

Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|--------------|---------------------|--------------------------------------|------|------|---------|----|---|---------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1 | 541 | Yuriy | Blahodir | Winnica | ICE MAT TEAM Ostrów Wlkp | 1981 | M2 | 1 | 1 | | 00:21:42 (2) | 00:34:36 | 00:34:36 |
| 2 | 478 | Dariusz | Szrama | Dąbrówka Leśna | KP PSP Oborniki | 1979 | M2 | 2 | 2 | | 00:21:42 (3) | 00:34:40 | 00:34:39 |
| 3 | 404 | Damian | Glapiak | Bucz | KP PSP WOLSZTYN | 1980 | M2 | 3 | 3 | | 00:21:44 (4) | 00:34:51 | 00:34:51 |
| 4 | 317 | Dariusz | Jankowski | Poznań | XYZ | 1992 | M1 | 1 | 4 | | 00:21:40 (1) | 00:35:00 | 00:34:59 |
| 5 | 81 | Andrzej | Gromadziński | Gniezno | KPP Gniezno | 1973 | M3 | 1 | 5 | | 00:21:54 (5) | 00:35:50 | 00:35:49 |
| 6 | 269 | Piotr | Kaźmierczak | Witkowo | Witkowo Biega | 1981 | M2 | 4 | 6 | | 00:22:11 (6) | 00:35:56 | 00:35:56 |
| 7 | 363 | Dawid | Jagła | Jarocin | | 1990 | M1 | 2 | 7 | | 00:22:13 (7) | 00:36:08 | 00:36:08 |
| 8 | 191 | Adrian | Graczyk | Czarnków | Cybina Team / biegi wlkp. | 1988 | M1 | 3 | 8 | | 00:22:22 (8) | 00:36:20 | 00:36:19 |
| 9 | 402 | Mateusz | Rodewald | Wronki | MKS Juwenia Puszczykowo | 1993 | M1 | 4 | 9 | | 00:22:26 (9) | 00:36:30 | 00:36:30 |
| 10 | 443 | Paweł | Milczarek | Dobrzyca | KP PSP PLESZEW | 1989 | M1 | 5 | 10 | | 00:23:15 (10) | 00:37:37 | 00:37:36 |
| 11 | 426 | Ryszard | Płochocki | Nowe Skalmierzyce | SUPERMARATON KALISZ | 1961 | M4 | 1 | 11 | | 00:23:18 (12) | 00:37:56 | 00:37:55 |
| 12 | 465 | Tomasz | Kantorski | Jarocin | KM PSP Poznań | 1988 | M1 | 6 | 12 | | 00:23:57 (16) | 00:38:04 | 00:38:02 |
| 13 | 466 | Sławomir | Kulas | Dobrzyca | BS TRUCHTACZ DOBRZYCA | 1971 | M3 | 2 | 13 | | 00:23:17 (11) | 00:38:10 | 00:38:10 |
| 14 | 224 | Maciej | Kaminik | Śrem | Runner's Power | 1989 | M1 | 7 | 14 | | 00:23:31 (13) | 00:38:24 | 00:38:23 |
| 15 | 114 | Robert | Sikora | Poznań | Wolny Strzelec | 1980 | M2 | 5 | 15 | | 00:23:43 (14) | 00:38:42 | 00:38:40 |
| 16 | 9 | Wojciech | Mazur | Poznań | KM PSP Poznań | 1977 | M2 | 6 | 16 | | 00:24:00 (18) | 00:38:54 | 00:38:52 |
| 17 | 432 | Sławomir | Miszta | Poznań | | 1960 | M4 | 2 | 17 | | 00:24:20 (19) | 00:38:55 | 00:38:53 |
| 18 | 419 | Norbert | Hołderyn | witkowo | ALTOM GNIEZNO | 1980 | M2 | 7 | 18 | | 00:23:56 (15) | 00:38:56 | 00:38:54 |
| 19 | 265 | Monika | Brzozowska | Krzepice | | 1984 | K2 | 1 | | 1 | 00:23:59 (17) | 00:38:56 | 00:38:55 |
| 20 | 246 | Paweł | Wichłacz | Poznań | KB Maniac Poznań | 1983 | M2 | 8 | 19 | | 00:24:29 (20) | 00:39:31 | 00:39:28 |
| 21 | 438 | Ernest | Szałachowski | Swarzędz | | 1977 | M2 | 9 | 20 | | 00:25:01 (23) | 00:39:47 | 00:39:45 |
| 22 | 275 | Krzysztof | Pawłowski | Chwalibogowo | | 1980 | M2 | 10 | 21 | | 00:24:44 (21) | 00:40:03 | 00:39:59 |
| 23 | 103 | Maciej | Zandrecki | Swarzędz | Nie Ma Lipy Swarzędz Team | 1971 | M3 | 3 | 22 | | 00:25:09 (24) | 00:40:32 | 00:40:31 |
| 24 | 174 | Łukasz | Lewandowski | Nekla | run-log.com | 1990 | M1 | 8 | 23 | | 00:25:11 (25) | 00:40:55 | 00:40:45 |
| 25 | 515 | Tomasz | Berezowski | Poznań | Cityzen Poznań | 1986 | M2 | 11 | 24 | | 00:25:17 (26) | 00:40:55 | 00:40:52 |
| 26 | 418 | Artur | Tretyn | Poznań | Stubice/poznań | 1987 | M1 | 9 | 25 | | 00:24:57 (22) | 00:41:01 | 00:40:58 |
| 27 | 340 | Agnieszka | Golak | Wyrzeka | Runners'Power | 1976 | K3 | 1 | | 2 | 00:25:25 (30) | 00:41:04 | 00:41:03 |
| 28 | 448 | Kacper | Śmichurski | Zalasewo | Cybina Team | 1998 | M1 | 10 | 26 | | 00:25:53 (38) | 00:41:12 | 00:41:10 |
| 29 | 167 | Radosław | Pluciński | Swarzędz | KB Maniac, Nie ma lipy Swarzędz Team | 1989 | M1 | 11 | 27 | | 00:25:18 (27) | 00:41:28 | 00:41:28 |
| 30 | 76 | Przemysław | Lasoń | Radomsko | Biegacze w Radomsku | 1990 | M1 | 12 | 28 | | 00:25:27 (31) | 00:41:33 | 00:41:32 |
| 31 | 119 | Jan | Łuc | Swarzędz | Mercedes -BENZ-STS | 1954 | M5 | 1 | 29 | | 00:25:23 (29) | 00:41:34 | 00:41:32 |
| 32 | 12 | Jakub | Koralewski | Poznań | KB MSZ PCK | 1986 | M2 | 12 | 30 | | 00:25:36 (35) | 00:41:46 | 00:41:38 |
| 33 | 401 | Paweł | Wałkiewicz | Leszno | MGOPS GOSTYŃ | 1982 | M2 | 13 | 31 | | 00:25:43 (37) | 00:41:44 | 00:41:43 |
| 34 | 64 | Robert | Tylicki | Leszno | TylickiTeam | 1972 | M3 | 4 | 32 | | 00:25:35 (34) | 00:41:53 | 00:41:51 |
| 35 | 506 | Paweł | Nowicki | Kostrzyn | | 1976 | M3 | 5 | 33 | | 00:25:33 (33) | 00:41:59 | 00:41:55 |
| 36 | 250 | Zbigniew | Matysik | OSTRÓW WIELKOPOLSKI | KS ICE MAT TEAM OSTRÓW WIELKOPOLSKI | 1974 | M3 | 6 | 34 | | 00:26:03 (41) | 00:42:06 | 00:42:01 |
| 37 | 270 | Krzysztof | Panowicz | Ostrów Wielkopolski | | 1975 | M3 | 7 | 35 | | 00:25:31 (32) | 00:42:20 | 00:42:11 |
| 38 | 120 | Dawid | Spychalski | Września | Night Runners Września | 1990 | M1 | 13 | 36 | | 00:26:14 (42) | 00:42:23 | 00:42:16 |
| 39 | 429 | Krzysztof | Kmieciak | Gorazdowo | | 1982 | M2 | 14 | 37 | | 00:25:54 (39) | 00:42:27 | 00:42:18 |

Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|--------------|-------------------|---------------------------------|------|------|---------|----|---|---------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 40 | 38 | Łukasz | Semeniuk | Iwno | Walka Kostrzyn | 1979 | M2 | 15 | 38 | | 00:25:18 (28) | 00:42:24 | 00:42:19 |
| 41 | 339 | Michał | Jóźwiak | Kórnik | Brylant Kórnik | 1977 | M2 | 16 | 39 | | 00:26:19 (44) | 00:42:49 | 00:42:31 |
| 42 | 496 | Mateusz | Kędzior | Poznań | kolorowe misie | 1973 | M3 | 8 | 40 | | 00:26:17 (43) | 00:42:47 | 00:42:42 |
| 43 | 540 | Paweł | Samotyja | | Nowosolska Grupa Biegowa | 1976 | M3 | 9 | 41 | | 00:26:50 (50) | 00:42:48 | 00:42:45 |
| 44 | 115 | Paweł | Wawrzyniak | Śrem | Mamy-Biegamy | 1981 | M2 | 17 | 42 | | 00:26:26 (45) | 00:42:51 | 00:42:46 |
| 45 | 74 | Damian | Napierata | Dziemierowo | Kórnik | 1979 | M2 | 18 | 43 | | 00:26:27 (47) | 00:42:56 | 00:42:49 |
| 46 | 280 | Paweł | Bogusz | Poznań | Cybina Team | 1982 | M2 | 19 | 44 | | 00:26:26 (46) | 00:42:58 | 00:42:54 |
| 47 | 431 | Paweł | Gumienny | Poznań | KP PSP Środa Wlkp. | 1992 | M1 | 14 | 45 | | 00:27:45 (69) | 00:43:16 | 00:43:09 |
| 48 | 425 | Dariusz | Jarosik | Ostrów Wlkp. | | 1973 | M3 | 10 | 46 | | 00:26:39 (48) | 00:43:21 | 00:43:16 |
| 49 | 420 | Kuba | Golak | Stupca | KP PSP Stupca | 1989 | M1 | 15 | 47 | | 00:26:00 (40) | 00:43:25 | 00:43:21 |
| 50 | 405 | Sławomir | Pisarek | Wągrowiec | KP PSP WĄGROWIEC | 1981 | M2 | 20 | 48 | | 00:25:42 (36) | 00:43:58 | 00:43:45 |
| 51 | 181 | Dominik | Sękowski | Baranowo | | 1976 | M3 | 11 | 49 | | 00:26:40 (49) | 00:44:00 | 00:43:51 |
| 52 | 303 | Przemek | Pawłowski | Siekierki Wielkie | | 1977 | M2 | 21 | 50 | | 00:26:50 (51) | 00:44:01 | 00:43:54 |
| 53 | 68 | Krzysztof | Matuszewski | Poznań | CYBINA TEAM/Splawie | 1991 | M1 | 16 | 51 | | 00:27:17 (55) | 00:44:10 | 00:44:08 |
| 54 | 87 | Michał | Pajchrowski | ZANIEMYŚL | | 1985 | M2 | 22 | 52 | | 00:27:12 (54) | 00:44:31 | 00:44:19 |
| 55 | 249 | Marek | Mikołajczak | Września | KP PSP / Night Runners Września | 1975 | M3 | 12 | 53 | | 00:27:39 (65) | 00:44:43 | 00:44:31 |
| 56 | 5 | Filip | Żelazny | Kórnik | Brylant Kórnik | 1980 | M2 | 23 | 54 | | 00:27:33 (61) | 00:44:58 | 00:44:40 |
| 57 | 196 | Nikodem | Kryszak | PYZDRY | KB KOSYNIER WRZEŚNIA | 1993 | M1 | 17 | 55 | | 00:27:25 (58) | 00:44:48 | 00:44:42 |
| 58 | 26 | Artur | Klecha | Kostrzyn | | 1975 | M3 | 13 | 56 | | 00:27:18 (56) | 00:44:47 | 00:44:45 |
| 59 | 449 | Grzegorz | Pańczak | Pięczkowo | KP PSP Środa Wlkp. | 1977 | M2 | 24 | 57 | | 00:27:47 (72) | 00:45:00 | 00:44:53 |
| 60 | 468 | Krzysztof | Przepióra | Czerlejno | | 1989 | M1 | 18 | 58 | | 00:27:24 (57) | 00:44:57 | 00:44:55 |
| 61 | 308 | Wawrzyniec | Czubak | Kostrzyn | za Kubę | 1974 | M3 | 14 | 59 | | 00:27:37 (64) | 00:45:12 | 00:44:56 |
| 62 | 25 | Aldona | Białas | Gruszczyń | Nie Ma Lipy Swarzędz Team | 1977 | K2 | 2 | | 3 | 00:27:40 (66) | 00:45:03 | 00:44:57 |
| 63 | 520 | Zbigniew | Zugehoer | Poznań | Goggle Pro Active Eyewear | 1974 | M3 | 15 | 60 | | 00:27:52 (75) | 00:45:10 | 00:45:00 |
| 64 | 538 | Piotr | Hierowski | Strzałkowo | MaratonyPolskie.pl TEAM | 1968 | M3 | 16 | 61 | | 00:27:44 (68) | 00:45:02 | 00:45:02 |
| 65 | 137 | Adrian | Dukarski | Kostrzyn | Maratonczyk Brzeźno | 1989 | M1 | 19 | 62 | | 00:27:46 (70) | 00:45:11 | 00:45:08 |
| 66 | 1 | Paweł | Kaczmarek | Kostrzyn | Na szlaku Kostrzyn | 1977 | M2 | 25 | 63 | | 00:27:56 (76) | 00:45:56 | 00:45:09 |
| 67 | 45 | Krzysztof | Szaj | Kostrzyn | | 1970 | M3 | 17 | 64 | | 00:26:53 (52) | 00:45:15 | 00:45:11 |
| 68 | 267 | Mikołaj | Sworowski | Pobiedziska | | 1996 | M1 | 20 | 65 | | 00:27:35 (63) | 00:45:16 | 00:45:11 |
| 69 | 217 | Mariusz | Stokowski | Pobiedziska | Borowo-Młyn Team/ Złotniczki | 1976 | M3 | 18 | 66 | | 00:27:34 (62) | 00:45:18 | 00:45:13 |
| 70 | 488 | Jacek | Jabłoński | Twardogóra | | 1980 | M2 | 26 | 67 | | 00:27:30 (59) | 00:45:22 | 00:45:15 |
| 71 | 464 | Łukasz | Fryska | Poznań | | 1985 | M2 | 27 | 68 | | 00:28:06 (77) | 00:45:46 | 00:45:17 |
| 72 | 338 | Krystian | Dukarski | Kostrzyn | Maratończyk Brzeźno | 1993 | M1 | 21 | 69 | | 00:26:56 (53) | 00:45:29 | 00:45:26 |
| 73 | 235 | Robert | Waleriańczyk | Strumiany | | 1980 | M2 | 28 | 70 | | 00:27:50 (74) | 00:45:34 | 00:45:27 |
| 74 | 348 | Marlena | Strzelczyk | Kostrzyn | | 1989 | K1 | 1 | | 4 | 00:27:46 (71) | 00:45:48 | 00:45:39 |
| 75 | 140 | Przemysław | Mieszkowski | Paczkowo | | 1963 | M4 | 3 | 71 | | 00:27:40 (67) | 00:45:42 | 00:45:39 |
| 76 | 20 | Adrian | Surków | Swarzędz | Nie Ma Lipy Swarzędz Team | 1982 | M2 | 29 | 72 | | 00:27:30 (60) | 00:45:50 | 00:45:45 |
| 77 | 252 | Mariusz | Gomulski | Kołaczkowo | Kołaczkowo | 1979 | M2 | 30 | 73 | | 00:28:37 (84) | 00:46:10 | 00:45:47 |
| 78 | 46 | Piotr | Pacyński | Września | Maxcess Team Europe | 1988 | M1 | 22 | 74 | | 00:28:06 (78) | 00:46:15 | 00:45:53 |

4.Kurdeszowa (Za)Dyszka w Kostrzynie

Organizator: Urząd Miejski w Kostrzynie oraz Komisja Zdrowia i Sportu Rady Miejskiej Gminy Kostrzyn

Dystans: 10km

Kostrzyn, 2016-05-22



Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|---------------|----------------|------------------------------|------|------|---------|-----|---|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 79 | 309 | Mateusz | Kapciak | Kostrzyn | Walka Kostrzyn | 1990 | M1 | 23 | 75 | | 00:28:51 (90) | 00:46:29 | 00:45:58 |
| 80 | 386 | Marek | Stachorski | Września | KB KOSYNIER WRZEŚNIA | 1961 | M4 | 4 | 76 | | 00:27:48 (73) | 00:46:01 | 00:46:01 |
| 81 | 304 | Przemysław | Twardowski | Kozięgłowy | | 1977 | M2 | 31 | 77 | | 00:28:40 (85) | 00:46:16 | 00:46:02 |
| 82 | 407 | Piotr | Musielak | Poznan | Pgb SPORTOWA PACZKA UP-PN 56 | 1970 | M3 | 19 | 78 | | 00:28:12 (81) | 00:46:22 | 00:46:03 |
| 83 | 505 | Fryderyk | Wróbel | Jarocin | Białe Tygrysy Jarocin | 1979 | M2 | 32 | 79 | | 00:28:49 (89) | 00:46:21 | 00:46:11 |
| 84 | 7 | Grzegorz | Banaszak | Kostrzyn | Walka Kostrzyn | 1978 | M2 | 33 | 80 | | 00:28:27 (82) | 00:46:26 | 00:46:23 |
| 85 | 513 | Maciej | Antkowiak | Oborniki | OSP UŚCIKOWO | 1979 | M2 | 34 | 81 | | 00:29:06 (96) | 00:46:55 | 00:46:44 |
| 86 | 70 | Łukasz | Cieczka | Kórnik | | 1977 | M2 | 35 | 82 | | 00:28:43 (86) | 00:47:03 | 00:46:48 |
| 87 | 355 | Jarosław | Frankowski | Zagórów | | 1970 | M3 | 20 | 83 | | 00:28:07 (80) | 00:46:59 | 00:46:49 |
| 88 | 161 | Piotr | Kominowski | Owińska | MSICS Poznań | 1953 | M5 | 2 | 84 | | 00:29:22 (103) | 00:47:29 | 00:46:49 |
| 89 | 422 | Łukasz | Wódkowski | Poznań | | 1981 | M2 | 36 | 85 | | 00:29:25 (107) | 00:47:00 | 00:46:57 |
| 90 | 325 | Jarosław | Gozdalski | Witkowo | | 1973 | M3 | 21 | 86 | | 00:29:56 (115) | 00:47:42 | 00:46:58 |
| 91 | 462 | Marcin | Safian | Przeźmierowo | EXTREME HOBBY | 1989 | M1 | 24 | 87 | | 00:29:14 (97) | 00:47:13 | 00:47:03 |
| 92 | 186 | Jacek | Strabel | Komorniki | | 1980 | M2 | 37 | 88 | | 00:29:47 (113) | 00:47:26 | 00:47:06 |
| 93 | 345 | Artur | Pietrzak | Swarzędz | Cybina Team | 1973 | M3 | 22 | 89 | | 00:29:23 (105) | 00:47:31 | 00:47:16 |
| 94 | 454 | Maciej | Woźniak | Krotoszyn | Zaganiacze | 1987 | M1 | 25 | 90 | | 00:28:54 (92) | 00:47:21 | 00:47:18 |
| 95 | 256 | Piotr | Szulczewski | Koło | bankier.pl | 1983 | M2 | 38 | 91 | | 00:29:18 (99) | 00:47:27 | 00:47:18 |
| 96 | 479 | Mateusz | Jackowski | Nekla | | 1978 | M2 | 39 | 92 | | 00:28:56 (95) | 00:47:21 | 00:47:18 |
| 97 | 492 | Wojciech | Straszewski | Kostrzyn | KB/Kostro | 1963 | M4 | 5 | 93 | | 00:28:31 (83) | 00:47:29 | 00:47:20 |
| 98 | 241 | Marcin | Zagórski | Poznan | | 1973 | M3 | 23 | 94 | | 00:28:53 (91) | 00:47:35 | 00:47:23 |
| 99 | 380 | Tomasz | Strzoda | Jaraczewo | JARACZEWO BIEGA | 1971 | M3 | 24 | 95 | | 00:28:43 (87) | 00:47:42 | 00:47:30 |
| 100 | 4 | Waldemar | Kukuła | Czerlejńko | | 1980 | M2 | 40 | 96 | | 00:28:44 (88) | 00:47:38 | 00:47:34 |
| 101 | 52 | Arkadiusz | Grabarek | Zaniemyśl | Polonia Środa | 1991 | M1 | 26 | 97 | | 00:29:38 (110) | 00:48:30 | 00:47:41 |
| 102 | 483 | Przemysław | Starzyński | Kozięgłowy | Ziomek Scorpion | 1982 | M2 | 41 | 98 | | 00:28:06 (79) | 00:47:50 | 00:47:43 |
| 103 | 229 | Jarosław | Krobski | Biskupice WLKP | | 1981 | M2 | 42 | 99 | | 00:29:20 (102) | 00:47:58 | 00:47:52 |
| 104 | 195 | Wojciech | Mądry | Swarzędz | | 1988 | M1 | 27 | 100 | | 00:29:22 (104) | 00:48:10 | 00:47:57 |
| 105 | 18 | Sylvia | Roszak-Surków | Swarzędz | Nie Ma Lipy Swarzędz Team | 1977 | K2 | 3 | | 5 | 00:29:25 (108) | 00:48:09 | 00:48:03 |
| 106 | 242 | Andrzej | Kandulski | Borówiec | Malta Poznań | 1953 | M5 | 3 | 101 | | 00:28:54 (93) | 00:48:08 | 00:48:05 |
| 107 | 121 | Arkadiusz | Adaszak | Kostrzyn | | 1983 | M2 | 43 | 102 | | 00:28:54 (94) | 00:48:20 | 00:48:13 |
| 108 | 88 | Tomek | Kaszyński | Luboń | | 1978 | M2 | 44 | 103 | | 00:29:36 (109) | 00:48:25 | 00:48:14 |
| 109 | 78 | Rafał | Czarnecki | Złotów | | 1989 | M1 | 28 | 104 | | 00:29:19 (101) | 00:48:36 | 00:48:19 |
| 110 | 318 | Robert | Nowak | Kostrzyn | | 1973 | M3 | 25 | 105 | | 00:29:14 (98) | 00:48:28 | 00:48:22 |
| 111 | 360 | Arkadiusz | Szczygielski | Kostrzyn | Active Nekla | 1974 | M3 | 26 | 106 | | 00:30:24 (130) | 00:48:37 | 00:48:28 |
| 112 | 509 | Tomasz | Łukaszewski | Poznań | KB Maniac Poznań | 1959 | M4 | 6 | 107 | | 00:29:47 (114) | 00:48:41 | 00:48:30 |
| 113 | 487 | Arek | Rogowicz | Luboń | | 1996 | M1 | 29 | 108 | | 00:30:39 (137) | 00:48:49 | 00:48:30 |
| 114 | 116 | Łukasz | Wiza | Luboń | | 1981 | M2 | 45 | 109 | | 00:30:06 (122) | 00:49:11 | 00:48:30 |
| 115 | 37 | Witold | Zygmunt | Poznań | | 1981 | M2 | 46 | 110 | | 00:30:46 (140) | 00:49:22 | 00:48:36 |
| 116 | 179 | Łukasz | Żakowski | Poznań | | 1977 | M2 | 47 | 111 | | 00:29:18 (100) | 00:48:53 | 00:48:37 |
| 117 | 316 | Cezary | Ożarowski | Gruszczyń | | 1976 | M3 | 27 | 112 | | 00:30:11 (123) | 00:48:57 | 00:48:40 |

4.Kurdeszowa (Za)Dyszka w Kostrzynie

Organizator: Urząd Miejski w Kostrzynie oraz Komisja Zdrowia i Sportu Rady Miejskiej Gminy Kostrzyn

Dystans: 10km

Kostrzyn, 2016-05-22



Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|------------------|-------------------|------------------------|------|------|---------|-----|---|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 118 | 307 | Maciej | Kruczkowski | Gryfino | Familia Kruczkowskich | 1969 | M3 | 28 | 113 | | 00:29:59 (118) | 00:49:01 | 00:48:49 |
| 119 | 276 | Krzysztof | Waleriańczyk | Gułtowy | | 1978 | M2 | 48 | 114 | | 00:30:22 (129) | 00:48:59 | 00:48:52 |
| 120 | 323 | Michał | Jankowski | Zalasewo | Zalasewo | 1986 | M2 | 49 | 115 | | 00:29:23 (106) | 00:49:07 | 00:48:52 |
| 121 | 765 | Łukasz | Szał | Kostrzyn | Walka Kostrzyn | 1991 | M1 | 30 | 116 | | 00:30:05 (120) | 00:49:14 | 00:49:02 |
| 122 | 473 | Grzegorz | Pampuch | Siekierki Wielkie | | 1975 | M3 | 29 | 117 | | 00:30:12 (125) | 00:50:06 | 00:49:18 |
| 123 | 534 | Janusz | Marciniak | Kostrzyn | NKB Chyży | 1952 | M5 | 4 | 118 | | 00:30:11 (124) | 00:49:28 | 00:49:20 |
| 124 | 24 | Zbigniew | Garczyk | Kostrzyn | | 1963 | M4 | 7 | 119 | | 00:29:46 (111) | 00:49:29 | 00:49:22 |
| 125 | 477 | Adam | Zawada | Gruszczyn | | 1972 | M3 | 30 | 120 | | 00:30:31 (133) | 00:49:47 | 00:49:23 |
| 126 | 113 | Mateusz | Nowakowski | Kostrzyn | | 1986 | M2 | 50 | 121 | | 00:30:24 (131) | 00:49:33 | 00:49:26 |
| 127 | 214 | Bartosz | Gawarecki | Kostrzyn | | 1983 | M2 | 51 | 122 | | 00:30:12 (126) | 00:49:46 | 00:49:33 |
| 128 | 94 | Leszek | Hałupka | Poznań | | 1977 | M2 | 52 | 123 | | 00:29:57 (116) | 00:49:42 | 00:49:34 |
| 129 | 65 | Jarosław | Sowiński | Tulce | TERAZ TULCE MY BIEGAMY | 1963 | M4 | 8 | 124 | | 00:31:02 (148) | 00:50:01 | 00:49:37 |
| 130 | 16 | Jowita | Kruczkowska | Swarzędz | Walka Kostrzyn | 1994 | K1 | 2 | | 6 | 00:30:36 (134) | 00:49:49 | 00:49:37 |
| 131 | 398 | Tomasz | Maliński | Kostrzyn | Walka Kostrzyn | 1991 | M1 | 31 | 125 | | 00:30:51 (143) | 00:50:10 | 00:49:38 |
| 132 | 489 | Stanisław | Tomczyk | Puszczykowo | | 1962 | M4 | 9 | 126 | | 00:29:57 (117) | 00:49:54 | 00:49:41 |
| 133 | 91 | Maciej | Laskowski | Poznań | kreatywnie.pl | 1984 | M2 | 53 | 127 | | 00:31:24 (161) | 00:50:05 | 00:49:45 |
| 134 | 391 | Mariusz | Krupa | Poznań | 8-pak Poznań | 1982 | M2 | 54 | 128 | | 00:30:19 (128) | 00:50:02 | 00:49:53 |
| 135 | 160 | Paweł | Przywieczerski | Swarzędz | | 1978 | M2 | 55 | 129 | | 00:30:55 (146) | 00:50:11 | 00:49:53 |
| 136 | 446 | Leszek | Smolarek | wierzyce | | 1971 | M3 | 31 | 130 | | 00:30:37 (135) | 00:50:03 | 00:49:54 |
| 137 | 260 | Ewelina | Kasprzak | Gruszczyn | | 1981 | K2 | 4 | | 7 | 00:29:46 (112) | 00:50:00 | 00:49:55 |
| 138 | 112 | Zbigniew | Zajączkowski | Komorniki | Mamy-Biegamy | 1981 | M2 | 56 | 131 | | 00:30:37 (136) | 00:50:10 | 00:49:56 |
| 139 | 475 | Monika | Pokładecka | Września | | 1978 | K2 | 5 | | 8 | 00:30:40 (138) | 00:50:03 | 00:49:58 |
| 140 | 480 | Tomasz | Matysiak | Kiekrz | | 1973 | M3 | 32 | 132 | | | 00:50:36 | 00:49:59 |
| 141 | 516 | Bartosz | Machoński | Dąbrowa | Zabawki Hitcena.pl | 1974 | M3 | 33 | 133 | | 00:31:16 (156) | 00:50:36 | 00:50:05 |
| 142 | 225 | Tomasz | Buśkiewicz | Tulce | Powers Partner | 1976 | M3 | 34 | 134 | | 00:30:27 (132) | 00:50:10 | 00:50:06 |
| 143 | 366 | Maciej | Ryfa | Borówiec | | 1993 | M1 | 32 | 135 | | 00:31:02 (149) | 00:50:24 | 00:50:08 |
| 144 | 369 | Lukasz | Plewa | Swarzedz | | 1978 | M2 | 57 | 136 | | 00:30:49 (142) | 00:50:29 | 00:50:09 |
| 145 | 85 | Marcin | Galewski | Kostrzyn | Walka Kostrzyn | 1992 | M1 | 33 | 137 | | 00:30:51 (144) | 00:50:43 | 00:50:10 |
| 146 | 539 | Wojciech | Jankowski | Kostrzyn | Walka Kostrzyn | 1989 | M1 | 34 | 138 | | 00:30:58 (147) | 00:50:48 | 00:50:16 |
| 147 | 153 | Michał | Kapciak | Jasin | | 1987 | M1 | 35 | 139 | | 00:31:09 (151) | 00:51:02 | 00:50:25 |
| 148 | 427 | Rafał | Modelski | Swarzędz | Rafał Modelski | 1982 | M2 | 58 | 140 | | 00:31:14 (154) | 00:50:57 | 00:50:33 |
| 149 | 474 | Aleksander | Szymkowski | Poznań | | 1979 | M2 | 59 | 141 | | 00:31:30 (165) | 00:51:11 | 00:50:33 |
| 150 | 219 | Darek | Zieliński-Wronka | Swarzędz | | 1970 | M3 | 35 | 142 | | 00:30:48 (141) | 00:51:02 | 00:50:39 |
| 151 | 526 | Damian | Smogur | Oborniki | 8-pak Poznań | 1984 | M2 | 60 | 143 | | 00:30:04 (119) | 00:50:58 | 00:50:48 |
| 152 | 382 | Mirosław | Kubiak | Swarzędz | | 1962 | M4 | 10 | 144 | | 00:31:55 (181) | 00:51:13 | 00:50:49 |
| 153 | 476 | Irek | Kosmaczewski | Pobiedziska | | 1977 | M2 | 61 | 145 | | 00:31:27 (163) | 00:51:32 | 00:50:52 |
| 154 | 39 | Ilona | Walczak | Gorzkie [Pole | | 1973 | K3 | 2 | | 9 | 00:31:22 (159) | 00:51:05 | 00:50:56 |
| 155 | 461 | Krzysztof | Grzesiak | Śrem | Śrem | 1962 | M4 | 11 | 146 | | 00:30:45 (139) | 00:51:09 | 00:50:57 |
| 156 | 145 | Dariusz | Mądry | Swarzędz | | 1962 | M4 | 12 | 147 | | 00:31:56 (182) | 00:51:12 | 00:50:58 |

4.Kurdeszowa (Za)Dyszka w Kostrzynie

Organizator: Urząd Miejski w Kostrzynie oraz Komisja Zdrowia i Sportu Rady Miejskiej Gminy Kostrzyn

Dystans: 10km

Kostrzyn, 2016-05-22



Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|-----------|--------------------|-------------------|---------------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 157 | 328 | Janusz | Boruszak | Kostrzyn | Kostrzyn | 1972 | M3 | 36 | 148 | | 00:31:18 (157) | 00:51:32 | 00:51:01 |
| 158 | 258 | Hubert | Anioł | Poznań | Night Runners | 1979 | M2 | 62 | 149 | | 00:30:05 (121) | 00:51:21 | 00:51:03 |
| 159 | 222 | Dariusz | Robak | Kórnik | | 1967 | M3 | 37 | 150 | | 00:31:02 (150) | 00:51:34 | 00:51:29 |
| 160 | 185 | Robert | Jarząbek | Strzałkowo | STRZAŁKOWSKA GRUPA BIEGOWA "SOKÓŁ" | 1973 | M3 | 38 | 151 | | 00:31:10 (153) | 00:51:39 | 00:51:35 |
| 161 | 342 | Arkadiusz | Olkowski | Olszewo Borki | OLSZEWO BORKI | 1985 | M2 | 63 | 152 | | 00:31:25 (162) | 00:52:19 | 00:51:37 |
| 162 | 298 | Mateusz | Kamiński | Tulce | OSP KOMORNIKI | 1992 | M1 | 36 | 153 | | 00:32:07 (187) | 00:52:02 | 00:51:40 |
| 163 | 511 | Adam | Retkowski | Poznań | | 1978 | M2 | 64 | 154 | | 00:31:41 (168) | 00:52:18 | 00:51:41 |
| 164 | 231 | Adam | Stanicki | Kostrzyn | | 1975 | M3 | 39 | 155 | | 00:31:58 (183) | 00:51:41 | 00:51:41 |
| 165 | 166 | Paweł | Maćkowiak | Kostrzyn | | 1973 | M3 | 40 | 156 | | 00:32:08 (189) | 00:52:11 | 00:51:43 |
| 166 | 59 | Mateusz | Matuszak | Swarzędz | BOLS Swarzędz | 1991 | M1 | 37 | 157 | | 00:32:06 (186) | 00:52:18 | 00:51:44 |
| 167 | 497 | Filip | Przybylski | Poznan | | 1998 | M1 | 38 | 158 | | 00:32:44 (207) | 00:52:05 | 00:51:48 |
| 168 | 368 | Jakub | Ciesiołka | Poznań | GB Wielkopolscy Biegacze | 1980 | M2 | 65 | 159 | | 00:32:42 (205) | 00:52:03 | 00:51:50 |
| 169 | 27 | Dorota | Kaszyńska | Poznań | Nie Ma Lipy Swarzędz Team | 1970 | K3 | 3 | | 10 | 00:31:46 (171) | 00:52:05 | 00:51:50 |
| 170 | 375 | Piotr | Maciejewski | Swarzędz | BOLS Swarzędz | 1991 | M1 | 39 | 160 | | 00:32:09 (190) | 00:52:27 | 00:51:53 |
| 171 | 89 | Blazej | Miga | Kostrzyn | | 1977 | M2 | 66 | 161 | | 00:31:09 (152) | 00:52:24 | 00:51:55 |
| 172 | 356 | Michał | Klimczak | Poznań | | 1983 | M2 | 67 | 162 | | 00:32:16 (194) | 00:52:28 | 00:51:58 |
| 173 | 108 | Zbigniew | Łąkowski | Koziegłowy | KuzniaUmyslow.pl | 1975 | M3 | 41 | 163 | | 00:31:48 (173) | 00:52:18 | 00:52:00 |
| 174 | 460 | Bartosz | Frydrychowicz | Zalasewo | | 1978 | M2 | 68 | 164 | | 00:32:21 (195) | 00:52:27 | 00:52:03 |
| 175 | 336 | Remigiusz | Szymczak | Kostrzyn | zadzyszka.org | 1977 | M2 | 69 | 165 | | 00:32:00 (185) | 00:52:27 | 00:52:03 |
| 176 | 31 | Bartosz | Wolniewicz | Kostrzyn | Na szlaku Kostrzyn | 1994 | M1 | 40 | 166 | | 00:32:55 (210) | 00:52:49 | 00:52:04 |
| 177 | 324 | Sławomir | Pawlak | siekierki wielkie | wlasne treningi | 1974 | M3 | 42 | 167 | | 00:31:15 (155) | 00:52:17 | 00:52:05 |
| 178 | 313 | Tomasz | Stręk | Poznań | EXTREME HOBBY | 1978 | M2 | 70 | 168 | | 00:31:45 (169) | 00:52:22 | 00:52:11 |
| 179 | 284 | Bożena | Kuzak | Poznań | | 1983 | K2 | 6 | | 11 | 00:31:46 (172) | 00:52:29 | 00:52:14 |
| 180 | 237 | Piotr | Szczepaniak | Swarzędz | | 1977 | M2 | 71 | 169 | | 00:30:52 (145) | 00:52:41 | 00:52:16 |
| 181 | 104 | Marcin | Kuźniarek | Poznań | | 1983 | M2 | 72 | 170 | | 00:31:53 (179) | 00:52:32 | 00:52:17 |
| 182 | 205 | Wojciech | Rudomina | Siekierki Wielkie | | 1976 | M3 | 43 | 171 | | 00:31:49 (174) | 00:53:02 | 00:52:25 |
| 183 | 310 | Dawid | Szadziul | Poznań | | 1980 | M2 | 73 | 172 | | 00:33:01 (214) | 00:52:56 | 00:52:28 |
| 184 | 254 | Iza | Wyrwas-Zygartowska | Poznań | | 1980 | K2 | 7 | | 12 | 00:32:13 (193) | 00:52:48 | 00:52:30 |
| 185 | 165 | Jacek | Grabia | Poznań | | 1971 | M3 | 44 | 173 | | 00:32:21 (196) | 00:52:52 | 00:52:31 |
| 186 | 211 | Adam | Topolski | Siekierki Wielkie | KW PSP Poznań | 1976 | M3 | 45 | 174 | | 00:31:30 (166) | 00:52:47 | 00:52:33 |
| 187 | 73 | Tomasz | Biały | Poznań | | 1994 | M1 | 41 | 175 | | 00:33:22 (227) | 00:53:07 | 00:52:35 |
| 188 | 470 | Daniel | Sędyka | Swarzędz | | 1979 | M2 | 74 | 176 | | 00:30:15 (127) | 00:53:03 | 00:52:37 |
| 189 | 331 | Tomasz | Trojanowski | Dobiegiew | | 1990 | M1 | 42 | 177 | | 00:32:42 (206) | 00:53:00 | 00:52:39 |
| 190 | 13 | Adam | Iwański | Kostrzyn | Walka Kostrzyn / 1922 Lechia Kostrzyn | 1990 | M1 | 43 | 178 | | 00:32:49 (208) | 00:53:01 | 00:52:39 |
| 191 | 285 | Paweł | Grabowicz | Siekierki Wielkie | | 1973 | M3 | 46 | 179 | | 00:35:09 (287) | 00:53:07 | 00:52:40 |
| 192 | 416 | Mariusz | Fordon | Czerlejno | | 1971 | M3 | 47 | 180 | | 00:31:51 (177) | 00:52:49 | 00:52:43 |
| 193 | 67 | Janusz | Latos | Kostrzyn | | 1962 | M4 | 13 | 181 | | 00:32:55 (211) | 00:53:25 | 00:52:46 |
| 194 | 63 | Jolanta | Nowak | Kostrzyn | | 1978 | K2 | 8 | | 13 | 00:31:39 (167) | 00:53:06 | 00:52:47 |
| 195 | 384 | Maciej | Przybyszewski | Poznań | | 1977 | M2 | 75 | 182 | | 00:31:29 (164) | 00:53:15 | 00:52:53 |

Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|---------------|--------------------|----------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 196 | 209 | Waldemar | Foltynowicz | Kostrzyn | | 1983 | M2 | 76 | 183 | | 00:31:58 (184) | 00:53:21 | 00:52:57 |
| 197 | 109 | Andrzej | Dembina | suchy las/złotniki | | 1962 | M4 | 14 | 184 | | 00:31:52 (178) | 00:53:10 | 00:53:02 |
| 198 | 157 | Krzysztof | Górecki | Luboń | #Selekcja | 1981 | M2 | 77 | 185 | | 00:33:09 (219) | 00:53:18 | 00:53:03 |
| 199 | 514 | Mariusz | Mielcarzewicz | Swarzędz | Nie Ma Lipy Swarzędz Team | 1981 | M2 | 78 | 186 | | 00:32:52 (209) | 00:53:18 | 00:53:10 |
| 200 | 393 | Robert | Graczyk | SWARZĘDZ | Samotny biegacz | 1971 | M3 | 48 | 187 | | 00:31:23 (160) | 00:53:32 | 00:53:22 |
| 201 | 144 | Paweł | Czaplicki | Kostrzyn | | 1963 | M4 | 15 | 188 | | 00:32:38 (200) | 00:53:41 | 00:53:22 |
| 202 | 248 | Maciej | Pytlak | Kostrzyn | | 1990 | M1 | 44 | 189 | | 00:31:49 (175) | 00:53:46 | 00:53:32 |
| 203 | 378 | Piotr | Marchwicki | Poznań | | 1955 | M5 | 5 | 190 | | 00:32:12 (192) | 00:53:55 | 00:53:37 |
| 204 | 387 | Tomasz | Tonn | Swarzędz | | 1980 | M2 | 79 | 191 | | 00:33:47 (243) | 00:54:14 | 00:53:37 |
| 205 | 295 | Jakub | Łabędzki | Kostrzyn | KKS 1922 Lechia Kostrzyn | 1988 | M1 | 45 | 192 | | 00:33:16 (222) | 00:54:16 | 00:53:38 |
| 206 | 319 | Dawid | Damasik | Koziegłowy | | 1978 | M2 | 80 | 193 | | 00:33:16 (223) | 00:54:05 | 00:53:38 |
| 207 | 283 | Zbigniew | Chudzicki | Rogoźno | Rogoziński Klub Biegacza | 1980 | M2 | 81 | 194 | | 00:32:22 (197) | 00:53:45 | 00:53:39 |
| 208 | 377 | Damian | Maćkowiak | Pobiedziska | | 1981 | M2 | 82 | 195 | | 00:32:34 (198) | 00:54:25 | 00:53:45 |
| 209 | 527 | Leszek | Musidlak | Witkowo | Witkowo-MediaMarkt | 1965 | M4 | 16 | 196 | | 00:31:49 (176) | 00:54:00 | 00:53:47 |
| 210 | 111 | Matek | Osuch | Kostrzyn | | 1979 | M2 | 83 | 197 | | 00:32:35 (199) | 00:54:27 | 00:53:55 |
| 211 | 244 | Joanna | Wałkowiak | Kostrzyn | Walka Kostrzyn | 1990 | K1 | 3 | | 14 | 00:32:39 (204) | 00:54:23 | 00:53:56 |
| 212 | 204 | Elżbieta | Rudomina | Poznań | | 1983 | K2 | 9 | | 15 | 00:33:04 (216) | 00:54:36 | 00:53:57 |
| 213 | 155 | Jankowski | Łukasz | Kostrzyn | | 1982 | M2 | 84 | 198 | | 00:32:38 (201) | 00:54:18 | 00:54:00 |
| 214 | 469 | Kamil | Banaszkiewicz | Kleszczewo | Walka Kostrzyn | 1983 | M2 | 85 | 199 | | 00:31:45 (170) | 00:54:36 | 00:54:02 |
| 215 | 320 | Alfred | Błaszczak | Swarzędz | | 1972 | M3 | 49 | 200 | | 00:32:38 (202) | 00:54:18 | 00:54:03 |
| 216 | 282 | Maciej | Król | Grzybno | Night Runners | 1977 | M2 | 86 | 201 | | 00:33:34 (234) | 00:54:16 | 00:54:07 |
| 217 | 192 | Damian | Nowakowski | Września | | 1989 | M1 | 46 | 202 | | 00:34:42 (280) | 00:54:41 | 00:54:09 |
| 218 | 147 | Jacek | Kowalski | Gułtowy | Night Runners Gułtowy | 1971 | M3 | 50 | 203 | | 00:33:18 (224) | 00:54:37 | 00:54:10 |
| 219 | 182 | Radosław | Prus | Strzałkowo | Strzałkowska Grupa Biegowa Sokół | 1983 | M2 | 87 | 204 | | 00:33:29 (230) | 00:54:21 | 00:54:10 |
| 220 | 71 | Paweł | Wieczorek | Poznań | | 1980 | M2 | 88 | 205 | | 00:33:52 (245) | 00:54:45 | 00:54:11 |
| 221 | 367 | Izabela | Grzempka | Kostrzyn | | 1972 | K3 | 4 | | 16 | 00:33:19 (226) | 00:54:32 | 00:54:12 |
| 222 | 128 | Krzysztof | Kończakowski | Poznań | | 1993 | M1 | 47 | 206 | | 00:33:00 (213) | 00:54:31 | 00:54:14 |
| 223 | 408 | Kamil | Pawłowski | Strzałkowo | amatorszczyzna | 1988 | M1 | 48 | 207 | | 00:32:38 (203) | 00:54:25 | 00:54:15 |
| 224 | 259 | Przemysław | Lasiewicz | Kostrzyn | | 1973 | M3 | 51 | 208 | | 00:33:08 (217) | 00:54:56 | 00:54:17 |
| 225 | 28 | Leszek | Biały | kostrzyn | Koleje Wielkopolskie | 1990 | M1 | 49 | 209 | | 00:33:29 (231) | 00:54:55 | 00:54:24 |
| 226 | 178 | Krzysztof | Menes | Września | | 1985 | M2 | 89 | 210 | | 00:33:18 (225) | 00:54:48 | 00:54:31 |
| 227 | 485 | Marcin | Żurek | Gułtowy | | 1994 | M1 | 50 | 211 | | 00:35:13 (289) | 00:54:56 | 00:54:32 |
| 228 | 411 | Paulina | Huchwajda | Poznań | | 1989 | K1 | 4 | | 17 | 00:33:34 (235) | 00:54:57 | 00:54:36 |
| 229 | 203 | Marcin | Otto | Skałowo | Walka Kostrzyn | 1991 | M1 | 51 | 212 | | 00:34:30 (271) | 00:55:10 | 00:54:37 |
| 230 | 54 | Tomasz | Siwiaszczyk | Poznań | | 1975 | M3 | 52 | 213 | | 00:33:33 (233) | 00:54:54 | 00:54:38 |
| 231 | 383 | Joanna | Sobik | Kostrzyn | | 1982 | K2 | 10 | | 18 | 00:33:30 (232) | 00:54:53 | 00:54:39 |
| 232 | 53 | Magdalena | Jaworska | Poznań | GB Wielkopolscy Biegacze | 1977 | K2 | 11 | | 19 | 00:33:34 (236) | 00:54:53 | 00:54:39 |
| 233 | 290 | Andrzej | Byczyk | Poznań | | 1958 | M4 | 17 | 214 | | 00:33:01 (215) | 00:55:01 | 00:54:40 |
| 234 | 525 | Andrzej | Cieślak | Gołańcz | | 1985 | M2 | 90 | 215 | | 00:34:08 (258) | 00:54:53 | 00:54:43 |

4.Kurdeszowa (Za)Dyszka w Kostrzynie

Organizator: Urząd Miejski w Kostrzynie oraz Komisja Zdrowia i Sportu Rady Miejskiej Gminy Kostrzyn

Dystans: 10km

Kostrzyn, 2016-05-22



Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|------------------|-------------------|--|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 235 | 48 | Mariusz | Chłędowski | KOSTRZYN | | 1989 | M1 | 52 | 216 | | 00:32:59 (212) | 00:54:53 | 00:54:44 |
| 236 | 459 | Jacek | Sołtysiak | Kleszczewo | | 1996 | M1 | 53 | 217 | | 00:32:07 (188) | 00:55:03 | 00:54:46 |
| 237 | 481 | Michał | Kowalski | Pobiedziska | Kociałkowa Górka | 1980 | M2 | 91 | 218 | | 00:33:56 (246) | 00:55:07 | 00:54:47 |
| 238 | 133 | Marcin | Szak | Czerlejno | | 1980 | M2 | 92 | 219 | | 00:33:59 (251) | 00:55:32 | 00:54:49 |
| 239 | 228 | Wojciech | Siwek | Kostrzyn | Wałka Kostrzyn | 1993 | M1 | 54 | 220 | | 00:34:20 (265) | 00:55:22 | 00:54:49 |
| 240 | 261 | Konstancja | Lissewska | Poznań | rewor.wordpress.com | 1986 | K2 | 12 | | 20 | 00:33:58 (250) | 00:55:27 | 00:54:51 |
| 241 | 187 | Magdalena | Sitek | Kostrzyn | | 1973 | K3 | 5 | | 21 | 00:33:34 (237) | 00:55:11 | 00:54:53 |
| 242 | 503 | Justyna | Laskowska | Poznań | | 1975 | K3 | 6 | | 22 | 00:34:36 (275) | 00:55:37 | 00:54:53 |
| 243 | 82 | Michał | Maślanko | Promienko | Pobiedziska Running Team | 1985 | M2 | 93 | 221 | | 00:31:18 (158) | 00:55:40 | 00:55:05 |
| 244 | 17 | Kamila | Mikła | Poznań | 31 Baza Lotnictwa Taktycznego-/Mamy- Biegamy | 1980 | K2 | 13 | | 23 | 00:33:57 (248) | 00:55:22 | 00:55:07 |
| 245 | 436 | Małgorzata | Grześ | kostrzyn | | 1988 | K1 | 5 | | 24 | 00:33:14 (221) | 00:55:26 | 00:55:10 |
| 246 | 374 | Przemysław | Rogalski | Szczytniki | 31 Baza Lotnictwa Taktycznego | 1981 | M2 | 94 | 222 | | 00:34:26 (270) | 00:55:20 | 00:55:12 |
| 247 | 293 | Alicja | Łocman | Luboń | CONNECTOR TEAM | 1980 | K2 | 14 | | 25 | 00:34:07 (257) | 00:55:55 | 00:55:14 |
| 248 | 173 | Ewa | Gackowska-Pawlak | Poznań | kiribati klub | 1968 | K3 | 7 | | 26 | 00:34:24 (269) | 00:55:34 | 00:55:19 |
| 249 | 107 | Łukasz | Nowak | Lubin | | 1991 | M1 | 55 | 223 | | 00:31:53 (180) | 00:55:31 | 00:55:27 |
| 250 | 207 | Zofia | Dzierżanowska | wiktorowo | | 1987 | K1 | 6 | | 27 | 00:33:57 (249) | 00:55:49 | 00:55:28 |
| 251 | 521 | Tomasz | Nowicki | Września | Stowarzyszenie Pomagam Aktywnie | 1986 | M2 | 95 | 224 | | 00:33:46 (240) | 00:56:14 | 00:55:31 |
| 252 | 522 | Adam | Nowicki | Września | Stowarzyszenie Pomagam Aktywnie | 1988 | M1 | 56 | 225 | | 00:33:48 (244) | 00:56:15 | 00:55:33 |
| 253 | 440 | Anna | Szymańska | Kostrzyn | | 1977 | K2 | 15 | | 28 | 00:34:18 (264) | 00:56:00 | 00:55:34 |
| 254 | 456 | Sylwester | Zembrzuski | Poznań | | 1984 | M2 | 96 | 226 | | 00:34:00 (252) | 00:56:12 | 00:55:39 |
| 255 | 176 | Józef | Nowak | SKÓRZEWO | BBC SKÓRZEWO | 1955 | M5 | 6 | 227 | | 00:33:26 (229) | 00:56:00 | 00:55:40 |
| 256 | 542 | Michał | Grabowski | Swarzędz | | 1986 | M2 | 97 | 228 | | 00:34:39 (277) | 00:56:08 | 00:55:41 |
| 257 | 494 | Ireneusz | Kuzia | Koźmin Wlkp | MIŁOŚNICY PIŁKI NOŻNEJ - Krotoszyn | 1966 | M4 | 18 | 229 | | 00:34:23 (267) | 00:56:29 | 00:55:46 |
| 258 | 490 | Roman | Panek | Koźmin Wlkp | MIŁOŚNICY PIŁKI NOŻNEJ | 1959 | M4 | 19 | 230 | | 00:34:30 (272) | 00:56:33 | 00:55:51 |
| 259 | 335 | Hubert | Nowicki | Kleszczewo | | 1974 | M3 | 53 | 231 | | 00:34:14 (260) | 00:56:35 | 00:55:55 |
| 260 | 455 | Marek | Maklakiewicz | Poznań | Poznań miasto moje | 1989 | M1 | 57 | 232 | | 00:34:02 (254) | 00:56:30 | 00:55:57 |
| 261 | 61 | Dariusz | Mikulski | Poznań | | 1978 | M2 | 98 | 233 | | 00:32:09 (191) | 00:56:11 | 00:55:57 |
| 262 | 110 | Rafał | Augustyniak | Stęszew | | 1985 | M2 | 99 | 234 | | 00:34:11 (259) | 00:56:07 | 00:56:01 |
| 263 | 56 | Rafał | Kolas | Kostrzyn | | 1971 | M3 | 54 | 235 | | 00:34:00 (253) | 00:56:26 | 00:56:01 |
| 264 | 40 | Agnieszka | Ostrowska | Poznań | drużyna szpiku | 1985 | K2 | 16 | | 29 | 00:34:17 (263) | 00:56:38 | 00:56:03 |
| 265 | 96 | Przemysław | Kalinowski | Siekierki Wielkie | | 1969 | M3 | 55 | 236 | | 00:33:22 (228) | 00:56:20 | 00:56:03 |
| 266 | 433 | Dominik | Kruszona | Szczodrzykowo | | 1987 | M1 | 58 | 237 | | 00:34:32 (273) | 00:56:53 | 00:56:06 |
| 267 | 122 | Mieczysław | Koczorowski | Września | Night Runners | 1965 | M4 | 20 | 238 | | 00:33:46 (241) | 00:56:35 | 00:56:13 |
| 268 | 312 | Bartosz | Gadziński | Łubowo | | 1977 | M2 | 100 | 239 | | 00:33:56 (247) | 00:56:58 | 00:56:23 |
| 269 | 533 | Damian | Ruta | Czarnków | | 1986 | M2 | 101 | 240 | | 00:33:08 (218) | 00:56:40 | 00:56:31 |
| 270 | 240 | Tomasz | Kędzióra | Pobiedziska | Pobiedziska Running Team | 1978 | M2 | 102 | 241 | | 00:34:06 (255) | 00:56:54 | 00:56:33 |
| 271 | 543 | Piotr | Szwierz | Rabowice | | 1967 | M3 | 56 | 242 | | 00:35:39 (304) | 00:57:25 | 00:56:35 |
| 272 | 435 | Jacek | Karalus | Kostrzyn | | 1965 | M4 | 21 | 243 | | 00:33:43 (239) | 00:57:18 | 00:56:41 |
| 273 | 66 | Paweł | Jędrzejewski | Kostrzyn | | 1971 | M3 | 57 | 244 | | 00:34:51 (281) | 00:57:31 | 00:56:49 |

4.Kurdeszowa (Za)Dyszka w Kostrzynie

Organizator: Urząd Miejski w Kostrzynie oraz Komisja Zdrowia i Sportu Rady Miejskiej Gminy Kostrzyn

Dystans: 10km

Kostrzyn, 2016-05-22



Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|---------------------|-------------------|------------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 274 | 199 | Renata | Klawiter | KOSTRZYŃ | PKOBPSA | 1971 | K3 | 8 | | 30 | 00:34:39 (278) | 00:57:16 | 00:56:51 |
| 275 | 523 | Lidia | Grzelak | Kostrzyn | | 1977 | K2 | 17 | | 31 | 00:34:38 (276) | 00:57:08 | 00:56:55 |
| 276 | 512 | Ryszard | Wilkos | POZNAŃ | | 1986 | M2 | 103 | 245 | | 00:36:17 (324) | 00:57:14 | 00:56:55 |
| 277 | 131 | Robert | Wachocki | Golina | | 1988 | M1 | 59 | 246 | | 00:34:06 (256) | 00:57:20 | 00:56:57 |
| 278 | 171 | Marcin | Szmannowski | Siekierki Wielkie | | 1977 | M2 | 104 | 247 | | 00:33:46 (242) | 00:57:30 | 00:57:01 |
| 279 | 125 | Agnieszka | Hirsch | Poznań | KW PSP Poznań | 1986 | K2 | 18 | | 32 | 00:34:58 (283) | 00:57:18 | 00:57:13 |
| 280 | 136 | Piotr | Kaźmierczak | Siedleczek | Maratończyk Brzeźno | 1962 | M4 | 22 | 248 | | 00:35:45 (307) | 00:58:01 | 00:57:16 |
| 281 | 44 | Paweł | Kielan | Siekierki Wielkie | Kibole w biegu - Wiara Lecha! | 1979 | M2 | 105 | 249 | | 00:34:16 (261) | 00:57:33 | 00:57:22 |
| 282 | 201 | Sylvia | Klawiter | KOSTRZYŃ | | 1992 | K1 | 7 | | 33 | 00:35:29 (301) | 00:57:47 | 00:57:22 |
| 283 | 452 | Maciej | Pieniowski | Poznań | | 1983 | M2 | 106 | 250 | | 00:36:08 (316) | 00:58:15 | 00:57:33 |
| 284 | 482 | Sylvia | Stokowska | Gorzkie Pole | Borowo-Młyn Team /Gorzkie Pole | 1978 | K2 | 19 | | 34 | 00:35:17 (294) | 00:58:03 | 00:57:37 |
| 285 | 49 | Jarosław | Garski | Biedrusko | biegam bo lubię | 1978 | M2 | 107 | 251 | | 00:35:28 (298) | 00:57:55 | 00:57:43 |
| 286 | 21 | Kuba | Starszak | Swarzędz | Biegaj z WSL | 1994 | M1 | 60 | 252 | | 00:35:16 (293) | 00:58:29 | 00:57:44 |
| 287 | 279 | Darek | Roszyk | Gułtowy | | 1972 | M3 | 58 | 253 | | 00:35:39 (305) | 00:58:31 | 00:57:45 |
| 288 | 127 | Łukasz | Rembowicz | Września | | 1982 | M2 | 108 | 254 | | 00:35:25 (297) | 00:58:21 | 00:57:53 |
| 289 | 371 | Tomasz | Narłowski | Plewiska | | 1970 | M3 | 59 | 255 | | 00:33:39 (238) | 00:58:41 | 00:57:57 |
| 290 | 180 | Piotr | Mazurkiewicz | Siekierki Wielkie | | 1985 | M2 | 109 | 256 | | 00:35:18 (295) | 00:58:19 | 00:57:58 |
| 291 | 257 | Eligiusz | Kaszuła | Swarzędz | Porzeczkowa Swarzędz | 1972 | M3 | 60 | 257 | | 00:35:28 (299) | 00:58:23 | 00:57:59 |
| 292 | 118 | Maja | Możdżeń | Gniezno | | 1983 | K2 | 20 | | 35 | 00:34:22 (266) | 00:58:05 | 00:57:59 |
| 293 | 208 | Paulina | Foltynowicz | Kostrzyn | | 1985 | K2 | 21 | | 36 | 00:35:31 (302) | 00:58:14 | 00:58:00 |
| 294 | 189 | Sebastian | Maserak | Rabowice | | 1979 | M2 | 110 | 258 | | 00:34:58 (284) | 00:58:44 | 00:58:01 |
| 295 | 495 | Jakub | Małecki | Poznań | | 1991 | M1 | 61 | 259 | | 00:36:39 (336) | 00:58:39 | 00:58:03 |
| 296 | 75 | Arkadiusz | Pawlak | Poznań | Kiribati Club | 1967 | M3 | 61 | 260 | | 00:36:02 (313) | 00:58:18 | 00:58:03 |
| 297 | 6 | Andrzej | Bartkowiak | Wągrowiec | KW PSP Poznań | 1972 | M3 | 62 | 261 | | 00:34:58 (285) | 00:58:12 | 00:58:06 |
| 298 | 92 | Marta | Błachut - Laskowska | Poznań | kreatywnie.pl | 1985 | K2 | 22 | | 37 | 00:34:23 (268) | 00:58:27 | 00:58:07 |
| 299 | 501 | Anna | Chojnacka-Marysiak | Powidz | STRZAŁKOWSKA GRUPA BIEGOWA "SOKÓŁ" | 1981 | K2 | 23 | | 38 | 00:34:57 (282) | 00:58:22 | 00:58:09 |
| 300 | 169 | Iza | Dąbrowska | Poznań | MUD GOATS | 1977 | K2 | 24 | | 39 | 00:35:34 (303) | 00:58:48 | 00:58:12 |
| 301 | 484 | Andrzej | Janowski | Plewiska | | 1982 | M2 | 111 | 262 | | 00:34:40 (279) | 00:58:23 | 00:58:16 |
| 302 | 447 | Anna | Ratajczyk | Zalasewo | drużyna szpiku | 1981 | K2 | 25 | | 40 | 00:36:34 (333) | 00:58:58 | 00:58:18 |
| 303 | 409 | Tomasz | Frankowski | Zagórów | | 1976 | M3 | 63 | 263 | | 00:35:46 (308) | 00:58:32 | 00:58:20 |
| 304 | 530 | Tomasz | Soboń | Ujście | Tęcza Ujście | 1975 | M3 | 64 | 264 | | 00:36:09 (317) | 00:58:28 | 00:58:20 |
| 305 | 216 | Justyna | Piekarska | Kostrzyn/Gułtowy | | 1983 | K2 | 26 | | 41 | 00:36:07 (315) | 00:58:59 | 00:58:28 |
| 306 | 146 | Anna | Kowalska | Gułtowy | Night Runners Gułtowy | 1973 | K3 | 9 | | 42 | 00:36:04 (314) | 00:58:59 | 00:58:28 |
| 307 | 221 | Jolanta | Nowicka | Kostrzyn | | 1977 | K2 | 27 | | 43 | 00:35:59 (311) | 00:58:46 | 00:58:29 |
| 308 | 233 | Aleksandra | Wolna | Poznań | WORUBA | 1956 | K5 | 1 | | 44 | 00:35:15 (290) | 00:58:48 | 00:58:35 |
| 309 | 154 | Owidiusz | Krymarys | Kalisz | | 1980 | M2 | 112 | 265 | | 00:35:41 (306) | 00:59:17 | 00:58:36 |
| 310 | 124 | Marta | Gloger | Poznań | Strzeszyńska SZKOŁA GARNKA | 1977 | K2 | 28 | | 45 | 00:36:29 (331) | 00:59:19 | 00:58:36 |
| 311 | 274 | Łukasz | Trybuś | Dolsk | SGRT OSP MOSINA | 1988 | M1 | 62 | 266 | | 00:35:22 (296) | 00:59:06 | 00:58:41 |
| 312 | 467 | Dominik | Banaszkiewicz | Kleszczewo | Kleszczewo | 1988 | M1 | 63 | 267 | | 00:36:14 (321) | 00:58:43 | 00:58:43 |

4.Kurdeszowa (Za)Dyszka w Kostrzynie

Organizator: Urząd Miejski w Kostrzynie oraz Komisja Zdrowia i Sportu Rady Miejskiej Gminy Kostrzyn

Dystans: 10km

Kostrzyn, 2016-05-22



Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|---------------|-----------------------|----------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 313 | 35 | Michał | Janiak | Kostrzyn | Gwiazdowo | 1978 | M2 | 113 | 268 | | 00:35:04 (286) | 00:59:02 | 00:58:43 |
| 314 | 266 | Małgorzata | Kosmaczewska | Pobiedziska | Biegam bo lubię. | 1968 | K3 | 10 | | 46 | 00:35:15 (291) | 00:59:00 | 00:58:44 |
| 315 | 19 | Joanna | Książkiewicz | Tulce | OSP KOMORNIKI / CybinaTEAM | 1994 | K1 | 8 | | 47 | 00:37:17 (350) | 00:59:14 | 00:58:49 |
| 316 | 357 | Artur | Przybysz | Poznań | AWF Running Team | 1993 | M1 | 64 | 269 | | 00:36:46 (337) | 00:59:15 | 00:58:50 |
| 317 | 524 | Krzysztof | Tabaka | Kostrzyn | | 1994 | M1 | 65 | 270 | | 00:36:10 (318) | 00:59:14 | 00:58:50 |
| 318 | 95 | Marcin | Frąckowiak | Kostrzyn | | 1981 | M2 | 114 | 271 | | 00:33:12 (220) | 00:59:15 | 00:58:57 |
| 319 | 390 | Anna | Wiśniewska | Poznań | | 1982 | K2 | 29 | | 48 | 00:35:58 (310) | 00:59:21 | 00:58:58 |
| 320 | 50 | Piotr | Stojewski | Swarzędz | | 1973 | M3 | 65 | 272 | | 00:35:28 (300) | 00:59:29 | 00:58:59 |
| 321 | 337 | Agnieszka | Solecka | Swarzędz | | 1982 | K2 | 30 | | 49 | 00:36:01 (312) | 00:59:20 | 00:59:01 |
| 322 | 117 | Magdalena | Rosińska | Trzemeszno | BOLT Trzemesno | 1987 | K1 | 9 | | 50 | 00:36:14 (322) | 00:59:23 | 00:59:01 |
| 323 | 379 | Zbigniew | Marcińczak | Poznań/Krzepice | Zajączki | 1963 | M4 | 23 | 273 | | 00:36:50 (340) | 01:00:00 | 00:59:15 |
| 324 | 311 | Izabela | Bajer | Poznan | Wolne Ślimaki | 1971 | K3 | 11 | | 51 | 00:37:18 (351) | 00:59:20 | 00:59:16 |
| 325 | 451 | Paweł | Wesołowski | Śrem | | 1984 | M2 | 115 | 274 | | 00:36:38 (334) | 00:59:52 | 00:59:18 |
| 326 | 101 | Justyna | Genderka | Kostrzyn | | 1975 | K3 | 12 | | 52 | 00:36:27 (330) | 00:59:48 | 00:59:33 |
| 327 | 29 | Paweł | Piaskowski | SIEDLEC | amator | 1972 | M3 | 66 | 275 | | 00:36:26 (329) | 00:59:48 | 00:59:33 |
| 328 | 72 | Albert | Grzelak | Kostrzyn | | 1994 | M1 | 66 | 276 | | 00:36:22 (327) | 01:00:18 | 00:59:47 |
| 329 | 151 | Ewa | Gorzelańczyk | Poznań | 365sportu / wilda biega | 1988 | K1 | 10 | | 53 | 00:37:01 (346) | 01:00:28 | 00:59:47 |
| 330 | 361 | Piotr | Adamczak | Poznań | Sanpol Sport Team | 1988 | M1 | 67 | 277 | | 00:36:58 (344) | 01:00:28 | 00:59:48 |
| 331 | 531 | Adam | Rowicki | Ujście | Tęcza Ujście | 1980 | M2 | 116 | 278 | | 00:37:24 (356) | 01:00:01 | 00:59:52 |
| 332 | 264 | Szymon | Piotrowski | Kostrzyn | | 1984 | M2 | 117 | 279 | | 00:36:38 (335) | 01:00:34 | 00:59:54 |
| 333 | 177 | Marta | Kotwas | Luboń | | 1991 | K1 | 11 | | 54 | 00:36:16 (323) | 01:00:21 | 00:59:55 |
| 334 | 77 | Agnieszka | Przytulska | Kostrzyn | | 1989 | K1 | 12 | | 55 | 00:36:17 (325) | 01:00:12 | 00:59:55 |
| 335 | 255 | Andrzej | Galasiński | Luboń | | 1963 | M4 | 24 | 280 | | 00:35:10 (288) | 01:00:24 | 01:00:05 |
| 336 | 14 | Łukasz | Dardzikowski | Września | | 1983 | M2 | 118 | 281 | | 00:34:33 (274) | 01:00:27 | 01:00:07 |
| 337 | 471 | Szymon | Plura | Kostrzyn | | 1975 | M3 | 67 | 282 | | 00:35:15 (292) | 01:00:44 | 01:00:19 |
| 338 | 80 | Danuta | Dominiak | Starkówiec Piatkowski | | 1971 | K3 | 13 | | 56 | 00:36:59 (345) | 01:00:41 | 01:00:22 |
| 339 | 30 | Jakub | Wolniewicz | Kostrzyn | Na szlaku Kostrzyn | 1990 | M1 | 68 | 283 | | 00:36:17 (326) | 01:01:09 | 01:00:23 |
| 340 | 354 | Cecylia | Jachimczak | Zasutowo | ----- | 1982 | K2 | 31 | | 57 | 00:37:22 (353) | 01:00:42 | 01:00:24 |
| 341 | 373 | Weronika | Wojciechowska | Poznań | | 1985 | K2 | 32 | | 58 | 00:36:25 (328) | 01:00:53 | 01:00:32 |
| 342 | 97 | Jarosław | Ubysz | Nochowo | | 1971 | M3 | 68 | 284 | | 00:36:51 (341) | 01:00:50 | 01:00:33 |
| 343 | 421 | Maciej | Włodarczyk | Poznań | | 1986 | M2 | 119 | 285 | | 00:37:22 (354) | 01:01:16 | 01:00:33 |
| 344 | 392 | Marcin | Mrozek | Kostrzyn | Walka Kostrzyn | 1992 | M1 | 69 | 286 | | 00:36:10 (319) | 01:01:16 | 01:00:43 |
| 345 | 326 | Dominik | Olejniczak | Kostrzyn | | 1980 | M2 | 120 | 287 | | 00:35:55 (309) | 01:01:14 | 01:00:48 |
| 346 | 362 | Jadwiga | Serafin | Kostrzyn | | 1981 | K2 | 33 | | 59 | 00:36:12 (320) | 01:00:56 | 01:00:52 |
| 347 | 529 | Andrzej | Kucab | lubin | | 1966 | M4 | 25 | 288 | | 00:40:20 (415) | 01:00:55 | 01:00:55 |
| 348 | 329 | Katarzyna | Boruszak | Kostrzyn | Kostrzyn | 1973 | K3 | 14 | | 60 | 00:37:13 (349) | 01:01:29 | 01:00:59 |
| 349 | 519 | Anna | Maciejonek | Kostrzyn | | 1978 | K2 | 34 | | 61 | 00:38:23 (374) | 01:01:32 | 01:01:06 |
| 350 | 129 | Ilona | Morawiec | Kostrzyn | | 1996 | K1 | 13 | | 62 | 00:37:32 (358) | 01:01:37 | 01:01:20 |
| 351 | 212 | Remigiusz | Szymański | Kostrzyn | Walka Kostrzyn | 1957 | M4 | 26 | 289 | | 00:37:12 (348) | 01:02:03 | 01:01:20 |

Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|--------------------|-----------------------|--|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 352 | 230 | Radosław | Nowicki | PUSZCZYKOWO | | 1982 | M2 | 121 | 290 | | 00:36:29 (332) | 01:02:11 | 01:01:21 |
| 353 | 10 | Zbigniew | Kruszona | Kostrzyn | Lechia Kostrzyn & Echo Ziemi Kostrzyńskiej | 1976 | M3 | 69 | 291 | | 00:36:46 (338) | 01:02:16 | 01:01:30 |
| 354 | 395 | Robert | Klonowski | Poznań | KW PSP w Poznaniu | 1971 | M3 | 70 | 292 | | 00:38:03 (366) | 01:02:23 | 01:01:42 |
| 355 | 239 | Rafał | Cichański | Mrowino | Żółwie w natarciu | 1976 | M3 | 71 | 293 | | 00:37:26 (357) | 01:02:18 | 01:01:44 |
| 356 | 502 | Maciej | Krąkowski | Kostrzyn | | 1989 | M1 | 70 | 294 | | 00:36:48 (339) | 01:02:15 | 01:01:46 |
| 357 | 236 | Krzysztof | Formanek | Kostrzyn | | 1967 | M3 | 72 | 295 | | 00:36:52 (342) | 01:02:29 | 01:01:47 |
| 358 | 330 | Sandra | Roszak | Dobiegniew | | 1991 | K1 | 14 | | 63 | 00:37:59 (364) | 01:02:13 | 01:01:47 |
| 359 | 42 | Roman | Bednarek | Poznań | Night Runners | 1960 | M4 | 27 | 296 | | 00:37:34 (360) | 01:02:16 | 01:01:48 |
| 360 | 247 | Marcin | Koszela | Zalasewo | non molare mai | 1973 | M3 | 73 | 297 | | 00:38:02 (365) | 01:02:27 | 01:01:49 |
| 361 | 297 | Janusz | Broński | Komorniki | | 1979 | M2 | 122 | 298 | | 00:37:39 (362) | 01:01:57 | 01:01:49 |
| 362 | 22 | Karol | Sobiech | POBIEDZISKA | Night Runners | 1982 | M2 | 123 | 299 | | 00:34:16 (262) | 01:02:17 | 01:02:00 |
| 363 | 444 | Piotr | Kamiński | Kostrzyn | | 1975 | M3 | 74 | 300 | | 00:38:41 (380) | 01:02:49 | 01:02:01 |
| 364 | 227 | Hubert | Siwek | Kostrzyn | | 1988 | M1 | 71 | 301 | | 00:37:04 (347) | 01:02:48 | 01:02:08 |
| 365 | 414 | Natalia | Szafrańska | Kostrzyn | | 1973 | K3 | 15 | | 64 | 00:39:38 (399) | 01:02:38 | 01:02:08 |
| 366 | 442 | Aleksander | Szymański | Pobiedziska | Promno | 1976 | M3 | 75 | 302 | | 00:38:25 (376) | 01:03:00 | 01:02:09 |
| 367 | 396 | Natalia | Lewandowska | Wrocław | | 1994 | K1 | 15 | | 65 | 00:38:13 (369) | 01:02:28 | 01:02:12 |
| 368 | 210 | Mirosław | Karaśkiewicz | Tulce | KONSTYTUCJA TK | 1965 | M4 | 28 | 303 | | 00:39:04 (387) | 01:02:37 | 01:02:15 |
| 369 | 138 | Leszek | Slany | Kostrzyn | | 1984 | M2 | 124 | 304 | | 00:39:06 (388) | 01:02:59 | 01:02:18 |
| 370 | 193 | Dominik | Rozwadowski | Kostrzyn | 31 BLT | 1977 | M2 | 125 | 305 | | 00:38:24 (375) | 01:02:48 | 01:02:18 |
| 371 | 439 | Kamil | Chruściel | Jankowo Dolne | | 1988 | M1 | 72 | 306 | | 00:38:22 (373) | 01:02:52 | 01:02:23 |
| 372 | 79 | Tomasz | Dominiak | Starkówiec Piatkowski | | 1968 | M3 | 76 | 307 | | 00:38:51 (382) | 01:02:45 | 01:02:27 |
| 373 | 504 | Sławomir | Góral | Poznań | Warciarze | 1998 | M1 | 73 | 307 | | 00:39:29 (397) | 01:02:45 | 01:02:27 |
| 374 | 299 | Justyna | Bednarek | Poznań | | 1983 | K2 | 35 | | 66 | 00:38:08 (367) | 01:03:08 | 01:02:31 |
| 375 | 301 | Mariusz | Bednarek | Poznań | | 1981 | M2 | 126 | 309 | | 00:38:09 (368) | 01:03:07 | 01:02:31 |
| 376 | 315 | Bartosz | Markiewicz | Swarzędz | | 1976 | M3 | 77 | 310 | | 00:38:21 (372) | 01:03:09 | 01:02:35 |
| 377 | 215 | Przemysław | Laube | Kostrzyn | kostrzyńska łoża szyderców | 1976 | M3 | 78 | 311 | | 00:36:56 (343) | 01:03:15 | 01:02:35 |
| 378 | 343 | Kasia | Dardas | Chodzież | | 1980 | K2 | 36 | | 67 | 00:38:30 (377) | 01:02:44 | 01:02:39 |
| 379 | 333 | Ryszard | Kleinszmidt | Wierzyce | | 1970 | M3 | 79 | 312 | | 00:37:23 (355) | 01:03:17 | 01:02:41 |
| 380 | 463 | Piotr | Nowak | Czapury | | 1994 | M1 | 74 | 313 | | 00:37:18 (352) | 01:03:11 | 01:02:43 |
| 381 | 341 | Kuba | Czajka | Mosina | OSP Mosina | 1977 | M2 | 127 | 314 | | 00:38:51 (383) | 01:03:22 | 01:02:56 |
| 382 | 278 | Izabela | Mroz | Poznan | Wolne Ślimaki | 1982 | K2 | 37 | | 68 | 00:39:39 (400) | 01:03:04 | 01:03:00 |
| 383 | 334 | Joanna | Weinert-Dudzińska | Borowo-Młyn | | 1959 | K4 | 1 | | 69 | 00:37:44 (363) | 01:03:28 | 01:03:01 |
| 384 | 389 | Konrad | Grabowski | Kłecko | WKS Owieczki | 1987 | M1 | 75 | 315 | | 00:39:49 (406) | 01:03:33 | 01:03:01 |
| 385 | 150 | Mariola | Piasecka Majchrzak | Kostrzyn | | 1975 | K3 | 16 | | 70 | 00:37:32 (359) | 01:03:14 | 01:03:06 |
| 386 | 197 | Tomasz | Rzyski | Poznań | | 1993 | M1 | 76 | 316 | | 00:38:14 (370) | 01:03:41 | 01:03:08 |
| 387 | 281 | Krzysztof | Wojtaszewski | Poznań | KW PSP Poznań | 1971 | M3 | 80 | 317 | | 00:38:34 (378) | 01:03:16 | 01:03:11 |
| 388 | 263 | Tomasz | Kasprzak | Strzałkowo | KP Kostrzyn | 1980 | M2 | 128 | 318 | | 00:39:44 (404) | 01:03:53 | 01:03:12 |
| 389 | 370 | Zuzanna | Olszewska | Swarzędz | | 1993 | K1 | 16 | | 71 | 00:38:54 (384) | 01:04:01 | 01:03:14 |
| 390 | 226 | Błażej | Burek | Poznań | Starożegrzanie | 1984 | M2 | 129 | 319 | | 00:38:19 (371) | 01:03:32 | 01:03:18 |

4.Kurdeszowa (Za)Dyszka w Kostrzynie

Organizator: Urząd Miejski w Kostrzynie oraz Komisja Zdrowia i Sportu Rady Miejskiej Gminy Kostrzyn

Dystans: 10km

Kostrzyn, 2016-05-22



Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|-----------------|-------------------|------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 391 | 347 | Elżbieta | Strzelczyk | Kostrzyn | | 1964 | K4 | 2 | | 72 | 00:37:36 (361) | 01:03:59 | 01:03:24 |
| 392 | 532 | Monika | Banaszak | Kostrzyn | Kostrzyn | 1978 | K2 | 38 | | 73 | 00:39:16 (392) | 01:03:56 | 01:03:29 |
| 393 | 98 | Emilia | Plewińska-Budny | Siekierki Wielkie | | 1978 | K2 | 39 | | 74 | 00:39:15 (390) | 01:03:57 | 01:03:30 |
| 394 | 372 | Magdalena | Kolasińska | Krobia | | 1992 | K1 | 17 | | 75 | 00:39:21 (393) | 01:03:56 | 01:03:31 |
| 395 | 132 | Aneta | Chojnaka-Szak | Kostrzyn | | 1978 | K2 | 40 | | 76 | 00:39:39 (401) | 01:04:15 | 01:03:32 |
| 396 | 175 | Julianna | Makowska-Pąk | Kostrzyn | | 1981 | K2 | 41 | | 77 | 00:38:42 (381) | 01:04:03 | 01:03:32 |
| 397 | 457 | Ania | Bręk | WRD KMP POZNAŃ | | 1986 | K2 | 42 | | 78 | 00:39:27 (395) | 01:03:53 | 01:03:42 |
| 398 | 93 | Radosław | Wiejak | Kostrzyn | | 1978 | M2 | 130 | 320 | | 00:39:39 (402) | 01:03:56 | 01:03:53 |
| 399 | 400 | Jarosław | Andrzejewski | Swarzędz | | 1964 | M4 | 29 | 321 | | 00:39:02 (385) | 01:04:38 | 01:04:01 |
| 400 | 168 | Beata | Majewska | Poznań | MSICS Poznań | 1976 | K3 | 17 | | 79 | 00:39:59 (410) | 01:04:52 | 01:04:07 |
| 401 | 300 | Filip | Kantorski | swarzędz | STK RUNNERS | 1981 | M2 | 131 | 322 | | 00:39:03 (386) | 01:04:44 | 01:04:07 |
| 402 | 458 | Angelika | Solarz | WRD KMP Poznań | | 1980 | K2 | 43 | | 80 | 00:39:28 (396) | 01:04:25 | 01:04:14 |
| 403 | 294 | Piotr | Owsianowski | Poznań | | 1984 | M2 | 132 | 323 | | 00:39:15 (391) | 01:05:03 | 01:04:37 |
| 404 | 453 | Joanna | Burakowska | Poznań | | 1990 | K1 | 18 | | 81 | 00:39:56 (408) | 01:05:20 | 01:04:57 |
| 405 | 202 | Wojciech | Dreziński | Poznań | | 1994 | M1 | 77 | 324 | | 00:40:39 (421) | 01:05:41 | 01:05:06 |
| 406 | 388 | Dominika | Sobańska | Kostrzyn | | 1996 | K1 | 19 | | 82 | 00:40:36 (420) | 01:05:41 | 01:05:07 |
| 407 | 517 | Sylwia | Przybylska | Gniezno | | 1977 | K2 | 44 | | 83 | 00:39:55 (407) | 01:05:19 | 01:05:11 |
| 408 | 518 | Monika | Siwka | Gniezno | | 1988 | K1 | 20 | | 84 | 00:40:01 (412) | 01:05:19 | 01:05:11 |
| 409 | 268 | Agnieszka | Bartkowiak | Swarzędz | | 1973 | K3 | 18 | | 85 | 00:40:00 (411) | 01:05:50 | 01:05:12 |
| 410 | 32 | Joanna | Biedermann | Paczkowo | Paczkowo | 1977 | K2 | 45 | | 86 | 00:40:29 (416) | 01:05:49 | 01:05:22 |
| 411 | 11 | Rafał | Helak | Swarzędz | | 1976 | M3 | 81 | 325 | | 00:40:30 (417) | 01:05:50 | 01:05:23 |
| 412 | 472 | Paula | Szafrańska | Kostrzyn | | 1992 | K1 | 21 | | 87 | 00:39:58 (409) | 01:05:56 | 01:05:24 |
| 413 | 428 | Krzysztof | Łątkowski | Poznań | KB Maniac Poznań | 1979 | M2 | 133 | 326 | | 00:39:48 (405) | 01:06:21 | 01:05:27 |
| 414 | 234 | Paulina | Jankowska | Kostrzyn | Walka Kostrzyn | 1990 | K1 | 22 | | 88 | 00:40:32 (419) | 01:06:03 | 01:05:33 |
| 415 | 86 | Łukasz | Goździak | Kostrzyn | | 1982 | M2 | 134 | 327 | | 00:40:31 (418) | 01:05:48 | 01:05:33 |
| 416 | 352 | Agnieszka | Niegolewska | Promienko | | 1978 | K2 | 46 | | 89 | 00:41:25 (430) | 01:06:08 | 01:05:35 |
| 417 | 296 | Małgorzata | Brońska | Komorniki | | 1979 | K2 | 47 | | 90 | 00:39:43 (403) | 01:05:46 | 01:05:38 |
| 418 | 327 | Leszek | Kujawa | Kostrzyn | | 1980 | M2 | 135 | 328 | | 00:40:42 (422) | 01:06:18 | 01:05:50 |
| 419 | 172 | Błażej | Ziętek | Kostrzyn | | 1970 | M3 | 82 | 329 | | 00:39:21 (394) | 01:06:33 | 01:06:00 |
| 420 | 394 | Dominik | Formanek | Kostrzyn | Kostrzyn | 1988 | M1 | 78 | 330 | | 00:39:32 (398) | 01:06:40 | 01:06:11 |
| 421 | 152 | Martyna | Pawlikowska | Kostrzyn | | 1988 | K1 | 23 | | 91 | 00:40:45 (423) | 01:06:54 | 01:06:18 |
| 422 | 376 | Karolina | Rybicka | Kostrzyn | Cybina Team | 1973 | K3 | 19 | | 92 | 00:41:27 (431) | 01:06:47 | 01:06:19 |
| 423 | 353 | Jędrzej | Burek | Gułtowy | | 1958 | M4 | 30 | 331 | | 00:40:09 (413) | 01:07:07 | 01:06:19 |
| 424 | 302 | Ewa | Pawłowska | Siekierki Wielkie | | 1977 | K2 | 48 | | 93 | 00:40:52 (424) | 01:07:09 | 01:06:31 |
| 425 | 271 | Zdzisław | Szukała | Poznań | | 1962 | M4 | 31 | 332 | | 00:38:37 (379) | 01:07:04 | 01:06:31 |
| 426 | 536 | Tomasz | Ochowiak | Kostrzyn | | 1976 | M3 | 83 | 333 | | 00:41:31 (433) | 01:07:02 | 01:06:43 |
| 427 | 358 | Piotr | Borucki | Swarzędz | expert-team | 1976 | M3 | 84 | 334 | | 00:40:54 (426) | 01:07:57 | 01:07:16 |
| 428 | 106 | Marta | Formanek | Kostrzyn | | 1984 | K2 | 49 | | 94 | 00:40:53 (425) | 01:07:52 | 01:07:25 |
| 429 | 123 | Jagoda | Budniak | Poznań | parkrun Poznań | 1966 | K4 | 3 | | 95 | 00:39:14 (389) | 01:07:57 | 01:07:37 |

4.Kurdeszowa (Za)Dyszka w Kostrzynie

Organizator: Urząd Miejski w Kostrzynie oraz Komisja Zdrowia i Sportu Rady Miejskiej Gminy Kostrzyn

Dystans: 10km

Kostrzyn, 2016-05-22



Wyniki

Klasyfikacja wg czasów netto

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | PK1 | Wynik | Czas netto |
|---------|-------|------------|-------------|-------------------|--------------------------------|------|------|---------|-----|-----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 430 | 220 | Małgorzata | Wronka | Swarzędz | | 1969 | K3 | 20 | | 96 | 00:40:17 (414) | 01:09:17 | 01:08:41 |
| 431 | 510 | Katarzyna | Stokowska | Pobiedziska | Borowo-Młyn Team/ Złotniczki | 1978 | K2 | 50 | | 97 | 00:41:07 (428) | 01:09:19 | 01:08:53 |
| 432 | 58 | Aneta | Tokarz | Gorzkie Pole | Borowo Młyn Team/ Gorzkie Pole | 1989 | K1 | 24 | | 98 | 00:41:03 (427) | 01:09:20 | 01:08:54 |
| 433 | 344 | Sławomir | Nowak | Siekierki Wielkie | Siekierki Runing Team | 1971 | M3 | 85 | 335 | | 00:42:02 (435) | 01:09:37 | 01:09:08 |
| 434 | 36 | Aneta | Zygmunt | Poznań | | 1981 | K2 | 51 | | 99 | 00:42:36 (436) | 01:10:06 | 01:09:21 |
| 435 | 273 | Klaudia | Jabłońska | Kostrzyn | | 1985 | K2 | 52 | | 100 | 00:43:00 (441) | 01:10:23 | 01:09:44 |
| 436 | 84 | Dariusz | Józwiak | Poznań | | 1964 | M4 | 32 | 336 | | 00:41:30 (432) | 01:10:49 | 01:09:59 |
| 437 | 292 | Danuta | Kwapinska | Swarzędz | | 1975 | K3 | 21 | | 101 | 00:42:38 (437) | 01:10:20 | 01:10:11 |
| 438 | 3 | Tomasz | Zwoliński | Zalasewo | | 1970 | M3 | 86 | 337 | | 00:41:47 (434) | 01:10:59 | 01:10:30 |
| 439 | 486 | Jakub | Łuczak | Luboń | OSP Luboń | 1996 | M1 | 79 | 338 | | 00:42:44 (438) | 01:11:13 | 01:10:34 |
| 440 | 183 | Magdalena | Binkowska | Poznan | Mamy-Biegamy | 1984 | K2 | 53 | | 102 | 00:42:53 (440) | 01:11:01 | 01:10:37 |
| 441 | 499 | Grzegorz | Wiczewski | Poznań | Warciarze | 1976 | M3 | 87 | 339 | | 00:43:36 (447) | 01:11:19 | 01:10:38 |
| 442 | 184 | Monika | Lech | Poznan | | 1985 | K2 | 54 | | 103 | 00:42:52 (439) | 01:11:03 | 01:10:40 |
| 443 | 223 | Mateusz | Lisiak | Kostrzyn | Wałka Kostrzyn | 1989 | M1 | 80 | 340 | | 00:43:30 (444) | 01:11:51 | 01:11:18 |
| 444 | 218 | Katarzyna | Furmanek | Kostrzyn | | 1994 | K1 | 25 | | 104 | 00:43:30 (445) | 01:11:51 | 01:11:19 |
| 445 | 286 | Anna | Grabowicz | Siekierki Wielkie | | 1977 | K2 | 55 | | 105 | 00:43:03 (442) | 01:11:46 | 01:11:19 |
| 446 | 57 | Katarzyna | Kania | Tulce | Cybina Team | 1984 | K2 | 56 | | 106 | 00:43:07 (443) | 01:11:45 | 01:11:22 |
| 447 | 359 | Jakub | Jagięto | Łódź | | 1979 | M2 | 136 | 341 | | 00:44:01 (448) | 01:12:15 | 01:11:28 |
| 448 | 262 | Joanna | Kardasz | Glinka Szlachecka | | 1985 | K2 | 57 | | 107 | 00:43:35 (446) | 01:12:17 | 01:11:49 |
| 449 | 55 | Monika | Zandecka | Luboń | Mamy-Biegamy | 1977 | K2 | 58 | | 108 | 00:44:15 (449) | 01:12:43 | 01:11:57 |
| 450 | 47 | Katarzyna | Pawlak | Luboń | Mamy-Biegamy | 1980 | K2 | 59 | | 109 | 00:44:17 (450) | 01:12:55 | 01:12:08 |
| 451 | 410 | Izabella | Kaczmarek | SARBINOWO | | 1981 | K2 | 60 | | 110 | 00:44:18 (452) | 01:13:17 | 01:12:38 |
| 452 | 15 | Elżbieta | Kotarska | Kostrzyn | | 1975 | K3 | 22 | | 111 | 00:45:45 (456) | 01:13:24 | 01:12:42 |
| 453 | 148 | Marta | Józwiak | SARBINOWO | | 1988 | K1 | 26 | | 112 | 00:44:17 (451) | 01:13:30 | 01:12:50 |
| 454 | 406 | Mikołaj | Okupniak | Luboń | | 1996 | M1 | 81 | 342 | | 00:41:14 (429) | 01:14:16 | 01:13:40 |
| 455 | 102 | Monika | Witt | Poznań | Policja Poznań | 1984 | K2 | 61 | | 113 | 00:46:22 (459) | 01:14:03 | 01:13:47 |
| 456 | 346 | Sonia | Gościniak | Poznań | BOLS Swarzędz | 1992 | K1 | 27 | | 114 | 00:45:50 (457) | 01:14:49 | 01:14:14 |
| 457 | 493 | Ewa | Kuzia | Koźmin Wlkp | Koźmin Biega | 1967 | K3 | 23 | | 115 | 00:45:22 (454) | 01:15:05 | 01:14:19 |
| 458 | 491 | Alicja | Panek | Koźmin Wlkp | | 1963 | K4 | 4 | | 116 | 00:45:31 (455) | 01:15:08 | 01:14:21 |
| 459 | 508 | Elżbieta | Szymczak | Murowana Goślina | | 1959 | K4 | 5 | | 117 | 00:46:15 (458) | 01:15:23 | 01:14:36 |
| 460 | 537 | Julia | Dybizbańska | Kostrzyn | | 1990 | K1 | 28 | | 118 | 00:47:22 (460) | 01:15:45 | 01:15:24 |
| 461 | 498 | Grzegorz | Przybylski | Poznan | | 1964 | M4 | 33 | 343 | | 00:45:18 (453) | 01:16:53 | 01:16:34 |
| 462 | 170 | Agnieszka | Piasecka | Kostrzyn | | 1980 | K2 | 62 | | 119 | 00:47:24 (461) | 01:18:19 | 01:17:52 |
| 463 | 535 | Anna | Ochowiak | Kostrzyn | | 1982 | K2 | 63 | | 120 | 00:49:06 (462) | 01:18:38 | 01:18:17 |

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