | 1979 | M35 | 215 | 964 | | 00:23:01 (695) | 00:50:26 | 00:49:58 |
| 1038 | 1702 | Rafał | Hernik | Swarzędz | | 1985 | M30 | 148 | 965 | | 00:23:16 (752) | 00:50:26 | 00:49:16 |
| 1039 | 2652 | Leszek | Hałupka | Poznań | | 1977 | M35 | 216 | 966 | | 00:25:03 (1246) | 00:50:26 | 00:49:10 |
| 1040 | 2176 | Cyprian | Prusakowski | Bydgoszcz | | 1988 | M25 | 145 | 967 | | 00:23:56 (899) | 00:50:26 | 00:48:40 |
| 1041 | 1117 | Katarzyna | Kołaczkowska-Szcześniak | Potasze | sklepiegacza.pl | 1975 | K40 | 9 | | 74 | 00:21:44 (429) | 00:50:27 | 00:50:24 |
| 1042 | 656 | Waldemar | Gruchalski | Dolsk | Night Runners | 1980 | M35 | 217 | 968 | | 00:24:17 (1000) | 00:50:27 | 00:48:59 |
| 1043 | 1087 | Marek | Pietrzak | Zalasewo | CYBINA TEAM | 1980 | M35 | 218 | 969 | | 00:24:43 (1143) | 00:50:28 | 00:49:53 |
| 1044 | 2438 | Sławomir | Mądrzak | Ostrów wkp. | | 1974 | M40 | 193 | 970 | | 00:24:19 (1010) | 00:50:28 | 00:50:28 |
| 1045 | 3416 | Jakub | Górny | Gostyń | | 1989 | M25 | 146 | 971 | | 00:23:38 (831) | 00:50:28 | 00:49:50 |
| 1046 | 1802 | Kamil | Waleriańczyk | Ślesin | Unstoppable Runners Piotrkowice | 1985 | M30 | 149 | 972 | | 00:26:00 (1542) | 00:50:28 | 00:50:28 |
| 1047 | 415 | Marek | Lewandowski | Poznań | | 1986 | M30 | 150 | 973 | | 00:24:35 (1085) | 00:50:29 | 00:49:19 |
| 1048 | 2463 | Damian | Siebert | Poznań | Democo | 1988 | M25 | 147 | 974 | | 00:24:30 (1055) | 00:50:29 | 00:49:15 |
| 1049 | 2383 | Norbert | Walkowiak | SWARZĘDZ | | 1984 | M30 | 151 | 975 | | 00:24:09 (969) | 00:50:29 | 00:50:29 |
| 1050 | 14 | Marian | Gornia | Suchy Las | KB UE Poznań, AZS UE Poznań | 1956 | M60 | 20 | 976 | | 00:24:05 (951) | 00:50:29 | 00:50:26 |
| 1051 | 3602 | Karol | Kochman | Poznań | wpiszokolwiek | 1991 | M25 | 148 | 977 | | 00:25:46 (1466) | 00:50:30 | 00:50:30 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|-------------------|--------------------------------|------|------|---------|------|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1052 | 2251 | Krzysztof | Górecki | Luboń | #Selekcja | 1981 | M35 | 219 | 978 | | 00:23:55 (896) | 00:50:31 | 00:48:44 |
| 1053 | 85 | Przemysław | Kruk | Poznań | Night Runners | 1991 | M25 | 149 | 979 | | 00:25:46 (1467) | 00:50:31 | 00:50:31 |
| 1054 | 3740 | Paweł | Pozdrowicz | Ińsko | | 1955 | M60 | 21 | 980 | | 00:25:15 (1304) | 00:50:31 | 00:50:31 |
| 1055 | 231 | Mariusz | Gotowski | Swarzędz | | 1978 | M35 | 220 | 981 | | 00:24:02 (930) | 00:50:31 | 00:49:09 |
| 1056 | 537 | Tomasz | Matuszek | Pawłowice | PKS - Pawłowicki Klub Sportowy | 1979 | M35 | 221 | 982 | | 00:25:11 (1285) | 00:50:31 | 00:50:31 |
| 1057 | 4003 | Mateusz | Smoliński | Poznań | ZP SZPIKI DRUŻYNA SZPIKU | 1997 | M16 | 24 | 983 | | 00:24:18 (1005) | 00:50:33 | 00:50:33 |
| 1058 | 3053 | Tomasz | Piątek | Poznań | Poznań | 1986 | M30 | 152 | 984 | | 00:25:51 (1500) | 00:50:33 | 00:50:33 |
| 1059 | 3705 | Bogumil | Kaszковиak | WRONKI | WRONKI | 1978 | M35 | 222 | 985 | | 00:24:36 (1094) | 00:50:33 | 00:49:52 |
| 1060 | 3667 | Mariusz | Jóźwiak | Nekla | Nekla | 1967 | M45 | 79 | 986 | | 00:25:38 (1426) | 00:50:33 | 00:50:33 |
| 1061 | 3188 | Piotr | Lutowski | Poznań | | 1986 | M30 | 153 | 987 | | 00:26:11 (1596) | 00:50:34 | 00:50:34 |
| 1062 | 2483 | Michał | Setecki | NOWE SKALMIERZYCE | SUPERMARATON KALISZ | 1978 | M35 | 223 | 988 | | 00:25:13 (1299) | 00:50:34 | 00:50:34 |
| 1063 | 3845 | Monika | Mendel | Poznań | | 1994 | K20 | 13 | | 75 | 00:24:09 (970) | 00:50:35 | 00:49:44 |
| 1064 | 814 | Tomasz | Jankowiak | Swarzędz | | 1976 | M40 | 194 | 989 | | 00:25:47 (1474) | 00:50:35 | 00:50:35 |
| 1065 | 234 | Patryk | Kasprowiak | Rakoniewice | | 1996 | M20 | 57 | 990 | | 00:25:12 (1292) | 00:50:36 | 00:49:14 |
| 1066 | 981 | Marek | Kościelniak | poznań | CYBINA TEAM | 1977 | M35 | 224 | 991 | | 00:25:44 (1453) | 00:50:36 | 00:50:36 |
| 1067 | 1945 | Rafał | Przybylak | Swarzędz | | 1974 | M40 | 195 | 992 | | 00:23:36 (818) | 00:50:37 | 00:50:30 |
| 1068 | 1580 | Lech | Przywecki | Kościan | KOŚCIAN TEAM / KP PSP RAWICZ | 1971 | M45 | 80 | 993 | | 00:24:02 (931) | 00:50:37 | 00:48:48 |
| 1069 | 969 | Tomasz | Lewandowski | Września | Września | 1973 | M40 | 196 | 994 | | 00:24:45 (1156) | 00:50:37 | 00:49:26 |
| 1070 | 1315 | Paweł | Koralewski | Poznań | Klub Pieśni i Tańca | 1993 | M20 | 58 | 995 | | 00:26:41 (1729) | 00:50:37 | 00:50:37 |
| 1071 | 3134 | Tomasz | Maliński | Kostrzyn | Walka Kostrzyn | 1991 | M25 | 150 | 996 | | 00:25:16 (1309) | 00:50:38 | 00:50:11 |
| 1072 | 1228 | Patryk | Lisiak | Poznań | FRASTAŚ POZNAŃ | 1975 | M40 | 197 | 997 | | 00:24:05 (952) | 00:50:38 | 00:49:47 |
| 1073 | 2409 | Łukasz | Zakens | Poznań | | 1985 | M30 | 154 | 998 | | 00:25:17 (1312) | 00:50:38 | 00:50:38 |
| 1074 | 186 | Marita | Sideł | Poznań | Malta klub | 1972 | K40 | 10 | | 76 | 00:24:14 (984) | 00:50:39 | 00:49:55 |
| 1075 | 942 | Maciej | Mierzejewski | Piła | | 1957 | M55 | 34 | 999 | | 00:24:44 (1150) | 00:50:39 | 00:50:26 |
| 1076 | 1192 | Radostaw | Karge | Chrzypsko Wielkie | | 1983 | M30 | 155 | 1000 | | 00:23:52 (887) | 00:50:40 | 00:50:16 |
| 1077 | 3685 | Marcin | Rogoziński | Poznań | | 1985 | M30 | 156 | 1001 | | 00:25:00 (1229) | 00:50:40 | 00:49:22 |
| 1078 | 3041 | Maciej | Burda | Poznań | | 1976 | M40 | 198 | 1002 | | 00:24:50 (1184) | 00:50:41 | 00:49:19 |
| 1079 | 629 | Paweł | Głowacki | Poznań | | 1966 | M50 | 46 | 1003 | | 00:24:51 (1189) | 00:50:41 | 00:50:09 |
| 1080 | 3929 | Jan | Palmowski | Poznań | | 1990 | M25 | 151 | 1004 | | 00:22:22 (554) | 00:50:42 | 00:50:38 |
| 1081 | 3016 | Tomasz | Burda | Zalasewo | | 1977 | M35 | 225 | 1005 | | 00:24:50 (1185) | 00:50:42 | 00:49:20 |
| 1082 | 2217 | Maciej | Kaźmierski | Poznań | | 1989 | M25 | 152 | 1006 | | 00:25:44 (1454) | 00:50:42 | 00:50:42 |
| 1083 | 3961 | Marek | Krzyżaniak | Biskupice | | 1973 | M40 | 199 | 1007 | | 00:24:48 (1177) | 00:50:43 | 00:49:40 |
| 1084 | 627 | Tomasz | Bartkowiak | Poznań | | 1990 | M25 | 153 | 1008 | | 00:24:29 (1049) | 00:50:43 | 00:49:14 |
| 1085 | 290 | Łukasz | Hamrol | Śmigiel | Blizniak Team Śmigiel | 1977 | M35 | 226 | 1009 | | 00:24:28 (1045) | 00:50:44 | 00:49:52 |
| 1086 | 3942 | Marek | Nowak | Poznań | | 1986 | M30 | 157 | 1010 | | 00:24:35 (1086) | 00:50:44 | 00:49:56 |
| 1087 | 1287 | Damian | Stanisławiak | Śrem | | 1982 | M30 | 158 | 1011 | | 00:24:25 (1032) | 00:50:44 | 00:50:28 |
| 1088 | 1825 | Marek | Zgoła | Śrem/Psarskie | Runner | 1975 | M40 | 200 | 1012 | | 00:24:42 (1136) | 00:50:44 | 00:50:44 |
| 1089 | 2215 | Janusz | Doman | BRZOZA | UKS SZABLA BRZOZA | 1953 | M60 | 22 | 1013 | | 00:24:16 (994) | 00:50:44 | 00:50:44 |
| 1090 | 755 | Przemysław | Wrochna | Grzebienisko | | 1988 | M25 | 154 | 1014 | | 00:24:46 (1161) | 00:50:45 | 00:50:02 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|----------|----------------|--------------------|-----------------------|------|------|---------|------|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1091 | 2542 | Bartosz | Machoński | Dąbrowa | HitCena.pl Zabawki | 1974 | M40 | 201 | 1015 | | 00:25:48 (1479) | 00:50:46 | 00:50:46 |
| 1092 | 3473 | Daniel | Sędyka | Swarzędz | | 1979 | M35 | 227 | 1016 | | 00:24:53 (1199) | 00:50:46 | 00:50:46 |
| 1093 | 2983 | Tomasz | Jakubowski | Poznań | Kibole w biegu | 1987 | M25 | 155 | 1017 | | 00:26:07 (1573) | 00:50:46 | 00:50:46 |
| 1094 | 1793 | Tomasz | Kołuńczyk | Poznań | | 1974 | M40 | 202 | 1018 | | 00:24:17 (1001) | 00:50:47 | 00:49:48 |
| 1095 | 2471 | Maciej | Marchwicki | Kalisz | | 1998 | M16 | 25 | 1019 | | 00:24:55 (1206) | 00:50:48 | 00:50:48 |
| 1096 | 2570 | Michał | Schlegel | Poznań | | 1991 | M25 | 156 | 1020 | | 00:25:49 (1483) | 00:50:48 | 00:50:48 |
| 1097 | 559 | Paweł | Śledziński | Poznań | FTI Tri Academy | 1984 | M30 | 159 | 1021 | | 00:24:38 (1108) | 00:50:48 | 00:50:27 |
| 1098 | 1289 | Maciej | Filipowicz | Cisew | KB Maraton Turek | 1978 | M35 | 228 | 1022 | | 00:24:19 (1011) | 00:50:49 | 00:49:49 |
| 1099 | 30 | Grzegorz | Taterka | | | 1979 | M35 | 229 | 1023 | | 00:23:52 (888) | 00:50:49 | 00:50:42 |
| 1100 | 194 | Sławomir | Michalak | Śrem | Night Runners | 1967 | M45 | 81 | 1024 | | 00:23:37 (826) | 00:50:50 | 00:50:50 |
| 1101 | 3481 | Łukasz | Tojek | Parkowo | | 1981 | M35 | 230 | 1025 | | 00:25:01 (1235) | 00:50:50 | 00:49:16 |
| 1102 | 1201 | Adam | Domagalski | Poznań | | 1978 | M35 | 231 | 1026 | | 00:24:48 (1178) | 00:50:50 | 00:50:50 |
| 1103 | 3032 | Artur | Bobrowski | Poznań | | 1966 | M50 | 47 | 1027 | | 00:24:04 (945) | 00:50:51 | 00:50:51 |
| 1104 | 2132 | Łukasz | Ostapiński | Poznań | | 1986 | M30 | 160 | 1028 | | 00:24:23 (1023) | 00:50:51 | 00:48:31 |
| 1105 | 3764 | Michał | Andruszkiewicz | Skórzewo | | 1984 | M30 | 161 | 1029 | | 00:24:37 (1100) | 00:50:52 | 00:50:07 |
| 1106 | 3952 | Mariusz | Prażanowski | Środa Wielkopolska | | 1981 | M35 | 232 | 1030 | | 00:24:11 (977) | 00:50:53 | 00:48:59 |
| 1107 | 3460 | Błażej | Balcerek | Poznań | ZIA | 1971 | M45 | 82 | 1031 | | 00:25:30 (1383) | 00:50:53 | 00:50:53 |
| 1108 | 1477 | Michał | Kardasz | Swarzędz | | 1979 | M35 | 233 | 1032 | | 00:24:41 (1133) | 00:50:54 | 00:50:26 |
| 1109 | 2145 | Mariusz | Tomczak | Mosina | UKS FIGHTERS MOSINA | 1972 | M40 | 203 | 1033 | | 00:25:46 (1468) | 00:50:54 | 00:50:54 |
| 1110 | 3696 | Bartosz | Anioła | SWARZĘDZ | VEROBA | 1979 | M35 | 234 | 1034 | | 00:24:47 (1171) | 00:50:54 | 00:50:54 |
| 1111 | 2030 | Maciej | Robaszekiewicz | Września | | 1973 | M40 | 204 | 1035 | | 00:24:35 (1087) | 00:50:54 | 00:50:54 |
| 1112 | 128 | Wojciech | Kmieciak | Swarzędz | BOLS Swarzędz | 1991 | M25 | 157 | 1036 | | 00:23:49 (878) | 00:50:54 | 00:50:18 |
| 1113 | 1991 | Jacek | Rejniak | Poznań | | 1974 | M40 | 205 | 1037 | | 00:23:58 (907) | 00:50:55 | 00:49:50 |
| 1114 | 2801 | Tomasz | Kujawa | Oborniki | | 1969 | M45 | 83 | 1038 | | 00:25:11 (1286) | 00:50:55 | 00:50:05 |
| 1115 | 429 | Maciej | Zięba | Poznań | BBL Poznań | 1982 | M30 | 162 | 1039 | | 00:24:29 (1050) | 00:50:55 | 00:50:09 |
| 1116 | 2416 | Andrzej | Muszyński | Dobrzyca | BS Truchtacz Dobrzyca | 1953 | M60 | 23 | 1040 | | 00:24:53 (1200) | 00:50:56 | 00:49:36 |
| 1117 | 1940 | Piotr | Polowiński | Spytkówki | | 1979 | M35 | 235 | 1041 | | 00:24:38 (1109) | 00:50:56 | 00:49:28 |
| 1118 | 1848 | Dariusz | Mazur | Poznan | vulkaneria67 | 1967 | M45 | 84 | 1042 | | 00:23:30 (801) | 00:50:56 | 00:48:10 |
| 1119 | 2802 | Joanna | Gawlik | Oborniki | | 1985 | K30 | 18 | | 77 | 00:25:10 (1281) | 00:50:56 | 00:50:06 |
| 1120 | 3643 | Filip | Olejniczak | Opatówek | | 1988 | M25 | 158 | 1043 | | 00:24:16 (995) | 00:50:57 | 00:49:16 |
| 1121 | 3294 | Marcin | Paciejewski | Babimost | | 1977 | M35 | 236 | 1044 | | 00:23:45 (858) | 00:50:57 | 00:50:57 |
| 1122 | 2762 | Artur | Kapton | Błażejewo | | 1984 | M30 | 163 | 1045 | | 00:24:39 (1120) | 00:50:57 | 00:48:40 |
| 1123 | 3148 | Adrianna | Plaza | Konin | KKS ENDORFINY | 1981 | K35 | 11 | | 78 | 00:24:52 (1195) | 00:50:57 | 00:50:57 |
| 1124 | 3989 | Piotr | Nekanda-Trepka | Pobiedziska | | 1996 | M20 | 59 | 1046 | | 00:24:07 (962) | 00:50:58 | 00:50:13 |
| 1125 | 1354 | Maciej | Jakubek | Kobylnica | | 1997 | M16 | 26 | 1047 | | 00:24:06 (959) | 00:50:58 | 00:50:13 |
| 1126 | 1600 | Robert | Hetner | Nowa Sol | NGB | 1981 | M35 | 237 | 1048 | | 00:26:29 (1672) | 00:50:59 | 00:50:59 |
| 1127 | 2022 | Tomasz | Haglauer | Wolsztyn | | 1967 | M45 | 85 | 1049 | | 00:25:23 (1337) | 00:51:00 | 00:51:00 |
| 1128 | 1569 | Paweł | Wawrzaszek | Swarzędz | Krysiewicz | 1969 | M45 | 86 | 1050 | | 00:24:33 (1069) | 00:51:00 | 00:49:56 |
| 1129 | 2457 | Janusz | Kumor | Swarzędz | Pekabex | 1971 | M45 | 87 | 1051 | | 00:24:13 (981) | 00:51:00 | 00:49:55 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|-------------------------|-------------------|--|------|------|---------|------|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1130 | 3941 | Dorota | Wojciechowska | Gąsawa | | 1989 | K25 | 18 | | 79 | 00:25:08 (1268) | 00:51:00 | 00:51:00 |
| 1131 | 3311 | Paweł | Onichimiuk | Poznań | Speed Szuracz | 1980 | M35 | 238 | 1052 | | 00:25:50 (1492) | 00:51:02 | 00:51:02 |
| 1132 | 3184 | Michał | Kolasiński | Poznań | Comarch Poznań | 1988 | M25 | 159 | 1053 | | 00:24:32 (1064) | 00:51:03 | 00:51:03 |
| 1133 | 427 | Mariusz | Dymarski | Czerwonak | | 1973 | M40 | 206 | 1054 | | 00:25:16 (1310) | 00:51:05 | 00:51:05 |
| 1134 | 1357 | Krzysztof | Winowski | Swarzędz | | 1984 | M30 | 164 | 1055 | | 00:23:50 (883) | 00:51:05 | 00:48:16 |
| 1135 | 3671 | Mateusz | Wojnicz | Września | | 1991 | M25 | 160 | 1056 | | 00:24:35 (1088) | 00:51:06 | 00:49:46 |
| 1136 | 3357 | Marcin | Galewski | Kostrzyn | Walka Kostrzyn | 1992 | M20 | 60 | 1057 | | 00:25:22 (1333) | 00:51:07 | 00:50:41 |
| 1137 | 3355 | Arkadiusz | Urbaniak | Słupca | Pasjonaci Słupca | 1979 | M35 | 239 | 1058 | | 00:23:13 (740) | 00:51:07 | 00:50:35 |
| 1138 | 570 | Radosław | Udałowski | Poznań | | 1984 | M30 | 165 | 1059 | | 00:25:09 (1275) | 00:51:07 | 00:51:07 |
| 1139 | 2819 | Zygmunt | Nowaczyk | Trzemeszno | BOLT Trzemeszno | 1963 | M50 | 48 | 1060 | | 00:24:23 (1024) | 00:51:09 | 00:49:51 |
| 1140 | 840 | Jakub | Kliks | Poznań | ZMĘCZENI JUŻ PRZED BIEGIEM | 1998 | M16 | 27 | 1061 | | 00:24:45 (1157) | 00:51:09 | 00:51:09 |
| 1141 | 88 | Jacek | Grabowski | Hanover | Polonia Hanover | 1966 | M50 | 49 | 1062 | | 00:25:14 (1301) | 00:51:10 | 00:51:06 |
| 1142 | 2557 | Michał | Dylewski | Kazimierz Biskupi | | 1992 | M20 | 61 | 1063 | | 00:25:08 (1269) | 00:51:10 | 00:50:34 |
| 1143 | 1632 | Jacek | Zieliński | Września | www.pomagamaktywnie.pl / Stowarzyszenie Pomagam Aktywnie | 1986 | M30 | 166 | 1064 | | 00:26:04 (1560) | 00:51:11 | 00:51:11 |
| 1144 | 3097 | Anna | Stefaniak-Wojciechowska | Poznań | | 1981 | K35 | 12 | | 80 | 00:25:04 (1255) | 00:51:11 | 00:51:11 |
| 1145 | 3292 | Marcin | Sasim | Gorzów Wlkp. | | 1984 | M30 | 167 | 1065 | | 00:24:29 (1051) | 00:51:11 | 00:49:30 |
| 1146 | 2038 | Jan | Kozaczuk | Wiórek | | 1961 | M55 | 35 | 1066 | | 00:24:29 (1052) | 00:51:12 | 00:50:58 |
| 1147 | 1685 | Marcin | Zgolinski | Września | | 1980 | M35 | 240 | 1067 | | 00:26:11 (1597) | 00:51:13 | 00:51:13 |
| 1148 | 3409 | Tomasz | Balcerzak | KONARZEWO | Paszczaki 3 | 1974 | M40 | 207 | 1068 | | 00:25:30 (1384) | 00:51:13 | 00:49:03 |
| 1149 | 4046 | Kamil | Rosik | Poznań | | 1991 | M25 | 161 | 1069 | | 00:25:56 (1527) | 00:51:15 | 00:51:15 |
| 1150 | 2827 | Jakub | Kominiarek | Gniezno | | 1986 | M30 | 168 | 1070 | | 00:26:35 (1705) | 00:51:15 | 00:51:15 |
| 1151 | 1088 | Arkadiusz | Peters | Swarzędz | | 1972 | M40 | 208 | 1071 | | 00:24:00 (916) | 00:51:17 | 00:48:24 |
| 1152 | 634 | Kuba | Jurkiewicz | Poznań | Poznań Antoninek | 1979 | M35 | 241 | 1072 | | 00:24:22 (1020) | 00:51:17 | 00:51:17 |
| 1153 | 3903 | Piotr | Gabryszak | Konin | Appchance | 1985 | M30 | 169 | 1073 | | 00:26:36 (1711) | 00:51:18 | 00:51:18 |
| 1154 | 2219 | Tomasz | Chasiński | Swarzędz | | 1986 | M30 | 170 | 1074 | | 00:25:46 (1469) | 00:51:18 | 00:51:18 |
| 1155 | 161 | Tomasz | Bury | Swarzędz | CASTORAMA SWARZĘDZ - One Team | 1985 | M30 | 171 | 1075 | | 00:24:45 (1158) | 00:51:19 | 00:50:32 |
| 1156 | 3852 | Maciej | Styburski | Swarzędz | | 1982 | M30 | 172 | 1076 | | 00:24:34 (1078) | 00:51:19 | 00:49:06 |
| 1157 | 1253 | Sławomir | Rosiak | Środa wlkp | POLONIA ŚRODA/DRUŻYNA SZPIKU | 1970 | M45 | 88 | 1077 | | 00:25:43 (1449) | 00:51:20 | 00:51:20 |
| 1158 | 1794 | Łukasz | Jańczak | Poznań | Dziki | 1985 | M30 | 173 | 1078 | | 00:25:31 (1388) | 00:51:22 | 00:51:22 |
| 1159 | 3971 | Artur | Pankowski | Gniezno | Trepko Runners | 1986 | M30 | 173 | 1078 | | 00:24:02 (932) | 00:51:22 | 00:51:22 |
| 1160 | 2709 | Marek | Zapała | Zalasewo | ZALASEWO | 1982 | M30 | 175 | 1080 | | 00:24:34 (1079) | 00:51:22 | 00:50:13 |
| 1161 | 733 | Paweł | Nowacki | Swarzędz | | 1988 | M25 | 162 | 1081 | | 00:23:49 (879) | 00:51:23 | 00:50:56 |
| 1162 | 1630 | Tomasz | Rajewicz | Gruszczyń | CYBINA TEAM | 1975 | M40 | 209 | 1082 | | 00:25:33 (1403) | 00:51:23 | 00:51:23 |
| 1163 | 813 | Marek | Koścut | Siekierki Wielkie | | 1974 | M40 | 210 | 1083 | | 00:24:44 (1151) | 00:51:23 | 00:50:12 |
| 1164 | 965 | Jarosław | Każmierczak | Środa Wlkp. | KS Polonia Środa | 1981 | M35 | 242 | 1084 | | 00:24:33 (1070) | 00:51:24 | 00:50:08 |
| 1165 | 2988 | Darek | Majorczyk | Gniezno | Altom Gniezno | 1977 | M35 | 243 | 1085 | | 00:25:28 (1367) | 00:51:25 | 00:51:25 |
| 1166 | 3781 | Paweł | Kasprzak | Kościan | | 1984 | M30 | 176 | 1086 | | 00:24:39 (1121) | 00:51:25 | 00:50:14 |
| 1167 | 2744 | Paweł | Lewandowski | Poznań | | 1982 | M30 | 177 | 1087 | | 00:25:52 (1503) | 00:51:25 | 00:51:25 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|--------------------|---|------|------|---------|------|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1168 | 910 | Arkadiusz | Dąbek | Gniezno | biegam bo lubię | 1966 | M50 | 50 | 1088 | | 00:25:54 (1519) | 00:51:26 | 00:51:26 |
| 1169 | 1547 | Jarosław | Szczepaniec | Gniezno | | 1971 | M45 | 89 | 1089 | | 00:25:54 (1520) | 00:51:26 | 00:51:26 |
| 1170 | 516 | Michał | Balas | Poznań | Marcelkostwo | 1974 | M40 | 211 | 1090 | | 00:24:36 (1095) | 00:51:26 | 00:50:15 |
| 1171 | 3497 | Marcin | Ubowski | Śrem | | 1991 | M25 | 163 | 1090 | | 00:25:29 (1375) | 00:51:26 | 00:51:26 |
| 1172 | 4021 | Jakub | Korzeniewski | Krosno | | 1977 | M35 | 244 | 1092 | | 00:25:48 (1480) | 00:51:27 | 00:51:27 |
| 1173 | 1938 | Artur | Ługowski | Poznań | | 1986 | M30 | 178 | 1093 | | 00:24:38 (1110) | 00:51:28 | 00:51:18 |
| 1174 | 2499 | Marcin | Przysiuda | Września | Night Runners Września | 1985 | M30 | 179 | 1094 | | 00:25:07 (1263) | 00:51:28 | 00:49:55 |
| 1175 | 2628 | Przemysław | Januszak | OBORNIKI | TEAM JANO | 1974 | M40 | 212 | 1095 | | 00:24:15 (990) | 00:51:28 | 00:50:13 |
| 1176 | 2760 | Adam | Kapitańczyk | Radomsko | | 1979 | M35 | 245 | 1096 | | 00:24:42 (1137) | 00:51:28 | 00:51:22 |
| 1177 | 187 | Natalia | Sideł | Poznań | Malta klub | 1996 | K20 | 14 | | 81 | 00:24:35 (1089) | 00:51:29 | 00:50:46 |
| 1178 | 2914 | Stefan | Steinbauer | Poznań | AKCJA ZDROWA AKTYWACJA | 1985 | M30 | 180 | 1097 | | 00:27:21 (1935) | 00:51:29 | 00:51:29 |
| 1179 | 401 | Rafał | Kukotko | Tarnowo Podgórne | Lubuszaniec Drezdenko | 1974 | M40 | 213 | 1098 | | 00:25:19 (1321) | 00:51:29 | 00:51:29 |
| 1180 | 1985 | Krzysztof | Starkowski | Rosnówko | | 1981 | M35 | 246 | 1099 | | 00:24:20 (1015) | 00:51:29 | 00:50:00 |
| 1181 | 2718 | Mateusz | Fabiszak | Poznań | Klub Maratończyka VLO Poznań | 1990 | M25 | 164 | 1100 | | 00:27:02 (1843) | 00:51:29 | 00:51:29 |
| 1182 | 3219 | Grzegorz | Wachowski | Gniezno | | 1973 | M40 | 214 | 1101 | | 00:25:10 (1282) | 00:51:30 | 00:50:16 |
| 1183 | 3235 | Damian | Stachowicz | Poznań | | 1989 | M25 | 165 | 1102 | | 00:24:40 (1129) | 00:51:31 | 00:49:51 |
| 1184 | 2432 | Piotr | Węclawek | Poznań | | 1989 | M25 | 166 | 1103 | | 00:24:19 (1012) | 00:51:31 | 00:50:29 |
| 1185 | 3718 | Mateusz | Lisiak | Kostrzyn | Walka Kostrzyn | 1989 | M25 | 167 | 1104 | | 00:25:23 (1338) | 00:51:32 | 00:51:06 |
| 1186 | 1749 | Ada | Meissner | Swarzędz | CYBINA TEAM | 1988 | K25 | 19 | | 82 | 00:24:02 (933) | 00:51:33 | 00:50:09 |
| 1187 | 1816 | Marcin | Sępka | Kórnik | | 1986 | M30 | 181 | 1105 | | 00:24:14 (985) | 00:51:33 | 00:49:14 |
| 1188 | 3534 | Damian | Walczak | Poznań | | 1992 | M20 | 62 | 1106 | | 00:24:09 (971) | 00:51:33 | 00:49:55 |
| 1189 | 927 | Robert | Bałażyk | Września | FALO Nieruchomości | 1982 | M30 | 182 | 1107 | | 00:25:31 (1389) | 00:51:33 | 00:51:33 |
| 1190 | 3324 | Dominik | Piaskowski | Poznan | | 1981 | M35 | 247 | 1108 | | 00:24:52 (1196) | 00:51:33 | 00:48:51 |
| 1191 | 237 | Dawid | Adamczak | Poznań | | 1983 | M30 | 183 | 1109 | | 00:23:47 (866) | 00:51:33 | 00:49:40 |
| 1192 | 681 | Katarzyna | Buśkiewicz | Tulce | Powers Partner | 1978 | K35 | 13 | | 83 | 00:24:40 (1130) | 00:51:34 | 00:51:09 |
| 1193 | 680 | Tomasz | Buśkiewicz | Tulce | Powers Partner | 1976 | M40 | 215 | 1110 | | 00:24:41 (1134) | 00:51:34 | 00:51:10 |
| 1194 | 1418 | Jan | Biskup | Grodzisk Wilk | | 1986 | M30 | 184 | 1111 | | 00:24:33 (1071) | 00:51:35 | 00:49:49 |
| 1195 | 643 | Radosław | Prus | strzałkowo | Strzałkowska Grupa Biegowa Sokół | 1983 | M30 | 185 | 1112 | | 00:24:34 (1080) | 00:51:35 | 00:50:24 |
| 1196 | 2577 | Aneta | Jarmużek | Poznań | | 1979 | K35 | 14 | | 84 | 00:24:28 (1046) | 00:51:36 | 00:50:19 |
| 1197 | 2743 | Łukasz | Żakowski | Poznań | | 1977 | M35 | 248 | 1113 | | 00:24:35 (1090) | 00:51:37 | 00:50:07 |
| 1198 | 431 | Kamila | Mikła | poznań | 31 Baza Lotnictwa Taktycznego / Mamy- Biegamy | 1980 | K35 | 15 | | 85 | 00:25:02 (1239) | 00:51:38 | 00:50:30 |
| 1199 | 2086 | Marta | Mroczek | Siedlce | Marta Mroczek | 1976 | K40 | 11 | | 86 | 00:25:03 (1247) | 00:51:38 | 00:51:38 |
| 1200 | 679 | Fabian | Świt | Środa Wielkopolska | | 1986 | M30 | 186 | 1114 | | 00:24:55 (1207) | 00:51:38 | 00:51:11 |
| 1201 | 2619 | Adrian | Konieczny | Poznań | | 1980 | M35 | 249 | 1115 | | 00:24:39 (1122) | 00:51:38 | 00:50:25 |
| 1202 | 3730 | Dominik | Baryczka | Węgielki | byle do przodu | 1980 | M35 | 250 | 1116 | | 00:23:45 (859) | 00:51:38 | 00:50:24 |
| 1203 | 1062 | Elżbieta | Czekalska | Pobiedziska | Pobiedziska Running Team | 1962 | K50 | 4 | | 87 | 00:25:07 (1264) | 00:51:39 | 00:51:39 |
| 1204 | 2900 | Piotr | Chmura | Czemiejewo | | 1976 | M40 | 216 | 1117 | | 00:24:01 (923) | 00:51:39 | 00:51:39 |
| 1205 | 2162 | Marcin | Kuźniarek | Poznań | | 1983 | M30 | 187 | 1118 | | 00:25:02 (1240) | 00:51:39 | 00:51:39 |
| 1206 | 3668 | Leszek | Smolarek | wierzyce | | 1971 | M45 | 90 | 1119 | | 00:25:04 (1256) | 00:51:39 | 00:51:39 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|---------------|-------------------|--|------|------|---------|------|----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1207 | 458 | Piotr | Kurnatowski | Śrem | | 1983 | M30 | 188 | 1120 | | 00:25:15 (1305) | 00:51:41 | 00:49:44 |
| 1208 | 2106 | Paweł | Rogowicz | Garby | Fabryka Triathlonu | 1980 | M35 | 251 | 1121 | | 00:26:55 (1804) | 00:51:41 | 00:51:41 |
| 1209 | 3236 | Miłosz | Pierzchlewicz | Poznań | | 1984 | M30 | 189 | 1122 | | 00:25:25 (1353) | 00:51:42 | 00:51:42 |
| 1210 | 2870 | Łukasz | Kurowski | Zalasewo | | 1980 | M35 | 252 | 1123 | | 00:25:36 (1414) | 00:51:42 | 00:51:42 |
| 1211 | 3065 | Klaudia | Cibor | Poznań | Body Chief Running Team | 1990 | K25 | 20 | | 88 | 00:25:25 (1354) | 00:51:42 | 00:51:42 |
| 1212 | 700 | Michał | Operacz | Poznań | | 1980 | M35 | 253 | 1124 | | 00:25:54 (1521) | 00:51:42 | 00:51:42 |
| 1213 | 1786 | Artur | Kozłowski | Swarzedz | | 1981 | M35 | 254 | 1125 | | 00:25:06 (1260) | 00:51:44 | 00:50:08 |
| 1214 | 1282 | Adam | Borkowski | Konin | Uczniowski Klub Sportowy SAMURAJ Konin | 1983 | M30 | 190 | 1126 | | 00:24:38 (1111) | 00:51:44 | 00:50:06 |
| 1215 | 875 | Leon | Wawrzyński | Pobiedziska | TKKF Płomień-Pobiedziska | 1955 | M60 | 24 | 1127 | | 00:25:42 (1443) | 00:51:44 | 00:51:44 |
| 1216 | 829 | Łukasz | Łukaszewski | Śrem | Kb Zadyszka Nochowo :) | 1978 | M35 | 255 | 1128 | | 00:24:21 (1017) | 00:51:45 | 00:50:20 |
| 1217 | 2053 | Krzysztof | Prabucki | WITKOWO | SIL33 | 1977 | M35 | 256 | 1129 | | 00:25:06 (1261) | 00:51:45 | 00:49:57 |
| 1218 | 1585 | Mariusz | Staszak | Wierzyce | Wierzyce-moje miejsce na ziemi | 1973 | M40 | 217 | 1130 | | 00:24:04 (946) | 00:51:45 | 00:50:35 |
| 1219 | 3120 | Ewelina | Janiszewska | objezierze | | 1982 | K30 | 19 | | 89 | 00:24:47 (1172) | 00:51:46 | 00:50:18 |
| 1220 | 1592 | Joanna | Pierzchała | Jerzykowo | | 1990 | K25 | 21 | | 90 | 00:26:11 (1598) | 00:51:46 | 00:51:46 |
| 1221 | 1706 | Adam | Iwański | Kostrzyn | Walka Kostrzyn | 1990 | M25 | 168 | 1131 | | 00:24:58 (1220) | 00:51:46 | 00:50:52 |
| 1222 | 428 | Michał | Klamka | POZNAŃ | | 1980 | M35 | 257 | 1132 | | 00:24:46 (1162) | 00:51:47 | 00:50:29 |
| 1223 | 678 | Wojciech | Andrzejewski | Poznań | Decathlon Komorniki | 1991 | M25 | 169 | 1133 | | 00:23:24 (777) | 00:51:47 | 00:51:18 |
| 1224 | 3816 | Mateusz | Kropidłowski | Łubowo | | 1990 | M25 | 170 | 1134 | | 00:24:05 (953) | 00:51:48 | 00:49:40 |
| 1225 | 3317 | Wojciech | Kocęto | Poznań | Kuna&Kocu24 | 1984 | M30 | 191 | 1135 | | 00:25:15 (1306) | 00:51:48 | 00:51:12 |
| 1226 | 3149 | Artur | Kubiak | Swarzędz | | 1995 | M20 | 63 | 1136 | | 00:24:49 (1182) | 00:51:48 | 00:49:04 |
| 1227 | 2658 | Łukasz | Łukowski | Gniezno | | 1983 | M30 | 192 | 1137 | | 00:25:49 (1484) | 00:51:48 | 00:51:15 |
| 1228 | 917 | Piotr | Napieraj | Września | | 1986 | M30 | 193 | 1138 | | 00:25:57 (1530) | 00:51:49 | 00:51:49 |
| 1229 | 2171 | Przemysław | Baron | Poznań | Constravia | 1982 | M30 | 194 | 1139 | | 00:24:47 (1173) | 00:51:50 | 00:50:29 |
| 1230 | 1238 | Kornel | Różycki | Swarzędz | | 1981 | M35 | 258 | 1140 | | 00:25:03 (1248) | 00:51:50 | 00:50:22 |
| 1231 | 1407 | Dariusz | Szymalak | Łubowo | | 1974 | M40 | 218 | 1141 | | 00:24:04 (947) | 00:51:50 | 00:50:54 |
| 1232 | 2885 | Bogdan | Kanclerz | Łubowo | | 1965 | M50 | 51 | 1142 | | 00:24:05 (954) | 00:51:51 | 00:50:56 |
| 1233 | 2972 | Joanna | Świdarska | Boruszyn | KB UE Poznań | 1989 | K25 | 22 | | 91 | 00:25:07 (1265) | 00:51:51 | 00:51:09 |
| 1234 | 666 | Waldemar | Kozłowski | Poznań | g43poznانبiega | 1966 | M50 | 52 | 1143 | | 00:24:23 (1025) | 00:51:51 | 00:51:00 |
| 1235 | 3132 | Jan | Pałys | Poznań | | 1981 | M35 | 259 | 1144 | | 00:24:14 (986) | 00:51:52 | 00:50:22 |
| 1236 | 1538 | Aneta | Bartkowska | TRZEMESZNO | BOLT Trzemeszno | 1991 | K25 | 23 | | 92 | 00:24:29 (1053) | 00:51:53 | 00:50:35 |
| 1237 | 3020 | Grzegorz | Banaszkiewicz | Trzemeszno | BOLT Trzemeszno | 1973 | M40 | 219 | 1145 | | 00:24:47 (1174) | 00:51:53 | 00:50:35 |
| 1238 | 3368 | Magdalena | Raś | Krotoszyn | Bliźniacy | 1991 | K25 | 24 | | 93 | 00:24:47 (1175) | 00:51:54 | 00:51:11 |
| 1239 | 180 | Jarosław | Występski | Tanibórz | | 1979 | M35 | 260 | 1146 | | 00:25:48 (1481) | 00:51:54 | 00:51:54 |
| 1240 | 1128 | Przemysław | Sznura | Tulce | CYBINA TEAM | 1973 | M40 | 220 | 1147 | | 00:26:18 (1625) | 00:51:54 | 00:51:54 |
| 1241 | 2325 | Irena | Majłowska | Gorzów Wlkp. | | 1953 | K60 | 2 | | 94 | 00:24:41 (1135) | 00:51:55 | 00:51:19 |
| 1242 | 1031 | Włodzimierz | Adamczyk | kazimierz biskupi | | 1961 | M55 | 36 | 1148 | | 00:26:30 (1681) | 00:51:55 | 00:51:55 |
| 1243 | 2314 | Maksymilian | Figas | Poznań | | 1988 | M25 | 171 | 1149 | | 00:26:27 (1662) | 00:51:56 | 00:51:56 |
| 1244 | 1310 | Tomasz | Skrzypczak | Murowana Goślina | | 1980 | M35 | 261 | 1150 | | 00:24:38 (1112) | 00:51:56 | 00:51:15 |
| 1245 | 3376 | Paweł | Strzemecki | Swarzędz | | 1976 | M40 | 221 | 1150 | | 00:25:08 (1270) | 00:51:56 | 00:49:07 |

V Bieg 10km Szpot Swarzędz

Organizator: Szpot Sp. z o.o. i Ewa Szpot Sp. z o.o.

Dystans: 10km

Swarzędz, 2016-05-08



Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|--------------------|---|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1246 | 3351 | Julia | Świątek | Chyby | ERGO-BHP TEAM | 1982 | K30 | 20 | | 95 | 00:24:51 (1190) | 00:51:56 | 00:50:44 |
| 1247 | 1604 | Tomasz | Tonder | Swarzędz | | 1987 | M25 | 172 | 1152 | | 00:24:38 (1113) | 00:51:57 | 00:50:49 |
| 1248 | 603 | Katarzyna | Wietrzykowska | Swarzędz | | 1981 | K35 | 16 | | 96 | 00:26:28 (1669) | 00:51:57 | 00:51:57 |
| 1249 | 2332 | Bartosz | Chwiałkowski | Poznań | | 1982 | M30 | 195 | 1153 | | 00:23:38 (832) | 00:51:58 | 00:51:23 |
| 1250 | 1369 | Piotr | Maciejewski | Swarzędz | BOLS Swarzędz | 1991 | M25 | 173 | 1154 | | 00:25:09 (1276) | 00:51:58 | 00:51:22 |
| 1251 | 3810 | Robert | Walczak | Zielona Góra | JeffersonsTeam | 1974 | M40 | 222 | 1155 | | 00:25:37 (1420) | 00:51:58 | 00:51:58 |
| 1252 | 850 | Tomasz | Bilski | Nekła | Active Nekła | 1975 | M40 | 223 | 1156 | | 00:25:58 (1535) | 00:52:00 | 00:52:00 |
| 1253 | 2882 | Piotr | Wypychowski | Swarzędz | Drużyna Zenka | 1955 | M60 | 25 | 1157 | | 00:26:09 (1581) | 00:52:00 | 00:52:00 |
| 1254 | 1530 | Kinga | Friebe | Golina | | 1990 | K25 | 25 | | 97 | 00:24:45 (1159) | 00:52:00 | 00:50:31 |
| 1255 | 1263 | Michał | Karolczak | Poznań | MKD TEAM | 1976 | M40 | 224 | 1158 | | 00:24:34 (1081) | 00:52:01 | 00:50:38 |
| 1256 | 1782 | Dawid | Baranowski | Swarzędz | | 1983 | M30 | 196 | 1159 | | 00:24:37 (1101) | 00:52:01 | 00:50:53 |
| 1257 | 142 | Maciej | Sobkowiak | Poznań | | 1980 | M35 | 262 | 1160 | | 00:26:27 (1663) | 00:52:01 | 00:52:01 |
| 1258 | 2185 | Rafał | Wiśniewski | Międzychód | | 1971 | M45 | 91 | 1161 | | 00:24:59 (1226) | 00:52:02 | 00:50:37 |
| 1259 | 591 | Przemysław | Haraj | poznań | | 1972 | M40 | 225 | 1162 | | 00:24:17 (1002) | 00:52:02 | 00:50:07 |
| 1260 | 1740 | Arleta | Rogalińska | Września | KB Kosynier Września | 1971 | K45 | 4 | | 98 | 00:24:34 (1082) | 00:52:03 | 00:51:39 |
| 1261 | 2068 | Jowita | Kruczkowska | Swarzędz | Walka Kostrzyn | 1994 | K20 | 15 | | 99 | 00:25:11 (1287) | 00:52:03 | 00:51:37 |
| 1262 | 1588 | Michał | Maćkowski | Komorniki | KGB Grzmot Komorniki | 1973 | M40 | 226 | 1163 | | 00:25:17 (1313) | 00:52:03 | 00:52:03 |
| 1263 | 2737 | Rafał | Gackowski | Pobiedziska | | 1975 | M40 | 227 | 1164 | | 00:25:25 (1355) | 00:52:04 | 00:52:04 |
| 1264 | 2036 | Olga | Winiarska | Poznań | | 1978 | K35 | 17 | | 100 | 00:26:58 (1821) | 00:52:04 | 00:52:04 |
| 1265 | 42 | Andrzej | Krzyścin | Szczytniki Duchowe | Altom Gniezno | 1967 | M45 | 92 | 1165 | | 00:25:50 (1493) | 00:52:05 | 00:48:39 |
| 1266 | 1480 | Błażej | Panek | Krzyszkowo | | 1981 | M35 | 263 | 1166 | | 00:25:32 (1394) | 00:52:05 | 00:52:05 |
| 1267 | 3556 | Irena | Nowak | Skoki | UKS SKOCZEK Skoki | 1966 | K50 | 5 | | 101 | 00:25:20 (1327) | 00:52:05 | 00:52:05 |
| 1268 | 2039 | Jarosław | Winiarski | Poznań | | 1975 | M40 | 228 | 1167 | | 00:26:59 (1825) | 00:52:06 | 00:52:06 |
| 1269 | 2873 | Rafał | Wachowiak | Kościan | Kościan biega | 1973 | M40 | 229 | 1168 | | 00:25:52 (1504) | 00:52:07 | 00:52:07 |
| 1270 | 1880 | Łukasz | Krokowski | Luboń | | 1985 | M30 | 197 | 1169 | | 00:24:46 (1163) | 00:52:08 | 00:50:00 |
| 1271 | 3044 | Andre | Gajewski | Poznan | | 1982 | M30 | 198 | 1170 | | 00:23:17 (757) | 00:52:09 | 00:51:37 |
| 1272 | 1788 | Dawid | Handke | Swarzedz | | 1983 | M30 | 199 | 1171 | | 00:24:43 (1144) | 00:52:10 | 00:50:21 |
| 1273 | 3500 | Beata | Jagielka | Leszno | REAL 64-sto | 1976 | K40 | 12 | | 102 | 00:24:59 (1227) | 00:52:10 | 00:50:59 |
| 1274 | 3102 | Bartosz | Kuciak | Krosno | 4F RUNNING TEAM | 1987 | M25 | 174 | 1172 | | 00:24:09 (972) | 00:52:10 | 00:51:52 |
| 1275 | 3096 | Maciej | Niemir | Poznań | | 1979 | M35 | 264 | 1173 | | 00:25:47 (1475) | 00:52:11 | 00:52:11 |
| 1276 | 3433 | Piotr | Klim | Poznań | cswl poznań | 1974 | M40 | 230 | 1174 | | 00:26:02 (1549) | 00:52:11 | 00:52:11 |
| 1277 | 3485 | Grzegorz | Pawlik | Krotoszyn | KS KROTOSZ KROTOSZYN | 1979 | M35 | 265 | 1175 | | 00:26:04 (1561) | 00:52:12 | 00:52:12 |
| 1278 | 687 | Paweł | Pawlik | Swarzędz | PAAB Wielkopolski Instytut Kształcenia Przedmedycznego Paweł Pawlik | 1973 | M40 | 231 | 1176 | | 00:24:34 (1083) | 00:52:12 | 00:51:41 |
| 1279 | 3773 | Arkadiusz | Olkowski | Olszewo Borki | OLSZEWO BORKI | 1985 | M30 | 200 | 1177 | | 00:25:08 (1271) | 00:52:12 | 00:52:12 |
| 1280 | 4 | Łukasz | Arentowski | POZNAŃ | CYBINA TEAM | 1975 | M40 | 232 | 1178 | | 00:26:35 (1706) | 00:52:13 | 00:52:13 |
| 1281 | 2534 | Zbigniew | Chudzicki | kowanówko | kuna kowanówko | 1974 | M40 | 233 | 1179 | | 00:24:42 (1138) | 00:52:13 | 00:51:27 |
| 1282 | 378 | Łukasz | Anioła | Poznań | Dzikie Wieprze | 1985 | M30 | 201 | 1180 | | 00:25:18 (1316) | 00:52:14 | 00:51:48 |
| 1283 | 3515 | Daniel | Kaczkowski | Poznań | | 1978 | M35 | 266 | 1181 | | 00:26:30 (1682) | 00:52:14 | 00:52:14 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|--------------|----------------|-----------------|-------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1284 | 409 | Dariusz | Mądry | Swarzędz | | 1962 | M50 | 53 | 1182 | | 00:27:05 (1859) | 00:52:15 | 00:52:15 |
| 1285 | 1777 | Dariusz | Szumiński | Swarzędz | CYBINA TEAM | 1961 | M55 | 37 | 1183 | | 00:26:44 (1743) | 00:52:15 | 00:52:15 |
| 1286 | 3181 | Sebastian | Biernaczyk | Swarzędz | | 1988 | M25 | 175 | 1184 | | 00:24:32 (1065) | 00:52:15 | 00:50:36 |
| 1287 | 3565 | Krzysztof | Szafran | Komorniki | | 1981 | M35 | 267 | 1185 | | 00:26:09 (1582) | 00:52:15 | 00:52:15 |
| 1288 | 2459 | Norbert | Krapiec | Zajączek | | 1985 | M30 | 202 | 1186 | | 00:25:08 (1272) | 00:52:15 | 00:50:23 |
| 1289 | 1424 | Joanna | Witke | Swarzędz | | 1994 | K20 | 16 | | 103 | 00:25:12 (1293) | 00:52:16 | 00:51:20 |
| 1290 | 2840 | Marcin | Osiadły | Koziegłowy | Brygada RR | 1985 | M30 | 203 | 1187 | | 00:26:56 (1811) | 00:52:16 | 00:52:16 |
| 1291 | 3863 | Bartłomiej | Chruszczewski | Komorniki | | 1976 | M40 | 234 | 1188 | | 00:26:14 (1609) | 00:52:16 | 00:52:16 |
| 1292 | 1406 | Paweł | Piaskowski | SIEDLEC | AMATOR | 1972 | M40 | 235 | 1189 | | 00:24:32 (1066) | 00:52:16 | 00:51:07 |
| 1293 | 2236 | Krzysztof | Jankowiak | Poznań | Constravia | 1986 | M30 | 204 | 1190 | | 00:24:43 (1145) | 00:52:16 | 00:50:56 |
| 1294 | 1070 | Romuald | Wicher | Swarzędz | | 1956 | M60 | 26 | 1191 | | 00:25:08 (1273) | 00:52:17 | 00:52:17 |
| 1295 | 2917 | Radosław | Nowakowski | sady | wuef club | 1989 | M25 | 176 | 1192 | | 00:28:25 (2265) | 00:52:17 | 00:52:17 |
| 1296 | 1958 | Joanna | Skąpska | Poznań | club de course M i H | 1977 | K35 | 18 | | 104 | 00:25:24 (1344) | 00:52:18 | 00:51:03 |
| 1297 | 436 | Karolina | Górecka | Swarzędz | | 1992 | K20 | 17 | | 105 | 00:25:57 (1531) | 00:52:18 | 00:52:18 |
| 1298 | 2529 | Tomasz | Rowiński | Promnice | | 1976 | M40 | 236 | 1193 | | 00:25:49 (1485) | 00:52:19 | 00:52:19 |
| 1299 | 2343 | Piotr | Dzieciatkowski | Poznań | meritumobuwie.pl | 1967 | M45 | 93 | 1194 | | 00:26:09 (1583) | 00:52:20 | 00:52:20 |
| 1300 | 873 | Adam | Giełda | Śrem | | 1971 | M45 | 94 | 1195 | | 00:24:29 (1054) | 00:52:20 | 00:51:58 |
| 1301 | 1563 | Roman | Michalski | Poznań | KB Carasco | 1973 | M40 | 237 | 1196 | | 00:23:58 (908) | 00:52:21 | 00:52:21 |
| 1302 | 763 | Natalia | Dubiel | Szamotuły | KB Szamotuły | 1989 | K25 | 26 | | 106 | 00:26:59 (1826) | 00:52:21 | 00:52:21 |
| 1303 | 3588 | Dawid | Chmielarz | paczkowo | | 1988 | M25 | 177 | 1197 | | 00:24:00 (917) | 00:52:22 | 00:52:10 |
| 1304 | 1621 | Adam | Styperek | Luboń | Dzikie Wieprze | 1988 | M25 | 178 | 1198 | | 00:24:46 (1164) | 00:52:22 | 00:51:56 |
| 1305 | 1768 | Krzysztof | Czechowski | Swarzędz | CYBINA TEAM | 1974 | M40 | 238 | 1199 | | 00:24:58 (1221) | 00:52:23 | 00:52:04 |
| 1306 | 1397 | Grzegorz | Nowak | Poznań | Nowaczki.pl | 1974 | M40 | 239 | 1200 | | 00:25:59 (1539) | 00:52:23 | 00:51:48 |
| 1307 | 2229 | Sonia | Łastowska | Poznań | Perschmann Running Team | 1973 | K40 | 13 | | 107 | 00:26:10 (1589) | 00:52:23 | 00:52:23 |
| 1308 | 2491 | Marian Jerzy | Roszyk | Złotniki | | 1960 | M55 | 38 | 1201 | | 00:25:24 (1345) | 00:52:23 | 00:51:48 |
| 1309 | 1977 | Kamil | Kaczmarek | Komorniki | INEX SYSTEM | 1973 | M40 | 240 | 1202 | | 00:24:50 (1186) | 00:52:24 | 00:50:11 |
| 1310 | 2168 | Łukasz | Majchrzycki | Poznań | | 1985 | M30 | 205 | 1203 | | 00:26:29 (1673) | 00:52:24 | 00:52:24 |
| 1311 | 798 | Roman | Romanowski | Poznań | ZUZ Poznań | 1968 | M45 | 95 | 1204 | | 00:24:48 (1179) | 00:52:24 | 00:51:30 |
| 1312 | 346 | Jacek | Bożkiewicz | Murwana Goślina | LOBO-TECHNIK | 1975 | M40 | 241 | 1205 | | 00:24:55 (1208) | 00:52:25 | 00:49:47 |
| 1313 | 4022 | Piotr | Drausowski | Poznań | | 1986 | M30 | 206 | 1206 | | 00:27:12 (1887) | 00:52:25 | 00:52:25 |
| 1314 | 1974 | Dawid | Tomkowiak | Swarzędz | | 1994 | M20 | 64 | 1207 | | 00:24:53 (1201) | 00:52:25 | 00:52:05 |
| 1315 | 2582 | Dobrochna | Janas | Poznań | | 1976 | K40 | 14 | | 108 | 00:25:46 (1470) | 00:52:26 | 00:52:26 |
| 1316 | 2569 | Paweł | Matuszyński | Swarzędz | Unia Swarzędz Zapasy | 1990 | M25 | 179 | 1208 | | 00:26:05 (1568) | 00:52:27 | 00:52:27 |
| 1317 | 2021 | Dariusz | Rudyński | Kruczowo | | 1980 | M35 | 268 | 1209 | | 00:26:04 (1562) | 00:52:28 | 00:52:28 |
| 1318 | 2842 | Krzysztof | Masłowski | Poznań | Kibole w biegu | 1987 | M25 | 180 | 1210 | | 00:24:38 (1114) | 00:52:28 | 00:51:50 |
| 1319 | 513 | Ziemowit | Staszak | Poznań | gRUNwald Team Poznań | 1988 | M25 | 181 | 1211 | | 00:24:54 (1202) | 00:52:28 | 00:52:00 |
| 1320 | 1789 | Piotr | Bacharewicz | WRZEŚNIA | | 1978 | M35 | 269 | 1212 | | 00:25:41 (1441) | 00:52:30 | 00:51:07 |
| 1321 | 3295 | Joachim | Krych | Gniezno | | 1984 | M30 | 207 | 1213 | | 00:24:32 (1067) | 00:52:31 | 00:51:28 |
| 1322 | 3214 | Rafał | Kassner | Poznań | | 1988 | M25 | 182 | 1214 | | 00:23:42 (847) | 00:52:32 | 00:51:57 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|----------------|----------------|--------------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1323 | 2758 | Joanna | Stróżyk | Komorniki | KGB Grzmot Komorniki | 1986 | K30 | 21 | | 109 | 00:24:36 (1096) | 00:52:33 | 00:51:30 |
| 1324 | 3109 | Łukasz | Wojciechowski | Swarzędz | | 1975 | M40 | 242 | 1215 | | 00:24:39 (1123) | 00:52:34 | 00:50:53 |
| 1325 | 3975 | Wojciech | Woźniak | zalasewo | | 1981 | M35 | 270 | 1216 | | 00:28:06 (2175) | 00:52:34 | 00:52:34 |
| 1326 | 3996 | Marcin | Borkowski | Dąbrówka | | 1977 | M35 | 271 | 1217 | | 00:25:02 (1241) | 00:52:35 | 00:51:44 |
| 1327 | 3719 | Janusz | Krużyński | Poznań | | 1973 | M40 | 243 | 1218 | | 00:24:43 (1146) | 00:52:35 | 00:51:07 |
| 1328 | 2345 | Marta | Dzieciatkowska | Poznań | meritumobuwie.pl | 1998 | K16 | 2 | | 110 | 00:26:10 (1590) | 00:52:35 | 00:52:35 |
| 1329 | 3362 | Tomasz | Kwasny | Poznan | | 1979 | M35 | 272 | 1219 | | 00:25:52 (1505) | 00:52:36 | 00:52:36 |
| 1330 | 3980 | Krzysztof | Woźny | Kaźmierz | Kaźmierski Klub Morsującego Biegacza | 1982 | M30 | 208 | 1220 | | 00:26:10 (1591) | 00:52:36 | 00:52:36 |
| 1331 | 2077 | Maciej | Waszak | Dąbrówka | Dzikie Wieprze | 1983 | M30 | 209 | 1221 | | 00:25:27 (1365) | 00:52:36 | 00:52:02 |
| 1332 | 1065 | Krzysztof | Marciniak | Wyrzysk | CYBINA TEAM | 1953 | M60 | 27 | 1222 | | 00:27:06 (1865) | 00:52:37 | 00:52:37 |
| 1333 | 1753 | Bartosz | Dolata | Poznań | CYBINA TEAM | 1996 | M20 | 65 | 1223 | | 00:24:46 (1165) | 00:52:37 | 00:52:22 |
| 1334 | 2449 | Joanna | Misiun | Olsztyn | biegaj.my | 1987 | K25 | 27 | | 111 | 00:25:49 (1486) | 00:52:38 | 00:52:38 |
| 1335 | 4004 | Andrzej | Ciechorski | janikowo | ZP Szpiki Druzyna Szpiku | 1985 | M30 | 210 | 1224 | | 00:26:45 (1749) | 00:52:38 | 00:52:38 |
| 1336 | 3441 | Paweł | Smoczyński | Kórnik | | 1962 | M50 | 54 | 1225 | | 00:27:40 (2029) | 00:52:38 | 00:52:38 |
| 1337 | 3286 | Mariusz | Pytlik | Leszno | | 1972 | M40 | 244 | 1226 | | 00:25:19 (1322) | 00:52:39 | 00:51:59 |
| 1338 | 906 | Marcin | Sobczak | Kostrzyn Wlkp. | Walka Kostrzyn | 1991 | M25 | 183 | 1227 | | 00:26:06 (1570) | 00:52:39 | 00:50:57 |
| 1339 | 3931 | Krzysztof | Niciejewski | Swarzędz | FTI | 1975 | M40 | 245 | 1228 | | 00:24:48 (1180) | 00:52:39 | 00:51:37 |
| 1340 | 3978 | Ernest | Ratajczak | zalasewo | | 1982 | M30 | 211 | 1229 | | 00:25:44 (1455) | 00:52:39 | 00:52:39 |
| 1341 | 3819 | Szymon | Pawelczyk | Poznań | elabus.pl | 1982 | M30 | 212 | 1230 | | 00:27:31 (1984) | 00:52:39 | 00:52:39 |
| 1342 | 2429 | Tomasz | Ryczak | Poznań | Michalek Team | 1985 | M30 | 213 | 1231 | | 00:26:28 (1670) | 00:52:40 | 00:52:40 |
| 1343 | 1890 | Żaneta | Obara | NEKLA | | 1976 | K40 | 15 | | 112 | 00:24:25 (1033) | 00:52:40 | 00:51:30 |
| 1344 | 542 | Łukasz | Panek | Poznań | 31 Baza Lotnictwa Taktycznego | 1982 | M30 | 214 | 1232 | | 00:24:39 (1124) | 00:52:41 | 00:49:58 |
| 1345 | 177 | Ryszard | Weber | Swarzędz | | 1962 | M50 | 55 | 1233 | | 00:23:47 (867) | 00:52:41 | 00:49:33 |
| 1346 | 2926 | Piotr | Janowicz | Witkowo | | 1979 | M35 | 273 | 1234 | | 00:24:44 (1152) | 00:52:41 | 00:52:01 |
| 1347 | 887 | Robert | Osmólski | Kórnik | MJDOP | 1968 | M45 | 96 | 1235 | | 00:25:02 (1242) | 00:52:42 | 00:50:50 |
| 1348 | 3021 | Robert | Raszczyk | Września | | 1990 | M25 | 184 | 1236 | | 00:25:44 (1456) | 00:52:42 | 00:51:03 |
| 1349 | 3005 | Marcin | Gorączniak | Poznań | | 1979 | M35 | 274 | 1237 | | 00:24:48 (1181) | 00:52:43 | 00:52:30 |
| 1350 | 3117 | Adrian | Mirek | Plewiska | | 1980 | M35 | 275 | 1238 | | 00:22:59 (689) | 00:52:43 | 00:52:43 |
| 1351 | 2527 | Dariusz | Stefański | Warszawa | A.K.B. MORT! | 1961 | M55 | 39 | 1239 | | 00:26:39 (1722) | 00:52:44 | 00:52:44 |
| 1352 | 3938 | Damian | Przybysz | Grochowy | | 1989 | M25 | 185 | 1240 | | 00:27:20 (1928) | 00:52:44 | 00:52:44 |
| 1353 | 1537 | Alicja | Koralewska | Swarzędz | | 1990 | K25 | 28 | | 113 | 00:25:00 (1230) | 00:52:45 | 00:51:56 |
| 1354 | 3637 | Bogdan | Gutaj | Poznań | | 1991 | M25 | 186 | 1241 | | 00:23:47 (868) | 00:52:45 | 00:52:45 |
| 1355 | 586 | Szymon | Kaaprowicz | Puszczkowo | Puszczky.. | 1970 | M45 | 97 | 1242 | | 00:24:57 (1216) | 00:52:45 | 00:51:38 |
| 1356 | 1852 | Jose | Rodriguez | Poznan | | 1982 | M30 | 215 | 1243 | | 00:24:03 (938) | 00:52:45 | 00:52:28 |
| 1357 | 1000 | Leonard | Wojnowski | POZNAŃ | METALSTUDIO | 1960 | M55 | 40 | 1244 | | 00:25:56 (1528) | 00:52:45 | 00:52:45 |
| 1358 | 4038 | Przemysław | Pawela | Poznań | Muse Sp. z o.o. | 1987 | M25 | 187 | 1245 | | 00:24:54 (1203) | 00:52:46 | 00:51:22 |
| 1359 | 2281 | Damian | Nowakowski | Września | | 1989 | M25 | 188 | 1246 | | 00:25:44 (1457) | 00:52:46 | 00:51:06 |
| 1360 | 3600 | Magdalena | Sobczyńska | POZNAŃ | | 1991 | K25 | 29 | | 114 | 00:25:37 (1421) | 00:52:46 | 00:52:46 |
| 1361 | 3326 | Paulina | Huchwajda | Poznań | | 1989 | K25 | 30 | | 115 | 00:25:26 (1358) | 00:52:47 | 00:51:50 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|-----------------|-----------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1362 | 1790 | Dariusz | Matwiej | Poznań | | 1986 | M30 | 216 | 1247 | | 00:25:35 (1409) | 00:52:47 | 00:51:23 |
| 1363 | 2601 | Tomasz | Skowroński | WRZEŚNIA | KB Kosynier Września | 1976 | M40 | 246 | 1248 | | 00:24:46 (1166) | 00:52:47 | 00:52:14 |
| 1364 | 1741 | Artur | Rogański | Września | KB Kosynier Września | 1975 | M40 | 247 | 1249 | | 00:24:44 (1153) | 00:52:47 | 00:52:25 |
| 1365 | 781 | Jacek | Schlegel | LUBOŃ | TEAM Bracia | 1968 | M45 | 98 | 1250 | | 00:25:24 (1346) | 00:52:48 | 00:51:55 |
| 1366 | 168 | Dagmara | Pietrasz | Poznań | | 1981 | K35 | 19 | | 116 | 00:24:27 (1039) | 00:52:48 | 00:52:48 |
| 1367 | 386 | Marcin | Piotrowicz | Pobiedziska | | 1981 | M35 | 276 | 1251 | | 00:25:19 (1323) | 00:52:49 | 00:51:11 |
| 1368 | 3494 | Krzysztof | Drzewiecki | Swarzędz | szaszner.com -fotografia | 1989 | M25 | 189 | 1252 | | 00:25:22 (1334) | 00:52:50 | 00:51:14 |
| 1369 | 1511 | Wojciech | Izydorek | Września | Night Runners Września | 1983 | M30 | 217 | 1253 | | 00:28:05 (2170) | 00:52:50 | 00:52:50 |
| 1370 | 1555 | Roman | Rosół | Poznań | Poznań | 1970 | M45 | 99 | 1254 | | 00:25:11 (1288) | 00:52:50 | 00:52:50 |
| 1371 | 862 | Łukasz | Jachnik | pyszaca | | 1980 | M35 | 277 | 1255 | | 00:25:31 (1390) | 00:52:50 | 00:51:26 |
| 1372 | 3191 | Michał | Wasilewski | Poznań | | 1979 | M35 | 278 | 1256 | | 00:24:30 (1056) | 00:52:51 | 00:52:51 |
| 1373 | 1623 | Tomasz | Gawarzewski | Opalenica | Opalenica24.info / OKB Opalenica | 1989 | M25 | 190 | 1257 | | 00:26:19 (1628) | 00:52:51 | 00:52:51 |
| 1374 | 106 | Kasia | Sokołowska | Swarzędz | | 1996 | K20 | 18 | | 117 | 00:25:10 (1283) | 00:52:52 | 00:50:57 |
| 1375 | 2592 | Waldemar | Krapiec | Poznań | | 1962 | M50 | 56 | 1258 | | 00:25:53 (1512) | 00:52:52 | 00:51:26 |
| 1376 | 3364 | Wiesław | Szukała | Zalasewo | PIWNA STOPA | 1966 | M50 | 57 | 1259 | | 00:25:44 (1458) | 00:52:53 | 00:52:53 |
| 1377 | 669 | Alicja | Majda-Konieczna | Poznań | | 1987 | K25 | 31 | | 118 | 00:26:37 (1715) | 00:52:53 | 00:52:53 |
| 1378 | 1417 | Dariusz | Kuczewski | gniezno | | 1973 | M40 | 248 | 1260 | | 00:25:29 (1376) | 00:52:53 | 00:52:53 |
| 1379 | 2140 | Bogumił | Pałowski | Poznań | BBL Poznań | 1965 | M50 | 58 | 1261 | | 00:27:02 (1844) | 00:52:54 | 00:52:54 |
| 1380 | 3486 | Katarzyna | Fratczak | Węgierki | | 1990 | K25 | 32 | | 119 | 00:24:31 (1060) | 00:52:54 | 00:51:39 |
| 1381 | 2333 | Henryk | Chwiałkowski | Wierzchowo | | 1956 | M60 | 28 | 1262 | | 00:25:18 (1317) | 00:52:55 | 00:52:20 |
| 1382 | 295 | Michał | Szuszcyński | Poznań | | 1976 | M40 | 249 | 1263 | | | 00:52:55 | 00:52:55 |
| 1383 | 3834 | Tomasz | Majchrzak | Poznan | | 1993 | M20 | 66 | 1264 | | 00:24:37 (1102) | 00:52:56 | 00:52:35 |
| 1384 | 1861 | Włodzimierz | Dembski | ŚRÓDKA | MJDOP | 1973 | M40 | 250 | 1265 | | 00:26:19 (1629) | 00:52:56 | 00:52:56 |
| 1385 | 2590 | Wojciech | Marcinkowski | Poznan | | 1991 | M25 | 191 | 1266 | | 00:26:10 (1592) | 00:52:57 | 00:51:47 |
| 1386 | 3121 | Mariusz | Przybylak | poznań | | 1986 | M30 | 218 | 1267 | | 00:24:32 (1068) | 00:52:58 | 00:51:30 |
| 1387 | 272 | Łukasz | Przybylski | Swarzędz | So Piwko Pije | 1989 | M25 | 192 | 1268 | | 00:26:24 (1646) | 00:52:58 | 00:52:58 |
| 1388 | 3582 | Zbigniew | Kowalski | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | 1959 | M55 | 41 | 1269 | | 00:25:20 (1328) | 00:52:59 | 00:52:35 |
| 1389 | 3047 | Andrzej | Ogórkiewicz | Poznań | Rok | 1964 | M50 | 59 | 1270 | | 00:24:25 (1034) | 00:53:00 | 00:51:51 |
| 1390 | 2241 | Mariusz | Sikorski | Gniezno | | 1991 | M25 | 193 | 1271 | | 00:29:02 (2423) | 00:53:01 | 00:53:01 |
| 1391 | 2278 | Filip | Huebner | Gniezno | | 1994 | M20 | 67 | 1272 | | 00:29:02 (2424) | 00:53:01 | 00:53:01 |
| 1392 | 2556 | Maciej | Malski | Gortatowo | | 1975 | M40 | 251 | 1273 | | 00:24:35 (1091) | 00:53:01 | 00:51:27 |
| 1393 | 3226 | Tomek | Skrobała | Leszno | Almark Leszno | 1966 | M50 | 60 | 1274 | | 00:25:20 (1329) | 00:53:02 | 00:52:23 |
| 1394 | 1875 | Krzysztof | Nowak | Śrem | | 1976 | M40 | 252 | 1275 | | 00:22:03 (490) | 00:53:03 | 00:52:31 |
| 1395 | 1679 | Bartosz | Dudziak | Stare Oborzyska | | 1981 | M35 | 279 | 1276 | | 00:24:58 (1222) | 00:53:03 | 00:51:19 |
| 1396 | 2294 | Sławomir | Wieczorek | Wronki | | 1974 | M40 | 253 | 1277 | | 00:25:11 (1289) | 00:53:04 | 00:52:35 |
| 1397 | 3369 | Witold | Małecki | Koziegłowy | | 1981 | M35 | 280 | 1278 | | 00:25:18 (1318) | 00:53:04 | 00:50:40 |
| 1398 | 3488 | Jacek | Pawlicki | ŚREM | Promyk | 1959 | M55 | 42 | 1279 | | 00:25:29 (1377) | 00:53:06 | 00:51:45 |
| 1399 | 3366 | Mateusz | Podlasek | Swarzędz | | 1990 | M25 | 194 | 1280 | | 00:25:52 (1506) | 00:53:06 | 00:50:35 |
| 1400 | 1032 | Henryk | Łączyński | SZAMOTUŁY | AMATOR | 1951 | M65 | 11 | 1281 | | 00:26:52 (1787) | 00:53:06 | 00:53:06 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|-----------------------|-------------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1401 | 32 | Marian | Kapitańczyk | Poznań | Malta Poznań | 1955 | M60 | 29 | 1282 | | 00:27:55 (2106) | 00:53:07 | 00:53:07 |
| 1402 | 2671 | Adam | Cykowiak | Steszew | | 1989 | M25 | 195 | 1283 | | 00:25:26 (1359) | 00:53:07 | 00:53:07 |
| 1403 | 616 | Dariusz | Naskręt | Murwana Goslina | | 1979 | M35 | 281 | 1284 | | 00:24:58 (1223) | 00:53:07 | 00:51:21 |
| 1404 | 324 | Tomasz | Wojciechowski | Swarzędz | fogtbikes | 1976 | M40 | 254 | 1285 | | 00:24:30 (1057) | 00:53:08 | 00:52:58 |
| 1405 | 2001 | Łukasz | Bieżyński | Zalasewo | | 1984 | M30 | 219 | 1286 | | 00:24:36 (1097) | 00:53:08 | 00:51:22 |
| 1406 | 818 | Michał | Jaśkowiak | Swarzędz | | 1982 | M30 | 220 | 1287 | | 00:26:45 (1750) | 00:53:08 | 00:53:08 |
| 1407 | 1636 | Dorota | Kaszyńska | Poznań | Nie ma lipy Swarzędz Team | 1970 | K45 | 5 | | 120 | 00:24:33 (1072) | 00:53:09 | 00:52:13 |
| 1408 | 4002 | Michał | Pieczarka | Poznań | ZP SZPIKI DRUŻYNA SZPIKU | 1997 | M16 | 28 | 1288 | | 00:26:07 (1574) | 00:53:09 | 00:53:09 |
| 1409 | 990 | Remigiusz | Czaczyk | Gniezno | Altom Gniezno | 1956 | M60 | 30 | 1289 | | 00:26:47 (1764) | 00:53:09 | 00:51:20 |
| 1410 | 1026 | Dorota | Lewandowska | Strzałkowo | Strzałkowska Grupa Biegowa Sokół | 1974 | K40 | 16 | | 121 | 00:24:46 (1167) | 00:53:09 | 00:51:56 |
| 1411 | 1953 | Grzegorz | Zamelczyk | Wierzonka | | 1951 | M65 | 12 | 1290 | | 00:25:35 (1410) | 00:53:10 | 00:51:13 |
| 1412 | 581 | Piotr | Górka | zaniemyśl | | 1986 | M30 | 221 | 1291 | | 00:25:09 (1277) | 00:53:10 | 00:52:32 |
| 1413 | 722 | Dariusz | Salomon | Swarzędz | Kibole w biegu / Biegologia.pl TEAM | 1986 | M30 | 222 | 1292 | | 00:25:07 (1266) | 00:53:11 | 00:52:13 |
| 1414 | 2074 | Krzysztof | Grzesiak | Śrem | LO ŚREM | 1962 | M50 | 61 | 1293 | | 00:25:39 (1433) | 00:53:11 | 00:52:01 |
| 1415 | 347 | Jarek | Matusiak | Poznań | | 1975 | M40 | 255 | 1294 | | 00:26:21 (1634) | 00:53:12 | 00:53:12 |
| 1416 | 2201 | Piotr | Tacij | Komorniki | SCIM | 1977 | M35 | 282 | 1295 | | 00:26:19 (1630) | 00:53:12 | 00:52:25 |
| 1417 | 3737 | Leszek | Zajęc | WIJEWO | | 1957 | M55 | 43 | 1296 | | 00:25:37 (1422) | 00:53:13 | 00:51:43 |
| 1418 | 2726 | Tomasz | Dominiak | Starkówiec Piatkowski | | 1968 | M45 | 100 | 1297 | | 00:26:22 (1637) | 00:53:14 | 00:53:14 |
| 1419 | 2548 | Karolina | Skwarek | śrem | SKWARKI TEAM | 1988 | K25 | 33 | | 122 | 00:25:29 (1378) | 00:53:15 | 00:53:15 |
| 1420 | 2540 | Mirosław | Michałowski | Śrem | SKWARKI TEAM | 1985 | M30 | 223 | 1298 | | 00:25:28 (1368) | 00:53:15 | 00:53:15 |
| 1421 | 94 | Robert | Don | Paczkowo | | 1974 | M40 | 256 | 1299 | | 00:26:14 (1610) | 00:53:16 | 00:51:58 |
| 1422 | 3114 | Michał | Malujdy | Poznań | | 1991 | M25 | 196 | 1300 | | 00:25:51 (1501) | 00:53:16 | 00:51:05 |
| 1423 | 3192 | Beata | Starszak | Swarzędz | | 1975 | K40 | 17 | | 123 | 00:27:30 (1978) | 00:53:16 | 00:53:16 |
| 1424 | 1182 | Jakub | Balawander | Poznań | Go Kuba Go | 1974 | M40 | 257 | 1301 | | 00:25:47 (1476) | 00:53:16 | 00:53:16 |
| 1425 | 2998 | Tadeusz | Cieśliński | Swarzędz | | 1960 | M55 | 44 | 1302 | | 00:25:13 (1300) | 00:53:17 | 00:52:15 |
| 1426 | 1663 | Marcin | Bednarek | Pajęczno | | 1985 | M30 | 224 | 1303 | | 00:24:43 (1147) | 00:53:17 | 00:51:28 |
| 1427 | 3922 | Janusz | Krygier | stubice | | 1971 | M45 | 101 | 1304 | | 00:24:16 (996) | 00:53:17 | 00:53:17 |
| 1428 | 2591 | Daria | Ciszak | Poznań | Kobiety biegają | 1973 | K40 | 18 | | 124 | 00:25:52 (1507) | 00:53:18 | 00:51:52 |
| 1429 | 472 | Monika | Stachowiak | Poznań | | 1987 | K25 | 34 | | 125 | 00:25:38 (1427) | 00:53:18 | 00:51:07 |
| 1430 | 2175 | Paweł | Rzeczkowski | Rokietnica | | 1984 | M30 | 225 | 1305 | | 00:25:01 (1236) | 00:53:18 | 00:52:00 |
| 1431 | 661 | Maria | Czekalska | Poznań | Pobiedziska Running Team | 1984 | K30 | 22 | | 126 | 00:25:12 (1294) | 00:53:18 | 00:52:21 |
| 1432 | 2721 | Marcin | Nosek | Wrocław | | 1976 | M40 | 258 | 1306 | | 00:27:32 (1989) | 00:53:18 | 00:53:18 |
| 1433 | 3036 | Maciej | Nowak | Robakowo | | 1975 | M40 | 259 | 1307 | | 00:26:27 (1664) | 00:53:19 | 00:51:21 |
| 1434 | 2543 | Wojciech | Ancuta | Poznań | | 1967 | M45 | 102 | 1308 | | 00:27:18 (1917) | 00:53:19 | 00:53:19 |
| 1435 | 2127 | Aleksandra | Powiertowska | Czerwonak | Biegacze Juniora Runners Team | 1977 | K35 | 20 | | 127 | 00:25:38 (1428) | 00:53:19 | 00:52:04 |
| 1436 | 522 | Filip | Kluba | Koziegłowy | | 1985 | M30 | 226 | 1309 | | 00:25:46 (1471) | 00:53:19 | 00:51:02 |
| 1437 | 390 | Leszek | Grocholewski | LUBOŃ | MOTOR LUBOŃ TEAM | 1963 | M50 | 62 | 1310 | | 00:25:08 (1274) | 00:53:20 | 00:52:30 |
| 1438 | 742 | Paweł | Dybizbański | Skórzewo | | 1970 | M45 | 103 | 1311 | | 00:27:59 (2137) | 00:53:21 | 00:53:21 |
| 1439 | 1828 | Mirek | Wódkowski | Poznań | | 1985 | M30 | 227 | 1312 | | 00:26:53 (1792) | 00:53:22 | 00:50:36 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|-------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1440 | 1988 | Michał | Olejnik | Komorniki | | 1979 | M35 | 283 | 1313 | | 00:24:20 (1016) | 00:53:22 | 00:51:53 |
| 1441 | 317 | Sebastian | Chamera | Komorniki | LOS CHICOS | 1994 | M20 | 68 | 1314 | | 00:25:26 (1360) | 00:53:22 | 00:51:03 |
| 1442 | 2376 | Krzysztof | Ludwiczak | Kościan | | 1977 | M35 | 284 | 1315 | | 00:25:36 (1415) | 00:53:24 | 00:51:05 |
| 1443 | 3739 | Anna | Swornowska | Poznań | | 1994 | K20 | 19 | | 128 | 00:25:00 (1231) | 00:53:24 | 00:52:45 |
| 1444 | 1644 | Sebastian | Sławiński | Swarzędz | CASTORAMA SWARZĘDZ - One Team | 1995 | M20 | 69 | 1316 | | 00:24:49 (1183) | 00:53:25 | 00:50:41 |
| 1445 | 2912 | Maciej | Wentland | Czarnków | | 1976 | M40 | 260 | 1317 | | 00:26:08 (1576) | 00:53:26 | 00:52:07 |
| 1446 | 2364 | Rafał | Gratkowski | Poznań | | 1967 | M45 | 104 | 1318 | | 00:25:32 (1395) | 00:53:26 | 00:53:07 |
| 1447 | 3312 | Dorota | Teretyka | Kamionki | | 1974 | K40 | 19 | | 129 | 00:24:47 (1176) | 00:53:27 | 00:52:15 |
| 1448 | 1226 | Krzysztof | Niegolewski | Poznań | KB im. Macieja Frankiewicza | 1972 | M40 | 261 | 1319 | | 00:25:28 (1369) | 00:53:27 | 00:53:27 |
| 1449 | 3913 | Marcin | Pawlak | Słupca | Fortuna Team | 1984 | M30 | 228 | 1320 | | 00:26:25 (1652) | 00:53:27 | 00:53:27 |
| 1450 | 1544 | Mateusz | Kozak | Śrem | KMP instal-projekt | 1989 | M25 | 197 | 1321 | | 00:24:39 (1125) | 00:53:27 | 00:52:20 |
| 1451 | 1185 | Lukas | Fornalik | Tulce | | 1978 | M35 | 285 | 1322 | | 00:25:29 (1379) | 00:53:28 | 00:52:02 |
| 1452 | 1047 | Sylwia | Jakus | Poznań | | 1980 | K35 | 21 | | 130 | 00:26:08 (1577) | 00:53:28 | 00:53:28 |
| 1453 | 2299 | Wojciech | Ciebielski | Poznań | | 1987 | M25 | 198 | 1323 | | 00:25:50 (1494) | 00:53:28 | 00:50:42 |
| 1454 | 1004 | Robert | Sierakowski | Plewiska | 1 RWT | 1970 | M45 | 105 | 1324 | | 00:25:01 (1237) | 00:53:28 | 00:52:04 |
| 1455 | 3510 | Sławek | Marcinkowski | Słupca | Pasjonaci Słupca | 1983 | M30 | 229 | 1325 | | 00:26:33 (1696) | 00:53:29 | 00:53:29 |
| 1456 | 2805 | Paweł | Czaplicki | Kostrzyn | | 1963 | M50 | 63 | 1326 | | 00:25:01 (1238) | 00:53:29 | 00:52:12 |
| 1457 | 1722 | Agnieszka | Gizelska | Poznań | Piątkowo na Biegowo | 1971 | K45 | 6 | | 131 | 00:26:36 (1712) | 00:53:29 | 00:53:29 |
| 1458 | 189 | Gerard | Sideł | Poznań | Malta klub | 1971 | M45 | 106 | 1327 | | 00:25:52 (1508) | 00:53:29 | 00:52:55 |
| 1459 | 435 | Patrycja | Górecka | Swarzędz | | 1998 | K16 | 3 | | 132 | 00:26:08 (1578) | 00:53:29 | 00:53:29 |
| 1460 | 494 | Krzysztof | Komodziński | Dąbrówka | | 1975 | M40 | 262 | 1328 | | 00:25:45 (1459) | 00:53:29 | 00:52:11 |
| 1461 | 1683 | Kazimierz | Ochowiak | Gruszczyn | | 1974 | M40 | 263 | 1329 | | 00:24:57 (1217) | 00:53:29 | 00:52:30 |
| 1462 | 3230 | Michał | Wiśniewski | Jerzykowo | | 1984 | M30 | 230 | 1330 | | 00:25:50 (1495) | 00:53:29 | 00:52:28 |
| 1463 | 685 | Adam | Frąckowiak | Poznań | Jeżyce biegają | 1978 | M35 | 286 | 1331 | | 00:23:53 (891) | 00:53:30 | 00:53:00 |
| 1464 | 1837 | Maciej | Stasz | Poznań | | 1974 | M40 | 264 | 1332 | | 00:27:25 (1950) | 00:53:30 | 00:53:30 |
| 1465 | 3487 | Mateusz | Niewiadomski | Poznań | | 1986 | M30 | 231 | 1333 | | 00:27:29 (1972) | 00:53:30 | 00:53:30 |
| 1466 | 2568 | Marcin | Kozłowski | Powidz | | 1979 | M35 | 287 | 1334 | | 00:25:05 (1258) | 00:53:31 | 00:52:31 |
| 1467 | 2253 | Tomasz | Kosicki | Jankowo | KB Maniac Poznań | 1971 | M45 | 107 | 1335 | | 00:25:24 (1347) | 00:53:31 | 00:52:18 |
| 1468 | 2756 | Andrzej | Grocholewski | | ORION | 1973 | M40 | 265 | 1336 | | 00:26:42 (1731) | 00:53:32 | 00:53:32 |
| 1469 | 2244 | Sławomir | Golak | Luboń | | 1968 | M45 | 108 | 1337 | | 00:28:07 (2179) | 00:53:32 | 00:53:32 |
| 1470 | 545 | Marek | Leśniewski | Swarzędz | Nie ma lipy Swarzędz Team | 1979 | M35 | 288 | 1338 | | 00:27:14 (1893) | 00:53:32 | 00:53:32 |
| 1471 | 2094 | Mariusz | Nosalski | Poznań | | 1975 | M40 | 266 | 1339 | | 00:26:00 (1543) | 00:53:33 | 00:53:33 |
| 1472 | 1598 | Grzegorz | Laska | Nieślabin | www.karolinalaska.pl | 1972 | M40 | 267 | 1340 | | 00:27:01 (1840) | 00:53:33 | 00:53:33 |
| 1473 | 836 | Jakub | Berwid | Kórnik | | 1980 | M35 | 289 | 1341 | | 00:25:25 (1356) | 00:53:33 | 00:52:18 |
| 1474 | 3190 | Anna | Czajka | Jankowice | | 1984 | K30 | 23 | | 133 | 00:25:12 (1295) | 00:53:34 | 00:51:57 |
| 1475 | 1364 | Łukasz | Nowak | Czerniejewo | CZERNIEJEWO BIEGA | 1981 | M35 | 290 | 1342 | | 00:25:42 (1444) | 00:53:34 | 00:50:42 |
| 1476 | 3088 | Przemysław | Tomaszewski | Poznań | CZO | 1973 | M40 | 268 | 1343 | | 00:27:53 (2093) | 00:53:35 | 00:53:35 |
| 1477 | 3272 | Agnieszka | Hutek | Gąsawa | ZADYSZKA | 1976 | K40 | 20 | | 134 | 00:25:34 (1405) | 00:53:36 | 00:51:51 |
| 1478 | 2445 | Paweł | Woźny | Kalisz | | 1974 | M40 | 269 | 1344 | | 00:25:18 (1319) | 00:53:36 | 00:51:41 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|--------------|---|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1479 | 336 | Bronisław | Patecki | POZNAŃ | KB Kompania Piwowarska | 1956 | M60 | 31 | 1345 | | 00:25:26 (1361) | 00:53:36 | 00:53:36 |
| 1480 | 2985 | Grzegorz | Pampuch | Swarzędz | | 1975 | M40 | 270 | 1346 | | 00:24:38 (1115) | 00:53:37 | 00:50:37 |
| 1481 | 760 | Małgorzata | Matuszewska | Śrem | Runner's Power | 1975 | K40 | 21 | | 135 | 00:26:03 (1554) | 00:53:38 | 00:53:38 |
| 1482 | 1904 | Ireneusz | Cieślak | CZERMIN | | 1975 | M40 | 271 | 1347 | | 00:25:02 (1243) | 00:53:39 | 00:52:53 |
| 1483 | 3244 | Bogusław | Pietrusiewicz | Babimost | Babimojski Klub Biegowy Bakcył | 1965 | M50 | 64 | 1348 | | 00:27:35 (2005) | 00:53:40 | 00:53:40 |
| 1484 | 750 | Sylwester | Przybył | Kaźmierz | KAŹMIERZ | 1972 | M40 | 272 | 1349 | | 00:25:39 (1434) | 00:53:40 | 00:53:40 |
| 1485 | 1234 | Jerzy | Dudziak | Kościan | KOŚCIAN TEAM | 1963 | M50 | 65 | 1350 | | 00:25:36 (1416) | 00:53:41 | 00:51:22 |
| 1486 | 1028 | Paweł | Mylka | Nowy Folwark | | 1977 | M35 | 291 | 1351 | | 00:24:55 (1209) | 00:53:42 | 00:52:41 |
| 1487 | 712 | Elżbieta | Wojtkowiak | Poznań | | 1974 | K40 | 22 | | 136 | 00:26:09 (1584) | 00:53:44 | 00:53:44 |
| 1488 | 2161 | Mateusz | lzydorek | poznań | Night Runners | 1992 | M20 | 70 | 1352 | | 00:23:44 (854) | 00:53:45 | 00:53:26 |
| 1489 | 3329 | Daniel | Hybś | Poznań | T-Mobile Running Team | 1982 | M30 | 232 | 1352 | | 00:25:21 (1331) | 00:53:45 | 00:53:45 |
| 1490 | 3908 | Krzysztof | Pająk | Poznań | Starter | 1981 | M35 | 292 | 1354 | | 00:25:07 (1267) | 00:53:45 | 00:52:14 |
| 1491 | 3195 | Roman | Kędziora | Strzałkowo | Strzałkowska Grupa Biegowa Sokół | 1972 | M40 | 273 | 1355 | | 00:25:12 (1296) | 00:53:46 | 00:52:34 |
| 1492 | 1410 | Agnieszka | Włodarczyk | Gruszczyn | DRUŻYNA Z GRUSZCZYNA | 1972 | K40 | 23 | | 137 | 00:26:12 (1603) | 00:53:47 | 00:51:37 |
| 1493 | 403 | Mariusz | Grzelak | Robakowo | | 1970 | M45 | 109 | 1356 | | 00:26:14 (1611) | 00:53:47 | 00:52:15 |
| 1494 | 3673 | Krzysztof | Tyszer | Wągrowiec | AZS Politechnika Poznańska | 1988 | M25 | 199 | 1357 | | 00:26:25 (1653) | 00:53:48 | 00:53:48 |
| 1495 | 3217 | Michał | Myszkowski | Poznań | janczewska10 | 1983 | M30 | 233 | 1358 | | 00:26:49 (1773) | 00:53:48 | 00:53:48 |
| 1496 | 863 | Milena | Perz | Trzcielín | | 1985 | K30 | 24 | | 138 | 00:26:05 (1569) | 00:53:49 | 00:53:49 |
| 1497 | 761 | Jacek | Jankowski | Gruszczyn | | 1984 | M30 | 234 | 1359 | | 00:24:26 (1036) | 00:53:49 | 00:50:56 |
| 1498 | 257 | Arkadiusz | Skikiewicz | Poznań | Miłostaw Fortuna Team | 1983 | M30 | 235 | 1360 | | 00:25:49 (1487) | 00:53:50 | 00:52:14 |
| 1499 | 593 | Łukasz | Dardzikowski | Września | | 1983 | M30 | 236 | 1361 | | 00:24:23 (1026) | 00:53:50 | 00:52:30 |
| 1500 | 2203 | Jarosław | Stuja | Poznań | TRUST | 1962 | M50 | 66 | 1362 | | 00:27:02 (1845) | 00:53:50 | 00:53:50 |
| 1501 | 3401 | Maciej | Wolff | Poznań | | 1977 | M35 | 293 | 1363 | | 00:25:42 (1445) | 00:53:51 | 00:52:28 |
| 1502 | 541 | Jacek | Kowalski | Gułtowy | Night Runners Gułtowy | 1971 | M45 | 110 | 1364 | | 00:26:15 (1615) | 00:53:52 | 00:53:52 |
| 1503 | 3258 | Krzysztof | Kucharski | Swarzędz | | 1982 | M30 | 237 | 1365 | | 00:28:05 (2171) | 00:53:52 | 00:53:52 |
| 1504 | 3009 | Angelika | Strzepka | Koziegłowy | | 1984 | K30 | 25 | | 139 | 00:24:50 (1187) | 00:53:54 | 00:52:36 |
| 1505 | 3111 | Mateusz | Kierzkowski | Września | | 1995 | M20 | 71 | 1366 | | 00:25:11 (1290) | 00:53:54 | 00:52:36 |
| 1506 | 2331 | Artur | Raich | Wrzesnia | Triathlon Team Wrzesnia | 1976 | M40 | 274 | 1367 | | 00:24:59 (1228) | 00:53:54 | 00:52:40 |
| 1507 | 3532 | Rafał | Krygier | Żychlin | NZOZ Przychodnia Specjalistyczna Gemini | 1973 | M40 | 275 | 1368 | | 00:27:19 (1923) | 00:53:55 | 00:53:55 |
| 1508 | 1301 | Tymoteusz | Fleiszar | Gruszczyn | WÓJTOWICZ TRI TEAM | 1974 | M40 | 276 | 1369 | | 00:27:30 (1979) | 00:53:56 | 00:53:56 |
| 1509 | 3346 | Adam | Kaczmarek | Swarzędz | Klub Maratończyka V LO w Poznaniu | 1988 | M25 | 200 | 1370 | | 00:25:48 (1482) | 00:53:56 | 00:52:27 |
| 1510 | 1705 | Arkadiusz | Wańdoch | Poznań | | 1982 | M30 | 238 | 1371 | | 00:24:08 (965) | 00:53:56 | 00:53:22 |
| 1511 | 1231 | Marek | Jarus | Kobylin | GB Jutrosin - Kobylin i Przyjaciele | 1962 | M50 | 67 | 1372 | | 00:25:40 (1436) | 00:53:56 | 00:52:44 |
| 1512 | 2611 | Maria | Stolarzewska | Wrocław | Straż Miejska Wrocławia | 1980 | K35 | 22 | | 140 | 00:24:38 (1116) | 00:53:57 | 00:52:44 |
| 1513 | 4016 | Roman | Talar | Pobiedziska | TKKF Płomień Pobiedziska | 1956 | M60 | 32 | 1373 | | 00:26:31 (1687) | 00:53:58 | 00:53:58 |
| 1514 | 83 | Mikołaj | Chlebowski | Swarzędz | | 1976 | M40 | 277 | 1374 | | 00:24:46 (1168) | 00:53:58 | 00:52:50 |
| 1515 | 2129 | Werner | Haibach | złotniki | UAM Triathlon Klub | 1946 | M70 | 3 | 1375 | | 00:26:10 (1593) | 00:53:58 | 00:53:58 |
| 1516 | 2876 | Tomasz | Chabowski | Swarzędz | | 1982 | M30 | 239 | 1376 | | 00:25:32 (1396) | 00:53:58 | 00:50:48 |
| 1517 | 3791 | Joanna | El Hassani | Poznań | | 1990 | K25 | 35 | | 141 | 00:28:09 (2191) | 00:53:58 | 00:53:58 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|--------------|---------------------|------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1518 | 1001 | Szczepan | Stawicki | Poznań | | 1986 | M30 | 240 | 1377 | | 00:26:14 (1612) | 00:53:58 | 00:53:58 |
| 1519 | 26 | Piotr Karol | Potempa | Luboń | Vege Runners | 1965 | M50 | 68 | 1378 | | 00:25:26 (1362) | 00:53:59 | 00:52:48 |
| 1520 | 2957 | Joanna | Jura | Poznań | | 1989 | K25 | 36 | | 142 | 00:26:23 (1643) | 00:53:59 | 00:53:59 |
| 1521 | 1912 | Maciej | Kaszycki | Nowa Sól | | 1974 | M40 | 278 | 1379 | | 00:25:23 (1339) | 00:53:59 | 00:52:24 |
| 1522 | 3818 | Tomasz | Jankowski | Konarzewo | | 1971 | M45 | 111 | 1380 | | 00:27:33 (1992) | 00:53:59 | 00:53:59 |
| 1523 | 3288 | Łukasz | Jakubowski | Poznań | | 1983 | M30 | 241 | 1381 | | 00:26:16 (1618) | 00:53:59 | 00:53:59 |
| 1524 | 3657 | Piotr | Kinastowski | Poznań | Malta Poznań | 1944 | M70 | 4 | 1382 | | 00:25:12 (1297) | 00:54:00 | 00:53:54 |
| 1525 | 2428 | Krystian | Przybylski | Poznań | Golden Retriever WOŚP Poznań | 1981 | M35 | 294 | 1383 | | 00:24:55 (1210) | 00:54:00 | 00:52:24 |
| 1526 | 447 | Kazimierz | Pawlak | OSTRÓW WLKP. | | 1959 | M55 | 45 | 1384 | | 00:26:27 (1665) | 00:54:00 | 00:54:00 |
| 1527 | 1030 | Justyna | Biadała | KÓRNIK | | 1987 | K25 | 37 | | 143 | 00:27:15 (1900) | 00:54:02 | 00:54:02 |
| 1528 | 520 | Mariola | Cugier | Golina | | 1970 | K45 | 7 | | 144 | 00:26:47 (1765) | 00:54:02 | 00:54:02 |
| 1529 | 3550 | Waldemar | Maćkowiak | stęszew | | 1974 | M40 | 279 | 1385 | | 00:24:46 (1169) | 00:54:03 | 00:53:25 |
| 1530 | 2216 | Anthony | Ntuli | Poznan | | 1973 | M40 | 280 | 1386 | | 00:25:37 (1423) | 00:54:03 | 00:54:03 |
| 1531 | 3467 | Roman | Gaszczyński | Poznan | | 1946 | M70 | 5 | 1387 | | 00:25:50 (1496) | 00:54:03 | 00:52:40 |
| 1532 | 986 | Natalia | Stanisławska | Swarzędz | Zumbalibre.com | 1987 | K25 | 38 | | 145 | 00:27:28 (1967) | 00:54:04 | 00:54:04 |
| 1533 | 1241 | Paweł | Szurgot | kozieglowy | pozitive.pl | 1986 | M30 | 242 | 1388 | | 00:27:27 (1960) | 00:54:04 | 00:54:04 |
| 1534 | 2956 | Jędrzej | Kubel | KROTOSZYN | | 1971 | M45 | 112 | 1389 | | 00:27:44 (2051) | 00:54:04 | 00:54:04 |
| 1535 | 1112 | Przemysław | Śmichurski | Zalasewo | CYBINA TEAM | 1969 | M45 | 113 | 1390 | | 00:25:34 (1406) | 00:54:04 | 00:53:09 |
| 1536 | 3855 | Marcin | Król | Rogoźno | Monar Roznowice 34 | 1983 | M30 | 243 | 1391 | | 00:25:43 (1450) | 00:54:05 | 00:51:23 |
| 1537 | 1554 | Maria | Kopeć | Poznań | | 1989 | K25 | 39 | | 146 | 00:24:36 (1098) | 00:54:05 | 00:53:06 |
| 1538 | 1141 | Grzegorz | Świerczyński | Gowarzewo | endinio team | 1979 | M35 | 295 | 1392 | | 00:24:33 (1073) | 00:54:05 | 00:53:16 |
| 1539 | 421 | Norbert | Melerowicz | Dębsko | | 1996 | M20 | 72 | 1393 | | 00:24:54 (1204) | 00:54:05 | 00:52:45 |
| 1540 | 2107 | Tomasz | Szubarga | Rokietnica | | 1987 | M25 | 201 | 1394 | | 00:26:51 (1783) | 00:54:06 | 00:54:06 |
| 1541 | 1526 | Olgiard | Jastrzębski | Opalenica | Opalenica24.info | 1989 | M25 | 202 | 1395 | | 00:26:21 (1635) | 00:54:06 | 00:54:06 |
| 1542 | 951 | Józef | Nowak | SKÓRZEWO | BBC SKÓRZEWO | 1955 | M60 | 33 | 1396 | | 00:25:50 (1497) | 00:54:06 | 00:54:06 |
| 1543 | 3559 | Agnieszka | Nowicka | Rokietnica | Rokietnica Biega | 1976 | K40 | 24 | | 147 | 00:26:40 (1725) | 00:54:07 | 00:54:07 |
| 1544 | 2100 | Michał | Łabęda | Zalasewo | | 1979 | M35 | 296 | 1397 | | 00:25:38 (1429) | 00:54:07 | 00:51:45 |
| 1545 | 1318 | Piotr | Mazurkiewicz | Siekierki Wielkie | | 1985 | M30 | 244 | 1398 | | 00:26:15 (1616) | 00:54:07 | 00:54:07 |
| 1546 | 2752 | Zbigniew | Figas | Gniezno | | 1965 | M50 | 69 | 1399 | | 00:25:29 (1380) | 00:54:07 | 00:52:25 |
| 1547 | 1441 | Małgorzata | Kałużna | Poznań | | 1987 | K25 | 40 | | 148 | 00:26:33 (1697) | 00:54:07 | 00:54:01 |
| 1548 | 830 | Bartosz | Szablewski | Poznań | Monster Koker Family | 1987 | M25 | 203 | 1400 | | 00:25:03 (1249) | 00:54:08 | 00:52:43 |
| 1549 | 660 | Agnieszka | Burant | Poznań | | 1983 | K30 | 26 | | 149 | 00:25:33 (1404) | 00:54:08 | 00:53:11 |
| 1550 | 1411 | Robert | Ligmanowski | Pobiedziska | | 1980 | M35 | 297 | 1401 | | 00:26:14 (1613) | 00:54:09 | 00:52:05 |
| 1551 | 693 | Krzysztof | Nawrocki | Swarzędz | | 1980 | M35 | 298 | 1402 | | 00:26:08 (1579) | 00:54:09 | 00:53:00 |
| 1552 | 408 | Mateusz | Sobański | Poznań | DECO-SUN | 1985 | M30 | 245 | 1403 | | 00:26:33 (1698) | 00:54:09 | 00:54:09 |
| 1553 | 15 | Ryszard | Grobelyn | Poznań | Drużyna Szpiku/ Cityzen | 1963 | M50 | 70 | 1404 | | 00:25:50 (1498) | 00:54:09 | 00:52:58 |
| 1554 | 3993 | Patryk | Rothe | poznań | Poznań | 1991 | M25 | 204 | 1405 | | 00:24:56 (1212) | 00:54:10 | 00:53:50 |
| 1555 | 1973 | Sylwester | Tomczyk | Obrzębin | klub Biegacza Maraton Turek | 1968 | M45 | 114 | 1406 | | 00:26:24 (1647) | 00:54:10 | 00:52:32 |
| 1556 | 2669 | Andrzej | Helicki | Ostrów Wielkopolski | | 1964 | M50 | 71 | 1407 | | 00:25:14 (1302) | 00:54:11 | 00:53:42 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|--------------|--------------------|----------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1557 | 1625 | Michał | Chudziński | Nochowo | Chudy team | 1976 | M40 | 281 | 1408 | | 00:24:37 (1103) | 00:54:11 | 00:53:06 |
| 1558 | 251 | Anita | Waszyk | ZALASEWO | | 1985 | K30 | 27 | | 150 | 00:25:51 (1502) | 00:54:11 | 00:52:19 |
| 1559 | 3457 | Dawid | Borciuch | Szczecin | 1CONNECT | 1989 | M25 | 205 | 1409 | | 00:26:49 (1774) | 00:54:11 | 00:51:38 |
| 1560 | 2372 | Anna | Wargoś | Poznań | gRUNwald Team Poznań | 1994 | K20 | 20 | | 151 | 00:26:01 (1547) | 00:54:11 | 00:54:11 |
| 1561 | 2269 | Tomasz | Kubiak | Jelcz-Laskowice | STRAŻ MIEJSKA WROCLAW | 1976 | M40 | 282 | 1410 | | 00:25:16 (1311) | 00:54:11 | 00:51:40 |
| 1562 | 2045 | Aneta | Ceglarz | Zduny | | 1978 | K35 | 23 | | 152 | 00:27:17 (1909) | 00:54:12 | 00:54:12 |
| 1563 | 1545 | Weronika | Czopik | Śrem | KMP instal-projekt | 1990 | K25 | 41 | | 153 | 00:24:39 (1126) | 00:54:12 | 00:53:06 |
| 1564 | 2046 | Mariusz | Ceglarz | Dobrzyca | Truchtacz Dobrzyca | 1976 | M40 | 283 | 1411 | | 00:27:17 (1910) | 00:54:13 | 00:54:13 |
| 1565 | 2653 | Hubert | Karczewski | Gruszczyn | | 1973 | M40 | 284 | 1412 | | 00:25:55 (1524) | 00:54:14 | 00:54:14 |
| 1566 | 3015 | Dariusz | Dowgird | SWARZĘDZ | | 1973 | M40 | 285 | 1413 | | 00:25:23 (1340) | 00:54:14 | 00:52:43 |
| 1567 | 1962 | Marek | Kruk | Witkowo | SIL33 | 1977 | M35 | 299 | 1414 | | 00:25:24 (1348) | 00:54:14 | 00:52:26 |
| 1568 | 2411 | Mariusz | Witkowski | Gniezno | Mawi Gniezno | 1981 | M35 | 300 | 1415 | | 00:26:49 (1775) | 00:54:16 | 00:53:32 |
| 1569 | 3959 | Jakub | Jakubowski | Poznań | | 1978 | M35 | 301 | 1416 | | 00:24:40 (1131) | 00:54:17 | 00:51:24 |
| 1570 | 3844 | Jerzy | Górnjak | Swarzędz | | 1965 | M50 | 72 | 1417 | | 00:27:14 (1894) | 00:54:18 | 00:54:18 |
| 1571 | 2535 | Józef | Lehmann | Środa Wielkopolska | | 1962 | M50 | 73 | 1418 | | 00:28:10 (2196) | 00:54:18 | 00:54:18 |
| 1572 | 467 | Beata | Iwańska | Poznań | | 1976 | K40 | 25 | | 154 | 00:26:29 (1674) | 00:54:19 | 00:54:19 |
| 1573 | 2899 | Michał | Krygier | Czerniejewo | | 1980 | M35 | 302 | 1419 | | 00:26:32 (1690) | 00:54:20 | 00:54:20 |
| 1574 | 3178 | Patrycja | Cwojdziańska | Poznań | | 1986 | K30 | 28 | | 155 | 00:26:04 (1563) | 00:54:21 | 00:52:28 |
| 1575 | 579 | Dariusz | Kosicki | Rokietnica | DINOZAUUR | 1966 | M50 | 74 | 1420 | | 00:28:01 (2146) | 00:54:22 | 00:54:22 |
| 1576 | 3349 | Gerard | Garczyk | Zimin | | 1980 | M35 | 303 | 1421 | | 00:25:32 (1397) | 00:54:22 | 00:52:40 |
| 1577 | 2778 | Jędrzej | Szczerbal | Kościan | KOŚCIAN TEAM | 2000 | M16 | 29 | 1422 | | 00:26:53 (1793) | 00:54:23 | 00:51:30 |
| 1578 | 3652 | Marian | Borowczyk | Poznań | K.M.Malta Poznan | 1950 | M65 | 13 | 1423 | | 00:27:13 (1890) | 00:54:23 | 00:54:23 |
| 1579 | 1464 | Krzysztof | Witczak | Swarzędz | | 1978 | M35 | 304 | 1424 | | 00:27:04 (1855) | 00:54:23 | 00:53:27 |
| 1580 | 809 | Krzysztof | Żarski | Poznań | Franek Nina i Paulina | 1974 | M40 | 286 | 1425 | | 00:24:57 (1218) | 00:54:24 | 00:51:55 |
| 1581 | 852 | Beata | Baraniak | Daszewice | | 1973 | K40 | 26 | | 156 | 00:25:35 (1411) | 00:54:24 | 00:53:08 |
| 1582 | 720 | Damian | Smogur | Oborniki | 6-pak Poznań | 1984 | M30 | 246 | 1426 | | 00:25:00 (1232) | 00:54:25 | 00:54:25 |
| 1583 | 2803 | Bartosz | Witkowski | Gruszczyn | | 1988 | M25 | 206 | 1427 | | 00:25:40 (1437) | 00:54:26 | 00:51:31 |
| 1584 | 2349 | Mariusz | Grobelny | Dopiewo | | 1980 | M35 | 305 | 1428 | | 00:25:28 (1370) | 00:54:26 | 00:52:34 |
| 1585 | 3727 | Maciej | Roik | Swarzędz | Roikowo | 1984 | M30 | 247 | 1429 | | 00:27:17 (1911) | 00:54:27 | 00:54:27 |
| 1586 | 3884 | Jarosław | Jaworski | Swarzędz | | 1975 | M40 | 287 | 1430 | | 00:25:28 (1371) | 00:54:27 | 00:54:08 |
| 1587 | 3870 | Tomasz | Klepacz | Swarzędz | | 1986 | M30 | 248 | 1431 | | 00:25:42 (1446) | 00:54:27 | 00:52:41 |
| 1588 | 2431 | Lubomir | Antonič | TRZCIANKA | Democo | 1982 | M30 | 249 | 1432 | | 00:24:50 (1188) | 00:54:28 | 00:53:33 |
| 1589 | 1935 | Stanisław | Szal | Kalisz | KTK Cyklista Kalisz | 1986 | M30 | 250 | 1433 | | 00:25:25 (1357) | 00:54:29 | 00:52:06 |
| 1590 | 116 | Dominika | Cierpka | Środa Wlkp | Polonia Środa | 1988 | K25 | 42 | | 157 | 00:25:47 (1477) | 00:54:29 | 00:52:38 |
| 1591 | 2239 | Daniel | Chmura | Kórnik | Dendrorunners | 1973 | M40 | 288 | 1434 | | 00:27:38 (2018) | 00:54:29 | 00:54:29 |
| 1592 | 837 | Adam | Proszanowski | Swarzędz | | 1974 | M40 | 289 | 1435 | | 00:26:18 (1626) | 00:54:30 | 00:54:30 |
| 1593 | 2761 | Natalia | Płóciniczak | Leszno | CROSSFIT LESZNO | 1985 | K30 | 29 | | 158 | 00:27:40 (2030) | 00:54:31 | 00:54:31 |
| 1594 | 841 | Dariusz | Kliks | Poznań | ZMĘCZENI JUŻ PRZED BIEGIEM | 1970 | M45 | 115 | 1436 | | 00:27:06 (1866) | 00:54:31 | 00:54:31 |
| 1595 | 3090 | Adam | Jerzyński | Garby | | 1998 | M16 | 30 | 1437 | | 00:25:02 (1244) | 00:54:32 | 00:51:07 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|------------------|---------------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1596 | 1606 | Zbigniew | Szczepaniak | Śrem | Mobilna Jednostka Dowodzenia Operacjami Powietrznymi | 1972 | M40 | 290 | 1438 | | 00:25:53 (1513) | 00:54:34 | 00:53:25 |
| 1597 | 667 | Jarosław | Domagalski | Poznań | | 1972 | M40 | 291 | 1439 | | 00:25:57 (1532) | 00:54:34 | 00:52:22 |
| 1598 | 240 | Marcin | Blachowski | Swarzędz | | 1994 | M20 | 73 | 1440 | | 00:25:30 (1385) | 00:54:35 | 00:51:42 |
| 1599 | 1591 | Piotr | Włodarczyk | Poznań | Budchem | 1979 | M35 | 306 | 1441 | | 00:26:11 (1599) | 00:54:35 | 00:51:38 |
| 1600 | 1819 | Rafał | Modelski | Swarzędz | | 1982 | M30 | 251 | 1442 | | 00:25:49 (1488) | 00:54:36 | 00:51:34 |
| 1601 | 1490 | Stanisław | Kluza | Turek | | 1957 | M55 | 46 | 1443 | | 00:25:20 (1330) | 00:54:37 | 00:53:30 |
| 1602 | 2781 | Rafał | Sadło | Tulce | | 1974 | M40 | 292 | 1444 | | 00:26:29 (1675) | 00:54:37 | 00:53:07 |
| 1603 | 3408 | Ryszard | Mitmański | Śrem | Runner's Power | 1959 | M55 | 47 | 1445 | | 00:26:59 (1827) | 00:54:38 | 00:54:38 |
| 1604 | 2858 | Mariusz | Kowalczyk | Szczytniki Duchowne | nie zrzeszony | 1962 | M50 | 75 | 1446 | | 00:24:54 (1205) | 00:54:38 | 00:53:34 |
| 1605 | 3758 | Agnieszka | Wieszczek-Kordus | swarzędz | | 1983 | K30 | 30 | | 159 | 00:26:33 (1699) | 00:54:38 | 00:54:30 |
| 1606 | 999 | Paweł | Żminkowski | Zalasewo | ZALASEWO | 1976 | M40 | 293 | 1447 | | 00:25:36 (1417) | 00:54:39 | 00:53:12 |
| 1607 | 509 | Jarosław | Andrzejewski | Swarzędz | | 1964 | M50 | 76 | 1448 | | 00:25:28 (1372) | 00:54:39 | 00:52:52 |
| 1608 | 1796 | Paweł | Rodziewicz | Poznań | | 1985 | M30 | 252 | 1449 | | 00:26:18 (1627) | 00:54:40 | 00:54:40 |
| 1609 | 1058 | Michał | Kaczmarek | Poznań | G Squad | 1979 | M35 | 307 | 1450 | | 00:28:41 (2339) | 00:54:40 | 00:54:40 |
| 1610 | 2997 | Arkadiusz | Dziwiński | Biała | SMK | 1986 | M30 | 253 | 1451 | | 00:25:40 (1438) | 00:54:40 | 00:51:49 |
| 1611 | 3403 | Emilia | Kuśnierczak | Śmigiel | | 1987 | K25 | 43 | | 160 | 00:26:04 (1564) | 00:54:40 | 00:53:28 |
| 1612 | 1925 | Aleksandra | Witkowska | Kamionki | ALTO Kamionki | 1973 | K40 | 27 | | 161 | 00:25:53 (1514) | 00:54:41 | 00:53:32 |
| 1613 | 1905 | Przemysław | Miłosz | Janowiec wkp | RodzinaPL | 1982 | M30 | 254 | 1452 | | 00:26:57 (1814) | 00:54:41 | 00:51:48 |
| 1614 | 2891 | Karol | Maciejewski | Poklatki | www.pegaz.nieruchomosci.pl | 1980 | M35 | 308 | 1453 | | 00:25:31 (1391) | 00:54:43 | 00:54:25 |
| 1615 | 3540 | Jacek | Grzelak | Spuca | Cienińska sekcja biegowa | 1970 | M45 | 116 | 1454 | | 00:27:08 (1870) | 00:54:43 | 00:52:25 |
| 1616 | 3393 | Paweł | Polaszek | Opalenica | MAFIJA | 1985 | M30 | 255 | 1455 | | 00:28:17 (2222) | 00:54:44 | 00:54:44 |
| 1617 | 120 | Michał | Egler | Poznań | Maratończyk Poznań | 1965 | M50 | 77 | 1456 | | 00:25:32 (1398) | 00:54:44 | 00:53:22 |
| 1618 | 3388 | Przemysław | Budzyński | Gniezno | | 1985 | M30 | 256 | 1457 | | 00:25:21 (1332) | 00:54:44 | 00:53:43 |
| 1619 | 2248 | Jakub | Gałat | Gostyń | Klub Biegacza 365 Gostyń | 1974 | M40 | 294 | 1458 | | 00:27:27 (1961) | 00:54:45 | 00:54:45 |
| 1620 | 482 | Agnieszka | Wilczyńska | poznań | Nesthorn | 1979 | K35 | 24 | | 162 | 00:26:03 (1555) | 00:54:45 | 00:53:38 |
| 1621 | 2856 | Mariusz | Mirek | Wełnica | | 1969 | M45 | 117 | 1459 | | 00:25:28 (1373) | 00:54:45 | 00:52:48 |
| 1622 | 481 | Błażej | Wilczyński | POZNAŃ | Nesthorn | 1978 | M35 | 309 | 1460 | | 00:26:03 (1556) | 00:54:45 | 00:53:38 |
| 1623 | 1895 | Wojciech | Melewski | Września | | 1975 | M40 | 295 | 1461 | | 00:26:09 (1585) | 00:54:45 | 00:52:43 |
| 1624 | 11 | Marian | Gzub | | | 1967 | M45 | 118 | 1462 | | 00:26:34 (1701) | 00:54:46 | 00:54:42 |
| 1625 | 1385 | Witek | Głodek | Poznań | | 1987 | M25 | 207 | 1463 | | 00:25:34 (1407) | 00:54:46 | 00:52:45 |
| 1626 | 741 | Czesław | Fabiański | KALISZ | SUPERMARATON KALISZ | 1955 | M60 | 34 | 1464 | | 00:28:04 (2162) | 00:54:46 | 00:54:46 |
| 1627 | 3322 | Wioleta | Wołyńska | Poznań | | 1975 | K40 | 28 | | 163 | 00:26:10 (1594) | 00:54:46 | 00:53:03 |
| 1628 | 248 | Janusz | Latos | Kostrzyn Wlkp | Komunal Partner | 1962 | M50 | 78 | 1465 | | 00:25:53 (1515) | 00:54:47 | 00:52:10 |
| 1629 | 2128 | Marcin | Kobyliński | Poznań | | 1987 | M25 | 208 | 1466 | | 00:24:45 (1160) | 00:54:47 | 00:54:05 |
| 1630 | 617 | Jakub | Błachowiak | Murowana Goślina | | 1996 | M20 | 74 | 1467 | | 00:25:15 (1307) | 00:54:48 | 00:53:03 |
| 1631 | 3472 | Adam | Stanicki | KOSTRZYŃ | | 1975 | M40 | 296 | 1467 | | 00:25:32 (1399) | 00:54:48 | 00:51:56 |
| 1632 | 1426 | Ryszard | Stocki | Toruń | | 1949 | M65 | 14 | 1469 | | 00:28:25 (2266) | 00:54:48 | 00:54:48 |
| 1633 | 2455 | Rafał | Gronikowski | Poznań | | 1973 | M40 | 297 | 1470 | | 00:26:04 (1565) | 00:54:48 | 00:52:24 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|-----------------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1634 | 2465 | Łukasz | Mikowski | Poznań | gRUNwald Team Poznań | 1987 | M25 | 209 | 1471 | | 00:25:49 (1489) | 00:54:48 | 00:53:43 |
| 1635 | 2224 | Maciej | Marona | Swarzędz | Drużyna Szpiku | 1980 | M35 | 310 | 1472 | | 00:27:17 (1912) | 00:54:48 | 00:54:48 |
| 1636 | 1415 | Rafał | Socha | Wierzenica | CASTORAMA SWARZĘDZ - One Team | 1975 | M40 | 298 | 1473 | | 00:25:36 (1418) | 00:54:48 | 00:53:41 |
| 1637 | 2848 | Tomasz | Kędziora | Pobiedziska | | 1978 | M35 | 311 | 1474 | | 00:27:06 (1867) | 00:54:49 | 00:54:49 |
| 1638 | 3780 | Małgorzata | Grześ | kostrzyn | | 1988 | K25 | 44 | | 164 | 00:27:26 (1957) | 00:54:49 | 00:54:49 |
| 1639 | 2552 | Piotr | Stupak | Poznań | | 1983 | M30 | 257 | 1475 | | 00:28:09 (2192) | 00:54:49 | 00:54:49 |
| 1640 | 1126 | Piotr | Cegielski | Jaraczewo | CYBINA TEAM | 1976 | M40 | 299 | 1476 | | 00:27:02 (1846) | 00:54:49 | 00:53:21 |
| 1641 | 2950 | Sławomir | Kisala | Dębe | | 1976 | M40 | 300 | 1477 | | 00:26:09 (1586) | 00:54:49 | 00:53:30 |
| 1642 | 1371 | Krzysztof | Socha | TRZEMESZNO | | 1980 | M35 | 312 | 1478 | | 00:28:16 (2221) | 00:54:49 | 00:54:49 |
| 1643 | 2571 | Bogumił | Grynaszko | SWARZEDZ | MJDOP | 1978 | M35 | 313 | 1479 | | 00:26:45 (1751) | 00:54:49 | 00:54:49 |
| 1644 | 2579 | Krzysztof | Fuczkiwicz | Poznań | | 1998 | M16 | 31 | 1480 | | 00:26:29 (1676) | 00:54:50 | 00:52:44 |
| 1645 | 578 | Izabela | Grzempka | Kostrzyn | | 1972 | K40 | 29 | | 165 | 00:26:02 (1550) | 00:54:50 | 00:53:10 |
| 1646 | 1115 | Maciej | Szczachor | Komorniki | | 1982 | M30 | 258 | 1481 | | 00:26:20 (1633) | 00:54:50 | 00:52:28 |
| 1647 | 3839 | Łukasz | Jankowski | Kostrzyn | | 1982 | M30 | 259 | 1482 | | 00:25:35 (1412) | 00:54:50 | 00:53:52 |
| 1648 | 3248 | Borys | Owczarzak | Poznań | wachowiakisy.pl | 1985 | M30 | 260 | 1483 | | 00:28:03 (2155) | 00:54:51 | 00:54:51 |
| 1649 | 92 | Krzysztof | Ptak | Kamianki | | 1971 | M45 | 119 | 1484 | | 00:26:14 (1614) | 00:54:51 | 00:53:20 |
| 1650 | 307 | Łukasz | Wróbel | Kruszewnia | | 1982 | M30 | 261 | 1485 | | 00:25:39 (1435) | 00:54:51 | 00:53:53 |
| 1651 | 3802 | Michał | Michalewicz | Poznań | | 1978 | M35 | 314 | 1486 | | 00:25:23 (1341) | 00:54:51 | 00:53:36 |
| 1652 | 1349 | Mariusz | Pawlicki | BORÓWIEC | POSNANIA | 1968 | M45 | 120 | 1487 | | 00:25:53 (1516) | 00:54:52 | 00:51:51 |
| 1653 | 2484 | Iwona | Skołodrzych | Poznań | | 1985 | K30 | 31 | | 166 | 00:25:35 (1413) | 00:54:52 | 00:54:39 |
| 1654 | 1673 | Natalia | Gembicka | Poznań | | 1984 | K30 | 32 | | 167 | 00:26:46 (1758) | 00:54:53 | 00:54:53 |
| 1655 | 1650 | Mariusz | Kaczmarek | Poznań | | 1960 | M55 | 48 | 1488 | | 00:28:18 (2229) | 00:54:54 | 00:54:54 |
| 1656 | 1059 | Tomasz | Roszyk | Poznań | | 1979 | M35 | 315 | 1489 | | 00:28:29 (2276) | 00:54:54 | 00:54:54 |
| 1657 | 2644 | Jolanta | Machowicz | Gostyń | | 1975 | K40 | 30 | | 168 | 00:25:45 (1460) | 00:54:55 | 00:53:44 |
| 1658 | 3700 | Michał | Bianek | gniezno | Night Runners Gniezno | 1990 | M25 | 210 | 1490 | | 00:26:27 (1666) | 00:54:56 | 00:52:26 |
| 1659 | 1326 | Mariusz | Saukens | Pobiedziska | | 1976 | M40 | 301 | 1491 | | 00:27:56 (2113) | 00:54:56 | 00:54:56 |
| 1660 | 1769 | Anita | Czechowska | Swarzędz | CYBINA TEAM | 1976 | K40 | 31 | | 169 | 00:25:59 (1540) | 00:54:58 | 00:54:40 |
| 1661 | 2971 | Rajmund | Dudziak | Poznań | Ziołolek Team Poznań | 1983 | M30 | 262 | 1492 | | 00:25:57 (1533) | 00:54:58 | 00:53:44 |
| 1662 | 3557 | Piotr | Alejski | Swarzędz | | 1981 | M35 | 316 | 1493 | | 00:26:30 (1683) | 00:54:59 | 00:54:59 |
| 1663 | 3533 | Natasza | Zielińska | Wybranowo | | 1996 | K20 | 21 | | 170 | 00:27:54 (2098) | 00:54:59 | 00:54:59 |
| 1664 | 1133 | Tomek | Szambelan | Kaźmierz | UTAL | 1969 | M45 | 121 | 1494 | | 00:26:53 (1794) | 00:54:59 | 00:54:59 |
| 1665 | 3524 | Monika | Plewa | Piła | | 1984 | K30 | 33 | | 171 | 00:26:06 (1571) | 00:54:59 | 00:53:24 |
| 1666 | 3537 | Dominika | Zielińska | Janowiec Wielkopolski | | 1997 | K16 | 4 | | 172 | 00:26:30 (1684) | 00:54:59 | 00:53:34 |
| 1667 | 3528 | Waldemar | Sówka | Stajkowo | | 1969 | M45 | 122 | 1495 | | 00:27:42 (2041) | 00:54:59 | 00:54:59 |
| 1668 | 2367 | Sylvia | Ratajszczak | Swarzędz | | 1982 | K30 | 34 | | 173 | 00:26:47 (1766) | 00:55:00 | 00:52:50 |
| 1669 | 3814 | Bartosz | Kropidłowski | Łubowo | | 1989 | M25 | 211 | 1496 | | 00:24:55 (1211) | 00:55:00 | 00:52:47 |
| 1670 | 3413 | Sławomir | Górny | Gostyń | | 1966 | M50 | 79 | 1497 | | 00:26:16 (1619) | 00:55:01 | 00:54:24 |
| 1671 | 861 | Krzysztof | Andrzejewski | Lubon | Lubon | 1974 | M40 | 302 | 1498 | | 00:27:30 (1980) | 00:55:02 | 00:55:02 |
| 1672 | 1100 | Maciej | Walkowiak | Poznań | Lema biega | 1974 | M40 | 303 | 1499 | | 00:24:21 (1018) | 00:55:02 | 00:54:34 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|--------------|---------------------|--------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1673 | 2583 | Mariusz | Cykowiak | Stęszew | | 1988 | M25 | 212 | 1500 | | 00:25:17 (1314) | 00:55:02 | 00:52:25 |
| 1674 | 1667 | Daniel | Fic | Swarzędz | SIL33 | 1978 | M35 | 317 | 1501 | | 00:25:24 (1349) | 00:55:02 | 00:53:14 |
| 1675 | 618 | Sebastian | Taciak | Poznan | Antoninek Poznań | 1976 | M40 | 304 | 1502 | | 00:25:54 (1522) | 00:55:03 | 00:53:57 |
| 1676 | 3796 | Piotr | Likowski | Rogoźno | Monar Rożnowice 34 | 1979 | M35 | 318 | 1503 | | 00:26:32 (1691) | 00:55:03 | 00:52:20 |
| 1677 | 3177 | Damian | Nowacki | Poznań | | 1987 | M25 | 213 | 1504 | | 00:27:33 (1993) | 00:55:03 | 00:55:03 |
| 1678 | 928 | Ewa | Sobkowiak | Poznań | Brylant Kórnik | 1963 | K50 | 6 | | 174 | 00:26:02 (1551) | 00:55:04 | 00:53:21 |
| 1679 | 1485 | Krzysztof | Wichtowski | Zalasewo | | 1964 | M50 | 80 | 1505 | | 00:28:08 (2186) | 00:55:04 | 00:55:04 |
| 1680 | 213 | Krzysztof | Purczyński | Bogucin | | 1994 | M20 | 75 | 1506 | | 00:26:02 (1552) | 00:55:04 | 00:53:21 |
| 1681 | 2608 | Andrzej | Meliński | Poznań | Meliński Minuth | 1948 | M65 | 15 | 1507 | | 00:27:16 (1904) | 00:55:04 | 00:54:53 |
| 1682 | 3222 | Dariusz | Pawłowski | Siekierki Wielkie | Speed Szuracz | 1974 | M40 | 305 | 1508 | | 00:25:15 (1308) | 00:55:04 | 00:53:44 |
| 1683 | 2037 | Iwona | Podzerek | Gniezno | | 1978 | K35 | 25 | | 175 | | 00:55:05 | 00:55:05 |
| 1684 | 955 | Monika | Pająk | Skórzewo | Mamy-Biegamy | 1982 | K30 | 35 | | 176 | 00:26:47 (1767) | 00:55:05 | 00:53:30 |
| 1685 | 1565 | Tomasz | Grajek | Gniezno | | 1975 | M40 | 306 | 1509 | | 00:26:46 (1759) | 00:55:06 | 00:53:18 |
| 1686 | 125 | Miłosz | Dziewulski | Chomęcice | | 1979 | M35 | 319 | 1510 | | 00:27:44 (2052) | 00:55:07 | 00:55:07 |
| 1687 | 1200 | Marcin | Rudnicki | Swarzędz | | 1974 | M40 | 307 | 1511 | | 00:27:51 (2082) | 00:55:07 | 00:55:07 |
| 1688 | 933 | Jacek | Wójciak | Środa Wlkp | | 1987 | M25 | 214 | 1512 | | 00:24:17 (1003) | 00:55:08 | 00:54:02 |
| 1689 | 2874 | Agnieszka | Smyczyńska | Poznań | | 1983 | K30 | 36 | | 177 | 00:25:52 (1509) | 00:55:08 | 00:52:58 |
| 1690 | 1436 | Kacper | Janicki | Gowarzewo | | 1997 | M16 | 32 | 1513 | | 00:27:46 (2064) | 00:55:09 | 00:55:09 |
| 1691 | 1641 | Paweł | Mastalerz | Poznań | COLEX RACING TEAM | 1981 | M35 | 320 | 1514 | | 00:26:43 (1738) | 00:55:09 | 00:55:09 |
| 1692 | 1256 | Michał | Janiec | poznań | szczep team | 1976 | M40 | 308 | 1515 | | 00:24:37 (1104) | 00:55:10 | 00:53:45 |
| 1693 | 2750 | Iwona | Nawrocka | Zalasewo | Drużyna Szpiku | 1973 | K40 | 32 | | 178 | 00:26:26 (1657) | 00:55:10 | 00:53:34 |
| 1694 | 2659 | Ania | Iskierska | Krosno | FREAKSPORT.PL | 1982 | K30 | 37 | | 179 | 00:28:35 (2303) | 00:55:11 | 00:55:11 |
| 1695 | 3430 | Mariusz | Chledowski | Kostrzyn | | 1989 | M25 | 215 | 1516 | | 00:26:50 (1777) | 00:55:11 | 00:55:11 |
| 1696 | 2660 | Jarek | Iskiński | Krosno | FREAKSPORT.PL | 1981 | M35 | 321 | 1517 | | 00:28:35 (2304) | 00:55:13 | 00:55:13 |
| 1697 | 2862 | Marcin | Siara | Witkowo | Witkowo Biega | 1982 | M30 | 263 | 1518 | | 00:25:23 (1342) | 00:55:13 | 00:54:13 |
| 1698 | 2553 | Nikodem | Figas | Poznań | Złote Jaja | 1983 | M30 | 264 | 1519 | | 00:26:13 (1605) | 00:55:14 | 00:55:14 |
| 1699 | 2736 | Robert | Zdrojewski | Witkowo | Witkowo Biega | 1988 | M25 | 216 | 1520 | | 00:25:22 (1335) | 00:55:14 | 00:54:13 |
| 1700 | 1127 | Andrzej | Byczyk | Poznań | | 1958 | M55 | 49 | 1521 | | 00:26:45 (1752) | 00:55:14 | 00:53:50 |
| 1701 | 2174 | Jacek | Dydymski | PSARSKIE | WIOCHA BIEGA | 1974 | M40 | 309 | 1522 | | 00:26:48 (1770) | 00:55:16 | 00:52:55 |
| 1702 | 3538 | Jerzy | Wiśniewski | Swarzędz | | 1967 | M45 | 123 | 1523 | | 00:25:41 (1442) | 00:55:17 | 00:52:58 |
| 1703 | 3290 | Krzyszyna | Górna | Poznań | | 1954 | K60 | 3 | | 180 | 00:26:44 (1744) | 00:55:18 | 00:54:36 |
| 1704 | 1986 | Sławomir | Kubis | Ostrów Wielkopolski | | 1973 | M40 | 310 | 1524 | | 00:26:58 (1822) | 00:55:18 | 00:55:18 |
| 1705 | 2916 | Maciej | Andrzejewski | Zalasewo | | 1987 | M25 | 217 | 1525 | | 00:26:22 (1638) | 00:55:18 | 00:52:35 |
| 1706 | 519 | Agnieszka | Chmielewska | Swarzędz | | 1996 | K20 | 22 | | 181 | 00:25:52 (1510) | 00:55:19 | 00:55:03 |
| 1707 | 3223 | Patrycja | Kochan | Poznań | Speed Szuracz | 1977 | K35 | 26 | | 182 | 00:27:29 (1973) | 00:55:19 | 00:55:19 |
| 1708 | 3039 | Agnieszka | Wojtaszek | Kościan | Kościan | 1990 | K25 | 45 | | 183 | 00:26:04 (1566) | 00:55:20 | 00:52:49 |
| 1709 | 3040 | Krzystian | Sobczyk | Kościan | Kościan | 1988 | M25 | 218 | 1526 | | 00:26:04 (1567) | 00:55:20 | 00:52:49 |
| 1710 | 2846 | Katarzyna | Sosinska-Kot | ŚRODA WIELKOPOLSKA | środa wlkp | 1975 | K40 | 33 | | 184 | 00:26:46 (1760) | 00:55:20 | 00:53:58 |
| 1711 | 736 | Magdalena | Odważny | DĄBROWA | | 1979 | K35 | 27 | | 185 | 00:27:35 (2006) | 00:55:21 | 00:55:21 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|--------------|-------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1712 | 1153 | Bogdan | Waluszynski | Gniezno | | 1943 | M70 | 6 | 1527 | | 00:26:17 (1622) | 00:55:21 | 00:53:56 |
| 1713 | 2096 | Damian | Beldzikowski | Swarzędz | | 1990 | M25 | 219 | 1528 | | 00:26:09 (1587) | 00:55:23 | 00:55:23 |
| 1714 | 3656 | Arkadiusz | Włodarczyk | Gorzkie Pole | | 1995 | M20 | 76 | 1529 | | 00:26:13 (1606) | 00:55:24 | 00:52:47 |
| 1715 | 1222 | Kazimierz | Ratajczak | Kościan | KOŚCIAN TEAM | 1956 | M60 | 35 | 1530 | | 00:26:29 (1677) | 00:55:26 | 00:53:05 |
| 1716 | 2833 | Łukasz | Szofer | Międzychód | Międzychód | 1978 | M35 | 322 | 1531 | | 00:27:48 (2074) | 00:55:27 | 00:55:27 |
| 1717 | 3805 | Grzegorz | Koperski | WYDARTOWO | STOWARZYSZENIE TERAZ | 1978 | M35 | 323 | 1532 | | 00:28:19 (2236) | 00:55:29 | 00:55:29 |
| 1718 | 2247 | Mateusz | Lenort | Krosinko | | 1985 | M30 | 265 | 1533 | | 00:27:21 (1936) | 00:55:29 | 00:53:42 |
| 1719 | 3468 | Anna | Piaskowska | Konin | finanser.pl | 1970 | K45 | 8 | | 186 | 00:27:17 (1913) | 00:55:30 | 00:53:01 |
| 1720 | 3367 | Mateusz | Byczyński | Poznań | | 1987 | M25 | 220 | 1534 | | 00:24:57 (1219) | 00:55:30 | 00:52:44 |
| 1721 | 1661 | Krzysztof | Wachowiak | Międzychód | | 1977 | M35 | 324 | 1535 | | 00:27:20 (1929) | 00:55:31 | 00:55:31 |
| 1722 | 3271 | Tomasz | Tonn | Swarzędz | | 1980 | M35 | 325 | 1536 | | 00:28:34 (2296) | 00:55:32 | 00:53:29 |
| 1723 | 533 | Przemysław | Kocik | Buk | Bukowski Klub Biegacza | 1988 | M25 | 221 | 1537 | | 00:27:18 (1918) | 00:55:33 | 00:53:18 |
| 1724 | 3411 | Piotr | Chwirot | Lwówek | | 1995 | M20 | 77 | 1538 | | 00:26:43 (1739) | 00:55:33 | 00:53:59 |
| 1725 | 3138 | Janusz | Bartela | Wronki | Wroniecki Klub Biegacza | 1957 | M55 | 50 | 1539 | | 00:27:09 (1875) | 00:55:33 | 00:54:21 |
| 1726 | 3882 | Marek | Grygiel | Wronki | | 1993 | M20 | 78 | 1540 | | 00:27:52 (2089) | 00:55:34 | 00:55:34 |
| 1727 | 1390 | Grzegorz | Perlik | Bydgoszcz | miałem szczęście... | 1955 | M60 | 36 | 1541 | | 00:28:44 (2349) | 00:55:34 | 00:55:34 |
| 1728 | 3158 | Robert | Graczyk | Swarzędz | Samotny biegacz | 1971 | M45 | 124 | 1542 | | 00:26:22 (1639) | 00:55:35 | 00:55:35 |
| 1729 | 3444 | Andrzej | Woga | Poznań | G43 Poznan Biega | 1965 | M50 | 81 | 1543 | | 00:26:39 (1723) | 00:55:35 | 00:55:35 |
| 1730 | 392 | Małgorzata | Tarnowska | Swarzędz | | 1984 | K30 | 38 | | 187 | 00:27:20 (1930) | 00:55:35 | 00:55:35 |
| 1731 | 3724 | Agnieszka | Mielecka | GAŚAWA | | 1969 | K45 | 9 | | 188 | 00:26:03 (1557) | 00:55:35 | 00:54:00 |
| 1732 | 3917 | Jakub | Płosajkiewicz | Poznań | pokonać siebie.pl | 1977 | M35 | 326 | 1544 | | 00:26:37 (1716) | 00:55:36 | 00:54:03 |
| 1733 | 133 | Wojciech | Piechowiak | Poznań | | 1984 | M30 | 266 | 1545 | | 00:25:32 (1400) | 00:55:37 | 00:54:48 |
| 1734 | 2380 | Łukasz | Rembowicz | Września | | 1982 | M30 | 267 | 1546 | | 00:26:19 (1631) | 00:55:37 | 00:55:37 |
| 1735 | 383 | Grzegorz | Mazurek | Swarzędz | Unia Swarzędz - zapasy | 1984 | M30 | 268 | 1547 | | 00:26:58 (1823) | 00:55:37 | 00:54:06 |
| 1736 | 561 | Paweł | Kowalski | Swarzędz | Swarzędz | 1978 | M35 | 327 | 1548 | | 00:25:43 (1451) | 00:55:37 | 00:54:02 |
| 1737 | 3587 | Tomasz | Grzegorski | Giecz | Szpot Sp. z o.o. | 1977 | M35 | 328 | 1549 | | 00:26:57 (1815) | 00:55:38 | 00:55:38 |
| 1738 | 3027 | Jakub | Smaga | Swarzędz | | 1990 | M25 | 222 | 1550 | | 00:26:00 (1544) | 00:55:39 | 00:53:29 |
| 1739 | 1156 | Grzegorz | Broniarczyk | Września | UTAL | 1974 | M40 | 311 | 1551 | | 00:26:17 (1623) | 00:55:40 | 00:55:40 |
| 1740 | 3420 | Donata | Wietrzyńska | Gniezno | | 1970 | K45 | 10 | | 189 | 00:27:05 (1860) | 00:55:40 | 00:55:40 |
| 1741 | 3611 | Rafał | Weiss | Czerwonak | | 1967 | M45 | 125 | 1552 | | 00:25:12 (1298) | 00:55:41 | 00:53:21 |
| 1742 | 1633 | Ewa | Felkel | POZNAŃ | Piątkowo na Biegowo | 1973 | K40 | 34 | | 190 | 00:27:44 (2053) | 00:55:41 | 00:55:41 |
| 1743 | 754 | Rafał | Augustyniak | Stęszew | BYLE DO METY | 1985 | M30 | 269 | 1553 | | 00:25:45 (1461) | 00:55:42 | 00:55:42 |
| 1744 | 564 | Agnieszka | Borowska | Poznań | | 1992 | K20 | 23 | | 191 | 00:27:50 (2077) | 00:55:44 | 00:54:14 |
| 1745 | 2067 | Agnieszka | Kaźmierska | Gizałki | Tuptacz Toporów | 1987 | K25 | 46 | | 192 | 00:27:09 (1876) | 00:55:44 | 00:55:44 |
| 1746 | 1762 | Jarosław | Matuszak | Pobiedziska | CYBINA TEAM | 1981 | M35 | 329 | 1554 | | 00:26:44 (1745) | 00:55:44 | 00:55:44 |
| 1747 | 2060 | Michał | Taciak | Poznań | Niezrzeszony Poznań | 1975 | M40 | 312 | 1555 | | 00:26:53 (1795) | 00:55:44 | 00:54:00 |
| 1748 | 3867 | Mateusz | Wittig | Stupca | Pasjonaci Stupca | 1993 | M20 | 79 | 1556 | | 00:26:34 (1702) | 00:55:44 | 00:55:44 |
| 1749 | 2932 | Piotr | Struzik | Baranowo | Bevo Team | 1989 | M25 | 223 | 1557 | | 00:27:42 (2042) | 00:55:44 | 00:55:44 |
| 1750 | 3246 | Rafał | Kurczyński | Poznań | Rufa | 1977 | M35 | 330 | 1558 | | 00:25:38 (1430) | 00:55:45 | 00:55:45 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|---------------|-------------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1751 | 3547 | Szymon | Sobolewski | Poznań | | 1987 | M25 | 224 | 1559 | | 00:29:06 (2448) | 00:55:45 | 00:55:45 |
| 1752 | 2693 | Krzysztof | Ledwoń | SWARZĘDZ | | 1978 | M35 | 331 | 1560 | | 00:26:16 (1620) | 00:55:45 | 00:55:45 |
| 1753 | 3672 | Karol | Nawrot | Sady | Sadyści | 1987 | M25 | 225 | 1561 | | 00:29:05 (2440) | 00:55:45 | 00:55:45 |
| 1754 | 395 | Łukasz | Semkło | Poznań | Brylant Kórnik | 1984 | M30 | 270 | 1562 | | 00:25:00 (1233) | 00:55:46 | 00:54:35 |
| 1755 | 2937 | Bartłomiej | Błaszczuk | Poznań | | 1960 | M55 | 51 | 1563 | | 00:26:55 (1805) | 00:55:46 | 00:54:02 |
| 1756 | 2157 | Miłosz | Welnic | Kórnik | | 1977 | M35 | 332 | 1564 | | 00:27:57 (2123) | 00:55:46 | 00:55:46 |
| 1757 | 1379 | Paula | Prządak | Siekierki Wielkie | | 1997 | K16 | 5 | | 193 | 00:25:27 (1366) | 00:55:47 | 00:53:52 |
| 1758 | 3359 | Kuba | Matuszczyk | Poznań | | 1994 | M20 | 80 | 1565 | | 00:27:08 (1871) | 00:55:48 | 00:53:28 |
| 1759 | 844 | Anna-Maria | Jakubowska | Poznań | crossfit rankor | 1994 | K20 | 24 | | 194 | 00:25:57 (1534) | 00:55:49 | 00:55:49 |
| 1760 | 690 | Krzystian | Leżałka | Swarzędz | | 1978 | M35 | 333 | 1566 | | 00:26:00 (1545) | 00:55:50 | 00:54:59 |
| 1761 | 3019 | Michał | Chrostek | Plewiska | | 1987 | M25 | 226 | 1567 | | 00:26:11 (1600) | 00:55:50 | 00:52:54 |
| 1762 | 1857 | Aleksandra | Skrzypek | Swarzędz | | 1990 | K25 | 47 | | 195 | 00:27:26 (1958) | 00:55:50 | 00:53:13 |
| 1763 | 1136 | Jacek | Lipiński | Kiekrz | | 1975 | M40 | 313 | 1568 | | 00:24:38 (1117) | 00:55:51 | 00:52:44 |
| 1764 | 512 | Zuzanna | Jeżak | Poznań | 5 minut dystansu | 1986 | K30 | 39 | | 196 | 00:28:22 (2247) | 00:55:52 | 00:55:52 |
| 1765 | 1021 | Joanna | Witkowska | Miękowo | | 1989 | K25 | 48 | | 197 | 00:27:52 (2090) | 00:55:53 | 00:55:53 |
| 1766 | 190 | Marta Maria | Radola | Kościan | PM TEAM | 1985 | K30 | 40 | | 198 | 00:27:40 (2031) | 00:55:54 | 00:55:54 |
| 1767 | 876 | Roland | Maciejewski | Swarzędz | CASTORAMA SWARZĘDZ - One Team | 1988 | M25 | 227 | 1569 | | 00:27:53 (2094) | 00:55:54 | 00:53:02 |
| 1768 | 3692 | Kamil | Banaszkiewicz | Kleszczewo | Walka Kostrzyn | 1983 | M30 | 271 | 1570 | | 00:25:55 (1525) | 00:55:54 | 00:53:59 |
| 1769 | 124 | Marek | Jóźwiak | Kobylnica | | 1952 | M60 | 37 | 1571 | | 00:26:03 (1558) | 00:55:54 | 00:54:06 |
| 1770 | 3631 | Rafał | Łykowski | Plewiska | | 1984 | M30 | 272 | 1572 | | 00:26:25 (1654) | 00:55:55 | 00:54:19 |
| 1771 | 3766 | Marcin | Wojtasik | Kietczów | | 1985 | M30 | 273 | 1573 | | 00:26:24 (1648) | 00:55:55 | 00:55:33 |
| 1772 | 3632 | Maciej | Majchrzycki | Poznań | | 1984 | M30 | 274 | 1574 | | 00:26:25 (1655) | 00:55:55 | 00:54:19 |
| 1773 | 1202 | Maciej | Wolny | Swarzedz | | 1985 | M30 | 275 | 1575 | | 00:25:58 (1536) | 00:55:55 | 00:53:01 |
| 1774 | 684 | Marcin | Kaczmarek | Poznań | | 1979 | M35 | 334 | 1576 | | 00:29:37 (2595) | 00:55:55 | 00:55:55 |
| 1775 | 2788 | Leszek | Wojtaszak | Świątniki Wielkie | Przeczytamy.pl | 1961 | M55 | 52 | 1577 | | 00:27:05 (1861) | 00:55:56 | 00:53:49 |
| 1776 | 2384 | Piotr | Bloch | Swarzędz | | 1996 | M20 | 81 | 1578 | | 00:26:59 (1828) | 00:55:56 | 00:55:56 |
| 1777 | 523 | Krzysztof | Walczak | Poznań | Night Runners | 1977 | M35 | 335 | 1579 | | 00:27:16 (1905) | 00:55:57 | 00:55:08 |
| 1778 | 214 | Iza | Dąbrowska | Poznań | MUD GOATS | 1977 | K35 | 28 | | 199 | 00:26:38 (1719) | 00:55:57 | 00:54:26 |
| 1779 | 1658 | Agnieszka | Ostrowska | Poznań | Drużyna Szpiku | 1985 | K30 | 41 | | 200 | 00:25:55 (1526) | 00:55:57 | 00:54:26 |
| 1780 | 1304 | Krzysztof | Jeziernski | Śrem | Runners Powers | 1974 | M40 | 314 | 1580 | | 00:24:42 (1139) | 00:55:59 | 00:54:50 |
| 1781 | 3823 | Katarzyna | Kaiser | Poznań | | 1988 | K25 | 49 | | 201 | 00:28:22 (2248) | 00:55:59 | 00:55:59 |
| 1782 | 3108 | Konrad | Ratajszczak | Poznań | Posnania Triathlon | 1982 | M30 | 276 | 1581 | | 00:27:20 (1931) | 00:56:00 | 00:53:45 |
| 1783 | 2879 | Adrian | Błaszczuk | Zalasewo | ZALASEWO | 1977 | M35 | 336 | 1582 | | 00:25:47 (1478) | 00:56:00 | 00:53:56 |
| 1784 | 2179 | Marcin | Ciesielski | Poznań | Constravia | 1990 | M25 | 228 | 1583 | | 00:27:58 (2130) | 00:56:00 | 00:54:40 |
| 1785 | 153 | Grzegorz | Dembski | Luboń | | 1977 | M35 | 337 | 1584 | | 00:26:27 (1667) | 00:56:01 | 00:56:01 |
| 1786 | 2612 | Rafał | Jackowski | Zalasewo | | 1976 | M40 | 315 | 1585 | | 00:27:20 (1932) | 00:56:02 | 00:55:17 |
| 1787 | 2337 | Mateusz | Fikert | Kościan | | 1987 | M25 | 229 | 1586 | | 00:25:31 (1392) | 00:56:03 | 00:54:32 |
| 1788 | 2584 | Bogdan | Świerczyński | Toruń | TOREC TORUŃ | 1961 | M55 | 53 | 1587 | | 00:26:58 (1824) | 00:56:03 | 00:53:31 |
| 1789 | 596 | Wiesław | Kowalski | Ciążeń | Ciążeń | 1938 | M75+ | 1 | 1588 | | 00:26:41 (1730) | 00:56:03 | 00:54:04 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|----------------|-----------------------|--------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1790 | 364 | Kuba | Starszak | Swarzędz | Biegaj z WSL | 1994 | M20 | 82 | 1589 | | 00:27:58 (2131) | 00:56:03 | 00:56:03 |
| 1791 | 811 | Izabela | Łagodzińska | Pleszew | Night Runners | 1989 | K25 | 50 | | 202 | 00:25:42 (1447) | 00:56:04 | 00:53:57 |
| 1792 | 9 | Michał | Czerny | Kraków | | 1974 | M40 | 316 | 1590 | | 00:25:45 (1462) | 00:56:04 | 00:54:25 |
| 1793 | 3699 | Maciej | Kuczma | Gortatowo | CYBINA TEAM | 1973 | M40 | 317 | 1591 | | 00:28:07 (2180) | 00:56:04 | 00:56:04 |
| 1794 | 1312 | Jan | Akuszewski | Puszczkowo | | 1992 | M20 | 83 | 1592 | | 00:26:40 (1726) | 00:56:05 | 00:54:13 |
| 1795 | 3846 | Magdalena | Sitek | KOSTRZYŃ | | 1973 | K40 | 35 | | 203 | 00:26:35 (1707) | 00:56:05 | 00:54:57 |
| 1796 | 3238 | Rafal | Szober | kozięglowy | | 1976 | M40 | 318 | 1593 | | 00:25:19 (1324) | 00:56:05 | 00:53:41 |
| 1797 | 828 | Waldemar W. | Budner | Poznań | KB UE Poznań | 1962 | M50 | 82 | 1594 | | 00:26:31 (1688) | 00:56:06 | 00:55:12 |
| 1798 | 1969 | Piotr | Górnik | Tulce | | 1978 | M35 | 338 | 1595 | | 00:28:23 (2253) | 00:56:06 | 00:56:06 |
| 1799 | 2442 | Klaudia | Chmielewska | poznań | Perschmann Running Team | 1989 | K25 | 51 | | 204 | 00:26:50 (1778) | 00:56:06 | 00:53:10 |
| 1800 | 1744 | Szymon | Wydymus | Swarzędz | CYBINA TEAM | 1986 | M30 | 277 | 1596 | | 00:26:54 (1799) | 00:56:06 | 00:55:01 |
| 1801 | 2933 | Renata | Wiśniewska | SWARZĘDZ | | 1960 | K55 | 1 | | 205 | 00:28:04 (2163) | 00:56:07 | 00:56:07 |
| 1802 | 4012 | Tomasz | Grześ | Trzcianka | ATG Team | 1974 | M40 | 319 | 1597 | | 00:27:55 (2107) | 00:56:07 | 00:56:07 |
| 1803 | 1771 | Magdalena | Rudnicka | Poznań | CYBINA TEAM | 1985 | K30 | 42 | | 206 | 00:26:55 (1806) | 00:56:07 | 00:55:03 |
| 1804 | 3315 | Roman | Michalak | Poznań | | 1979 | M35 | 339 | 1598 | | 00:26:30 (1685) | 00:56:07 | 00:53:54 |
| 1805 | 1009 | Daniel | Kalinowski | Siekierki Wielkie | | 1999 | M16 | 33 | 1599 | | 00:26:30 (1686) | 00:56:08 | 00:56:08 |
| 1806 | 3937 | Maciej | Leszczyński | Gniezno | | 1977 | M35 | 340 | 1600 | | 00:26:59 (1829) | 00:56:08 | 00:53:41 |
| 1807 | 3981 | Janusz | Zieliński | Lusowo | | 1961 | M55 | 54 | 1601 | | 00:26:26 (1658) | 00:56:08 | 00:56:08 |
| 1808 | 2728 | Danuta | Dominiak | Starkówiec Piatkowski | | 1971 | K45 | 11 | | 207 | 00:28:48 (2364) | 00:56:08 | 00:56:08 |
| 1809 | 137 | Julia | Krakowiak | poznań | | 1983 | K30 | 43 | | 208 | 00:27:53 (2095) | 00:56:08 | 00:56:08 |
| 1810 | 3422 | Aleksandra | Wolna | Poznań | WORUBA | 1956 | K60 | 4 | | 209 | 00:27:19 (1924) | 00:56:09 | 00:56:09 |
| 1811 | 3046 | Mateusz | Adamek | Oborniki | | 1996 | M20 | 84 | 1602 | | 00:28:03 (2156) | 00:56:10 | 00:56:10 |
| 1812 | 2621 | Robert | Ćwikliński | Luboń | | 1976 | M40 | 320 | 1603 | | 00:25:59 (1541) | 00:56:10 | 00:54:37 |
| 1813 | 3336 | Michał | Staszak | Poznań | Witkowo Biega | 1980 | M35 | 341 | 1604 | | 00:26:07 (1575) | 00:56:11 | 00:55:10 |
| 1814 | 233 | Paweł | Paniński | Poznań | Świat Biegacza Fehlau Run Team | 1967 | M45 | 126 | 1605 | | 00:27:17 (1914) | 00:56:11 | 00:54:54 |
| 1815 | 2191 | Józef | Linke | Krosinko | AMATOR | 1964 | M50 | 83 | 1606 | | 00:26:35 (1708) | 00:56:13 | 00:53:45 |
| 1816 | 3313 | Mirosław | Bosy | Jasin | | 1975 | M40 | 321 | 1607 | | 00:26:23 (1644) | 00:56:13 | 00:54:49 |
| 1817 | 2866 | Beata | Falkowska | Poznań | | 1965 | K50 | 7 | | 210 | 00:28:07 (2181) | 00:56:13 | 00:56:13 |
| 1818 | 1132 | Agnieszka | Wilusz | Poznań | UTAL | 1972 | K40 | 36 | | 211 | 00:26:34 (1703) | 00:56:15 | 00:56:15 |
| 1819 | 2019 | Krzysztof | Duszek | Swarzędz | SKS ZAKĄTEK | 1979 | M35 | 342 | 1608 | | 00:26:24 (1649) | 00:56:15 | 00:54:00 |
| 1820 | 1508 | Elżbieta | Nekanda-Trepka | Pobiedziska | | 1973 | K40 | 37 | | 212 | 00:28:24 (2258) | 00:56:16 | 00:56:16 |
| 1821 | 1351 | Wojciech | Grodzki | POZNAŃ | KB Maniac Poznań | 1977 | M35 | 343 | 1609 | | 00:26:25 (1656) | 00:56:16 | 00:56:16 |
| 1822 | 1949 | Kazimierz | Żebrowski | Swarzędz | | 1954 | M60 | 38 | 1610 | | 00:25:14 (1303) | 00:56:17 | 00:54:50 |
| 1823 | 3443 | Marcin | Kropski | Wtaszyce | | 1988 | M25 | 230 | 1611 | | 00:27:50 (2078) | 00:56:17 | 00:53:34 |
| 1824 | 1509 | Andrzej | Nekanda-Trepka | Pobiedziska | | 1972 | M40 | 322 | 1612 | | 00:28:24 (2259) | 00:56:17 | 00:56:17 |
| 1825 | 1983 | Karolina | Kaźmierczak | Pobiedziska | | 1981 | K35 | 29 | | 213 | 00:25:52 (1511) | 00:56:17 | 00:54:43 |
| 1826 | 3428 | Łukasz | Imbierowicz | Gniezno | Walka Gniezno | 1989 | M25 | 231 | 1613 | | 00:27:08 (1872) | 00:56:18 | 00:56:18 |
| 1827 | 1055 | Jarosław | Tomkowiak | Swarzędz | | 1970 | M45 | 127 | 1614 | | 00:24:56 (1213) | 00:56:18 | 00:55:58 |
| 1828 | 2135 | Dawid | Degórski | Września | Biegaj z WSL | 1989 | M25 | 232 | 1615 | | 00:27:46 (2065) | 00:56:19 | 00:56:19 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------------|-------------------|-----------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1829 | 2377 | Marcin | But | Poznań | | 1976 | M40 | 323 | 1616 | | 00:26:34 (1704) | 00:56:19 | 00:54:39 |
| 1830 | 702 | Tomasz | Najewski | Konin | | 1982 | M30 | 278 | 1617 | | 00:26:56 (1812) | 00:56:19 | 00:56:19 |
| 1831 | 1340 | Natalia | Majerowicz | Swarzędz | | 1988 | K25 | 52 | | 214 | 00:26:32 (1692) | 00:56:21 | 00:54:39 |
| 1832 | 2863 | Mateusz | Żuk | Poznań | Pracownia Psychologiczno-Sportowa | 1983 | M30 | 279 | 1618 | | 00:26:15 (1617) | 00:56:23 | 00:53:28 |
| 1833 | 3715 | Piotr | Jasiński | Poznań | FORMATIQ | 1971 | M45 | 128 | 1619 | | 00:26:43 (1740) | 00:56:23 | 00:54:32 |
| 1834 | 3228 | Jacek | Niechajczyk | Poznań | YetiTeam | 1977 | M35 | 344 | 1620 | | 00:25:53 (1517) | 00:56:24 | 00:56:24 |
| 1835 | 2496 | Filip | Figas | Poznań | Złote Jaja | 1980 | M35 | 345 | 1621 | | 00:28:13 (2208) | 00:56:24 | 00:56:24 |
| 1836 | 1339 | Magdalena | Beissert-Kaczmarek | Rumianek | | 1985 | K30 | 44 | | 215 | 00:27:14 (1895) | 00:56:24 | 00:53:00 |
| 1837 | 2888 | Mateusz | Prus | janowiec wkp | RodzinaPL | 1990 | M25 | 233 | 1622 | | 00:26:57 (1816) | 00:56:25 | 00:53:32 |
| 1838 | 594 | Jakub | Wiśniewski | Poznań | | 1985 | M30 | 280 | 1623 | | 00:27:11 (1884) | 00:56:25 | 00:54:22 |
| 1839 | 638 | Konstancja | Lisewska | Poznań | rewor.wordpress.com | 1986 | K30 | 45 | | 216 | 00:26:16 (1621) | 00:56:25 | 00:54:36 |
| 1840 | 3513 | Krzysztof | Rychlik | Swarzędz | | 1980 | M35 | 346 | 1624 | | 00:25:49 (1490) | 00:56:25 | 00:56:25 |
| 1841 | 3734 | Anna | Hetmanowska | Międzychód | GEZO TEAM | 1978 | K35 | 30 | | 217 | 00:28:01 (2147) | 00:56:26 | 00:56:26 |
| 1842 | 918 | Jarosław | Ubysz | Nochowo | | 1971 | M45 | 129 | 1625 | | 00:27:07 (1868) | 00:56:26 | 00:56:26 |
| 1843 | 1220 | Michał | Prył | Poznań / Skórzewo | BBL Poznań | 1979 | M35 | 347 | 1626 | | 00:24:51 (1191) | 00:56:26 | 00:55:39 |
| 1844 | 867 | Adam | Mikołajczyk | Poznań | MJDOP | 1980 | M35 | 348 | 1627 | | 00:25:26 (1363) | 00:56:27 | 00:54:34 |
| 1845 | 922 | Sonia | Gubańska | Poznań | StudioSynchroTeam | 1980 | K35 | 31 | | 218 | 00:28:00 (2141) | 00:56:27 | 00:56:27 |
| 1846 | 3735 | Jędrzej | Hetmanowski | Międzychód | GEZO TEAM | 1975 | M40 | 324 | 1628 | | 00:27:02 (1847) | 00:56:27 | 00:55:27 |
| 1847 | 3969 | Agata | Kędziora | Poznan | | 1988 | K25 | 53 | | 219 | 00:28:22 (2249) | 00:56:28 | 00:56:28 |
| 1848 | 2923 | Joanna | Walkowiak | Kostrzyn | | 1990 | K25 | 54 | | 220 | 00:27:31 (1985) | 00:56:28 | 00:56:28 |
| 1849 | 460 | Michał | Filipiak | Poznań | WKTJ | 1976 | M40 | 325 | 1629 | | 00:26:54 (1800) | 00:56:29 | 00:53:58 |
| 1850 | 329 | Adam | Roszczak | Poznań | 33 BLT | 1975 | M40 | 326 | 1630 | | 00:26:29 (1678) | 00:56:29 | 00:54:37 |
| 1851 | 3674 | Paweł | Opaczyk | Poznań | Presto Travel | 1957 | M55 | 55 | 1631 | | 00:26:36 (1713) | 00:56:30 | 00:55:00 |
| 1852 | 1011 | Bartek | Gałdyński | Swarzędz | | 1976 | M40 | 327 | 1632 | | 00:26:22 (1640) | 00:56:30 | 00:54:30 |
| 1853 | 1616 | Artur | Greser | Swarzędz | GRH 1 SKC | 1974 | M40 | 328 | 1633 | | 00:25:40 (1439) | 00:56:30 | 00:53:59 |
| 1854 | 1111 | Maciej | Jeżewski | Poznań | | 1986 | M30 | 281 | 1634 | | 00:28:13 (2209) | 00:56:30 | 00:56:30 |
| 1855 | 2828 | Karolina | Ostajewska | LWÓWEK | OSIEDLE ROZALIN W LUSÓWKU | 1998 | K16 | 6 | | 221 | 00:30:11 (2756) | 00:56:31 | 00:56:31 |
| 1856 | 2953 | Jacek | Karalus | Kostrzyn | | 1965 | M50 | 84 | 1635 | | 00:29:00 (2416) | 00:56:31 | 00:56:31 |
| 1857 | 2754 | Michał | Stypułkowski | | ORION | 1993 | M20 | 85 | 1636 | | 00:28:23 (2254) | 00:56:31 | 00:53:56 |
| 1858 | 3777 | Patryk | Maćkowski | poznan | | 1985 | M30 | 282 | 1637 | | 00:26:53 (1796) | 00:56:31 | 00:53:22 |
| 1859 | 1854 | Witold | Dytkiewicz | SWARZĘDZ | | 1975 | M40 | 329 | 1638 | | 00:26:45 (1753) | 00:56:31 | 00:54:06 |
| 1860 | 1010 | Przemysław | Kalinowski | Siekierki Wielkie | | 1969 | M45 | 130 | 1639 | | 00:26:42 (1732) | 00:56:32 | 00:56:32 |
| 1861 | 2745 | Barbara | Janiga | Poznań | Leszek Team | 1984 | K30 | 46 | | 222 | 00:26:40 (1727) | 00:56:33 | 00:54:20 |
| 1862 | 534 | Jarosław | Lipski | Swarzędz | | 1977 | M35 | 349 | 1640 | | 00:26:11 (1601) | 00:56:34 | 00:54:39 |
| 1863 | 1151 | Andrzej | Antkowiak | Swarzędz | | 1964 | M50 | 85 | 1641 | | 00:26:38 (1720) | 00:56:34 | 00:55:21 |
| 1864 | 4023 | Arkadiusz | Starzyński | Piła | Fort Colomb | 1989 | M25 | 234 | 1642 | | 00:27:43 (2044) | 00:56:35 | 00:53:55 |
| 1865 | 2394 | Ludwik | Obrocki | Chrzypsko Wielkie | | 1959 | M55 | 56 | 1643 | | 00:26:33 (1700) | 00:56:35 | 00:56:10 |
| 1866 | 3189 | Waldemar | Przybylski | Śrem | Majeczka team | 1973 | M40 | 330 | 1644 | | 00:26:12 (1604) | 00:56:35 | 00:55:29 |
| 1867 | 2250 | Agnieszka | Purczyńska | Siekierki Wielkie | Wicher Siekierki | 1980 | K35 | 32 | | 223 | 00:27:18 (1919) | 00:56:36 | 00:55:48 |

V Bieg 10km Szpot Swarzędz

Organizator: Szpot Sp. z o.o. i Ewa Szpot Sp. z o.o.

Dystans: 10km

Swarzędz, 2016-05-08



Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-------------|-----------------------|------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1868 | 2283 | Michał | Purczyński | Siekierki Wielkie | Wicher Siekierki | 1980 | M35 | 350 | 1645 | | 00:28:05 (2172) | 00:56:36 | 00:56:36 |
| 1869 | 1082 | Robert | Wachocki | Golina | | 1988 | M25 | 235 | 1646 | | 00:26:35 (1709) | 00:56:37 | 00:55:40 |
| 1870 | 1516 | Barbara | Zaranek | Oborniki | | 1971 | K45 | 12 | | 224 | 00:27:25 (1951) | 00:56:37 | 00:54:46 |
| 1871 | 219 | Aleksander | Bryła | Siekierki Wielkie | | 1978 | M35 | 351 | 1647 | | 00:27:10 (1880) | 00:56:37 | 00:54:41 |
| 1872 | 3684 | Filip | Przybylski | Poznan | | 1999 | M16 | 34 | 1648 | | 00:28:29 (2277) | 00:56:37 | 00:54:09 |
| 1873 | 91 | Andrzej | Nitzler | Hanover | Polonia Hanover | 1968 | M45 | 131 | 1649 | | 00:27:29 (1974) | 00:56:40 | 00:56:38 |
| 1874 | 86 | Edward | Dewucki | Hanover | Polonia Hanover | 1951 | M65 | 16 | 1650 | | 00:27:31 (1986) | 00:56:40 | 00:56:39 |
| 1875 | 3042 | Marcin | Bartkowiak | Gniezno | gniezno | 1971 | M45 | 132 | 1651 | | 00:28:06 (2176) | 00:56:40 | 00:53:30 |
| 1876 | 2081 | Marek | Wiśniewski | Poznań | | 1972 | M40 | 331 | 1652 | | 00:26:53 (1797) | 00:56:40 | 00:54:32 |
| 1877 | 1899 | Tomasz | Nowak | Janowiec Wielkopolski | RodzinaPL | 1981 | M35 | 352 | 1653 | | 00:27:03 (1850) | 00:56:41 | 00:53:50 |
| 1878 | 3296 | Mikołaj | Klewenhagen | Poznań | | 1989 | M25 | 236 | 1654 | | 00:25:00 (1234) | 00:56:44 | 00:55:04 |
| 1879 | 915 | Dominik | Pochylski | Luboń | | 1972 | M40 | 332 | 1655 | | 00:26:50 (1779) | 00:56:45 | 00:53:52 |
| 1880 | 1045 | Jarosław | Dąbrowski | Poznań | | 1970 | M45 | 133 | 1656 | | 00:26:46 (1761) | 00:56:46 | 00:54:35 |
| 1881 | 1883 | Artur | Pluta | Plewiska | Democo | 1970 | M45 | 134 | 1657 | | 00:28:09 (2193) | 00:56:46 | 00:56:46 |
| 1882 | 732 | Artur | Grzesiak | Bytom | | 1974 | M40 | 333 | 1658 | | 00:28:52 (2377) | 00:56:46 | 00:56:46 |
| 1883 | 3072 | Damian | Loba | poznań | | 1969 | M45 | 135 | 1659 | | 00:26:24 (1650) | 00:56:46 | 00:54:57 |
| 1884 | 3083 | Marcin | Adamczak | Swarzędz | | 1984 | M30 | 283 | 1660 | | 00:27:00 (1834) | 00:56:47 | 00:55:11 |
| 1885 | 3520 | Sebastian | Wielgus | rościslawice | KS Rościslawice | 1996 | M20 | 86 | 1661 | | 00:27:34 (1997) | 00:56:47 | 00:56:47 |
| 1886 | 2024 | Agnieszka | Haglauer | Wolsztyn | Wolsztyńska Akademia Biegowa | 1971 | K45 | 13 | | 225 | 00:27:43 (2045) | 00:56:47 | 00:56:47 |
| 1887 | 3174 | Andrzej | Leski | Pznań | | 1983 | M30 | 284 | 1662 | | 00:27:25 (1952) | 00:56:48 | 00:55:43 |
| 1888 | 2320 | Magdalena | Nater | Luboń | | 1973 | K40 | 38 | | 226 | 00:27:50 (2079) | 00:56:48 | 00:55:43 |
| 1889 | 108 | Karol | Sobiech | Pobiedziska | Night Runners | 1982 | M30 | 285 | 1663 | | 00:25:50 (1499) | 00:56:49 | 00:54:59 |
| 1890 | 3310 | Sylwester | Zembrzuski | Poznań | | 1984 | M30 | 286 | 1664 | | 00:27:30 (1981) | 00:56:49 | 00:53:58 |
| 1891 | 1396 | Bartek | Michalski | Poznań | | 1978 | M35 | 353 | 1665 | | 00:26:55 (1807) | 00:56:50 | 00:56:29 |
| 1892 | 93 | Piotr | Andziński | Koziegłowy | | 1985 | M30 | 287 | 1666 | | 00:28:03 (2157) | 00:56:50 | 00:56:50 |
| 1893 | 3006 | Patryk | Zalewski | Kobylnica | | 1998 | M16 | 35 | 1667 | | 00:27:24 (1945) | 00:56:51 | 00:55:17 |
| 1894 | 2206 | Dariusz | Wichtowski | Poznań | | 1978 | M35 | 354 | 1668 | | 00:30:10 (2752) | 00:56:51 | 00:56:51 |
| 1895 | 3909 | Ewelina | Stachowska | Wielichowo | | 1978 | K35 | 33 | | 227 | 00:26:19 (1632) | 00:56:51 | 00:55:22 |
| 1896 | 1607 | Łukasz | Piskozub | Garby | | 1974 | M40 | 334 | 1669 | | 00:27:54 (2099) | 00:56:51 | 00:56:51 |
| 1897 | 3342 | Zofia | Magdziak | Poznań | MSICS | 1951 | K65 | 2 | | 228 | 00:28:53 (2381) | 00:56:51 | 00:56:51 |
| 1898 | 2609 | Artur | Frąckowiak | Tulce | | 1974 | M40 | 335 | 1670 | | 00:27:22 (1937) | 00:56:52 | 00:55:00 |
| 1899 | 352 | Bartosz | Byczkowski | Gruszczyn | | 1976 | M40 | 336 | 1671 | | 00:27:10 (1881) | 00:56:52 | 00:54:36 |
| 1900 | 4042 | Janusz | Okoń | Przeźmierowo | | 1979 | M35 | 355 | 1672 | | 00:30:09 (2744) | 00:56:52 | 00:56:52 |
| 1901 | 551 | Joanna | Wojtkowiak | Poznań | Piątkowo na Biegowo | 1991 | K25 | 55 | | 229 | 00:29:07 (2455) | 00:56:54 | 00:56:54 |
| 1902 | 3930 | Wojciech | Waszak | TRZEMESZNO | | 1981 | M35 | 356 | 1673 | | 00:27:47 (2069) | 00:56:54 | 00:55:12 |
| 1903 | 377 | Mikołaj | Siennicki | Poznań | | 1974 | M40 | 337 | 1674 | | 00:26:45 (1754) | 00:56:54 | 00:54:26 |
| 1904 | 3883 | Dominik | Gawron | Poznań | | 1985 | M30 | 288 | 1675 | | 00:27:03 (1851) | 00:56:55 | 00:55:01 |
| 1905 | 2395 | Mateusz | Kamiński | Szamotoły | | 1985 | M30 | 289 | 1676 | | 00:29:36 (2590) | 00:56:55 | 00:56:55 |
| 1906 | 900 | Ewa | Nowicka | Poznań | Trenertriathlonu.pl | 1970 | K45 | 14 | | 230 | 00:26:53 (1798) | 00:56:55 | 00:54:47 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------------|-------------|------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1907 | 3234 | Szymon | Winkel | Czerwonak | | 1988 | M25 | 237 | 1677 | | 00:25:43 (1452) | 00:56:56 | 00:54:17 |
| 1908 | 3249 | Przemysław | Średziński | Gniezno | | 1987 | M25 | 238 | 1678 | | 00:27:04 (1856) | 00:56:56 | 00:53:56 |
| 1909 | 1864 | Magdalena | Lewandowska | Pleszew | | 1985 | K30 | 47 | | 231 | 00:27:11 (1885) | 00:56:56 | 00:55:04 |
| 1910 | 1989 | Edyta | Brzezińska - Kapłon | POZNAŃ | | 1968 | K45 | 15 | | 232 | 00:28:20 (2240) | 00:56:57 | 00:56:57 |
| 1911 | 3589 | Piotr | Bednik | Poznań | | 1987 | M25 | 239 | 1679 | | 00:26:45 (1755) | 00:56:57 | 00:56:45 |
| 1912 | 739 | Piotr | Nowacki | Swarzędz | | 1988 | M25 | 240 | 1680 | | 00:25:30 (1386) | 00:56:57 | 00:56:29 |
| 1913 | 1955 | Agnieszka | Nowak-Młynikowska | Poznań | | 1973 | K40 | 39 | | 233 | 00:29:17 (2497) | 00:56:58 | 00:56:58 |
| 1914 | 2166 | Dawid | Nowak | Poznań | | 1981 | M35 | 357 | 1681 | | 00:27:33 (1994) | 00:56:59 | 00:56:09 |
| 1915 | 839 | Grazyna | Ziółkowska | Poznań | Yuppi Squad | 1983 | K30 | 48 | | 234 | 00:28:34 (2297) | 00:56:59 | 00:56:59 |
| 1916 | 1711 | Anna | Loose | Bydgoszcz | RUN Bydgoszcz | 1989 | K25 | 56 | | 235 | 00:28:04 (2164) | 00:56:59 | 00:56:59 |
| 1917 | 2003 | Michał | Mejziński | Swarzędz | | 1987 | M25 | 241 | 1682 | | 00:27:14 (1896) | 00:56:59 | 00:55:21 |
| 1918 | 2025 | Ryszard | Garbacki | Poznań | | 1953 | M60 | 39 | 1683 | | 00:26:32 (1693) | 00:57:00 | 00:54:43 |
| 1919 | 1815 | Wojciech | Latkowski | POZNAŃ | | 1976 | M40 | 338 | 1684 | | 00:27:19 (1925) | 00:57:01 | 00:54:24 |
| 1920 | 3301 | Piotr | Krasiński | Bydgoszcz | | 1975 | M40 | 339 | 1685 | | 00:27:31 (1987) | 00:57:02 | 00:54:10 |
| 1921 | 1203 | Adam | Trojanek | Swarzędz | | 1975 | M40 | 340 | 1686 | | 00:28:35 (2305) | 00:57:03 | 00:57:03 |
| 1922 | 989 | Karol | Nitecki | Kruszewnia | | 1988 | M25 | 242 | 1687 | | 00:27:39 (2026) | 00:57:03 | 00:57:03 |
| 1923 | 2624 | Jakub | Grzesiak | Poznań | | 1972 | M40 | 341 | 1688 | | 00:27:14 (1897) | 00:57:04 | 00:55:21 |
| 1924 | 424 | Barbara | Mąderek | Gądk | | 1979 | K35 | 34 | | 236 | 00:26:29 (1679) | 00:57:05 | 00:55:46 |
| 1925 | 3835 | Norbert | Rostalski | Swarzędz | Budopol Poznań | 1975 | M40 | 342 | 1689 | | 00:26:36 (1714) | 00:57:05 | 00:54:48 |
| 1926 | 331 | Rafał | Nijak | Swarzędz | | 1987 | M25 | 243 | 1690 | | 00:28:13 (2210) | 00:57:05 | 00:57:05 |
| 1927 | 2719 | Kacper | Michoń | Konin | Konin | 1995 | M20 | 87 | 1691 | | 00:27:26 (1959) | 00:57:06 | 00:57:06 |
| 1928 | 2082 | Krzysztof | Swornowski | Poznań | | 1961 | M55 | 57 | 1692 | | 00:28:15 (2219) | 00:57:07 | 00:57:07 |
| 1929 | 2390 | Sylwia | Olkiewicz | Poznań | | 1987 | K25 | 57 | | 237 | 00:27:57 (2124) | 00:57:07 | 00:55:57 |
| 1930 | 507 | Tomasz | Wiatr | Poznań | KB Maniac Poznań | 1974 | M40 | 343 | 1693 | | 00:27:00 (1835) | 00:57:07 | 00:55:12 |
| 1931 | 2075 | Karolina | Iskra-Wiatr | Poznań | KB Maniac Poznań | 1979 | K35 | 35 | | 238 | 00:26:59 (1830) | 00:57:07 | 00:55:11 |
| 1932 | 3994 | Szymon | Sikora | Skorzewo | nanoteam.pl | 1973 | M40 | 344 | 1694 | | 00:26:10 (1595) | 00:57:08 | 00:53:19 |
| 1933 | 3618 | Maciej | Orłowski | Witaszyce | | 1980 | M35 | 358 | 1695 | | 00:28:17 (2223) | 00:57:08 | 00:57:08 |
| 1934 | 569 | Tomasz | Jankun | Koziegłowy | | 1962 | M50 | 86 | 1696 | | 00:29:39 (2605) | 00:57:09 | 00:53:43 |
| 1935 | 746 | Wojciech | Błoch | Czempiń | Wojtas Team | 1987 | M25 | 244 | 1697 | | 00:26:54 (1801) | 00:57:09 | 00:56:13 |
| 1936 | 3664 | Waldemar | Wierzbicki | Witkowo | Witkowo | 1977 | M35 | 359 | 1698 | | 00:28:12 (2203) | 00:57:10 | 00:57:10 |
| 1937 | 3384 | Andrzej | Waraczewski | Gniezno | Harpagan Gniezno | 1962 | M50 | 87 | 1699 | | 00:27:07 (1869) | 00:57:10 | 00:54:50 |
| 1938 | 1834 | Michał | Komorowski | Poznań | HCH FEDERATION | 1990 | M25 | 245 | 1700 | | 00:26:55 (1808) | 00:57:10 | 00:54:56 |
| 1939 | 1288 | Marlena | Krawczyk | MALANÓW | KB Maraton Turek | 1974 | K40 | 40 | | 239 | 00:26:35 (1710) | 00:57:11 | 00:55:50 |
| 1940 | 3175 | Marcin | Józefiak | Poznań | | 1986 | M30 | 290 | 1701 | | 00:27:11 (1886) | 00:57:11 | 00:54:27 |
| 1941 | 2058 | Arkadiusz | Jarmużek | Poznań | | 1986 | M30 | 291 | 1702 | | 00:27:38 (2019) | 00:57:14 | 00:57:14 |
| 1942 | 469 | Mateusz | Kaniewski | Poznań | | 1987 | M25 | 246 | 1703 | | 00:26:50 (1780) | 00:57:16 | 00:54:48 |
| 1943 | 1456 | Karolina | Maćkowiak | Pniewy | KK Poland | 1988 | K25 | 58 | | 240 | 00:26:57 (1817) | 00:57:16 | 00:56:30 |
| 1944 | 3402 | Piotr | Ratajczak | SWARZEDZ | | 1978 | M35 | 360 | 1704 | | 00:25:10 (1284) | 00:57:17 | 00:56:34 |
| 1945 | 1462 | Anna | Woźniczka | Pniewy | Postęp Team | 1987 | K25 | 59 | | 241 | 00:26:57 (1818) | 00:57:17 | 00:56:31 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|-------------------|-------------|------------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1946 | 3483 | Łukasz | Mikołajewski | Jutrosin | | 1984 | M30 | 292 | 1705 | | 00:26:08 (1580) | 00:57:17 | 00:56:08 |
| 1947 | 1180 | Piotr | Jankowski | Strykowo | | 1971 | M45 | 136 | 1706 | | 00:27:28 (1968) | 00:57:17 | 00:54:55 |
| 1948 | 1121 | Michał | Gąska | Kobylnica | Kobylnica | 1984 | M30 | 293 | 1707 | | 00:27:24 (1946) | 00:57:17 | 00:55:08 |
| 1949 | 1657 | Wojciech | Pawłowski | Poznań | schapani.pl | 1990 | M25 | 247 | 1708 | | 00:28:01 (2148) | 00:57:18 | 00:57:18 |
| 1950 | 2352 | Milena | Dera | POZNAŃ | FRASTAŚ POZNAŃ | 1984 | K30 | 49 | | 242 | 00:27:54 (2100) | 00:57:18 | 00:54:46 |
| 1951 | 3253 | Dawid | Ulanowski | Poznań | | 1993 | M20 | 88 | 1709 | | 00:25:36 (1419) | 00:57:19 | 00:54:28 |
| 1952 | 3726 | Kamila | Roik | Swarzędz | Roikowo | 1980 | K35 | 36 | | 243 | 00:29:03 (2427) | 00:57:19 | 00:57:19 |
| 1953 | 1198 | Marek | Pastwa | Kobylnica | KJ Chrapka Wierzenica | 1965 | M50 | 88 | 1710 | | 00:27:08 (1873) | 00:57:19 | 00:54:40 |
| 1954 | 531 | Adam | Plewa | Dobieżyn | Bukowski Klub Biegacza | 1988 | M25 | 248 | 1711 | | 00:27:24 (1947) | 00:57:20 | 00:55:08 |
| 1955 | 1929 | Jakub | Błaszczyk | Swarzędz | Koło PZW nr 158 Swarzędz - Zatorze | 1982 | M30 | 294 | 1712 | | 00:28:20 (2241) | 00:57:22 | 00:55:07 |
| 1956 | 3338 | Maciej | Sołtysiak | Kamionki | CYBINA TEAM | 1975 | M40 | 345 | 1713 | | 00:28:23 (2255) | 00:57:22 | 00:57:22 |
| 1957 | 721 | Grzegorz | Zatoń | Plewiska | | 1981 | M35 | 361 | 1714 | | 00:26:21 (1636) | 00:57:22 | 00:55:59 |
| 1958 | 3060 | Katarzyna | Jackowska | Poznań | | 1974 | K40 | 41 | | 244 | 00:26:44 (1746) | 00:57:22 | 00:55:47 |
| 1959 | 3000 | Roland | Kałużny | Swarzędz | Unia Swarzędz - zapasy | 1982 | M30 | 295 | 1715 | | 00:28:18 (2230) | 00:57:24 | 00:57:24 |
| 1960 | 1836 | Łukasz | Skrobiranda | Sieradz | | 1984 | M30 | 296 | 1716 | | 00:27:27 (1962) | 00:57:24 | 00:55:04 |
| 1961 | 3761 | Tomasz | Walczak | Poznań | Wind | 1972 | M40 | 346 | 1717 | | 00:27:03 (1852) | 00:57:26 | 00:55:57 |
| 1962 | 2225 | Rafał | Mikołajczak | Poznań | 1 RWT SP | 1976 | M40 | 347 | 1718 | | 00:28:08 (2187) | 00:57:26 | 00:57:26 |
| 1963 | 2695 | Malwina | Olejniczak | Kostrzyn | | 1985 | K30 | 50 | | 245 | 00:26:17 (1624) | 00:57:26 | 00:55:53 |
| 1964 | 1959 | Mirek | Brych | Swarzędz | | 1966 | M50 | 89 | 1719 | | 00:26:37 (1717) | 00:57:26 | 00:55:14 |
| 1965 | 3227 | Jacek | Henschke | Skórzewo | | 1981 | M35 | 362 | 1720 | | 00:27:19 (1926) | 00:57:26 | 00:54:11 |
| 1966 | 1493 | Marek | Kostrzewski | Osiniec | | 1978 | M35 | 363 | 1721 | | 00:27:44 (2054) | 00:57:27 | 00:55:25 |
| 1967 | 3847 | Marcin | Macioszek | Zalasewo | | 1976 | M40 | 348 | 1722 | | 00:26:39 (1724) | 00:57:28 | 00:56:15 |
| 1968 | 3179 | Marek | Milkamanowicz | Zalasewo | | 1976 | M40 | 349 | 1723 | | 00:26:50 (1781) | 00:57:28 | 00:55:59 |
| 1969 | 2779 | Waldemar | Andrzejewski | Poznań | | 1961 | M55 | 58 | 1724 | | 00:26:22 (1641) | 00:57:29 | 00:55:15 |
| 1970 | 3197 | Natalia | Ziomek-Szajkowska | Poznań | | 1985 | K30 | 51 | | 246 | 00:27:04 (1857) | 00:57:29 | 00:54:35 |
| 1971 | 1662 | Dariusz | Kawicki | POZNAŃ | Night Runners | 1980 | M35 | 364 | 1725 | | 00:26:26 (1659) | 00:57:29 | 00:55:00 |
| 1972 | 1821 | Barłomiej | Zarliński | SWARZĘDZ | | 1977 | M35 | 365 | 1726 | | 00:27:58 (2132) | 00:57:29 | 00:57:29 |
| 1973 | 337 | Piotr | Stojewski | Swarzędz | | 1973 | M40 | 350 | 1727 | | 00:26:43 (1741) | 00:57:29 | 00:55:14 |
| 1974 | 391 | Andrzej | Drgas | LUBOŃ | MOTOR LUBOŃ TEAM | 1955 | M60 | 40 | 1728 | | 00:27:29 (1975) | 00:57:30 | 00:56:40 |
| 1975 | 2768 | Włodzimierz | Gębicki | Gniezno | | 1960 | M55 | 59 | 1729 | | 00:28:19 (2237) | 00:57:30 | 00:55:52 |
| 1976 | 791 | Arkadiusz | Poppe | Poznań | Pędzący w ukryciu Jeleń..... | 1974 | M40 | 351 | 1730 | | 00:26:13 (1607) | 00:57:31 | 00:55:37 |
| 1977 | 2749 | Joanna | Jokajty | Suwałki | | 1994 | K20 | 25 | | 247 | 00:26:06 (1572) | 00:57:31 | 00:55:30 |
| 1978 | 1548 | Rafał | Hennig | Gowarzewo | Rydwany Ognia | 1981 | M35 | 366 | 1731 | | 00:27:09 (1877) | 00:57:32 | 00:55:11 |
| 1979 | 1647 | Sebastian | Straburzyński | Poznań | Latające Dorsze | 1985 | M30 | 297 | 1732 | | 00:27:15 (1901) | 00:57:32 | 00:54:48 |
| 1980 | 2578 | Waldemar | Fuczkiewicz | Poznań | | 1972 | M40 | 352 | 1733 | | 00:28:35 (2306) | 00:57:32 | 00:57:32 |
| 1981 | 342 | Jarosław | Plaszczak | Tulce | Tulce | 1974 | M40 | 353 | 1734 | | 00:26:47 (1768) | 00:57:33 | 00:54:58 |
| 1982 | 3268 | Michał | Łukasik | Poznań | Poznań | 1989 | M25 | 249 | 1735 | | 00:26:50 (1782) | 00:57:33 | 00:55:38 |
| 1983 | 2114 | Zbigniew | Różycki | Poznań | | 1970 | M45 | 137 | 1736 | | 00:26:52 (1788) | 00:57:33 | 00:55:34 |
| 1984 | 3055 | Szymon | Szulc | Kamionki | | 1972 | M40 | 354 | 1737 | | 00:29:49 (2649) | 00:57:33 | 00:57:33 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------------|------------------------|-------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1985 | 242 | Marta | Pękalska | Poznań | marta-gotuje.pl | 1986 | K30 | 52 | | 248 | 00:26:42 (1733) | 00:57:35 | 00:56:23 |
| 1986 | 2477 | Michał | Kapciak | Jasin | | 1987 | M25 | 250 | 1738 | | 00:29:04 (2433) | 00:57:35 | 00:54:43 |
| 1987 | 3075 | Kasia | Kuśnierczak | Poznań | | 1983 | K30 | 53 | | 249 | 00:26:42 (1734) | 00:57:36 | 00:56:29 |
| 1988 | 2131 | Łukasz | Turowski | Poznań | Klub Biegacza Euro | 1984 | M30 | 298 | 1739 | | 00:27:45 (2058) | 00:57:36 | 00:56:37 |
| 1989 | 2223 | Mateusz | Pawelczak | Krotoszyn | San Diego Run Club | 1985 | M30 | 299 | 1740 | | 00:27:43 (2046) | 00:57:36 | 00:56:30 |
| 1990 | 496 | Piotr | Zieliński | Oborniki Wielkopolskie | Biegajnia Poznań | 1978 | M35 | 367 | 1741 | | 00:27:39 (2027) | 00:57:37 | 00:57:37 |
| 1991 | 2144 | Angelika | Rydlewska | Śrem | Fighters Mosina | 1989 | K25 | 60 | | 250 | 00:29:46 (2635) | 00:57:37 | 00:57:37 |
| 1992 | 2554 | Rafał | Niewiadomski | Luboń | | 1985 | M30 | 300 | 1742 | | 00:27:33 (1995) | 00:57:38 | 00:55:29 |
| 1993 | 201 | Piotr | Radola | Kościan | PM TEAM | 1981 | M35 | 368 | 1743 | | 00:25:32 (1401) | 00:57:38 | 00:55:59 |
| 1994 | 1119 | Marta | Grabowska | Złotów | | 1993 | K20 | 26 | | 251 | 00:26:51 (1784) | 00:57:38 | 00:55:06 |
| 1995 | 2796 | Jarosław | Wielichowski | Pobiedziska | | 1973 | M40 | 355 | 1744 | | 00:27:51 (2083) | 00:57:40 | 00:55:35 |
| 1996 | 1458 | Mikołaj | Olszowiec | Poznań | | 1987 | M25 | 251 | 1745 | | 00:26:22 (1642) | 00:57:40 | 00:54:53 |
| 1997 | 1463 | Krzysztof | Silski | Swarzędz | CYBINA TEAM | 1981 | M35 | 369 | 1746 | | 00:28:34 (2298) | 00:57:41 | 00:57:41 |
| 1998 | 20 | Łukasz | Kołodziej | Poznan | Garmin24.pl | 1986 | M30 | 301 | 1747 | | 00:27:27 (1963) | 00:57:41 | 00:55:40 |
| 1999 | 218 | Kamil | Mielnik | Poznań | | 1979 | M35 | 370 | 1748 | | 00:25:53 (1518) | 00:57:41 | 00:55:58 |
| 2000 | 1954 | Piotr | Nędzewicz | Poznań | | 1983 | M30 | 302 | 1749 | | 00:28:22 (2250) | 00:57:42 | 00:55:04 |
| 2001 | 907 | Mirosław | Jasiński | Skoki | Hart Skoki | 1965 | M50 | 90 | 1750 | | 00:28:01 (2149) | 00:57:42 | 00:57:42 |
| 2002 | 1851 | Małgorzata | Kosmaczewska | Pobiedziska | | 1968 | K45 | 16 | | 252 | 00:28:15 (2220) | 00:57:44 | 00:57:44 |
| 2003 | 3023 | Michał | Majchrzak | Poznań | | 1988 | M25 | 252 | 1751 | | 00:27:35 (2007) | 00:57:45 | 00:56:47 |
| 2004 | 1520 | Anna | Lewandowska | Poznań | | 1989 | K25 | 61 | | 253 | 00:26:42 (1735) | 00:57:45 | 00:54:40 |
| 2005 | 1486 | Piotr | Chudy | Swarzedz | | 1981 | M35 | 371 | 1752 | | 00:26:40 (1728) | 00:57:45 | 00:54:39 |
| 2006 | 3037 | Aleksandra | Świstek | Poznań | | 1990 | K25 | 62 | | 254 | 00:28:03 (2158) | 00:57:46 | 00:55:01 |
| 2007 | 1829 | Łukasz | Lewandowski | Poznań | | 1983 | M30 | 303 | 1753 | | 00:27:18 (1920) | 00:57:46 | 00:56:43 |
| 2008 | 2293 | Monika | Wasielewska | KROTOSZYN | | 1980 | K35 | 37 | | 255 | 00:28:55 (2389) | 00:57:46 | 00:57:46 |
| 2009 | 3232 | Jakub | Ruła | POZNAŃ | | 1981 | M35 | 372 | 1754 | | 00:27:29 (1976) | 00:57:47 | 00:57:47 |
| 2010 | 3708 | Aleksandra | Koska | Września | Triathlon Team Września | 1987 | K25 | 63 | | 256 | 00:27:39 (2028) | 00:57:47 | 00:56:31 |
| 2011 | 425 | Marek | Broniewski | Kórnik | Brylant Kórnik | 1982 | M30 | 304 | 1755 | | 00:28:56 (2397) | 00:57:47 | 00:57:47 |
| 2012 | 1594 | Beata | Wojciegowska-Nowak | Poznań | Mamy-Biegamy | 1984 | K30 | 54 | | 257 | 00:27:03 (1853) | 00:57:47 | 00:56:30 |
| 2013 | 2243 | Grzegorz | Piaskowski | Kościan | P4 GREG | 1981 | M35 | 373 | 1756 | | 00:26:45 (1756) | 00:57:48 | 00:56:31 |
| 2014 | 554 | Robert | Witkowski | Wiry | | 1971 | M45 | 138 | 1757 | | 00:25:58 (1537) | 00:57:49 | 00:56:35 |
| 2015 | 3932 | Karol | Rzepa | Wronki | Wroniecki Klub Biegacza | 1986 | M30 | 305 | 1758 | | 00:29:16 (2495) | 00:57:51 | 00:57:51 |
| 2016 | 143 | Dominika | Kempińska | Poznań | | 1989 | K25 | 64 | | 258 | 00:29:37 (2596) | 00:57:51 | 00:57:51 |
| 2017 | 3906 | Piotr | Adamski | Poznan | | 1980 | M35 | 374 | 1759 | | 00:27:41 (2033) | 00:57:52 | 00:55:51 |
| 2018 | 118 | Karol | Węglowski | ŚRODA WLKP | | 1996 | M20 | 89 | 1760 | | 00:28:36 (2311) | 00:57:52 | 00:54:54 |
| 2019 | 605 | Pawel | Lach | poznań | | 1983 | M30 | 306 | 1761 | | 00:27:33 (1996) | 00:57:53 | 00:56:26 |
| 2020 | 2541 | Mikołaj | Juśkiewicz | Pleszew | | 1988 | M25 | 253 | 1762 | | 00:28:28 (2273) | 00:57:53 | 00:55:57 |
| 2021 | 2987 | Fabian | Trząsałski | Gruszczyń | | 1984 | M30 | 307 | 1763 | | 00:27:55 (2108) | 00:57:54 | 00:56:01 |
| 2022 | 221 | Anna | Mielnik | Poznań | | 1978 | K35 | 38 | | 259 | 00:28:46 (2355) | 00:57:54 | 00:57:54 |
| 2023 | 1502 | Andrzej | Nowak | Parkowo | | 1968 | M45 | 139 | 1764 | | 00:27:36 (2010) | 00:57:54 | 00:56:03 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|---------------------|---------------|----------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2024 | 1589 | Mateusz | Biniak | Wierzenica | UTAL | 1990 | M25 | 254 | 1765 | | 00:27:54 (2101) | 00:57:54 | 00:57:54 |
| 2025 | 2783 | Maria | Piechnik | Trzemeszno | | 1981 | K35 | 39 | | 260 | 00:28:44 (2350) | 00:57:55 | 00:57:55 |
| 2026 | 1438 | Sebastian | Lach | Swarzędz | | 1997 | M16 | 36 | 1766 | | 00:27:57 (2125) | 00:57:56 | 00:57:56 |
| 2027 | 2404 | Janusz | Wójcik | Gniezno | Night Runners Gniezno | 1974 | M40 | 356 | 1767 | | 00:26:13 (1608) | 00:57:56 | 00:55:26 |
| 2028 | 2595 | Grzegorz | Silski | Poznań | | 1984 | M30 | 308 | 1768 | | 00:27:25 (1953) | 00:57:56 | 00:54:52 |
| 2029 | 2255 | Katarzyna | Guszczyńska | Poznań | Constravia | 1985 | K30 | 55 | | 261 | 00:27:55 (2109) | 00:57:57 | 00:56:34 |
| 2030 | 3887 | Michał | Ratajczak | Zalasewo | | 1982 | M30 | 309 | 1769 | | 00:27:45 (2059) | 00:57:57 | 00:55:18 |
| 2031 | 1122 | Paweł | Bigajczyk | Zalasewo | | 1974 | M40 | 357 | 1770 | | 00:26:54 (1802) | 00:57:57 | 00:54:57 |
| 2032 | 3872 | Adan | Chrzanowski | Chojny | | 1985 | M30 | 310 | 1771 | | 00:27:58 (2133) | 00:57:58 | 00:55:24 |
| 2033 | 1295 | Izabela | Adamczyk | Poznań | UKS SMOKI | 1974 | K40 | 42 | | 262 | 00:27:47 (2070) | 00:57:58 | 00:55:38 |
| 2034 | 1034 | Paweł | Wygoda | POZNAŃ | HERBALIFE POZNAŃ | 1966 | M50 | 91 | 1772 | | 00:26:38 (1721) | 00:57:58 | 00:55:36 |
| 2035 | 1624 | Agnieszka | Gołembiewska | Śrem | Drużyna Szpiku | 1979 | K35 | 40 | | 263 | 00:27:54 (2102) | 00:57:58 | 00:57:12 |
| 2036 | 3970 | Rafał | Kowalczyk | Kłecko | Activ Team Kłecko | 1977 | M35 | 375 | 1773 | | 00:28:32 (2289) | 00:57:59 | 00:55:09 |
| 2037 | 1386 | Piotr | Kobrzeńce | Komorniki | KGB Grzmot Komorniki | 1978 | M35 | 376 | 1774 | | 00:28:10 (2197) | 00:57:59 | 00:55:48 |
| 2038 | 3731 | Anna | Pietraszak | GNIEZNO | Night Runners Gniezno | 1977 | K35 | 41 | | 264 | 00:27:09 (1878) | 00:57:59 | 00:55:34 |
| 2039 | 3831 | Kamil | Pawłowski | Strzałkowo | AMATOR | 1988 | M25 | 255 | 1775 | | 00:28:14 (2217) | 00:57:59 | 00:57:59 |
| 2040 | 566 | Piotr | Maciejak | Swarzedz | | 1981 | M35 | 377 | 1776 | | 00:27:05 (1862) | 00:58:00 | 00:56:07 |
| 2041 | 2311 | Dominik | Kruszona | Szczodrzykowo | | 1987 | M25 | 256 | 1777 | | 00:27:22 (1938) | 00:58:00 | 00:55:40 |
| 2042 | 1670 | Bartosz | Sworek | poznan | | 1994 | M20 | 90 | 1778 | | 00:28:18 (2231) | 00:58:00 | 00:58:00 |
| 2043 | 3330 | Agnieszka | Bakoś | Poznań | | 1990 | K25 | 65 | | 265 | 00:28:20 (2242) | 00:58:00 | 00:58:00 |
| 2044 | 3967 | Krzysztof | Żmuda | Zalasewo | | 1990 | M25 | 257 | 1779 | | 00:29:27 (2550) | 00:58:00 | 00:58:00 |
| 2045 | 2687 | Sławomir | Grządzielewski | Luboń | Luboń | 1977 | M35 | 378 | 1780 | | 00:28:24 (2260) | 00:58:00 | 00:55:26 |
| 2046 | 2133 | Sylwia | Wojtowicz | Poznań | | 1986 | K30 | 56 | | 266 | 00:27:52 (2091) | 00:58:01 | 00:57:03 |
| 2047 | 3074 | Lucyna | Krzyminska | Kobylnica | Apetyt na sport | 1965 | K50 | 8 | | 267 | 00:29:20 (2511) | 00:58:01 | 00:58:01 |
| 2048 | 848 | Grzegorz | Kaczorowski | KOBYLNICA | APETYTNASPORT.PL | 1971 | M45 | 140 | 1781 | | 00:29:20 (2512) | 00:58:02 | 00:58:02 |
| 2049 | 775 | Justyna | Hołderna | Kołaczkowo | Altom Gniezno | 1986 | K30 | 57 | | 268 | 00:27:28 (1969) | 00:58:02 | 00:54:36 |
| 2050 | 3069 | Izabela | Szajek Siuda | Luboń | IzMark | 1970 | K45 | 17 | | 269 | 00:26:44 (1747) | 00:58:02 | 00:57:41 |
| 2051 | 1675 | Eliza | Karczyńska | Poznań | | 1983 | K30 | 58 | | 270 | 00:25:30 (1387) | 00:58:02 | 00:56:02 |
| 2052 | 831 | Michał | Pieszak | Swarzędz | | 1986 | M30 | 311 | 1782 | | 00:29:00 (2417) | 00:58:02 | 00:58:02 |
| 2053 | 1952 | Maciej | Piotrowski | Poznań | | 1979 | M35 | 379 | 1783 | | 00:26:37 (1718) | 00:58:03 | 00:55:47 |
| 2054 | 1317 | Jan | Józefiak | Chludowo | | 1985 | M30 | 312 | 1784 | | 00:28:12 (2204) | 00:58:04 | 00:58:04 |
| 2055 | 454 | Katarzyna | Albrecht | Poznań | Smashing Papkins | 1982 | K30 | 59 | | 271 | 00:26:42 (1736) | 00:58:04 | 00:56:23 |
| 2056 | 1214 | Jacek | Maj | Gortatowo | | 1973 | M40 | 358 | 1785 | | 00:28:03 (2159) | 00:58:05 | 00:55:49 |
| 2057 | 2853 | Grzegorz | Jóźwik | Poznań | Night Runners Poznań | 1988 | M25 | 258 | 1786 | | 00:28:37 (2321) | 00:58:05 | 00:55:14 |
| 2058 | 1676 | Mateusz | Malinowski | Poznań | | 1973 | M40 | 359 | 1787 | | 00:27:35 (2008) | 00:58:05 | 00:56:38 |
| 2059 | 1932 | Marta | Blachut - Laskowska | Poznań | KREATYVNIE | 1985 | K30 | 60 | | 272 | 00:26:31 (1689) | 00:58:05 | 00:56:31 |
| 2060 | 1752 | Paweł | Górski | Swarzędz | CYBINA TEAM | 1987 | M25 | 259 | 1788 | | 00:28:00 (2142) | 00:58:05 | 00:55:31 |
| 2061 | 2793 | Wiktor | Kawa | Pniewy | PakaKawy | 1998 | M16 | 37 | 1789 | | 00:30:11 (2757) | 00:58:05 | 00:58:05 |
| 2062 | 2823 | Joanna | Walkowiak | Wólka | Strzałkowska Grupa Biegowa Sokół | 1980 | K35 | 42 | | 273 | 00:27:10 (1882) | 00:58:05 | 00:56:53 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|------------------|-----------------------|-----------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2063 | 3407 | Marta | Iwanowska | Pobiedziska | Pobiedziska Running Team | 1989 | K25 | 66 | | 274 | 00:27:59 (2138) | 00:58:06 | 00:58:06 |
| 2064 | 339 | Robert | Giers | Kościan | | 1979 | M35 | 380 | 1790 | | 00:27:01 (1841) | 00:58:07 | 00:56:27 |
| 2065 | 948 | Monika | Hauser-Giers | Kościan | | 1980 | K35 | 43 | | 275 | 00:27:00 (1836) | 00:58:07 | 00:56:26 |
| 2066 | 1204 | Dariusz | Poczta | Zduny | KS KROTOSZ KROTOSZYN | 1973 | M40 | 360 | 1791 | | 00:27:12 (1888) | 00:58:07 | 00:57:56 |
| 2067 | 2288 | Urszula | Migdalek | Buk | Perschmann Running Team | 1979 | K35 | 44 | | 276 | 00:27:10 (1883) | 00:58:08 | 00:57:29 |
| 2068 | 1206 | Magda | Walenczak | LWÓWEK | Maratończyk Poznań | 1984 | K30 | 61 | | 277 | 00:27:55 (2110) | 00:58:08 | 00:56:32 |
| 2069 | 82 | Jacek | Sodło | Poznań | Sport Test Polska | 1972 | M40 | 361 | 1792 | | 00:25:23 (1343) | 00:58:09 | 00:54:20 |
| 2070 | 268 | Krzysztof | Kaczmarek | Grodzisk Wilkp | karebud Krzysztof Kaczmarek | 1970 | M45 | 141 | 1793 | | 00:27:08 (1874) | 00:58:09 | 00:56:44 |
| 2071 | 2519 | Anna | Ledzianowska | Grodzisk Wielkopolski | Różowa Torpeda ZSP Grodzisk | 1977 | K35 | 45 | | 278 | 00:28:21 (2245) | 00:58:09 | 00:58:09 |
| 2072 | 3251 | Bartosz | Średziński | Gniezno | | 2000 | M16 | 38 | 1794 | | 00:27:04 (1858) | 00:58:10 | 00:55:10 |
| 2073 | 1791 | Piotr | Nowicki | Poznań | | 1981 | M35 | 381 | 1795 | | 00:24:51 (1192) | 00:58:10 | 00:56:46 |
| 2074 | 2829 | Marek | Kopacz | Gniezno | | 1979 | M35 | 382 | 1796 | | 00:27:20 (1933) | 00:58:10 | 00:56:28 |
| 2075 | 223 | Jerzy | Nowak | Chludowo | | 1950 | M65 | 17 | 1797 | | 00:27:32 (1990) | 00:58:10 | 00:55:56 |
| 2076 | 2637 | Aleksander | Zielniewicz | poznan | nie | 1971 | M45 | 142 | 1798 | | 00:28:32 (2290) | 00:58:11 | 00:55:13 |
| 2077 | 1811 | Dawid | Jankowski | Miroslawki | | 1982 | M30 | 313 | 1799 | | 00:28:07 (2182) | 00:58:12 | 00:55:56 |
| 2078 | 2401 | Szymon | Michalski | Gniezno | NEMO POLSKA | 1981 | M35 | 383 | 1800 | | 00:26:55 (1809) | 00:58:13 | 00:57:51 |
| 2079 | 3133 | Maciej | Gronowski | Poznań | | 1983 | M30 | 314 | 1801 | | 00:28:07 (2183) | 00:58:14 | 00:58:14 |
| 2080 | 3960 | Grzegorz | Gryczka | Poznań | | 1988 | M25 | 260 | 1802 | | 00:26:44 (1748) | 00:58:14 | 00:55:21 |
| 2081 | 3555 | Mateusz | Witkowiak | Lusówko | | 1982 | M30 | 315 | 1803 | | 00:27:45 (2060) | 00:58:15 | 00:58:15 |
| 2082 | 440 | Marcin | Wystraszewski | Swarzędz | | 1982 | M30 | 316 | 1804 | | 00:29:28 (2552) | 00:58:15 | 00:58:15 |
| 2083 | 2861 | Tomasz | Soboń | Ujście | Tęcza Ujście | 1975 | M40 | 362 | 1805 | | 00:27:41 (2034) | 00:58:16 | 00:56:58 |
| 2084 | 1324 | Maciej | Ejsmont | Swarzędz | | 1990 | M25 | 261 | 1806 | | 00:27:23 (1941) | 00:58:17 | 00:56:23 |
| 2085 | 3921 | Agnieszka | Kurkowiak | Poznań | Mamy-Biegamy | 1974 | K40 | 43 | | 279 | 00:26:51 (1785) | 00:58:17 | 00:57:09 |
| 2086 | 624 | Dawid | Wengrzik | Swarzędz | | 1991 | M25 | 262 | 1807 | | 00:25:22 (1336) | 00:58:17 | 00:55:23 |
| 2087 | 2598 | Piotr | Jędraszak | POZNAŃ | Chwała Ojcu! | 1966 | M50 | 92 | 1808 | | 00:27:58 (2134) | 00:58:18 | 00:56:32 |
| 2088 | 4008 | Bartosz | Pawlak | Robakowo | Polibuda | 1991 | M25 | 263 | 1809 | | 00:29:09 (2463) | 00:58:18 | 00:55:50 |
| 2089 | 2683 | Maciej | Andrzejewski | SZAMOTUŁY | GABLOCJARZE | 1973 | M40 | 363 | 1810 | | 00:27:25 (1954) | 00:58:18 | 00:56:22 |
| 2090 | 2261 | Karolina | Dombrowska | Mrowino | | 1978 | K35 | 46 | | 280 | 00:27:12 (1889) | 00:58:18 | 00:56:46 |
| 2091 | 3745 | Mieczysław | Karkowski | Grodziec | KB Intrex Poznań | 1978 | M35 | 384 | 1811 | | 00:27:38 (2020) | 00:58:19 | 00:58:19 |
| 2092 | 2605 | Agnieszka | Arabska | Poznań | | 1977 | K35 | 47 | | 281 | 00:26:47 (1769) | 00:58:20 | 00:56:24 |
| 2093 | 1579 | Ewa | Frankowska-Śrama | Siekierki Wielkie | | 1982 | K30 | 62 | | 282 | 00:27:37 (2015) | 00:58:20 | 00:55:36 |
| 2094 | 3927 | Maciej | Pawlaczyk | Poznan | | 1984 | M30 | 317 | 1812 | | 00:27:15 (1902) | 00:58:21 | 00:56:55 |
| 2095 | 3564 | Marcin | Jarzyński | Oborniki | | 1974 | M40 | 364 | 1813 | | 00:26:26 (1660) | 00:58:21 | 00:57:06 |
| 2096 | 1281 | Szymon | Kapica | Poznań | | 1982 | M30 | 318 | 1814 | | 00:30:16 (2780) | 00:58:21 | 00:58:21 |
| 2097 | 1680 | Aleksandra | Kornat | Poznań | | 1990 | K25 | 67 | | 283 | 00:27:16 (1906) | 00:58:22 | 00:57:21 |
| 2098 | 2095 | Urszula | Bełdzikowska | Swarzędz | | 1993 | K20 | 27 | | 284 | 00:27:14 (1898) | 00:58:23 | 00:58:23 |
| 2099 | 2348 | Łukasz | Szmid | Poznań | | 1993 | M20 | 91 | 1815 | | 00:29:07 (2456) | 00:58:24 | 00:55:37 |
| 2100 | 571 | Piotr | Supiński | Swarzędz | | 1996 | M20 | 92 | 1816 | | 00:27:30 (1982) | 00:58:24 | 00:56:09 |
| 2101 | 3630 | Mieczysław | Szczechowiak | Pniewy | | 1992 | M20 | 93 | 1817 | | 00:30:18 (2789) | 00:58:24 | 00:58:24 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------------|-----------------------|---------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2102 | 1314 | Łukasz | Pospieszny | Poznań | | 1983 | M30 | 319 | 1818 | | 00:28:24 (2261) | 00:58:25 | 00:58:25 |
| 2103 | 2782 | Marcin | Kodranc | Trzemeszno | | 1985 | M30 | 320 | 1819 | | 00:27:40 (2032) | 00:58:25 | 00:56:43 |
| 2104 | 466 | Sławomira | Koczorowska | Gruszczyn | | 1965 | K50 | 9 | | 285 | 00:26:45 (1757) | 00:58:26 | 00:56:35 |
| 2105 | 2973 | Małgorzata | Leśna | Gniezno | | 1978 | K35 | 48 | | 286 | 00:29:06 (2449) | 00:58:26 | 00:58:26 |
| 2106 | 3025 | Renata | Klawiter | KOSTRZYN WIELKOPOLSKI | PKOBPSA | 1971 | K45 | 18 | | 287 | 00:27:28 (1970) | 00:58:26 | 00:56:06 |
| 2107 | 3464 | Bartłomiej | Kwiatkowski | Poznań | Snowdog Runners | 1988 | M25 | 264 | 1820 | | 00:30:21 (2799) | 00:58:26 | 00:58:26 |
| 2108 | 3926 | Mikołaj | Spizewski | Kostrzyn | | 1998 | M16 | 39 | 1821 | | 00:26:59 (1831) | 00:58:27 | 00:55:58 |
| 2109 | 1197 | Krzysztof | Groszak | Biedrusko | KB NATURA BIEDRUSKO | 1984 | M30 | 321 | 1822 | | 00:28:24 (2262) | 00:58:28 | 00:56:10 |
| 2110 | 3170 | Krzysztof | Marcinkowski | Fałkowo | Marcinki | 1971 | M45 | 143 | 1823 | | 00:27:53 (2096) | 00:58:29 | 00:56:47 |
| 2111 | 2757 | Krzystian | Brychczyński | Poznań | WATAHA TEAM | 1980 | M35 | 385 | 1824 | | 00:26:42 (1737) | 00:58:29 | 00:56:09 |
| 2112 | 2419 | Wojtek | Ceglarek | Połajewo | Kibole w biegu | 1991 | M25 | 265 | 1825 | | 00:27:22 (1939) | 00:58:30 | 00:56:01 |
| 2113 | 889 | Joanna | Ciszak | Poznań | Poznań | 1987 | K25 | 68 | | 288 | 00:27:34 (1998) | 00:58:30 | 00:56:04 |
| 2114 | 1703 | Krzysztof | Frankiewicz | Swarzędz | | 1975 | M40 | 365 | 1826 | | 00:27:23 (1942) | 00:58:30 | 00:55:35 |
| 2115 | 3094 | Paweł | Dubis | Gniezno | | 1967 | M45 | 144 | 1827 | | 00:26:52 (1789) | 00:58:31 | 00:57:17 |
| 2116 | 2740 | Anna | Krajewska- Nadolna | Krosno k. Mosiny | | 1978 | K35 | 49 | | 289 | 00:26:48 (1771) | 00:58:31 | 00:57:15 |
| 2117 | 3840 | Jacek | Schmidt | Poznań | | 1966 | M50 | 93 | 1828 | | 00:27:44 (2055) | 00:58:31 | 00:57:16 |
| 2118 | 692 | Marlena | Wieczorek | Swarzędz | | 1989 | K25 | 69 | | 290 | 00:27:35 (2009) | 00:58:32 | 00:55:35 |
| 2119 | 2464 | Agata | Chmura | Myślubórz | | 1990 | K25 | 70 | | 291 | 00:26:52 (1790) | 00:58:33 | 00:57:19 |
| 2120 | 753 | Mariusz | Wiśniewski | Murowana Goślina | | 1972 | M40 | 366 | 1829 | | 00:26:57 (1819) | 00:58:33 | 00:57:01 |
| 2121 | 215 | Zbigniew | Tomczak | Gniezno | Altom Gniezno | 1954 | M60 | 41 | 1830 | | 00:29:18 (2502) | 00:58:33 | 00:56:02 |
| 2122 | 1173 | Łukasz | Gałęzewski | Poznań | UTAL | 1985 | M30 | 322 | 1831 | | 00:29:37 (2597) | 00:58:34 | 00:56:24 |
| 2123 | 2618 | Zbigniew | Żerkowski | Zalasewo | | 1975 | M40 | 367 | 1832 | | 00:28:06 (2177) | 00:58:34 | 00:56:11 |
| 2124 | 847 | Jacek | Wypuszcz | Pleszew | Team pleszew | 1974 | M40 | 368 | 1833 | | 00:27:17 (1915) | 00:58:34 | 00:56:58 |
| 2125 | 1506 | Tomasz | Kraśniewski | Swarzędz | PETRO-TOM | 1977 | M35 | 386 | 1834 | | 00:27:45 (2061) | 00:58:34 | 00:57:47 |
| 2126 | 3964 | Zdzisław | Radosz | Swarzędz | UKS Fala Swarzędz | 1961 | M55 | 60 | 1835 | | 00:25:34 (1408) | 00:58:34 | 00:57:40 |
| 2127 | 1395 | Rafał | Rybarski | Murowana Goślina | Murowana Goślina | 1970 | M45 | 145 | 1836 | | 00:25:54 (1523) | 00:58:35 | 00:56:25 |
| 2128 | 879 | Grzegorz | Cieślak | Kamionki | MJDOP | 1973 | M40 | 369 | 1837 | | 00:27:25 (1955) | 00:58:35 | 00:58:35 |
| 2129 | 548 | Sylwia | Szkudlarek | Poznań | | 1985 | K30 | 63 | | 292 | 00:29:03 (2428) | 00:58:36 | 00:58:36 |
| 2130 | 912 | Robert | Weinstok | Poznań | | 1972 | M40 | 370 | 1838 | | 00:28:52 (2378) | 00:58:36 | 00:58:36 |
| 2131 | 2501 | Robert | Szyc | Poznań | parkrun | 1990 | K25 | 71 | | 293 | 00:28:11 (2201) | 00:58:36 | 00:55:48 |
| 2132 | 1085 | Tomasz | Bieniara | Swarzędz | MJDOP | 1972 | M40 | 371 | 1839 | | 00:25:49 (1491) | 00:58:36 | 00:56:44 |
| 2133 | 1993 | Piotr | Konsztowicz | POZNAŃ | | 1957 | M55 | 61 | 1840 | | 00:28:28 (2274) | 00:58:36 | 00:58:36 |
| 2134 | 2526 | Zenon | Marciniak | chodzież | | 1953 | M60 | 42 | 1841 | | 00:27:18 (1921) | 00:58:37 | 00:56:56 |
| 2135 | 311 | Monika | Prymowicz | Swarzędz | Nie ma lipy Swarzędz Team | 1979 | K35 | 50 | | 294 | 00:29:39 (2606) | 00:58:37 | 00:58:37 |
| 2136 | 2627 | Małgorzata | Januszak | OBORNIKI | TEAM JANO | 1969 | K45 | 19 | | 295 | 00:28:20 (2243) | 00:58:37 | 00:57:21 |
| 2137 | 625 | Paweł | Przybylak | Leszno | Almark Leszno | 1963 | M50 | 94 | 1842 | | 00:28:12 (2205) | 00:58:38 | 00:56:40 |
| 2138 | 921 | Mariusz | Gieparda | Poznań | | 1978 | M35 | 387 | 1843 | | 00:27:55 (2111) | 00:58:38 | 00:56:15 |
| 2139 | 2626 | Krzysztof | Górkiewicz | Gostyń | Gostyń | 1957 | M55 | 62 | 1844 | | 00:27:19 (1927) | 00:58:39 | 00:56:43 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-------------|--------------------|--------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2140 | 688 | Wojciech | Dyba | Swarzędz | Swarzędz | 1987 | M25 | 266 | 1845 | | 00:27:36 (2011) | 00:58:40 | 00:56:20 |
| 2141 | 3634 | Michał | Witkowski | Czapury | Rakopol.pl | 1985 | M30 | 323 | 1846 | | 00:29:52 (2664) | 00:58:40 | 00:58:40 |
| 2142 | 3619 | Filip | Kubacki | Swarzędz | | 1988 | M25 | 267 | 1847 | | 00:26:26 (1661) | 00:58:41 | 00:58:29 |
| 2143 | 301 | Dorota | Przybylak | Swarzędz | | 1993 | K20 | 28 | | 296 | 00:29:41 (2615) | 00:58:41 | 00:58:41 |
| 2144 | 2118 | Joanna | Wierzbicka | Murowana Goślina | GEPARD Murowana Goślina | 1975 | K40 | 44 | | 297 | 00:27:48 (2075) | 00:58:42 | 00:57:37 |
| 2145 | 3161 | Magdalena | Całujek | Poznań | weterynarze biegają | 1984 | K30 | 64 | | 298 | 00:29:08 (2458) | 00:58:43 | 00:58:43 |
| 2146 | 1076 | Joanna | Wojtysiak | Swarzędz | Night Runners | 1990 | K25 | 72 | | 299 | 00:26:24 (1651) | 00:58:44 | 00:58:09 |
| 2147 | 2088 | Eligiusz | Kaszuba | Swarzędz | Porzeczkowa Team | 1972 | M40 | 372 | 1848 | | 00:26:43 (1742) | 00:58:45 | 00:57:10 |
| 2148 | 2065 | Grzegorz | Widera | Środa Wielkopolska | Polonia Środa | 1977 | M35 | 388 | 1849 | | 00:27:27 (1964) | 00:58:45 | 00:57:20 |
| 2149 | 3760 | Piotr | Marchwicki | Poznań | | 1955 | M60 | 43 | 1850 | | 00:27:58 (2135) | 00:58:45 | 00:56:23 |
| 2150 | 1780 | Adam | Tierling | Poznań | Night Runners | 1989 | M25 | 268 | 1851 | | 00:26:59 (1832) | 00:58:45 | 00:58:45 |
| 2151 | 2334 | Krzysztof | Fikert | Kościan | Kościan | 1990 | M25 | 269 | 1852 | | 00:26:27 (1668) | 00:58:45 | 00:57:14 |
| 2152 | 3425 | Marcin | Mankiewicz | Poznań | | 1988 | M25 | 270 | 1853 | | 00:26:52 (1791) | 00:58:46 | 00:58:46 |
| 2153 | 3998 | Kacper | Kędzia | Poznań | ZP SZPIKI DRUŻYNA SZPIKU | 1999 | M16 | 40 | 1853 | | 00:27:24 (1948) | 00:58:46 | 00:58:46 |
| 2154 | 1817 | Marzena | Waliszka | Pobiedziska | | 1982 | K30 | 65 | | 300 | 00:27:00 (1837) | 00:58:46 | 00:57:12 |
| 2155 | 3857 | Małgorzata | Środa | Miłosław | | 1989 | K25 | 73 | | 301 | 00:30:26 (2810) | 00:58:46 | 00:58:46 |
| 2156 | 3788 | Ewelina | Hojak | Poznań | | 1990 | K25 | 74 | | 302 | 00:27:05 (1863) | 00:58:46 | 00:56:31 |
| 2157 | 3772 | Robert | Kubacki | Rychwał | | 1984 | M30 | 324 | 1855 | | 00:27:05 (1864) | 00:58:47 | 00:56:33 |
| 2158 | 1718 | Daria | Zając | Malanów | KB Maraton Turek | 1994 | K20 | 29 | | 303 | 00:27:13 (1891) | 00:58:48 | 00:57:27 |
| 2159 | 2523 | Izabela | Danielewicz | Poznań | KiribatiClub | 1969 | K45 | 20 | | 304 | 00:27:56 (2114) | 00:58:48 | 00:57:39 |
| 2160 | 3415 | Paulina | Tysiak | Poznań | | 1995 | K20 | 30 | | 305 | 00:28:41 (2340) | 00:58:48 | 00:56:03 |
| 2161 | 3646 | Piotr | Wójcik | Poznań | CYBINA TEAM | 1981 | M35 | 389 | 1856 | | 00:29:00 (2418) | 00:58:48 | 00:56:23 |
| 2162 | 2474 | Maciej | Szymczak | Szadek | VICTORIA SZADEK | 1971 | M45 | 146 | 1857 | | 00:28:17 (2224) | 00:58:49 | 00:56:38 |
| 2163 | 3984 | Michał | Dolata | Zalasewo | | 1984 | M30 | 325 | 1858 | | 00:29:24 (2535) | 00:58:49 | 00:58:49 |
| 2164 | 2640 | Radosław | Chruściel | Swarzędz | | 1988 | M25 | 271 | 1859 | | 00:26:11 (1602) | 00:58:49 | 00:56:18 |
| 2165 | 1578 | Anna | Janiszewska | Daszewice | | 1971 | K45 | 21 | | 306 | 00:28:36 (2312) | 00:58:50 | 00:58:50 |
| 2166 | 663 | Agnieszka | Indraszek | Poznań | Biegajnia Poznań | 1972 | K40 | 45 | | 307 | 00:28:20 (2244) | 00:58:50 | 00:57:36 |
| 2167 | 2806 | Marcin | Pozdrowicz | Poznań | | 1978 | M35 | 390 | 1860 | | 00:26:48 (1772) | 00:58:51 | 00:58:51 |
| 2168 | 774 | Dagmara | Szczeńśniak | Poznań | | 1989 | K25 | 75 | | 308 | 00:25:56 (1529) | 00:58:51 | 00:56:56 |
| 2169 | 2939 | Anita | Bugajny | KALISZ | Straż Miejska Kalisza | 1986 | K30 | 66 | | 309 | 00:27:16 (1907) | 00:58:51 | 00:57:18 |
| 2170 | 414 | Artur | Malis | Poznan | | 1983 | M30 | 326 | 1861 | | 00:29:52 (2665) | 00:58:52 | 00:58:52 |
| 2171 | 1992 | Jerzy | Mucha | Międzyrzecz | | 1959 | M55 | 63 | 1862 | | 00:27:57 (2126) | 00:58:52 | 00:56:18 |
| 2172 | 3561 | Tomasz | Lubieniecki | Poznań | | 1986 | M30 | 327 | 1863 | | 00:27:01 (1842) | 00:58:53 | 00:55:55 |
| 2173 | 313 | Jacek | Fajfer | Swarzędz | | 1960 | M55 | 64 | 1864 | | 00:27:27 (1965) | 00:58:55 | 00:55:47 |
| 2174 | 2642 | Mateusz | Kasprzak | Swarzędz | | 1994 | M20 | 94 | 1865 | | 00:28:39 (2328) | 00:58:55 | 00:57:12 |
| 2175 | 2123 | Michał | Szymański | Poznań | MAX | 1955 | M60 | 44 | 1866 | | 00:26:29 (1680) | 00:58:56 | 00:56:45 |
| 2176 | 3988 | Zofia | Kaczmarek | Poznań | | 1997 | K16 | 7 | | 310 | 00:28:42 (2344) | 00:58:56 | 00:56:22 |
| 2177 | 2282 | Piotr | Woźniak | Śrem | | 1960 | M55 | 65 | 1867 | | 00:27:47 (2071) | 00:58:56 | 00:56:33 |
| 2178 | 947 | Magdalena | Dąbrowska | Poznań | Kubisław Team | 1987 | K25 | 76 | | 311 | 00:28:51 (2369) | 00:58:57 | 00:58:57 |

V Bieg 10km Szpot Swarzędz

Organizator: Szpot Sp. z o.o. i Ewa Szpot Sp. z o.o.

Dystans: 10km

Swarzędz, 2016-05-08



Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-----------------|--------------------------|--------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2179 | 2502 | Filip | Biernat | Kołaczkowo | Wiadomości Wrzesińskie | 1977 | M35 | 391 | 1868 | | 00:26:46 (1762) | 00:58:58 | 00:56:40 |
| 2180 | 540 | Anna | Kowalska | Gułtowy | Night Runners Gułtowy | 1973 | K40 | 46 | | 312 | 00:29:14 (2485) | 00:58:58 | 00:58:58 |
| 2181 | 2309 | Monika | Błaszak | Września | Night Runners Września | 1982 | K30 | 67 | | 313 | 00:29:14 (2486) | 00:58:58 | 00:58:58 |
| 2182 | 3837 | Alfred | Błaszczyk | Swarzędz | | 1972 | M40 | 373 | 1869 | | 00:28:12 (2206) | 00:58:58 | 00:55:47 |
| 2183 | 2574 | Zuza | Kaczmarek | Swarzędz | Beagle Triathlon Team | 1998 | K16 | 8 | | 314 | 00:27:54 (2103) | 00:58:58 | 00:58:29 |
| 2184 | 2257 | Paulina | Szpryngacz | Poznań | | 1984 | K30 | 68 | | 315 | 00:29:24 (2536) | 00:58:59 | 00:56:47 |
| 2185 | 3026 | Sylwia | Klawiter | KOSTRZYN WIELKOPOLSKI | | 1992 | K20 | 31 | | 316 | 00:27:25 (1956) | 00:58:59 | 00:56:44 |
| 2186 | 3949 | Karolina | Sygnat | Pawłowice | PKS - Pawłowicki Klub Sportowy | 1982 | K30 | 69 | | 317 | 00:30:28 (2820) | 00:59:00 | 00:59:00 |
| 2187 | 96 | Łukasz | Andrzejczak | Swarzędz | | 1986 | M30 | 328 | 1870 | | 00:27:55 (2112) | 00:59:00 | 00:56:36 |
| 2188 | 2274 | Paweł | Domański | Wrocław | | 1981 | M35 | 392 | 1871 | | 00:26:46 (1763) | 00:59:01 | 00:57:50 |
| 2189 | 3947 | Marcin | Sygnat | Pawłowice | PKS - Pawłowicki Klub Sportowy | 1980 | M35 | 393 | 1872 | | 00:30:27 (2814) | 00:59:02 | 00:59:02 |
| 2190 | 2970 | Daniel | Pohl | Września | | 1980 | M35 | 394 | 1873 | | 00:28:08 (2188) | 00:59:02 | 00:57:03 |
| 2191 | 1742 | Mariusz | Glinkowski | tulce | | 1972 | M40 | 374 | 1874 | | 00:31:08 (2946) | 00:59:02 | 00:59:02 |
| 2192 | 2042 | Andrzej | Seifert | Poznań | | 1957 | M55 | 66 | 1875 | | 00:30:33 (2839) | 00:59:02 | 00:59:02 |
| 2193 | 2184 | Łukasz | Bolewski | PACZKOWO | | 1976 | M40 | 375 | 1876 | | 00:30:33 (2840) | 00:59:02 | 00:59:02 |
| 2194 | 3925 | Joanna | Matuszyńska | Swarzędz | Unia Swarzędz Zapasy | 1992 | K20 | 32 | | 318 | 00:28:57 (2404) | 00:59:03 | 00:57:33 |
| 2195 | 1225 | Barbara | Gierszewska | Poznań | | 1954 | K60 | 5 | | 319 | 00:27:41 (2035) | 00:59:03 | 00:57:07 |
| 2196 | 265 | Agnieszka | Stawicka | Poznań | | 1977 | K35 | 51 | | 320 | 00:27:50 (2080) | 00:59:03 | 00:57:19 |
| 2197 | 3974 | Piotr | Kołodziejczak | Czapury | Night Runners | 1986 | M30 | 329 | 1877 | | 00:28:09 (2194) | 00:59:03 | 00:56:58 |
| 2198 | 179 | Aleksander | Niziołek | Kiekrz | | 1972 | M40 | 376 | 1878 | | 00:28:54 (2386) | 00:59:03 | 00:59:03 |
| 2199 | 3795 | Michał | Rosiński | Rogoźno | Monar Rożnowice 34 | 1991 | M25 | 272 | 1879 | | 00:28:40 (2334) | 00:59:05 | 00:56:23 |
| 2200 | 3647 | Tomasz | Dawidzinski | Poznan | CYBINA TEAM | 1984 | M30 | 330 | 1880 | | 00:27:27 (1966) | 00:59:05 | 00:56:58 |
| 2201 | 2149 | Dominik | Dębski | Gostyń | Dębol | 1990 | M25 | 273 | 1881 | | 00:29:23 (2532) | 00:59:06 | 00:59:06 |
| 2202 | 1498 | Tomasz | Skonieczny | Komorniki | | 1978 | M35 | 395 | 1882 | | 00:29:57 (2691) | 00:59:07 | 00:59:07 |
| 2203 | 1497 | Anna | Skonieczna | Komorniki | | 1977 | K35 | 52 | | 321 | 00:28:01 (2150) | 00:59:07 | 00:57:11 |
| 2204 | 1847 | Damian | Reniec | Poznań | So Pivko Pije | 1992 | M20 | 95 | 1883 | | 00:25:40 (1440) | 00:59:07 | 00:58:23 |
| 2205 | 1937 | Karol | Biegoń | Krosinko | | 1973 | M40 | 377 | 1884 | | 00:28:43 (2345) | 00:59:08 | 00:56:35 |
| 2206 | 141 | Jean Paul | Van Dijk | Poznań | Ministerstwo Browaru | 1966 | M50 | 95 | 1885 | | 00:27:36 (2012) | 00:59:08 | 00:57:45 |
| 2207 | 3140 | Agnieszka | Mróz | TUREK | | 1976 | K40 | 47 | | 322 | 00:26:49 (1776) | 00:59:09 | 00:57:50 |
| 2208 | 2634 | Tomasz | Wawrzyniak | Poznań | | 1980 | M35 | 396 | 1886 | | 00:27:00 (1838) | 00:59:09 | 00:56:29 |
| 2209 | 3209 | Grzegorz | Małuśkiewicz | Zalasewo | Klub Biegacza Euro | 1988 | M25 | 274 | 1887 | | 00:24:00 (918) | 00:59:10 | 00:58:46 |
| 2210 | 2915 | Maciej | Opielewicz | Koźmin Wlkp | AGK Koźmin Wlkp | 1961 | M55 | 67 | 1888 | | 00:28:23 (2256) | 00:59:10 | 00:58:08 |
| 2211 | 2169 | Aleksandra | Hebel | Niechlów | Hernik Team | 1991 | K25 | 77 | | 323 | 00:29:19 (2508) | 00:59:11 | 00:59:11 |
| 2212 | 1903 | Mateusz | Tarnowski | Janowiec Wielkopolski | RodzinaPL | 1987 | M25 | 275 | 1889 | | 00:27:56 (2115) | 00:59:11 | 00:56:16 |
| 2213 | 1191 | Ola | Budzichowska | Tarnowo Podgórne | UTAL | 1976 | K40 | 48 | | 324 | 00:28:51 (2370) | 00:59:11 | 00:59:11 |
| 2214 | 1716 | Aleksandra | Burnos-Paszczak | Poznań | Hernik Team | 1987 | K25 | 78 | | 325 | 00:29:20 (2513) | 00:59:12 | 00:59:12 |
| 2215 | 1449 | Andrzej | Baczyński | Janowiec Wielkopolski | RodzinaPL | 1984 | M30 | 331 | 1890 | | 00:27:56 (2116) | 00:59:12 | 00:56:16 |
| 2216 | 204 | Lech | Salita | GNIEZNO | Altom Gniezno | 1960 | M55 | 68 | 1891 | | 00:29:31 (2565) | 00:59:12 | 00:56:53 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------------|------------------|----------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2217 | 3690 | Wiesław | Wiącek | Skoki | | 1948 | M65 | 18 | 1892 | | 00:28:29 (2278) | 00:59:13 | 00:57:08 |
| 2218 | 2979 | Karol | Domiński | Turek | 6-pak Poznań | 1982 | M30 | 332 | 1893 | | 00:27:41 (2036) | 00:59:13 | 00:56:24 |
| 2219 | 3339 | Tomasz | Jeżewski | Plewiska | | 1984 | M30 | 333 | 1894 | | 00:28:37 (2322) | 00:59:14 | 00:59:14 |
| 2220 | 3185 | Marcin | Czerwiński | Swarzędz | Comarch Poznań | 1982 | M30 | 334 | 1895 | | 00:28:30 (2279) | 00:59:14 | 00:57:02 |
| 2221 | 3062 | Andrzej | Łukasik | Gniezno | | 1964 | M50 | 96 | 1896 | | 00:27:47 (2072) | 00:59:14 | 00:56:52 |
| 2222 | 613 | Paweł | Muszyński | Zalasewo | | 1978 | M35 | 397 | 1897 | | 00:27:09 (1879) | 00:59:14 | 00:56:59 |
| 2223 | 2495 | Anna | Chojnacka-Marysiak | Powidz | Strzałkowska Grupa Biegowa Sokół | 1981 | K35 | 53 | | 326 | 00:26:57 (1820) | 00:59:15 | 00:58:03 |
| 2224 | 3429 | Marek | Trawczyński | Swarzędz | | 1985 | M30 | 335 | 1898 | | 00:29:03 (2429) | 00:59:15 | 00:56:55 |
| 2225 | 1724 | Damian | Ziętkiewicz | Golina | | 1981 | M35 | 398 | 1899 | | 00:30:39 (2861) | 00:59:15 | 00:59:15 |
| 2226 | 3116 | Radosław | Grzybowski | Poznań | | 1984 | M30 | 336 | 1900 | | 00:30:13 (2765) | 00:59:16 | 00:59:16 |
| 2227 | 784 | Marcin | Mazurek | Kliny | FogtBike | 1978 | M35 | 399 | 1901 | | 00:27:30 (1983) | 00:59:17 | 00:57:06 |
| 2228 | 253 | Krzysztof | Matuszak | Swarzędz | BOLS Swarzędz | 1966 | M50 | 97 | 1902 | | 00:29:31 (2566) | 00:59:17 | 00:59:17 |
| 2229 | 2256 | Grzegorz | Górski | Poznań | | 1975 | M40 | 378 | 1903 | | 00:29:23 (2533) | 00:59:17 | 00:57:04 |
| 2230 | 3171 | Karol | Mazurowski | Swarzędz | | 1980 | M35 | 400 | 1904 | | 00:28:55 (2390) | 00:59:18 | 00:56:57 |
| 2231 | 1300 | Małgorzata | Klimorowska | Poznań | PnB | 1978 | K35 | 54 | | 327 | 00:28:58 (2408) | 00:59:18 | 00:59:18 |
| 2232 | 461 | Marcin | Szymczak | Mosina | | 1977 | M35 | 401 | 1905 | | 00:27:23 (1943) | 00:59:19 | 00:56:57 |
| 2233 | 1970 | Jacek | Pośpieszyński | Szadek | VICTORIA SZADEK | 1971 | M45 | 147 | 1905 | | 00:28:17 (2225) | 00:59:19 | 00:57:08 |
| 2234 | 622 | Monika | Owczarczak | Poznań | Wilda Biega | 1984 | K30 | 70 | | 328 | 00:28:39 (2329) | 00:59:19 | 00:59:19 |
| 2235 | 3335 | Łukasz | Buczel | Wiry | | 1980 | M35 | 402 | 1907 | | 00:28:36 (2313) | 00:59:19 | 00:56:01 |
| 2236 | 747 | Wojciech | Zagierski | Poznań | Wojtas Team | 1990 | M25 | 276 | 1908 | | 00:26:54 (1803) | 00:59:20 | 00:58:24 |
| 2237 | 1646 | Andżelika | Kędzierska | Śrem | KMP instal-projekt | 1994 | K20 | 33 | | 329 | 00:28:19 (2238) | 00:59:21 | 00:58:10 |
| 2238 | 1552 | Stanisław | Gruszka | Łowęcin | | 1957 | M55 | 69 | 1909 | | 00:27:54 (2104) | 00:59:21 | 00:56:15 |
| 2239 | 3573 | Joanna | Przybylska-Kulesza | Tarnowo Podgórne | | 1980 | K35 | 55 | | 330 | 00:28:00 (2143) | 00:59:21 | 00:57:40 |
| 2240 | 2170 | Przemysław | Górný | Wronki | | 1961 | M55 | 70 | 1910 | | 00:26:32 (1694) | 00:59:22 | 00:58:29 |
| 2241 | 1787 | Rafał | Majeryk | Poznań | | 1973 | M40 | 379 | 1911 | | 00:26:32 (1695) | 00:59:22 | 00:58:29 |
| 2242 | 2930 | Marcin | Adamski | Poznań | | 1985 | M30 | 337 | 1912 | | 00:27:43 (2047) | 00:59:22 | 00:57:22 |
| 2243 | 2839 | Agnieszka | Plazińska-Wykurz | Czapury | | 1983 | K30 | 71 | | 331 | 00:30:25 (2806) | 00:59:22 | 00:59:22 |
| 2244 | 2615 | Artur | Ruciński | Swarzędz | | 1986 | M30 | 338 | 1913 | | 00:28:36 (2314) | 00:59:23 | 00:56:41 |
| 2245 | 2614 | Łukasz | Goździak | Kostrzyn | | 1987 | M25 | 277 | 1914 | | 00:28:37 (2323) | 00:59:24 | 00:56:41 |
| 2246 | 1701 | Marta | Hernik | Swarzędz | | 1985 | K30 | 72 | | 332 | 00:28:39 (2330) | 00:59:25 | 00:59:25 |
| 2247 | 2182 | Tomasz | Włodarski | Swarzędz | | 1970 | M45 | 148 | 1915 | | 00:29:55 (2674) | 00:59:25 | 00:59:25 |
| 2248 | 976 | Beata | Kaniewska | Miłosław | | 1977 | K35 | 56 | | 333 | 00:29:42 (2617) | 00:59:26 | 00:59:26 |
| 2249 | 2505 | Sebastian | Pawlikowski | TUREK | | 1989 | M25 | 278 | 1916 | | 00:29:40 (2611) | 00:59:26 | 00:59:26 |
| 2250 | 3918 | Przemysław | Wittke | Swarzędz | CASTORAMA SWARZĘDZ - One Team | 1987 | M25 | 279 | 1917 | | 00:28:18 (2232) | 00:59:26 | 00:56:23 |
| 2251 | 3208 | Krzysztof | Prętki | Międzychód | | 1975 | M40 | 380 | 1918 | | 00:28:51 (2371) | 00:59:28 | 00:59:28 |
| 2252 | 2382 | Aleksandra | Bloch | Swarzędz | | 1995 | K20 | 34 | | 334 | 00:27:14 (1899) | 00:59:28 | 00:56:41 |
| 2253 | 3936 | Agnieszka | Rudnik | Witkowo | | 1980 | K35 | 57 | | 335 | 00:28:36 (2315) | 00:59:29 | 00:58:18 |
| 2254 | 1433 | Wojciech | Grochocki | Poznan | KB Malta Poznan | 1936 | M75+ | 2 | 1919 | | 00:28:45 (2352) | 00:59:29 | 00:57:32 |
| 2255 | 2860 | Adam | Rowicki | Ujście | Tęcza Ujście | 1980 | M35 | 403 | 1919 | | 00:28:08 (2189) | 00:59:29 | 00:58:11 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-----------------------|-------------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2256 | 3876 | Michał | Gniatkowski | Siekierki Wielkie | Lokomotive Kostrzyn | 1976 | M40 | 381 | 1921 | | 00:27:00 (1839) | 00:59:29 | 00:56:30 |
| 2257 | 1539 | Piotr | Tokarski | Swarzędz | | 1973 | M40 | 382 | 1922 | | 00:27:13 (1892) | 00:59:29 | 00:57:36 |
| 2258 | 1614 | Ewa | Mizerska | Poznań | | 1960 | K55 | 2 | | 336 | 00:28:05 (2173) | 00:59:29 | 00:59:29 |
| 2259 | 1505 | Bartosz | Lewandowski | Swarzędz | | 1984 | M30 | 339 | 1923 | | 00:28:56 (2398) | 00:59:31 | 00:59:31 |
| 2260 | 224 | Mirosław | Mierzwa | Darłowo | | 1975 | M40 | 383 | 1924 | | 00:29:46 (2636) | 00:59:31 | 00:56:49 |
| 2261 | 3183 | Witold | Szczuciński | Poznań | | 1976 | M40 | 384 | 1925 | | 00:27:03 (1854) | 00:59:31 | 00:57:15 |
| 2262 | 396 | Karol | Stoiński | Poznań | | 1970 | M45 | 149 | 1926 | | 00:28:19 (2239) | 00:59:32 | 00:56:30 |
| 2263 | 2167 | Łukasz | Piekielski | Poznań | | 1988 | M25 | 280 | 1927 | | 00:28:57 (2405) | 00:59:33 | 00:56:47 |
| 2264 | 1652 | Przemek | Wesołek | Poznań | | 1977 | M35 | 404 | 1928 | | 00:29:42 (2618) | 00:59:34 | 00:59:34 |
| 2265 | 3421 | Jacek | Cichy | Poznań | | 1963 | M50 | 98 | 1929 | | 00:27:51 (2084) | 00:59:34 | 00:57:36 |
| 2266 | 3419 | Grażyna | Wincenty - Cicha | Poznań | | 1963 | K50 | 10 | | 337 | 00:27:51 (2085) | 00:59:34 | 00:57:36 |
| 2267 | 2586 | Robert | Rembecki | Swarzędz | | 1977 | M35 | 405 | 1930 | | 00:28:25 (2267) | 00:59:35 | 00:59:35 |
| 2268 | 1139 | Jan | Molicki | Poznań | | 1983 | M30 | 340 | 1931 | | 00:29:06 (2450) | 00:59:35 | 00:59:35 |
| 2269 | 930 | Daniel | Bronowicki | Murów | | 1981 | M35 | 406 | 1932 | | 00:27:49 (2076) | 00:59:35 | 00:56:41 |
| 2270 | 3126 | Damian | Chelmikowski | kiszkowo | | 1991 | M25 | 281 | 1933 | | 00:27:54 (2105) | 00:59:36 | 00:57:15 |
| 2271 | 3548 | Sylwia | Kijek-Ulańska | Plewiska | | 1977 | K35 | 58 | | 338 | 00:27:23 (1944) | 00:59:36 | 00:57:38 |
| 2272 | 1515 | Łukasz | Kierojczyk | Poznań | | 1981 | M35 | 407 | 1934 | | 00:27:38 (2021) | 00:59:36 | 00:58:04 |
| 2273 | 3738 | Goshhh | Cieslak | Poznań | | 1984 | K30 | 73 | | 339 | 00:28:45 (2353) | 00:59:36 | 00:57:14 |
| 2274 | 2822 | Mieczysław | Filipczyk | Świdwin | | 1960 | M55 | 71 | 1935 | | 00:27:38 (2022) | 00:59:37 | 00:59:06 |
| 2275 | 1266 | Alicja | Strzelecka | Swarzędz | | 1985 | K30 | 74 | | 340 | 00:29:20 (2514) | 00:59:37 | 00:59:37 |
| 2276 | 2363 | Sylwia | Doroślińska | Poznan | | 1989 | K25 | 79 | | 341 | 00:27:45 (2062) | 00:59:37 | 00:57:20 |
| 2277 | 982 | Filip | Rogowski | Swarzędz | | 1992 | M20 | 96 | 1936 | | 00:29:03 (2430) | 00:59:38 | 00:56:43 |
| 2278 | 362 | Tomek | Jahns | Swarzędz | | 1985 | M30 | 341 | 1937 | | 00:27:53 (2097) | 00:59:38 | 00:57:08 |
| 2279 | 2050 | Bartłomiej | Maćkowiak | Luboń | | 1982 | M30 | 342 | 1938 | | 00:28:04 (2165) | 00:59:39 | 00:59:39 |
| 2280 | 1694 | Karolina | Marciniak | Kościan | | 1973 | K40 | 49 | | 342 | 00:28:34 (2299) | 00:59:39 | 00:57:07 |
| 2281 | 3966 | Krzysztof | Janelt | Kościan | | 1980 | M35 | 408 | 1939 | | 00:28:33 (2292) | 00:59:39 | 00:57:06 |
| 2282 | 1619 | Hanna | Madej | Poznań | | 1985 | K30 | 75 | | 343 | 00:28:36 (2316) | 00:59:40 | 00:57:14 |
| 2283 | 3274 | Jolanta | Nowicka | Kostrzyn | | 1977 | K35 | 59 | | 344 | 00:30:23 (2804) | 00:59:41 | 00:59:41 |
| 2284 | 2222 | Agnieszka | Marchlewska-Organista | Krotoszyn | KS Krotosz | 1985 | K30 | 76 | | 345 | 00:28:30 (2280) | 00:59:41 | 00:58:35 |
| 2285 | 1378 | Aleksandra | Prządak | Siekierki Wielkie | | 1998 | K16 | 9 | | 346 | 00:27:59 (2139) | 00:59:41 | 00:57:44 |
| 2286 | 2220 | Marcin | Waś | Poznań | :D | 1983 | M30 | 343 | 1940 | | 00:27:38 (2023) | 00:59:41 | 00:57:40 |
| 2287 | 126 | Marcin | Rozmiarek | Poznań | | 1978 | M35 | 409 | 1941 | | 00:26:55 (1810) | 00:59:41 | 00:59:27 |
| 2288 | 2969 | Izabela | Wójcik | Lubisz Dolny | :D | 1988 | K25 | 80 | | 347 | 00:27:37 (2016) | 00:59:44 | 00:57:43 |
| 2289 | 2508 | Jerzy | Głowacki | Poznań | | 1951 | M65 | 19 | 1942 | | 00:30:12 (2760) | 00:59:44 | 00:59:44 |
| 2290 | 874 | Agnieszka | Piotrowska | Gułtowy | Active Nekla | 1975 | K40 | 50 | | 348 | 00:27:56 (2117) | 00:59:45 | 00:56:32 |
| 2291 | 2650 | Przemysław | Bachryń | Łódź | Poznań | 1986 | M30 | 344 | 1943 | | 00:28:46 (2356) | 00:59:45 | 00:56:53 |
| 2292 | 1052 | Marek | Jasiukiewicz | Poznań | Snowdog Runners | 1976 | M40 | 385 | 1944 | | 00:29:29 (2556) | 00:59:45 | 00:59:45 |
| 2293 | 601 | Julia | Fliegner | Poznań | Jeżyce biegają | 1985 | K30 | 77 | | 349 | 00:28:12 (2207) | 00:59:45 | 00:59:14 |
| 2294 | 3212 | Przemysław | Rogalski | Szczytniki | 31 Baza Lotnictwa Taktycznego | 1981 | M35 | 410 | 1945 | | 00:28:35 (2307) | 00:59:45 | 00:57:09 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-----------------------|----------------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2295 | 1269 | Monika | Zawisza | Poznań | Night Runners | 1990 | K25 | 81 | | 350 | 00:29:25 (2543) | 00:59:46 | 00:59:46 |
| 2296 | 599 | Maria | Sadowska | Złotów | | 1969 | K45 | 22 | | 351 | 00:28:26 (2269) | 00:59:46 | 00:57:16 |
| 2297 | 3811 | Paweł | Zalita | Swarzędz | DIAGNOSIS team | 1983 | M30 | 345 | 1946 | | 00:29:07 (2457) | 00:59:46 | 00:57:08 |
| 2298 | 1995 | Dawid | Wieczorek | ŚREM | | 1979 | M35 | 411 | 1947 | | 00:27:43 (2048) | 00:59:47 | 00:57:58 |
| 2299 | 1374 | Waldemar | Sztelle | Kaźmierz | | 1966 | M50 | 99 | 1948 | | 00:27:42 (2043) | 00:59:47 | 00:57:02 |
| 2300 | 4010 | Zuzanna | Kaczmarek | Jarocin | MUKS Białe Tygrysy Jarocin | 2000 | K16 | 10 | | 352 | 00:28:56 (2399) | 00:59:47 | 00:58:24 |
| 2301 | 1015 | Sara | Robaszkiewicz | Kostrzy Wielkopolski | | 2000 | K16 | 11 | | 353 | 00:31:17 (2979) | 00:59:47 | 00:59:47 |
| 2302 | 1124 | Bartosz | Nowaczyk | Poznań | Heniu Kolba | 1977 | M35 | 412 | 1949 | | 00:29:14 (2487) | 00:59:47 | 00:57:19 |
| 2303 | 1154 | Jacek | Wierszewski | Poznań | | 1972 | M40 | 386 | 1950 | | 00:28:30 (2281) | 00:59:48 | 00:59:48 |
| 2304 | 699 | Robert | Świder | Poznań | | 1976 | M40 | 387 | 1951 | | 00:27:45 (2063) | 00:59:48 | 00:56:44 |
| 2305 | 1249 | Izabela | Kaźmierczak-Kamiennik | Orzechowo | | 1990 | K25 | 82 | | 354 | 00:29:09 (2464) | 00:59:50 | 00:57:55 |
| 2306 | 2156 | Paweł | Zawadzki | Poznań | Na ostrzu noża! | 1988 | M25 | 282 | 1952 | | 00:27:16 (1908) | 00:59:50 | 00:57:52 |
| 2307 | 1420 | Marcin | Pater | Poznań | Altom Gniezno | 1987 | M25 | 283 | 1953 | | 00:29:09 (2465) | 00:59:50 | 00:57:55 |
| 2308 | 3356 | Aleksandra | Kajper | Poznań | | 1972 | K40 | 51 | | 355 | 00:28:39 (2331) | 00:59:51 | 00:57:29 |
| 2309 | 511 | Marcin | Szwed | Poznań | Biegajnia Poznań | 1978 | M35 | 413 | 1954 | | 00:28:10 (2198) | 00:59:51 | 00:57:41 |
| 2310 | 2961 | Monika | Szwed | Poznań | Biegajnia Poznań | 1979 | K35 | 60 | | 356 | 00:28:11 (2202) | 00:59:51 | 00:57:42 |
| 2311 | 2347 | Maciej | Handke | Poznań | | 1974 | M40 | 388 | 1955 | | 00:29:13 (2482) | 00:59:51 | 00:59:51 |
| 2312 | 3163 | Edyta | Antkowiak | Poznań | | 1982 | K30 | 78 | | 357 | 00:30:11 (2758) | 00:59:53 | 00:59:53 |
| 2313 | 1909 | Paweł | Teodorczyk | Poznań | | 1965 | M50 | 100 | 1956 | | 00:27:43 (2049) | 00:59:54 | 00:56:45 |
| 2314 | 2544 | Marcin | Gocyla | Poznań | | 1995 | M20 | 97 | 1957 | | 00:31:00 (2928) | 00:59:54 | 00:59:54 |
| 2315 | 3051 | Karol | Dobrasz | lwno | | 1982 | M30 | 346 | 1958 | | 00:29:15 (2490) | 00:59:55 | 00:57:02 |
| 2316 | 3067 | Mariusz | Krok | Poznań | | 1986 | M30 | 347 | 1959 | | 00:27:02 (1848) | 00:59:55 | 00:56:53 |
| 2317 | 3527 | Martyna | Wołocznik-Klein | Poznań | | 1988 | K25 | 83 | | 358 | 00:29:26 (2547) | 00:59:56 | 00:59:56 |
| 2318 | 348 | Aleksandra | Świdarska | Dąbrówka | Zgrupka Team | 1980 | K35 | 61 | | 359 | 00:28:02 (2153) | 00:59:56 | 00:58:22 |
| 2319 | 3686 | Sławek | Wieczorek | Poznań | | 1973 | M40 | 389 | 1960 | | 00:30:17 (2785) | 00:59:56 | 00:59:56 |
| 2320 | 3574 | Grzegorz | Gawroński | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | 1970 | M45 | 150 | 1961 | | 00:27:44 (2056) | 00:59:56 | 00:58:20 |
| 2321 | 261 | Oskar | Lepczyński | Poznań | LOS CHICOS | 1986 | M30 | 348 | 1962 | | 00:28:25 (2268) | 00:59:56 | 00:57:38 |
| 2322 | 2450 | Hubert | Cichewicz | Swarzędz | | 1998 | M16 | 41 | 1963 | | 00:29:22 (2527) | 00:59:57 | 00:59:57 |
| 2323 | 2480 | Edyta | Mucha | Poznań | TRI MUSZKI TEAM | 1975 | K40 | 52 | | 360 | 00:27:24 (1949) | 00:59:57 | 00:59:02 |
| 2324 | 2986 | Karolina | Mądrzak | Poznań | Klub Kobiet Przedsiębiorczych | 1979 | K35 | 62 | | 361 | 00:30:47 (2884) | 00:59:58 | 00:59:58 |
| 2325 | 2711 | Aleksandra | Dutkowiak | Poznań | Piątkowo na Biegowo | 1981 | K35 | 63 | | 362 | 00:28:56 (2400) | 00:59:58 | 00:57:35 |
| 2326 | 2290 | Dominika | Krzyminska | Gałowo/Szamotuły | | 1976 | K40 | 53 | | 363 | 00:29:04 (2434) | 00:59:59 | 00:57:53 |
| 2327 | 2289 | Tomek | Krzyminski | Gałowo/Szamotuły | | 1974 | M40 | 390 | 1964 | | 00:29:04 (2435) | 00:59:59 | 00:57:53 |
| 2328 | 2948 | Agata | Dutkowiak | Poznań | Piątkowo na Biegowo | 1990 | K25 | 84 | | 364 | 00:28:58 (2409) | 00:59:59 | 00:57:36 |
| 2329 | 1176 | Ireneusz | Kuzia | Koźmin Wlkp | MIŁOŚNICY PIŁKI NOŻNEJ - Krotoszyn | 1966 | M50 | 101 | 1965 | | 00:27:52 (2092) | 00:59:59 | 00:57:31 |
| 2330 | 2792 | Karolina | Kostańska | Poznań | | 1994 | K20 | 35 | | 365 | 00:28:23 (2257) | 00:59:59 | 00:57:05 |
| 2331 | 412 | Szymon | Kraska | Swarzędz | | 1992 | M20 | 98 | 1966 | | 00:27:36 (2013) | 01:00:00 | 00:59:15 |
| 2332 | 2316 | Ania | Becmer | Poznań | Naramowice Biegają | 1988 | K25 | 85 | | 366 | 00:28:51 (2372) | 01:00:00 | 00:57:45 |
| 2333 | 2430 | Joanna | Węclawek | Poznań | | 1989 | K25 | 86 | | 367 | 00:29:40 (2612) | 01:00:00 | 01:00:00 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|------------------|-----------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2334 | 470 | Agnieszka | Weber | Koziegłowy | Biegacze Juniora Runners Team | 1988 | K25 | 87 | | 368 | 00:28:43 (2346) | 01:00:00 | 00:57:57 |
| 2335 | 1174 | Michał | Bogdziewicz | Poznań | UTAL | 1978 | M35 | 414 | 1967 | | 00:28:59 (2412) | 01:00:00 | 01:00:00 |
| 2336 | 3242 | Natalia | Świerkiel | Duszniki | OSIR TEAM DUSZNIKI | 1978 | K35 | 64 | | 369 | 00:26:56 (1813) | 01:00:01 | 01:00:01 |
| 2337 | 3463 | Janusz | Lotko | Nowa Sól | | 1985 | M30 | 349 | 1968 | | 00:28:54 (2387) | 01:00:01 | 00:58:18 |
| 2338 | 2759 | Grzegorz | Nowak | Swarzędz | | 1969 | M45 | 151 | 1969 | | 00:27:36 (2014) | 01:00:02 | 01:00:02 |
| 2339 | 3733 | Sławomir | Witke | swarzedz | | 1975 | M40 | 391 | 1970 | | 00:29:09 (2466) | 01:00:04 | 00:57:01 |
| 2340 | 247 | Elżbieta | Górnjak | Swarzędz | | 1966 | K50 | 11 | | 370 | 00:29:58 (2693) | 01:00:04 | 01:00:04 |
| 2341 | 1577 | Ada | Wojtkowiak | Daszewice | | 1996 | K20 | 36 | | 371 | 00:29:21 (2519) | 01:00:05 | 01:00:05 |
| 2342 | 1051 | Maciej | Sadowski | Zalasewo | | 1969 | M45 | 152 | 1971 | | 00:28:04 (2166) | 01:00:05 | 00:57:21 |
| 2343 | 2692 | Arkadiusz | Pawlak | Poznań | KiribatiClub | 1967 | M45 | 153 | 1972 | | 00:27:31 (1988) | 01:00:05 | 00:58:56 |
| 2344 | 2691 | Ewa | Gackowska-Pawlak | Poznań | KiribatiClub | 1968 | K45 | 23 | | 372 | 00:26:59 (1833) | 01:00:05 | 00:58:57 |
| 2345 | 3853 | Marcin | Sommerfeld | Kępa | | 1994 | M20 | 99 | 1973 | | 00:30:49 (2889) | 01:00:06 | 01:00:06 |
| 2346 | 2427 | Jarosław | Zgoda | Swarzędz | | 1975 | M40 | 392 | 1974 | | 00:27:37 (2017) | 01:00:06 | 00:58:17 |
| 2347 | 3093 | Daria | Szczesiak | Poznań | | 1986 | K30 | 79 | | 373 | 00:28:46 (2357) | 01:00:07 | 00:57:34 |
| 2348 | 801 | Przemysław | Ratajczak | Swarzędz | | 1983 | M30 | 350 | 1975 | | 00:29:45 (2633) | 01:00:07 | 01:00:07 |
| 2349 | 2663 | Adrian | Gruszka | Swarzędz | | 1995 | M20 | 100 | 1976 | | 00:28:02 (2154) | 01:00:09 | 00:59:06 |
| 2350 | 3254 | Łukasz | Żebrowski | Swarzędz | | 1989 | M25 | 284 | 1977 | | 00:27:17 (1916) | 01:00:09 | 00:59:56 |
| 2351 | 1612 | Tomasz | Kociański | Poznań | 8tk | 1978 | M35 | 415 | 1978 | | 00:27:34 (1999) | 01:00:10 | 00:57:56 |
| 2352 | 498 | Agnieszka | Przybylak | Poznań | | 1983 | K30 | 80 | | 374 | 00:28:05 (2174) | 01:00:11 | 00:58:41 |
| 2353 | 3784 | Joanna | Płatek | Poznań | | 1969 | K45 | 24 | | 375 | 00:30:14 (2771) | 01:00:11 | 01:00:11 |
| 2354 | 1337 | Zuzanna | Niemier | Kórnik | | 1980 | K35 | 65 | | 376 | 00:28:56 (2401) | 01:00:12 | 00:57:38 |
| 2355 | 2099 | Borys | Zwoliński | Poznań | | 1980 | M35 | 416 | 1979 | | 00:25:03 (1250) | 01:00:12 | 00:59:21 |
| 2356 | 404 | Jakub | Lewandowski | Poznań | | 1988 | M25 | 285 | 1980 | | 00:29:11 (2472) | 01:00:13 | 01:00:13 |
| 2357 | 3605 | Jacek | Różański | Suchy Las | | 1976 | M40 | 393 | 1981 | | 00:30:17 (2786) | 01:00:14 | 01:00:14 |
| 2358 | 1303 | Przemysław | Janiak | Tulce | FUNDACJA FIONA | 1971 | M45 | 154 | 1982 | | 00:27:46 (2066) | 01:00:15 | 00:57:40 |
| 2359 | 1341 | Izabela | Wylegała | Chodzież/Rataje | | 1980 | K35 | 66 | | 377 | 00:28:17 (2226) | 01:00:15 | 00:57:59 |
| 2360 | 1342 | Michał | Wylegała | Chodzież/Rataje | | 1978 | M35 | 417 | 1983 | | 00:28:18 (2233) | 01:00:15 | 00:58:00 |
| 2361 | 1080 | Kasia | Śmiałek | Poznań | Snowdog Runners | 1991 | K25 | 88 | | 378 | 00:30:22 (2800) | 01:00:15 | 01:00:15 |
| 2362 | 3479 | Emil | Komur | Poznań | MONA support team | 1996 | M20 | 101 | 1984 | | 00:31:58 (3075) | 01:00:16 | 00:57:21 |
| 2363 | 3095 | Dariusz | Cypryański | Poznań | | 1982 | M30 | 351 | 1985 | | 00:30:58 (2924) | 01:00:16 | 01:00:16 |
| 2364 | 2908 | Adam | Gubański | Poznań | STUDIOSYNCHRO.PL | 1980 | M35 | 418 | 1986 | | 00:27:56 (2118) | 01:00:17 | 01:00:17 |
| 2365 | 3693 | Marcin | Szadeberg | Poznań | | 1988 | M25 | 286 | 1987 | | 00:29:34 (2578) | 01:00:17 | 00:58:15 |
| 2366 | 3517 | Joanna | Kaczkowska | Poznań | | 1982 | K30 | 81 | | 379 | 00:29:58 (2694) | 01:00:17 | 01:00:17 |
| 2367 | 3125 | Jakub | Pacholewicz | Chocz | | 1994 | M20 | 102 | 1988 | | 00:28:35 (2308) | 01:00:17 | 01:00:17 |
| 2368 | 3653 | Piotr | Ługowski | Poznań | WSZYSTKOOBIEGANIU.PL | 1958 | M55 | 72 | 1989 | | 00:29:30 (2559) | 01:00:19 | 01:00:09 |
| 2369 | 2964 | Tomasz | Frankowski | Zagórów | | 1976 | M40 | 394 | 1990 | | 00:30:59 (2927) | 01:00:19 | 00:57:33 |
| 2370 | 2186 | Zdzisław | Międzychód | Międzychód | | 1950 | M65 | 20 | 1991 | | 00:29:50 (2655) | 01:00:22 | 00:58:54 |
| 2371 | 1091 | Agnieszka | Nagórska | Swarzędz | | 1973 | K40 | 54 | | 380 | 00:26:01 (1548) | 01:00:25 | 00:58:55 |
| 2372 | 3101 | Wojciech | Wojciechowski | Kobylnica | | 1972 | M40 | 395 | 1992 | | 00:28:00 (2144) | 01:00:26 | 00:58:17 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|---------------|-------------------|----------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2373 | 2177 | Maciej | Chruszcz | POZNAN | AM STUDIO | 1969 | M45 | 155 | 1993 | | 00:26:23 (1645) | 01:00:26 | 01:00:26 |
| 2374 | 2550 | Dariusz | Lewandowski | Ostrowite | Strzałkowska Grupa Biegowa Sokół | 1974 | M40 | 396 | 1994 | | 00:27:20 (1934) | 01:00:26 | 00:59:13 |
| 2375 | 3683 | Magdalena | Rosińska | Trzemeszno | BOLT Trzemeszno | 1987 | K25 | 89 | | 381 | 00:28:06 (2178) | 01:00:27 | 00:59:02 |
| 2376 | 2221 | Sylwia | Karaszkiwicz | Poznań | | 1975 | K40 | 55 | | 382 | 00:27:34 (2000) | 01:00:27 | 00:59:07 |
| 2377 | 3794 | Marcin | Kowczyk | Rogoźno | Monar Roźnowice 34 | 1981 | M35 | 419 | 1995 | | 00:28:46 (2358) | 01:00:28 | 00:57:51 |
| 2378 | 3124 | Karolina | Jedliczka | Swarzedz | | 1983 | K30 | 82 | | 383 | 00:28:55 (2391) | 01:00:28 | 00:58:58 |
| 2379 | 3838 | Jonasz | Błaszczyk | Swarzędz | | 1999 | M16 | 42 | 1996 | | 00:27:43 (2050) | 01:00:28 | 00:57:18 |
| 2380 | 283 | Paweł | Dąbrowski | Poznań | Wielkopolscy Biegacze | 1975 | M40 | 397 | 1997 | | 00:29:05 (2441) | 01:00:29 | 00:58:10 |
| 2381 | 3829 | Robert | Mizgajski | Poznań | ZM Technika | 1992 | M20 | 103 | 1998 | | 00:28:21 (2246) | 01:00:30 | 00:58:40 |
| 2382 | 2655 | Paulina | Brzeska | Pobiedziska | Pobiedziska Running Team | 1974 | K40 | 56 | | 384 | 00:29:43 (2623) | 01:00:30 | 01:00:30 |
| 2383 | 1517 | Łukasz | Szczepaniak | Poznań | | 1982 | M30 | 352 | 1999 | | 00:29:12 (2477) | 01:00:30 | 01:00:30 |
| 2384 | 2006 | Krzystian | Błaszkwia | Siekierki Wielkie | | 1979 | M35 | 420 | 2000 | | 00:30:17 (2787) | 01:00:30 | 01:00:30 |
| 2385 | 1635 | Michał | Pabich | Poznań | | 1972 | M40 | 398 | 2001 | | 00:29:29 (2557) | 01:00:31 | 00:58:10 |
| 2386 | 3262 | Sławomir | Rut | Poznań | MUSZAK-SKI | 1969 | M45 | 156 | 2002 | | 00:30:15 (2775) | 01:00:31 | 01:00:31 |
| 2387 | 16 | Janusz | Grzeszczuk | Poznań | KB UE Poznań | 1940 | M75+ | 3 | 2003 | | 00:28:52 (2379) | 01:00:31 | 01:00:28 |
| 2388 | 3259 | Natalia | Rut | Poznań | | 1996 | K20 | 37 | | 385 | 00:30:15 (2776) | 01:00:32 | 01:00:32 |
| 2389 | 2417 | Artur | Wala | Garby | Garby ForestRun | 1971 | M45 | 157 | 2004 | | 00:30:56 (2914) | 01:00:34 | 01:00:34 |
| 2390 | 2940 | Paweł | Zborowski | Plewiska | | 1969 | M45 | 158 | 2005 | | 00:28:03 (2160) | 01:00:34 | 01:00:34 |
| 2391 | 3950 | Andrzej | Dróżyński | Poznań | www.saloniklampo.pl | 1983 | M30 | 353 | 2006 | | 00:27:38 (2024) | 01:00:35 | 00:58:33 |
| 2392 | 2836 | Maciej | Małek | Zalasewo | | 1982 | M30 | 354 | 2007 | | 00:28:03 (2161) | 01:00:35 | 00:57:45 |
| 2393 | 318 | Tomasz | Lis | Lubon | | 1959 | M55 | 73 | 2008 | | 00:31:11 (2957) | 01:00:35 | 00:58:06 |
| 2394 | 3240 | Dorota | Karolczak | Poznań | MKD TEAM | 1977 | K35 | 67 | | 386 | 00:27:47 (2073) | 01:00:35 | 00:58:14 |
| 2395 | 3363 | Łukasz | Kusz | Żary | sportowezary.pl | 1985 | M30 | 355 | 2009 | | 00:27:46 (2067) | 01:00:36 | 00:58:14 |
| 2396 | 2238 | Arieta | Świetlik | Suchy Las | Kocham każdy kilometr | 1969 | K45 | 25 | | 387 | 00:29:24 (2537) | 01:00:36 | 00:58:23 |
| 2397 | 766 | Marek | Milanowski | Potasze | | 1976 | M40 | 399 | 2010 | | 00:29:49 (2650) | 01:00:37 | 01:00:37 |
| 2398 | 2984 | Joanna | Chłysta | Poznań | | 1970 | K45 | 26 | | 388 | 00:30:46 (2881) | 01:00:38 | 01:00:38 |
| 2399 | 1014 | Krzysztof | Kaźmierczak | Swarzędz | | 1975 | M40 | 400 | 2011 | | 00:27:22 (1940) | 01:00:38 | 00:58:25 |
| 2400 | 3609 | Agnieszka | Stawicka | Poznań | | 1986 | K30 | 83 | | 389 | 00:31:08 (2947) | 01:00:39 | 01:00:39 |
| 2401 | 2472 | Marta | Gloger | Poznań | Strzeszyńska SZKOŁA GARNKA | 1977 | K35 | 68 | | 390 | 00:27:38 (2025) | 01:00:39 | 00:59:58 |
| 2402 | 3113 | Włodzimierz | Małujdy | Poznań | | 1958 | M55 | 74 | 2012 | | 00:28:32 (2291) | 01:00:40 | 00:58:24 |
| 2403 | 3535 | Małgorzata | Lauer | Poznań | | 1976 | K40 | 57 | | 391 | 00:28:41 (2341) | 01:00:40 | 00:58:22 |
| 2404 | 2935 | Jakub | Kędzia | GOSTYŃ | BIEGAM BO LUBIĘ :) | 1998 | M16 | 43 | 2013 | | 00:29:48 (2645) | 01:00:41 | 00:57:54 |
| 2405 | 2696 | Dominik | Olejniczak | Kostrzyn | | 1980 | M35 | 421 | 2014 | | 00:28:10 (2199) | 01:00:41 | 00:57:49 |
| 2406 | 1884 | Aleksandra | Pluta | Plewiska | II LO Poznań | 1999 | K16 | 12 | | 392 | 00:30:09 (2745) | 01:00:41 | 01:00:41 |
| 2407 | 2517 | Leszek | Zgoba | Swarzędz | | 1976 | M40 | 401 | 2015 | | 00:28:31 (2285) | 01:00:42 | 00:58:21 |
| 2408 | 1106 | Jacek | Ott | Swarzędz | | 1986 | M30 | 356 | 2016 | | 00:29:18 (2503) | 01:00:43 | 00:58:36 |
| 2409 | 1806 | Maciej | Jastrzebski | Gruszczyń | (nie)dzielni biegacze | 1977 | M35 | 422 | 2017 | | 00:28:24 (2263) | 01:00:44 | 00:58:19 |
| 2410 | 2040 | Bartosz | Rakowski | Poznań | Hernik Team | 1979 | M35 | 423 | 2018 | | 00:30:57 (2919) | 01:00:45 | 01:00:45 |
| 2411 | 1708 | Wiesław | Brodziszewski | Swarzędz | Brodex | 1959 | M55 | 75 | 2019 | | 00:28:04 (2167) | 01:00:45 | 00:58:13 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|----------------|------------------|-------------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2412 | 1576 | Monika | Szymaniak | Swarzędz | | 1991 | K25 | 90 | | 393 | 00:29:21 (2520) | 01:00:46 | 00:58:28 |
| 2413 | 2328 | Waldemar | Dominiak | Konin | | 1985 | M30 | 357 | 2020 | | 00:29:45 (2634) | 01:00:46 | 01:00:46 |
| 2414 | 3716 | Tomasz | Lewandowski | Poznań | Hernik Team | 1991 | M25 | 287 | 2021 | | 00:30:56 (2915) | 01:00:46 | 01:00:46 |
| 2415 | 1302 | Agata | Samelczak | Poznań | | 1994 | K20 | 38 | | 394 | 00:29:05 (2442) | 01:00:46 | 01:00:46 |
| 2416 | 3186 | Walerian | Mazur | Poznań | Comarch Poznań | 1990 | M25 | 288 | 2022 | | 00:27:41 (2037) | 01:00:47 | 00:58:02 |
| 2417 | 2878 | Kuba | Kowalczyk | Poznań | | 1993 | M20 | 104 | 2023 | | 00:27:57 (2127) | 01:00:47 | 00:59:43 |
| 2418 | 958 | Sylvia | Dębczyńska | Dębogóra | enduhub.com | 1979 | K35 | 69 | | 395 | 00:28:14 (2218) | 01:00:47 | 00:58:51 |
| 2419 | 1334 | Marcin | Kowalski | Poznań | Teatr Polski w Poznaniu | 1973 | M40 | 402 | 2024 | | 00:28:04 (2168) | 01:00:48 | 00:59:22 |
| 2420 | 880 | Ewa | Nowińska | Poznań | Poznań | 1969 | K45 | 27 | | 396 | 00:28:34 (2300) | 01:00:48 | 00:58:24 |
| 2421 | 1083 | Ryszard | Szczyrba | Poznań | sowa | 1958 | M55 | 76 | 2025 | | 00:28:22 (2251) | 01:00:48 | 00:57:47 |
| 2422 | 925 | Adrianna | Rogozik | Swarzędz | CASTORAMA SWARZĘDZ - One Team | 1990 | K25 | 91 | | 397 | 00:28:24 (2264) | 01:00:48 | 00:57:58 |
| 2423 | 2559 | Beata | Kacprzycka | Swarzędz | | 1989 | K25 | 92 | | 398 | 00:29:24 (2538) | 01:00:49 | 00:58:08 |
| 2424 | 1760 | Andrzej | Stępień | Plewiska | CYBINA TEAM | 1981 | M35 | 424 | 2026 | | 00:30:26 (2811) | 01:00:49 | 01:00:49 |
| 2425 | 2028 | Sylvia | Stokowska | Gorzkie Pole | Gorzkie Pole | 1978 | K35 | 70 | | 399 | 00:29:23 (2534) | 01:00:50 | 00:57:59 |
| 2426 | 1761 | Aneta | Pluskota | Linie | CYBINA TEAM | 1984 | K30 | 84 | | 400 | 00:30:27 (2815) | 01:00:51 | 01:00:51 |
| 2427 | 1230 | Halina | Jarus | Kobylin | GB Jutrosin - Kobylin i Przyjaciele | 1964 | K50 | 12 | | 401 | 00:27:44 (2057) | 01:00:51 | 00:59:39 |
| 2428 | 1149 | Anna | Górska | Dąbrówka | Kobiety biegają | 1989 | K25 | 93 | | 402 | 00:29:28 (2553) | 01:00:52 | 01:00:52 |
| 2429 | 580 | Józef | Bednarski | Poznań | Night Runners Poznań | 1946 | M70 | 7 | 2027 | | 00:27:18 (1922) | 01:00:54 | 01:00:24 |
| 2430 | 3445 | Marcin | Andrzejczak | Osiniec | Velux Gniezno | 1976 | M40 | 403 | 2028 | | 00:29:05 (2443) | 01:00:54 | 00:58:52 |
| 2431 | 2136 | Jagoda | Flisikowska | Poznań | Biegacze Juniora Runners Team | 1993 | K20 | 39 | | 403 | 00:29:00 (2419) | 01:00:54 | 00:58:51 |
| 2432 | 2549 | Paweł | Fiołek | SWARZĘDZ | | 1969 | M45 | 159 | 2029 | | 00:30:14 (2772) | 01:00:55 | 01:00:55 |
| 2433 | 2976 | Bartosz | Bonawenturczyk | Poznań | | 1991 | M25 | 289 | 2030 | | 00:29:21 (2521) | 01:00:56 | 01:00:56 |
| 2434 | 2561 | Jakub | Suchorowski | Rogoźno | | 1981 | M35 | 425 | 2031 | | 00:28:59 (2413) | 01:00:57 | 00:58:20 |
| 2435 | 2597 | Karolina | Jajeńnica | Poznań | | 1976 | K40 | 58 | | 404 | 00:28:56 (2402) | 01:00:57 | 00:58:18 |
| 2436 | 2572 | Kasia | Matelska | Biskupice | | 1969 | K45 | 28 | | 405 | 00:29:05 (2444) | 01:00:58 | 00:58:19 |
| 2437 | 229 | Radostaw | Stochaj | Poznań | | 1967 | M45 | 160 | 2032 | | 00:28:55 (2392) | 01:00:58 | 01:00:58 |
| 2438 | 1074 | Hubert | Kmieć | Borówiec | | 1973 | M40 | 404 | 2032 | | 00:28:41 (2342) | 01:00:58 | 00:59:18 |
| 2439 | 1785 | Kasia | Walczak | Pobiedziska | | 1985 | K30 | 85 | | 406 | 00:28:30 (2282) | 01:00:59 | 00:58:51 |
| 2440 | 222 | Łukasz | Krysiak | Poznań | Piątkowo na Biegowo | 1977 | M35 | 426 | 2034 | | 00:30:08 (2736) | 01:00:59 | 01:00:59 |
| 2441 | 129 | Łukasz | Strzelczak | Rabowice | Biegaj z WSL | 1988 | M25 | 290 | 2035 | | 00:28:39 (2332) | 01:00:59 | 00:59:12 |
| 2442 | 788 | Wojciech | Kostrzewa | Poznań | | 1979 | M35 | 427 | 2036 | | 00:27:34 (2001) | 01:01:00 | 00:59:32 |
| 2443 | 3957 | Przemysław | Rybiński | Swarzędz | | 1982 | M30 | 358 | 2037 | | 00:29:43 (2624) | 01:01:00 | 00:59:28 |
| 2444 | 585 | Małgorzata | Jakubowska | Plewiska | biegam bo lubię | 1982 | K30 | 86 | | 407 | 00:28:33 (2293) | 01:01:00 | 00:59:13 |
| 2445 | 3955 | Agnieszka | Rybińska | Swarzędz | | 1982 | K30 | 87 | | 408 | 00:29:43 (2625) | 01:01:00 | 00:59:28 |
| 2446 | 441 | Joanna | Buszewska | Wolsztyn | | 1987 | K25 | 94 | | 409 | 00:30:27 (2816) | 01:01:00 | 01:01:00 |
| 2447 | 729 | Beata | Majewska | POZNAŃ | MSICS Poznań | 1976 | K40 | 59 | | 410 | 00:30:03 (2716) | 01:01:01 | 01:01:01 |
| 2448 | 2124 | Maciej | Zieliński | Bydgoszcz | | 1988 | M25 | 291 | 2038 | | 00:27:51 (2086) | 01:01:01 | 00:59:14 |
| 2449 | 1839 | Zbigniew | Wiatrowski | Murowana Goślina | | 1958 | M55 | 77 | 2039 | | 00:31:03 (2933) | 01:01:02 | 01:01:02 |
| 2450 | 3084 | Wojciech | Rybka | Puszczkowo | | 1968 | M45 | 161 | 2040 | | 00:27:56 (2119) | 01:01:02 | 00:58:46 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|------------------|----------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2451 | 2456 | Tomasz | Szulc | Poznań | | 1979 | M35 | 428 | 2041 | | 00:29:40 (2613) | 01:01:02 | 01:01:02 |
| 2452 | 1060 | Magdalena | Roszyk | Poznań | | 1980 | K35 | 71 | | 411 | 00:30:10 (2753) | 01:01:02 | 01:01:02 |
| 2453 | 1177 | Bogdan | Bykowski | STARY KISIELIN | BRACTWO BIEGACZY Z-GORA | 1949 | M65 | 21 | 2042 | | 00:27:34 (2002) | 01:01:03 | 00:59:10 |
| 2454 | 3173 | Tomasz | Mocek | Poznań | | 1990 | M25 | 292 | 2043 | | 00:28:31 (2286) | 01:01:03 | 00:59:07 |
| 2455 | 3525 | Dominik | Banaszkiewicz | Kleszczewo | Kleszczewo | 1988 | M25 | 293 | 2044 | | 00:29:35 (2585) | 01:01:04 | 00:59:03 |
| 2456 | 3604 | Bartosz | Łapacz | Ujście | | 1993 | M20 | 105 | 2045 | | 00:28:47 (2359) | 01:01:04 | 00:58:13 |
| 2457 | 184 | Sławomir | Janik | Poznań | | 1980 | M35 | 429 | 2046 | | 00:29:30 (2560) | 01:01:04 | 00:58:31 |
| 2458 | 3603 | Klaudia | Piechowiak | Ujście | | 1995 | K20 | 40 | | 412 | 00:28:47 (2360) | 01:01:04 | 00:58:13 |
| 2459 | 2072 | Maciej | Rybacki | Posada | | 1959 | M55 | 78 | 2047 | | 00:28:36 (2317) | 01:01:05 | 00:59:32 |
| 2460 | 1810 | Krzysztof | Krawenda | Nagradowice | CYBINA TEAM | 1967 | M45 | 162 | 2048 | | 00:28:43 (2347) | 01:01:06 | 00:58:40 |
| 2461 | 366 | Marta | Barszcz | Swarzedz | | 1985 | K30 | 88 | | 413 | 00:28:59 (2414) | 01:01:06 | 00:58:15 |
| 2462 | 3210 | Sławomir | Gulbinowicz | Poznań | Poznań | 1984 | M30 | 359 | 2049 | | 00:28:36 (2318) | 01:01:08 | 00:58:32 |
| 2463 | 322 | Alicja | Kuraszyńska | Gołęczewo | | 1981 | K35 | 72 | | 414 | 00:30:08 (2737) | 01:01:08 | 01:01:08 |
| 2464 | 1688 | Agnieszka | Włodarczak | Kościan | | 1976 | K40 | 60 | | 415 | 00:28:48 (2365) | 01:01:09 | 00:58:37 |
| 2465 | 3907 | Piotr | Hareński | Poznań | Frastaś | 1976 | M40 | 405 | 2050 | | 00:29:00 (2420) | 01:01:10 | 00:58:38 |
| 2466 | 2211 | Wiesław | Piątas | Buk | | 1957 | M55 | 79 | 2051 | | 00:28:30 (2283) | 01:01:10 | 00:58:15 |
| 2467 | 3180 | Robert | Paczka | Wrocław | | 1964 | M50 | 102 | 2052 | | 00:28:51 (2373) | 01:01:11 | 00:59:37 |
| 2468 | 3119 | Artur | Miozga | Suchy Las | | 1976 | M40 | 406 | 2053 | | 00:28:13 (2211) | 01:01:11 | 00:59:13 |
| 2469 | 3118 | Joanna | Maćkowiak | Poznań | Poznań | 1978 | K35 | 73 | | 416 | 00:28:13 (2212) | 01:01:11 | 00:59:14 |
| 2470 | 567 | Krzysztof | Moskwa | LESZNO | tak se pomykam ! | 1957 | M55 | 80 | 2054 | | 00:28:35 (2309) | 01:01:11 | 00:58:40 |
| 2471 | 4036 | Agnieszka | Trząsalska | Poznań | Muse Sp. z o.o. | 1984 | K30 | 89 | | 417 | 00:28:13 (2213) | 01:01:12 | 00:59:46 |
| 2472 | 1365 | Mikołaj | Nożewnik | Połajewo | Połajewo Też Biega | 1984 | M30 | 360 | 2055 | | 00:29:26 (2548) | 01:01:12 | 00:58:45 |
| 2473 | 2524 | Magdalena | Danielewicz | Poznań | KiribatiClub | 1995 | K20 | 41 | | 418 | 00:30:15 (2777) | 01:01:13 | 01:00:04 |
| 2474 | 4037 | Barbara | Rewers | Poznań | | 1984 | K30 | 90 | | 419 | 00:28:13 (2214) | 01:01:13 | 00:59:47 |
| 2475 | 1835 | Tomasz | Woźniak | Swarzędz | CASTORAMA SWARZĘDZ - One Team | 1990 | M25 | 294 | 2056 | | 00:28:40 (2335) | 01:01:13 | 00:58:24 |
| 2476 | 2043 | Jarosław | Kantor | Poznań | DoradcaRN.pl | 1964 | M50 | 103 | 2057 | | 00:29:33 (2572) | 01:01:14 | 00:58:54 |
| 2477 | 3623 | Przemysław | Urbaniak | Mogilno | | 1977 | M35 | 430 | 2058 | | 00:28:07 (2184) | 01:01:14 | 01:01:14 |
| 2478 | 2673 | Bartosz | Markiewicz | Swarzędz | | 1976 | M40 | 407 | 2059 | | 00:31:33 (3033) | 01:01:15 | 01:01:15 |
| 2479 | 1 | Izabela | Ciesielczyk | Poznan | | 1984 | K30 | 91 | | 420 | 00:30:58 (2925) | 01:01:15 | 01:01:15 |
| 2480 | 2173 | Bartosz | Juniczak | Poznań | | 1985 | M30 | 361 | 2060 | | 00:28:36 (2319) | 01:01:15 | 00:58:31 |
| 2481 | 1543 | Michał | Wojtkowiak | Złotniki | | 1977 | M35 | 431 | 2061 | | 00:29:33 (2573) | 01:01:15 | 00:59:06 |
| 2482 | 1691 | Magda | Piotrowska | Komorniki | | 1980 | K35 | 74 | | 421 | 00:28:40 (2336) | 01:01:16 | 00:58:49 |
| 2483 | 1926 | Izabela | Witkowska | Kamionki | II LO Poznań | 1998 | K16 | 13 | | 422 | 00:27:56 (2120) | 01:01:16 | 00:59:28 |
| 2484 | 3995 | Marek | Schwarz | Swarzędz | | 1985 | M30 | 362 | 2062 | | 00:29:20 (2515) | 01:01:16 | 00:58:41 |
| 2485 | 1048 | Alan | Kasperek | Poznań | ZHP Hufiec Poznań-Wilda | 1988 | M25 | 295 | 2063 | | 00:27:59 (2140) | 01:01:17 | 00:59:01 |
| 2486 | 1894 | Piotr | Dejer | Poznań | Latający Holender | 1982 | M30 | 363 | 2064 | | 00:28:49 (2366) | 01:01:17 | 00:58:23 |
| 2487 | 3237 | Anna | Dziewulska | Poznań | | 1980 | K35 | 75 | | 423 | 00:28:50 (2367) | 01:01:18 | 00:58:48 |
| 2488 | 2433 | Elżbieta | Czerniak | Borzykowo | KB Kosynier Września | 1954 | K60 | 6 | | 424 | 00:28:26 (2270) | 01:01:18 | 00:58:57 |
| 2489 | 787 | Angela | Sienna-Kostrzewa | Poznań | | 1979 | K35 | 76 | | 425 | 00:28:00 (2145) | 01:01:18 | 00:59:49 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|----------------|----------------|----------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2490 | 3024 | Mikołaj | Krupa | Chodzież | | 1986 | M30 | 364 | 2065 | | 00:30:07 (2731) | 01:01:18 | 00:58:04 |
| 2491 | 2385 | Stanisław | Bryś | Poznań | Poznań | 1999 | M16 | 44 | 2066 | | 00:31:29 (3021) | 01:01:18 | 01:01:18 |
| 2492 | 3011 | Klaudia | Antkowiak | Poznań | UMP biega | 1992 | K20 | 42 | | 426 | 00:28:47 (2361) | 01:01:19 | 00:59:25 |
| 2493 | 2188 | Luiza | Lis | Poznań | Biegologia.pl | 1973 | K40 | 61 | | 427 | 00:28:18 (2234) | 01:01:19 | 00:59:13 |
| 2494 | 2412 | Arkadiusz | Godek | Pobiedziska | | 1980 | M35 | 432 | 2067 | | 00:29:35 (2586) | 01:01:20 | 01:01:20 |
| 2495 | 2488 | Monika | Bajstok | Kościan | | 1978 | K35 | 77 | | 428 | 00:29:30 (2561) | 01:01:20 | 00:58:41 |
| 2496 | 480 | Remigiusz | Szymański | Kostrzyn Wlkp. | Walka Kostrzyn | 1957 | M55 | 81 | 2068 | | 00:29:11 (2473) | 01:01:20 | 00:59:09 |
| 2497 | 2485 | Daniel | Bartomiejczak | Golina | | 1985 | M30 | 365 | 2069 | | | 01:01:21 | 00:58:26 |
| 2498 | 3793 | Jacek | Biegański | Rogoźno Wlkp. | Monar Rożnowice 34 | 1978 | M35 | 433 | 2070 | | 00:28:51 (2374) | 01:01:21 | 00:58:52 |
| 2499 | 2909 | Hanna | Biadała | Swarzędz | | 1972 | K40 | 62 | | 429 | 00:28:10 (2200) | 01:01:22 | 00:59:02 |
| 2500 | 1431 | Marek | Wróbel | Łask | | 1950 | M65 | 22 | 2071 | | 00:28:47 (2362) | 01:01:22 | 00:58:56 |
| 2501 | 2494 | Agnieszka | Marciniak | Zalasewo | | 1986 | K30 | 92 | | 430 | 00:29:21 (2522) | 01:01:22 | 00:58:47 |
| 2502 | 3979 | Roman | Ofierzyński | Luboń | arch | 1952 | M60 | 45 | 2072 | | 00:28:53 (2382) | 01:01:22 | 00:58:16 |
| 2503 | 756 | Ewa | Gendera | Poznań | Pink Team | 1971 | K45 | 29 | | 431 | 00:29:56 (2681) | 01:01:23 | 00:58:56 |
| 2504 | 2700 | Grzegorz | Terczewski | Kościan | | 1974 | M40 | 408 | 2073 | | 00:29:30 (2562) | 01:01:24 | 00:58:45 |
| 2505 | 1377 | Sławomir | Ratajczak | Promnice | Drużyna Szpiku | 1977 | M35 | 434 | 2074 | | 00:28:17 (2227) | 01:01:25 | 00:59:45 |
| 2506 | 1763 | Karolina | Sołtysiak | Kamionki | CYBINA TEAM | 1977 | K35 | 78 | | 432 | 00:28:44 (2351) | 01:01:25 | 01:00:03 |
| 2507 | 2262 | Krzysztof | Wasielewski | KROTOSZYŃ | | 1980 | M35 | 435 | 2075 | | 00:30:51 (2896) | 01:01:25 | 01:01:25 |
| 2508 | 1946 | Dawid | Dominiczak | Mechlin | | 1980 | M35 | 436 | 2076 | | 00:30:36 (2851) | 01:01:25 | 01:01:25 |
| 2509 | 3397 | Michał | Andrzejewski | Września | HURAGAN NADARZYCE | 1971 | M45 | 163 | 2077 | | 00:30:04 (2720) | 01:01:26 | 00:59:55 |
| 2510 | 2013 | Paweł | Nowak | Poznań | Brachole | 1975 | M40 | 409 | 2078 | | 00:29:08 (2459) | 01:01:26 | 00:58:52 |
| 2511 | 1601 | Teresa | Hetner | Nowa Sol | NGB Nowa Sol | 1982 | K30 | 93 | | 433 | 00:30:37 (2853) | 01:01:26 | 01:01:26 |
| 2512 | 1401 | Szymon | Kucharski | SWARZĘDZ | | 1986 | M30 | 366 | 2079 | | 00:29:05 (2445) | 01:01:27 | 00:58:33 |
| 2513 | 1167 | Małgorzata | Podalak | Poznań | | 1970 | K45 | 30 | | 434 | 00:30:37 (2854) | 01:01:28 | 01:01:28 |
| 2514 | 2275 | Arnold | Bernaciak | Luboń | | 1970 | M45 | 164 | 2080 | | 00:27:58 (2136) | 01:01:28 | 00:59:02 |
| 2515 | 1346 | Julia | Scheffs | Poznań | | 1988 | K25 | 95 | | 435 | 00:30:47 (2885) | 01:01:29 | 01:01:29 |
| 2516 | 714 | Andrzej | Jędra | Poznań | Andrzej Jędra | 1973 | M40 | 410 | 2081 | | 00:27:02 (1849) | 01:01:29 | 01:00:03 |
| 2517 | 2063 | Rafał | Ciemniak | Poznań | | 1964 | M50 | 104 | 2082 | | 00:28:40 (2337) | 01:01:30 | 00:58:30 |
| 2518 | 705 | Mateusz | Koreciński | Bydgoszcz | Run & Fun | 1987 | M25 | 296 | 2083 | | 00:31:08 (2948) | 01:01:30 | 01:01:30 |
| 2519 | 3771 | Krzysztof | Rogała | Płock | | 1994 | M20 | 106 | 2084 | | 00:29:08 (2460) | 01:01:30 | 01:01:30 |
| 2520 | 1501 | Grzegorz | Fedorowicz | Września | Września | 1967 | M45 | 165 | 2085 | | 00:28:26 (2271) | 01:01:31 | 00:59:38 |
| 2521 | 3865 | Gabriela | Romecz-Kazik | Złotów | | 1979 | K35 | 79 | | 436 | 00:27:32 (1991) | 01:01:32 | 00:58:53 |
| 2522 | 3722 | Krzysztof | Maćkowiak | Psarskie | | 1982 | M30 | 367 | 2086 | | 00:27:34 (2003) | 01:01:33 | 00:59:11 |
| 2523 | 325 | Katarzyna | Mról-Siczyńska | Drzonek | Drużyna Szpiku | 1984 | K30 | 94 | | 437 | 00:27:34 (2004) | 01:01:33 | 00:59:11 |
| 2524 | 3454 | Kinga | Koralewska | Poznań | | 1986 | K30 | 95 | | 438 | 00:28:18 (2235) | 01:01:33 | 00:59:51 |
| 2525 | 2292 | Waldemar | Krupa | Poznań | N | 1957 | M55 | 82 | 2087 | | 00:30:09 (2746) | 01:01:35 | 00:58:22 |
| 2526 | 1321 | Patryk | Śmiechowski | POZNAŃ | PKO BANK POLSKI S.A. | 1990 | M25 | 297 | 2088 | | 00:31:15 (2972) | 01:01:35 | 01:01:35 |
| 2527 | 1892 | Michał | Przepióra | Zalasewo | ZALASEWO | 1987 | M25 | 298 | 2089 | | 00:29:15 (2491) | 01:01:35 | 00:58:53 |
| 2528 | 1143 | Andrzej | Kurczewski | Poznań | | 1974 | M40 | 411 | 2090 | | 00:28:22 (2252) | 01:01:35 | 00:59:19 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|------------------|--------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2529 | 3889 | Daria | Zawrotniak | Biskupice | | 1969 | K45 | 31 | | 439 | 00:28:37 (2324) | 01:01:35 | 00:59:10 |
| 2530 | 1655 | Andrzej | Pilaczyński | Poznań | | 1962 | M50 | 105 | 2091 | | 00:28:57 (2406) | 01:01:36 | 00:58:27 |
| 2531 | 1271 | Grzegorz | Nowicki | Swarzędz | | 1986 | M30 | 368 | 2092 | | 00:30:10 (2754) | 01:01:38 | 00:58:58 |
| 2532 | 29 | Marian | Szkudlarek | | | 1960 | M55 | 83 | 2093 | | 00:29:17 (2498) | 01:01:38 | 01:01:32 |
| 2533 | 1178 | Leonard | Szydłowski | SWARZĘDZ | | 1951 | M65 | 23 | 2094 | | 00:28:56 (2403) | 01:01:38 | 00:59:09 |
| 2534 | 2894 | Paulina | Augustyniak | Poznań | | 1991 | K25 | 96 | | 440 | 00:30:01 (2701) | 01:01:39 | 00:59:45 |
| 2535 | 2446 | Marek | Baumgart | Kobylnica | Wojewódzki Fundusz Ochrony Środowiska i Gospodarki Wodnej w Poznaniu | 1970 | M45 | 166 | 2095 | | 00:29:14 (2488) | 01:01:40 | 01:01:30 |
| 2536 | 2151 | Karolina | Widera | Środa Wilkp. | | 1978 | K35 | 80 | | 441 | 00:27:56 (2121) | 01:01:40 | 01:00:18 |
| 2537 | 2722 | Magdalena | Warzych | Rzepin | KB WARTKO | 1977 | K35 | 81 | | 442 | 00:30:55 (2911) | 01:01:40 | 01:01:40 |
| 2538 | 44 | Bartosz | Gilwatowski | Biskupice | Pobiedziska Running Team | 1976 | M40 | 412 | 2096 | | 00:29:19 (2509) | 01:01:40 | 00:59:04 |
| 2539 | 3983 | Katarzyna | Besz-Malinowska | Poznań | | 1973 | K40 | 63 | | 443 | 00:29:21 (2523) | 01:01:43 | 00:59:09 |
| 2540 | 2052 | Krzysztof | Janaczek | Międzyrzecz | | 1989 | M25 | 299 | 2097 | | 00:28:30 (2284) | 01:01:46 | 00:59:52 |
| 2541 | 1990 | Maciej | Durka | Biedrusko | | 1983 | M30 | 369 | 2098 | | 00:29:30 (2563) | 01:01:46 | 00:58:39 |
| 2542 | 637 | Marzena | Sienkowska | Poznań | | 1981 | K35 | 82 | | 444 | 00:30:48 (2888) | 01:01:46 | 01:01:46 |
| 2543 | 1626 | Łukasz | Dziamski | Poznań | Wilda Biega | 1985 | M30 | 370 | 2099 | | 00:27:15 (1903) | 01:01:48 | 01:01:48 |
| 2544 | 1412 | Grzegorz | Kosiński | Dobrzyca | | 1982 | M30 | 371 | 2100 | | 00:27:46 (2068) | 01:01:48 | 01:00:28 |
| 2545 | 1907 | Arkadiusz | Klimczak | Poznań | Klub Biegacza Euro | 1972 | M40 | 413 | 2101 | | 00:24:05 (955) | 01:01:49 | 01:00:51 |
| 2546 | 1211 | Bogdan | Skarbiński | Swarzędz | JAMAJKA-ETC.PL | 1951 | M65 | 24 | 2102 | | 00:29:37 (2598) | 01:01:50 | 00:59:50 |
| 2547 | 1853 | Joanna | Zbonik-Majchrzak | Poznań | | 1984 | K30 | 96 | | 445 | 00:27:29 (1977) | 01:01:50 | 00:59:34 |
| 2548 | 1541 | Zbigniew | Gądzik | Kleszczewo | NAGRADOWICE | 1977 | M35 | 437 | 2103 | | 00:28:43 (2348) | 01:01:50 | 00:59:24 |
| 2549 | 1210 | Arkadiusz | Skarbiński | Swarzędz | JAMAJKA-ETC.PL | 1976 | M40 | 414 | 2104 | | 00:29:34 (2579) | 01:01:52 | 00:59:50 |
| 2550 | 2389 | Paula | Sójka | Poznań | SMASH SLOTH | 1987 | K25 | 97 | | 446 | 00:28:38 (2327) | 01:01:52 | 01:00:41 |
| 2551 | 884 | Paulina | Biskupska | Poznań | | 1981 | K35 | 83 | | 447 | 00:30:42 (2868) | 01:01:52 | 01:01:52 |
| 2552 | 2905 | Paweł | Buczowski | Swarzędz | | 1979 | M35 | 438 | 2105 | | 00:29:47 (2643) | 01:01:54 | 01:00:39 |
| 2553 | 2305 | Robert | Koczorowski | Zalasewo | Unia Leszno DMP 2015 | 1980 | M35 | 439 | 2106 | | 00:29:11 (2474) | 01:01:54 | 01:00:12 |
| 2554 | 3800 | Anna | Kapelska | Mosina | Chemadex | 1984 | K30 | 97 | | 448 | 00:29:39 (2607) | 01:01:54 | 01:00:09 |
| 2555 | 3939 | Maciej | Włodarczyk | Poznań | Jebać biedę! | 1986 | M30 | 372 | 2107 | | 00:29:32 (2570) | 01:01:54 | 00:59:25 |
| 2556 | 3804 | Jacek | Olszewski | Mosina | Chemadex | 1981 | M35 | 440 | 2108 | | 00:29:39 (2608) | 01:01:55 | 01:00:10 |
| 2557 | 3099 | Bartłomiej | Rzanny | Poznań | | 1990 | M25 | 300 | 2109 | | 00:29:03 (2431) | 01:01:55 | 01:00:52 |
| 2558 | 2931 | Ryszard | Kleinsmidt | Wierzyce | | 1970 | M45 | 167 | 2110 | | 00:29:42 (2619) | 01:01:55 | 00:59:05 |
| 2559 | 3873 | Karol | Znojkiwicz | Swarzędz | | 1994 | M20 | 107 | 2111 | | 00:28:33 (2294) | 01:01:55 | 00:59:10 |
| 2560 | 3098 | Natalia | Hornik | Poznań | | 1988 | K25 | 98 | | 449 | 00:29:04 (2436) | 01:01:56 | 01:00:53 |
| 2561 | 2742 | Mirosław | Małęgowski | Poznań | Klub Biegacza Euro | 1984 | M30 | 373 | 2112 | | 00:23:41 (844) | 01:01:56 | 01:01:34 |
| 2562 | 2714 | Przemysław | Jasnowski | Przykona | KB Maraton Turek | 1983 | M30 | 374 | 2113 | | 00:29:00 (2421) | 01:01:57 | 00:59:05 |
| 2563 | 3057 | Karolina | Budzeń | Poznań | | 1991 | K25 | 99 | | 450 | 00:29:06 (2451) | 01:01:58 | 01:00:01 |
| 2564 | 584 | Filip | Kantorski | Kruszewnia | | 1981 | M35 | 441 | 2114 | | 00:31:18 (2985) | 01:01:59 | 01:01:59 |
| 2565 | 3915 | Grzegorz | Kuczmaja | Chodecz | GrzegorzKuczmaja.PL | 1988 | M25 | 301 | 2115 | | 00:28:31 (2287) | 01:01:59 | 00:59:19 |
| 2566 | 2769 | Małgorzata | Gębicka | Gniezno | | 1962 | K50 | 13 | | 451 | 00:29:46 (2637) | 01:01:59 | 01:00:20 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-------------|----------------------|-------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2567 | 2444 | Tomasz | Jankowiak | Swarzędz | AWSSS | 1993 | M20 | 108 | 2116 | | 00:30:04 (2721) | 01:01:59 | 01:00:15 |
| 2568 | 1536 | Marek | Zendlewicz | Skoki | | 1956 | M60 | 46 | 2117 | | 00:30:22 (2801) | 01:02:00 | 01:02:00 |
| 2569 | 2178 | Alina | Siejakowska-Chruszcz | POZNAN | AM STUDIO | 1966 | K50 | 14 | | 452 | 00:29:08 (2461) | 01:02:00 | 01:00:25 |
| 2570 | 1980 | Olga | Jankowska | Szczecinek | AWSSS | 1994 | K20 | 43 | | 453 | 00:30:04 (2722) | 01:02:00 | 01:00:16 |
| 2571 | 2329 | Rafał | Jędrzejczak | Oborniki | Oborniki | 1976 | M40 | 415 | 2118 | | 00:26:51 (1786) | 01:02:01 | 01:02:01 |
| 2572 | 31 | Tomasz | Zwoliński | Zalasewo | | 1970 | M45 | 168 | 2119 | | 00:29:18 (2504) | 01:02:01 | 01:01:54 |
| 2573 | 3594 | Marcin | Mróz | Zalasewo | STR Poznań | 1978 | M35 | 442 | 2120 | | 00:29:46 (2638) | 01:02:02 | 00:58:40 |
| 2574 | 1252 | Krzysztof | Krajewski | Swarzędz | | 1976 | M40 | 416 | 2121 | | 00:29:16 (2496) | 01:02:02 | 00:59:00 |
| 2575 | 2271 | Agnieszka | Kubiak | WROCLAW | STRAŻ MIEJSKA WROCLAW | 1977 | K35 | 84 | | 454 | 00:29:17 (2499) | 01:02:03 | 00:59:26 |
| 2576 | 2686 | Norbert | Kindel | Rychwał | | 1989 | M25 | 302 | 2122 | | 00:28:13 (2215) | 01:02:04 | 00:59:20 |
| 2577 | 1678 | Marek | Majchrzak | Oborniki | | 1982 | M30 | 375 | 2123 | | 00:29:21 (2524) | 01:02:04 | 00:59:51 |
| 2578 | 2387 | Włodzimierz | Pawłowski | Poznań | | 1962 | M50 | 106 | 2124 | | 00:29:22 (2528) | 01:02:05 | 00:59:00 |
| 2579 | 1425 | Dariusz | Wlaz | Paczkowo | Parkrun Poznań | 1963 | M50 | 107 | 2125 | | 00:29:50 (2656) | 01:02:05 | 00:59:50 |
| 2580 | 2825 | Jacek | Grajzer | POZNAN | WARTA CHALLENGE MARATON & HALF BIEDRUSKO | 1966 | M50 | 108 | 2126 | | 00:30:03 (2717) | 01:02:06 | 01:02:06 |
| 2581 | 2875 | Grzegorz | Czasak | Witkowo | Witkowo Biega | 1971 | M45 | 169 | 2127 | | 00:29:05 (2446) | 01:02:08 | 00:59:29 |
| 2582 | 1056 | Agnieszka | Borowiecka | Poznań | Night Runners | 1979 | K35 | 85 | | 455 | 00:29:50 (2657) | 01:02:08 | 01:00:02 |
| 2583 | 715 | Rafał | Szadkowski | Konin | Konin | 1978 | M35 | 443 | 2128 | | 00:29:54 (2673) | 01:02:09 | 00:59:31 |
| 2584 | 2699 | Małgorzata | Terczewska | Kościan | | 1978 | K35 | 86 | | 456 | 00:29:30 (2564) | 01:02:10 | 00:59:31 |
| 2585 | 1268 | Szymon | Nowak | Pniewy | | 1994 | M20 | 109 | 2129 | | 00:28:39 (2333) | 01:02:11 | 00:59:55 |
| 2586 | 1140 | Agnieszka | Ślebioda | Kleczew | endinio team | 1979 | K35 | 87 | | 457 | 00:29:49 (2651) | 01:02:12 | 01:00:14 |
| 2587 | 3263 | Norbert | Lewandowski | Poznań | | 1976 | M40 | 417 | 2130 | | 00:29:48 (2646) | 01:02:15 | 00:59:25 |
| 2588 | 1743 | Aneta | Buczowska | Poznań | Night Runners | 1977 | K35 | 88 | | 458 | 00:29:31 (2567) | 01:02:17 | 01:01:28 |
| 2589 | 479 | Piotr | Owczarzak | GNIEZNO | UKS GNIEZNO BIEGA | 1957 | M55 | 84 | 2131 | | 00:30:32 (2831) | 01:02:17 | 01:02:17 |
| 2590 | 718 | Izabela | Patyk | Swarzędz | | 1977 | K35 | 89 | | 459 | 00:31:21 (3001) | 01:02:17 | 01:02:17 |
| 2591 | 3997 | Krzysztof | Binkowski | Lubiń | | 1970 | M45 | 170 | 2132 | | 00:30:08 (2738) | 01:02:17 | 00:59:04 |
| 2592 | 3720 | Iza | Dryjańska | Poznań | | 1974 | K40 | 64 | | 460 | 00:28:35 (2310) | 01:02:19 | 01:00:51 |
| 2593 | 1358 | Paweł | Cichocki | Gortatowo | | 1971 | M45 | 171 | 2133 | | 00:28:04 (2169) | 01:02:20 | 01:00:07 |
| 2594 | 3002 | Magdalena | Włodarczak | Swarzędz | Kenijka :) | 1985 | K30 | 98 | | 461 | 00:28:51 (2375) | 01:02:20 | 01:00:14 |
| 2595 | 3601 | Sandra | Janecka | Gołańcz | | 1992 | K20 | 44 | | 462 | 00:27:41 (2038) | 01:02:21 | 01:01:06 |
| 2596 | 2010 | Norbert | Kubiak | POZNAŃ | ART-BENA TEAM | 1993 | M20 | 110 | 2134 | | 00:30:03 (2718) | 01:02:21 | 00:59:07 |
| 2597 | 783 | Joanna | Dybowska | Poznań | | 1981 | K35 | 90 | | 463 | 00:28:17 (2228) | 01:02:22 | 01:00:01 |
| 2598 | 1120 | Elżbieta | Grabowska | Złotów | | 1965 | K50 | 15 | | 464 | 00:28:27 (2272) | 01:02:23 | 00:59:52 |
| 2599 | 3563 | Beata | Rabcewicz | Leszno | KROSS EURO-ROWER.PL | 1979 | K35 | 91 | | 465 | 00:30:37 (2855) | 01:02:24 | 01:02:24 |
| 2600 | 3482 | Milena | Kalida | Poznań | | 1985 | K30 | 99 | | 466 | 00:29:18 (2505) | 01:02:25 | 01:00:10 |
| 2601 | 3380 | Bartosz | Litwiniuk | Swarzędz | | 1994 | M20 | 111 | 2135 | | 00:30:45 (2878) | 01:02:25 | 00:59:29 |
| 2602 | 2795 | Agnieszka | Kawa | Pniewy | PakaKawy | 1976 | K40 | 65 | | 467 | 00:30:42 (2869) | 01:02:25 | 01:02:25 |
| 2603 | 2630 | Agnieszka | Kowalska | Poznań | | 1987 | K25 | 100 | | 468 | 00:27:28 (1971) | 01:02:26 | 01:01:24 |
| 2604 | 376 | Małgorzata | Przybylska | Śrem | | 1963 | K50 | 16 | | 469 | 00:29:35 (2587) | 01:02:26 | 01:00:06 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------------|-----------------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2605 | 3245 | Łukasz | Bizan | Swarzędz | 2. Skrzydło Lotnictwa Taktycznego | 1979 | M35 | 444 | 2136 | | 00:31:00 (2929) | 01:02:27 | 01:02:27 |
| 2606 | 3680 | Małgorzata | Skowrońska - Bizan | Swarzędz | | 1974 | K40 | 66 | | 470 | 00:31:01 (2931) | 01:02:27 | 01:02:27 |
| 2607 | 3779 | Maciej | Pajdowski | Pięczkowo | | 1983 | M30 | 376 | 2137 | | 00:29:02 (2425) | 01:02:28 | 01:00:04 |
| 2608 | 3198 | Przemysław | Bosy | PNIEWY | | 1969 | M45 | 172 | 2138 | | 00:29:02 (2426) | 01:02:29 | 01:00:00 |
| 2609 | 568 | Anna | Ratajczyk | Zalasewo | Drużyna Szpiku | 1981 | K35 | 92 | | 471 | 00:29:37 (2599) | 01:02:29 | 01:00:02 |
| 2610 | 1388 | Piotr | Cal | Świebodzin | Seminarium Świebodzińskich Sztuk i Sportów Walki | 1969 | M45 | 173 | 2139 | | 00:29:24 (2539) | 01:02:29 | 01:00:04 |
| 2611 | 2794 | Robert | Kawa | Pniewy | PakaKawy | 1973 | M40 | 418 | 2140 | | 00:29:59 (2697) | 01:02:31 | 01:00:19 |
| 2612 | 2000 | Hubert | Wilczyński | Nowe Miasto n/Wartą | | 1983 | M30 | 377 | 2141 | | 00:28:34 (2301) | 01:02:31 | 01:00:44 |
| 2613 | 3160 | Adrianna | Ciesielska | Rokietnica | Rokietnica Biega | 1990 | K25 | 101 | | 472 | 00:29:58 (2695) | 01:02:31 | 01:00:23 |
| 2614 | 1570 | Hanna | Sypniewska | Janowiec Wielkopolski | RodzinaPL | 1974 | K40 | 67 | | 473 | 00:29:38 (2602) | 01:02:32 | 01:00:35 |
| 2615 | 3677 | Piotr | Kulczyński | Zalasewo | | 1969 | M45 | 174 | 2142 | | 00:29:43 (2626) | 01:02:35 | 00:59:32 |
| 2616 | 3628 | Ewelina | Szumska | Gortatowo | | 1996 | K20 | 45 | | 474 | 00:29:20 (2516) | 01:02:35 | 01:01:27 |
| 2617 | 576 | Anna | Kaczmarek | Zalasewo | Deszczowa Team | 1979 | K35 | 93 | | 475 | 00:29:21 (2525) | 01:02:36 | 01:00:01 |
| 2618 | 1427 | Maciej | Dziembowski | Swarzędz | LINEAFIT Doradztwo dietetyczne | 1984 | M30 | 378 | 2143 | | 00:29:34 (2580) | 01:02:37 | 01:00:30 |
| 2619 | 1430 | Monika | Dziembowska | Swarzędz | LINEAFIT Doradztwo dietetyczne | 1984 | K30 | 100 | | 476 | 00:29:34 (2581) | 01:02:37 | 01:00:30 |
| 2620 | 156 | Łukasz | Rozynek | Poznań | Biegajnia Poznań | 1985 | M30 | 379 | 2144 | | 00:29:10 (2468) | 01:02:39 | 01:00:29 |
| 2621 | 1941 | Adriana | Sobieraj | Kamionki | | 1988 | K25 | 102 | | 477 | 00:29:25 (2544) | 01:02:39 | 01:00:40 |
| 2622 | 3792 | Agnieszka | Przybyczak | Poznań | Poznań | 1970 | K45 | 32 | | 478 | 00:27:56 (2122) | 01:02:40 | 01:00:18 |
| 2623 | 1677 | Tomasz | Rostecki | Złotniki | | 1968 | M45 | 175 | 2145 | | 00:29:27 (2551) | 01:02:40 | 00:59:37 |
| 2624 | 734 | Katarzyna | Czaplewicz | Mosina | | 1976 | K40 | 68 | | 479 | 00:31:13 (2966) | 01:02:41 | 00:59:53 |
| 2625 | 1714 | Kinga | Chudzinska | Oborniki | | 1988 | K25 | 103 | | 480 | 00:30:34 (2844) | 01:02:42 | 01:01:32 |
| 2626 | 1338 | Jakub | Kaczmarek | Rumianek | | 1983 | M30 | 380 | 2146 | | 00:30:10 (2755) | 01:02:43 | 00:59:20 |
| 2627 | 3086 | Łukasz | Kasprzak | GNIEZNO | Night Runners Gniezno | 1977 | M35 | 445 | 2147 | | 00:29:56 (2682) | 01:02:43 | 01:00:14 |
| 2628 | 795 | Hanna | Łukaszewicz | Wolin | SZEŚCIOPAK | 1988 | K25 | 104 | | 481 | 00:27:41 (2039) | 01:02:44 | 00:59:59 |
| 2629 | 3154 | Łukasz | Lewicki | Gniezno | Prymus Healthy Team | 1989 | M25 | 303 | 2148 | | 00:27:57 (2128) | 01:02:45 | 01:00:30 |
| 2630 | 3372 | Marzena | Gaczyńska | Poznań | | 1973 | K40 | 69 | | 482 | 00:29:56 (2683) | 01:02:45 | 01:00:01 |
| 2631 | 3373 | Jakub | Gaczyński | POZNAŃ | | 1976 | M40 | 419 | 2149 | | 00:29:53 (2668) | 01:02:45 | 00:59:57 |
| 2632 | 2252 | Agnieszka | Szuleta-Kosicka | Jankowo | KB Maniac Poznań | 1970 | K45 | 33 | | 483 | 00:29:36 (2591) | 01:02:45 | 01:00:27 |
| 2633 | 2059 | Aneta | Marciniak - Henc | Poznań | Night Runners | 1974 | K40 | 70 | | 484 | 00:31:55 (3068) | 01:02:46 | 01:02:46 |
| 2634 | 609 | Patryk | Pieczyrski | Września | SPIN FORCE RUNNERS | 1978 | M35 | 446 | 2150 | | 00:29:04 (2437) | 01:02:47 | 01:01:04 |
| 2635 | 2008 | Lesław | Kasztelan | Rumianek | | 1983 | M30 | 381 | 2151 | | 00:28:34 (2302) | 01:02:47 | 00:59:24 |
| 2636 | 2999 | Sylvia | Janoś | Czerwonak | | 1974 | K40 | 71 | | 485 | 00:28:55 (2393) | 01:02:47 | 01:00:46 |
| 2637 | 583 | Radosław | Murias | Poznań | Pogromcy | 1986 | M30 | 382 | 2152 | | 00:29:18 (2506) | 01:02:48 | 01:00:10 |
| 2638 | 4027 | Artur | Kaleta | POZNAN | | 1964 | M50 | 109 | 2153 | | 00:28:45 (2354) | 01:02:48 | 01:02:29 |
| 2639 | 1564 | Michał | Sroka | Swarzędz | | 1981 | M35 | 447 | 2154 | | 00:29:03 (2432) | 01:02:49 | 01:00:40 |
| 2640 | 2797 | Maciej | Pieniowski | Poznań | Poznań | 1983 | M30 | 383 | 2155 | | 00:27:57 (2129) | 01:02:50 | 00:59:48 |
| 2641 | 3207 | Bartosz | Trawczyński | Poznań | | 1986 | M30 | 384 | 2156 | | 00:29:44 (2630) | 01:02:50 | 01:00:20 |
| 2642 | 3862 | Marcin | Friebe | Poznań | | 1978 | M35 | 448 | 2157 | | 00:29:46 (2639) | 01:02:50 | 01:00:21 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|----------------------|-------------------|--------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2643 | 210 | Marceli | Malinowski | Poznań | | 2000 | M16 | 45 | 2158 | | 00:28:01 (2151) | 01:02:52 | 01:00:18 |
| 2644 | 1077 | Dariusz | Przybylski | Swarzędz | | 1967 | M45 | 176 | 2159 | | 00:28:28 (2275) | 01:02:53 | 01:00:29 |
| 2645 | 3991 | Katarzyna | Jankowiak | Krzywiń | | 1993 | K20 | 46 | | 486 | 00:28:50 (2368) | 01:02:54 | 01:02:48 |
| 2646 | 1381 | Marta | Kotwas | Luboń | | 1991 | K25 | 105 | | 487 | 00:29:31 (2568) | 01:02:55 | 01:00:21 |
| 2647 | 3104 | Piotr | Hojka | Poznań | | 1978 | M35 | 449 | 2160 | | 00:30:46 (2882) | 01:02:56 | 01:02:56 |
| 2648 | 3008 | Iwona | Firlej | Międzychód | BMW Running Team | 1972 | K40 | 72 | | 488 | 00:29:46 (2640) | 01:02:57 | 01:01:29 |
| 2649 | 3382 | Michał | Bobrowski | Rogalinek | | 1993 | M20 | 112 | 2161 | | 00:29:19 (2510) | 01:02:57 | 01:00:19 |
| 2650 | 2838 | Kinga | Miedzińska | Poznań | | 1986 | K30 | 101 | | 489 | 00:29:10 (2469) | 01:02:57 | 01:02:57 |
| 2651 | 1244 | Krzysztof | Burkert | Poznań | | 1966 | M50 | 110 | 2162 | | 00:29:15 (2492) | 01:02:59 | 01:00:08 |
| 2652 | 3305 | Aneta | Jeneralczyk -Wleklej | Gniezno | Night Runners | 1977 | K35 | 94 | | 490 | 00:29:55 (2675) | 01:03:02 | 01:00:32 |
| 2653 | 908 | Arkadiusz | Kiereś | Dąbrówka | | 1975 | M40 | 420 | 2163 | | 00:29:22 (2529) | 01:03:02 | 01:00:38 |
| 2654 | 2004 | Alina | Matuszak-Flejszman | Siekierki Wielkie | | 1972 | K40 | 73 | | 491 | 00:28:37 (2325) | 01:03:03 | 00:59:52 |
| 2655 | 694 | Magdalena | Nawrocka | Swarzędz | | 1985 | K30 | 102 | | 492 | 00:29:38 (2603) | 01:03:05 | 01:00:46 |
| 2656 | 701 | Agnieszka | Bukowska | Poznań | Pogromcy | 1986 | K30 | 103 | | 493 | 00:29:18 (2507) | 01:03:06 | 01:00:28 |
| 2657 | 810 | Karol | Matecki | Swarzędz | BOLS Swarzędz | 1991 | M25 | 304 | 2164 | | 00:30:01 (2702) | 01:03:08 | 01:00:34 |
| 2658 | 891 | Wojciech | Tujdowski | swarzedz | nie | 1981 | M35 | 450 | 2165 | | 00:30:08 (2739) | 01:03:10 | 01:00:13 |
| 2659 | 269 | Arleta | Redlich | Nowy Tomyśl | | 1985 | K30 | 104 | | 494 | 00:31:22 (3008) | 01:03:15 | 01:03:15 |
| 2660 | 1155 | Magda | Golińska | Kórnik | | 1989 | K25 | 106 | | 495 | 00:28:58 (2410) | 01:03:15 | 01:00:40 |
| 2661 | 1125 | Ewa | Mazurkiewicz | Wrocław | | 1979 | K35 | 95 | | 496 | 00:29:00 (2422) | 01:03:16 | 01:00:42 |
| 2662 | 3013 | Michał | Górzny | Czerwonak | | 1991 | M25 | 305 | 2166 | | 00:27:50 (2081) | 01:03:16 | 01:00:07 |
| 2663 | 270 | Adam | Redlich | Nowy Tomyśl | | 1981 | M35 | 451 | 2167 | | 00:31:21 (3002) | 01:03:16 | 01:03:16 |
| 2664 | 3665 | Leszek | Repeć | Śrem | | 1974 | M40 | 421 | 2167 | | 00:29:43 (2627) | 01:03:16 | 01:00:53 |
| 2665 | 1911 | Michał | Kowalewicz | Poznań | RzeżuchaTEAM | 1989 | M25 | 306 | 2169 | | 00:29:49 (2652) | 01:03:17 | 01:01:26 |
| 2666 | 1878 | Piotr | Banaś | Koziegłowy | | 1992 | M20 | 113 | 2170 | | 00:30:54 (2906) | 01:03:17 | 01:00:29 |
| 2667 | 327 | Tomasz | Wiśniewski | Paczkowo | | 1973 | M40 | 422 | 2171 | | 00:30:55 (2912) | 01:03:18 | 01:03:18 |
| 2668 | 1567 | Jadwiga | Maćkowska | Poznań | | 1958 | K55 | 3 | | 497 | 00:29:48 (2647) | 01:03:18 | 01:00:48 |
| 2669 | 824 | Jacek | Cichy | Nowy Tomyśl | | 1983 | M30 | 385 | 2172 | | 00:28:13 (2216) | 01:03:19 | 01:03:19 |
| 2670 | 3682 | Inez | Ledzion | Swarzędz | | 1998 | K16 | 14 | | 498 | 00:32:14 (3104) | 01:03:19 | 01:03:19 |
| 2671 | 953 | Rafał | Ostrowski | Suchy Las | SGS Poland Team | 1981 | M35 | 452 | 2173 | | 00:28:08 (2190) | 01:03:19 | 01:01:45 |
| 2672 | 1910 | Renata | Kowalewicz | Poznań | | 1986 | K30 | 105 | | 499 | 00:29:50 (2658) | 01:03:20 | 01:01:28 |
| 2673 | 2546 | Bartosz | Wiercioch | Poznań | | 1978 | M35 | 453 | 2174 | | 00:30:07 (2732) | 01:03:20 | 01:00:24 |
| 2674 | 4052 | Katarzyna | Janke | Poznań | | 1986 | K30 | 106 | | 500 | 00:30:19 (2792) | 01:03:20 | 01:03:20 |
| 2675 | 2304 | Joanna | Obarzanek | Rogoźno | | 1993 | K20 | 47 | | 501 | 00:30:35 (2850) | 01:03:21 | 01:00:29 |
| 2676 | 303 | Eryk | Skąpski | Słupca | | 1980 | M35 | 454 | 2175 | | 00:29:49 (2653) | 01:03:23 | 01:00:53 |
| 2677 | 3935 | Monika | Pawelczyk-Miedziarek | Poznań | Naramowice Biegają | 1978 | K35 | 96 | | 502 | 00:29:49 (2654) | 01:03:24 | 01:01:09 |
| 2678 | 2336 | Jarosław | Męciński | Przyborów | | 1976 | M40 | 423 | 2176 | | 00:28:47 (2363) | 01:03:25 | 01:01:50 |
| 2679 | 2487 | Rafał | Glabus | Opalenica | | 1987 | M25 | 307 | 2177 | | 00:30:13 (2766) | 01:03:25 | 01:00:40 |
| 2680 | 1273 | Bartosz | Dubas | Poznań | | 1987 | M25 | 308 | 2178 | | 00:30:13 (2767) | 01:03:26 | 01:00:40 |
| 2681 | 28 | Jacek | Wojciechowski | Poznań | UTAL | 1948 | M65 | 25 | 2179 | | 00:30:32 (2832) | 01:03:27 | 01:03:27 |

V Bieg 10km Szpot Swarzędz

Organizator: Szpot Sp. z o.o. i Ewa Szpot Sp. z o.o.

Dystans: 10km

Swarzędz, 2016-05-08



Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------------|---------------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2682 | 3902 | Paulina | Zech | Poznań | FRASTAŚ POZNAŃ | 1985 | K30 | 107 | | 503 | 00:29:44 (2631) | 01:03:27 | 01:00:55 |
| 2683 | 3707 | Beniamin | Matruk | Poznań | Szysz | 1983 | M30 | 386 | 2180 | | 00:30:07 (2733) | 01:03:29 | 01:00:21 |
| 2684 | 2945 | Anna | Romejko - Borkowska | Czerwonak | Czerwonak Biega/kobietybiegają.pl | 1976 | K40 | 74 | | 504 | 00:31:18 (2986) | 01:03:31 | 01:03:31 |
| 2685 | 2947 | Marek | Borkowski | Czerwonak | Czerwonak Biega | 1977 | M35 | 455 | 2181 | | 00:31:20 (2997) | 01:03:31 | 01:03:31 |
| 2686 | 490 | Joanna | Weinert- Dudzińska | Borowo Młyn | | 1959 | K55 | 4 | | 505 | 00:29:15 (2493) | 01:03:31 | 01:00:38 |
| 2687 | 2731 | Paulina | Wolska | Biskupice | | 1981 | K35 | 97 | | 506 | 00:30:32 (2833) | 01:03:31 | 01:01:58 |
| 2688 | 963 | Natalia | Kurzawa | Swarzędz | | 1984 | K30 | 108 | | 507 | 00:30:34 (2845) | 01:03:33 | 01:01:11 |
| 2689 | 1018 | Marta | Bogusz | Poznań | | 1976 | K40 | 75 | | 508 | 00:31:00 (2930) | 01:03:34 | 01:03:34 |
| 2690 | 3778 | Marek | Zawadzki | Licheń | | 1976 | M40 | 424 | 2182 | | 00:31:14 (2968) | 01:03:37 | 01:03:37 |
| 2691 | 938 | Donata | Lizik-Zawadzka | Licheń | | 1977 | K35 | 98 | | 509 | 00:31:14 (2969) | 01:03:37 | 01:03:37 |
| 2692 | 1333 | Grzegorz | Barczykowski | Poznań | | 1975 | M40 | 425 | 2183 | | 00:30:02 (2709) | 01:03:38 | 01:00:57 |
| 2693 | 394 | Kasia | Wojciechowska | Swarzędz | Wydział Maszyn Roboczych i Transportu Politechnika Poznańska | 1980 | K35 | 99 | | 510 | 00:29:15 (2494) | 01:03:38 | 01:01:56 |
| 2694 | 3007 | Dagmara | Wiśniewska | Międzychód | BMW Running Team | 1977 | K35 | 100 | | 511 | 00:30:30 (2826) | 01:03:38 | 01:02:10 |
| 2695 | 1971 | Maciej | Głowiński | Puszczkowo | Puszczkowo | 1959 | M55 | 85 | 2184 | | 00:30:25 (2807) | 01:03:39 | 01:03:39 |
| 2696 | 3260 | Maciej | Stawiak | Poznań | Dzikie Dziki | 1988 | M25 | 309 | 2185 | | 00:27:51 (2087) | 01:03:39 | 01:00:37 |
| 2697 | 2924 | Marcin | Wesołek | Luboń | Kibole w biegu | 1992 | M20 | 114 | 2186 | | 00:29:17 (2500) | 01:03:40 | 01:01:00 |
| 2698 | 3477 | Piotr | Lubryczyński | Górzynkowo | Snails Górzynkowo | 1976 | M40 | 426 | 2187 | | 00:29:56 (2684) | 01:03:41 | 01:01:31 |
| 2699 | 2911 | Agnieszka | Solecka | SWARZĘDZ | | 1982 | K30 | 109 | | 512 | 00:29:35 (2588) | 01:03:41 | 01:01:11 |
| 2700 | 885 | Wioleta | Ścigocka | Poznań | | 1986 | K30 | 110 | | 513 | 00:29:55 (2676) | 01:03:41 | 01:00:45 |
| 2701 | 3478 | Natalia | Soroczyńska | Zielona Góra | Snails Górzynkowo | 1983 | K30 | 111 | | 514 | 00:30:16 (2781) | 01:03:41 | 01:01:31 |
| 2702 | 1445 | Beata | Krawczyk | Malanow | KB Maraton Turek | 1975 | K40 | 76 | | 515 | 00:29:59 (2698) | 01:03:43 | 01:02:22 |
| 2703 | 3833 | Małgorzata | Zawodna | Rogalin | | 1979 | K35 | 101 | | 516 | 00:29:04 (2438) | 01:03:45 | 01:00:55 |
| 2704 | 3963 | Artur | Frątczak | Fałkowo | | 1978 | M35 | 456 | 2188 | | 00:29:22 (2530) | 01:03:45 | 01:01:07 |
| 2705 | 1885 | Paweł | Jarmuszkiewicz | Poznań | | 1982 | M30 | 387 | 2189 | | 00:28:55 (2394) | 01:03:46 | 01:01:06 |
| 2706 | 402 | Przemysław | Karasiewicz | Poznań | Night Runners | 1970 | M45 | 177 | 2190 | | 00:29:25 (2545) | 01:03:46 | 01:01:02 |
| 2707 | 1888 | Tomasz | Hadyniak | Poznań | | 1990 | M25 | 310 | 2191 | | 00:30:02 (2710) | 01:03:47 | 01:01:39 |
| 2708 | 1736 | Ronald | Galusik | Siekiery Wielkie | | 1985 | M30 | 388 | 2192 | | 00:30:16 (2782) | 01:03:47 | 01:00:53 |
| 2709 | 528 | Katrzyna | Misterska | Przeźmierowo | Kobiety biegają | 1974 | K40 | 77 | | 517 | 00:29:51 (2659) | 01:03:47 | 01:01:46 |
| 2710 | 2775 | Marcin | Gaudyn | Warszawa | Bozony Higgsa | 1984 | M30 | 389 | 2193 | | 00:29:33 (2574) | 01:03:47 | 01:01:00 |
| 2711 | 2776 | Sylwia | Urban | Ostrów Wielkopolski | | 1984 | K30 | 112 | | 518 | 00:29:33 (2575) | 01:03:47 | 01:01:00 |
| 2712 | 2084 | Małgorzata | Swornowska | Poznań | | 1962 | K50 | 17 | | 519 | 00:29:38 (2604) | 01:03:48 | 01:02:15 |
| 2713 | 1697 | Mikołaj | Rżany | Pobiedziska | | 1983 | M30 | 390 | 2194 | | 00:28:07 (2185) | 01:03:48 | 01:02:11 |
| 2714 | 1042 | Robert | Wąlkowiak | Swarzędz | | 1973 | M40 | 427 | 2195 | | 00:32:25 (3120) | 01:03:48 | 01:03:48 |
| 2715 | 1043 | Marta | Wąlkowiak | Swarzędz | | 1998 | K16 | 15 | | 520 | 00:30:33 (2841) | 01:03:48 | 01:01:56 |
| 2716 | 864 | Wojciech | Kurosiński | Czmoń | | 1983 | M30 | 391 | 2196 | | 00:31:20 (2998) | 01:03:48 | 01:01:03 |
| 2717 | 626 | Justyna | Wiśniewska | Dąbrowa | | 1972 | K40 | 78 | | 521 | 00:30:08 (2740) | 01:03:49 | 01:02:10 |
| 2718 | 1689 | Zuzanna | Olszewska | Swarzędz | | 1993 | K20 | 48 | | 522 | 00:30:06 (2729) | 01:03:49 | 01:01:11 |
| 2719 | 1261 | Konrad | Grabowski | Komorowo | | 1987 | M25 | 311 | 2197 | | 00:30:22 (2802) | 01:03:49 | 01:01:38 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|-------------------|----------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2720 | 198 | Magdalena | Bartkowiak | Czapury | Kobiety biegają | 1984 | K30 | 113 | | 523 | 00:29:13 (2483) | 01:03:50 | 01:01:26 |
| 2721 | 3953 | Radosław | Przybylski | Swarzedz | OPTYK PRZYBYLSKY RODENSTOCK TEAM | 1973 | M40 | 428 | 2198 | | 00:28:59 (2415) | 01:03:50 | 01:02:18 |
| 2722 | 3579 | Mateusz | Waraczewski | Koziegłowy | | 1983 | M30 | 392 | 2199 | | 00:30:57 (2920) | 01:03:52 | 01:01:23 |
| 2723 | 1409 | Sylwia | Matusiewicz | GRUSZCZYN | DRUŻYNA Z GRUSZCZYNA | 1973 | K40 | 79 | | 524 | 00:29:56 (2685) | 01:03:52 | 01:01:44 |
| 2724 | 1856 | Agnieszka | Maciaszczyk | Gdańsk | | 1989 | K25 | 107 | | 525 | 00:30:09 (2747) | 01:03:54 | 01:03:54 |
| 2725 | 587 | Jarosław | Wojciechowski | Swarzędz | | 1969 | M45 | 178 | 2200 | | 00:28:40 (2338) | 01:03:56 | 01:01:27 |
| 2726 | 3751 | Joanna | Hałaszyn | Poznań | | 1991 | K25 | 108 | | 526 | 00:28:37 (2326) | 01:03:56 | 01:02:06 |
| 2727 | 2317 | Anna | Szpurek | Buk | Bukowski Klub Biegacza | 1981 | K35 | 102 | | 527 | 00:31:21 (3003) | 01:03:56 | 01:03:56 |
| 2728 | 3471 | Maciej | Budzyński | Cielimowo | | 1983 | M30 | 393 | 2201 | | 00:28:57 (2407) | 01:03:58 | 01:02:19 |
| 2729 | 3273 | Ewa | Eicke | Zagórow | | 1988 | K25 | 109 | | 528 | 00:30:57 (2921) | 01:03:59 | 01:01:12 |
| 2730 | 3279 | Robert | Radowicz | Poznań | | 1964 | M50 | 111 | 2202 | | 00:30:17 (2788) | 01:03:59 | 01:01:35 |
| 2731 | 3176 | Sławek | Rachela | Gniezno | Velux Gniezno | 1976 | M40 | 429 | 2203 | | 00:30:27 (2817) | 01:04:00 | 01:01:47 |
| 2732 | 2869 | Andrzej | Skubiszak | Poznań | BRODEX TEAM SWARZĘDZ | 1966 | M50 | 112 | 2204 | | 00:29:46 (2641) | 01:04:01 | 01:01:54 |
| 2733 | 3511 | Krzysztof | Lehmann | Rataje | | 1978 | M35 | 457 | 2205 | | 00:29:46 (2642) | 01:04:01 | 01:01:45 |
| 2734 | 3434 | Katarzyna | Jabłońska | Poznan | ZM Technika | 1974 | K40 | 80 | | 529 | 00:30:19 (2793) | 01:04:02 | 01:02:10 |
| 2735 | 562 | Paweł | Janiak | Turek | KB Maraton Turek | 1983 | M30 | 394 | 2206 | | 00:29:21 (2526) | 01:04:03 | 01:04:03 |
| 2736 | 3435 | Agnieszka | Trębicka | Poznan | ZM Technika | 1977 | K35 | 103 | | 530 | 00:30:20 (2795) | 01:04:04 | 01:02:12 |
| 2737 | 296 | Agnieszka | Figaj-Grajek | Kobylnica | | 1974 | K40 | 81 | | 531 | 00:31:25 (3013) | 01:04:05 | 01:04:05 |
| 2738 | 2897 | Marta | Chmura | Czerniejewo | | 1981 | K35 | 104 | | 532 | 00:29:35 (2589) | 01:04:05 | 01:04:05 |
| 2739 | 890 | Monika | Brzezinska | swarzedz | nie | 1990 | K25 | 110 | | 533 | 00:30:44 (2875) | 01:04:06 | 01:01:09 |
| 2740 | 2946 | Robert | Dziamski | POZNAŃ | | 1970 | M45 | 179 | 2207 | | 00:28:09 (2195) | 01:04:06 | 01:01:47 |
| 2741 | 1979 | Tomasz | Górski | Września | CASTORAMA SWARZĘDZ - One Team | 1977 | M35 | 458 | 2208 | | 00:29:24 (2540) | 01:04:07 | 01:01:18 |
| 2742 | 3859 | Anita | Kraska | Miłosław | | 1976 | K40 | 82 | | 534 | 00:31:21 (3004) | 01:04:07 | 01:04:07 |
| 2743 | 406 | Paweł | Jagodziński | Swarzedz | | 1989 | M25 | 312 | 2209 | | 00:30:12 (2761) | 01:04:08 | 01:01:25 |
| 2744 | 3399 | Monika | Graczyk | Września | HURAGAN NADARZYCE | 1979 | K35 | 105 | | 535 | 00:30:05 (2726) | 01:04:08 | 01:02:37 |
| 2745 | 1389 | Bartłomiej | Frydrych | Janowiec Wilk. | RodzinaPL | 1984 | M30 | 395 | 2210 | | 00:30:03 (2719) | 01:04:08 | 01:01:12 |
| 2746 | 464 | Kasia | Malicka | Luboń | | 1982 | K30 | 114 | | 536 | 00:30:47 (2886) | 01:04:09 | 01:04:09 |
| 2747 | 3616 | Ola | Borecka | Poznań | | 1978 | K35 | 106 | | 537 | 00:30:01 (2703) | 01:04:10 | 01:01:26 |
| 2748 | 3615 | Jarosław | Szymczak | Poznań | | 1968 | M45 | 180 | 2211 | | 00:30:02 (2711) | 01:04:11 | 01:01:27 |
| 2749 | 3711 | Halina | Kolda | Chodzież | | 1962 | K50 | 18 | | 538 | 00:28:41 (2343) | 01:04:11 | 01:02:04 |
| 2750 | 3748 | Magdalena | Marszałkowska | Piotrowice | KMP KONIN | 1978 | K35 | 107 | | 539 | 00:31:10 (2950) | 01:04:12 | 01:04:12 |
| 2751 | 2927 | Katarzyna | Grajczak | Gniezno | | 1988 | K25 | 111 | | 540 | 00:31:52 (3062) | 01:04:14 | 01:04:14 |
| 2752 | 3503 | Hubert | Golak | Poznan | Dla MalgosiaK | 1972 | M40 | 430 | 2212 | | 00:29:55 (2677) | 01:04:15 | 01:01:08 |
| 2753 | 1313 | Grzegorz | Tomczak | poznan | | 1985 | M30 | 396 | 2213 | | 00:32:45 (3161) | 01:04:15 | 01:04:15 |
| 2754 | 2814 | Paulina | Springer | Kaźmierz | | 1982 | K30 | 115 | | 541 | 00:29:28 (2554) | 01:04:17 | 01:01:43 |
| 2755 | 2826 | Asia | Michalska | Swarzędz | KociceTEAM | 2000 | K16 | 16 | | 542 | 00:30:52 (2900) | 01:04:17 | 01:01:17 |
| 2756 | 3493 | Wiesław | Pieprzyk | Poznań | | 1954 | M60 | 47 | 2214 | | 00:31:03 (2934) | 01:04:17 | 01:04:17 |
| 2757 | 3670 | Dariusz | Maciejewski | Poznań | Snowdog Runners | 1991 | M25 | 313 | 2215 | | 00:30:41 (2866) | 01:04:17 | 01:01:11 |
| 2758 | 3919 | Agata | Roguszczyk | Siekierki Wielkie | | 1978 | K35 | 108 | | 543 | 00:31:35 (3039) | 01:04:17 | 01:04:17 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-------------------|-----------------|----------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2759 | 1276 | Aldona | Bokun | Września | | 1985 | K30 | 116 | | 544 | 00:29:56 (2686) | 01:04:18 | 01:04:11 |
| 2760 | 2441 | Barłomiej | Stępczak | Poznan | | 1988 | M25 | 314 | 2216 | | 00:29:12 (2478) | 01:04:18 | 01:02:03 |
| 2761 | 2834 | Monika | Szymczak | Poznań | PnB | 1984 | K30 | 117 | | 545 | 00:29:55 (2678) | 01:04:18 | 01:02:31 |
| 2762 | 2357 | Mikołaj | Łukaszewicz | Poznań | | 1985 | M30 | 397 | 2217 | | 00:30:54 (2907) | 01:04:19 | 01:01:08 |
| 2763 | 2902 | Aurelia | Chlebowska | Swarzedz | | 1976 | K40 | 83 | | 546 | 00:29:09 (2467) | 01:04:19 | 01:03:11 |
| 2764 | 993 | Hanna | Harasimowicz | Zalasewo | | 1980 | K35 | 109 | | 547 | 00:29:36 (2592) | 01:04:20 | 01:01:43 |
| 2765 | 103 | Marcin | Koszela | Zalasewo | | 1973 | M40 | 431 | 2218 | | 00:30:18 (2790) | 01:04:20 | 01:01:53 |
| 2766 | 2116 | Bogdan | Szamkuć | Wągrowiec | | 1950 | M65 | 26 | 2219 | | 00:29:06 (2452) | 01:04:21 | 01:03:35 |
| 2767 | 665 | Dorota | Rekowska-Klamerek | Jasin | | 1984 | K30 | 118 | | 548 | 00:29:53 (2669) | 01:04:22 | 01:01:45 |
| 2768 | 707 | Marcin | Brandt | Września | | 1981 | M35 | 459 | 2220 | | 00:30:15 (2778) | 01:04:23 | 01:02:19 |
| 2769 | 3028 | Piotr | Nowak | Czapury | | 1994 | M20 | 115 | 2221 | | 00:28:53 (2383) | 01:04:24 | 01:02:12 |
| 2770 | 530 | Anna | Siódmak | Swarzędz | | 1987 | K25 | 112 | | 549 | 00:29:20 (2517) | 01:04:25 | 01:01:50 |
| 2771 | 1138 | Szymon | Słowiński | Swarzędz | Nautilus | 1971 | M45 | 181 | 2222 | | 00:29:44 (2632) | 01:04:26 | 01:03:22 |
| 2772 | 3521 | Sławomir | Gołbiowski | Śrem | OSP ŚREM | 1987 | M25 | 315 | 2223 | | 00:29:06 (2453) | 01:04:31 | 01:02:30 |
| 2773 | 18 | Marcin | Jankowski | Zalasewo | | 1976 | M40 | 432 | 2224 | | 00:31:18 (2987) | 01:04:32 | 01:04:32 |
| 2774 | 1928 | Małgorzata | Żychlińska | Grodzisk Wilkp. | | 1965 | K50 | 19 | | 550 | 00:29:25 (2546) | 01:04:32 | 01:02:06 |
| 2775 | 3890 | Monika | Bednarska | Poznań | Night Runners | 1982 | K30 | 119 | | 551 | 00:30:39 (2862) | 01:04:33 | 01:04:33 |
| 2776 | 3145 | Edyta | Kuczek | Poznań | | 1979 | K35 | 110 | | 552 | 00:30:09 (2748) | 01:04:35 | 01:02:03 |
| 2777 | 2770 | Seweryn | Krenski | Piła | | 1977 | M35 | 460 | 2225 | | 00:28:31 (2288) | 01:04:36 | 01:02:48 |
| 2778 | 2604 | Natalia | Burzik | Kamionki | | 1994 | K20 | 49 | | 553 | 00:28:53 (2384) | 01:04:37 | 01:02:25 |
| 2779 | 2322 | Małgorzata | Piniarska | Gniezno | Lady Cat Gniezno | 1981 | K35 | 111 | | 554 | 00:30:38 (2858) | 01:04:38 | 01:02:33 |
| 2780 | 2379 | Ania | Andrzejczak | Gniezno | LadyCat | 1978 | K35 | 112 | | 555 | 00:30:38 (2859) | 01:04:39 | 01:02:34 |
| 2781 | 375 | Piotr | Przyborski | Poznań | gRUNwald Team Poznań | 1976 | M40 | 433 | 2226 | | 00:29:34 (2582) | 01:04:39 | 01:02:03 |
| 2782 | 433 | Grzegorz | Kruszewicki | Swarzędz | | 1987 | M25 | 316 | 2227 | | 00:32:37 (3149) | 01:04:39 | 01:04:39 |
| 2783 | 1196 | Wiktor | Kurkiewicz | Plewiska | | 2000 | M16 | 46 | 2228 | | 00:30:45 (2879) | 01:04:40 | 01:01:40 |
| 2784 | 1902 | Bartosz | Biały | Lednogóra | KB Maniac Poznań | 1978 | M35 | 461 | 2229 | | 00:29:10 (2470) | 01:04:40 | 01:01:37 |
| 2785 | 3522 | Marta | Krokowska | Luboń | | 1986 | K30 | 120 | | 556 | 00:31:06 (2937) | 01:04:41 | 01:01:58 |
| 2786 | 3491 | Maciej | Nogalski | Kowanówko | | 1987 | M25 | 317 | 2230 | | 00:28:01 (2152) | 01:04:41 | 01:02:23 |
| 2787 | 648 | Aneta | Tokarz | Gorzkie Pole | Gorzkie Pole | 1989 | K25 | 113 | | 557 | 00:30:02 (2712) | 01:04:43 | 01:01:52 |
| 2788 | 898 | Waldemar | Dębowski | Szamotuły | KB Szamotuły | 1984 | M30 | 398 | 2231 | | 00:29:17 (2501) | 01:04:43 | 01:02:21 |
| 2789 | 3143 | Klaudiusz | Burzyński | Poznań | | 1983 | M30 | 399 | 2232 | | 00:30:44 (2876) | 01:04:43 | 01:02:00 |
| 2790 | 1195 | Radosław | Kurkiewicz | Plewiska | | 1969 | M45 | 182 | 2233 | | 00:30:45 (2880) | 01:04:45 | 01:01:45 |
| 2791 | 2730 | Waldemar | Wajnor | Poznań | | 1959 | M55 | 86 | 2234 | | 00:31:12 (2962) | 01:04:45 | 01:02:15 |
| 2792 | 315 | Tomasz | Kluza | Mogilno | Night Runners | 1982 | M30 | 400 | 2235 | | 00:28:36 (2320) | 01:04:45 | 01:02:16 |
| 2793 | 170 | Tomasz | Woźniak | Poznań | | 1957 | M55 | 87 | 2236 | | 00:31:11 (2958) | 01:04:46 | 01:02:16 |
| 2794 | 3508 | Natalia | Żbik | Poznań | Smart Therapy | 1991 | K25 | 114 | | 558 | 00:30:29 (2824) | 01:04:47 | 01:03:08 |
| 2795 | 3506 | Bartosz | Żbik | Poznań | Smart Therapy | 1988 | M25 | 318 | 2237 | | 00:30:28 (2821) | 01:04:48 | 01:03:08 |
| 2796 | 1491 | Krzysztof | Suss | Luboń | | 1979 | M35 | 462 | 2238 | | 00:29:33 (2576) | 01:04:48 | 01:02:22 |
| 2797 | 2777 | Marta | Szczerbal | Kościan | KOŚCIAN TEAM | 1991 | K25 | 115 | | 559 | 00:30:46 (2883) | 01:04:49 | 01:02:18 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-----------------------|-------------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2798 | 825 | Joanna | Książkiewicz | Tulce | CYBINA TEAM | 1994 | K20 | 50 | | 560 | 00:30:32 (2834) | 01:04:49 | 01:02:42 |
| 2799 | 389 | Małgorzata | Kubiak | Swarzędz | | 1978 | K35 | 113 | | 561 | 00:29:56 (2687) | 01:04:49 | 01:01:43 |
| 2800 | 3518 | Natalia | Gruszka | Poznań | Night Runners | 1986 | K30 | 121 | | 562 | 00:32:00 (3077) | 01:04:49 | 01:04:49 |
| 2801 | 3281 | Mikołaj | Junikowski | Swarzędz | B.O.L.S Swarzędz | 1991 | M25 | 319 | 2239 | | 00:30:02 (2713) | 01:04:51 | 01:02:17 |
| 2802 | 557 | Anna | Niedziela | Siekierki Wielkie | | 1977 | K35 | 114 | | 563 | 00:30:42 (2870) | 01:04:51 | 01:02:30 |
| 2803 | 620 | Jarosław | Żabko | Poznań | Drużyna Szpiku | 1966 | M50 | 113 | 2240 | | 00:32:28 (3125) | 01:04:51 | 01:04:51 |
| 2804 | 2035 | Anna | Kozanecka | Jankowo Dolne | | 1976 | K40 | 84 | | 564 | 00:30:27 (2818) | 01:04:51 | 01:02:38 |
| 2805 | 288 | Ewa | Łaganowska | SWARZĘDZ | | 1969 | K45 | 34 | | 565 | 00:29:31 (2569) | 01:04:55 | 01:01:50 |
| 2806 | 2707 | Bogumiła | Felczak | Koziegłowy | | 1963 | K50 | 20 | | 566 | 00:29:11 (2475) | 01:04:56 | 01:02:18 |
| 2807 | 3951 | Marcin | Niżnik | Poznań | | 1989 | M25 | 320 | 2241 | | 00:30:53 (2903) | 01:04:57 | 01:04:57 |
| 2808 | 3043 | Zofia | Zapłata | Poznań | | 1979 | K35 | 115 | | 567 | 00:30:01 (2704) | 01:04:57 | 01:02:52 |
| 2809 | 1094 | Weronika | Krutczenko | Poznań | Coco jambo i do przodu | 1992 | K20 | 51 | | 568 | 00:30:57 (2922) | 01:04:57 | 01:02:21 |
| 2810 | 3701 | Bartek | Konieczny | Gaj Wielki | | 1984 | M30 | 401 | 2242 | | 00:32:52 (3171) | 01:04:59 | 01:04:59 |
| 2811 | 1483 | Dariusz | Ronka | Poznań | | 1969 | M45 | 183 | 2243 | | 00:29:53 (2670) | 01:04:59 | 01:02:28 |
| 2812 | 455 | Marcin | Woźniak | Luboń | | 1987 | M25 | 321 | 2244 | | 00:30:16 (2783) | 01:05:00 | 01:02:10 |
| 2813 | 3489 | Barbara | Szymkowiak-Piaskowska | Poznań | | 1981 | K35 | 116 | | 569 | 00:30:37 (2856) | 01:05:01 | 01:02:19 |
| 2814 | 3365 | Wojciech | Mazurkiewicz | Poznań | | 1984 | M30 | 402 | 2245 | | 00:29:34 (2583) | 01:05:01 | 01:02:38 |
| 2815 | 1699 | Krzysiek | Golik | Gowarzewo | | 1977 | M35 | 463 | 2246 | | 00:31:15 (2973) | 01:05:01 | 01:02:08 |
| 2816 | 913 | Marcin | Mazurkiewicz | Poznań | | 1975 | M40 | 434 | 2247 | | 00:29:41 (2616) | 01:05:01 | 01:02:11 |
| 2817 | 1950 | Joanna | Dłutkowska | Rogowo | ZADYSZKA | 1976 | K40 | 85 | | 570 | 00:28:55 (2395) | 01:05:01 | 01:03:15 |
| 2818 | 1582 | Jarosław | Dłutkowski | Rogowo | ZADYSZKA | 1973 | M40 | 435 | 2248 | | 00:28:55 (2396) | 01:05:02 | 01:03:16 |
| 2819 | 2830 | Mirosław | Czekała | Swarzędz | | 1966 | M50 | 114 | 2249 | | 00:29:53 (2671) | 01:05:05 | 01:02:03 |
| 2820 | 3635 | Krzysztof | Płóciennik | Poznań | Fyrtel Północ | 1982 | M30 | 403 | 2250 | | 00:29:51 (2660) | 01:05:06 | 01:02:49 |
| 2821 | 2791 | Julita | Matuszczak | Glinka Duchowna | | 1978 | K35 | 117 | | 571 | 00:31:32 (3029) | 01:05:07 | 01:05:07 |
| 2822 | 299 | Roman | Gołębiwski | KICIN | | 1969 | M45 | 184 | 2251 | | 00:29:06 (2454) | 01:05:09 | 01:02:41 |
| 2823 | 1968 | Jerzy | Kras | Poznań | AKCJA ZDROWA AKTYWACJA | 1981 | M35 | 464 | 2252 | | 00:30:29 (2825) | 01:05:09 | 01:02:33 |
| 2824 | 2102 | Dorota | Łabęda | Zalasewo | | 1984 | K30 | 122 | | 572 | 00:29:29 (2558) | 01:05:09 | 01:02:47 |
| 2825 | 297 | Dominika | Gołębiwska | Kicin | | 1995 | K20 | 52 | | 573 | 00:29:05 (2447) | 01:05:09 | 01:02:41 |
| 2826 | 3319 | Krzysztof | Szczepański | Nekla | | 1961 | M55 | 88 | 2253 | | 00:32:58 (3180) | 01:05:09 | 01:05:09 |
| 2827 | 1967 | Michał | Rychłowski | Poznań | U Leniwej Danuty | 1973 | M40 | 436 | 2254 | | 00:30:28 (2822) | 01:05:11 | 01:02:35 |
| 2828 | 2259 | Krzysztof | Ludzkowski | Murowana Goślina | KB Katorznik Murowana Goślina | 1991 | M25 | 322 | 2255 | | 00:33:17 (3211) | 01:05:12 | 01:02:00 |
| 2829 | 444 | Michał | Maciejewski | poznań | Drużyna Szpiku | 1977 | M35 | 465 | 2256 | | 00:33:16 (3208) | 01:05:12 | 01:02:00 |
| 2830 | 1474 | Kamil | Kasprzak | Zalasewo | | 1986 | M30 | 404 | 2257 | | 00:30:02 (2714) | 01:05:15 | 01:02:26 |
| 2831 | 3943 | Karol | Maciejewski | Siekierki Wielkie | | 1981 | M35 | 466 | 2258 | | 00:31:37 (3045) | 01:05:16 | 01:02:19 |
| 2832 | 956 | Aleksandra | Rusin | Zalasewo | | 1979 | K35 | 118 | | 574 | 00:34:36 (3322) | 01:05:16 | 01:02:37 |
| 2833 | 2951 | Aleksandra | Kaźmierczak | Nekla | | 1983 | K30 | 123 | | 575 | 00:29:43 (2628) | 01:05:18 | 01:02:16 |
| 2834 | 413 | Tomasz | Głowacki | Poznan | Myszaki | 1983 | M30 | 405 | 2259 | | 00:30:09 (2749) | 01:05:19 | 01:03:02 |
| 2835 | 411 | Anna | Garbacka | Poznan | Myszaki | 1986 | K30 | 124 | | 576 | 00:30:09 (2750) | 01:05:19 | 01:03:02 |
| 2836 | 3850 | Maciej | Krakowian | Poznan | | 1990 | M25 | 323 | 2260 | | 00:29:32 (2571) | 01:05:19 | 01:03:18 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|----------------|-----------------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2837 | 2804 | Anna | Nowak | Lednogóra | | 1980 | K35 | 119 | | 577 | 00:30:57 (2923) | 01:05:19 | 01:03:06 |
| 2838 | 3612 | Remigiusz | Zdrojewski | Klecko | Efiss | 1982 | M30 | 406 | 2261 | | 00:30:31 (2829) | 01:05:19 | 01:02:30 |
| 2839 | 2017 | Justyna | Duszak | Swarzędz | SKS ZAKĄTEK | 1979 | K35 | 120 | | 578 | 00:30:08 (2741) | 01:05:20 | 01:02:48 |
| 2840 | 524 | Patrycja | Rakowska | Dzieńmierowo | Brylant Kórnik | 1975 | K40 | 86 | | 579 | 00:30:01 (2705) | 01:05:21 | 01:05:21 |
| 2841 | 652 | Marlena | Włodarczak | Mieczewo | Mosina Biega | 1989 | K25 | 116 | | 580 | 00:28:51 (2376) | 01:05:22 | 01:04:19 |
| 2842 | 3389 | Anna | Jerzyńska | środa wlkp | środa wlkp | 1971 | K45 | 35 | | 581 | 00:31:57 (3074) | 01:05:23 | 01:05:23 |
| 2843 | 241 | Marek | Sitarz | Poznań | | 1976 | M40 | 437 | 2262 | | 00:30:54 (2908) | 01:05:25 | 01:05:25 |
| 2844 | 1061 | Ewelina | Pernet-Szóstak | Poznań | | 1981 | K35 | 121 | | 582 | 00:30:30 (2827) | 01:05:25 | 01:02:38 |
| 2845 | 310 | Tomasz | Gawarecki | Swarzędz | | 1977 | M35 | 467 | 2263 | | 00:29:04 (2439) | 01:05:26 | 01:02:55 |
| 2846 | 1370 | Adrian | Czarnecki | zalasewo | Bemarc | 1978 | M35 | 468 | 2264 | | 00:30:00 (2700) | 01:05:27 | 01:03:14 |
| 2847 | 964 | Dorota | Kurzawa | Swarzędz | | 1965 | K50 | 21 | | 583 | 00:30:34 (2846) | 01:05:28 | 01:03:06 |
| 2848 | 1639 | Marek | Grabowski | Złotów | | 1966 | M50 | 115 | 2265 | | 00:31:35 (3040) | 01:05:28 | 01:02:54 |
| 2849 | 43 | Paulina | Gola | Swarzędz | Mamy Biegamy | 1986 | K30 | 125 | | 584 | 00:30:56 (2916) | 01:05:29 | 01:02:48 |
| 2850 | 1311 | Magdalena | Szymańska | Swarzędz | Mamy-Biegamy | 1993 | K20 | 53 | | 585 | 00:30:51 (2897) | 01:05:29 | 01:02:48 |
| 2851 | 2596 | Jakub | Królikowski | Poznań | | 1987 | M25 | 324 | 2266 | | 00:31:18 (2988) | 01:05:30 | 01:02:24 |
| 2852 | 236 | Krzysztof | Walczak | Luboń | | 1988 | M25 | 325 | 2267 | | 00:30:01 (2706) | 01:05:30 | 01:03:10 |
| 2853 | 3100 | Grażyna | Ledzion | Swarzędz | | 1965 | K50 | 22 | | 586 | 00:30:42 (2871) | 01:05:30 | 01:03:58 |
| 2854 | 3836 | Szymon | Jaś | Swarzędz | Nie ma lipy Swarzędz Team | 1974 | M40 | 438 | 2268 | | 00:29:10 (2471) | 01:05:30 | 01:03:07 |
| 2855 | 2482 | Basia | Filipiak | Swarzędz | | 1980 | K35 | 122 | | 587 | 00:30:39 (2863) | 01:05:31 | 01:02:50 |
| 2856 | 2396 | Jakub | Poterski | poznań | mjpgdruk.pl | 1980 | M35 | 469 | 2269 | | 00:31:30 (3023) | 01:05:31 | 01:05:31 |
| 2857 | 114 | Piotr | Przybylski | Poznań | Drużyna Szpiku | 1982 | M30 | 407 | 2270 | | 00:29:48 (2648) | 01:05:32 | 01:03:09 |
| 2858 | 1465 | Grzegorz | Koperski | Jerzykowo | | 1975 | M40 | 439 | 2271 | | 00:28:33 (2295) | 01:05:36 | 01:03:23 |
| 2859 | 109 | Natalia | Sobiech | Pobiedziska | | 1987 | K25 | 117 | | 588 | 00:29:28 (2555) | 01:05:38 | 01:03:48 |
| 2860 | 3063 | Ilona | Potok | SWARZĘDZ | | 1973 | K40 | 87 | | 589 | 00:31:30 (3024) | 01:05:38 | 01:04:30 |
| 2861 | 2312 | Weronika | Śliwińska | Buk | Bukowski Klub Biegacza | 1992 | K20 | 54 | | 590 | 00:30:14 (2773) | 01:05:39 | 01:03:38 |
| 2862 | 2020 | Katarzyna | Piasecka | Swarzędz | SKS ZAKĄTEK | 1978 | K35 | 123 | | 591 | 00:30:08 (2742) | 01:05:41 | 01:03:09 |
| 2863 | 1038 | Dariusz | Górka | Kruszewnia | | 1985 | M30 | 408 | 2272 | | 00:31:07 (2940) | 01:05:41 | 01:02:02 |
| 2864 | 2955 | Piotr | Owsianowski | Poznań | | 1984 | M30 | 409 | 2273 | | 00:31:21 (3005) | 01:05:42 | 01:05:42 |
| 2865 | 1808 | Katarzyna | Ksenicz | Zalasewo | | 1984 | K30 | 126 | | 592 | 00:29:36 (2593) | 01:05:43 | 01:03:06 |
| 2866 | 539 | Magdalena | Kluba | Koziegłowy | | 1989 | K25 | 118 | | 593 | 00:30:26 (2812) | 01:05:46 | 01:03:29 |
| 2867 | 1754 | Tomek | Szulczewski | kruszewnia | CYBINA TEAM | 1984 | M30 | 410 | 2274 | | 00:30:01 (2707) | 01:05:47 | 01:01:54 |
| 2868 | 2406 | Anna | Mielcarek | Poznań | | 1983 | K30 | 127 | | 594 | 00:33:25 (3227) | 01:05:47 | 01:05:47 |
| 2869 | 2697 | Katarzyna | Wójcik | Kraków | Straż Miejska Kraków / Dream Team Kraw Maga Kraków | 1978 | K35 | 124 | | 595 | 00:32:09 (3097) | 01:05:48 | 01:05:48 |
| 2870 | 2581 | Agnieszka | Jeziórska | Swarzędz/Zalasewo | | 1983 | K30 | 128 | | 596 | 00:31:17 (2980) | 01:05:49 | 01:02:42 |
| 2871 | 314 | Paweł | Drzewiecki | Grodzisk Wielkopolski | | 1980 | M35 | 470 | 2275 | | 00:29:37 (2600) | 01:05:53 | 01:03:48 |
| 2872 | 1434 | Robert | Pękala | Poznań | Navigare necesse est | 1971 | M45 | 185 | 2276 | | 00:31:42 (3050) | 01:05:56 | 01:03:40 |
| 2873 | 3159 | Telesfor | Cieśliński | Swarzędz | | 1955 | M60 | 48 | 2277 | | 00:29:56 (2688) | 01:05:58 | 01:03:38 |
| 2874 | 1471 | Marzena | Banach | Poznań | | 1989 | K25 | 119 | | 597 | 00:31:11 (2959) | 01:05:58 | 01:03:21 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------------|---------------------|-----------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2875 | 2884 | Marcin | Waliszka | Swarzędz | Duxon Team | 1992 | M20 | 116 | 2278 | | 00:29:52 (2666) | 01:05:59 | 01:03:34 |
| 2876 | 3320 | Anna | Majorczyk | Śmigiel | | 1981 | K35 | 125 | | 598 | 00:30:23 (2805) | 01:05:59 | 01:02:53 |
| 2877 | 2610 | Marek | Małyszka | Swarzędz | | 1965 | M50 | 116 | 2279 | | 00:28:53 (2385) | 01:05:59 | 01:02:53 |
| 2878 | 302 | Ulka | Czeberak | Stupca | | 1980 | K35 | 126 | | 599 | 00:30:37 (2857) | 01:06:01 | 01:03:32 |
| 2879 | 2883 | Kamila | Maciejczuk | Swarzedz | | 1986 | K30 | 129 | | 600 | 00:30:34 (2847) | 01:06:02 | 01:03:12 |
| 2880 | 1500 | Paweł | Ludwiczak | Mosina | Środa Wielkopolska | 1964 | M50 | 117 | 2280 | | 00:29:22 (2531) | 01:06:02 | 01:04:09 |
| 2881 | 1798 | Sławomir | Skrzypczak | Rabowice | | 1987 | M25 | 326 | 2281 | | 00:29:52 (2667) | 01:06:02 | 01:02:58 |
| 2882 | 2423 | Grzegorz Michał | Stolarek | Zalasewo | | 1982 | M30 | 411 | 2282 | | 00:31:07 (2941) | 01:06:02 | 01:03:13 |
| 2883 | 968 | Magdalena | Pracharczyk | Poznań | KB Katorżnik Murowana Goślina | 1984 | K30 | 130 | | 601 | 00:30:49 (2890) | 01:06:02 | 01:03:49 |
| 2884 | 1495 | Marek | Młynikowski | Swarzędz | Młynki | 1975 | M40 | 440 | 2283 | | 00:31:26 (3015) | 01:06:04 | 01:03:28 |
| 2885 | 1494 | Katarzyna | Młynikowska | Swarzędz | Młynki | 1980 | K35 | 127 | | 602 | 00:31:26 (3016) | 01:06:04 | 01:03:28 |
| 2886 | 1934 | Bogusław | Monczyński | Kalisz | KTK CYKLISTAKALISZ | 1953 | M60 | 49 | 2284 | | 00:29:42 (2620) | 01:06:05 | 01:03:44 |
| 2887 | 1352 | Czesław | Malicki | Swarzędz | | 1958 | M55 | 89 | 2285 | | 00:30:27 (2819) | 01:06:05 | 01:03:16 |
| 2888 | 597 | Radosław | Weber | Poznań | | 1989 | M25 | 327 | 2286 | | 00:32:39 (3152) | 01:06:06 | 01:02:51 |
| 2889 | 731 | Paweł | Jóźwiak | Rokietnica | TATA SZYMKA | 1981 | M35 | 471 | 2287 | | 00:29:53 (2672) | 01:06:06 | 01:03:05 |
| 2890 | 834 | Tomasz | Szulc | WRZEŚNIA | | 1971 | M45 | 186 | 2288 | | 00:31:58 (3076) | 01:06:07 | 01:06:07 |
| 2891 | 668 | Grzegorz | Jankowski | Poznan | | 1958 | M55 | 90 | 2289 | | 00:30:50 (2893) | 01:06:10 | 01:03:47 |
| 2892 | 2071 | Joanna | Rybacka-Mossakowska | Poznań | | 1983 | K30 | 131 | | 603 | 00:31:45 (3054) | 01:06:10 | 01:04:37 |
| 2893 | 671 | Marta | Pawlak | Gąsawa | | 1997 | K16 | 17 | | 604 | 00:31:18 (2989) | 01:06:11 | 01:06:11 |
| 2894 | 826 | Anna | Moellenbrock | Wiry | KGB Grzmot Komorniki | 1992 | K20 | 55 | | 605 | 00:29:39 (2609) | 01:06:11 | 01:04:46 |
| 2895 | 827 | Krzysztof | Moellenbrock | Wiry | KGB Grzmot Komorniki | 1967 | M45 | 187 | 2290 | | 00:29:39 (2610) | 01:06:12 | 01:04:48 |
| 2896 | 2710 | Mariusz | Kałuński | Poznań | WATAHA TEAM | 1975 | M40 | 441 | 2291 | | 00:27:41 (2040) | 01:06:13 | 01:03:53 |
| 2897 | 1978 | Anna | Kanarkowska | Zalasewo | | 1983 | K30 | 132 | | 606 | 00:31:10 (2951) | 01:06:14 | 01:03:27 |
| 2898 | 1168 | Leszek | Kujawa | Kosztrzyn Wlkp. | UTAL | 1980 | M35 | 472 | 2292 | | 00:30:32 (2835) | 01:06:15 | 01:03:23 |
| 2899 | 997 | Rita | Malinger | Kostrzyn | Malta Poznań | 1980 | K35 | 128 | | 607 | 00:28:58 (2411) | 01:06:15 | 01:03:50 |
| 2900 | 503 | Bernadeta | Kowalczyk-Król | Ostrów Wlkp | | 1971 | K45 | 36 | | 608 | 00:30:34 (2848) | 01:06:17 | 01:03:36 |
| 2901 | 786 | Józef | Kęłbowski | POZNAŃ | Grupa Henoha | 1956 | M60 | 50 | 2293 | | 00:29:26 (2549) | 01:06:18 | 01:03:38 |
| 2902 | 2920 | Dariusz | Kołodziejczyk | Poznań | | 1964 | M50 | 118 | 2294 | | 00:33:26 (3230) | 01:06:18 | 01:06:18 |
| 2903 | 943 | Arkadiusz | Milczarek | Poznań | | 1974 | M40 | 442 | 2295 | | 00:29:40 (2614) | 01:06:20 | 01:04:07 |
| 2904 | 806 | Renata | Koszela | Zalasewo | non mollare mai | 1974 | K40 | 88 | | 609 | 00:30:33 (2842) | 01:06:20 | 01:03:52 |
| 2905 | 2623 | Tomasz | Zaremba | Skórzewo | GABLOCJARZE | 1975 | M40 | 443 | 2296 | | 00:30:11 (2759) | 01:06:20 | 01:04:24 |
| 2906 | 249 | Marta | Woźniak | Komorniki | Mamy-Biegamy | 1985 | K30 | 133 | | 610 | 00:29:12 (2479) | 01:06:21 | 01:03:17 |
| 2907 | 3446 | Magdalena | Jakubowska | poznań | | 1973 | K40 | 89 | | 611 | 00:29:51 (2661) | 01:06:21 | 01:03:50 |
| 2908 | 3798 | Sonia | Rams-Jagusztyn | Koszalin | | 1991 | K25 | 120 | | 612 | 00:29:24 (2541) | 01:06:21 | 01:04:16 |
| 2909 | 3854 | Maja | Skalska | Poznań | Piątkowo na Biegowo | 1993 | K20 | 56 | | 613 | 00:29:42 (2621) | 01:06:22 | 01:03:55 |
| 2910 | 1906 | Radek | Staniszczak | Stonin | | 1986 | M30 | 412 | 2297 | | 00:31:36 (3042) | 01:06:22 | 01:06:22 |
| 2911 | 2183 | Piotr | Zagórski | Śrem | KMP instal-projekt | 1992 | M20 | 117 | 2298 | | 00:31:37 (3046) | 01:06:22 | 01:05:00 |
| 2912 | 2105 | Andrzej | Tomczyk | poznań | ELEKTRIS | 1971 | M45 | 188 | 2299 | | 00:32:01 (3080) | 01:06:22 | 01:03:09 |
| 2913 | 1917 | Jacek | Krzemiński | Gniezno | | 1980 | M35 | 473 | 2300 | | 00:31:37 (3047) | 01:06:23 | 01:06:23 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|---------------|---------------------|---------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2914 | 3085 | Angelina | Adamczak | Swarzędz | | 1984 | K30 | 134 | | 614 | 00:29:56 (2689) | 01:06:25 | 01:04:49 |
| 2915 | 3860 | Katarzyna | Adamczak | Swarzędz | | 1993 | K20 | 57 | | 615 | 00:29:47 (2644) | 01:06:25 | 01:03:57 |
| 2916 | 3239 | Agnieszka | Szober | kozięglowy | | 1977 | K35 | 129 | | 616 | 00:30:32 (2836) | 01:06:27 | 01:04:00 |
| 2917 | 3806 | Urszula | Nater | Luboń | | 1950 | K65 | 3 | | 617 | 00:31:14 (2970) | 01:06:30 | 01:05:25 |
| 2918 | 321 | Monika | Lieske | Kobylnica | | 1977 | K35 | 130 | | 618 | 00:31:27 (3017) | 01:06:30 | 01:03:25 |
| 2919 | 1187 | Lucyna | Śmigiel | Osielsko | | 1992 | K20 | 58 | | 619 | 00:30:07 (2734) | 01:06:31 | 01:04:18 |
| 2920 | 4039 | Bartosz | Majchrzak | Poznań | | 1994 | M20 | 118 | 2301 | | 00:30:04 (2723) | 01:06:31 | 01:03:17 |
| 2921 | 3820 | Elżbieta | Strzelczyk | Kostrzyn | | 1964 | K50 | 23 | | 620 | 00:30:26 (2813) | 01:06:32 | 01:03:29 |
| 2922 | 3284 | Grzegorz | Rachlewicz | Poznań | | 1964 | M50 | 119 | 2302 | | 00:30:04 (2724) | 01:06:32 | 01:03:29 |
| 2923 | 3523 | Maciej | Braciszewski | Poznań | | 1986 | M30 | 413 | 2303 | | 00:31:20 (2999) | 01:06:32 | 01:03:44 |
| 2924 | 343 | Bogumiła | Plaszczak | Tulce | Tulce | 1980 | K35 | 131 | | 621 | 00:31:10 (2952) | 01:06:34 | 01:03:56 |
| 2925 | 3567 | Anna | Ratajczak | Dolsk | night runners Dolsk | 1976 | K40 | 90 | | 622 | 00:31:15 (2974) | 01:06:34 | 01:03:52 |
| 2926 | 3858 | Magdalena | Kropidłowska | Łubowo | | 1991 | K25 | 121 | | 623 | 00:29:56 (2690) | 01:06:35 | 01:03:58 |
| 2927 | 1602 | Janusz | Topolski | Poznań | | 1959 | M55 | 91 | 2304 | | 00:31:17 (2981) | 01:06:35 | 01:06:35 |
| 2928 | 2315 | Łukasz | Krupa | Poznań | nn | 1981 | M35 | 474 | 2305 | | 00:31:07 (2942) | 01:06:35 | 01:03:21 |
| 2929 | 1649 | Jędrzej | Paulus | Poznań | Night Runners | 1985 | M30 | 414 | 2306 | | 00:31:32 (3030) | 01:06:36 | 01:03:28 |
| 2930 | 1264 | Sławek | Patelka | Suchy Las | Tata Zosi | 1975 | M40 | 444 | 2307 | | 00:29:59 (2699) | 01:06:38 | 01:03:26 |
| 2931 | 651 | Katarzyna | Stokowska | Pobiedziska | Złotniczki | 1978 | K35 | 132 | | 624 | 00:30:49 (2891) | 01:06:38 | 01:03:47 |
| 2932 | 2679 | Beata | Bryza | Poznań | | 1976 | K40 | 91 | | 625 | 00:31:28 (3020) | 01:06:39 | 01:04:07 |
| 2933 | 3233 | Tomasz | Choiński | Poznan | JW1156 | 1980 | M35 | 475 | 2308 | | 00:29:37 (2601) | 01:06:40 | 01:04:39 |
| 2934 | 3045 | Joanna | Kowalska | Poznań | | 1982 | K30 | 135 | | 626 | 00:31:18 (2990) | 01:06:41 | 01:03:39 |
| 2935 | 1868 | Piotr | Suhak | Pleszew | Pleszew/Wrzeźnia | 1977 | M35 | 476 | 2309 | | 00:30:01 (2708) | 01:06:42 | 01:05:05 |
| 2936 | 1845 | Barbara | Gołębiwska | Chwalibogowo | Night Runners | 1979 | K35 | 133 | | 627 | 00:32:34 (3141) | 01:06:42 | 01:04:23 |
| 2937 | 1887 | Marcin | Spychała | Swarzędz | | 1979 | M35 | 477 | 2310 | | 00:30:47 (2887) | 01:06:45 | 01:03:40 |
| 2938 | 2369 | Karol | Malik | Czmoń | | 1981 | M35 | 478 | 2311 | | 00:33:16 (3209) | 01:06:48 | 01:06:48 |
| 2939 | 2126 | Mateusz | Majchrzycki | Paczkowo | | 1986 | M30 | 415 | 2312 | | 00:29:42 (2622) | 01:06:49 | 01:04:15 |
| 2940 | 1116 | Krzystian | Maciejak | Swarzędz | | 1978 | M35 | 479 | 2313 | | 00:30:33 (2843) | 01:06:50 | 01:03:58 |
| 2941 | 258 | Martyna | Kuske | Gniezno | | 1984 | K30 | 136 | | 628 | 00:30:36 (2852) | 01:06:51 | 01:04:23 |
| 2942 | 1844 | Anna | Wojtysiak | Ostrów Wielkopolski | Night Runners | 1980 | K35 | 134 | | 629 | 00:32:34 (3142) | 01:06:51 | 01:04:32 |
| 2943 | 633 | Marina | Suchorska | Poznan | | 1988 | K25 | 122 | | 630 | 00:31:34 (3035) | 01:06:52 | 01:04:10 |
| 2944 | 1468 | Joanna | Wójtowicz | Poznań | | 1986 | K30 | 137 | | 631 | 00:31:35 (3041) | 01:06:52 | 01:04:10 |
| 2945 | 2356 | Jakub | Michalak | Śrem | | 1980 | M35 | 480 | 2314 | | 00:30:55 (2913) | 01:06:54 | 01:06:54 |
| 2946 | 2812 | Anetta | Szarzyńska | Kórnik | | 1962 | K50 | 24 | | 632 | 00:30:32 (2837) | 01:06:55 | 01:04:38 |
| 2947 | 3815 | Krzysztof | Kamiński | Poznań | | 1990 | M25 | 328 | 2315 | | 00:29:57 (2692) | 01:06:58 | 01:04:21 |
| 2948 | 2606 | Norbert | Bowtrukiewicz | Zielona Góra | | 1972 | M40 | 445 | 2316 | | 00:32:32 (3133) | 01:07:00 | 01:04:21 |
| 2949 | 363 | Marek | Tobis | Poznań | Markowe bieganie | 1961 | M55 | 92 | 2317 | | 00:30:05 (2727) | 01:07:00 | 01:04:06 |
| 2950 | 1108 | Kazimierz | Stawczyński | Swarzędz | | 1951 | M65 | 27 | 2318 | | 00:33:35 (3255) | 01:07:00 | 01:04:14 |
| 2951 | 2895 | Krzysztof | Hetmańczyk | Swarzędz | | 1991 | M25 | 329 | 2319 | | 00:29:51 (2662) | 01:07:00 | 01:04:34 |
| 2952 | 3187 | Rafał | Troszczyński | Poznań | Comarch Poznań | 1976 | M40 | 446 | 2320 | | 00:31:53 (3063) | 01:07:01 | 01:07:01 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------|--------------|----------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2953 | 3934 | Agnieszka | Kociemba | Poznań | Naramowice Biegają | 1980 | K35 | 135 | | 633 | 00:29:51 (2663) | 01:07:02 | 01:04:46 |
| 2954 | 2551 | Dawid | Chyliński | Luboń | Gira się kręci | 1982 | M30 | 416 | 2321 | | 00:31:22 (3009) | 01:07:02 | 01:07:02 |
| 2955 | 1229 | Ola | Wojciechowska | Poznań | UTAL | 1976 | K40 | 92 | | 634 | 00:30:40 (2864) | 01:07:03 | 01:07:03 |
| 2956 | 2922 | Michał | Wajer | Swarzędz | | 1989 | M25 | 330 | 2322 | | 00:29:58 (2696) | 01:07:03 | 01:04:32 |
| 2957 | 1922 | Piotr | Adamczak | Psarskie | Śrem Biega | 1968 | M45 | 189 | 2323 | | 00:29:55 (2679) | 01:07:03 | 01:04:38 |
| 2958 | 865 | Piotr | Kanarkowski | Zalasewo | | 1979 | M35 | 481 | 2324 | | 00:31:19 (2992) | 01:07:03 | 01:04:13 |
| 2959 | 2573 | Katarzyna | Raciniewska | Poznań | | 1983 | K30 | 138 | | 635 | 00:31:05 (2936) | 01:07:03 | 01:04:52 |
| 2960 | 4015 | Jacek | Torbicz | Kraków | Scandal egzotyka.tv | 1965 | M50 | 120 | 2325 | | 00:31:50 (3059) | 01:07:04 | 01:03:55 |
| 2961 | 2587 | Elżbieta | Pawlak-Kozak | Poznań | | 1964 | K50 | 25 | | 636 | 00:31:21 (3006) | 01:07:04 | 01:04:18 |
| 2962 | 521 | Marcin | Matuszczak | Pobiedziska | Pobiedziska Running Team | 1979 | M35 | 482 | 2326 | | 00:32:08 (3092) | 01:07:04 | 01:07:04 |
| 2963 | 1372 | Agnieszka | Barczykowska | Poznań | | 1976 | K40 | 93 | | 637 | 00:30:04 (2725) | 01:07:04 | 01:04:24 |
| 2964 | 2889 | Joanna | Chopkowicz | Poznań | | 1986 | K30 | 139 | | 638 | 00:30:34 (2849) | 01:07:06 | 01:04:54 |
| 2965 | 3584 | Paweł | Lesiuk | Poznań | CYBINA TEAM | 1982 | M30 | 417 | 2327 | | 00:30:42 (2872) | 01:07:06 | 01:04:41 |
| 2966 | 2531 | Marcin | Jerzak | Przeźmierowo | | 1982 | M30 | 418 | 2328 | | 00:32:32 (3134) | 01:07:07 | 01:04:06 |
| 2967 | 2816 | Daniel | Parus | Poznań | | 1982 | M30 | 419 | 2329 | | 00:30:58 (2926) | 01:07:09 | 01:04:23 |
| 2968 | 2589 | Maja | Bartosiewicz | Poznań | | 1993 | K20 | 59 | | 639 | 00:30:51 (2898) | 01:07:11 | 01:03:56 |
| 2969 | 902 | Tomasz | Ochowiak | Swarzędz | | 1975 | M40 | 447 | 2330 | | 00:28:54 (2388) | 01:07:11 | 01:06:12 |
| 2970 | 2706 | Aleksandra | Kamińska | Swarzędz | | 1989 | K25 | 123 | | 640 | 00:31:07 (2943) | 01:07:12 | 01:04:17 |
| 2971 | 2029 | Marek | Piosik | Jasin | Team PointPack.pl SA | 1984 | M30 | 420 | 2331 | | 00:31:07 (2944) | 01:07:12 | 01:04:18 |
| 2972 | 3530 | Magdalena | Szczepańska | PIŁA | | 1972 | K40 | 94 | | 641 | 00:30:31 (2830) | 01:07:12 | 01:05:37 |
| 2973 | 654 | Jan | Żurek | Strzałkowo | Strzałkowska Grupa Biegowa Sokół | 1960 | M55 | 93 | 2332 | | 00:31:55 (3069) | 01:07:16 | 01:06:03 |
| 2974 | 3304 | Dariusz | Sekulski | Gniezno | | 1974 | M40 | 448 | 2333 | | 00:29:33 (2577) | 01:07:17 | 01:05:15 |
| 2975 | 2765 | Michał | Wasiak | Piszczac | | 1986 | M30 | 421 | 2334 | | 00:30:20 (2796) | 01:07:17 | 01:04:49 |
| 2976 | 2545 | Michał | Klimczak | Poznań | | 1983 | M30 | 422 | 2335 | | 00:30:20 (2797) | 01:07:17 | 01:04:49 |
| 2977 | 1965 | Agnieszka | Żerko | Gruszczyń | | 1995 | K20 | 60 | | 642 | | 01:07:20 | 01:04:36 |
| 2978 | 3285 | Alina | Szafran | Luboń | Matka wariatka | 1984 | K30 | 140 | | 643 | 00:30:12 (2762) | 01:07:20 | 01:04:43 |
| 2979 | 3264 | Monika | Dominiak | Luboń | Matka wariatka | 1988 | K25 | 124 | | 644 | 00:30:13 (2768) | 01:07:21 | 01:04:45 |
| 2980 | 1966 | Katarzyna | Malicka | Jasin | | 1995 | K20 | 61 | | 645 | 00:32:31 (3131) | 01:07:22 | 01:04:37 |
| 2981 | 2476 | Martyna | Pawlikowska | Kostrzyn | | 1988 | K25 | 125 | | 646 | 00:32:16 (3109) | 01:07:22 | 01:04:31 |
| 2982 | 2240 | Dagmara | Brodziszewska | Swarzędz | | 1996 | K20 | 62 | | 647 | 00:29:08 (2462) | 01:07:22 | 01:05:38 |
| 2983 | 2607 | Jakub | Paluszkiewicz | swarzędz | | 1977 | M35 | 483 | 2336 | | 00:31:15 (2975) | 01:07:23 | 01:04:22 |
| 2984 | 2340 | Czesław | Kuliński | Poznań | | 1938 | M75+ | 4 | 2337 | | 00:29:13 (2484) | 01:07:24 | 01:04:08 |
| 2985 | 2339 | Wojciech | Pohland | Poznań | | 1966 | M50 | 121 | 2338 | | 00:29:14 (2489) | 01:07:24 | 01:04:09 |
| 2986 | 2196 | Filip | Kiebasiewicz | Poznań | | 1985 | M30 | 423 | 2339 | | 00:30:12 (2763) | 01:07:24 | 01:04:33 |
| 2987 | 2051 | Michał | Grabowski | Swarzędz | | 1986 | M30 | 424 | 2340 | | 00:29:12 (2480) | 01:07:25 | 01:07:25 |
| 2988 | 3424 | Joanna | Klak | Poznań | Stodziaki | 1983 | K30 | 141 | | 648 | 00:31:34 (3036) | 01:07:26 | 01:04:39 |
| 2989 | 3153 | Piotr | Świtłała | Poznań | | 1987 | M25 | 331 | 2341 | | 00:31:46 (3056) | 01:07:26 | 01:07:26 |
| 2990 | 1188 | Sylvia | Suchomska | Cekcyn | | 1993 | K20 | 63 | | 649 | 00:32:32 (3135) | 01:07:30 | 01:05:17 |
| 2991 | 2555 | Anna | Lusiak | Poznań | | 1983 | K30 | 142 | | 650 | 00:32:37 (3150) | 01:07:31 | 01:04:51 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|--------------------|------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 2992 | 2809 | Monika | Matuszak | Poznań | | 1987 | K25 | 126 | | 651 | 00:31:07 (2945) | 01:07:32 | 01:04:39 |
| 2993 | 2808 | Maciej | Szymkowiak | Poznań | | 1986 | M30 | 425 | 2342 | | 00:31:08 (2949) | 01:07:32 | 01:04:39 |
| 2994 | 2631 | Łukasz | Cichowski | Poznań | | 1988 | M25 | 332 | 2343 | | 00:32:36 (3145) | 01:07:33 | 01:07:33 |
| 2995 | 4011 | Julia | Łukowska | Biskupice Wlkp. | | 1975 | K40 | 95 | | 652 | 00:31:12 (2963) | 01:07:33 | 01:04:54 |
| 2996 | 3666 | Paulina | Łukowska | Biskupice Wlkp. | | 1996 | K20 | 64 | | 653 | 00:31:12 (2964) | 01:07:34 | 01:04:54 |
| 2997 | 2588 | Ryszard | Bartosiewicz | Poznań | Brylant Kórnik | 1963 | M50 | 122 | 2344 | | 00:30:51 (2899) | 01:07:34 | 01:04:20 |
| 2998 | 349 | Patrycja | Bożkiewicz | Murowana Goślina | LOBO-TECHNIK | 1980 | K35 | 136 | | 654 | 00:33:06 (3196) | 01:07:35 | 01:04:57 |
| 2999 | 3629 | Adriana | Nowicka | Dobrzyca | | 1992 | K20 | 65 | | 655 | 00:31:25 (3014) | 01:07:36 | 01:07:36 |
| 3000 | 3783 | Gosia | Grzelka | Borek Wielkopolski | | 1988 | K25 | 127 | | 656 | 00:32:15 (3106) | 01:07:36 | 01:07:36 |
| 3001 | 420 | Jarosław | Melerowicz | Dębsko | | 1967 | M45 | 190 | 2345 | | 00:29:43 (2629) | 01:07:37 | 01:06:15 |
| 3002 | 1770 | Patryk | Gaszyński | Wągrowiec | CYBINA TEAM | 1988 | M25 | 333 | 2346 | | 00:30:54 (2909) | 01:07:38 | 01:05:14 |
| 3003 | 2516 | Julia | Nosalska | Poznań | | 1985 | K30 | 143 | | 657 | 00:32:08 (3093) | 01:07:40 | 01:04:52 |
| 3004 | 3300 | Katarzyna | Krasińska | Bydgoszcz | Bydgoszcz | 1981 | K35 | 137 | | 658 | 00:31:46 (3057) | 01:07:41 | 01:04:49 |
| 3005 | 2919 | Anastasia | Kozera | Swarzędz | | 1990 | K25 | 128 | | 659 | 00:30:40 (2865) | 01:07:41 | 01:05:11 |
| 3006 | 508 | Monika | Moździoch | Poznań | Night Runners | 1987 | K25 | 129 | | 660 | 00:30:54 (2910) | 01:07:43 | 01:05:21 |
| 3007 | 4019 | Katarzyna | Leszczyńska | Poznań | Poznań | 1986 | K30 | 144 | | 661 | 00:32:45 (3162) | 01:07:46 | 01:07:46 |
| 3008 | 1360 | Marek | Czaplicki | Poznań | Słodziaki | 1982 | M30 | 426 | 2347 | | 00:31:34 (3037) | 01:07:47 | 01:04:59 |
| 3009 | 3914 | Agnieszka | Filipiak | Gniezno | Night Runners Gniezno | 1976 | K40 | 96 | | 662 | 00:30:41 (2867) | 01:07:47 | 01:05:17 |
| 3010 | 3106 | Grażyna | Łukasiak | Gniezno | | 1968 | K45 | 37 | | 663 | 00:30:25 (2808) | 01:07:48 | 01:05:27 |
| 3011 | 1217 | Maria | Szczyrba | Poznań | sowa | 1958 | K55 | 5 | | 664 | 00:31:42 (3051) | 01:07:48 | 01:04:47 |
| 3012 | 2405 | Jolanta | Ławecka | Gniezno | Night Runners Gniezno | 1971 | K45 | 38 | | 665 | 00:30:43 (2873) | 01:07:49 | 01:05:20 |
| 3013 | 751 | Małgorzata | Wronka | Swarzędz | | 1969 | K45 | 39 | | 666 | 00:31:10 (2953) | 01:07:51 | 01:05:37 |
| 3014 | 2636 | Patrycja | Papierz | Pobiedziska | | 1980 | K35 | 138 | | 667 | 00:32:46 (3164) | 01:07:51 | 01:05:10 |
| 3015 | 98 | Bartłomiej | Stawecki | Poznań | | 1970 | M45 | 191 | 2348 | | 00:31:11 (2960) | 01:07:53 | 01:06:53 |
| 3016 | 589 | Karolina | Nawrot | Poznań | | 1985 | K30 | 145 | | 668 | 00:31:29 (3022) | 01:07:53 | 01:05:38 |
| 3017 | 2306 | Monika | Szafoni | Swarzędz | | 1990 | K25 | 130 | | 669 | 00:31:30 (3025) | 01:07:54 | 01:05:18 |
| 3018 | 3280 | Dariusz | Niedziela | Poznań | | 1971 | M45 | 192 | 2349 | | 00:30:13 (2769) | 01:07:57 | 01:07:57 |
| 3019 | 1695 | Małgorzata | Korcz | Kórnik | | 1977 | K35 | 139 | | 670 | 00:32:36 (3146) | 01:07:59 | 01:05:18 |
| 3020 | 1159 | Lucyna | Walczak | Kobylnica | | 1979 | K35 | 140 | | 671 | 00:32:36 (3147) | 01:07:59 | 01:05:18 |
| 3021 | 1631 | Michał | Nawrocki | Swarzędz | | 1995 | M20 | 119 | 2350 | | 00:31:22 (3010) | 01:08:00 | 01:05:13 |
| 3022 | 1250 | Piotr | Tomaszewski | Plewiska | | 1982 | M30 | 427 | 2351 | | 00:31:31 (3026) | 01:08:01 | 01:04:56 |
| 3023 | 2994 | Tomasz | Bystry | POZNAŃ | Poznań | 1974 | M40 | 449 | 2352 | | 00:32:15 (3107) | 01:08:02 | 01:04:47 |
| 3024 | 590 | Adam | Ostrowski | Poznań | | 1976 | M40 | 450 | 2353 | | 00:31:20 (3000) | 01:08:02 | 01:05:38 |
| 3025 | 3933 | Anna | Bręk | Poznań | Naramowice Biegają | 1980 | K35 | 141 | | 672 | 00:30:25 (2809) | 01:08:03 | 01:05:44 |
| 3026 | 3395 | Danka | Kuna | Zaniemyśl | | 1972 | K40 | 97 | | 673 | 00:33:31 (3241) | 01:08:04 | 01:08:04 |
| 3027 | 2466 | Piotr | Godek | Biskupice | | 1964 | M50 | 123 | 2354 | | 00:31:46 (3058) | 01:08:05 | 01:05:36 |
| 3028 | 1613 | Adrianna | Skibińska | Swarzędz | | 1996 | K20 | 66 | | 674 | 00:31:01 (2932) | 01:08:05 | 01:06:21 |
| 3029 | 2079 | Mariusz | Jóźwik | Poznań | | 1977 | M35 | 484 | 2355 | | 00:32:41 (3155) | 01:08:07 | 01:05:22 |
| 3030 | 462 | Agnieszka | Wandel | Poznań | Night Runners/kobietybiegają | 1974 | K40 | 98 | | 675 | 00:31:55 (3070) | 01:08:08 | 01:05:44 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|---------------|-------------------|-------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3031 | 1877 | Remigiusz | Piechota | Kościan | | 1985 | M30 | 428 | 2356 | | 00:31:15 (2976) | 01:08:09 | 01:05:21 |
| 3032 | 2273 | Marta | Hernik | Wrocław | STRAŻ MIEJSKA WROCŁAW | 1970 | K45 | 40 | | 676 | 00:31:17 (2982) | 01:08:09 | 01:05:31 |
| 3033 | 3377 | Ewa | Pawłowska | Siekierki Wielkie | | 1977 | K35 | 142 | | 677 | 00:31:15 (2977) | 01:08:11 | 01:05:31 |
| 3034 | 2335 | Ewa | Szulc | Piła | | 1960 | K55 | 6 | | 678 | 00:31:23 (3011) | 01:08:11 | 01:05:32 |
| 3035 | 3841 | Marika | Urbaniak | poznan | | 1998 | K16 | 18 | | 679 | 00:30:09 (2751) | 01:08:13 | 01:05:13 |
| 3036 | 1568 | Zofia | Garbarczyk | Swarzędz | | 1999 | K16 | 19 | | 680 | 00:31:40 (3048) | 01:08:14 | 01:05:33 |
| 3037 | 3396 | Bob | Kuna | Zaniemyśl | | 1972 | M40 | 451 | 2357 | | 00:33:36 (3260) | 01:08:15 | 01:08:15 |
| 3038 | 3842 | Sławomir | Urbaniak | poznan | | 1979 | M35 | 485 | 2358 | | 00:30:05 (2728) | 01:08:16 | 01:05:16 |
| 3039 | 3866 | Wojciech | Golec | Poznań | Poznań | 1983 | M30 | 429 | 2359 | | 00:33:27 (3233) | 01:08:16 | 01:05:33 |
| 3040 | 3621 | Bogdan | Brembor | Swarzędz | | 1960 | M55 | 94 | 2360 | | 00:33:14 (3205) | 01:08:17 | 01:08:17 |
| 3041 | 345 | Robert | Grypczyński | Swarzędz | | 1969 | M45 | 193 | 2361 | | 00:30:38 (2860) | 01:08:18 | 01:05:14 |
| 3042 | 2944 | Karol | Beska | Tulce | ROZBIEG TULCE | 1984 | M30 | 430 | 2362 | | 00:33:23 (3221) | 01:08:21 | 01:08:21 |
| 3043 | 1344 | Zbigniew | Bednarczyk | Poznań | STR Poznań | 1958 | M55 | 95 | 2363 | | 00:32:50 (3169) | 01:08:22 | 01:05:12 |
| 3044 | 3470 | Paweł | Szafrański | Poznań | Snowdog Runners | 1989 | M25 | 334 | 2364 | | 00:31:04 (2935) | 01:08:22 | 01:08:22 |
| 3045 | 3916 | Izabela | Kaptur | Poznań | Poznań | 1975 | K40 | 99 | | 681 | 00:30:52 (2901) | 01:08:23 | 01:06:56 |
| 3046 | 2662 | Agnieszka | Balcerzak | Swarzędz | Puszczaki 3 | 1976 | K40 | 100 | | 682 | 00:31:44 (3052) | 01:08:26 | 01:06:15 |
| 3047 | 452 | Wiesława | Sitek | Puszczakowo | KP Puszczakowo | 1978 | K35 | 143 | | 683 | 00:31:54 (3067) | 01:08:27 | 01:06:14 |
| 3048 | 984 | Marcin | Andrzejak | Gortatowo | Itacy biegacze | 1996 | M20 | 120 | 2365 | | 00:31:55 (3071) | 01:08:28 | 01:05:30 |
| 3049 | 438 | Piotr | Schlegel | Lubon | TEAM Bracia | 1978 | M35 | 486 | 2366 | | 00:29:24 (2542) | 01:08:28 | 01:05:30 |
| 3050 | 146 | Bartosz | Komorowski | Poznań | neroina | 1990 | M25 | 335 | 2367 | | 00:30:14 (2774) | 01:08:29 | 01:06:15 |
| 3051 | 2098 | Magdalena | Najs | Swarzędz | | 1989 | K25 | 131 | | 684 | 00:31:24 (3012) | 01:08:29 | 01:05:49 |
| 3052 | 985 | Michał | Henicz | Swarzedz | | 1989 | M25 | 336 | 2368 | | 00:31:56 (3072) | 01:08:29 | 01:05:31 |
| 3053 | 1398 | Maria | Andrzejak | Poznań | Night Runners | 1987 | K25 | 132 | | 685 | 00:33:32 (3246) | 01:08:31 | 01:05:29 |
| 3054 | 3218 | Maciej | Kłos | puszczakowo | | 1965 | M50 | 124 | 2369 | | 00:33:42 (3266) | 01:08:31 | 01:08:31 |
| 3055 | 1399 | Agnieszka | Dyla | Zalasewo | Night Runners | 1987 | K25 | 133 | | 686 | 00:33:32 (3247) | 01:08:31 | 01:05:29 |
| 3056 | 87 | Hiro | Laqua | Hanover | Polonia Hanover | 1962 | M50 | 125 | 2370 | | 00:31:27 (3018) | 01:08:32 | 01:08:30 |
| 3057 | 2520 | Stanisław | Wojciechowski | Leszno | Maraton Leszno | 1952 | M60 | 51 | 2371 | | 00:30:32 (2838) | 01:08:33 | 01:06:09 |
| 3058 | 1050 | Agnieszka | Roszyk | Tarnowo Podgórne | Maratończyk Poznań | 1978 | K35 | 144 | | 687 | 00:30:53 (2904) | 01:08:34 | 01:06:57 |
| 3059 | 3864 | Mariusz | Jazic | Przyborki | | 1986 | M30 | 431 | 2372 | | 00:30:07 (2735) | 01:08:35 | 01:06:23 |
| 3060 | 2702 | Paulina | Wójcik | Stupca | | 1989 | K25 | 134 | | 688 | 00:30:08 (2743) | 01:08:36 | 01:06:24 |
| 3061 | 3050 | Ewa | Sypuła | Poznań | | 1986 | K30 | 146 | | 689 | 00:31:44 (3053) | 01:08:37 | 01:05:35 |
| 3062 | 3168 | Agnieszka | Koczorowska | Września | | 1998 | K16 | 20 | | 690 | 00:30:20 (2798) | 01:08:37 | 01:06:04 |
| 3063 | 1801 | Monika | Grodecka | Poznań | Night Runners | 1992 | K20 | 67 | | 691 | 00:32:21 (3115) | 01:08:38 | 01:05:55 |
| 3064 | 1830 | Radostaw | Jagodziński | Mosina | Jagoda Team | 1979 | M35 | 487 | 2373 | | 00:30:44 (2877) | 01:08:39 | 01:06:10 |
| 3065 | 2270 | Katarzyna | Weihrauch | Gowarzewo | Perschmann Running Team | 1981 | K35 | 145 | | 692 | 00:30:28 (2823) | 01:08:39 | 01:05:43 |
| 3066 | 3827 | Ireneusz | Marciniak | Kalisz | | 1977 | M35 | 488 | 2374 | | 00:31:06 (2938) | 01:08:40 | 01:05:30 |
| 3067 | 1732 | Dominik | Rozwadowski | Kostrzyn Wlkp. | | 1977 | M35 | 489 | 2375 | | 00:30:12 (2764) | 01:08:41 | 01:05:50 |
| 3068 | 174 | Artur | Rochowiak | Poznań | | 1987 | M25 | 337 | 2376 | | 00:33:02 (3186) | 01:08:41 | 01:08:41 |
| 3069 | 2307 | Kamila | Myszkowska | Swarzędz | | 1977 | K35 | 146 | | 693 | 00:30:52 (2902) | 01:08:43 | 01:05:34 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|--------------------|------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3070 | 21 | Maciej | Kołodziej | Poznan | Garmin24.pl | 1985 | M30 | 432 | 2377 | | 00:34:40 (3332) | 01:08:46 | 01:08:46 |
| 3071 | 3298 | Maciej | Polus | Gniezno | Tata Franka | 1988 | M25 | 338 | 2378 | | 00:30:19 (2794) | 01:08:47 | 01:06:06 |
| 3072 | 2310 | Michał | Renkiel | Witkowo | | 1987 | M25 | 339 | 2379 | | 00:32:46 (3165) | 01:08:49 | 01:05:59 |
| 3073 | 2194 | Krzysztofa | Korbik | CZEMPIŃ | | 1993 | K20 | 68 | | 694 | 00:30:53 (2905) | 01:08:49 | 01:07:30 |
| 3074 | 3911 | Paweł | Burchacki | Środa Wielkopolska | | 1996 | M20 | 121 | 2380 | | 00:33:01 (3185) | 01:08:50 | 01:06:16 |
| 3075 | 3624 | Jakub | Kubala | Swarzędz | | 1988 | M25 | 340 | 2381 | | 00:31:34 (3038) | 01:08:50 | 01:05:51 |
| 3076 | 1518 | Patrycja | Matuszak | Poznań | | 1987 | K25 | 135 | | 695 | 00:31:10 (2954) | 01:08:51 | 01:05:41 |
| 3077 | 1519 | Łukasz | Jastak | Poznań | | 1984 | M30 | 433 | 2382 | | 00:31:10 (2955) | 01:08:51 | 01:05:41 |
| 3078 | 945 | Karolina | Vander Zwaag | Poznań | | 1995 | K20 | 69 | | 696 | 00:30:30 (2828) | 01:08:52 | 01:06:00 |
| 3079 | 3092 | Paulina | Duszyńska | Czemiń | | 1979 | K35 | 147 | | 697 | 00:32:02 (3082) | 01:08:52 | 01:06:19 |
| 3080 | 216 | Magdalena | Dedio | Przemyśl | LIDER SWARZĘDZ | 1991 | K25 | 136 | | 698 | 00:32:06 (3088) | 01:08:52 | 01:05:35 |
| 3081 | 232 | Karolina | Susek | Swarzędz | LIDER SWARZĘDZ | 1980 | K35 | 148 | | 699 | 00:32:08 (3094) | 01:08:53 | 01:05:37 |
| 3082 | 1421 | Magdalena | Szcześniak | Swarzędz | | 1978 | K35 | 149 | | 700 | 00:32:05 (3087) | 01:08:54 | 01:05:37 |
| 3083 | 856 | Maciej | Sibiński | Swarzędz | | 1981 | M35 | 490 | 2383 | | 00:29:11 (2476) | 01:08:57 | 01:07:15 |
| 3084 | 3004 | Karol | Kolber | Gniezno | Prymus Healthy Team | 1992 | M20 | 122 | 2384 | | 00:31:17 (2983) | 01:08:57 | 01:06:15 |
| 3085 | 3150 | Karolina | Lewicka | Gniezno | Prymus Healthy Team | 1991 | K25 | 137 | | 701 | 00:31:17 (2984) | 01:08:58 | 01:06:16 |
| 3086 | 1660 | Monika | Nadolińska | Poznań | Moniutek | 1982 | K30 | 147 | | 702 | 00:31:19 (2993) | 01:08:59 | 01:05:55 |
| 3087 | 3054 | Joanna | Laskowska | Poznań | | 1986 | K30 | 148 | | 703 | 00:31:33 (3034) | 01:09:00 | 01:06:06 |
| 3088 | 3843 | Piotr | Strzelczyk | Kościan | | 1980 | M35 | 491 | 2385 | | 00:32:07 (3090) | 01:09:05 | 01:05:47 |
| 3089 | 3698 | Robert | Dworczak | Śrem | | 1985 | M30 | 434 | 2386 | | 00:33:26 (3231) | 01:09:06 | 01:09:06 |
| 3090 | 1693 | Łukasz | Mańka | Poznań | | 1988 | M25 | 341 | 2387 | | 00:32:00 (3078) | 01:09:07 | 01:06:40 |
| 3091 | 1305 | Agnieszka | Bachorz | Kościan | | 1980 | K35 | 150 | | 704 | 00:32:15 (3108) | 01:09:07 | 01:07:30 |
| 3092 | 1807 | Paweł | Robakowski | Wągrowiec | Concordia Runners Team | 1975 | M40 | 452 | 2388 | | 00:29:55 (2680) | 01:09:07 | 01:06:43 |
| 3093 | 1638 | Katarzyna | Pyziółek | POZNAŃ | Mamy-Biegamy | 1977 | K35 | 151 | | 705 | 00:31:31 (3027) | 01:09:07 | 01:06:03 |
| 3094 | 1284 | Anna | Sprycha | Komorniki | | 1974 | K40 | 101 | | 706 | 00:33:52 (3273) | 01:09:10 | 01:06:58 |
| 3095 | 744 | Karolina | Regulska | Poznań | | 1983 | K30 | 149 | | 707 | 00:31:41 (3049) | 01:09:10 | 01:06:46 |
| 3096 | 805 | Aleksandra | Mieczysława | Swarzędz | | 1990 | K25 | 138 | | 708 | 00:29:12 (2481) | 01:09:12 | 01:07:18 |
| 3097 | 2661 | Szymon | Kontor | Swarzędz | | 1990 | M25 | 342 | 2389 | | 00:29:20 (2518) | 01:09:12 | 01:07:18 |
| 3098 | 658 | Stanisława | Pańczyszyn | Poznań | | 1958 | K55 | 7 | | 709 | 00:33:12 (3203) | 01:09:12 | 01:06:48 |
| 3099 | 1270 | Agata | Rachowska | Poznań | | 1989 | K25 | 139 | | 710 | 00:31:10 (2956) | 01:09:13 | 01:06:33 |
| 3100 | 2763 | Krzyszyna | Zajączkowska | poznań | | 1961 | K55 | 8 | | 711 | 00:32:28 (3126) | 01:09:16 | 01:06:16 |
| 3101 | 1730 | Piotr | Szczepaniak | Swarzędz | | 1977 | M35 | 492 | 2390 | | 00:31:53 (3064) | 01:09:19 | 01:06:18 |
| 3102 | 2235 | Marek | Daniszewicz | Poznań | | 1974 | M40 | 453 | 2391 | | 00:27:51 (2088) | 01:09:21 | 01:07:45 |
| 3103 | 1097 | Agnieszka | Janiszewska | Poznań | Coco jambo i do przodu | 1992 | K20 | 70 | | 712 | 00:31:13 (2967) | 01:09:22 | 01:06:46 |
| 3104 | 2832 | Karolina | Borzyńska | Kaźmierz | | 1985 | K30 | 150 | | 713 | 00:33:39 (3264) | 01:09:24 | 01:09:24 |
| 3105 | 3912 | Justyna | Brzezińska | Gowarzewo | | 1987 | K25 | 140 | | 714 | 00:33:00 (3184) | 01:09:25 | 01:06:50 |
| 3106 | 4041 | Krzysztof | Łątkowski | Poznań | KB Maniac Poznań | 1979 | M35 | 493 | 2392 | | 00:31:21 (3007) | 01:09:28 | 01:06:05 |
| 3107 | 987 | Joanna | Gomolińska | Kruszewnia | | 1987 | K25 | 141 | | 715 | 00:34:19 (3298) | 01:09:30 | 01:09:30 |
| 3108 | 1915 | Grzegorz | Kansy | POZNAŃ | | 1950 | M65 | 28 | 2393 | | 00:30:06 (2730) | 01:09:30 | 01:08:23 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|---------------|-------------------|---------------|--|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3109 | 988 | Beata | Harasimowicz | dąbrówka | | 1975 | K40 | 102 | | 716 | 00:33:35 (3256) | 01:09:31 | 01:09:16 |
| 3110 | 998 | Maciej | Koprowski | Dąbrówka | koper team | 1978 | M35 | 494 | 2394 | | 00:33:36 (3261) | 01:09:32 | 01:09:17 |
| 3111 | 1656 | Zuzanna | Sznajder | Swarzędz | | 1974 | K40 | 103 | | 717 | 00:32:07 (3091) | 01:09:32 | 01:06:15 |
| 3112 | 1797 | Jakub | Kwiatkowski | Poznan | | 1976 | M40 | 454 | 2395 | | | 01:09:33 | 01:09:33 |
| 3113 | 905 | Dariusz | Jozwiak | poznan | | 1964 | M50 | 126 | 2396 | | 00:30:13 (2770) | 01:09:33 | 01:06:57 |
| 3114 | 1665 | Katarzyna | Świtek | Miłosław | www.pomagamaktywnie.pl / Stowarzyszenie Pomagam Aktywnie | 1983 | K30 | 151 | | 718 | 00:33:09 (3201) | 01:09:33 | 01:09:33 |
| 3115 | 3892 | Monika | Kasprzyk | Poznań | Mamy Biegamy | 1973 | K40 | 104 | | 719 | 00:33:05 (3194) | 01:09:33 | 01:06:53 |
| 3116 | 2360 | Marta | Maruniewicz | Swarzędz | | 1992 | K20 | 71 | | 720 | 00:31:51 (3060) | 01:09:35 | 01:06:36 |
| 3117 | 621 | Maciej | Rosa | Poznań | | 1964 | M50 | 127 | 2397 | | 00:32:24 (3119) | 01:09:35 | 01:09:35 |
| 3118 | 2580 | Katarzyna | Marmurowicz | Gniezno | | 1986 | K30 | 152 | | 721 | 00:32:26 (3121) | 01:09:37 | 01:07:11 |
| 3119 | 1874 | Monika | Paterka | Połajewo | Połajewo | 1984 | K30 | 153 | | 722 | 00:32:08 (3095) | 01:09:38 | 01:07:09 |
| 3120 | 2818 | Przemysław | Guzik | Poznań | | 1969 | M45 | 194 | 2398 | | 00:34:29 (3314) | 01:09:41 | 01:07:51 |
| 3121 | 2355 | Zbigniew | Lenartowicz | Poznań | | 1942 | M70 | 8 | 2399 | | 00:32:21 (3116) | 01:09:42 | 01:07:05 |
| 3122 | 546 | Katarzyna | Boińska | Dobieżyn | | 1978 | K35 | 152 | | 723 | 00:30:15 (2779) | 01:09:42 | 01:07:26 |
| 3123 | 208 | Bartek | Malinowski | Poznań | | 1977 | M35 | 495 | 2400 | | 00:31:45 (3055) | 01:09:43 | 01:07:08 |
| 3124 | 1747 | Karolina | Rybicka | KOSTRZYN WLKP | CYBINA TEAM | 1973 | K40 | 105 | | 724 | 00:33:20 (3214) | 01:09:46 | 01:09:46 |
| 3125 | 1746 | Marlena | Filipowska | SWARZĘDZ | CYBINA TEAM | 1971 | K45 | 41 | | 725 | 00:33:20 (3215) | 01:09:47 | 01:09:47 |
| 3126 | 1866 | Magdalena | Marek | Zalasewo | | 1976 | K40 | 106 | | 726 | 00:32:56 (3176) | 01:09:48 | 01:07:11 |
| 3127 | 3442 | Justyna | Iwanowska | poznań | | 1985 | K30 | 154 | | 727 | 00:31:14 (2971) | 01:09:48 | 01:07:07 |
| 3128 | 1114 | Paulina | Lorenc | Gruszczyn | | 1986 | K30 | 155 | | 728 | 00:31:32 (3031) | 01:09:49 | 01:07:26 |
| 3129 | 3505 | Tomasz | Kaczmarek | Poznań | | 1982 | M30 | 435 | 2401 | | 00:30:43 (2874) | 01:09:50 | 01:07:04 |
| 3130 | 2845 | Jacek | Lipczyński | KOZIEGŁOWY | | 1978 | M35 | 496 | 2402 | | 00:30:16 (2784) | 01:09:56 | 01:07:19 |
| 3131 | 2962 | Agnieszka | Pilarska | Gniezno | Green Team | 1982 | K30 | 156 | | 729 | 00:32:12 (3099) | 01:09:59 | 01:07:41 |
| 3132 | 2960 | Krzysztof | Pilarski | Gniezno | Green Team | 1980 | M35 | 497 | 2403 | | 00:32:12 (3100) | 01:10:00 | 01:07:42 |
| 3133 | 3105 | Jarek | Olejniczak | Swarzędz | | 1974 | M40 | 455 | 2404 | | 00:31:53 (3065) | 01:10:00 | 01:08:10 |
| 3134 | 2285 | Magdalena | Kowiel | POZNAŃ | | 1985 | K30 | 157 | | 730 | 00:31:51 (3061) | 01:10:01 | 01:07:03 |
| 3135 | 2887 | Jacek | Brandt | Swarzędz | BOLS Swarzędz | 1991 | M25 | 343 | 2405 | | 00:28:52 (2380) | 01:10:02 | 01:07:58 |
| 3136 | 607 | Jan | Piduch | Poznań | MSICS Poznań | 1949 | M65 | 29 | 2406 | | 00:34:20 (3303) | 01:10:02 | 01:10:02 |
| 3137 | 3786 | Rafał | Bosak | Gniezno | | 1985 | M30 | 436 | 2407 | | 00:31:19 (2994) | 01:10:02 | 01:06:58 |
| 3138 | 2085 | Piotr | Szmyt | Poznań | Innovations | 1977 | M35 | 498 | 2408 | | 00:31:11 (2961) | 01:10:02 | 01:07:23 |
| 3139 | 573 | Jadwiga Maria | Pielatowska | GRUSZCZYN | 45 PDH Bór | 1989 | K25 | 142 | | 731 | 00:32:27 (3124) | 01:10:04 | 01:06:58 |
| 3140 | 3797 | Dawid | Iwiński | Gniezno | | 1982 | M30 | 437 | 2409 | | 00:31:19 (2995) | 01:10:04 | 01:07:00 |
| 3141 | 4018 | Łukasz | Waluszyński | Gniezno | | 1997 | M16 | 47 | 2410 | | 00:32:03 (3084) | 01:10:04 | 01:08:37 |
| 3142 | 1643 | Krzysztof | Andrzejak | Gniezno | K+G :) | 1978 | M35 | 499 | 2411 | | 00:32:02 (3083) | 01:10:05 | 01:08:37 |
| 3143 | 3261 | Iwona | Szymańska-Stawiak | Poznań | Dziki Dziki | 1988 | K25 | 143 | | 732 | 00:32:11 (3098) | 01:10:06 | 01:07:04 |
| 3144 | 489 | Bartłomiej | Zborąta | Poznań | Speed Szuracz | 1978 | M35 | 500 | 2412 | | 00:33:21 (3217) | 01:10:07 | 01:10:07 |
| 3145 | 3474 | Magdalena | Zborąta-Orlińska | Poznań | Speed Szuracz | 1977 | K35 | 153 | | 733 | 00:33:21 (3218) | 01:10:07 | 01:10:07 |
| 3146 | 2943 | Michał | Chopkiewicz | Poznań | | 1978 | M35 | 501 | 2413 | | 00:33:43 (3267) | 01:10:08 | 01:07:50 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------------|-------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3147 | 1557 | Monika | Lech | poznań | | 1985 | K30 | 158 | | 734 | 00:31:18 (2991) | 01:10:10 | 01:07:32 |
| 3148 | 1235 | Joanna | Kmieciak | Gułtowy | | 1994 | K20 | 72 | | 735 | 00:31:53 (3066) | 01:10:10 | 01:07:39 |
| 3149 | 871 | Barbara | Nowak-Lewandowska | Zberki | KB Kosynier Września | 1957 | K55 | 9 | | 736 | 00:31:12 (2965) | 01:10:11 | 01:07:35 |
| 3150 | 3200 | Małgorzata | Kolarz | Poznań | | 1988 | K25 | 144 | | 737 | 00:32:18 (3112) | 01:10:12 | 01:06:59 |
| 3151 | 3204 | Agnieszka | Kędziora | Mosina | | 1989 | K25 | 145 | | 738 | 00:32:18 (3113) | 01:10:12 | 01:06:59 |
| 3152 | 1247 | Maciej | Seydlewicz | Poznań | gRUNwald Team Poznań | 1982 | M30 | 438 | 2414 | | 00:32:59 (3182) | 01:10:16 | 01:07:49 |
| 3153 | 1330 | Magdalena | Binkowska | poznań | | 1984 | K30 | 159 | | 739 | 00:31:19 (2996) | 01:10:16 | 01:07:38 |
| 3154 | 3070 | Sylwia | Loba | Poznań | | 1971 | K45 | 42 | | 740 | 00:31:27 (3019) | 01:10:19 | 01:08:30 |
| 3155 | 977 | Karolina | Barańkiewicz-Sokal | Poznań | | 1975 | K40 | 107 | | 741 | 00:32:23 (3118) | 01:10:20 | 01:07:39 |
| 3156 | 2963 | Anna | Pilarska | Gniezno | Green Team | 1988 | K25 | 146 | | 742 | 00:32:13 (3102) | 01:10:22 | 01:08:05 |
| 3157 | 181 | Paweł | Podwójski | Poznań | sfinks | 1968 | M45 | 195 | 2415 | | 00:33:06 (3197) | 01:10:24 | 01:08:15 |
| 3158 | 835 | Ewa | Kłak | Swarzędz | | 1979 | K35 | 154 | | 743 | 00:31:31 (3028) | 01:10:28 | 01:08:18 |
| 3159 | 857 | Joanna | Kaszyńska | Plewiska | | 1976 | K40 | 108 | | 744 | 00:33:16 (3210) | 01:10:29 | 01:07:48 |
| 3160 | 493 | Anna | Dudzińska | Poznań | | 1985 | K30 | 160 | | 745 | 00:31:36 (3043) | 01:10:30 | 01:07:37 |
| 3161 | 1353 | Katarzyna | Weber | Swarzędz | | 1992 | K20 | 73 | | 746 | 00:32:01 (3081) | 01:10:30 | 01:07:22 |
| 3162 | 3 | Andrzej | Arentowski | Swarzędz | CYBINA TEAM | 1949 | M65 | 30 | 2416 | | 00:32:36 (3148) | 01:10:31 | 01:07:48 |
| 3163 | 3162 | Karolina | Turek | CZERWONAK | | 1977 | K35 | 155 | | 747 | 00:32:35 (3143) | 01:10:32 | 01:07:53 |
| 3164 | 2907 | Wiesław | Felczak | Koziegłowy | | 1959 | M55 | 96 | 2417 | | 00:32:33 (3139) | 01:10:32 | 01:07:52 |
| 3165 | 1528 | Mikołaj | Pietrucha | Poznań | Dzikie Wieprze | 1985 | M30 | 439 | 2418 | | 00:30:56 (2917) | 01:10:34 | 01:07:58 |
| 3166 | 640 | Kasia | Janicka | Poznań | Stare Dziwaczki | 1981 | K35 | 156 | | 748 | 00:34:39 (3329) | 01:10:35 | 01:10:35 |
| 3167 | 4020 | Andrzej | Szatkowski | Luboń | A2RH PLUS | 1961 | M55 | 97 | 2419 | | 00:30:22 (2803) | 01:10:37 | 01:09:52 |
| 3168 | 3881 | Łukasz | Polomski | Swarzędz | P & K | 1981 | M35 | 502 | 2420 | | 00:32:32 (3136) | 01:10:41 | 01:07:30 |
| 3169 | 1551 | Alina | Klój | Poznań | 31 Baza Lotnictwa Taktycznego | 1966 | K50 | 26 | | 749 | 00:30:49 (2892) | 01:10:42 | 01:08:36 |
| 3170 | 1550 | Krzysztof | Klój | Poznań | 31 Baza Lotnictwa Taktycznego | 1962 | M50 | 128 | 2421 | | 00:30:50 (2894) | 01:10:42 | 01:08:36 |
| 3171 | 1842 | Jolanta | Zapaśnik | Biskupice | Night Runners | 1979 | K35 | 157 | | 750 | 00:33:08 (3198) | 01:10:46 | 01:08:26 |
| 3172 | 851 | Renata | Bilska | Nekla | | 1973 | K40 | 109 | | 751 | 00:35:35 (3385) | 01:10:47 | 01:10:47 |
| 3173 | 1227 | Agata | Waga-Nowak | Dąbrówka | | 1980 | K35 | 158 | | 752 | 00:32:13 (3103) | 01:10:48 | 01:08:22 |
| 3174 | 2675 | Daniel | Tomkowiak | Swarzędz | Bemarc | 1985 | M30 | 440 | 2422 | | 00:32:04 (3086) | 01:10:49 | 01:08:37 |
| 3175 | 3504 | Grzegorz | Kobus | Września | | 1975 | M40 | 456 | 2423 | | 00:35:00 (3360) | 01:10:50 | 01:10:50 |
| 3176 | 2864 | Karolina | Kobus | Września | Września | 1979 | K35 | 159 | | 753 | 00:35:01 (3361) | 01:10:51 | 01:10:51 |
| 3177 | 2678 | Sylwia | Cieślińska | Zalasewo | | 1987 | K25 | 147 | | 754 | 00:32:53 (3172) | 01:10:51 | 01:09:45 |
| 3178 | 1036 | Ewa | Pietrzak | Swarzędz | CYBINA TEAM | 1989 | K25 | 148 | | 755 | 00:32:35 (3144) | 01:10:51 | 01:08:44 |
| 3179 | 3590 | Agnieszka | Kaźmierczak | Siedleczek | | 1993 | K20 | 74 | | 756 | 00:33:35 (3257) | 01:10:51 | 01:07:32 |
| 3180 | 1472 | Piotr | Kaźmierczak | Siedleczek | Maratończyk Brzeźno | 1962 | M50 | 129 | 2424 | | 00:33:34 (3252) | 01:10:51 | 01:07:31 |
| 3181 | 588 | Magdalena | Pokrywka | Poznań | | 1990 | K25 | 149 | | 757 | 00:32:50 (3170) | 01:10:52 | 01:08:03 |
| 3182 | 2982 | Marlena | Bajer | Swarzędz | | 1981 | K35 | 160 | | 758 | 00:32:32 (3137) | 01:10:53 | 01:07:53 |
| 3183 | 1294 | Anita | Hoffmann-Rosa | Poznań | UKS SMOKI | 1977 | K35 | 161 | | 759 | 00:33:24 (3222) | 01:10:54 | 01:08:34 |
| 3184 | 1322 | Marzena | Baczyńska | Bydgoszcz | RodzinaPL | 1980 | K35 | 162 | | 760 | 00:32:48 (3166) | 01:10:55 | 01:07:56 |
| 3185 | 1914 | Małgorzata | Dawidowska | Swarzędz | | 1973 | K40 | 110 | | 761 | 00:34:23 (3306) | 01:10:56 | 01:08:10 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|---------------------|---------------------|---------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3186 | 1078 | Przemysław | Kurek | Środa Wielkopolska | | 1990 | M25 | 344 | 2425 | | 00:32:53 (3173) | 01:10:56 | 01:08:28 |
| 3187 | 3721 | Zbigniew | Pospieszala | Międzychód | | 1976 | M40 | 457 | 2426 | | 00:34:19 (3299) | 01:11:00 | 01:11:00 |
| 3188 | 2146 | Inga | Ciastowicz -Tomczak | Mosina | UKS FIGHTERS MOSINA | 1973 | K40 | 111 | | 762 | 00:32:31 (3132) | 01:11:00 | 01:08:21 |
| 3189 | 1006 | Jolanta | Przybył | Czachorowo | | 1974 | K40 | 112 | | 763 | 00:32:32 (3138) | 01:11:05 | 01:08:18 |
| 3190 | 2708 | Piotr | Przybył | Gostyń | EASY RUNNERS | 1972 | M40 | 458 | 2427 | | 00:32:26 (3122) | 01:11:06 | 01:08:13 |
| 3191 | 2738 | Dorota | Łagowska | Poznań | Night Runners | 1977 | K35 | 163 | | 764 | 00:32:58 (3181) | 01:11:08 | 01:08:41 |
| 3192 | 1513 | Zenon | Królik | Ostrów Wielkopolski | ICE MAT TEAM Ostrów Wlkp. | 1946 | M70 | 9 | 2428 | | 00:32:08 (3096) | 01:11:08 | 01:08:54 |
| 3193 | 291 | Ireneusz | Rzepa | Grodzisk Wlkp. | MLM wspaniały dzień | 1983 | M30 | 441 | 2429 | | 00:30:50 (2895) | 01:11:09 | 01:08:35 |
| 3194 | 1046 | Agnieszka | Jakobsze | Gniezno | Mamy-Biegamy | 1990 | K25 | 150 | | 765 | 00:34:19 (3300) | 01:11:11 | 01:08:04 |
| 3195 | 2277 | Krzysztof | Klemm | Kamionki | | 1981 | M35 | 503 | 2430 | | 00:33:31 (3242) | 01:11:14 | 01:08:11 |
| 3196 | 1215 | Ewa | Adamska | Komorniki | Hernik Team | 1984 | K30 | 161 | | 766 | 00:33:14 (3206) | 01:11:17 | 01:08:08 |
| 3197 | 983 | Monika | Hucaluk | GAIKI | | 1975 | K40 | 113 | | 767 | 00:32:26 (3123) | 01:11:18 | 01:11:18 |
| 3198 | 3078 | Ewa | Kremkowska | Poznań | Hernik Team | 1971 | K45 | 43 | | 768 | 00:33:14 (3207) | 01:11:18 | 01:08:09 |
| 3199 | 1243 | Krzysztof | Antkowiak | Zalasewo | | 1986 | M30 | 442 | 2431 | | 00:30:56 (2918) | 01:11:19 | 01:08:00 |
| 3200 | 2936 | Mateusz | Rogowski | Swarzędz | Swarzędz | 1991 | M25 | 345 | 2432 | | 00:34:14 (3293) | 01:11:21 | 01:08:26 |
| 3201 | 1404 | Sebastian | Jasicki | Gruszczyn | | 1976 | M40 | 459 | 2433 | | 00:33:02 (3187) | 01:11:23 | 01:09:00 |
| 3202 | 3744 | Dominika | Kolasińska-Szcutnik | Poznań | | 1981 | K35 | 164 | | 769 | 00:31:56 (3073) | 01:11:23 | 01:08:16 |
| 3203 | 2218 | Joanna | Sobczak | Mosina | | 1984 | K30 | 162 | | 770 | 00:32:03 (3085) | 01:11:24 | 01:09:23 |
| 3204 | 3770 | Marta | Purol | Poznań | | 1976 | K40 | 114 | | 771 | 00:33:38 (3262) | 01:11:25 | 01:08:56 |
| 3205 | 1484 | Klaudia | Grajewska | Kostrzyn | | 1996 | K20 | 75 | | 772 | 00:33:48 (3271) | 01:11:28 | 01:09:38 |
| 3206 | 3622 | Marcin | Kaczmarek | Poznań | | 1980 | M35 | 504 | 2434 | | 00:34:25 (3309) | 01:11:29 | 01:10:03 |
| 3207 | 3591 | Katarzyna | Sienicka | Bogucin | | 1981 | K35 | 165 | | 773 | 00:33:24 (3223) | 01:11:30 | 01:08:19 |
| 3208 | 2855 | Przemysław | Wleklik | Poznań | Tata Natalki | 1979 | M35 | 505 | 2435 | | 00:32:18 (3114) | 01:11:30 | 01:08:36 |
| 3209 | 2242 | Andrzej | Szwaczyk | Poznań | Teatr Polski w Poznaniu | 1981 | M35 | 506 | 2436 | | 00:30:18 (2791) | 01:11:33 | 01:09:19 |
| 3210 | 1460 | Sławek | Wiśniewski | Koziegłowy | kkk | 1970 | M45 | 196 | 2437 | | 00:33:33 (3251) | 01:11:36 | 01:09:46 |
| 3211 | 740 | Anna | Tryk | Swarzędz | | 1975 | K40 | 115 | | 774 | 00:32:12 (3101) | 01:11:37 | 01:08:44 |
| 3212 | 1876 | Wojtek | Matoga | Plewiska | | 1977 | M35 | 507 | 2438 | | 00:32:16 (3110) | 01:11:37 | 01:08:49 |
| 3213 | 152 | Izabella | Ignasiak | Gowarzewo | | 1986 | K30 | 163 | | 775 | 00:33:04 (3190) | 01:11:44 | 01:09:14 |
| 3214 | 1440 | Artur | Kubiak | TULCE | ART-BENA TEAM | 1979 | M35 | 508 | 2439 | | 00:33:03 (3188) | 01:11:45 | 01:08:51 |
| 3215 | 1439 | Dorota | Kubiak | TULCE | ART-BENA TEAM | 1987 | K25 | 151 | | 776 | 00:33:03 (3189) | 01:11:46 | 01:08:53 |
| 3216 | 154 | Weronika | Ziółkowska | Swarzędz | | 1995 | K20 | 76 | | 777 | 00:33:04 (3191) | 01:11:46 | 01:09:16 |
| 3217 | 3203 | Daria | Chałupka | Jasin | Mamy Biegamy | 1990 | K25 | 152 | | 778 | 00:33:28 (3236) | 01:11:49 | 01:09:42 |
| 3218 | 2454 | Izabela | Gronikowska | Poznań | | 1973 | K40 | 116 | | 779 | 00:32:42 (3157) | 01:11:50 | 01:09:14 |
| 3219 | 2747 | Andrzej | Nowak | Poznań | | 1962 | M50 | 130 | 2440 | | 00:32:55 (3174) | 01:11:51 | 01:09:24 |
| 3220 | 3824 | Dorota | Nowak | Poznań | | 1964 | K50 | 27 | | 780 | 00:32:56 (3177) | 01:11:51 | 01:09:25 |
| 3221 | 2280 | Lidia | Pilipczuk | Gniezno | | 1976 | K40 | 117 | | 781 | 00:33:25 (3228) | 01:11:52 | 01:09:48 |
| 3222 | 3496 | Radosław | Graczyk | Gniezno | Lady Cat | 1979 | M35 | 509 | 2441 | | 00:33:25 (3229) | 01:11:52 | 01:09:48 |
| 3223 | 2279 | Justyna | Lisiak | Niechanowo | Lady Cat | 1982 | K30 | 164 | | 782 | 00:33:27 (3234) | 01:11:52 | 01:09:48 |
| 3224 | 2319 | Lidia | Matlak | gniezno | Lady Cat | 1971 | K45 | 44 | | 783 | 00:33:26 (3232) | 01:11:54 | 01:09:50 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|-----------------------|-----------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3225 | 3010 | Dariusz | Kroll | Wągrowiec | | 1987 | M25 | 346 | 2442 | | 00:31:06 (2939) | 01:11:54 | 01:09:59 |
| 3226 | 2898 | Tomasz | Krygier | Czerniejewo | | 1978 | M35 | 510 | 2443 | | 00:33:59 (3279) | 01:11:58 | 01:11:58 |
| 3227 | 2143 | Robert | Szymaniec | Poznań | | 1966 | M50 | 131 | 2444 | | 00:32:29 (3129) | 01:12:00 | 01:08:56 |
| 3228 | 300 | Hanna | Gołębiwska | KICIN | | 1972 | K40 | 118 | | 784 | 00:32:22 (3117) | 01:12:00 | 01:09:33 |
| 3229 | 2425 | Agata | Marchwińska | Poznań | | 1983 | K30 | 165 | | 785 | 00:33:19 (3212) | 01:12:02 | 01:08:51 |
| 3230 | 2386 | Michał | Sochoń | Skórzewo | | 1982 | M30 | 443 | 2445 | | 00:32:33 (3140) | 01:12:02 | 01:09:01 |
| 3231 | 328 | Roman | Rożkowski | Śrem | running trees | 1958 | M55 | 98 | 2446 | | 00:32:06 (3089) | 01:12:03 | 01:09:25 |
| 3232 | 3358 | Aleksandra | Pawłowska | Poznań | | 1988 | K25 | 153 | | 786 | 00:32:45 (3163) | 01:12:04 | 01:09:03 |
| 3233 | 950 | Malwina | Taborowska | Poznań | | 1984 | K30 | 166 | | 787 | 00:34:50 (3348) | 01:12:05 | 01:09:05 |
| 3234 | 1448 | Krzysztof | Skibiński | Janowiec Wielkopolski | RodzinaPL | 1987 | M25 | 347 | 2447 | | 00:32:28 (3127) | 01:12:07 | 01:09:08 |
| 3235 | 1447 | Ewelina | Baczyńska | Janowiec Wielkopolski | RodzinaPL | 1987 | K25 | 154 | | 788 | 00:32:28 (3128) | 01:12:08 | 01:09:09 |
| 3236 | 1323 | Maciej | Baczyński | Bydgoszcz | RodzinaPL | 1979 | M35 | 511 | 2448 | | 00:32:48 (3167) | 01:12:08 | 01:09:10 |
| 3237 | 849 | Katarzyna | Wiciak | Poznań | | 1988 | K25 | 155 | | 789 | 00:32:16 (3111) | 01:12:08 | 01:09:40 |
| 3238 | 2142 | Krzyszyna | Iwaszczyk | Poznań | | 1986 | K30 | 167 | | 790 | 00:34:38 (3327) | 01:12:08 | 01:09:26 |
| 3239 | 3663 | Katarzyna | Janowiecka | Poznań | | 1987 | K25 | 156 | | 791 | 00:33:19 (3213) | 01:12:08 | 01:10:23 |
| 3240 | 882 | Radostaw | Hermann | Gowarzewo | Activ Nekla | 1978 | M35 | 512 | 2449 | | 00:34:17 (3294) | 01:12:09 | 01:12:09 |
| 3241 | 858 | Stanisław | Przybylak | Poznań | MSICS -POZNAŃ | 1946 | M70 | 10 | 2450 | | 00:33:38 (3263) | 01:12:10 | 01:09:04 |
| 3242 | 2392 | Marta | Labrzycka | Grodzisk Wilk. | DANFLOR TEAM | 1985 | K30 | 168 | | 792 | 00:32:59 (3183) | 01:12:11 | 01:09:24 |
| 3243 | 2399 | Agnieszka | Szudobaj | Swarzędz | | 1989 | K25 | 157 | | 793 | 00:33:04 (3192) | 01:12:12 | 01:09:29 |
| 3244 | 1987 | Roman | Marcinkowski | Kościan | Biegajnia Poznań | 1965 | M50 | 132 | 2451 | | 00:34:11 (3289) | 01:12:13 | 01:12:13 |
| 3245 | 1329 | Aleksandra | Wrzeńska | Swarzędz | | 1987 | K25 | 158 | | 794 | 00:33:21 (3219) | 01:12:13 | 01:08:48 |
| 3246 | 820 | Katarzyna | Kania | Tulce | CYBINA TEAM | 1984 | K30 | 169 | | 795 | 00:33:43 (3268) | 01:12:13 | 01:09:20 |
| 3247 | 3031 | Andrzej | Gajewski | Olsztyn | Gajówka | 1960 | M55 | 99 | 2452 | | 00:32:56 (3178) | 01:12:14 | 01:09:26 |
| 3248 | 3030 | Halina | Gajewska | Olsztyn | Gajówka | 1963 | K50 | 28 | | 796 | 00:32:55 (3175) | 01:12:14 | 01:09:25 |
| 3249 | 555 | Wojciech | Kaźmierczak | Śrem | | 1989 | M25 | 348 | 2453 | | 00:29:36 (2594) | 01:12:18 | 01:10:35 |
| 3250 | 2159 | Katarzyna | Kaczmarek | Koziegłowy | | 1985 | K30 | 170 | | 797 | 00:33:27 (3235) | 01:12:20 | 01:11:05 |
| 3251 | 510 | Katarzyna | Błażejewska | Rokietnica | | 1988 | K25 | 159 | | 798 | 00:35:40 (3387) | 01:12:21 | 01:12:21 |
| 3252 | 289 | Anna | Maciejak | Swarzędz | | 1980 | K35 | 166 | | 799 | 00:33:24 (3224) | 01:12:22 | 01:09:31 |
| 3253 | 2684 | Marek | Zawocki | POZNAŃ | | 1949 | M65 | 31 | 2454 | | 00:34:47 (3343) | 01:12:24 | 01:09:47 |
| 3254 | 1232 | Artur | Lisek | Swarzędz | UTAL | 1991 | M25 | 349 | 2455 | | | 01:12:25 | 01:09:36 |
| 3255 | 2461 | Marta | Formanek | Kostrzyn | | 1984 | K30 | 171 | | 800 | 00:33:20 (3216) | 01:12:25 | 01:09:36 |
| 3256 | 1865 | Radek | Szygenda | Koziegłowy | Koziegłowy | 1981 | M35 | 513 | 2456 | | 00:33:32 (3248) | 01:12:26 | 01:10:35 |
| 3257 | 3759 | Kinga | Grajek | Lusowo | Lusowo na biegowo | 1976 | K40 | 119 | | 801 | 00:33:08 (3199) | 01:12:27 | 01:09:21 |
| 3258 | 2422 | Sylwia | Tomaszewska | Września | | 1979 | K35 | 167 | | 802 | 00:34:17 (3295) | 01:12:31 | 01:09:43 |
| 3259 | 2421 | Artur | Tomaszewski | Września | UKS KT ORZEŁ WRZEŚNIA | 1974 | M40 | 460 | 2457 | | 00:34:18 (3296) | 01:12:31 | 01:09:43 |
| 3260 | 199 | Karol | Langner | Swarzędz | | 1971 | M45 | 197 | 2458 | | 00:34:32 (3316) | 01:12:33 | 01:09:36 |
| 3261 | 200 | Agnieszka | Langner | Swarzędz | | 1976 | K40 | 120 | | 803 | 00:34:32 (3317) | 01:12:33 | 01:09:36 |
| 3262 | 1681 | Maja | Bernad | Poznań | | 1994 | K20 | 77 | | 804 | 00:34:03 (3283) | 01:12:34 | 01:09:23 |
| 3263 | 1533 | Roman | Bernad | POZNAŃ | | 1964 | M50 | 133 | 2459 | | 00:37:16 (3414) | 01:12:35 | 01:12:35 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|-----------|---------------|--------------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3264 | 2158 | Jacek | Nowaczyk | Poznań | | 1977 | M35 | 514 | 2460 | | 00:33:24 (3225) | 01:12:38 | 01:10:00 |
| 3265 | 706 | Sylwia | Kałwińska | Poznań | CASTORAMA SWARZĘDZ - One Team | 1978 | K35 | 168 | | 805 | 00:33:55 (3274) | 01:12:42 | 01:09:51 |
| 3266 | 2688 | Magdalena | Mencel | Swarzędz | | 1980 | K35 | 169 | | 806 | 00:33:24 (3226) | 01:12:44 | 01:09:53 |
| 3267 | 2701 | Dagmara | Skommer | Złotniki | | 1983 | K30 | 172 | | 807 | 00:33:35 (3258) | 01:12:47 | 01:09:39 |
| 3268 | 3071 | Szymon | Kryger | Sieraków | on sight | 1986 | M30 | 444 | 2461 | | 00:33:34 (3253) | 01:12:49 | 01:09:41 |
| 3269 | 967 | Piotr | Olbrzyś | Gruszczyn | | 1974 | M40 | 461 | 2462 | | 00:36:46 (3408) | 01:12:50 | 01:12:50 |
| 3270 | 3201 | Magdalena | Fąderska | Lusowo | Lusowo na biegowo | 1976 | K40 | 121 | | 808 | 00:33:08 (3200) | 01:12:50 | 01:09:44 |
| 3271 | 2648 | Blanka | Winnicka | Poznań | | 1968 | K45 | 45 | | 809 | 00:32:38 (3151) | 01:12:51 | 01:09:52 |
| 3272 | 3405 | Karolina | Szewczyk | SWARZĘDZ | | 1979 | K35 | 170 | | 810 | 00:34:24 (3307) | 01:12:51 | 01:09:53 |
| 3273 | 1402 | Paulina | Dydymaska | Środa Wielkopolska | | 1992 | K20 | 78 | | 811 | 00:31:36 (3044) | 01:12:52 | 01:10:09 |
| 3274 | 3620 | Michał | Ograszko | Wierzonka | | 1988 | M25 | 350 | 2463 | | 00:33:57 (3278) | 01:12:53 | 01:09:48 |
| 3275 | 1403 | Mateusz | Mokracki | Środa Wielkopolska | | 1991 | M25 | 351 | 2464 | | 00:31:32 (3032) | 01:12:53 | 01:10:07 |
| 3276 | 1044 | Piotrek | Górnikiewicz | Rokietnica | NieWiemCoNaObiad.pl | 1980 | M35 | 515 | 2465 | | 00:33:31 (3243) | 01:12:54 | 01:10:25 |
| 3277 | 2513 | Edyta | Faltyńska | Poznań | kobiety biegają pl. | 1972 | K40 | 122 | | 812 | 00:33:32 (3249) | 01:13:00 | 01:10:01 |
| 3278 | 1972 | Krzysiek | Bukowiecki | Kuny | KB Maraton Turek | 1982 | M30 | 445 | 2466 | | 00:33:55 (3275) | 01:13:02 | 01:10:26 |
| 3279 | 3558 | Paweł | Kamyszek | Inowrocław | | 1987 | M25 | 352 | 2467 | | 00:33:31 (3244) | 01:13:02 | 01:09:56 |
| 3280 | 3560 | Weronika | Skowronek | Lasochów | | 1994 | K20 | 79 | | 813 | 00:33:32 (3250) | 01:13:02 | 01:09:56 |
| 3281 | 1700 | Ewa | Golik | Gowarzewo | | 1982 | K30 | 173 | | 814 | 00:32:44 (3160) | 01:13:03 | 01:10:09 |
| 3282 | 3327 | Agnieszka | Mikołajczak | Swarzędz | | 1988 | K25 | 160 | | 815 | 00:34:57 (3353) | 01:13:04 | 01:10:22 |
| 3283 | 1392 | Alicja | Kaspruk | Zalasewo | | 1981 | K35 | 171 | | 816 | 00:35:19 (3373) | 01:13:05 | 01:10:26 |
| 3284 | 99 | Katrzyna | Stawecka | Poznań | | 1973 | K40 | 123 | | 817 | 00:35:37 (3386) | 01:13:07 | 01:12:07 |
| 3285 | 2880 | Agnieszka | Błaszczuk | Zalasewo | ZALASEWO | 1978 | K35 | 172 | | 818 | 00:33:31 (3245) | 01:13:08 | 01:10:12 |
| 3286 | 167 | Sandra | Zawadzka | Swarzędz | | 1992 | K20 | 80 | | 819 | 00:32:56 (3179) | 01:13:09 | 01:10:52 |
| 3287 | 127 | Agnieszka | Maciejewicz | poznań | | 1988 | K25 | 161 | | 820 | 00:33:22 (3220) | 01:13:09 | 01:11:20 |
| 3288 | 966 | Monika | Olbrzyś | Gruszczyn | | 1976 | K40 | 124 | | 821 | 00:36:47 (3409) | 01:13:10 | 01:13:10 |
| 3289 | 132 | Dawid | Bobrowski | Swarzędz | | 1994 | M20 | 123 | 2468 | | 00:34:27 (3312) | 01:13:11 | 01:11:22 |
| 3290 | 2153 | Elżbieta | Szymczak | Murowana Goślina | | 1959 | K55 | 10 | | 822 | 00:34:01 (3282) | 01:13:12 | 01:10:37 |
| 3291 | 515 | Sylwia | Rybak | Dzieńmierowo | Fischer Team | 1976 | K40 | 125 | | 823 | 00:33:10 (3202) | 01:13:12 | 01:10:17 |
| 3292 | 3545 | Piotr | Kacprowski | Gruszczyn | | 1980 | M35 | 516 | 2469 | | 00:35:02 (3362) | 01:13:19 | 01:10:11 |
| 3293 | 3458 | Jagoda | Ceglowska | Opalenica | AKG Halny | 1988 | K25 | 162 | | 824 | 00:34:37 (3324) | 01:13:21 | 01:10:48 |
| 3294 | 2460 | Katarzyna | Januchowska | Wągrowiec | | 1978 | K35 | 173 | | 825 | 00:34:06 (3286) | 01:13:21 | 01:10:20 |
| 3295 | 3752 | Łukasz | Ceglowski | Opalenica | | 1981 | M35 | 517 | 2470 | | 00:34:39 (3330) | 01:13:21 | 01:10:49 |
| 3296 | 1189 | Izabela | Olczak | Lubień Kujawski | | 1995 | K20 | 81 | | 826 | 00:32:00 (3079) | 01:13:22 | 01:11:08 |
| 3297 | 3869 | Maciej | Wojciechowski | Żydowo | | 1980 | M35 | 518 | 2471 | | 00:35:09 (3367) | 01:13:23 | 01:10:17 |
| 3298 | 474 | Marcin | Klessa | Poznań | KLESSA Familia | 1974 | M40 | 462 | 2472 | | 00:33:56 (3276) | 01:13:26 | 01:10:30 |
| 3299 | 3544 | Ilona | Osmólska | Gruszczyn | | 1980 | K35 | 174 | | 827 | 00:34:59 (3358) | 01:13:26 | 01:10:16 |
| 3300 | 3381 | Wojciech | Chudy | Wierzyce | | 1971 | M45 | 198 | 2473 | | 00:35:22 (3375) | 01:13:28 | 01:10:40 |
| 3301 | 3379 | Sylwia | Chuda | Wierzyce | Pani | 1972 | K40 | 126 | | 828 | 00:35:21 (3374) | 01:13:28 | 01:10:40 |
| 3302 | 769 | Joanna | Bąkowska | Poznań | Poznań | 1973 | K40 | 127 | | 829 | 00:34:03 (3284) | 01:13:29 | 01:10:31 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-------------------------|------------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3303 | 2877 | Paulina | Szymczak | Krosno | | 1978 | K35 | 175 | | 830 | 00:33:04 (3193) | 01:13:31 | 01:10:43 |
| 3304 | 3868 | Bronnislaw | Komasa | Poznań | | 1966 | M50 | 134 | 2474 | | 00:34:37 (3325) | 01:13:31 | 01:11:01 |
| 3305 | 3459 | Arkadiusz | Sałek | Dęblin | | 1982 | M30 | 446 | 2475 | | 00:33:13 (3204) | 01:13:34 | 01:12:09 |
| 3306 | 1936 | Tomasz | Kościński | Poznań | | 1952 | M60 | 52 | 2476 | | 00:32:41 (3156) | 01:13:35 | 01:10:43 |
| 3307 | 2295 | Jolanta | Gwizdała | Poznań | | 1970 | K45 | 46 | | 831 | 00:32:43 (3158) | 01:13:35 | 01:10:44 |
| 3308 | 2585 | Anna | Raczkowska | Gruszczyn | O&U Club | 1973 | K40 | 128 | | 832 | 00:33:05 (3195) | 01:13:36 | 01:10:52 |
| 3309 | 275 | Dariusz | Chibowski | poznan | Dogonić Marzenia | 1968 | M45 | 199 | 2477 | | 00:34:40 (3333) | 01:13:40 | 01:12:13 |
| 3310 | 3017 | Maciej | Mermela | swarzędz | | 1968 | M45 | 200 | 2478 | | 00:35:03 (3364) | 01:13:50 | 01:11:16 |
| 3311 | 3018 | Agnieszka | Mermela | SWARZĘDZ | | 1974 | K40 | 129 | | 833 | 00:35:02 (3363) | 01:13:50 | 01:11:16 |
| 3312 | 2172 | Beata | Cichewicz | Swarzędz | Kobiety biegają | 1969 | K45 | 47 | | 834 | 00:33:50 (3272) | 01:13:52 | 01:10:49 |
| 3313 | 139 | Joanna | Bobrowska | Swarzędz | | 1991 | K25 | 163 | | 835 | 00:34:25 (3310) | 01:13:55 | 01:12:05 |
| 3314 | 1343 | Andrzej | Kaliciak | Gorzów Wlkp | | 1965 | M50 | 135 | 2479 | | 00:32:48 (3168) | 01:13:57 | 01:11:06 |
| 3315 | 3333 | Małgorzata | Widuch | Murowana Goślina | PKO Bank Polski | 1986 | K30 | 174 | | 836 | 00:33:47 (3270) | 01:13:59 | 01:11:13 |
| 3316 | 3332 | Maciej | Nowacki | Poznań | Drużyna Szpiku | 1986 | M30 | 447 | 2480 | | 00:33:46 (3269) | 01:13:59 | 01:11:12 |
| 3317 | 3432 | Maciej | Ziółkowski | poznan | ZM Technika | 1972 | M40 | 463 | 2481 | | 00:32:14 (3105) | 01:14:02 | 01:12:11 |
| 3318 | 1213 | Katarzyna | Pawlak | Luboń | Mamy-Biegamy | 1980 | K35 | 176 | | 837 | 00:34:48 (3344) | 01:14:03 | 01:10:55 |
| 3319 | 1223 | Agnieszka | Niegolewska | Promienko | | 1978 | K35 | 177 | | 838 | 00:33:30 (3240) | 01:14:04 | 01:11:12 |
| 3320 | 3033 | Danuta | Reguła Bobrowska | Poznań | | 1970 | K45 | 48 | | 839 | 00:34:42 (3340) | 01:14:04 | 01:11:07 |
| 3321 | 1558 | Joanna | Szwierz | Rabowice | HospicjumPK | 1991 | K25 | 164 | | 840 | 00:34:39 (3331) | 01:14:07 | 01:10:46 |
| 3322 | 1561 | Piotr | Szwierz | Rabowice | HospicjumPK | 1967 | M45 | 201 | 2482 | | 00:34:41 (3334) | 01:14:07 | 01:10:47 |
| 3323 | 2532 | Marcin | Drab | Obrzycko | | 1987 | M25 | 353 | 2483 | | 00:33:34 (3254) | 01:14:08 | 01:11:21 |
| 3324 | 235 | Jadwiga | Kierzkowska-Walczak | Plewiska | | 1985 | K30 | 175 | | 841 | 00:34:24 (3308) | 01:14:11 | 01:11:51 |
| 3325 | 1224 | Magdalena | Prętka | Promienko | | 1973 | K40 | 130 | | 842 | 00:33:28 (3237) | 01:14:12 | 01:11:17 |
| 3326 | 2681 | Sylvia | Żywanowska | Poznań | | 1991 | K25 | 165 | | 843 | 00:34:33 (3318) | 01:14:14 | 01:11:20 |
| 3327 | 3610 | Dominik | Błachowiak | Swarzędz | | 1980 | M35 | 519 | 2484 | | 00:34:41 (3335) | 01:14:18 | 01:11:50 |
| 3328 | 3614 | Izabela | Błachowiak | Swarzędz | | 1990 | K25 | 166 | | 844 | 00:34:41 (3336) | 01:14:18 | 01:11:50 |
| 3329 | 2773 | Paweł | Pohl | OSINIEC | Trepko Runners | 1974 | M40 | 464 | 2485 | | 00:32:29 (3130) | 01:14:20 | 01:11:54 |
| 3330 | 2560 | Jerzy | Zieleśkiewicz | Poznan | | 1955 | M60 | 53 | 2486 | | 00:32:43 (3159) | 01:14:20 | 01:11:22 |
| 3331 | 2303 | Izabela | Grądzielewska Obarzanek | Rogoźno | CASTORAMA SWARZĘDZ - One Team | 1972 | K40 | 131 | | 845 | 00:34:28 (3313) | 01:14:20 | 01:11:30 |
| 3332 | 1107 | Sławomira | Krenz | Poznań | | 1977 | K35 | 178 | | 846 | 00:37:21 (3417) | 01:14:20 | 01:14:20 |
| 3333 | 1603 | Agnieszka | Zielińska | Poznań | | 1982 | K30 | 176 | | 847 | 00:34:04 (3285) | 01:14:25 | 01:12:23 |
| 3334 | 3568 | Jurek | Szczodrzyński | Poznań | | 1943 | M70 | 11 | 2487 | | 00:34:49 (3346) | 01:14:26 | 01:12:15 |
| 3335 | 730 | Bartosz | Chmielewski | Swarzędz | | 1987 | M25 | 354 | 2488 | | 00:33:28 (3238) | 01:14:27 | 01:11:34 |
| 3336 | 1739 | Izabella | Kaczmarek | SARBINOWO | | 1981 | K35 | 179 | | 848 | 00:34:34 (3319) | 01:14:28 | 01:11:46 |
| 3337 | 1731 | Marta | Jóźwiak | SARBINOWO | | 1988 | K25 | 167 | | 849 | 00:34:35 (3320) | 01:14:28 | 01:11:47 |
| 3338 | 3706 | Jerzy | Bielski | POZNAŃ | | 1957 | M55 | 100 | 2489 | | 00:33:35 (3259) | 01:14:29 | 01:14:29 |
| 3339 | 130 | Sonia | Gościński | Poznań | BOLS Swarzędz | 1992 | K20 | 82 | | 850 | 00:34:35 (3321) | 01:14:39 | 01:11:51 |
| 3340 | 2603 | Elżbieta | Kotarska | Kostrzyn | | 1975 | K40 | 132 | | 851 | 00:34:42 (3341) | 01:14:40 | 01:11:52 |
| 3341 | 1435 | Martyna | Bolewicka | Poznań | Night Runners | 1996 | K20 | 83 | | 852 | 00:34:13 (3292) | 01:14:40 | 01:12:22 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|-----------------------|-------------------|----------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3342 | 899 | Radosław | Janka | Swarzędz | | 1974 | M40 | 465 | 2490 | | 00:36:09 (3400) | 01:14:40 | 01:14:40 |
| 3343 | 1367 | Iwona | Majewska | Złotniki | | 1962 | K50 | 29 | | 853 | 00:34:36 (3323) | 01:14:42 | 01:12:05 |
| 3344 | 2810 | Izabela | Kretkowska | Poznań | | 1988 | K25 | 168 | | 854 | 00:35:33 (3379) | 01:14:44 | 01:11:40 |
| 3345 | 2811 | Mikołaj | Rozenkop | Poznań | | 1988 | M25 | 355 | 2491 | | 00:35:33 (3380) | 01:14:44 | 01:11:40 |
| 3346 | 1792 | Elżbieta | Kucharska | Swarzędz | Dziki | 1984 | K30 | 177 | | 855 | 00:30:02 (2715) | 01:14:47 | 01:11:53 |
| 3347 | 1071 | Jacek | Kucharski | Garby | | 1978 | M35 | 520 | 2492 | | 00:29:34 (2584) | 01:14:48 | 01:11:54 |
| 3348 | 1666 | Katarzyna | Mamzerowska-Kucharska | Swarzędz | | 1980 | K35 | 180 | | 856 | 00:35:16 (3371) | 01:14:49 | 01:11:54 |
| 3349 | 1208 | Marian | Lizik | Licheń | | 1954 | M60 | 54 | 2493 | | 00:35:45 (3391) | 01:14:51 | 01:14:51 |
| 3350 | 334 | Elżbieta | Bednarczyk-Szaj | Swarzędz | KB Maniac Poznań | 1975 | K40 | 133 | | 857 | 00:34:51 (3350) | 01:14:53 | 01:12:08 |
| 3351 | 2426 | Małgorzata | Zgoda | Swarzędz | | 1975 | K40 | 134 | | 858 | 00:34:19 (3301) | 01:14:54 | 01:12:13 |
| 3352 | 931 | Daria | Urbańska | Poznań | | 1984 | K30 | 178 | | 859 | 00:34:59 (3359) | 01:14:56 | 01:12:16 |
| 3353 | 2847 | Elżbieta | Szefer | Działyń | | 1985 | K30 | 179 | | 860 | 00:36:15 (3404) | 01:15:01 | 01:12:26 |
| 3354 | 1039 | Monika | Zandecka | Luboń | Mamy-Biegamy | 1977 | K35 | 181 | | 861 | 00:34:50 (3349) | 01:15:18 | 01:12:11 |
| 3355 | 3375 | Aga | Szraube | Chomęcice | | 1977 | K35 | 182 | | 862 | 00:33:28 (3239) | 01:15:21 | 01:12:32 |
| 3356 | 2066 | Arieta | Dąbek | Strzałkowo | Strzałkowska Grupa Biegowa Sokół | 1966 | K50 | 30 | | 863 | 00:35:29 (3377) | 01:15:26 | 01:12:50 |
| 3357 | 954 | Sebastian | Gałęcki | Swarzędz | | 1982 | M30 | 448 | 2494 | | 00:32:40 (3153) | 01:15:27 | 01:13:42 |
| 3358 | 183 | Lukasz | Dopierala | Paczkowo | | 1980 | M35 | 521 | 2495 | | 00:34:18 (3297) | 01:15:32 | 01:12:22 |
| 3359 | 1805 | Wojciech | Maciaszczyk | Kostrzyn | | 1980 | M35 | 522 | 2496 | | 00:35:34 (3383) | 01:15:33 | 01:12:11 |
| 3360 | 1373 | Irena | Bednarek | Trzemeszno | BOLT Trzemeszno | 1968 | K45 | 49 | | 864 | 00:34:22 (3304) | 01:15:35 | 01:12:47 |
| 3361 | 2817 | Alina | Abramowska-Guzik | Poznań | | 1967 | K45 | 50 | | 865 | 00:34:29 (3315) | 01:15:37 | 01:13:47 |
| 3362 | 1109 | Agata | Echaust | Swarzędz | | 1995 | K20 | 84 | | 866 | 00:34:49 (3347) | 01:15:45 | 01:12:59 |
| 3363 | 2272 | Marzena | Raczynska | Poznań | AWF Poznań | 1990 | K25 | 169 | | 867 | 00:35:27 (3376) | 01:15:46 | 01:13:18 |
| 3364 | 636 | Karolina | Wawrzyński | Swarzędz | Stare Dziwaczki | 1980 | K35 | 183 | | 868 | 00:34:41 (3337) | 01:15:48 | 01:15:48 |
| 3365 | 2358 | Mieczysław | Zwierzyński | Poznań | | 1946 | M70 | 12 | 2497 | | 00:34:11 (3290) | 01:15:49 | 01:14:20 |
| 3366 | 1283 | Izabela | Olejnik | Plewiska | | 1973 | K40 | 135 | | 869 | 00:35:03 (3365) | 01:15:50 | 01:13:38 |
| 3367 | 3617 | Krzysztof | Cieśliński | Swarzędz | | 1986 | M30 | 449 | 2498 | | 00:35:44 (3389) | 01:15:56 | 01:12:49 |
| 3368 | 1331 | Justyna | Śliwińska | Belęcin | | 1985 | K30 | 180 | | 870 | 00:34:57 (3354) | 01:15:56 | 01:13:09 |
| 3369 | 961 | Dorota | Mielcarek | Poznań | | 1982 | K30 | 181 | | 871 | 00:34:58 (3356) | 01:15:56 | 01:13:00 |
| 3370 | 3543 | Danuta | Koszarek-Szternel | Pyzdry | | 1976 | K40 | 136 | | 871 | 00:35:40 (3388) | 01:15:56 | 01:12:51 |
| 3371 | 360 | Marlena | Nowak | Swarzędz | | 1986 | K30 | 182 | | 873 | 00:35:10 (3368) | 01:15:59 | 01:13:15 |
| 3372 | 3695 | Anna | Strykowska | Poznań | Speed Szuracz | 1979 | K35 | 184 | | 874 | 00:35:33 (3381) | 01:15:59 | 01:13:08 |
| 3373 | 3694 | Michał | Strykowski | Poznań | Speed Szuracz | 1976 | M40 | 466 | 2499 | | 00:35:33 (3382) | 01:16:00 | 01:13:09 |
| 3374 | 2147 | Michał | Romanowski | Poznań | | 1981 | M35 | 523 | 2500 | | 00:34:43 (3342) | 01:16:07 | 01:13:57 |
| 3375 | 1858 | Sławomir | Nowak | Siekierki Wielkie | Siekierki Runing Team | 1971 | M45 | 202 | 2501 | | 00:34:37 (3326) | 01:16:12 | 01:13:27 |
| 3376 | 1482 | Agnieszka | Kosmalka | Poznań | | 1986 | K30 | 183 | | 875 | 00:34:41 (3338) | 01:16:14 | 01:13:15 |
| 3377 | 1481 | Filip | Kaczorowski | Poznań | | 1978 | M35 | 524 | 2502 | | 00:34:41 (3339) | 01:16:14 | 01:13:15 |
| 3378 | 3142 | Agata | Jankowiak | Poznań | | 1987 | K25 | 170 | | 876 | 00:34:38 (3328) | 01:16:20 | 01:13:38 |
| 3379 | 1813 | Lidka | Mieszkowska | Paczkowo | | 1963 | K50 | 31 | | 877 | 00:34:26 (3311) | 01:16:25 | 01:13:46 |
| 3380 | 3688 | Grzegorz | Przybylski | Poznan | | 1964 | M50 | 136 | 2503 | | 00:35:05 (3366) | 01:16:35 | 01:14:04 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------|------------------------|---------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3381 | 1764 | Anna | Stróżniak | Swarzędz | CYBINA TEAM | 1990 | K25 | 171 | | 878 | 00:34:22 (3305) | 01:16:35 | 01:14:21 |
| 3382 | 1765 | Jakub | Zbierski | Poznań | CYBINA TEAM | 1986 | M30 | 450 | 2504 | | 00:34:19 (3302) | 01:16:35 | 01:14:18 |
| 3383 | 2027 | Krzysztofa | Laska | Śrem | www.karolinalaska.pl | 1977 | K35 | 185 | | 879 | 00:37:21 (3418) | 01:16:37 | 01:16:37 |
| 3384 | 171 | Aldona | Podwójka | Promienko | GIZEK | 1978 | K35 | 186 | | 880 | 00:33:59 (3280) | 01:16:39 | 01:14:30 |
| 3385 | 169 | Tomasz | Podwójka | Promienko | GIZEK | 1971 | M45 | 203 | 2505 | | 00:33:59 (3281) | 01:16:39 | 01:14:30 |
| 3386 | 1620 | Marek | Stuczyński | Poznań | | 1950 | M65 | 32 | 2506 | | 00:35:44 (3390) | 01:16:41 | 01:13:33 |
| 3387 | 1574 | Renata | Filipczak | Turek | | 1967 | K45 | 51 | | 881 | 00:34:54 (3351) | 01:16:42 | 01:14:01 |
| 3388 | 1575 | Ewa | Kujawińska | Turek | | 1967 | K45 | 52 | | 882 | 00:34:54 (3352) | 01:16:42 | 01:14:01 |
| 3389 | 320 | Marlena | Kędzierska | Swarzędz | Mamy-Biegamy | 1992 | K20 | 85 | | 883 | 00:33:56 (3277) | 01:16:43 | 01:14:03 |
| 3390 | 158 | Anna | Walczak | Zalasewo | | 1985 | K30 | 184 | | 884 | 00:31:16 (2978) | 01:16:45 | 01:14:04 |
| 3391 | 1172 | Ewa | Żebrowska | Poznań | UTAL | 1986 | K30 | 185 | | 885 | 00:35:10 (3369) | 01:16:45 | 01:14:33 |
| 3392 | 3370 | Adam | Dreger | Łowryń | | 1974 | M40 | 467 | 2507 | | 00:32:40 (3154) | 01:16:45 | 01:16:45 |
| 3393 | 1171 | Marta | Żebrowska | Zalasewo | UTAL | 1985 | K30 | 186 | | 886 | 00:35:10 (3370) | 01:16:45 | 01:14:33 |
| 3394 | 3741 | Izabela | Majchrowicz | Poznań | | 1961 | K55 | 11 | | 887 | 00:33:41 (3265) | 01:16:49 | 01:13:59 |
| 3395 | 1562 | Joanna | Cichomska | Poznań | Drużyna Szpiku | 1984 | K30 | 187 | | 888 | 00:34:08 (3287) | 01:16:54 | 01:14:09 |
| 3396 | 1560 | Agnieszka | Bartkowiak | Poznań | | 1976 | K40 | 137 | | 889 | 00:34:09 (3288) | 01:16:54 | 01:14:10 |
| 3397 | 3410 | Maciej | Piechura | Swarzędz | ASMEX | 1981 | M35 | 525 | 2508 | | 00:34:12 (3291) | 01:17:01 | 01:15:41 |
| 3398 | 495 | Jędrzej | Łuczewski | Opalenica | Kibole w biegu | 1989 | M25 | 356 | 2509 | | 00:35:32 (3378) | 01:17:11 | 01:15:55 |
| 3399 | 737 | Zuzanna | Kujawa | Swarzędz | | 1999 | K16 | 21 | | 890 | 00:34:57 (3355) | 01:17:15 | 01:14:25 |
| 3400 | 2904 | Maurycy | Fornal | Rabowice | | 1999 | M16 | 48 | 2510 | | 00:34:58 (3357) | 01:17:17 | 01:14:28 |
| 3401 | 1413 | Hubert | Ratajczak | Bytkowo | Bytkowiak Bytkowo | 1977 | M35 | 526 | 2511 | | 00:36:43 (3407) | 01:17:26 | 01:15:00 |
| 3402 | 1725 | Anna | Mensfeld | Poznań | Concordia Runners Team | 1985 | K30 | 188 | | 891 | 00:35:47 (3393) | 01:17:33 | 01:14:36 |
| 3403 | 793 | Agnieszka | Żurek | Pałędzie | nie mam pomysłu na siebie... | 1975 | K40 | 138 | | 892 | 00:38:56 (3433) | 01:17:35 | 01:17:35 |
| 3404 | 3012 | Sebastian | Zimny | Gniezno | Fundacja małe szczęścia | 1990 | M25 | 357 | 2512 | | 00:36:09 (3401) | 01:17:40 | 01:14:26 |
| 3405 | 1947 | Wioleta | Andrzejak | Poznań | | 1983 | K30 | 189 | | 893 | 00:35:51 (3394) | 01:17:45 | 01:15:24 |
| 3406 | 3880 | Jędrzej | Miernik | Stupca | | 1985 | M30 | 451 | 2513 | | 00:36:08 (3399) | 01:17:55 | 01:15:21 |
| 3407 | 3689 | Barbara | Rosińska | Trzemeszno | BOLT Trzemeszno | 1981 | K35 | 187 | | 894 | 00:35:54 (3395) | 01:18:03 | 01:15:15 |
| 3408 | 1758 | Aneta | Anders | Poznań | CYBINA TEAM | 1975 | K40 | 139 | | 895 | 00:34:48 (3345) | 01:18:24 | 01:15:46 |
| 3409 | 2323 | Maria | Grybionko | Poznań | 45 PDH Bór | 1986 | K30 | 190 | | 896 | 00:36:47 (3410) | 01:18:37 | 01:15:32 |
| 3410 | 1889 | Sylvia | Łęccka | Lusowo | Mamy Biegamy | 1983 | K30 | 191 | | 897 | 00:36:59 (3413) | 01:18:50 | 01:15:46 |
| 3411 | 159 | Patryk | Malis | Swarzedz | Drużyna Szpiku | 1994 | M20 | 124 | 2514 | | 00:35:46 (3392) | 01:19:02 | 01:16:31 |
| 3412 | 399 | Karolina | Boik | Pabianice | | 1990 | K25 | 172 | | 898 | 00:36:06 (3398) | 01:19:12 | 01:16:31 |
| 3413 | 3962 | Adam | Adamek | Kozięglowy k. Poznania | Dietetyczne Studio Adama Adamka | 1974 | M40 | 468 | 2515 | | 00:36:50 (3411) | 01:19:13 | 01:16:45 |
| 3414 | 2753 | Arkadiusz | Płocha | | ORION | 1980 | M35 | 527 | 2516 | | 00:37:35 (3421) | 01:19:16 | 01:16:19 |
| 3415 | 711 | Małgorzata | Mediger | Poznań | | 1967 | K45 | 53 | | 899 | 00:35:16 (3372) | 01:19:21 | 01:16:28 |
| 3416 | 3371 | Karina | Kozłowska | Poznań | | 1980 | K35 | 188 | | 900 | 00:35:34 (3384) | 01:19:31 | 01:16:53 |
| 3417 | 419 | Dominik | Andrzejewski | Poznań | YORK | 1986 | M30 | 452 | 2517 | | 00:38:46 (3432) | 01:19:35 | 01:19:35 |
| 3418 | 3755 | Bernadetta | Zakrzewska | Gniezno | | 1995 | K20 | 86 | | 901 | 00:36:20 (3405) | 01:19:38 | 01:16:49 |
| 3419 | 979 | Magdalena | Krzyżanek | Opalenica | | 1997 | K16 | 22 | | 902 | 00:37:53 (3425) | 01:19:48 | 01:19:48 |

Wyniki

Klasyfikacja według czasów brutto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5 km | Wynik | Czas netto |
|---------|-------|------------|--------------------|------------------|-------------------------------|------|------|---------|------|-----|-----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 3420 | 172 | Magdalena | Żarek | Wroclaw | | 1983 | K30 | 192 | | 903 | 00:38:07 (3427) | 01:19:49 | 01:16:46 |
| 3421 | 173 | Paweł | Żarek | Wroclaw | | 1983 | M30 | 453 | 2518 | | 00:38:07 (3428) | 01:19:50 | 01:16:47 |
| 3422 | 939 | Renata | Malis | Swarzedz | Drużyna Szpiku | 1972 | K40 | 140 | | 904 | 00:37:18 (3415) | 01:19:57 | 01:17:25 |
| 3423 | 162 | Andrzej | Malis | Swarzędz | Drużyna Szpiku | 1971 | M45 | 204 | 2519 | | 00:37:20 (3416) | 01:19:57 | 01:17:26 |
| 3424 | 2064 | Marzena | Ciemniak | Poznań | | 1969 | K45 | 54 | | 905 | 00:36:02 (3397) | 01:20:01 | 01:17:01 |
| 3425 | 3061 | Ilona | Kolber-Witkowska | Gniezno | Prymus Healthy Team | 1983 | K30 | 193 | | 906 | 00:37:27 (3419) | 01:20:10 | 01:17:27 |
| 3426 | 4026 | Iwona | Torbicz | Kraków | Scandal egzotyka.tv | 1968 | K45 | 55 | | 907 | 00:37:45 (3424) | 01:20:20 | 01:17:11 |
| 3427 | 381 | Iwona | Pękala-Popek | Warszwa | | 1984 | K30 | 194 | | 908 | 00:35:54 (3396) | 01:20:27 | 01:17:28 |
| 3428 | 1737 | Małgorzata | Pietrzak | Zalasewo | | 1975 | K40 | 141 | | 909 | 00:38:02 (3426) | 01:20:42 | 01:18:13 |
| 3429 | 2378 | Eliza | Kasierska-But | Tulce | | 1977 | K35 | 189 | | 910 | 00:36:40 (3406) | 01:20:54 | 01:18:20 |
| 3430 | 238 | Małgorzata | Bębel | Gortatowo | | 1975 | K40 | 142 | | 911 | 00:36:11 (3402) | 01:21:03 | 01:17:53 |
| 3431 | 2122 | Magdalena | Szymaniec | Poznań | | 1969 | K45 | 56 | | 912 | 00:36:14 (3403) | 01:21:20 | 01:18:17 |
| 3432 | 1298 | Natalia | Hojnacka | Poznań | | 1986 | K30 | 195 | | 913 | 00:36:56 (3412) | 01:21:21 | 01:18:40 |
| 3433 | 3905 | Wiktor | Maciejowski | Poznań | Mosina Biega | 1955 | M60 | 55 | 2520 | | 00:37:32 (3420) | 01:22:01 | 01:20:58 |
| 3434 | 3539 | Magdalena | Kozera | Swarzędz | | 1982 | K30 | 196 | | 914 | 00:37:35 (3422) | 01:22:19 | 01:19:48 |
| 3435 | 2266 | Edyta | Ludzkowska | Murowana Goślina | KB Katorżnik Murowana Goślina | 1968 | K45 | 57 | | 915 | 00:38:19 (3429) | 01:22:23 | 01:19:12 |
| 3436 | 2267 | Klaudia | Ludzkowska | Murowana Goślina | KB Katorżnik Murowana Goślina | 1999 | K16 | 23 | | 916 | 00:38:19 (3430) | 01:22:23 | 01:19:12 |
| 3437 | 1712 | Monika | Paulus | Oborniki | | 1984 | K30 | 197 | | 917 | 00:39:36 (3437) | 01:22:32 | 01:21:23 |
| 3438 | 1723 | Rafał | Narożny | Swarzędz | | 1975 | M40 | 469 | 2521 | | 00:39:20 (3435) | 01:23:06 | 01:20:23 |
| 3439 | 1529 | Agnieszka | Bąk | Swarzędz | | 1974 | K40 | 143 | | 918 | 00:39:21 (3436) | 01:23:06 | 01:20:23 |
| 3440 | 936 | Maria | Matuszek | Kiekrz | KTR KIEKRZ | 1956 | K60 | 7 | | 919 | 00:37:41 (3423) | 01:23:19 | 01:20:41 |
| 3441 | 3608 | Jan | Kępa | SWARZĘDZ | CYBINA TEAM | 1946 | M70 | 13 | 2522 | | 00:41:15 (3442) | 01:23:28 | 01:23:28 |
| 3442 | 2676 | Danuta | Krzyżaniak | Swarzędz | Bemarc | 1990 | K25 | 173 | | 920 | 00:41:02 (3441) | 01:23:38 | 01:23:38 |
| 3443 | 2249 | Monika | Poświatowska-Gałat | Gostyń | Klub Biegacza 365 Gostyń | 1974 | K40 | 144 | | 921 | 00:41:40 (3444) | 01:23:58 | 01:23:58 |
| 3444 | 572 | Natalia | Supińska | Swarzędz | | 1993 | K20 | 87 | | 922 | 00:38:39 (3431) | 01:24:04 | 01:21:03 |
| 3445 | 1079 | Marcin | Piechnicki | Poznań | | 1988 | M25 | 358 | 2523 | | 00:39:05 (3434) | 01:24:56 | 01:21:53 |
| 3446 | 3243 | Monika | Olkiewicz | Poznań | | 1998 | K16 | 24 | | 923 | 00:39:41 (3438) | 01:27:00 | 01:24:05 |
| 3447 | 3593 | Artur | Zydlowski | Poznań | | 1979 | M35 | 528 | 2524 | | 00:24:38 (1118) | 01:27:07 | 01:26:54 |
| 3448 | 770 | Halina | Rączkowska | Wągrowiec | Biegający Wągrowiec | 1951 | K65 | 4 | | 924 | 00:40:27 (3439) | 01:27:21 | 01:24:23 |
| 3449 | 475 | Janina | Rosińska | Pabianice | | 1936 | K75+ | 1 | | 925 | 00:43:22 (3445) | 01:28:15 | 01:28:12 |
| 3450 | 2514 | Marek | Kaczor | Poznań | | 1955 | M60 | 56 | 2525 | | 00:41:35 (3443) | 01:30:45 | 01:30:45 |
| 3451 | 4040 | Maria | Pańczak | Poznań | Koalicja Polska | 1939 | K75+ | 2 | | 926 | 00:40:30 (3440) | 01:34:14 | 01:30:53 |
| RAZEM: | | 3451 | | | | | | | | | | | |