

Wyniki

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5km | Wynik | Czas netto |
|---------|-------|----------------|-------------|------------------|---|------|------|---------|----|---|---------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 1 | 144 | Piotr | Myślak | Poznań | gRUNwald Team - TRIATHLONISTA.com | 1990 | M20 | 1 | 1 | | 00:18:16 (1) | 00:36:56 | 00:36:56 |
| 2 | 269 | Dariusz | Jankowski | | | 1992 | M20 | 2 | 2 | | 00:18:41 (2) | 00:38:12 | 00:38:12 |
| 3 | 44 | Wojciech | Grabiński | Rogoźno | gRUNwald Team Poznań - Rogoziński Klub Biegacza | 1994 | M20 | 3 | 3 | | 00:19:28 (3) | 00:39:39 | 00:39:38 |
| 4 | 229 | Dariusz | Zych | Piła | 4Run Team Piła | 1970 | M40 | 1 | 4 | | 00:19:56 (4) | 00:40:17 | 00:40:16 |
| 5 | 293 | Tomasz | Zagórski | Dąbrowka | | 1980 | M30 | 1 | 5 | | 00:20:21 (6) | 00:40:43 | 00:40:42 |
| 6 | 270 | Szymon Antoni | Mich | Poznań | | 1984 | M30 | 2 | 6 | | 00:20:20 (5) | 00:41:15 | 00:41:14 |
| 7 | 273 | Romuald | Piechocki | Poznań | Art.team Pegaz | 1971 | M40 | 2 | 7 | | 00:20:37 (7) | 00:42:06 | 00:42:01 |
| 8 | 73 | Grzegorz Paweł | Nowak | Poznań | parkrun Poznań | 1989 | M20 | 4 | 8 | | 00:21:15 (13) | 00:42:12 | 00:42:11 |
| 9 | 129 | Łukasz | Chwalisz | Bolewice | Volkswagen Poznań | 1990 | M20 | 5 | 9 | | 00:21:20 (14) | 00:42:12 | 00:42:09 |
| 10 | 271 | Błażej | Tyburski | Poznań | | 1987 | M30 | 3 | 10 | | 00:21:08 (10) | 00:42:26 | 00:42:19 |
| 11 | 32 | Piotr | Wzięch | Wągrowiec | | 1984 | M30 | 4 | 11 | | 00:20:54 (9) | 00:42:33 | 00:42:30 |
| 12 | 20 | Adam | Szuda | Plewiska | | 1986 | M30 | 5 | 12 | | 00:21:10 (11) | 00:42:50 | 00:42:50 |
| 13 | 151 | Dawid | Chyliński | Grudziądz | Akademia biegania Grudziądz | 1994 | M20 | 6 | 13 | | 00:20:48 (8) | 00:43:23 | 00:42:47 |
| 14 | 238 | Dariusz | Graczyk | Daszewice | parkrun Poznań | 1978 | M30 | 6 | 14 | | 00:21:55 (15) | 00:43:40 | 00:43:20 |
| 15 | 147 | Mateusz | Tyll | Popowo Kościelne | | 1999 | M15 | 1 | 15 | | 00:21:13 (12) | 00:44:01 | 00:43:59 |
| 16 | 287 | Jarosław | Nikodemiak | Swarzędz | MJDOP | 1976 | M40 | 3 | 16 | | 00:22:07 (16) | 00:44:28 | 00:44:24 |
| 17 | 276 | Paweł | Jankowski | Zbęchy Pole | Run Pole | 1973 | M40 | 4 | 17 | | 00:22:18 (20) | 00:44:42 | 00:44:39 |
| 18 | 50 | Alicja | Diago | Poznań | | 1981 | K30 | 1 | | 1 | 00:22:11 (17) | 00:44:47 | 00:44:45 |
| 19 | 84 | Szymon | Gorzkowski | Poznań | | 1991 | M20 | 7 | 18 | | 00:22:11 (18) | 00:45:04 | 00:45:01 |
| 20 | 108 | Łukasz | Jankowiak | Poznań | Pretorium | 1975 | M40 | 5 | 19 | | 00:22:18 (21) | 00:45:10 | 00:45:09 |
| 21 | 221 | Robert | Walczak | Zielona Góra | kocham biegi.wkp oraz parkrun! | 1980 | M30 | 7 | 20 | | 00:22:29 (22) | 00:45:25 | 00:45:24 |
| 22 | 291 | Michał | Gurajdowski | Poznań | gRUNwald team Poznań | 1981 | M30 | 8 | 21 | | 00:22:35 (24) | 00:45:31 | 00:45:29 |
| 23 | 40 | Kamil | Jagła | Poznań | gRUNwald team Poznań | 1996 | M20 | 8 | 22 | | 00:22:13 (19) | 00:45:50 | 00:45:48 |
| 24 | 199 | Łukasz | Meller | Poznań | Dwuosobowy Klub Sportowy | 1978 | M30 | 9 | 23 | | 00:22:54 (28) | 00:45:53 | 00:45:50 |
| 25 | 114 | Sławomir | Rodziewicz | Poznań | parkrun Poznań | 1985 | M30 | 10 | 24 | | 00:22:50 (27) | 00:45:56 | 00:45:53 |
| 26 | 139 | Bartosz | Stanek | Śmigiel | Śmigiel | 1988 | M20 | 9 | 25 | | 00:22:31 (23) | 00:46:00 | 00:45:57 |
| 27 | 59 | Piotr | Nawrot | Poznań | gRUNwald team Poznań | 1976 | M40 | 6 | 26 | | 00:22:59 (29) | 00:46:24 | 00:46:21 |
| 28 | 23 | Sławomir | Burchardt | Poznań | KS Hades | 1966 | M50 | 1 | 27 | | 00:22:48 (25) | 00:46:41 | 00:46:38 |
| 29 | 249 | Paweł | Framski | Międzychód | trochę już biegam :) | 1985 | M30 | 11 | 28 | | 00:22:49 (26) | 00:47:34 | 00:47:29 |
| 30 | 140 | Piotr | Kuczyński | Poznań | NKB Chyży Nowy Tomyśl | 1956 | M60+ | 1 | 29 | | 00:23:30 (31) | 00:47:39 | 00:47:35 |
| 31 | 52 | Krzysztof | Ratajczak | Poznań | | 1980 | M30 | 12 | 30 | | 00:23:36 (32) | 00:47:43 | 00:47:37 |
| 32 | 57 | Błażej | Tomczak | Brachowice | | 1989 | M20 | 10 | 31 | | 00:23:38 (34) | 00:47:51 | 00:47:31 |
| 33 | 82 | Piotr | Job | Złotniki | ROLL4LIFE.PL | 1975 | M40 | 7 | 32 | | 00:23:53 (38) | 00:47:52 | 00:47:50 |
| 34 | 104 | Mariusz | Kowalczyk | Poznań | gRUNwald team Poznań | 1975 | M40 | 8 | 33 | | 00:23:36 (33) | 00:47:54 | 00:47:50 |
| 35 | 244 | Dominika | Kłoda | Rybnik | 1 Second Team / Kibole w Biegu | 1996 | K20 | 1 | | 2 | 00:23:26 (30) | 00:47:55 | 00:47:53 |
| 36 | 91 | Denis | Pokotycki | Kostrzyn Na Odrą | Otomo STP / Programa.pl | 1990 | M20 | 11 | 34 | | 00:24:12 (39) | 00:48:47 | 00:48:36 |
| 37 | 95 | Krzysztof | Żukiewicz | Poznań | Wilda Biega | 1973 | M40 | 9 | 35 | | 00:23:44 (36) | 00:48:53 | 00:48:46 |
| 38 | 39 | Jacek | Mituta | Połajewo | | 1978 | M30 | 13 | 36 | | 00:23:47 (37) | 00:48:55 | 00:48:53 |

Wyniki

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5km | Wynik | Czas netto |
|---------|-------|-------------|---------------|-----------------------|-----------------------------------|------|------|---------|----|----|---------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 39 | 263 | Andrzej | Grupa | Poznań | Wilda Biega | 1977 | M40 | 10 | 37 | | 00:24:25 (40) | 00:49:27 | 00:49:23 |
| 40 | 243 | Anna | Dziekan | Marzenin | runfollowme.pl | 1977 | K40 | 1 | | 3 | 00:24:31 (43) | 00:49:28 | 00:49:24 |
| 41 | 197 | Monika | Lehmann | Skoki | RehaBalance | 1994 | K20 | 2 | | 4 | 00:24:29 (41) | 00:49:28 | 00:49:25 |
| 42 | 41 | Marek | Wozniak | kolo | FLORIAN CHOJNICE | 1961 | M50 | 2 | 38 | | 00:24:32 (45) | 00:49:37 | 00:49:35 |
| 43 | 81 | Darek | Kosiorek | Poznań | amator | 1967 | M50 | 3 | 39 | | 00:24:39 (46) | 00:49:37 | 00:49:26 |
| 44 | 184 | Marcin | Olejniczak | Konin | | 1987 | M30 | 14 | 40 | | 00:24:31 (44) | 00:49:45 | 00:49:27 |
| 45 | 222 | Rajmund | Ratajczak | Poznań | | 1962 | M50 | 4 | 41 | | 00:24:30 (42) | 00:49:50 | 00:49:46 |
| 46 | 55 | Mateusz | Kostowicz | Poznań | grupa biegowa sain-gobain | 1989 | M20 | 12 | 42 | | 00:24:44 (48) | 00:50:01 | 00:49:53 |
| 47 | 152 | Łukasz | Limanowski | Poznań | Roche Runners | 1978 | M30 | 15 | 43 | | 00:25:10 (50) | 00:50:27 | 00:50:17 |
| 48 | 64 | Leszek | Zimniak | Poznań | gRUNwald team Poznań | 1984 | M30 | 16 | 44 | | 00:25:13 (51) | 00:50:28 | 00:50:18 |
| 49 | 188 | Beata | Mucha | Poznań | gRUNwald team Poznań | 1973 | K40 | 2 | | 5 | 00:24:54 (49) | 00:50:28 | 00:50:25 |
| 50 | 227 | Joanna | Skąpska | Poznań | Winogrody biegi.wlkp | 1977 | K40 | 3 | | 6 | 00:25:34 (58) | 00:50:35 | 00:50:30 |
| 51 | 98 | Wojciech | Śramski | GOŁAŃCZ | Team Run Gołańcz | 1993 | M20 | 13 | 45 | | 00:26:02 (71) | 00:50:45 | 00:50:33 |
| 52 | 283 | Marcin | Meller | Poznań | Melfactorunner | 1980 | M30 | 17 | 46 | | 00:23:39 (35) | 00:51:04 | 00:51:01 |
| 53 | 274 | Sebastian | Łajp | Poznań | | 1983 | M30 | 18 | 47 | | 00:25:53 (66) | 00:51:15 | 00:51:03 |
| 54 | 278 | Marek | Licznierski | Toruń | gRUNwald team Poznań | 1984 | M30 | 19 | 48 | | 00:24:43 (47) | 00:51:15 | 00:51:12 |
| 55 | 200 | Karolina | Bielawska | Poznań | KB Maniac Poznań | 1985 | K30 | 2 | | 7 | 00:26:02 (72) | 00:51:24 | 00:51:20 |
| 56 | 76 | Alina | Licznierska | Plewiska | gRUNwald team Poznań | 1982 | K30 | 3 | | 8 | 00:25:24 (54) | 00:51:26 | 00:51:23 |
| 57 | 177 | Renata | Wojtkowiak | Poznań | Piątkowo na Biegowo | 1974 | K40 | 4 | | 9 | 00:25:21 (52) | 00:51:27 | 00:51:04 |
| 58 | 130 | Tomasz | Łapa | Lusówko | | 1974 | M40 | 11 | 49 | | 00:25:22 (53) | 00:51:34 | 00:51:28 |
| 59 | 110 | Agnieszka | Krzyżaniak | Kamionki | Night Runners | 1984 | K30 | 4 | | 10 | 00:25:28 (56) | 00:51:36 | 00:51:21 |
| 60 | 127 | Robert | Kaczmarek | Poznań | Night Runners | 1984 | M30 | 20 | 50 | | 00:25:59 (69) | 00:51:36 | 00:51:20 |
| 61 | 96 | Łukasz | Mikowski | Poznań | gRUNwald team Poznań | 1987 | M30 | 21 | 51 | | 00:25:45 (64) | 00:51:51 | 00:51:43 |
| 62 | 5 | Piotr | Draber | Poznań | | 1991 | M20 | 14 | 52 | | 00:26:29 (83) | 00:52:26 | 00:52:20 |
| 63 | 208 | Sebastian | Ciesielski | Poznań | Kibole w biegu / Pakieciarze Team | 1979 | M30 | 22 | 53 | | 00:25:38 (61) | 00:52:33 | 00:52:24 |
| 64 | 101 | Włodzimierz | Dembski | Śródka | MJDOP | 1973 | M40 | 12 | 54 | | 00:26:06 (75) | 00:52:33 | 00:52:28 |
| 65 | 207 | Agnieszka | Kaniecka | Plewiska | | 1979 | K30 | 5 | | 11 | 00:25:38 (62) | 00:52:33 | 00:52:23 |
| 66 | 4 | Monika | Łapińska | Poznań | | 1991 | K20 | 3 | | 12 | 00:25:37 (60) | 00:52:36 | 00:52:17 |
| 67 | 201 | Sylwester | Cichowias | Poznań | Jeżyce Biegają | 1975 | M40 | 13 | 55 | | 00:25:58 (68) | 00:52:43 | 00:52:36 |
| 68 | 69 | Michał | Szurkowski | Poznań | gRUNwald team Poznań | 1983 | M30 | 23 | 56 | | 00:25:35 (59) | 00:52:51 | 00:52:48 |
| 69 | 124 | Malwina | Poprawiak | Poznań | | 1987 | K30 | 6 | | 13 | 00:25:24 (55) | 00:52:55 | 00:52:54 |
| 70 | 137 | Dominika | Perlińska | 8 | TEAM PLESZEW | 1987 | K30 | 7 | | 14 | 00:26:04 (74) | 00:52:55 | 00:52:50 |
| 71 | 34 | Svetlana | Wojciechowska | Poznan | Runguru | 1990 | K20 | 4 | | 15 | 00:25:47 (65) | 00:52:59 | 00:52:54 |
| 72 | 87 | Roman | Rosół | Poznań | HERNIK TEAM | 1970 | M40 | 14 | 57 | | 00:25:57 (67) | 00:53:08 | 00:52:57 |
| 73 | 236 | Michał | Jóskowiak | Grodzisk Wielkopolski | Samotny Wilk | 1978 | M30 | 24 | 58 | | 00:26:17 (77) | 00:53:16 | 00:53:05 |
| 74 | 161 | Łukasz | Lewandowski | Poznań | | 1975 | M40 | 15 | 59 | | 00:25:59 (70) | 00:53:18 | 00:53:14 |
| 75 | 37 | Marta | Kasprowicz | Poznań | gRUNwald team Poznań | 1991 | K20 | 5 | | 16 | 00:26:13 (76) | 00:53:26 | 00:53:20 |
| 76 | 158 | Karol | Matysiak | Luboń | Oldschool Hooligans w biegu | 1974 | M40 | 16 | 60 | | 00:26:18 (78) | 00:53:30 | 00:53:24 |
| 77 | 156 | Łukasz | Koprek | Koszalin | Stoneczny Patrol Koszalin | 1986 | M30 | 25 | 61 | | 00:26:23 (80) | 00:53:31 | 00:53:06 |

Wyniki

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5km | Wynik | Czas netto |
|---------|-------|--------------|---------------|---------------|----------------------------------|------|------|---------|----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 78 | 189 | Tomasz | Łytka | poznan | | 1979 | M30 | 26 | 62 | | 00:26:58 (97) | 00:53:39 | 00:53:17 |
| 79 | 141 | Michał | Wojciechowski | Warszawa | Amatorski Klub Biegacza "Wałkoń" | 1979 | M30 | 27 | 63 | | 00:26:33 (86) | 00:53:39 | 00:53:16 |
| 80 | 13 | Małgorzata | Nowacka | Poznań | Dirty Sparrows | 1986 | K30 | 8 | | 17 | 00:26:24 (81) | 00:53:41 | 00:53:31 |
| 81 | 49 | Tomasz | Statarski | Poznań | gRUNwald team Poznań | 1984 | M30 | 28 | 64 | | 00:25:40 (63) | 00:53:43 | 00:53:31 |
| 82 | 284 | Iwona Anna | Stec | Wilkowice | | 1990 | K20 | 6 | | 18 | 00:26:27 (82) | 00:53:54 | 00:53:48 |
| 83 | 11 | Sławek | Michalak | Śrem | Night Runners | 1967 | M50 | 5 | 65 | | 00:25:31 (57) | 00:53:57 | 00:53:55 |
| 84 | 116 | Justyna | Kubaś | Dopiewiec | Drużyna szpiku | 1990 | K20 | 7 | | 19 | 00:26:44 (92) | 00:54:03 | 00:53:54 |
| 85 | 224 | Łukasz | Czub | Komorniki | | 1978 | M30 | 29 | 66 | | 00:26:31 (85) | 00:54:05 | 00:53:58 |
| 86 | 134 | Krzysztof | Tyliński | Poznań | | 1973 | M40 | 17 | 67 | | 00:27:17 (101) | 00:54:07 | 00:53:54 |
| 87 | 223 | Monika | Owczarczak | poznań | Night Runners | 1984 | K30 | 9 | | 20 | 00:26:33 (87) | 00:54:08 | 00:53:52 |
| 88 | 289 | Marcin Marek | Michalak | Poznań | | 1986 | M30 | 30 | 68 | | 00:26:39 (89) | 00:54:26 | 00:54:05 |
| 89 | 26 | Bożydar | Muzsik | Poznań | gRUNwald team Poznań | 1986 | M30 | 31 | 69 | | 00:26:37 (88) | 00:54:34 | 00:54:26 |
| 90 | 78 | Grzegorz | Kruk | Poznań | | 1971 | M40 | 18 | 70 | | 00:26:44 (93) | 00:54:36 | 00:54:11 |
| 91 | 281 | Marcin | Bilski | Poznań | | 1987 | M30 | 32 | 71 | | 00:26:39 (90) | 00:54:48 | 00:54:46 |
| 92 | 294 | Iza | Dąbrowska | | Mud Goats | 1977 | K40 | 5 | | 21 | 00:27:03 (99) | 00:54:52 | 00:54:48 |
| 93 | 252 | Paweł | Matkowski | Lwówek Śląski | | 1989 | M20 | 15 | 72 | | 00:27:53 (115) | 00:54:54 | 00:54:25 |
| 94 | 48 | Violetta | Wrębiak | POZNAŃ | HERBALFE POZNAŃ | 1970 | K40 | 6 | | 22 | 00:27:58 (122) | 00:54:57 | 00:54:42 |
| 95 | 63 | Józef | Linke | Mosina | | 1964 | M50 | 6 | 73 | | 00:26:21 (79) | 00:55:00 | 00:54:55 |
| 96 | 190 | Łukasz | Walczak | Ludowo | | 1983 | M30 | 33 | 74 | | 00:26:50 (95) | 00:55:04 | 00:54:57 |
| 97 | 47 | Paweł | Wygoda | POZNAŃ | HERBALFE POZNAŃ | 1966 | M50 | 7 | 75 | | 00:27:56 (120) | 00:55:11 | 00:54:55 |
| 98 | 210 | Bartosz | Michalski | Poznań | | 1985 | M30 | 34 | 76 | | 00:26:29 (84) | 00:55:12 | 00:54:48 |
| 99 | 282 | Paulina | Gawęcka | Luboń | PZU SPORT TEAM | 1975 | K40 | 7 | | 23 | 00:26:48 (94) | 00:55:18 | 00:55:12 |
| 100 | 261 | Ireneusz | Męczykowski | Poznań | gRUNwald team Poznań | 1980 | M30 | 35 | 77 | | 00:27:27 (107) | 00:55:31 | 00:55:20 |
| 101 | 266 | Dariusz | Kosicki | Rokietnice | | 1966 | M50 | 8 | 78 | | 00:28:03 (124) | 00:55:33 | 00:55:20 |
| 102 | 186 | Wojciech | Fieduk | Trzcianka | UKS Copernicus SP74 Poznań | 1991 | M20 | 16 | 79 | | 00:27:18 (103) | 00:55:41 | 00:55:29 |
| 103 | 97 | Bartosz | Szymanowicz | Lubasz | | 1997 | M20 | 17 | 80 | | 00:26:02 (73) | 00:55:43 | 00:55:32 |
| 104 | 280 | Jarosław | Reimann | Poznań | | 1978 | M30 | 36 | 81 | | 00:28:16 (130) | 00:55:55 | 00:55:39 |
| 105 | 275 | Beata | Przymuszała | Poznan | | 1982 | K30 | 10 | | 24 | 00:27:34 (108) | 00:55:55 | 00:55:47 |
| 106 | 279 | Adam Jacek | Krajewski | Poznań | | 1980 | M30 | 37 | 82 | | 00:28:15 (129) | 00:55:56 | 00:55:39 |
| 107 | 178 | Ewa | Felkel | Poznań | Piątkowo na Biegowo | 1973 | K40 | 8 | | 25 | 00:27:47 (114) | 00:55:57 | 00:55:34 |
| 108 | 56 | Mateusz | Wojnicz | Września | | 1991 | M20 | 18 | 83 | | 00:27:17 (102) | 00:55:58 | 00:55:40 |
| 109 | 264 | Anna | Wiśniewska | Poznań | | 1982 | K30 | 11 | | 26 | 00:27:42 (111) | 00:56:03 | 00:55:57 |
| 110 | 132 | Marek | Kądzielak | Rogalinek | Drużyna szpiku | 1975 | M40 | 19 | 84 | | 00:28:20 (133) | 00:56:06 | 00:55:39 |
| 111 | 250 | Maciej | Czerwiński | Skórzewo | Kibolski KS | 1983 | M30 | 38 | 85 | | 00:27:26 (106) | 00:56:07 | 00:55:58 |
| 112 | 121 | Artur | Hasiński | Poznań | Warczarze | 1978 | M30 | 39 | 86 | | 00:27:23 (105) | 00:56:07 | 00:56:02 |
| 113 | 196 | Agnieszka | Gizelska | Poznań | Piątkowo na Biegowo | 1971 | K40 | 9 | | 27 | 00:27:36 (109) | 00:56:13 | 00:55:50 |
| 114 | 257 | Rafał | Kurczyński | Poznań | Rufa | 1977 | M40 | 20 | 87 | | 00:26:39 (91) | 00:56:16 | 00:56:03 |
| 115 | 202 | Maciej | Knast | Poznań | Poznan | 1971 | M40 | 21 | 88 | | 00:27:54 (116) | 00:56:19 | 00:56:09 |
| 116 | 15 | Marcin | Ladek | Poznań | gRUNwald team Poznań | 1989 | M20 | 19 | 89 | | 00:27:10 (100) | 00:56:21 | 00:56:17 |

Wyniki

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5km | Wynik | Czas netto |
|---------|-------|------------|-------------------|------------------|-----------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 117 | 205 | Renata | Michalska | Poznań | | 1976 | K40 | 10 | | 28 | 00:27:54 (117) | 00:56:23 | 00:56:19 |
| 118 | 131 | Ada | Szajdak | Szamotuły | Bukowski Klub Biegacza | 1989 | K20 | 8 | | 29 | 00:28:55 (140) | 00:56:28 | 00:56:16 |
| 119 | 9 | Adam | Plewa | Dobieżyn | Bukowski Klub Biegacza | 1988 | M20 | 20 | 90 | | 00:28:03 (125) | 00:56:35 | 00:56:05 |
| 120 | 123 | Zofia | Łysiak | Poznań | | 1993 | K20 | 9 | | 30 | 00:27:45 (112) | 00:56:37 | 00:56:32 |
| 121 | 93 | Arkadiusz | Kiereś | Gorzkie Pole | | 1975 | M40 | 22 | 91 | | 00:28:30 (136) | 00:56:39 | 00:56:19 |
| 122 | 209 | Katarzyna | Łysiak | Dąbrówka | | 1985 | K30 | 12 | | 31 | 00:27:45 (113) | 00:56:42 | 00:56:38 |
| 123 | 206 | Małgorzata | Rybak | Wierzenica | | 1983 | K30 | 13 | | 32 | 00:27:55 (119) | 00:56:47 | 00:56:43 |
| 124 | 133 | Michał | Jarusz | Oborniki | Drużyna szpiku | 1983 | M30 | 40 | 92 | | 00:27:18 (104) | 00:56:49 | 00:56:36 |
| 125 | 18 | Krzysztof | Brychczyński | Poznań | WATAHA TEAM | 1980 | M30 | 41 | 93 | | 00:26:50 (96) | 00:56:51 | 00:56:42 |
| 126 | 61 | Łukasz | Wieczorek | Plewiska | Klub Marcelesin | 1984 | M30 | 42 | 94 | | 00:28:47 (138) | 00:56:57 | 00:56:34 |
| 127 | 159 | Marcin | Kaźmierczak | Poznań | Oldschool Hooligans w biegu | 1976 | M40 | 23 | 95 | | 00:29:05 (145) | 00:57:09 | 00:57:03 |
| 128 | 27 | Alina | Juskowiak | Poznań | gRUNwald team Poznań | 1983 | K30 | 14 | | 33 | 00:27:36 (110) | 00:57:11 | 00:56:58 |
| 129 | 262 | Bartosz | Kolański | Poznań | run for jfk | 1973 | M40 | 24 | 96 | | 00:29:12 (152) | 00:57:15 | 00:56:49 |
| 130 | 106 | Paweł | Lisiecki | Poznań FC | Poznań FC | 1986 | M30 | 43 | 97 | | 00:29:16 (155) | 00:57:22 | 00:56:55 |
| 131 | 228 | Patrycja | Banaszak | Poznań | | 1985 | K30 | 15 | | 34 | 00:27:56 (121) | 00:57:28 | 00:57:21 |
| 132 | 220 | Robert | Pieczynski | Luboń | Moto-Centrala | 1965 | M50 | 9 | 98 | | 00:29:09 (151) | 00:57:35 | 00:57:20 |
| 133 | 241 | Rafał | Rybarski | Murowana Goślina | Murowana Goślina | 1970 | M40 | 25 | 99 | | 00:28:00 (123) | 00:57:37 | 00:57:30 |
| 134 | 183 | Michał | Czarnyszka | Poznań | dzika drużyna | 1987 | M30 | 44 | 100 | | 00:31:05 (198) | 00:57:39 | 00:57:22 |
| 135 | 218 | Tim | Oldenburg | Poznan | Night Runners | 1980 | M30 | 45 | 101 | | 00:29:06 (147) | 00:57:40 | 00:57:19 |
| 136 | 213 | Patryk | Rothe | Poznan | | 1991 | M20 | 21 | 102 | | 00:28:19 (132) | 00:57:45 | 00:57:37 |
| 137 | 260 | Maciej | Gronowski | Poznań | Poznan | 1983 | M30 | 46 | 103 | | 00:28:16 (131) | 00:57:45 | 00:57:34 |
| 138 | 112 | Piotr | Mielczarek | Poznań | Pogromcy singletraków | 1979 | M30 | 47 | 104 | | 00:28:11 (127) | 00:57:49 | 00:57:39 |
| 139 | 113 | Łukasz | Schoener | Poznań | Pogromcy singletraków | 1980 | M30 | 48 | 105 | | 00:28:11 (128) | 00:57:49 | 00:57:39 |
| 140 | 90 | Tomasz | Nowak | Zakrzewo | STN Raider Poznań | 1974 | M40 | 26 | 106 | | 00:29:06 (148) | 00:57:55 | 00:57:40 |
| 141 | 36 | Tomasz | Kudlinski | Czapury | | 1985 | M30 | 49 | 107 | | 00:28:50 (139) | 00:57:55 | 00:57:37 |
| 142 | 66 | Marta | Strykowska | Poznań | BULA TEAM | 1981 | K30 | 16 | | 35 | 00:29:05 (146) | 00:57:57 | 00:57:45 |
| 143 | 67 | Paweł | Zaremba | Poznań | BULA TEAM | 1982 | M30 | 50 | 108 | | 00:29:06 (149) | 00:57:58 | 00:57:46 |
| 144 | 268 | Dagmara | Czwojdzńska | Pamiątkowo | | 1988 | K20 | 10 | | 36 | 00:29:53 (175) | 00:58:00 | 00:57:53 |
| 145 | 240 | Marlena | Flieger | Bolewice | Kobiety biegają | 1990 | K20 | 11 | | 37 | 00:28:08 (126) | 00:58:11 | 00:58:04 |
| 146 | 31 | Przemek | Kocik | Buk | Bukowski Klub Biegacza | 1988 | M20 | 22 | 109 | | 00:28:38 (137) | 00:58:11 | 00:57:40 |
| 147 | 155 | Marta | Zielińska | Czerwonak | | 1987 | K30 | 17 | | 38 | 00:29:17 (156) | 00:58:24 | 00:58:00 |
| 148 | 242 | Michał | Grabowski | Swarzędz | | 1986 | M30 | 51 | 110 | | 00:29:28 (164) | 00:58:27 | 00:58:14 |
| 149 | 8 | Piotr | Gromadecki | Poznań | | 1989 | M20 | 23 | 111 | | 00:30:11 (182) | 00:58:36 | 00:58:06 |
| 150 | 248 | Roman | Meller | Poznań | Dwuosobowy Klub Sportowy | 1950 | M60+ | 2 | 112 | | 00:29:13 (153) | 00:58:39 | 00:58:12 |
| 151 | 79 | Przemysław | Grzywaczyk | Suchy Las | parkrun Poznań | 1992 | M20 | 24 | 113 | | 00:29:14 (154) | 00:58:47 | 00:58:23 |
| 152 | 105 | Tomasz | Jakubek | Poznań | | 1983 | M30 | 52 | 114 | | 00:29:56 (177) | 00:58:48 | 00:58:24 |
| 153 | 24 | Michał | Orlicki | Poznań | COMBI ARIALDO | 1981 | M30 | 53 | 115 | | 00:29:28 (165) | 00:58:54 | 00:58:42 |
| 154 | 169 | Paulina | Borowska-Najderek | Rokietnica | | 1980 | K30 | 18 | | 39 | 00:30:02 (180) | 00:58:55 | 00:58:32 |
| 155 | 146 | Rafał | Biernat | Krosinko | Mosina Biega | 1976 | M40 | 27 | 116 | | 00:28:59 (143) | 00:59:10 | 00:58:55 |

Wyniki

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5km | Wynik | Czas netto |
|---------|-------|------------|--------------------|-------------------|------------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 156 | 165 | Mariusz | Chłędowski | Kostrzyn | Walka Kostrzyn | 1989 | M20 | 25 | 117 | | 00:29:19 (159) | 00:59:14 | 00:59:00 |
| 157 | 254 | Ewa | Kozakiewicz | Poznań | | 1996 | K20 | 12 | | 40 | 00:29:28 (166) | 00:59:16 | 00:59:06 |
| 158 | 72 | Wiesław | Chojniak | Poznań | | 1973 | M40 | 28 | 118 | | 00:29:22 (162) | 00:59:19 | 00:58:47 |
| 159 | 86 | Monika | Olechowska | Poznań | Mamy-Biegamy | 1982 | K30 | 19 | | 41 | 00:29:32 (168) | 00:59:24 | 00:59:07 |
| 160 | 211 | Anita | Jóźwiak | Poznań | | 1984 | K30 | 20 | | 42 | 00:29:58 (179) | 00:59:27 | 00:59:13 |
| 161 | 17 | Mariusz | Kałwiński | Poznań | WATAHA TEAM | 1975 | M40 | 29 | 119 | | 00:27:54 (118) | 00:59:28 | 00:59:19 |
| 162 | 168 | Arkadiusz | Illmann | Poznań | | 1988 | M20 | 26 | 120 | | 00:27:00 (98) | 00:59:39 | 00:59:20 |
| 163 | 239 | Dawid | Kaczmarek | Skórzewo | SWAT TEAM | 1990 | M20 | 27 | 121 | | 00:30:16 (183) | 00:59:42 | 00:59:28 |
| 164 | 167 | Martyna | Kupka | Poznań | SWAT TEAM | 1987 | K30 | 21 | | 43 | 00:30:16 (184) | 00:59:43 | 00:59:29 |
| 165 | 74 | Daniel | Kruszona | Obrzycko | Armia Krajowa | 1982 | M30 | 54 | 122 | | 00:28:24 (134) | 00:59:46 | 00:59:37 |
| 166 | 120 | Ada | Ślusarczyk | Bolechowo-Osiedle | | 1991 | K20 | 13 | | 44 | 00:29:21 (160) | 00:59:49 | 00:59:45 |
| 167 | 251 | Marcel | Maciejewski | Poznań | | 1987 | M30 | 55 | 123 | | 00:30:19 (186) | 00:59:50 | 00:59:23 |
| 168 | 172 | Izabella | Maciejewska | Poznań | | 1987 | K30 | 22 | | 45 | 00:30:18 (185) | 00:59:50 | 00:59:22 |
| 169 | 217 | Małgorzata | Stachowska | Poznań | | 1989 | K20 | 14 | | 46 | 00:29:06 (150) | 00:59:50 | 00:59:29 |
| 170 | 35 | Wacław | Wojciechowski | Poznań | | 1989 | M20 | 28 | 124 | | 00:29:25 (163) | 00:59:51 | 00:59:45 |
| 171 | 219 | Karolina | Szewczyk | Poznań | Krotoski - Cichy Przeźmierowo | 1981 | K30 | 23 | | 47 | 00:29:57 (178) | 00:59:58 | 00:59:49 |
| 172 | 203 | Dawid | Nawrocki | Sieraków | STN Raider Poznań | 1976 | M40 | 30 | 125 | | 00:29:21 (161) | 01:00:12 | 00:59:57 |
| 173 | 204 | Izabela | Dachtera-Walędziak | Tarnowo Podgórne | | 1975 | K40 | 11 | | 48 | 00:30:27 (188) | 01:00:14 | 00:59:57 |
| 174 | 256 | Agata | Woźna | Poznań | | 1989 | K20 | 15 | | 49 | 00:29:51 (173) | 01:00:15 | 00:59:53 |
| 175 | 272 | Piotr | Gizelski | Poznań | Piątkowo na Biegowo | 1969 | M40 | 31 | 126 | | 00:29:48 (172) | 01:00:23 | 01:00:00 |
| 176 | 143 | Joanna | Oleśków Szłapka | Plewiska | Velocity warsztat treningu | 1977 | K40 | 12 | | 50 | 00:29:17 (157) | 01:00:24 | 01:00:17 |
| 177 | 288 | Filip | Buszkowski | Gaj Wielki | | 1974 | M40 | 32 | 127 | | 00:30:31 (189) | 01:00:25 | 01:00:00 |
| 178 | 191 | Agnieszka | Hejne | Dąbrówka | | 1982 | K30 | 24 | | 51 | 00:29:03 (144) | 01:00:30 | 01:00:28 |
| 179 | 75 | Michał | Baszkiewicz | Poznań | Spartan Race Training Group Poznań | 1987 | M30 | 56 | 128 | | 00:29:36 (169) | 01:00:31 | 01:00:17 |
| 180 | 160 | Michał | Szeszuła | Poznań | Night Runners | 1975 | M40 | 33 | 129 | | 00:29:45 (171) | 01:00:44 | 01:00:21 |
| 181 | 185 | Maciek | Lisiak | Konin | | 1989 | M20 | 29 | 130 | | 00:28:26 (135) | 01:00:51 | 01:00:33 |
| 182 | 118 | Marek | Szczytkowski | Świdwin | K.B.Sprint Świdwin | 1972 | M40 | 34 | 131 | | 00:28:56 (141) | 01:01:08 | 01:00:57 |
| 183 | 176 | Ilona | Krzyżaniak | Poznań | Piątkowo na Biegowo | 1977 | K40 | 13 | | 52 | 00:29:53 (176) | 01:01:09 | 01:00:46 |
| 184 | 286 | Maciej | Tybuszewski | Toruń | MARMEL TORUŃ | 1996 | M20 | 30 | 132 | | 00:31:00 (194) | 01:01:14 | 01:00:55 |
| 185 | 136 | Agnieszka | Kudela | poznan | Wilda Biega | 1986 | K30 | 25 | | 53 | 00:29:43 (170) | 01:01:18 | 01:01:05 |
| 186 | 295 | Michał | Rychłowski | Poznań | | 1973 | M40 | 35 | 133 | | 00:31:40 (206) | 01:01:31 | 01:01:01 |
| 187 | 77 | Maciej | Głyda | Poznań | Drużyna szpiku | 1962 | M50 | 10 | 134 | | 00:29:17 (158) | 01:01:38 | 01:01:17 |
| 188 | 107 | Małgorzata | Rąbczewska-Maze | Suchy Las | Pretorium | 1985 | K30 | 26 | | 54 | 00:30:22 (187) | 01:02:10 | 01:02:09 |
| 189 | 89 | Michał | Filipiak | Poznań | caloryfer.pl | 1977 | M40 | 36 | 135 | | 00:28:57 (142) | 01:02:24 | 01:01:58 |
| 190 | 214 | Jarosław | Żabko | Poznań | Drużyna szpiku | 1966 | M50 | 11 | 136 | | 00:31:16 (202) | 01:02:24 | 01:02:00 |
| 191 | 99 | Daria | Bednarczyk | Poznań | | 1976 | K40 | 14 | | 55 | 00:30:32 (190) | 01:02:41 | 01:02:28 |
| 192 | 253 | Maciej | Sarnowski | Poznań | | 1974 | M40 | 37 | 137 | | 00:30:49 (191) | 01:02:45 | 01:02:26 |
| 193 | 117 | Marcelina | May | Poznań | dzika drużyna | 1986 | K30 | 27 | | 56 | 00:31:02 (195) | 01:02:47 | 01:02:29 |
| 194 | 255 | Piotr | Przybylski | Poznań | Drużyna szpiku | 1982 | M30 | 57 | 138 | | 00:31:33 (204) | 01:02:51 | 01:02:30 |

Wyniki

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5km | Wynik | Czas netto |
|---------|-------|-------------|-----------------------|------------------|---|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 195 | 173 | Dominik | Michałowski | Murwana Goślina | | 1988 | M20 | 31 | 139 | | 00:29:52 (174) | 01:02:56 | 01:02:41 |
| 196 | 10 | Agnieszka | Niewczas-Stefańska | Murwana Goślina | Kobiety biegają | 1971 | K40 | 15 | | 57 | 00:31:03 (196) | 01:03:04 | 01:02:41 |
| 197 | 292 | Przemysław | Wojciechowski | Łódź | | 1991 | M20 | 32 | 140 | | 00:29:29 (167) | 01:03:09 | 01:02:59 |
| 198 | 290 | Agnieszka | Jarosik | 535343789 | | 1992 | K20 | 16 | | 58 | 00:30:56 (192) | 01:03:17 | 01:03:03 |
| 199 | 216 | Szymon | Stelmaszyk | Wiry | GlasSolutions | 1987 | M30 | 58 | 141 | | 00:31:06 (199) | 01:03:20 | 01:03:11 |
| 200 | 247 | Mateusz | Tomaszewski | Poznań | | 1979 | M30 | 59 | 142 | | 00:30:08 (181) | 01:03:39 | 01:03:19 |
| 201 | 163 | Konrad | Różowicz | Poznań | http://blog-zamowienia-publiczne.blogspot.com/ | 1988 | M20 | 33 | 143 | | 00:31:50 (207) | 01:04:07 | 01:03:47 |
| 202 | 233 | Przemysław | Guzik | Poznań | | 1969 | M40 | 38 | 144 | | 00:32:45 (222) | 01:04:18 | 01:04:10 |
| 203 | 33 | Małgorzata | Rozynek | POZNAŃ | | 1978 | K30 | 28 | | 59 | 00:31:20 (203) | 01:04:25 | 01:04:08 |
| 204 | 231 | Justyna | Józefczyk | POZNAŃ | | 1980 | K30 | 29 | | 60 | 00:31:04 (197) | 01:04:45 | 01:04:38 |
| 205 | 267 | Grzegorz | Kaczmarowski | 790578162 | | 1980 | M30 | 60 | 145 | | 00:32:15 (210) | 01:05:02 | 01:04:51 |
| 206 | 246 | Alina | Abramowska-Guzik | Poznań | | 1967 | K50 | 1 | | 61 | 00:32:44 (220) | 01:05:20 | 01:05:11 |
| 207 | 277 | Adam | Leszczyński | Wysogotowo | | 1992 | M20 | 34 | 146 | | 00:30:59 (193) | 01:05:21 | 01:05:02 |
| 208 | 58 | Elżbieta | Wysłużal | Poznań | PKO BANK POLSKI | 1965 | K50 | 2 | | 62 | 00:32:03 (208) | 01:05:23 | 01:05:17 |
| 209 | 83 | Małgorzata | Job | Złotniki | ROLL4LIFE.PL | 1975 | K40 | 16 | | 63 | 00:32:28 (218) | 01:05:31 | 01:05:17 |
| 210 | 285 | Kinga | Witt | Poznań | | 1991 | K20 | 17 | | 64 | 00:32:31 (219) | 01:05:36 | 01:05:23 |
| 211 | 28 | Marcin | Józefowski | Komorniki | Bieg dla Filipa | 1982 | M30 | 61 | 147 | | 00:31:09 (200) | 01:05:40 | 01:05:16 |
| 212 | 150 | Dorota | Chylińska | Grudziądz | Akademia biegania Grudziądz | 1967 | K50 | 3 | | 65 | 00:32:25 (216) | 01:05:40 | 01:05:24 |
| 213 | 175 | Włodzimierz | Lewicki | Poznań | dzika drużyna | 1959 | M50 | 12 | 148 | | 00:31:38 (205) | 01:05:54 | 01:05:35 |
| 214 | 71 | Agata | Skorupka | Leszno | | 1984 | K30 | 30 | | 66 | 00:33:09 (225) | 01:05:55 | 01:05:28 |
| 215 | 198 | Joanna | Bąk | Luboń | Fitness24Seven | 1996 | K20 | 18 | | 67 | 00:33:20 (231) | 01:05:58 | 01:05:44 |
| 216 | 54 | Marcin | Kalka | Rawicz | | 1984 | M30 | 62 | 149 | | 00:31:15 (201) | 01:06:00 | 01:05:38 |
| 217 | 258 | Aleksandra | Stelmach | Poznań | Night Runners | 1984 | K30 | 31 | | 68 | 00:32:03 (209) | 01:06:02 | 01:05:46 |
| 218 | 259 | Anita | Szymańska | Luboń | Anita Biega | 1998 | K15 | 1 | | 69 | 00:33:12 (226) | 01:06:08 | 01:05:55 |
| 219 | 195 | Agnieszka | Indraszek | Poznań | gRUNwald team Poznań | 1972 | K40 | 17 | | 70 | 00:32:15 (211) | 01:06:44 | 01:06:23 |
| 220 | 60 | Konstancja | Lisewska | Poznań | gRUNwald team Poznań | 1986 | K30 | 32 | | 71 | 00:32:15 (212) | 01:06:45 | 01:06:23 |
| 221 | 51 | Anna | Strojna | Poznań | gRUNwald team Poznań | 1974 | K40 | 18 | | 72 | 00:32:15 (213) | 01:06:45 | 01:06:24 |
| 222 | 142 | Maciej | Olęderek | Poznań | Poznań | 1969 | M40 | 39 | 150 | | 00:32:15 (214) | 01:06:50 | 01:06:23 |
| 223 | 179 | Ewa | Kudłinska | Poznań | Night Runners | 1988 | K20 | 19 | | 73 | 00:33:19 (230) | 01:06:53 | 01:06:27 |
| 224 | 157 | Małgorzata | Chmielewska | Koszalin | Stoneczny Patrol Koszalin | 1989 | K20 | 20 | | 74 | 00:33:27 (233) | 01:07:13 | 01:06:48 |
| 225 | 1 | Emilia | Stawska | Poznań | gRUNwald team Poznań | 1987 | K30 | 33 | | 75 | 00:32:23 (215) | 01:07:29 | 01:07:22 |
| 226 | 237 | Weronika | Derengowska | Puszczkowo | | 1985 | K30 | 34 | | 76 | 00:32:44 (221) | 01:07:34 | 01:07:20 |
| 227 | 12 | Magdalena | Nowacka | Wielichowo | | 1984 | K30 | 35 | | 77 | 00:33:22 (232) | 01:07:38 | 01:07:27 |
| 228 | 212 | Iwona | Majewska | Złotniki | | 1962 | K50 | 4 | | 78 | 00:33:16 (227) | 01:07:40 | 01:07:34 |
| 229 | 119 | Izabella | Dębowska-Szczytkowska | Świdwin | K.B.Sprint Świdwin | 1973 | K40 | 19 | | 79 | 00:33:00 (223) | 01:08:00 | 01:07:49 |
| 230 | 232 | Tomasz | Kościński | Poznań | | 1952 | M60+ | 3 | 151 | | 00:33:34 (236) | 01:08:03 | 01:07:54 |
| 231 | 109 | Katarzyna | Dobicka | Poznań | | 1987 | K30 | 36 | | 80 | 00:33:28 (234) | 01:08:03 | 01:07:47 |
| 232 | 45 | Ewa | Gendera | POZNAŃ | gRUNwald team Poznań | 1984 | K30 | 37 | | 81 | 00:33:32 (235) | 01:08:13 | 01:07:52 |
| 233 | 122 | Krzysztof | Olejnik | Tarnowo Podgórze | | 1988 | M20 | 35 | 152 | | 00:33:17 (228) | 01:08:18 | 01:07:58 |

Wyniki

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Klub | Rok | Kat. | Miejsce | | | 5km | Wynik | Czas netto |
|---------|-------|------------|--------------------|------------------|------------------------------|------|------|---------|-----|----|----------------|----------|------------|
| | | | | | | | | kat. | M | K | | | |
| 234 | 100 | Marcin | Szypa | Sierosław | | 1982 | M30 | 63 | 153 | | 00:33:17 (229) | 01:08:18 | 01:07:58 |
| 235 | 62 | Damian | Tomas | Poznań | D&W | 1990 | M20 | 36 | 154 | | 00:34:02 (244) | 01:08:52 | 01:08:23 |
| 236 | 21 | Zuzanna | Zimowska | Poznań | siostry zło biegają | 1985 | K30 | 38 | | 82 | 00:37:06 (251) | 01:08:54 | 01:08:25 |
| 237 | 22 | Dawid | Sikora | Rakownia | Rakownia | 1976 | M40 | 40 | 155 | | 00:37:08 (252) | 01:08:54 | 01:08:25 |
| 238 | 187 | Agnieszka | Dawidowska | Plewiska | Plewiska | 1979 | K30 | 39 | | 83 | 00:33:44 (237) | 01:09:51 | 01:09:30 |
| 239 | 174 | Czesław | Więckowicz | Poznań | | 1956 | M60+ | 4 | 156 | | 00:33:45 (238) | 01:09:51 | 01:09:29 |
| 240 | 43 | Kamila | Grotowska | Poznań | | 1983 | K30 | 40 | | 84 | 00:33:55 (243) | 01:09:56 | 01:09:33 |
| 241 | 215 | Justyna | Schmidt | Poznań | KB DębIEC | 1975 | K40 | 20 | | 85 | 00:33:50 (239) | 01:10:30 | 01:10:02 |
| 242 | 138 | Adam | Ratajczyk | Poznań | | 1991 | M20 | 37 | 157 | | 00:32:27 (217) | 01:10:44 | 01:10:28 |
| 243 | 46 | Wirginia | Król | Tarnowo Podgórne | Tarnowo Podgórne - DLA HENIA | 1961 | K50 | 5 | | 86 | 00:33:04 (224) | 01:10:44 | 01:10:30 |
| 244 | 154 | Bartosz | Malicki | Bogucin | | 1988 | M20 | 38 | 158 | | 00:33:50 (240) | 01:10:50 | 01:10:24 |
| 245 | 19 | Anna | Kien | Poznań | | 1977 | K40 | 21 | | 87 | 00:34:34 (246) | 01:10:53 | 01:10:25 |
| 246 | 30 | Monika | Merklinghaus-Kober | Kościan | | 1975 | K40 | 22 | | 88 | 00:33:51 (242) | 01:11:02 | 01:10:35 |
| 247 | 25 | Anna | Kiwertz | Poznań | Poznań | 1979 | K30 | 41 | | 89 | 00:34:13 (245) | 01:13:00 | 01:12:35 |
| 248 | 42 | Maciej | Lewek | Swarzędz | Przyjaciele z Radzyn | 1962 | M50 | 13 | 159 | | 00:34:48 (247) | 01:13:00 | 01:12:56 |
| 249 | 225 | Krzysztof | Roszczenko | Poznań | | 1976 | M40 | 41 | 160 | | 00:33:50 (241) | 01:13:17 | 01:12:50 |
| 250 | 234 | Antoni | Koch | Śrem | | 1961 | M50 | 14 | 161 | | 00:36:25 (250) | 01:15:01 | 01:14:34 |
| 251 | 149 | Paweł | Stelmaszyk | 61-649 | | 1989 | M20 | 39 | 162 | | 00:35:00 (248) | 01:15:30 | 01:15:05 |
| 252 | 148 | Marzena | Koprek | Poznań | | 1990 | K20 | 21 | | 90 | 00:35:49 (249) | 01:15:30 | 01:15:05 |
| 253 | 192 | Michał | Pułka | lubin | | 1989 | M20 | 40 | 163 | | 00:40:33 (253) | 01:25:13 | 01:24:45 |
| 254 | 193 | Aleksandra | Stróżyk-Pułka | lubin | | 1992 | K20 | 22 | | 91 | 00:40:33 (254) | 01:25:13 | 01:24:45 |
| RAZEM: | | 254 | | | | | | | | | | | |