

Wyniki

1/10 IM



Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
1	86	Marcin	Kutkowski	zmierz-nie-szacuj.pl Badania wydolnościowe / Tarnowo Podgórne	POL	1995	M20	1	1		00:06:29 (20)	00:00:38	00:27:41 (3)	00:00:32	00:15:54 (3)	00:51:14
2	66	Łukasz	Kobytecki	GTT DIAMENT GNIEZNO / Gniezno	POL	1996	M20	2	2		00:06:54 (30)	00:00:39	00:28:26 (10)	00:00:22	00:15:01 (1)	00:51:22
3	74	Tomasz	Kosicki	UKS Lusowo/zmierz-nie-szacuj.pl / Lusówko	POL	1989	M20	3	3		00:05:43 (6)	00:01:53	00:28:23 (8)	00:00:23	00:16:07 (5)	00:52:29
4	136	Aleksander	Sęczkowski	UKS CITYZEN _/BE3 / Koziegłowy	POL	1995	M20	4	4		00:05:14 (1)	00:01:43	00:27:52 (4)	00:00:33	00:17:15 (19)	00:52:37
5	153	Eryk	Szuba	GTT MACIEJKA DIMENT / Gniezno	POL	1997	M20	5	5		00:05:34 (4)	00:01:47	00:29:10 (29)	00:00:25	00:16:11 (7)	00:53:07
6	144	Jakub	Stryczyński	AZS AWF Poznań / Komorniki	POL	2001	M20	6	6		00:05:37 (5)	00:01:52	00:28:31 (14)	00:00:30	00:17:06 (17)	00:53:36
7	84	Stanisław	Kuczma	eFitness Racing Team / Gortatowo	POL	2001	M20	7	7		00:05:56 (12)	00:01:48	00:28:53 (25)	00:00:36	00:16:30 (8)	00:53:43
8	165	Michał	Wasztyl	Witkowo Tri Team / Powidz	POL	1989	M20	8	8		00:07:04 (37)	00:00:56	00:28:33 (17)	00:00:32	00:16:42 (10)	00:53:47
9	30	Jacek	Furtak	31BLT / Śrem	POL	1992	M20	9	9		00:05:45 (7)	00:01:45	00:28:32 (15)	00:00:26	00:17:22 (22)	00:53:50
10	195	Marta	Zygmunt	MLUKS TRIATHLON KOŁO / Koło	POL	1999	K20	1		1	00:05:27 (2)	00:01:47	00:27:32 (1)	00:00:27	00:18:47 (54)	00:54:00
11	12	Jacek	Błaszczak	AF MOSINA TEAM / Mosina	POL	1979	M30	1	10		00:06:19 (17)	00:02:16	00:28:07 (6)	00:00:38	00:16:51 (12)	00:54:11
12	105	Mariusz	Młotkowski	Piła	POL	1973	M40	1	11		00:07:38 (52)	00:01:54	00:28:35 (18)	00:00:32	00:16:10 (6)	00:54:49
13	167	Piotr	Wejman	LITWIN TRIATHLON TEAM / Rychwał	POL	1984	M30	2	12		00:07:01 (35)	00:02:21	00:28:49 (22)	00:00:37	00:16:06 (4)	00:54:54
14	99	Łukasz	Mayer	Chod-Dróg TRI Team / BE3 Cityzen / Gostyń	POL	1980	M30	3	13		00:07:49 (63)	00:01:45	00:28:27 (11)	00:01:10	00:15:50 (2)	00:55:01
15	163	Robert	Walczak	parkrun Poznań / Zielona Góra	POL	1980	M30	4	14		00:07:09 (42)	00:02:02	00:28:32 (16)	00:00:29	00:16:58 (14)	00:55:10
16	117	Filip	Orłowski	Ratownictwo Wodne Filip Orłowski/Cityzen / Poznań	POL	1982	M30	5	15		00:05:30 (3)	00:02:09	00:29:01 (28)	00:00:37	00:17:57 (31)	00:55:14
17	7	Izabela	Bąkowska	GTT DIAMENT	POL	2001	K20	2		2	00:06:06 (13)	00:01:49	00:29:50 (39)	00:00:28	00:17:04 (16)	00:55:17
18	98	Olga	Masłowska	GTT DIAMENT	POL	1998	K20	3		3	00:05:52 (9)	00:01:34	00:29:15 (31)	00:00:27	00:18:36 (47)	00:55:44
19	79	Krzysztof	Kozłowski	kościan	POL	1977	M40	2	16		00:07:43 (57)	00:02:29	00:28:24 (9)	00:00:38	00:16:33 (9)	00:55:47
20	147	Dawid	Sworek	Poznań	POL	1988	M20	10	17		00:07:06 (39)	00:01:58	00:28:42 (19)	00:00:35	00:17:26 (23)	00:55:47
21	72	Wojciech	Korzelecki	RunningTeam Milicz / Milicz	POL	1984	M30	6	18		00:06:48 (26)	00:02:13	00:28:46 (21)	00:00:35	00:17:40 (25)	00:56:02
22	38	Kacper	Grzelak	gryfino	POL	2001	M20	11	19		00:06:21 (18)	00:01:52	00:29:25 (36)	00:00:30	00:18:01 (35)	00:56:09
23	102	Sebastian	Miedziak	Rogalinek	POL	1983	M30	7	20		00:06:51 (28)	00:02:11	00:28:43 (20)	00:00:28	00:18:21 (42)	00:56:34
24	128	Stanisław	Polkowski	zmierz-nie-szacuj.pl Badania wydolnościowe / Murowana Goślina	POL	1963	M50	1	21		00:07:45 (59)	00:01:43	00:29:19 (33)	00:00:38	00:17:13 (18)	00:56:38
25	41	Adam	Hojan	Poznań	POL	1985	M30	8	22		00:06:15 (15)	00:02:44	00:27:39 (2)	00:00:50	00:19:16 (62)	00:56:44
26	175	Jadwiga	Wyrwińska	AZS AWF Poznań / Drużyna	POL	2001	K20	4		4	00:06:23 (19)	00:02:05	00:30:30 (47)	00:00:30	00:17:20 (20)	00:56:48
27	178	Przemysław	Zabel	PRO366 / Tarnowo Podgórne	POL	1983	M30	9	23		00:07:16 (45)	00:02:29	00:28:58 (26)	00:00:51	00:17:20 (21)	00:56:54
28	112	Marcin	Nowak	Tata wymiata / Gądk	POL	1980	M30	10	24		00:07:09 (43)	00:02:03	00:29:00 (27)	00:00:50	00:17:55 (29)	00:56:57
29	11	Michał	Binkowski	Binu Team / Poznań	POL	1989	M20	12	25		00:06:32 (21)	00:02:04	00:28:00 (5)	00:00:36	00:20:03 (78)	00:57:15
30	124	Marek	Piekarski	Trispace / Bydgoszcz	POL	1971	M40	3	26		00:08:24 (75)	00:02:12	00:28:50 (23)	00:00:56	00:16:59 (15)	00:57:21
31	164	Bartosz	Walkowiak	Www.studio-motiv.pl POSNANIA / Plewiska	POL	1980	M30	11	27		00:07:40 (54)	00:02:21	00:29:15 (32)	00:00:40	00:18:12 (38)	00:58:08
32	70	Marek	Konieczniak	Sin Corte Dogo Canario / Rosnówko	POL	1972	M40	4	28		00:08:00 (67)	00:02:43	00:28:52 (24)	00:00:40	00:17:56 (30)	00:58:11
33	31	Jarek	Gackowski	Trispace / Bydgoszcz	POL	1973	M40	5	29		00:07:24 (49)	00:01:56	00:30:11 (43)	00:00:45	00:17:57 (32)	00:58:13
34	159	Marcin	Tomaszewski	GTRAT / Jelcz	POL	1982	M30	12	30		00:07:26 (50)	00:02:51	00:28:30 (12)	00:00:49	00:18:43 (48)	00:58:19
35	63	Hubert	Klimacki	GTT DIAMENT GNIEZNO / Mieleszyn	POL	1992	M20	13	31		00:05:49 (8)	00:01:31	00:32:03 (68)	00:00:31	00:18:35 (46)	00:58:29

Wyniki

1/10 IM



Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
36	62	Rafał	Kędzierski	DE-STRESS / Bydgoszcz	POL	1977	M40	6	32		00:07:39 (53)	00:02:49	00:29:14 (30)	00:00:46	00:18:13 (40)	00:58:41
37	180	Bartosz	Zajęc	Looksfera/M-Tronic / POZNAŃ	POL	1989	M20	14	33		00:07:00 (34)	00:02:42	00:29:42 (37)	00:00:48	00:18:43 (49)	00:58:55
38	179	Agata	Zachwieja	GTT DIAMENT	POL	2001	K20	5		5	00:06:14 (14)	00:01:43	00:32:58 (89)	00:00:42	00:17:45 (27)	00:59:22
39	68	Marcin	Kołoszuk	4pplot / Leszno	POL	1988	M20	15	34		00:08:03 (69)	00:02:33	00:31:51 (65)	00:00:37	00:16:47 (11)	00:59:51
40	24	Maciej	Dymitrowski	IDMAR RACING TEAM - TRIATHLON DIVISION / Wolsztyn	POL	1985	M30	13	35		00:07:04 (38)	00:02:25	00:29:20 (34)	00:00:47	00:20:26 (88)	01:00:02
41	40	Jeremi	Herwart	GTT DIAMENT	POL	2001	M20	16	36		00:05:52 (10)	00:02:17	00:31:17 (56)	00:00:25	00:20:34 (92)	01:00:25
42	108	Tomasz	Najderek	Komorniki	POL	1983	M30	14	37		00:05:54 (11)	00:02:39	00:30:57 (52)	00:00:44	00:20:18 (82)	01:00:32
43	166	Bogusław	Wawrzyniak	Sport-STYL / GORZYCE WIELKIE	POL	1965	M50	2	38		00:06:48 (27)	00:02:19	00:29:46 (38)	00:00:49	00:20:56 (98)	01:00:38
44	16	Roman	Brzozowski	TRI4.PL / Koło	POL	1982	M30	15	39		00:06:54 (31)	00:01:51	00:30:17 (44)	00:00:46	00:21:18 (111)	01:01:06
45	21	Maciej	Czechlewski	Biskupice Wlkp	POL	1987	M30	16	40		00:07:32 (51)	00:02:42	00:30:52 (50)	00:00:43	00:19:18 (64)	01:01:07
46	78	Kornelia	Kozłowska	Fabryka Triathlonu / Poznań	POL	1987	K30	1		6	00:08:10 (71)	00:02:08	00:31:19 (58)	00:00:57	00:18:34 (45)	01:01:08
47	76	Daniel	Kowalikowski	TriForFun Chojnice / Chojnice	POL	1990	M20	17	41		00:07:16 (46)	00:02:23	00:31:30 (59)	00:00:30	00:19:33 (70)	01:01:12
48	133	Piotr	Rostek	zmiierz-nie-szacuj.pl Badania wydolnościowe / Jelonek	POL	1961	M50	3	42		00:08:20 (73)	00:02:37	00:31:33 (60)	00:01:01	00:17:44 (26)	01:01:15
49	152	Bartosz	Szolek	Śrem	POL	1988	M20	18	43		00:07:41 (56)	00:02:41	00:32:06 (69)	00:00:37	00:18:12 (39)	01:01:17
50	93	Grzegorz	Łukaszczuk	Rokietnica	POL	1982	M30	17	44		00:07:45 (60)	00:02:55	00:31:03 (53)	00:01:00	00:18:45 (50)	01:01:28
51	119	Wojciech	Otock	Fabryka Triathlonu / Poznań	POL	1979	M30	18	45		00:06:55 (32)	00:02:35	00:30:55 (51)	00:00:49	00:20:15 (81)	01:01:29
52	43	Krzysztof	Ignaszewski	runner's power / Śrem	POL	1979	M30	19	46		00:09:15 (107)	00:02:49	00:32:07 (70)	00:00:30	00:16:56 (13)	01:01:37
53	59	Piotr	Karman	Śrem	POL	1981	M30	20	47		00:08:49 (92)	00:02:38	00:31:50 (64)	00:00:21	00:18:04 (36)	01:01:42
54	145	Szymon	Strzyżewski	GTT Maciejka Diament Gniezno / Gniezno	POL	1998	M20	19	48		00:06:17 (16)	00:02:03	00:32:17 (75)	00:00:55	00:20:19 (86)	01:01:51
55	162	Karol	Wachowski	Warszawa	POL	1976	M40	7	49		00:09:05 (101)	00:02:26	00:32:00 (67)	00:00:36	00:17:48 (28)	01:01:55
56	23	Adam	Dudziak	REAL 64-sto / Leszno	POL	1991	M20	20	50		00:06:47 (25)	00:03:14	00:28:30 (13)	00:00:53	00:22:48 (140)	01:02:12
57	67	Piotr	Kołacki	Kołacki Team / Śrem	POL	2000	M20	21	51		00:11:29 (156)	00:02:29	00:28:22 (7)	00:01:10	00:19:09 (60)	01:02:39
58	65	Patryk	Kłossowski	TRI4.PL / Koło	POL	1991	M20	22	52		00:09:13 (106)	00:02:12	00:30:49 (49)	00:00:49	00:20:05 (80)	01:03:08
59	14	Tymoteusz	Borsiak	AZS AWF Poznań / Plewiska	POL	2001	M20	23	53		00:07:15 (44)	00:02:33	00:31:54 (66)	00:00:32	00:20:57 (101)	01:03:11
60	177	Paweł	Wysoczański	PCC SQUAD / Wołów	POL	1990	M20	24	54		00:09:19 (109)	00:03:01	00:31:36 (61)	00:00:34	00:18:46 (52)	01:03:16
61	146	Ewa	Susmarska	NO WOMEN NO TRI / Poznań	POL	1996	K20	6		7	00:07:22 (47)	00:02:17	00:33:48 (104)	00:00:32	00:19:18 (65)	01:03:17
62	60	Tomek	Kaszyński	Luboń	POL	1978	M30	21	55		00:11:02 (154)	00:02:45	00:30:20 (45)	00:00:45	00:18:26 (43)	01:03:18
63	81	Natalia	Kożuchowska	TRI SPACE / Bydgoszcz	POL	1992	K20	7		8	00:07:07 (40)	00:02:33	00:34:56 (116)	00:00:18	00:18:31 (44)	01:03:25
64	42	Jarosław	Hojan	WZDW Poznań / Poznań	POL	1962	M50	4	56		00:09:05 (102)	00:03:35	00:30:06 (42)	00:01:06	00:19:41 (72)	01:03:33
65	116	Zuzanna	Orchowska	Poznań	POL	1992	K20	8		9	00:07:08 (41)	00:02:51	00:35:14 (123)	00:00:53	00:17:28 (24)	01:03:34
66	155	Dariusz	Szymański	SOKÓŁ KLECZEW / KLECZEW	POL	1967	M50	5	57		00:09:58 (127)	00:02:21	00:30:20 (46)	00:00:25	00:20:47 (95)	01:03:51
67	3	Paulina	Andrzejewska	VeloCity Poznań / Poznań	POL	1988	K20	9		10	00:07:58 (66)	00:02:35	00:32:17 (76)	00:00:39	00:20:29 (89)	01:03:58
68	87	Zbigniew	Matysik	KS ICE MAT TEAM / Ostrów Wielkopolski	POL	1974	M40	8	58		00:09:27 (114)	00:03:19	00:32:34 (82)	00:00:31	00:18:10 (37)	01:04:01
69	4	Mariusz	Auguścik	CREATON Polska / Kościan	POL	1963	M50	6	59		00:09:58 (128)	00:02:47	00:29:51 (40)	00:01:37	00:19:55 (77)	01:04:08
70	189	Paulina	Bartkowiak	KB SUKCES Żmigród / Radziądz	POL	1993	K20	10		11	00:07:51 (64)	00:02:54	00:33:27 (97)	00:00:44	00:19:13 (61)	01:04:09

Wyniki

1/10 IM

Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
71	95	Tomasz	Majchrzak	Śrem	POL	1979	M30	22	60		00:08:30 (80)	00:03:26	00:32:39 (86)	00:00:31	00:19:05 (59)	01:04:11
72	174	Mariusz	Woźniak	TRI FUN&SPORT / Powiercie	POL	1977	M40	9	61		00:07:45 (61)	00:03:17	00:30:35 (48)	00:00:55	00:21:41 (122)	01:04:13
73	57	Hubert	Kaczor	Żyrardów	POL	1974	M40	10	62		00:10:07 (133)	00:02:48	00:29:52 (41)	00:00:52	00:20:56 (99)	01:04:35
74	22	Miłosz	Dańczuk	Poznań	POL	1988	M20	25	63		00:06:39 (23)	00:02:31	00:32:31 (81)	00:00:52	00:22:04 (129)	01:04:37
75	114	Marcin	Nowicki	Witkowski team / Bydgoszcz	POL	1986	M30	23	64		00:10:18 (137)	00:02:44	00:32:15 (72)	00:00:36	00:18:45 (51)	01:04:38
76	143	Mateusz	Baziór	runner's power / Śrem	POL	1992	M20	26	65		00:10:01 (129)	00:02:13	00:32:37 (84)	00:00:30	00:19:17 (63)	01:04:38
77	129	Malwina	Poprawiak	Superior Bike Team / Poznan	POL	1987	K30	2		12	00:06:57 (33)	00:02:49	00:35:10 (122)	00:00:51	00:18:55 (57)	01:04:42
78	5	Tomasz	Bajsarowicz	GT RAT / Jelcz-Laskowice	POL	1977	M40	11	66		00:10:08 (134)	00:02:42	00:29:22 (35)	00:00:54	00:21:43 (124)	01:04:49
79	107	Krzysztof	Mrugała	Fresh Pizza Team / Poznań	POL	1989	M20	27	67		00:08:21 (74)	00:04:04	00:32:28 (78)	00:00:57	00:19:04 (58)	01:04:54
80	49	Piotr	Janiak	ORANGE POLSKA / OSTRÓW WIELKOPOLSKI	POL	1980	M30	24	68		00:10:24 (140)	00:02:43	00:32:15 (73)	00:00:51	00:18:46 (53)	01:04:59
81	10	Wanda	Brewska	Radiowa Akademia Triathlonu / Pierwoszków	POL	1983	K30	3		13	00:10:05 (131)	00:03:05	00:32:13 (71)	00:00:50	00:18:51 (56)	01:05:04
82	44	Oskar	Jabłoński	Nico Meble / Wolsztyn	POL	1995	M20	28	69		00:08:44 (91)	00:02:49	00:31:09 (55)	00:01:01	00:21:45 (125)	01:05:28
83	25	Piotr	Dzieciatkowski	meritumobuwie.pl / Poznań	POL	1967	M50	7	70		00:08:52 (94)	00:02:54	00:31:06 (54)	00:00:58	00:21:47 (126)	01:05:37
84	173	Przemysław	Wojciechowski	Poznań	POL	1991	M20	29	71		00:07:22 (48)	00:03:25	00:33:27 (98)	00:00:26	00:21:20 (114)	01:06:00
85	32	Henryk	Gągola	Rosnówko	POL	1951	M60+	1	72		00:08:28 (78)	00:02:58	00:32:47 (88)	00:00:27	00:21:30 (117)	01:06:10
86	190	Arkadiusz	Siwiaszczyń	GT RAT / Wrocław	POL	1983	M30	25	73		00:11:00 (153)	00:04:18	00:31:44 (62)	00:01:09	00:17:59 (33)	01:06:10
87	73	Diana	Korzonek	60-369	POL	1980	K30	4		14	00:08:02 (68)	00:02:37	00:33:42 (101)	00:00:51	00:20:59 (103)	01:06:11
88	91	Arkadiusz	Łęga	POLBRUK / Inowrocław	POL	1985	M30	26	74		00:06:51 (29)	00:03:31	00:32:27 (77)	00:01:10	00:22:16 (134)	01:06:15
89	71	Karolina	Korzelecka	RunningTeam Milicz / Milicz	POL	1983	K30	5		15	00:09:02 (99)	00:02:18	00:32:38 (85)	00:00:45	00:21:42 (123)	01:06:25
90	104	Rafał	Miękisiak	Śrem	POL	1996	M20	30	75		00:10:30 (144)	00:02:24	00:33:56 (106)	00:00:26	00:19:23 (66)	01:06:39
91	315	Dominika	Konowałów	Pobiedziska Racing Team / Jerzykowo	POL	1978	K30	6		16	00:08:38 (84)	00:02:48	00:31:18 (57)	00:01:03	00:22:54 (141)	01:06:41
92	140	Joanna	Socha	Gorzów Wielkopolski	POL	1996	K20	11		17	00:08:41 (87)	00:03:03	00:33:40 (100)	00:00:36	00:21:07 (105)	01:07:07
93	88	Grzegorz	Lenartowicz	TRI FUN&SPORT / Koło	POL	1969	M40	12	76		00:06:44 (24)	00:03:07	00:33:00 (91)	00:01:03	00:23:20 (145)	01:07:14
94	138	Radek	Skwarczynski	Witkowski Team / BYDGOSZCZ	POL	1989	M20	31	77		00:10:51 (150)	00:03:12	00:33:50 (105)	00:00:32	00:18:49 (55)	01:07:14
95	172	Maciej	Włodarski	Grotów	POL	1965	M50	8	78		00:07:01 (36)	00:03:37	00:33:28 (99)	00:01:11	00:22:05 (130)	01:07:22
96	9	Bartosz	Masłowiec	Radio Wrocław / Wrocław	POL	1980	M30	27	79		00:09:10 (104)	00:05:11	00:32:16 (74)	00:01:01	00:19:44 (73)	01:07:22
97	55	Karolina	Jurczak	LUCKY LUKI / LESZNO	POL	1994	K20	12		18	00:10:48 (149)	00:04:33	00:33:05 (92)	00:01:14	00:18:00 (34)	01:07:40
98	80	Piotr	Kozłowski	Mechlin	POL	1977	M40	13	80		00:09:28 (115)	00:02:34	00:35:53 (135)	00:00:27	00:19:27 (68)	01:07:49
99	37	Robert	Gruszka	GRU-KO / Galewice	POL	1977	M40	14	81		00:08:58 (97)	00:03:47	00:34:28 (112)	00:01:25	00:19:39 (71)	01:08:17
100	141	Łukasz	Solarski	TiH Solarscy / Bydgoszcz	POL	1990	M20	32	82		00:10:25 (141)	00:03:42	00:33:47 (102)	00:00:34	00:20:18 (83)	01:08:46
101	110	Ewa	Nowak	ACO Domofony / Poznań	POL	1983	K30	7		19	00:08:59 (98)	00:03:19	00:35:41 (132)	00:00:58	00:19:51 (74)	01:08:48
102	18	Tomasz	Bukowski	Puszczykowskie Towarzystwo Cyklistów / Puszczykowo	POL	1972	M40	15	83		00:10:18 (138)	00:03:06	00:32:59 (90)	00:01:08	00:21:31 (118)	01:09:02
103	96	Mateusz	Małociąg	OLO-MED DZ DIETA / GORZÓW WIELKOPOLSKI	POL	1986	M30	28	84		00:09:24 (113)	00:02:51	00:32:40 (87)	00:01:07	00:23:03 (142)	01:09:05
104	137	Jarosław	Skorupinski	1966 / Wolsztyn	POL	1966	M50	9	85		00:09:49 (122)	00:03:03	00:33:21 (96)	00:00:43	00:22:10 (132)	01:09:06
105	151	Joanna	Szczurowska	MTS DRUŻYNA SZPIKU KGHM / Głogów	POL	1978	K30	8		20	00:09:12 (105)	00:02:41	00:36:15 (139)	00:00:50	00:20:18 (84)	01:09:16

Wyniki

1/10 IM

Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
106	186	Marcin	Żyto	Krotoszyn	POL	1973	M40	16	86		00:09:46 (120)	00:03:31	00:34:05 (108)	00:01:05	00:20:58 (102)	01:09:25
107	1	Maciej	Adamczewski	zubiro.com / Poznań	POL	1981	M30	29	87		00:08:29 (79)	00:04:22	00:32:34 (83)	00:00:36	00:23:26 (146)	01:09:27
108	45	Bartosz	Jackowski	Mechlin	POL	1982	M30	30	88		00:10:29 (143)	00:03:31	00:35:38 (131)	00:01:44	00:18:17 (41)	01:09:39
109	168	Maciej	Wieczorkiewicz	Poznań	POL	1985	M30	31	89		00:08:42 (89)	00:04:50	00:34:38 (114)	00:00:43	00:20:47 (96)	01:09:40
110	150	Anna	Szczucińska	Poznań	POL	1979	K30	9		21	00:07:53 (65)	00:03:16	00:34:57 (118)	00:00:49	00:22:46 (139)	01:09:41
111	191	Dariusz	Szukała	Kibolski KS / Komorniki	POL	1980	M30	32	90		00:08:43 (90)	00:02:46	00:35:25 (129)	00:01:29	00:21:19 (113)	01:09:42
112	194	Katarzyna	Wojciechowska	Warszawa	POL	1987	K30	10		22	00:08:34 (82)	00:02:48	00:35:04 (120)	00:01:04	00:22:19 (135)	01:09:49
113	69	Jacek	Kondera	Piła	POL	1978	M30	33	91		00:09:56 (125)	00:03:13	00:34:51 (115)	00:00:35	00:21:16 (110)	01:09:51
114	130	Małgorzata	Putowska	AF MOSINA TEAM / Mosina	POL	1962	K50+	1		23	00:07:40 (55)	00:03:48	00:36:49 (144)	00:01:14	00:20:24 (87)	01:09:55
115	27	Marcin	Fabisiak	Gniezno	POL	1977	M40	17	92		00:08:56 (96)	00:03:13	00:34:31 (113)	00:01:28	00:21:53 (127)	01:10:01
116	64	Joanna	Kłowska	Puenta Team / Środa Śląska	POL	1987	K30	11		24	00:10:36 (145)	00:02:58	00:33:18 (94)	00:01:14	00:22:05 (131)	01:10:11
117	103	Daniel	Mielczarek	Diagnostyka / Karnin	POL	1979	M30	34	93		00:09:40 (118)	00:02:52	00:35:24 (128)	00:01:08	00:21:26 (116)	01:10:30
118	131	Rafał	Radzewski	ETHICA Dental Clinic / Poznań	POL	1974	M40	18	94		00:08:24 (76)	00:02:54	00:38:05 (154)	00:01:04	00:20:04 (79)	01:10:31
119	39	Marek	Grześ	runner's power / Śrem	POL	1958	M50	10	95		00:09:22 (112)	00:03:36	00:35:01 (119)	00:01:04	00:21:31 (119)	01:10:34
120	58	Filip	Kalinowski	Puszczkowo	POL	1991	M20	33	96		00:09:37 (117)	00:03:24	00:34:11 (110)	00:00:51	00:22:39 (137)	01:10:42
121	36	Maciej	Grolewski	PRZEŻMIEROWO	POL	1981	M30	35	97		00:10:10 (135)	00:03:33	00:35:28 (130)	00:00:25	00:21:11 (107)	01:10:47
122	171	Damian	Wiza	runner's power / Śrem	POL	1980	M30	36	98		00:13:00 (163)	00:03:27	00:33:16 (93)	00:00:49	00:20:18 (85)	01:10:50
123	17	Adam	Bubeła	Poznań	POL	1975	M40	19	99		00:08:38 (85)	00:03:12	00:32:29 (80)	00:01:11	00:25:25 (155)	01:10:55
124	193	Kryspin	Wierziński	Chodzież	POL	1973	M40	20	100		00:08:40 (86)	00:03:37	00:35:07 (121)	00:00:50	00:22:42 (138)	01:10:56
125	35	Igor	Górny	Śrem	POL	1994	M20	34	101		00:09:50 (123)	00:03:56	00:36:20 (140)	00:00:59	00:19:53 (75)	01:10:58
126	170	Wojciech	Wisniewski	Gora	POL	1953	M60+	2	102		00:10:40 (147)	00:04:23	00:34:10 (109)	00:01:03	00:20:47 (97)	01:11:03
127	13	Maciej	Borowski	Poznań	POL	1980	M30	37	103		00:12:16 (159)	00:04:54	00:31:47 (63)	00:01:44	00:20:31 (90)	01:11:12
128	50	Olga	Janiszewska	Zgorzelec	POL	1973	K40	1		25	00:12:04 (158)	00:03:12	00:33:47 (103)	00:01:29	00:20:42 (93)	01:11:14
129	120	Grzegorz	Panke	runner's power / Śrem	POL	1964	M50	11	104		00:09:56 (126)	00:04:28	00:35:22 (127)	00:00:48	00:20:42 (94)	01:11:16
130	198	Monika	Byrdak	GT RAT / Wrocław	POL	1988	K20	13		26	00:08:26 (77)	00:03:33	00:33:20 (95)	00:01:09	00:24:55 (150)	01:11:23
131	157	Małgorzata	Światłoń	Czarni Rokitki / Rokitki	POL	1989	K20	14		27	00:08:09 (70)	00:02:59	00:35:16 (125)	00:00:37	00:24:25 (148)	01:11:26
132	125	Zofia	Pilch	Aligancki / Głubczyce	POL	1987	K30	12		28	00:10:05 (132)	00:03:27	00:35:46 (133)	00:01:00	00:21:18 (112)	01:11:36
133	28	Tymoteusz	Fleiszar	WÓJTOWICZ TRI TEAM / Gruszczyń-Poland	POL	1974	M40	21	105		00:08:36 (83)	00:04:29	00:34:16 (111)	00:03:10	00:21:15 (108)	01:11:46
134	111	Jakub	Nowak	Kościan	POL	1999	M20	35	106		00:08:53 (95)	00:04:18	00:36:55 (146)	00:00:50	00:20:56 (100)	01:11:52
135	97	Maria	Martynowicz	Trispace / Brzoza	POL	1972	K40	2		29	00:11:35 (157)	00:02:45	00:34:56 (117)	00:01:35	00:21:01 (104)	01:11:52
136	33	Adam	Giełda	Śrem	POL	1971	M40	22	107		00:10:28 (142)	00:03:54	00:36:10 (138)	00:00:21	00:21:20 (115)	01:12:13
137	122	Grzegorz	Perz	KR Chaos Poznań / Ostrów Wielkopolski	POL	1991	M20	36	108		00:09:16 (108)	00:03:27	00:39:33 (163)	00:00:39	00:19:23 (67)	01:12:18
138	192	Adam	Mańczak	Kibolski KS / Poznań	POL	1991	M20	37	109		00:08:30 (81)	00:03:37	00:36:54 (145)	00:00:43	00:23:14 (143)	01:12:58
139	75	Adam	Kotas	Kotasport / Rybnik	POL	1963	M50	12	110		00:08:41 (88)	00:03:04	00:35:16 (126)	00:00:35	00:26:19 (164)	01:13:55
140	92	Krzysztof	Łuczak	Proxi.cloud / Poznań	POL	1988	M20	38	111		00:07:48 (62)	00:03:32	00:35:14 (124)	00:01:06	00:26:18 (163)	01:13:58
141	106	Bogdan	Mozgwa	Śrem	POL	1974	M40	23	112		00:12:38 (160)	00:02:44	00:38:37 (160)	00:00:33	00:19:27 (69)	01:13:59
142	53	Jarosław	Jarych	Poznań	POL	1972	M40	24	113		00:08:51 (93)	00:03:42	00:35:46 (134)	00:00:38	00:25:09 (153)	01:14:06

Śrem Triathlon 2017 - 1/10 IM

Organizator: Firma KOTAS PAWEŁ KOTAS

Dystans: 1/10 IM (0,38/17/4,2) i 1/4 IM (0,95/45/10,5)

Śrem, 2017-09-03



Wyniki

1/10 IM

Miejsce	Nr	Imię	Nazwisko	Klub / Miejscowość	Kraj	Rok	Kat.	Miejsce			Pływanie	T1	Rower	T2	Bieg	Wynik
								kat.	M	K						
143	26	Małgorzata	Dzięgielewska-Streubel	Poznań	POL	1980	K30	13		30	00:09:45 (119)	00:03:29	00:38:33 (159)	00:00:58	00:21:31 (120)	01:14:16
144	113	Tomasz	Nowak	REHAU RELAZZO TEAM / Śrem	POL	1978	M30	38	114		00:10:01 (130)	00:03:58	00:33:59 (107)	00:01:11	00:25:28 (156)	01:14:37
145	139	Marcin	Smiglak	Poznań	POL	1979	M30	39	115		00:08:13 (72)	00:05:00	00:37:01 (147)	00:01:26	00:23:16 (144)	01:14:56
146	123	Wojciech	Perz	BIWP / Ostrów wlkp.	POL	1982	M30	40	116		00:10:54 (151)	00:04:10	00:38:26 (157)	00:00:57	00:20:33 (91)	01:15:00
147	34	Zbigniew	Giełda	Śrem	POL	1971	M40	25	117		00:09:31 (116)	00:04:17	00:38:25 (156)	00:00:39	00:22:15 (133)	01:15:07
148	154	Jakub	Szwajorek	Poznań	POL	1984	M30	41	118		00:07:43 (58)	00:03:40	00:36:22 (141)	00:01:14	00:26:11 (161)	01:15:10
149	61	Hanna	Każmierczak	Śremski Klub Morsów MROZIK / Śrem	POL	1976	K40	3		31	00:12:39 (161)	00:02:20	00:38:26 (158)	00:00:36	00:21:10 (106)	01:15:11
150	200	Natalia	Partyka	ZICO RACING SPEED TEAM / Poznań	POL	1982	K30	14		32	00:10:13 (136)	00:03:56	00:38:01 (152)	00:00:43	00:22:26 (136)	01:15:19
151	185	Monika	Zwolińska	TRI FUN&SPORT / Koło	POL	1979	K30	15		33	00:10:38 (146)	00:03:15	00:36:42 (142)	00:01:04	00:23:43 (147)	01:15:22
152	54	Heniu	Juchniewicz	TOJAH / Stargard	POL	1962	M50	13	119		00:10:58 (152)	00:03:45	00:32:28 (79)	00:01:30	00:27:24 (166)	01:16:05
153	83	Marek	Krzyzanowski	Wrocław	POL	1963	M50	14	120		00:09:08 (103)	00:03:40	00:36:44 (143)	00:01:40	00:25:36 (158)	01:16:48
154	8	Olech	Bestrzyński	Człapak Robakowo / Gądk	POL	1971	M40	26	121		00:09:47 (121)	00:04:14	00:36:08 (137)	00:01:43	00:25:28 (157)	01:17:20
155	182	Dariusz	Zandecki	Śrem	POL	1967	M50	15	122		00:11:04 (155)	00:03:33	00:40:55 (166)	00:00:40	00:21:54 (128)	01:18:06
156	160	Paweł	Urawski	Hocki Kłocki Vintage / Dzierżoniów	POL	1987	M30	42	123		00:12:49 (162)	00:04:32	00:40:21 (165)	00:00:41	00:19:53 (76)	01:18:16
157	294	Mateusz	Jaśkiewicz	STANMA.PL / Wrocław	POL	1978	M30	43	124		00:09:02 (100)	00:05:13	00:36:05 (136)	00:03:17	00:25:46 (160)	01:19:23
158	127	Zofia	Piotrowska	1946 / Poznań	POL	1983	K30	16		34	00:10:43 (148)	00:03:27	00:37:38 (151)	00:01:15	00:27:34 (167)	01:20:37
159	176	Adam	Wysoczański	Wołów	POL	1993	M20	39	125		00:10:19 (139)	00:05:13	00:37:16 (149)	00:00:41	00:27:39 (168)	01:21:08
160	6	Jakub	Bartłomiejczak	SGR Racing Team / Zagórz	POL	1985	M30	44	126		00:09:19 (110)	00:04:33	00:38:01 (153)	00:00:54	00:28:59 (172)	01:21:46
161	199	Jarosław	Tomaszewski	Poznań	POL	1969	M40	27	127		00:09:52 (124)	00:04:58	00:37:30 (150)	00:01:16	00:28:58 (171)	01:22:34
162	184	Monika	Ziółkowska	Kamionki / Kamionki	POL	1988	K20	15		35	00:09:21 (111)	00:05:57	00:38:10 (155)	00:00:53	00:28:37 (170)	01:22:58
163	169	Beata	Wisniewska	Gora	POL	1957	K50+	2		36	00:15:27 (172)	00:03:33	00:40:05 (164)	00:00:52	00:24:58 (152)	01:24:55
164	305	Jerzy	Kempiński	stanma.pl / wrocław	POL	1961	M50	16	128		00:15:55 (174)	00:04:31	00:41:09 (167)	00:01:47	00:21:34 (121)	01:24:56
165	85	Dominika	Kurkowska	Słoń / Poznań	POL	1979	K30	17		37	00:15:30 (173)	00:04:23	00:39:18 (161)	00:01:33	00:25:37 (159)	01:26:21
166	47	Paweł	Jackowski	Pysząca	POL	1958	M50	17	129		00:14:19 (167)	00:05:10	00:39:24 (162)	00:01:38	00:26:12 (162)	01:26:43
167	46	Maciej	Jackowski	Pysząca	POL	1990	M20	40	130		00:14:19 (168)	00:05:10	00:45:37 (174)	00:00:49	00:21:15 (109)	01:27:10
168	52	Patrycja	Jaroniec	MBC Team / Mościenica	POL	1984	K30	18		38	00:13:51 (164)	00:03:51	00:44:57 (171)	00:00:58	00:26:30 (165)	01:30:07
169	126	Magdalena	Piotrowska	Buk	POL	1980	K30	19		39	00:14:49 (171)	00:04:28	00:45:00 (172)	00:00:56	00:25:10 (154)	01:30:23
170	51	Honorata	Janowicz	Opalenicki Klub Biegacza / Opalenica	POL	1995	K20	16		40	00:14:40 (170)	00:04:55	00:45:33 (173)	00:00:43	00:24:32 (149)	01:30:23
171	20	Weronika	Cichowlas	Opalenicki Klub Biegacza / Opalenica	POL	1987	K30	20		41	00:14:35 (169)	00:05:25	00:44:16 (168)	00:01:11	00:24:56 (151)	01:30:23
172	121	Katarzyna	Pawlak	Mamy-Biegamy / Luboń	POL	1980	K30	21		42	00:14:01 (166)	00:05:22	00:44:19 (169)	00:00:51	00:27:42 (169)	01:32:15
173	89	Jolanta	Lipińska	Częstochowa	POL	1951	K50+	3		43	00:13:54 (165)	00:05:31	00:44:49 (170)	00:02:38	00:35:11 (173)	01:42:03
DNF	149	Paula	Szczepaniak	Śrem	POL	1993	K20									
DNF	148	Andrzej	Szajkowski	WARDIA KOSZALIN / Koszalin	POL	1982	M30									
DNF	15	Wojciech	Bressa	Wojbres-Trans / Poznań	POL	1989	M20				00:06:36 (22)	00:01:56	00:37:05 (148)			

RAZEM: 176