

## III Pruszkowski Bieg Wolności

Organizator: Fundacja Chartered Institute of Cooperation i Urząd Miasta Pruszków

Dystans: 10km

Pruszków, 2016-05-29

## Wyniki



| Miejsce | Numer | Imię      | Nazwisko    | Klub  | Miejscowość | Rocznik | Kat. wiek. | Miejsce |    |   | Wynik    | Czas netto |
|---------|-------|-----------|-------------|---|-------------|---------|------------|---------|----|---|----------|------------|
|         |       |           |             |   |             |         |            | kat.    | M  | K |          |            |
| 1       | 316   | Artur     | Jabłoński   | Dream Run                                     | Gamratka    | 1981    | M30        | 1       | 1  |   | 00:32:15 | 00:32:14   |
| 2       | 269   | Krzysztof | Wasiewicz   | kondycja                                      | piaseczno   | 1992    | M20        | 1       | 2  |   | 00:33:30 | 00:33:30   |
| 3       | 20    | Arkadiusz | Łęczycki    | PTA Team                                      | Pruszków    | 1983    | M30        | 2       | 3  |   | 00:35:40 | 00:35:38   |
| 4       | 257   | Grzegorz  | Kruszyński  | Kruszon Team Pruszków                         | Pruszków    | 1974    | M40        | 1       | 4  |   | 00:36:12 | 00:36:11   |
| 5       | 282   | Andrij    | Bibik       | WPRunning                                     | Pruszków    | 1987    | M20        | 2       | 5  |   | 00:37:14 | 00:37:14   |
| 6       | 256   | Sebastian | Czupryński  |   | Żyrardów    | 1992    | M20        | 3       | 6  |   | 00:37:25 | 00:37:23   |
| 7       | 12    | Damian    | Falandysz   | WPRunning                                     | Pruszków    | 1987    | M20        | 4       | 7  |   | 00:37:40 | 00:37:38   |
| 8       | 331   | Oskar     | Zimny       | Kuehne Nagel Running Team                     | Warszawa    | 1982    | M30        | 3       | 8  |   | 00:37:43 | 00:37:39   |
| 9       | 330   | Michał    | Salak       | PKO Bank Polski                               | Warszawa    | 1980    | M30        | 4       | 9  |   | 00:38:08 | 00:38:05   |
| 10      | 333   | Radek     | Gozdek      | DB Schenker                                   | Warszawa    | 1973    | M40        | 2       | 10 |   | 00:38:19 | 00:38:19   |
| 11      | 79    | Marcin    | Wysocki     | WARSZAWIAKY                                   | Warszawa    | 1984    | M30        | 5       | 11 |   | 00:38:33 | 00:38:30   |
| 12      | 61    | Tomasz    | Kwiatek     | MORT!   | Pruszków    | 1982    | M30        | 6       | 12 |   | 00:38:42 | 00:38:42   |
| 13      | 268   | Sebastian | Kieszek     | WPRunning                                     | Pruszków    | 1987    | M20        | 5       | 13 |   | 00:38:55 | 00:38:55   |
| 14      | 154   | Radosław  | Selke       | Metal Up Your Ass!                            | Milanówek   | 1985    | M30        | 7       | 14 |   | 00:38:55 | 00:38:54   |
| 15      | 53    | Michał    | Murawski    |   | Warszawa    | 1982    | M30        | 8       | 15 |   | 00:39:07 | 00:39:04   |
| 16      | 356   | Diana     | Dawidziuk   | Dream Run                                     | Warszawa    | 1994    | K20        | 1       |    | 1 | 00:39:15 | 00:39:13   |
| 17      | 345   | Ivan      | Kohut       | DB Shenker                                    | Siestrzn    | 1992    | M20        | 6       | 16 |   | 00:39:17 | 00:39:16   |
| 18      | 290   | Michał    | Węgrzecki   | Rohlig Suus Logistics S.A                     | Pruszków    | 1990    | M20        | 7       | 17 |   | 00:39:28 | 00:39:28   |
| 19      | 88    | Piotrek   | Wólkiewicz  | LO Kościuch                                   | Pruszków    | 1999    | M20        | 8       | 18 |   | 00:39:40 | 00:39:35   |
| 20      | 93    | Tadeusz   | Fojud       | WPRunning                                     | Pruszków    | 1984    | M30        | 9       | 19 |   | 00:40:05 | 00:40:02   |
| 21      | 306   | Piotr     | Piątkowski  | kondycja                                      | Pruszków    | 1995    | M20        | 9       | 20 |   | 00:40:12 | 00:40:10   |
| 22      | 249   | Arkadiusz | Pajdosz     | WPRunning                                     | Pruszków    | 1986    | M30        | 10      | 21 |   | 00:40:26 | 00:40:24   |
| 23      | 289   | Ewa       | Kalarus     | Rohlig Suus Logistics S.A                     | Pruszków    | 1989    | K20        | 2       |    | 2 | 00:40:34 | 00:40:32   |
| 24      | 101   | Marcin    | Troniarz    | DZIKIE_DZIKI                                  | Raszyn      | 1975    | M40        | 3       | 22 |   | 00:40:48 | 00:40:43   |
| 25      | 132   | Marek     | Joachimiak  | WADIM PLAST - LIDER BRANŻY TWORZYW SZTUCZNYCH | Pruszków    | 1991    | M20        | 10      | 23 |   | 00:40:59 | 00:40:57   |
| 26      | 102   | Pawel     | Troniarz    | DZIKIE_DZIKI                                  | Raszyn      | 1979    | M30        | 11      | 24 |   | 00:41:00 | 00:40:55   |
| 27      | 357   | Norbert   | Ścisłowski  | KS Start Pułaski War                          | Warka       | 1982    | M30        | 12      | 25 |   | 00:41:10 | 00:41:06   |
| 28      | 323   | Michał    | Pietruszka  |   | WARSZAWA    | 1975    | M40        | 4       | 26 |   | 00:41:27 | 00:41:25   |
| 29      | 153   | Krzysztof | Kociszewski | WARSZAWIAKY                                   | Warszawa    | 1959    | M50        | 1       | 27 |   | 00:41:52 | 00:41:49   |

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|---------|-------|------------|----------------|----------------------------|---------------------|---------|------------|---------|----|---|----------|------------|
|         |       |            |                |                            |                     |         |            | kat.    | M  | K |          |            |
| 30      | 211   | Marcin     | Gajewski       |                            | Pruszków            | 1981    | M30        | 13      | 28 |   | 00:42:02 | 00:41:58   |
| 31      | 171   | Cezary     | Redosz         |                            | Pruszków            | 1984    | M30        | 14      | 29 |   | 00:42:05 | 00:41:56   |
| 32      | 15    | Dawid      | Petrów         | Dream Run / MSZ biega      | Pruszków            | 1984    | M30        | 15      | 30 |   | 00:42:07 | 00:42:07   |
| 33      | 225   | Artur      | Panasiuk       | PTA Team                   | Pruszków            | 1976    | M40        | 5       | 31 |   | 00:42:18 | 00:42:13   |
| 34      | 50    | Piotr      | Podsiadło      | Dream Run                  | Warszawa            | 1986    | M30        | 16      | 32 |   | 00:42:27 | 00:42:24   |
| 35      | 2     | Mariusz    | Szcześniak     |                            | Pruszków            | 1986    | M30        | 17      | 33 |   | 00:42:35 | 00:42:29   |
| 36      | 33    | Maciej     | Mazuruk        | awao                       | Warszawa            | 1970    | M40        | 6       | 34 |   | 00:43:01 | 00:42:55   |
| 37      | 76    | Dorota     | Kamień         | AWF Warszawa               | Warszawa            | 1972    | K40        | 1       |    | 3 | 00:43:14 | 00:43:10   |
| 38      | 83    | Jacek      | Kulpik         | WPRunning                  | pruszków            | 1970    | M40        | 7       | 35 |   | 00:43:17 | 00:43:13   |
| 39      | 141   | Stanisław  | Maciejewski    | WPRunning                  | Warszawa            | 1971    | M40        | 8       | 36 |   | 00:43:28 | 00:43:24   |
| 40      | 95    | Dariusz    | Siedlecki      | Bemozałoga                 | Warszawa            | 1971    | M40        | 9       | 37 |   | 00:43:29 | 00:43:26   |
| 41      | 116   | Jacek      | Mikulski       | Ortoreh Team               | Marki               | 1972    | M40        | 10      | 38 |   | 00:43:30 | 00:43:28   |
| 42      | 6     | Grzegorz   | Gala           | DB Schenker                | Sochaczew           | 1978    | M30        | 18      | 39 |   | 00:43:34 | 00:43:26   |
| 43      | 270   | Jan        | Górski         | Kubuś Puchatek             | Otrębusy            | 1987    | M20        | 11      | 40 |   | 00:43:44 | 00:43:43   |
| 44      | 244   | Daniel     | Dumeracki      | WPRunning                  | Piastów             | 1977    | M30        | 19      | 41 |   | 00:43:49 | 00:43:44   |
| 45      | 90    | Hubert     | Chojnowski     |                            | PRUSZKÓW            | 1985    | M30        | 20      | 42 |   | 00:43:54 | 00:43:39   |
| 46      | 247   | Łukasz     | Kanciała       |                            | Warszawa            | 1982    | M30        | 21      | 43 |   | 00:43:55 | 00:43:53   |
| 47      | 74    | Artur      | Joński         | Wielkie Księstwo Gąsińskie | Pruszków            | 1989    | M20        | 12      | 44 |   | 00:44:00 | 00:43:49   |
| 48      | 56    | Agata      | Pietraś        | Wieczorek Team             | Pruszków            | 1984    | K30        | 1       |    | 4 | 00:44:02 | 00:43:59   |
| 49      | 174   | Anna       | Serwińska      |                            | Warszawa            | 1980    | K30        | 2       |    | 5 | 00:44:05 | 00:44:02   |
| 50      | 272   | Marek      | Płaskociński   |                            | Grodzisk Mazowiecki | 1976    | M40        | 11      | 45 |   | 00:44:05 | 00:44:01   |
| 51      | 31    | Arkadiusz  | Jaworski       |                            | Izabelin            | 1982    | M30        | 22      | 46 |   | 00:44:17 | 00:44:03   |
| 52      | 219   | Sebastian  | Kondratowicz   | Schneider-Electric         | Warszawa            | 1977    | M30        | 23      | 47 |   | 00:44:32 | 00:44:28   |
| 53      | 201   | Francisco  | López Doménech | parkrun Pruszków           | Warszawa            | 1991    | M20        | 13      | 48 |   | 00:44:33 | 00:44:23   |
| 54      | 352   | Damian     | Danielik       | Rohlig Suus Logistics S.A  | Warszawa            | 1996    | M20        | 14      | 49 |   | 00:44:39 | 00:44:36   |
| 55      | 216   | Michał     | Zathey         |                            | Warszawa            | 1977    | M30        | 24      | 50 |   | 00:44:44 | 00:44:39   |
| 56      | 305   | Bartosz    | Winiarski      |                            | Pruszków            | 1998    | M20        | 15      | 51 |   | 00:44:47 | 00:44:41   |
| 57      | 100   | Aleksander | Chwałek        | JUNGHEINRICH TEAM          | PRUSZKÓW            | 1980    | M30        | 25      | 52 |   | 00:44:48 | 00:44:46   |
| 58      | 234   | Krzysztof  | Górka          | VEOLIA                     | Grodzisk Mazowiecki | 1963    | M50        | 2       | 53 |   | 00:44:59 | 00:44:56   |

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|---------|-------|------------|-------------|------------------------------|---------------|---------|------------|---------|----|---|----------|------------|
|         |       |            |             |                              |               |         |            | kat.    | M  | K |          |            |
| 59      | 252   | Sebastian  | Burzyński   |                              | Warszawa      | 1979    | M30        | 26      | 54 |   | 00:45:03 | 00:44:58   |
| 60      | 71    | Dominik    | Berliński   | WPRunning                    | Otrębusy      | 1979    | M30        | 27      | 55 |   | 00:45:04 | 00:45:01   |
| 61      | 250   | Jacek      | Polak       |                              | Warszawa      | 1980    | M30        | 28      | 56 |   | 00:45:08 | 00:44:47   |
| 62      | 362   | Daniel     | Pietrzak    |                              | Pruszków      | 1987    | M20        | 16      | 57 |   | 00:45:11 | 00:45:05   |
| 63      | 274   | Michał     | Olszewski   |                              | Pruszków      | 1983    | M30        | 29      | 58 |   | 00:45:11 | 00:45:05   |
| 64      | 43    | Jarostaw   | Szajewski   | KM AKTYWNI SOCHACZEW         | Sochaczew     | 1976    | M40        | 12      | 59 |   | 00:45:19 | 00:45:12   |
| 65      | 124   | Maciej     | Wielgus     |                              | Pruszków      | 1986    | M30        | 30      | 60 |   | 00:45:26 | 00:45:19   |
| 66      | 81    | Tomasz     | Wojenka     | WPRunning                    | Pruszków      | 1976    | M40        | 13      | 61 |   | 00:45:32 | 00:45:28   |
| 67      | 313   | Mariusz    | Mączyński   | Juventus                     | Piastów       | 1982    | M30        | 31      | 62 |   | 00:45:35 | 00:45:26   |
| 68      | 329   | Fabian     | Szmurło     | Rohlig Suus Logistics S.A    | Pruszków      | 1979    | M30        | 32      | 63 |   | 00:45:45 | 00:45:42   |
| 69      | 285   | Eugeniusz  | Koda        | SGGW Runners                 | Warszawa      | 1959    | M50        | 3       | 64 |   | 00:45:47 | 00:45:41   |
| 70      | 287   | Kamil      | Cybulak     |                              | Pruszków      | 1983    | M30        | 33      | 65 |   | 00:45:56 | 00:45:54   |
| 71      | 32    | Bartłomiej | Magnuski    |                              | Pruszków      | 1986    | M30        | 34      | 66 |   | 00:46:02 | 00:45:55   |
| 72      | 119   | Maciej     | Kamiński    |                              | Pruszków      | 1993    | M20        | 17      | 67 |   | 00:46:14 | 00:46:05   |
| 73      | 127   | Piotr      | Dobrowolski | Altkom                       | Pruszków      | 1983    | M30        | 35      | 68 |   | 00:46:17 | 00:46:08   |
| 74      | 221   | Andrzej    | Steć        |                              | Brwinów       | 1967    | M40        | 14      | 69 |   | 00:46:24 | 00:46:19   |
| 75      | 349   | Wojciech   | Santarek    |                              | Szczecin      | 1978    | M30        | 36      | 70 |   | 00:46:29 | 00:46:23   |
| 76      | 77    | Barbara    | Rosińska    | STO-nogi Milanówek           | Milanówek     | 1962    | K50        | 1       |    | 6 | 00:46:34 | 00:46:31   |
| 77      | 118   | Stanisław  | Kamiński    | GOS Nadarzyn                 | Nadarzyn      | 1958    | M50        | 4       | 71 |   | 00:46:34 | 00:46:29   |
| 78      | 172   | Paweł      | Rzemieniuk  | GREEN LOGISTICS POLSKA       | Góra Kalwaria | 1976    | M40        | 15      | 72 |   | 00:46:35 | 00:46:18   |
| 79      | 226   | Rafał      | Konwa       | ProService Agent Transferowy | Warszawa      | 1977    | M30        | 37      | 73 |   | 00:46:42 | 00:46:30   |
| 80      | 351   | Paweł      | Dąbrowski   |                              | Płochocin     | 1987    | M20        | 18      | 74 |   | 00:46:43 | 00:46:30   |
| 81      | 42    | Patryk     | Rosinski    |                              | Iomianki      | 1997    | M20        | 19      | 75 |   | 00:46:43 | 00:46:35   |
| 82      | 34    | Paweł      | Wink        | WPRunning                    | Pruszków      | 1982    | M30        | 38      | 76 |   | 00:46:50 | 00:46:42   |
| 83      | 60    | Marek      | Zgorzelski  |                              | Pruszków      | 1980    | M30        | 39      | 77 |   | 00:46:54 | 00:46:49   |
| 84      | 99    | Bartosz    | Siedlecki   | Bemozałoga                   | Warszawa      | 1977    | M30        | 40      | 78 |   | 00:46:58 | 00:46:49   |
| 85      | 298   | Michał     | Ochocki     | PZU Sport Team               | Sulejówek     | 1980    | M30        | 41      | 79 |   | 00:47:05 | 00:46:23   |
| 86      | 245   | Michał     | Olszak      | Ostoja!                      | Pruszków      | 1988    | M20        | 20      | 80 |   | 00:47:13 | 00:47:04   |
| 87      | 146   | Adam       | Zaborski    | Tunia Team                   | Warszawa      | 1970    | M40        | 16      | 81 |   | 00:47:19 | 00:47:07   |

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|---------|-------|------------|---------------|------------------------------------|-------------|---------|------------|---------|-----|----|----------|------------|
|         |       |            |               |                                    |             |         |            | kat.    | M   | K  |          |            |
| 88      | 307   | Piotr      | Tokarski      |                                    | Pruszków    | 1978    | M30        | 42      | 82  |    | 00:47:28 | 00:47:21   |
| 89      | 359   | Piotr      | Głowacz       | TNT                                | Warszawa    | 1988    | M20        | 21      | 83  |    | 00:47:32 | 00:47:30   |
| 90      | 122   | Adam       | Jeziorek      |                                    | Pruszków    | 1968    | M40        | 17      | 84  |    | 00:47:35 | 00:47:24   |
| 91      | 286   | Radosław   | Suchner       | LKS Olimp Błonie                   | Feliksów    | 1973    | M40        | 18      | 85  |    | 00:47:42 | 00:47:37   |
| 92      | 195   | Przemysław | Ciok          | ProService Agent Transferowy       | Warszawa    | 1980    | M30        | 43      | 86  |    | 00:47:44 | 00:47:02   |
| 93      | 283   | Piotr      | Błachowicz    |                                    | Warszawa    | 1991    | M20        | 22      | 87  |    | 00:47:50 | 00:47:31   |
| 94      | 142   | Wojciech   | Gałczyński    | StarsTroopers                      | Kręcki      | 1971    | M40        | 19      | 88  |    | 00:47:57 | 00:47:44   |
| 95      | 237   | Paweł      | Szopa         |                                    | Pruszków    | 1982    | M30        | 44      | 89  |    | 00:48:03 | 00:47:48   |
| 96      | 19    | Aleksandra | Suchanecka    | Pantera Brwinów                    | Brwinów     | 1995    | K20        | 3       |     | 7  | 00:48:07 | 00:47:59   |
| 97      | 197   | Jarosław   | Płóciennik    | STARE BABICE BIEGAJĄ               | Duchnice    | 1977    | M30        | 45      | 90  |    | 00:48:08 | 00:47:55   |
| 98      | 227   | Arkadiusz  | Kateusz       | ProService Agent Transferowy       | warszawa    | 1991    | M20        | 23      | 91  |    | 00:48:15 | 00:48:02   |
| 99      | 228   | Marcin     | Wierzbicki    | ProService Agent Transferowy       | warszawa    | 1984    | M30        | 46      | 92  |    | 00:48:16 | 00:48:03   |
| 100     | 288   | Tomasz     | Kołosowski    | Rohlig Suus Logistics S.A          | Warszawa    | 1982    | M30        | 47      | 93  |    | 00:48:17 | 00:47:57   |
| 101     | 39    | Izabella   | Gajewska      | kobietybiegają.pl/Parkrun Pruszków | Pruszków    | 1981    | K30        | 3       |     | 8  | 00:48:22 | 00:48:18   |
| 102     | 335   | Ireneusz   | Kaniewski     | DB Schenker                        | Pruszkw     | 1980    | M30        | 48      | 94  |    | 00:48:24 | 00:48:11   |
| 103     | 125   | Piotr      | Augustynowicz |                                    | Ciechocinek | 1977    | M30        | 49      | 95  |    | 00:48:25 | 00:48:09   |
| 104     | 148   | Eryk       | Maciejak      | WPRunning                          | Pruszków    | 1981    | M30        | 50      | 96  |    | 00:48:31 | 00:48:22   |
| 105     | 14    | Robert     | Potocki       |                                    | Pruszków    | 1966    | M50        | 5       | 97  |    | 00:48:33 | 00:48:30   |
| 106     | 350   | Grzegorz   | Piniaż        |                                    | Tarczyn     | 1973    | M40        | 20      | 98  |    | 00:48:49 | 00:48:40   |
| 107     | 300   | Konrad     | Klewek        |                                    | Kłoczew     | 1989    | M20        | 24      | 99  |    | 00:48:50 | 00:48:42   |
| 108     | 9     | Ivairy     | Luorafes      |                                    | Mexico City | 1977    | M30        | 51      | 100 |    | 00:48:52 | 00:48:16   |
| 109     | 82    | Bogumił    | Perzyna       |                                    | Reguły      | 1981    | M30        | 52      | 101 |    | 00:48:54 | 00:48:40   |
| 110     | 52    | Marta      | Sęk           |                                    | Pruszków    | 1991    | K20        | 4       |     | 9  | 00:49:15 | 00:49:09   |
| 111     | 312   | Adam       | Sikorski      |                                    | Warszawa    | 1985    | M30        | 53      | 102 |    | 00:49:16 | 00:48:57   |
| 112     | 48    | Radosław   | Zieliński     | STARE BABICE BIEGAJĄ               | Latchorzew  | 1978    | M30        | 54      | 103 |    | 00:49:28 | 00:49:15   |
| 113     | 35    | Krystian   | Walczak       | biegajacewalczaki.blogspot.com     | Pruszków    | 1982    | M30        | 55      | 104 |    | 00:49:31 | 00:49:14   |
| 114     | 209   | Tomasz     | Wardak        | CARGO-PARTNER TEAM                 | Radzymin    | 1973    | M40        | 21      | 105 |    | 00:49:34 | 00:49:28   |
| 115     | 181   | Anna       | Szewczykowska | parkrunpruszków/running wild       | Parzniew    | 1980    | K30        | 4       |     | 10 | 00:49:38 | 00:49:12   |
| 116     | 264   | Dariusz    | Kosmala       |                                    | warszawa    | 1964    | M50        | 6       | 106 |    | 00:49:45 | 00:49:42   |

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|---------|-------|------------|------------------|-------------------------------------|-------------------|---------|------------|---------|-----|----|----------|------------|
|         |       |            |                  |                                     |                   |         |            | kat.    | M   | K  |          |            |
| 117     | 85    | Konrad     | Kisielewicz      | Pruszków                            | pruszków          | 1982    | M30        | 56      | 107 |    | 00:50:00 | 00:49:53   |
| 118     | 27    | Marzena    | Kruszyńska       | Kruszon Team Pruszków               | Pruszków          | 1976    | K40        | 2       |     | 11 | 00:50:01 | 00:49:51   |
| 119     | 84    | Adam       | Bajena           | Biegam bo lubię !                   | Pruszków          | 1973    | M40        | 22      | 108 |    | 00:50:20 | 00:49:46   |
| 120     | 255   | Radosław   | Kulik            | PZU Sport Team                      | Pruszków          | 1979    | M30        | 57      | 109 |    | 00:50:27 | 00:50:14   |
| 121     | 200   | Izabela    | Kaczmarek        | parkrun Pruszków                    | Pruszków          | 1990    | K20        | 5       |     | 12 | 00:50:32 | 00:50:22   |
| 122     | 117   | Tomasz     | Jagielski        | KJ Leśny                            | Piastów           | 1959    | M50        | 7       | 110 |    | 00:50:46 | 00:50:38   |
| 123     | 67    | Grzegorz   | Cierpka          |                                     | Piastów           | 1971    | M40        | 23      | 111 |    | 00:50:54 | 00:50:32   |
| 124     | 185   | Maciej     | Włosek           |                                     | Pruszków          | 1982    | M30        | 58      | 112 |    | 00:50:56 | 00:50:38   |
| 125     | 126   | Magdalena  | Nowocin-Mikulska | Ortoeh Team                         | Warszawa          | 1979    | K30        | 5       |     | 13 | 00:50:59 | 00:50:50   |
| 126     | 120   | Jacek      | Chaczykowski     | TEAM NUTRILITE                      | Pruszków          | 1972    | M40        | 24      | 113 |    | 00:51:05 | 00:50:52   |
| 127     | 7     | Radosław   | Szatkowski       | Wolno i Wolniej                     | Pruszków          | 1974    | M40        | 25      | 114 |    | 00:51:05 | 00:50:47   |
| 128     | 97    | Mariusz    | Kowalski         |                                     | Pruszków          | 1984    | M30        | 59      | 115 |    | 00:51:10 | 00:50:53   |
| 129     | 170   | Arkadiusz  | Roziński         | UKS 4 Ursus                         | Warszawa          | 1969    | M40        | 26      | 116 |    | 00:51:14 | 00:50:48   |
| 130     | 311   | Mariusz    | Chmielewski      | Wojskowa Akademia Techniczna        | Warsaw            | 1979    | M30        | 60      | 117 |    | 00:51:15 | 00:51:01   |
| 131     | 135   | Krzysztof  | Limanowski       | Limanowski i Hawryluk Adwokaci S.C. | Warszawa          | 1975    | M40        | 27      | 118 |    | 00:51:18 | 00:51:11   |
| 132     | 131   | Sebastian  | Kądziała         |                                     | Pruszków          | 2000    | M20        | 25      | 119 |    | 00:51:22 | 00:51:05   |
| 133     | 193   | Rafał      | Kosiński         | ProService Agent Transferowy        | Ożarów Mazowiecki | 1983    | M30        | 61      | 120 |    | 00:51:35 | 00:51:22   |
| 134     | 308   | Łukasz     | Macheta          |                                     | Pruszków          | 1983    | M30        | 62      | 121 |    | 00:51:35 | 00:51:23   |
| 135     | 214   | Lech       | Tkaczyk          | CARGO-PARTNER TEAM                  | Warszawa          | 1983    | M30        | 63      | 122 |    | 00:51:37 | 00:51:29   |
| 136     | 187   | Ryszard    | Piotrowski       | DENTAL Nova                         | Warszawa          | 1968    | M40        | 28      | 123 |    | 00:51:42 | 00:51:26   |
| 137     | 260   | Bartłomiej | Wólkiewicz       | LO Kościuch                         | Pruszków          | 1999    | M20        | 26      | 124 |    | 00:51:44 | 00:51:32   |
| 138     | 309   | Jan        | Gronski          | Biegacz Swietkrzyski kielce         | Kielce            | 1946    | M60+       | 1       | 125 |    | 00:51:49 | 00:51:35   |
| 139     | 191   | Maciej     | Świdorski        | ProService Agent Transferowy        | Warszawa          | 1986    | M30        | 64      | 126 |    | 00:51:50 | 00:51:38   |
| 140     | 337   | Zbigniew   | Król             | DB Schenker                         | Warszawa          | 1979    | M30        | 65      | 127 |    | 00:51:51 | 00:51:42   |
| 141     | 87    | Paweł      | Wólkiewicz       |                                     | Pruszków          | 1970    | M40        | 29      | 128 |    | 00:51:52 | 00:51:52   |
| 142     | 317   | Wojciech   | Kozysa           | Accelerate                          | Warszawa          | 1979    | M30        | 66      | 129 |    | 00:51:55 | 00:51:39   |
| 143     | 156   | Łukasz     | Surma            |                                     | Warszawa          | 1984    | M30        | 67      | 130 |    | 00:51:56 | 00:51:49   |
| 144     | 163   | Michał     | Piskorz          |                                     | Pruszkow          | 1989    | M20        | 27      | 131 |    | 00:51:58 | 00:51:39   |
| 145     | 143   | Stefan     | Obłąkowski       |                                     | Komorów           | 1984    | M30        | 68      | 132 |    | 00:51:58 | 00:51:51   |

## III Pruszkowski Bieg Wolności

Organizator: Fundacja Chartered Institute of Cooperation i Urząd Miasta Pruszków

Dystans: 10km

Pruszków, 2016-05-29

## Wyniki



| Miejsce | Numer | Imię       | Nazwisko      | Klub                            | Miejscowość | Rocznik | Kat. wiek. | Miejsce |     |    | Wynik    | Czas netto |
|---------|-------|------------|---------------|---------------------------------|-------------|---------|------------|---------|-----|----|----------|------------|
|         |       |            |               |                                 |             |         |            | kat.    | M   | K  |          |            |
| 146     | 169   | Natalia    | Anioł         |                                 | Żyrardów    | 1990    | K20        | 6       |     | 14 | 00:52:05 | 00:51:58   |
| 147     | 21    | Michał     | Tkaczuk       |                                 | Kanie       | 1986    | M30        | 69      | 133 |    | 00:52:11 | 00:51:59   |
| 148     | 166   | Janusz     | Gutkowski     |                                 | Warszawa    | 1973    | M40        | 30      | 134 |    | 00:52:15 | 00:51:49   |
| 149     | 332   | Piotr      | Grzybowski    |                                 | Warszawa    | 1989    | M20        | 28      | 135 |    | 00:52:18 | 00:51:59   |
| 150     | 224   | Michał     | Woźniak       |                                 | Pruszków    | 1981    | M30        | 70      | 136 |    | 00:52:27 | 00:52:08   |
| 151     | 218   | Piotr      | Dróżka        | Drewniany kamień                | Warszawa    | 1986    | M30        | 71      | 137 |    | 00:52:37 | 00:52:20   |
| 152     | 136   | Zbyszek    | Kłos          | TAK SOBIE BIEGAM-PIASTÓW        | PIASTÓW     | 1960    | M50        | 8       | 138 |    | 00:52:54 | 00:52:37   |
| 153     | 251   | Rafał      | Drożdzał      |                                 | Pruszków    | 1976    | M40        | 31      | 139 |    | 00:52:55 | 00:52:27   |
| 154     | 347   | Roman      | Witoszek      | Kuehne Nagel Running Team       | Parzniew    | 1984    | M30        | 72      | 140 |    | 00:53:05 | 00:52:54   |
| 155     | 78    | Eugeniusz  | Rosiński      |                                 | Milanówek   | 1962    | M50        | 9       | 141 |    | 00:53:08 | 00:52:52   |
| 156     | 304   | Bartłomiej | Cygan         | Cygański Lew Rokitno Team       | Błonie      | 1987    | M20        | 29      | 142 |    | 00:53:08 | 00:52:44   |
| 157     | 343   | Damian     | Treliński     | TNT                             | Warszawa    | 1978    | M30        | 73      | 143 |    | 00:53:13 | 00:52:41   |
| 158     | 336   | Daniel     | Osiekowicz    | DB Schenker                     | Pruszków    | 1988    | M20        | 30      | 144 |    | 00:53:16 | 00:53:01   |
| 159     | 175   | Rafał      | Golec         | golecmasaze.pl                  | Pruszków    | 1974    | M40        | 32      | 145 |    | 00:53:19 | 00:53:02   |
| 160     | 63    | Mariusz    | Mernitz       | Motointegrator Running Team     | Pruszków    | 1986    | M30        | 74      | 146 |    | 00:53:21 | 00:52:56   |
| 161     | 80    | Piotr      | Szłaga        |                                 | Brwinów     | 1979    | M30        | 75      | 147 |    | 00:53:22 | 00:53:04   |
| 162     | 239   | Mateusz    | Zbrowski      | Biegnę, żeby Bartek mógł biegać | Nowa Wieś   | 1991    | M20        | 31      | 148 |    | 00:53:25 | 00:53:16   |
| 163     | 182   | Maciej     | Szewczykowski | running wild                    | Pruszków    | 1978    | M30        | 76      | 149 |    | 00:53:27 | 00:53:02   |
| 164     | 62    | Mariusz    | Okuń          | Marok Mariusz Okuń              | Pruszków    | 1977    | M30        | 77      | 150 |    | 00:53:27 | 00:53:12   |
| 165     | 24    | Daniel     | Chochół       |                                 | pruszków    | 1992    | M20        | 32      | 151 |    | 00:53:28 | 00:53:20   |
| 166     | 1     | Piotr      | Buczkowski    | TNT                             | Komorów     | 1966    | M50        | 10      | 152 |    | 00:53:33 | 00:53:11   |
| 167     | 26    | Łukasz     | Krawcow       | Rozbiegany Sulejówek            | Pruszków    | 1987    | M20        | 33      | 153 |    | 00:53:41 | 00:53:22   |
| 168     | 296   | Joanna     | Świerczewska  | Rohlig Suus Logistics S.A       | Warszawa    | 1973    | K40        | 3       |     | 15 | 00:53:47 | 00:53:27   |
| 169     | 140   | Paweł      | Pietryka      | Investa                         | Świdnik     | 1984    | M30        | 78      | 154 |    | 00:54:00 | 00:53:25   |
| 170     | 346   | Aleksandra | Jakimiuk      | SGGW Runners                    | Warszawa    | 1996    | K20        | 7       |     | 16 | 00:54:00 | 00:53:54   |
| 171     | 292   | Dariusz    | Dębski        | Rohlig Suus Logistics S.A       | JÓZEFOWICE  | 1989    | M20        | 34      | 155 |    | 00:54:05 | 00:53:44   |
| 172     | 340   | Paweł      | Wójtowicz     | TNT                             | Lublin      | 1978    | M30        | 79      | 156 |    | 00:54:07 | 00:53:49   |
| 173     | 263   | Mikołaj    | Tańdziejewicz | PTA Team                        | Pruszków    | 1977    | M30        | 80      | 157 |    | 00:54:11 | 00:53:41   |
| 174     | 36    | Paweł      | Ziętek        | Pruszków / Osiedle Przy Pałacu  | Pruszków    | 1976    | M40        | 33      | 158 |    | 00:54:23 | 00:54:00   |

## III Pruszkowski Bieg Wolności

Organizator: Fundacja Chartered Institute of Cooperation i Urząd Miasta Pruszków

Dystans: 10km

Pruszków, 2016-05-29

## Wyniki



| Miejsce | Numer | Imię      | Nazwisko     | Klub                            | Miejscowość       | Rocznik | Kat. wiek. | Miejsce |     |    | Wynik    | Czas netto |
|---------|-------|-----------|--------------|---------------------------------|-------------------|---------|------------|---------|-----|----|----------|------------|
|         |       |           |              |                                 |                   |         |            | kat.    | M   | K  |          |            |
| 175     | 167   | Andrzej   | Grochowski   |                                 | PIASTÓW           | 1973    | M40        | 34      | 159 |    | 00:54:24 | 00:54:07   |
| 176     | 284   | Marek     | Bolesta      |                                 | Sochaczew         | 1990    | M20        | 35      | 160 |    | 00:54:27 | 00:54:24   |
| 177     | 213   | Marcin    | Prus         | CARGO-PARTNER TEAM              | Krasnystaw        | 1981    | M30        | 81      | 161 |    | 00:54:27 | 00:54:11   |
| 178     | 183   | Marcin    | Pszczółka    |                                 | Pruszków          | 1995    | M20        | 36      | 162 |    | 00:54:34 | 00:54:16   |
| 179     | 38    | Patryk    | Butkowski    | KS Wojtek                       | Pruszków          | 1981    | M30        | 82      | 163 |    | 00:54:35 | 00:54:07   |
| 180     | 157   | Piotr     | Zajac        |                                 | Pruszków          | 1976    | M40        | 35      | 164 |    | 00:54:35 | 00:54:25   |
| 181     | 278   | Wacław    | Grymuza      |                                 | Pruszków          | 1987    | M20        | 37      | 165 |    | 00:54:36 | 00:54:20   |
| 182     | 113   | Mariusz   | Włodarski    |                                 | Pruszków          | 1973    | M40        | 36      | 166 |    | 00:54:37 | 00:54:23   |
| 183     | 231   | Sebastian | Karbowiak    | Velmar                          | Nowa Wieś         | 1969    | M40        | 37      | 167 |    | 00:54:47 | 00:54:41   |
| 184     | 189   | Krzysiek  | Maszczyński  | Biegnę, żeby Bartek mógł biegać | Pruszków          | 1982    | M30        | 83      | 168 |    | 00:54:53 | 00:54:46   |
| 185     | 161   | Dariusz   | Marcinkowski |                                 | SOCHACZEW         | 1958    | M50        | 11      | 169 |    | 00:54:55 | 00:54:43   |
| 186     | 212   | Łukasz    | Sadowski     | CARGO-PARTNER TEAM              | Warszawa          | 1983    | M30        | 84      | 170 |    | 00:55:15 | 00:55:00   |
| 187     | 273   | Grzegorz  | Sieczkowski  | BMW Polska                      | Pruszków          | 1982    | M30        | 85      | 171 |    | 00:55:16 | 00:55:11   |
| 188     | 165   | Jerzy     | Szpyt        |                                 | Warszawa          | 1980    | M30        | 86      | 172 |    | 00:55:18 | 00:54:59   |
| 189     | 277   | Robert    | Józwik       | ARSUN                           | Warszawa          | 1976    | M40        | 38      | 173 |    | 00:55:30 | 00:55:16   |
| 190     | 355   | Paweł     | Stala        |                                 | Opacz Kolonia     | 1975    | M40        | 39      | 174 |    | 00:55:30 | 00:55:07   |
| 191     | 265   | Jacek     | Gaj          |                                 | Warszawa          | 1980    | M30        | 87      | 175 |    | 00:55:32 | 00:55:26   |
| 192     | 89    | Dorota    | Wólkiewicz   |                                 | Pruszków          | 1970    | K40        | 4       |     | 17 | 00:55:38 | 00:55:22   |
| 193     | 49    | Sławomir  | Kuropatwa    | Bažant Team                     | Pruszków          | 1983    | M30        | 88      | 176 |    | 00:55:42 | 00:55:10   |
| 194     | 186   | Renata    | Milczarek    |                                 | Pruszków          | 1968    | K40        | 5       |     | 18 | 00:55:43 | 00:55:37   |
| 195     | 342   | Paweł     | Zakrzewski   | TNT                             | Warszawa          | 1981    | M30        | 89      | 177 |    | 00:55:45 | 00:55:13   |
| 196     | 194   | Jacek     | Zieliński    | ProService Agent Transferowy    | Piastów           | 1977    | M30        | 90      | 178 |    | 00:55:50 | 00:55:39   |
| 197     | 348   | Andrzej   | Krawczyk     | Kuehne Nagel Running Team       | Pruszków          | 1978    | M30        | 91      | 179 |    | 00:55:54 | 00:55:43   |
| 198     | 324   | Lidia     | Koćciuk      | Stomatologia nad Utratą         | Warszawa          | 1987    | K20        | 8       |     | 19 | 00:56:01 | 00:55:46   |
| 199     | 168   | Elżbieta  | Tuczyńska    |                                 | Pruszków          | 1965    | K50        | 2       |     | 20 | 00:56:08 | 00:56:03   |
| 200     | 51    | Jerzy     | Babiński     |                                 | Nadarzyn          | 1960    | M50        | 12      | 180 |    | 00:56:18 | 00:56:09   |
| 201     | 159   | Paweł     | Tomczak      |                                 | Pruszków          | 1962    | M50        | 13      | 181 |    | 00:56:23 | 00:56:13   |
| 202     | 271   | Sebastian | Miła         |                                 | pruszków          | 1978    | M30        | 92      | 182 |    | 00:56:26 | 00:56:09   |
| 203     | 236   | Grzegorz  | Szmułto      |                                 | Ożarów Mazowiecki | 1983    | M30        | 93      | 183 |    | 00:56:49 | 00:56:28   |

## III Pruszkowski Bieg Wolności

Organizator: Fundacja Chartered Institute of Cooperation i Urząd Miasta Pruszków

Dystans: 10km

Pruszków, 2016-05-29

## Wyniki



| Miejsce | Numer | Imię      | Nazwisko     | Klub                         | Miejscowość         | Rocznik | Kat. wiek. | Miejsce |     |    | Wynik    | Czas netto |
|---------|-------|-----------|--------------|------------------------------|---------------------|---------|------------|---------|-----|----|----------|------------|
|         |       |           |              |                              |                     |         |            | kat.    | M   | K  |          |            |
| 204     | 176   | Sebastian | Skowroński   | Pruszków                     | Pruszków            | 1980    | M30        | 94      | 184 |    | 00:56:59 | 00:56:41   |
| 205     | 73    | Leszek    | Jakóbowski   |                              | PRUSZKÓW            | 1968    | M40        | 40      | 185 |    | 00:57:10 | 00:56:51   |
| 206     | 358   | Robert    | Olkowski     |                              | Marki               | 1982    | M30        | 95      | 186 |    | 00:57:12 | 00:56:54   |
| 207     | 98    | Alicja    | Kowalska     |                              | Pruszków            | 1985    | K30        | 6       |     | 21 | 00:57:18 | 00:57:02   |
| 208     | 180   | Jakub     | Gasiorowski  |                              | Warszawa            | 1987    | M20        | 38      | 187 |    | 00:57:27 | 00:57:05   |
| 209     | 123   | Michał    | Białoszewski |                              | Stare Budy          | 1996    | M20        | 39      | 188 |    | 00:57:29 | 00:57:22   |
| 210     | 8     | Radosław  | Sałek        |                              | Pruszków            | 1981    | M30        | 96      | 189 |    | 00:57:34 | 00:57:16   |
| 211     | 303   | Piotr     | Aksamit      |                              | Granica             | 1966    | M50        | 14      | 190 |    | 00:57:36 | 00:57:28   |
| 212     | 147   | Ewa       | Dadas        | Tunia Team                   | pruszków            | 1982    | K30        | 7       |     | 22 | 00:57:40 | 00:57:32   |
| 213     | 190   | Paweł     | Strzelczyk   | Pruszków                     | Pruszków            | 1984    | M30        | 97      | 191 |    | 00:57:50 | 00:57:32   |
| 214     | 299   | Jakub     | Karp         | Sembrador Jakub Karp         | Zielonka            | 1974    | M40        | 41      | 192 |    | 00:57:51 | 00:57:22   |
| 215     | 184   | Paweł     | Pszczółka    |                              | Pruszków            | 1971    | M40        | 42      | 193 |    | 00:57:52 | 00:57:35   |
| 216     | 319   | Monika    | Kowalska     | T-Mobile Running Team        | Warszawa            | 1979    | K30        | 8       |     | 23 | 00:57:54 | 00:57:40   |
| 217     | 55    | Michał    | Sadura       | ProService Agent Transferowy | Opole Lubelskie     | 1984    | M30        | 98      | 194 |    | 00:58:08 | 00:57:54   |
| 218     | 202   | Sebastian | Michalik     | Savino Del Bene              | Warszawa            | 1974    | M40        | 43      | 195 |    | 00:58:08 | 00:57:42   |
| 219     | 233   | Paweł     | Klepacki     |                              | Piastów             | 1982    | M30        | 99      | 196 |    | 00:58:11 | 00:57:50   |
| 220     | 57    | Adam      | Joński       | Wielkie Księstwo Gąsińskie   | Pruszków            | 1985    | M30        | 100     | 197 |    | 00:58:15 | 00:58:04   |
| 221     | 229   | Monika    | Greniuk      | PTA Team                     | Hrubieszów          | 1979    | K30        | 9       |     | 24 | 00:59:00 | 00:58:37   |
| 222     | 4     | Wojciech  | Terlikowski  | Biegi Grodzisk               | Grodzisk Mazowiecki | 1981    | M30        | 101     | 198 |    | 00:59:00 | 00:58:50   |
| 223     | 326   | Katarzyna | Jurczuk      | Uciekające kurczaku          | Ożarów Mazowiecki   | 1984    | K30        | 10      |     | 25 | 00:59:09 | 00:59:04   |
| 224     | 220   | Piotr     | Olesiński    | Żyrardów                     | Żyrardów            | 1981    | M30        | 102     | 199 |    | 00:59:27 | 00:59:19   |
| 225     | 210   | Agnieszka | Wardak       | Radzymin Run Team            | Radzymin            | 1973    | K40        | 6       |     | 26 | 00:59:30 | 00:59:24   |
| 226     | 203   | Agnieszka | Dziedzic     | CARGO-PARTNER TEAM           | Ząbki               | 1975    | K40        | 7       |     | 27 | 00:59:40 | 00:59:25   |
| 227     | 354   | Marcin    | Wolnki       | KRIO-FAZA Morsy Pruszków     | Łódź                | 1979    | M30        | 103     | 200 |    | 00:59:49 | 00:59:17   |
| 228     | 318   | Bohdan    | Nasiłowski   |                              | Pruszków            | 1966    | M50        | 15      | 201 |    | 00:59:52 | 00:59:36   |
| 229     | 109   | Sławomir  | Wieczorek    |                              | Pruszków            | 1960    | M50        | 16      | 202 |    | 00:59:59 | 00:59:35   |
| 230     | 232   | Alicja    | Plachówna    |                              | Pruszków            | 1981    | K30        | 11      |     | 28 | 01:00:01 | 00:59:35   |
| 231     | 325   | Andrzej   | Kolciuk      | Stomatologia nad Utratą      | Warszawa            | 1987    | M20        | 40      | 203 |    | 01:00:10 | 00:59:54   |
| 232     | 10    | Krzysztof | Wasil        |                              | Piastów             | 1968    | M40        | 44      | 204 |    | 01:00:10 | 01:00:04   |



## III Pruszkowski Bieg Wolności

Organizator: Fundacja Chartered Institute of Cooperation i Urząd Miasta Pruszków

Dystans: 10km

Pruszków, 2016-05-29

## Wyniki



| Miejsce | Numer | Imię      | Nazwisko      | Klub                         | Miejscowość          | Rocznik | Kat. wiek. | Miejsce |     |    | Wynik    | Czas netto |
|---------|-------|-----------|---------------|------------------------------|----------------------|---------|------------|---------|-----|----|----------|------------|
|         |       |           |               |                              |                      |         |            | kat.    | M   | K  |          |            |
| 233     | 238   | Mirek     | Wasil         | EntreTeam.pl                 | Pruszków             | 1976    | M40        | 45      | 205 |    | 01:00:11 | 01:00:04   |
| 234     | 54    | Marcin    | Jędrzejewski  |                              | Pruszków             | 1980    | M30        | 104     | 206 |    | 01:00:17 | 00:59:54   |
| 235     | 94    | Tomasz    | Dobkowski     |                              | Pruszków             | 1979    | M30        | 105     | 207 |    | 01:00:25 | 01:00:05   |
| 236     | 173   | Dariusz   | Tkaczyk       |                              | Warszawa             | 1971    | M40        | 46      | 208 |    | 01:00:28 | 01:00:06   |
| 237     | 196   | Beata     | Zielińska     |                              | Piastów              | 1980    | K30        | 12      |     | 29 | 01:00:41 | 01:00:30   |
| 238     | 314   | Olga      | Oroń          | ProService Agent Transferowy | warszawa             | 1991    | K20        | 9       |     | 30 | 01:00:47 | 01:00:17   |
| 239     | 5     | Maciej    | Bogusz        | PabloTeam                    | Warszawa             | 1977    | M30        | 106     | 209 |    | 01:00:48 | 01:00:37   |
| 240     | 144   | Hieronim  | Czupta        | KRIO-FAZA Morsy Pruszków     | WARSZAWA             | 1974    | M40        | 47      | 210 |    | 01:01:06 | 01:00:43   |
| 241     | 339   | Paweł     | Witecki       | TNT                          | Warszawa             | 1985    | M30        | 107     | 211 |    | 01:01:31 | 01:01:18   |
| 242     | 204   | Edyta     | Kogut         | Cargo partner TEAM           | Zory                 | 1972    | K40        | 8       |     | 31 | 01:01:35 | 01:01:20   |
| 243     | 259   | Marcin    | Domagała      |                              | Komorow              | 1975    | M40        | 48      | 212 |    | 01:01:42 | 01:01:23   |
| 244     | 150   | Adam      | Szczepanik    |                              | Warszawa             | 1992    | M20        | 41      | 213 |    | 01:01:48 | 01:01:33   |
| 245     | 121   | Katarzyna | Celmer        | Parzniew                     | Parzniew             | 1982    | K30        | 13      |     | 32 | 01:01:51 | 01:01:44   |
| 246     | 291   | Michał    | Leksiński     | Rohlig Suus Logistics S.A    | Warszawa             | 1987    | M20        | 42      | 214 |    | 01:01:53 | 01:01:32   |
| 247     | 248   | Magdalena | Dembek-Jensen |                              | Michalowice          | 1975    | K40        | 9       |     | 33 | 01:01:54 | 01:01:50   |
| 248     | 258   | Anna      | Dembek        |                              | Warszawa             | 1978    | K30        | 14      |     | 34 | 01:01:54 | 01:01:50   |
| 249     | 152   | Roman     | Marek         | IPN                          | Warszawa             | 1962    | M50        | 17      | 215 |    | 01:01:59 | 01:01:33   |
| 250     | 198   | Krzysztof | Piasecki      |                              | Pruszków             | 1971    | M40        | 49      | 216 |    | 01:02:14 | 01:01:50   |
| 251     | 72    | Marta     | Pachniewicz   | FITNESS&BODY                 | Pruszków             | 1983    | K30        | 15      |     | 35 | 01:02:16 | 01:02:01   |
| 252     | 334   | Robert    | Dąbski        | DB Schenker                  | Nowy Dwór Mazowiecki | 1970    | M40        | 50      | 217 |    | 01:02:28 | 01:02:14   |
| 253     | 69    | Marta     | Moszczyńska   |                              | Pruszków             | 1979    | K30        | 16      |     | 36 | 01:02:32 | 01:02:17   |
| 254     | 115   | Jacek     | Mucha         | MON                          | Pruszków             | 1978    | M30        | 108     | 218 |    | 01:02:44 | 01:02:20   |
| 255     | 65    | Katarzyna | Abucewicz     |                              | PRUSZKÓW             | 1975    | K40        | 10      |     | 37 | 01:02:56 | 01:02:40   |
| 256     | 145   | Robert    | Makaj         |                              | pruszków             | 1979    | M30        | 109     | 219 |    | 01:03:28 | 01:02:56   |
| 257     | 341   | Piotr     | Bystrek       | TNT                          | Świdnik              | 1985    | M30        | 110     | 220 |    | 01:03:31 | 01:03:13   |
| 258     | 16    | Agnieszka | Potocka       |                              | Pruszków             | 1972    | K40        | 11      |     | 38 | 01:03:49 | 01:03:31   |
| 259     | 207   | Izabela   | Ossowska      | CARGO-PARTNER TEAM           | Pruszków             | 1988    | K20        | 10      |     | 39 | 01:03:49 | 01:03:34   |
| 260     | 320   | Mariola   | Sikorska      |                              | Piastów              | 1977    | K30        | 17      |     | 40 | 01:03:51 | 01:03:26   |
| 261     | 64    | Marzena   | Waszkielis    |                              | PRUSZKÓW             | 1983    | K30        | 18      |     | 41 | 01:04:03 | 01:03:36   |

## III Pruszkowski Bieg Wolności

Organizator: Fundacja Chartered Institute of Cooperation i Urząd Miasta Pruszków

Dystans: 10km

Pruszków, 2016-05-29

## Wyniki



| Miejsce | Numer | Imię       | Nazwisko              | Klub                                 | Miejscowość | Rocznik | Kat. wiek. | Miejsce |     |    | Wynik    | Czas netto |
|---------|-------|------------|-----------------------|--------------------------------------|-------------|---------|------------|---------|-----|----|----------|------------|
|         |       |            |                       |                                      |             |         |            | kat.    | M   | K  |          |            |
| 262     | 188   | Elżbieta   | Solecka               |                                      | Pruszków    | 1961    | K50        | 3       |     | 42 | 01:04:14 | 01:04:03   |
| 263     | 253   | Justyna    | Wacławiak             |                                      | Duchnice    | 1987    | K20        | 11      |     | 43 | 01:04:15 | 01:04:02   |
| 264     | 240   | Dariusz    | Zbrowski              | Biegnę, żeby Bartek mógł biegać      | Pruszków    | 1959    | M50        | 18      | 221 |    | 01:04:16 | 01:03:42   |
| 265     | 281   | Hubert     | Sierpiński            |                                      | Parzniew    | 1973    | M40        | 51      | 222 |    | 01:04:43 | 01:04:33   |
| 266     | 128   | Arkadiusz  | Łoza                  |                                      | Pruszków    | 1984    | M30        | 111     | 223 |    | 01:04:43 | 01:04:33   |
| 267     | 155   | Maria      | Hrapkowicz            |                                      | Pruszkow    | 1989    | K20        | 12      |     | 44 | 01:04:49 | 01:04:21   |
| 268     | 149   | Krzysztof  | Hrapkowicz            |                                      | Pruszków    | 1957    | M50        | 19      | 224 |    | 01:04:49 | 01:04:21   |
| 269     | 29    | Katarzyna  | Sokołowska            |                                      | Komorów     | 1978    | K30        | 19      |     | 45 | 01:05:02 | 01:04:40   |
| 270     | 230   | Agnieszka  | Kowalczyk             |                                      | PRUSZKÓW    | 1969    | K40        | 12      |     | 46 | 01:05:02 | 01:04:47   |
| 271     | 217   | Tomasz     | Rafalski              | Team Kaman                           | Komorów     | 1970    | M40        | 52      | 225 |    | 01:05:06 | 01:04:32   |
| 272     | 254   | Paweł      | Jedynak               |                                      | Warszawa    | 1981    | M30        | 112     | 226 |    | 01:05:08 | 01:04:51   |
| 273     | 293   | Grzegorz   | Korczyński            | Rohlig Suus Logistics S.A            | Warszawa    | 1979    | M30        | 113     | 227 |    | 01:05:11 | 01:04:42   |
| 274     | 301   | Konrad     | Żmijewski             |                                      | Pruszków    | 1997    | M20        | 43      | 228 |    | 01:05:19 | 01:04:49   |
| 275     | 235   | Mirosław   | Wójcicki              | Pruszków                             | PRUSZKÓW    | 1964    | M50        | 20      | 229 |    | 01:06:04 | 01:05:56   |
| 276     | 315   | Marcin     | Polewicz              | Arriva                               | Warszawa    | 1975    | M40        | 53      | 230 |    | 01:06:19 | 01:05:57   |
| 277     | 262   | Aleksandra | Łukawska              | PabloTeam                            | Warszawa    | 1984    | K30        | 20      |     | 47 | 01:06:26 | 01:06:16   |
| 278     | 129   | Łukasz     | Dubielecki            | Biegamy z Ochotą                     | Wolica      | 1978    | M30        | 114     | 231 |    | 01:06:31 | 01:06:12   |
| 279     | 11    | Paweł      | Nowosiński            | KRIO-FAZA Morsy Pruszków             | Pruszków    | 1973    | M40        | 54      | 232 |    | 01:06:32 | 01:06:15   |
| 280     | 151   | Jakub      | Mielniczek            |                                      | Warszawa    | 1982    | M30        | 115     | 233 |    | 01:07:04 | 01:06:43   |
| 281     | 353   | Paulina    | Woźniak               | Rohlig Suus Logistics S.A            | Parzniew    | 1982    | K30        | 21      |     | 48 | 01:08:10 | 01:07:46   |
| 282     | 105   | Tomasz     | Wiaderny              | Pruszkow Occasionally Running Nation | Pruszków    | 1974    | M40        | 55      | 234 |    | 01:08:21 | 01:07:47   |
| 283     | 110   | Emilia     | Wilczynska - Wiaderny |                                      | Pruszków    | 1979    | K30        | 22      |     | 49 | 01:08:22 | 01:07:48   |
| 284     | 137   | Jacek      | Wojdała               | KRIO-FAZA Morsy Pruszków             | Pruszków    | 1978    | M30        | 116     | 235 |    | 01:08:38 | 01:08:05   |
| 285     | 192   | Patrycja   | Uljasz                | ProService Agent Transferowy         | Warszawa    | 1990    | K20        | 13      |     | 50 | 01:08:44 | 01:08:31   |
| 286     | 246   | Elżbieta   | Głowacka              | Parkrun Warszawa Ursynów             | Warszawa    | 1955    | K60+       | 1       |     | 51 | 01:08:53 | 01:08:43   |
| 287     | 321   | Ewa        | Maciejewska           |                                      | Pruszków    | 1983    | K30        | 23      |     | 52 | 01:08:54 | 01:08:44   |
| 288     | 179   | Renata     | Rubinkowska           |                                      | Otrębusy    | 1991    | K20        | 14      |     | 53 | 01:08:58 | 01:08:37   |
| 289     | 178   | Szymon     | Babkiewicz            |                                      | Lublin      | 1982    | M30        | 117     | 236 |    | 01:09:27 | 01:08:56   |
| 290     | 25    | Jadwiga    | Galuszka              | Trucht Tarchomin Team                | Pruszków    | 1977    | K30        | 24      |     | 54 | 01:10:12 | 01:09:49   |

III Pruszkowski Bieg Wolności

Organizator: Fundacja Chartered Institute of Cooperation i Urząd Miasta Pruszków

Dystans: 10km

Pruszków, 2016-05-29

# Wyniki



| Miejsce | Numer | Imię       | Nazwisko         | Klub  | Miejscowość | Rocznik | Kat. wiek. | Miejsce |     |    | Wynik    | Czas netto |
|---------|-------|------------|------------------|---|-------------|---------|------------|---------|-----|----|----------|------------|
|         |       |            |                  |   |             |         |            | kat.    | M   | K  |          |            |
| 291     | 18    | Ewa        | Danielek         | Biegam, bo lubię ciastki, jem ciastki, bo lubię biegać. | Warszawa    | 1983    | K30        | 25      |     | 55 | 01:10:35 | 01:10:08   |
| 292     | 279   | Joanna     | Joppek           |   | Pruszków    | 1982    | K30        | 26      |     | 56 | 01:10:47 | 01:10:16   |
| 293     | 130   | Karina     | Kadziela         |   | Pruszków    | 1979    | K30        | 27      |     | 57 | 01:10:51 | 01:10:35   |
| 294     | 215   | Agata      | Jabłońska-Luźnia |   | Pruszków    | 1980    | K30        | 28      |     | 58 | 01:11:02 | 01:10:30   |
| 295     | 59    | Gośka      | Gołębiowska      |   | Pruszków    | 1978    | K30        | 29      |     | 59 | 01:11:02 | 01:10:30   |
| 296     | 96    | Beata      | Strzelichowska   |   | Pruszków    | 1986    | K30        | 30      |     | 60 | 01:11:15 | 01:11:04   |
| 297     | 205   | Natalia    | Kwiatkowska      | CARGO-PARTNER TEAM                                      | Pruszków    | 1985    | K30        | 31      |     | 61 | 01:11:27 | 01:11:11   |
| 298     | 344   | Mateusz    | Bramowski        | TNT   | Warszawa    | 1996    | M20        | 44      | 237 |    | 01:11:47 | 01:11:43   |
| 299     | 111   | Marta      | Wieczorek        |   | Warszawa    | 1986    | K30        | 32      |     | 62 | 01:11:47 | 01:11:22   |
| 300     | 139   | Katarzyna  | Szczypek         |   | Warszawa    | 1987    | K20        | 15      |     | 63 | 01:12:04 | 01:11:48   |
| 301     | 138   | Karolina   | Modrak           |   | Gostynin    | 1986    | K30        | 33      |     | 64 | 01:12:04 | 01:11:48   |
| 302     | 3     | Robert     | Sopeła           | TNT   | Warszawa    | 1976    | M40        | 56      | 238 |    | 01:12:30 | 01:12:08   |
| 303     | 280   | Jarosław   | Poczekalewicz    | Drużyna Szpiku  | Żyrardów    | 1975    | M40        | 57      | 239 |    | 01:14:37 | 01:14:18   |
| 304     | 30    | Marzena    | Ludwisiak        |   | Pruszków    | 1984    | K30        | 34      |     | 65 | 01:14:39 | 01:14:31   |
| 305     | 199   | Aneta      | Bajrowska        |   | Warszawa    | 1983    | K30        | 35      |     | 66 | 01:15:31 | 01:15:26   |
| 306     | 295   | Anna       | Reszka           | Rohlig Suus Logistics S.A                               | Tarczyn     | 1986    | K30        | 36      |     | 67 | 01:15:35 | 01:15:14   |
| 307     | 328   | Małgorzata | Czapnik          |   | Kajetany    | 1963    | K50        | 4       |     | 68 | 01:18:23 | 01:17:49   |
| 308     | 327   | Mariusz    | Czapnik          |   | Kajetany    | 1963    | M50        | 21      | 240 |    | 01:18:23 | 01:17:49   |
| 309     | 46    | Miłosz     | Pogoda           |   | Warszawa    | 1984    | M30        | 118     | 241 |    | 01:19:13 | 01:18:52   |
| 310     | 47    | Przemek    | Malinowski       |   | Pruszków    | 1984    | M30        | 119     | 242 |    | 01:19:19 | 01:18:58   |
| 311     | 361   | Bożena     | Frydrych         |   | Warszawa    | 1957    | K50        | 5       |     | 69 | 01:23:58 | 01:23:43   |
| 312     | 360   | Henryk     | Marek            |   | Warszawa    | 1947    | M60+       | 2       | 243 |    | 01:24:13 | 01:23:59   |

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